

Smudge Products

Smudging is the burning of herbs with intent to bring about a desired change in energy and in turn ones emotions, thoughts, surroundings and reality. Smudging is a golden thread that connects and runs through all cultures, religions and belief systems and has been practised throughout the millennia.

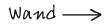
It is believed that the smudge stick and the act of smudging with focus and intent, create a powerful tool which allows you to take responsibility for your own Selfempowerment and manifested reality by working with elemental energies and your higher-self.

The art of smudging can be used whenever you need to ground or re-balance your energy field, to help transform negative mental or emotional energy patterns, and for general upliftment of the soul. It can also be used to lighten the atmosphere of an internal space, in preparation of a sacred space for healing or meditation and to cleanse personal objects and crystals.

All our products are organically grown and hand-picked in South Africa, individually packaged with care and include comprehensive information and instructions on smudging, how to smudge, and the energetic properties of the various herbs. Each smudge product is hand-crafted with attention to detail, intent and care, thereby insuring that each is a uniquely created power object.

> LAVENDER for emotional balance, LAVANDULA ANGUSTIFOLIA peace and harmony

Restores emotional balance, cleanses and creates a peaceful, harmonious atmosphere. Lavender also attracts angelic beings.





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ignite • expand • empower

Stick



IMPHEPO SOUTH AFRICAN SAGE

and connecting





A traditional herb found only in South Africa. Used to cleanse and protect and allows you to connect to spirit guides and angels. A powerful smudge.



for cleansing, balance, peace, clarity and joy





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