

# The Reasons You Should Visit Sofia

Sofia the capital of Bulgaria, a laidback capital, is one Europe's most underrated. With a long-standing history dating to more than 2000 years ago and is home to Roman ruins, impressive Ottoman mosques and the ferocious Red Army monuments - all merging to form a unique, eclectic culture.

From dazzling museums and galleries to a gastronomic experience that's a century old There's something to please everyone in this vibrant city. Keep reading to discover the reasons!

## 1. It's a gorgeous spot

A few cities in Europe are as rich in historic richness. The city's roots date back thousands of years, with evidence of neolithic settlements dating from the 3rd century BC.

There's a wealth of historical sites, from onion-domed churches and Ottoman mosques to unrelenting Red Army monuments. There's no shortage of interesting museums dedicated to the history of Bulgaria's past.

The National Archaeological Museum is one of the top museums in [Sofia Bulgaria](#) it has an impressive collection of artifacts dating back to the Stone and Bronze Ages. The Boyana Church, a medieval landmark that lies beneath Vitosha Mountain, is also worth a visit because of its breathtaking frescoes.

Walking along the only pedestrian Vitosha Boulevard is a great opportunity to experience Sofia's vibrant cafe culture and to window shops for souvenirs. There is also the possibility of seeing Vitosha, the capital's highest and most majestic mountain from this location.

## 2. It's also reasonably priced.

Sofia the capital of Bulgaria is among the most affordable European cities in Europe. You can stay in a hostel, cook your own meals, or take the bus system and see the best of the city without spending a fortune.

Grocery shopping is also surprisingly cheap here, and it's easy to cut costs by purchasing local produce instead of Western food items. The most convenient source of fresh produce is at the Ladies Market, which opens every day and has a huge variety of fruits and vegetables.

Sofia is a great place to go for exciting and enjoyable activities, including exploring ancient Roman ruins or watching a film in total darkness. If you're visiting in winter you could also try skiing at Vitosha Mountain! It's one of the most inexpensive ski resorts in Europe and the slopes are open all year long.

## 3. It's secure

Sofia is a very secure city, and it does not have the high violence crime rates that are common to large European cities. But, like any other major city, it is important to take a few precautions to ensure your safety.

Avoid small side streets at night, as they could be hazardous. It's also not a good idea to walk alone at night.

It's also a great idea to be on the main streets in the city. It is also possible to find a hotel in the middle of town that has an excellent safety record and in a great area.

It is also important to stay clear of red light districts, as these are typically areas of high concentration where crime is a major concern. Avoid abandoned parks and buildings in the evening, since there are many stray dogs that can be found in these areas. These dogs may be aggressive and could carry disease.

#### **4. It's part of the culture**

Even though Sofia isn't the city many people think of when thinking of Bulgaria, it's still an idyllically laid-back city that has plenty to offer. It's a fantastic option for a quick getaway because of its rich cultural and historical heritage, Mediterranean cuisine, and its melting pot of different cultures.

Despite the current political climate which is hostile to multiculturalism, it is still possible to find pleasant individuals in Sofia. They welcome foreigners with open arms and are happy to take you on a tour, invite you for an evening meal, and generally be welcoming.

A [trip](#) to Sofia is a great method to gain knowledge about its ancient history and culture, featuring artifacts dating back to the Greek and Roman eras and remnants of the Ottoman Empire found all over the city. The National Archeological Museum is one of Sofia's most impressive museums.