Notices for the week beginning:

Sunday 12th July 2015

Please ask if you would like to know any more about the events listed on this page.



Don't forget our parish picnic this year is next Sunday 19th July at 12 noon. Out-

doors, if dry, in the rectory garden or in the church hall if wet. Drinks provided. All welcome.

FOODBANK MESSAGE

Hi Everyone

Please keep donating as we start to think about the summer holidays and some of the difficult situations families find themselves in. Our services provide a vital lifeline to many and that's what makes all the donations so important.

SHORTAGES THIS WEEK ARE:

Breakfast Cereal, low sugar, small boxes

desserts eg tins of rice pudding, custard, semolina, sponge pudding. Biscuits toilet rolls (we have nearly run out)

Thanks everybody

There are bags of toys available for children at the back of church.



Please ask a sides person if you would like to borrow one during the service.

Love Stourbridge is an driven initiative by Churches Together in Stourbridge Stourbridge. As well as helping to arrange and run a range of Children's clubs and activities during the school holidays CTIS are playing a major role in helping to organise a Big Park Lunch on Saturday 25th July in Mary Stevens Park. The idea is to celebrate the newly renovated park but there will also be organised sports, children's activities, face painting and live music to enjoy. The ideas shown overleaf are a suggestion as to how we can all play a small part in helping to love Stourbridge and help create a bit of goodness. Do let us know if you are able to carry out a random act of kindness. It would be great to hear about things that are happening and share with others.

We have a Facebook page. If you're a Facebook user and want to keep up to speed with events at St Mary's visitwww.facebook.com/ StMarysChurchOldswinford.





of Random Acts of Kindness

Saturday 25th July to Saturday 1st

August 2015 Times: Throughout the week! Venue: Right across Stourbridge! Summary: Quality, quantity, quirky & socially responsible RAKs Organiser: All of us!

Random Acts of Kindness have positive impact when they are:

- 1. Quality
- 2. Quantity
- 3. Responsible (considerate, safe, legal...)
- 4. Quirky
- A Afternoon tea.
- B Busking. Bake cakes for colleagues, neighbours, family, friends... baby-sit for free. BBQ.
- C Cut neighbours' lawn/ hedge. Clearing rubbish. CV clinic. Craft activities. Compliment.
- D Dog walking. Decorating.
- E Eating a meal with neighbours. Environmental action.
- F Face painting, Fairtrade fun. Food bank donations. Family Fun Day, Football tournament. Friendship bracelets.
- G Guerrilla gardening. Give blood. Graffiti removal. Give flowers to someone.
- H Hand out free croissant to commuters. Hand massage. Hair-braiding
- I Inflatables (free bouncy castle etc). Invite to tea someone 'home alone'.
- J Jenga (fair-trade version)
- K Kids club. Knit something
- L Litter-pick. Live music in the park. Leave £1 in the shopping trolley.
- M Mow your neighbour's lawn. Stick a Mars Bar to your front door for the postman (with a card).
- N Nail art
- Organise a garden party or BBQ for neighbours.
- P Pay for a strangers coffee/ bus ticket (ask retailer to pass on the card). Pack shopping bags.
- Quality busking.
- R Raise money for a Stourbridge charity.
- Shoe shining. Shopping for someone else. Street Pastors. Sports Day.
- Tea dance. Tidy Stourbridge. Thank someone e.g. for 'doing their job'/ serving the public etc
 2
- V Visit someone who is house-bound or in hospital. Volunteer with Transition Stourbridge or Food Bank...
- W Wash cars. Water bottles for hot commuters. Watch a World Cup match with someone 'home alone'
- X Š
- Y 2
- Z Zzzz rest when you've done all of the above!

Who could you bless?

 Commuters • Emergency services • Estate agents • Families • Homeless people • Job-seekers • Older people • Newspaper delivery • Parking attendants • Postal/ parcel delivery staff • Retailers • School staff • Single people • Street cleansing staff • Take-away/ food outlets • Taxi Drivers •

What can you do as an individual?	
What can you do as a household or family?	
What can you do as a small/ house group?	
What can we do together as a church?	



