# Temple Schedule

#### Sunday Public Services

Meditation Service: 10 to 11:30 am; Dharma Service: 4 to 5:30 pm

#### Member's Practice

Monday through Friday, 6–7:15 am; 6:30–7:30 pm Wednesdays, 6:30–8:50 pm

# February

9 Sunday 10:30 am, Children's Service
2/9/16/23 Sunday noon, Dancing With Life gathering
8 Sat. 10:30 am, Sangha Work Practice
28-March 1 Two-day Meditation Retreat

### March

- 1/8 Sunday noon, Dancing With Life gathering
- 7 Sat. 10:30 am, Sangha Work Practice
- 8 Sunday 10:30 am, Children's Service
- 8 Sunday 10 am, Buddha's Parinirvana Day service
- 21 Saturday 6 pm, **Spring Sangha Day** Potluck
- 15/29 Sunday noon, Zen to Go gathering

# April



#### Membership Meetings:

Sundays April 5, Tues April 7, Sunday April 19, Sunday April 26

- 4/25 Sat. 10:30 am, Sangha Work Practice
- 12 Sunday 10:30 am, Children's Service
- 12/26 Sunday noon, Zen to Go gathering
- 20 Sat. 10:30 am, Sangha Work Practice
- 21 Tuesday 6:30 pm, Introductory Meditation Course begins (4 Tuesdays)

Zen Buddhist Temple (416) 658-0137 · toronto@zenbuddhisttemple.org