

SERMON OUTLINE

Rest. Celebrate.
January 23, 2022

God designed both work and rest

He imbedded a rhythm of hard work and rest into Creation itself—before the fall. Sin and its consequences distorted everything, but deep down, both work and rest are fundamentally, innately good.

Genesis 2:2-3

**Exodus 16:23, 20:8-11, 23:10-12
& 31:12-18**

When and how do you rest?

God loves genuine celebrations

They remind us Who He is and Whose we are. They reset us and help us focus on what God wants us to do next.

**Leviticus 23 & 25, Isaiah 1:13-18,
Psalm 139:13-16**

**Matthew 12:1-14; Mark 2:23-28 & 3:1-6
Luke 6:1-11, 13:10-17, 14:1-4
John 5:1-18, 7:1-24 & 9**

**Acts 2, 18:4, 20:7; Colossians 2:16-17
1 Corinthians 16:1-4**

How do you celebrate Christ and your identity in Him?

Work. Rest. Celebrate. Repeat.

Never confuse "belief" with intentional, strategic obedience. Living God's way and achieving His goals for us requires regular rests and resets as well as relentless hard work. We must embrace every part of this holy cycle.

Psalm 62:1,5; Matthew 11:28-29

Lord, I will...

Have you joined a Growth Group yet?