

Belgian Waffles

2 ½ teaspoons instant yeast

1 cup warm water

2 cups flour

1/4 cups sugar

1/4 teaspoon salt

1/4 cup butter, melted and cooled (can substitute vegetable oil)

1 cup warm water

½ tsp vanilla

2 eggs, separated and beaten separately to soft peaks

- 1. Combine yeast and the 1 cup of warm water until dissolved.
- 2. Combine dry ingredients in a large bowl.
- 3. Add the yeast mixture, butter, oil, water, vanilla, and egg yolks. Mix well.
- 4. Gently fold in fluffy egg whites.
- 5. Let stand at least half an hour and up to several hours.
- 6. Using a ladle, scoop batter into hot Belgian Waffle maker.
- 7. Makes 6 round waffles

Source: www.meringuedesigns.net