

WE ARE JOYFULLY GATHERED TOGETHER BY GOD'S GRACIOUS LOVE IN JESUS CHRIST TO WORSHIP HIM, TO GROW IN FAITH AND TO PROCLAIM JESUS BY WORD AND SERVICE.



OUR BIRTHDAY!

Throughout the year we will be celebrating 75 years in our community. On February 7, 1940 a group of people met and chose the name Trinity Lutheran Church.

On Sunday, February 8th we will celebrate our birthday during and after service. Please join us.

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Genesis 12:2 "I will make of you a great nation ... so that you will be a blessing."

I am a big Iowa State Basketball fan. I click on the computer from time to time and go to Cyclone Fanatic and get all the updates about what is happening. It is not a cult but a fan base. And sometimes teams coin the logo of "Cyclone Nation." It is a sort of acknowledgment that you are not alone in your interest and enthusiasm about this team. There is a collective "nation" or people out there who are also just as excited and interested as you.

I was thinking about what might be the difference between this gathering of like-minded enthusiasts and college team that form a "nation" and how God gathers us in the Abraham Promises of "many nations" of faith. Or more precisely, a "Trinity Nation for the nations" in Jesus here in Vancouver who are excited about what God is doing in our lives and just as

Trinity Nation

motivated and active in knowing what God is doing and getting involved in that very thing. How is it the same or close, and how might it be different from being a fan and supporter of a sports team?

The similarity would be that a common bond of interest and theme of purpose unites your team in a dream that it is headed somewhere and you are shooting as high as possible together to achieve it. Everyone is as "one" in this goal. Everyone's eyes are on that promise of a prize. You can only go as high as people are willing to work and strive to get there together. And the whole nation or team suffers in a loss or rejoices in a win together. The difference may be the body of Christ where we live (ala, *Trinity Nation*) is not made up of fans (although we are fans of our Lord Jesus) but chosen disciples who are players and encouragers of others who know the way to achieve any goal depends on keeping the

focus on God's blessing and God's goal.

There are more similarities than we may realize to being the people of Promise, Trinity Nation, a team who has been doing what God leads us to do together to be a blessing to others. Trinity Nation (I am not suggesting a name change) has been around for a while now (75 years and counting). Perhaps God has in mind for us to generate a little excitement and fire in this year of celebration. To find ways to push out into new ways to see ourselves and be God's people for others. The Christ who unites us together in our quest to serve the world with God's very promises is the One who promises that the prize He has won for us is in safe keeping, and awaits us at the finish line (final buzzer or whatever). Yet the Promises of God are hidden in that "together" striving for others.

Let us be the ones *for others*. Go, Trinity! Go Team! Pr. Gary

75th Anniversary Planning Begins to Take Shape by Jack Johnson

At a recent meeting of the Planning Committee, the first joint event involving the congregation and our community was moved to April 4—the day before Easter Sunday. Building on the traditional morning Easter Egg hunt, a variety of activities will occur during the remainder of the day. We look forward to celebrating with our community the 75 years of God's Story unfolding through Trinity Lutheran Church here in Vancouver and—in fact—around the world. So keep that date open and look for the details in next month's issue of The Tidings newsletter.

Helping Hands Needed by Donna Wagnild

Mission Sowers is in need of additional help making quilts for Lutheran World Relief. You don't need to know how to sew to help our mission. If you can use a scissors, tie a knot, or count you have the skills necessary. We invite you to join us Feb. 5 at 9:00 AM. Yes, we're Lutherans so we have coffee too! Hope you can join us.

SAVE THE DATE!

Vacation Bible School and Day Camp

will be July 6-9 this year! We can't wait!

First brainstorming meeting: Sunday, April 12th at 12:00, in Activities Room.



Help Wanted!

Children's Clothing Swap Closet needs volunteers

If you're free to sort clothes for even a half an hour on Sunday afternoon, or on Tuesday or Thursday mornings, we'd love to have you join the efforts of our TLC Children's Clothing Swap Closet. Or, if you're interested in helping people find

what they need during hours it's open to the public (2nd and 4th Sundays, from 12-2 p.m.), that would be fabulous too. Please talk to Kellie or Sue about this volunteer opportunity. We'd love to make this outreach public to Lincoln Elementary School this

month, and we need more help to make that happen. We've received lots of wonderful clothing donations -- and just now need to let the community know what we have to give. Thank you!

