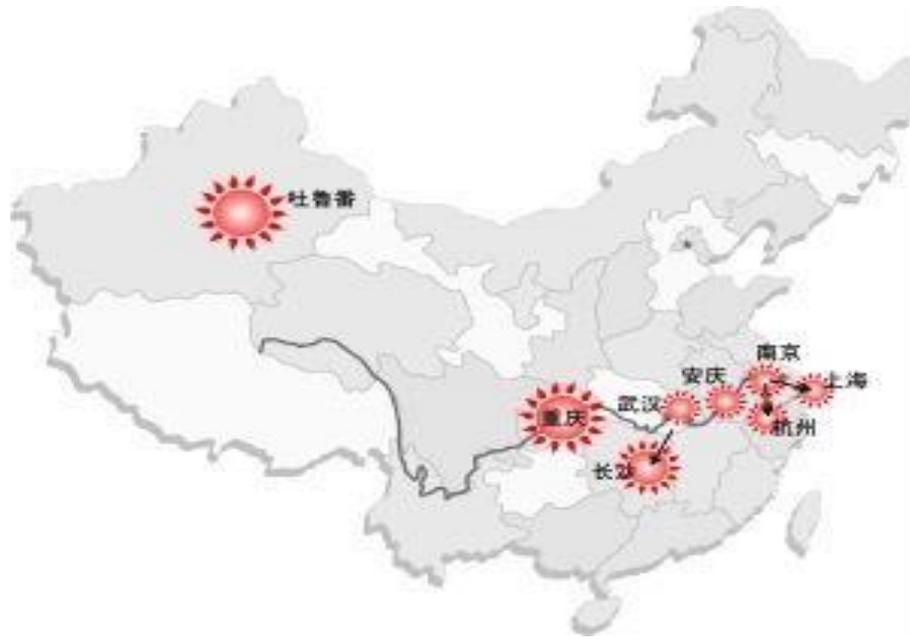


Blog 11-Nanjing heat



September is taking over. But in Nanjing, summer isn't showing any sign of giving up! Sure, Florida is very hot, but even the most southern state in the U.S cannot catch up to the high temperatures in Nanjing. Because of all the heat, it's natural for everyone to turn up the A.C. But not everyone can take the contrast of the cool air conditioning and the scorching hot weather. That is why my whole family has gone through the process of getting a cold. Every one of us got better though, the trick is to let the heat take over and let the sweat flow down your neck and shoulders like a rapid river.

Everyday, not only do we have to carry water bottles, but also umbrella, sun tan lotion and extra T-Shirts have to come along with us as well. I did a bit of research and found out that Nanjing was once one of the top four hottest cities in China. During August, the average temperature is 83 degrees Fahrenheit in West Palm Beach and 89.6 degrees in Nanjing. The highest temperature in the Sunshine State can reach 90 and that's it, but in Nanjing, there can even be triple digit degrees! As a Floridian, I thought we could handle the heat. But once we've actually stayed here for a while the high temperatures really did scare us!



So why is it so unusually hot and humid in Nanjing (南京)? By looking at a map and studying on the Internet I found out that Nanjing is literally like a pot of boiling water. This city is bordered on all sides by mountains. The mountains tower over the city and keep all the cold fronts, ocean breezes and gusts of wind from the Yangtze River from sneaking in. Because of that, we hardly get any cool and fresh breeze. Also, there is a lake located in the middle of Nanjing, XuanWu Lake. The moisture that evaporates from the lake is unable to escape the big mountain “guards.” So the steam and humidity stays trapped in Nanjing. In conclusion, when the dampness combines with the heat, your equation sums up to get a bunch of sweaty, uncomfortable summer days.