

Short Version

abbreviations

CTM = continuous thread method of winding shuttles

SH1 = primary shuttle

SH2 = secondary shuttle

R = Ring

CL = close ring

SR = split ring

CH = chain

- = small joining picot

-- = design picot

+ = join

RW = reverse work

wind 2 shuttles CTM

Round 1

Start with a chain and hang a paperclip on your thread.

CH 4 RW

R4-4--4-4 cl rw

*CH 8 RW

R 4+4--4-4 CL RW

CH 4-4 RW

R 4+4--4-4 CL RW* Repeat 2 times

CH 8 RW

R 4+4--4+4 CL RW

CH 4 Remove paperclip and Join to small picot revealed.

Round 2

SR 8/8 CL

R 8-8 CL RW

R 8-8 CL

*CH 6--6--6--6 RW

R 8+8 CL RW

R 8-8 CL RW

CH 4--4--4--4

R 8+8 CL RW

R 8-8 RW

CH 6--6--6--6 RW

R 8+8 CL

R 8+(to small picot in Rnd 1) 8 CL

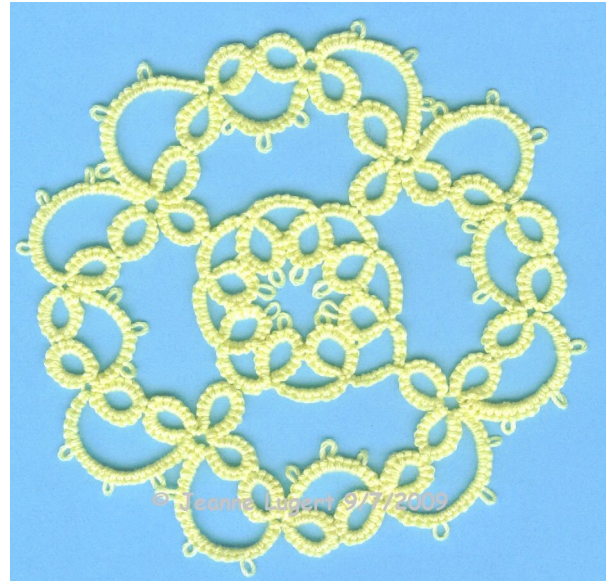
R 8-8 CL RW* Repeat 2 times

CH 6--6--6--6 RW

R 8+8 CL RW

R 8-8 CL

CH 4--4--4--4



R 8+8 CL RW

R 8-8 RW

CH 6--6--6--6 join to base of beginning of Round 2

Long Version

sp = small picot

lp = design picot

RW = reverse work

ds = Double Stitch

Wind 2 shuttles Continuous Thread Method.

Wind your hand for a chain, hanging a paperclip on the thread at the beginning.

Round 1

Chain 4 ds, RW.

Ring 4 ds, sp, 4ds, lp, 4ds, sp, 4 ds, RW. (Chain 8 ds RW. Ring 4 ds, join to the last picot of the previous ring, 4 ds, lp, 4 ds, sp 4 ds, RW. Chain 4 ds, sp, 4 ds RW. Ring 4 ds, join to the last picot of the previous ring, 4 ds, lp, 4 ds, sp, 4 ds. RW) Repeat 2 more times. Chain 8 ds, RW. Ring 4 ds, join to last picot of previous ring, 4ds, lp, 4ds, join to first picot of first ring, 4 ds. RW Chain 4 ds. Remove paper clip and join to picot thread space.

Round 2

Split Ring of 8 ds, 8ds. Ring 8 ds, sp, 8 ds. RW. Ring 8 ds, sp, 8 ds. RW. (Chain 6 ds, lp, 6ds, lp, 6ds, lp, 6 ds. RW. Ring 8 ds, join to small picot on previous ring, 8 ds, RW. Ring 8 ds, sp, 8 ds. RW. Chain 4 ds, lp, 4 ds, lp, 4 ds, lp, 4 ds. RW Ring 8 ds, join to small picot on previous ring, 8 ds. RW. Ring 8 ds, sp, 8 ds. RW Chain 6 ds, lp, 6 ds, lp, 6 ds, lp, 6 ds. RW. Ring 8 ds, join to sp of previous ring, 8 ds. Ring 8 ds, join to sp on chain of previous Round 1, 8 ds. Ring 8 ds, sp, 8 ds. RW) Repeat 2 more times. Chain 6 ds, lp, 6ds, lp, 6ds, lp, 6 ds. RW. Ring 8 ds, join to small picot on previous ring, 8 ds, RW. Ring 8 ds, sp, 8 ds. RW. Chain 4 ds, lp, 4 ds, lp, 4 ds, lp, 4 ds. RW Ring 8 ds, join to small picot on previous ring, 8 ds. RW. Ring 8 ds, sp, 8 ds. RW Chain 6 ds, lp, 6 ds, lp, 6 ds, lp, 6 ds. Join to beginning of Round 2