Happy Lunch Bunch



Everyone available for a daytime fellowship is invited to our Happy Lunch Bunch on February 17 at noon. First timers come as guests and others bring one item to complete the meal. We will enjoy celebrating "Mardi Gras (the day before the beginning of the Lenten Season.)" "Mardi Gras" is French for "Fat Tuesday" but we'll enjoy eating our tasty potluck and not worry about getting "Fat!" Please bring one item for the food table, a hot dish, a salad, or a dessert. If you make any Creole or New Orleans recipes, that would be a delightful extra. Our program will be a 4th and 5th grade class from Lincoln School with their teacher, Kim Stenback. The children always bring us smiles. Be sure to admire the art work of the Lin-

coln school children on display in the Narthex the two weeks before our HLB luncheon.

LERC means "Lions Eyeglass Recycling Center." A recent program at Happy Lunch Bunch gave us new information about the value of bringing old eyeglasses. We understand how much good these old eyeglasses do for hundreds of people in third world countries. AND WE LEARNED the program also collects old hearing aids. These are checked out and made available to needy people in this country.



Trip for Fun



We will visit two Victorian homes in Gresham on Saturday, Feb. 21. We will pay only \$5 for a tour of both the Zimmerman House and the Heslin House. Eat an early lunch at home then meet at 12:30pm for our Van ride to Gresham on the 21st. We will stop for coffee and a treat before getting back home. Please sign up on the sheet in the Narthex.

Our Donations Still Helping Needy Children in La Paz, Mexico

Trinity has been faithful since 1999 in helping children in the poorest of families in La Paz, Mexico. While efforts of the local community there are slowly improving over time, Trinity's efforts continue to help meet critical needs of the children in two of the poorest colonias (neighborhoods), which are situated close to the local dump. Our efforts are twofold: 1) Help fund breakfast for students in one of the colonias; and 2) help students continue beyond the six years of basic schooling through annual scholarships. For more information, check out the latest newsletter of FANLAP, the local foundation established to promote and direct local efforts; it's posted in the hallway leading to the church office.

WELLNESS CORNER by Sue Hoeffner

Our TLC Blood Drive is coming!

Wednesday, February 25, 1-7 p.m. I

n Memorial Chapel.

Please mark your calendar! Our community's blood center, the Oregon & SW Washington Blood Program, helps ensure a stable blood supply for you, your family, neighbors, and friends. Each blood donation can save up to three lives! The entire process takes less than an hour from start to finish, including time to relax with cookies and juice after donating. There are very few restrictions to donating blood.

If you have a question regarding your eligibility, either ask Sue, call the Blood Program at 800-DONATE-1, ext. 2543, or email them at clini-calprogram@psbc.org. There is no upper age limit for donors. Students ages 16-17 may donate with parental permission.



Sign up on the schedule posted on the library door off the narthex or call Sue in the Parish Nurse office at 696-1221, ext. 28. Many thanks to our faithful, dedicated donors! We hope YOU will consider giving this precious gift of life too!

Living Well with Chronic Conditions Classes

If you or someone you care for has a chronic health condition, the Living Well Workshop, developed by Stanford University, can help you take charge of your life. This free 6-week workshop will be meeting once a week for 2 ½ hours each week beginning in April. This class will be led by Marilyn Johnson and Sue Hoeffner. Watch for sign-up information. If you know that you are interested in this class series, call Sue at 695-1221, ext. 28 to reserve your spot. Many folks have found repeating this class to be very beneficial, especially if you have developed a new condition since you last took the class.

In this class, you will learn to:

- Control your pain
- Deal with fatigue
- Start an activity program
- Handle stress and relax
- Use medications effectively
- Solve problems and meet personal goals
- Make choices about your treatment
- Eat well to live well

Christian Women's Cancer Support Group at TLC

Is cancer a part of your life story? If you desire Christian sister fellowship and support with those who understand your journey, please plan to join us for this monthly gathering. We meet the 3rd Saturday of each month at Trinity, 9:30-11:00 a.m. for brunch, fellowship, and education. This group is open to any women, TLC members or not, who wish to share and receive support and encouragement. Our next meeting will be on Saturday, February 21st.



TLC YOUTH NEWSLETTER

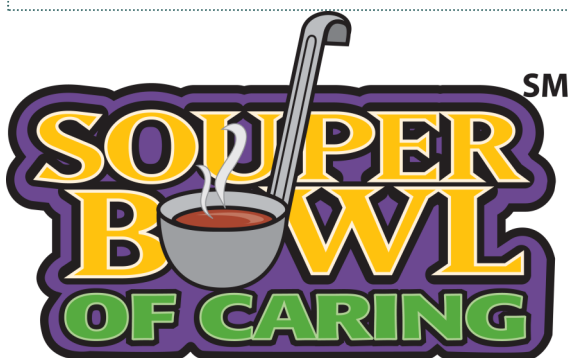
by Brian Brown

February 2015—More info and pics @

www.trinityvancouver.org

Youth Cake Auction!

