

SERMON OUTLINE

The Bedroom
November 14, 2021

Fasting reboots our souls

It reminds us what we really need most, refocuses us on our core identity, and makes us more sensitive to the Holy Spirit's leading.

**2 Samuel 12:15-23, Psalm 51
Matthew 4:1-4, Mark 2:18-20
Acts 13:1-5 & 14:23, Isaiah 58:1-6**

When will YOU fast, and why?

Silence & Solitude reboot our minds

Getting alone and silent is terrifying at first—but totally worth the pain. After we make it a habit, we start to crave it again and experience the full blessing. Silence and solitude help us hear God's voice.

**Genesis 4:18, 5:18-24, 6:9, 12:1-5
Jude 1:14, Hebrews 11:5
Matthew 14:13,23; Luke 5:15-16**

Where will YOU get alone & unplugged?

Secrecy reboots our hearts

Nothing destroys hypocrisy and pride
—and builds trust and faithfulness—
as well or as quickly as this discipline.

Zechariah 7:4-10, Matthew 6

What good will YOU do secretly?

Lord, I will...

Have you joined a Growth Group yet?