



pod

PRODUCT CATALOGUE

Smudge Products

Smudging is the burning of herbs with intent to bring about a desired change in energy and in turn ones emotions, thoughts, surroundings and reality. Smudging is a golden thread that connects and runs through all cultures, religions and belief systems and has been practised throughout the millennia.

It is believed that the smudge stick and the act of smudging with focus and intent, create a powerful tool which allows you to take responsibility for your own Self-empowerment and manifested reality by working with elemental energies and your higher-self.

The art of smudging can be used whenever you need to ground or re-balance your energy field, to help transform negative mental or emotional energy patterns, and for general upliftment of the soul. It can also be used to lighten the atmosphere of an internal space, in preparation of a sacred space for healing or meditation and to cleanse personal objects and crystals.

All our products are organically grown and hand-picked in South Africa, individually packaged with care and include comprehensive information and instructions on smudging, how to smudge, and the energetic properties of the various herbs. Each smudge product is hand-crafted with attention to detail, intent and care, thereby insuring that each is a uniquely created power object.



LAVENDER *for emotional balance, peace and harmony*
LAVANDULA ANGUSTIFOLIA

Restores emotional balance, cleanses and creates a peaceful, harmonious atmosphere. Lavender also attracts angelic beings.



↑
Stick

Wand →



pod
PRODUCTS

podproducts@mail.com

ignite • expand • empower



IMPEPO

SOUTH AFRICAN SAGE

for cleansing, protecting and connecting

Wand →



Stick →



A traditional herb found only in South Africa. Used to cleanse and protect and allows you to connect to spirit guides and angels. A powerful smudge.

HARMONY

HERBAL QUARTET BLEND

for cleansing, balance, peace, clarity and joy



Stick



← Wand



popsicle



A unique mix of four herbs:
Lavender for emotional balance,
Rosemary for mental clarity,
Imphepo for Cleansing and protecting,
Cedar for transformation and grounding.

← Mix Pack

with clay burning bowl,
herbs and charcoal.