Our annual event is on **Sunday, Feb. 8th at 5 PM!** This is our one big fundraiser that supports our youth program. Please plan on attending/helping with this great event! We will be having a Scandinavian theme this year! Cost is just **\$5 per adult** and \$2 per child 10 and under. All MS/HS youth need to help at the event!



"Souper" Bowl of Caring

On Sunday, February 1st our youth will be collecting donations for the "Souper Bowl of Caring" after worship. We ask that everyone **contribute at least \$1** to the cause. All the money we raise will be donated to Share House (a local ministry). This nationwide movement raised over \$8.5 Million last year to help local hunger charities. Help us fight hunger this "Souper" Bowl Sunday!

MS/HS Winterhawks Hockey Game

On **Saturday, February 21st** we will be joining Messiah Lutheran at the Winterhawks hockey game. The game is at **7 PM** so we will meet at the church by 6 PM. Cost is just **\$10 each!** Sign up by **Sunday, Feb 8th** so we can get enough tickets!

High School National Gathering

We are registered! It will be July 14th—20th. You can still register to attend this incredible once every 3 years event! Just talk to Brian for more details ASAP!

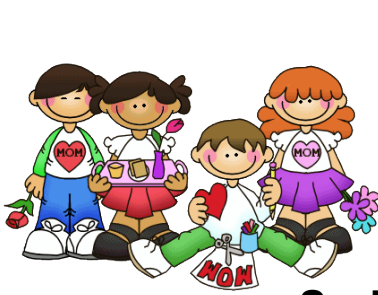
Weekly Activities:

- **Confirmation**—
Wednesdays
6:30—7:45 PM.
- **HS Youth Group**
Youth Nights
Sundays
6:00—7:30 PM
- **Worship**
Sundays
10:30 AM
- **Sunday School**
All Ages 9:30 AM

Upcoming Events!

- MS/HS Winterhawks Hockey Game (Feb 21)
- MS Multi-Church Lock-in (March 13th)
- HS Lock-in with Messiah (TBD Late Spring)
- HS National Gathering July 14—20

CHILDREN'S NEWS *By Kellie Gordon*



Spring Love and Logic Parenting Class

April 16 to May 21

Thursdays from 6:00 p.m. to 8:00 p.m.

Have you ever wished there were a manual for raising kids? Well, there actually is. It's the **Parenting with Love and Logic** program, and Trinity will be offering this 6-week course to parents. Please sign up if you are interested. There is a list at the bulletin board for Children's Ministry in the Narthex. You can also call Kellie at 695.1221 ext. 13. We hope to have at least five people to hold the class. The fee is \$20, with an additional \$12 for the workbook.

Love and Logic :

- uses humor, hope, and empathy to build up the adult-child relationship.
- emphasizes respect and dignity both for children and adults
- provides respect and dignity both for children and adults
- provides real limit in a loving way
- teaches consequences and healthy decision making



**Trinity's Holy Grounds Coffee Bar
celebrates one year in the Library!**



Holy Grounds Coffee Time takes place in the church library (next to sanctuary) each Sunday during the Education Hour. It is a Come as You Are, have a seat and be welcomed type of place, with a different host or hostess serving from 9:45-10:20 a.m.. The coffee is complimentary, though a free will offering tin will

happily accept donations. Parents have been the primary participants in Holy Grounds Coffee Time, while their children are in Sunday School, but all are more than welcome. We discuss everything from current events and parenting issues to Oscar nominations and Trailblazer games.

On those Sundays when you're not in the Activities Room for Education Hour, or you've dropped off your children and wonder "what now?", we hope you'll join us for a cup of joe and conversation at Holy Grounds Coffee Bar, located in the library, right next to the Sanctuary.

CHILDREN'S NEWS *By Kellie Gordon*

Parents' Night Out

Our Christmas Time Parents' Night Out brought 15 children, and our January Parents' Night out on the 17th brought 12 children (ages 2-10). Even when we had the event quarterly, it always drew at least ten children -- so we think it's safe to say that this program is a success! . The event is beginning to draw friends of TLC children as

well, so is becoming a wonderful outreach. This past Saturday evening, the kids came at 5:00, played 4-Square, hide and seek, the Big Dice game, Poison Dart Frog, and created art projects. We had a hearty dinner, heard a Bible story, watched a movie, played Spot-It and other games, and ate popcorn. It's a lot of fun! But it's also a lot of work! We've decided we

need more than two adults to work the event, because we really do need one person devoted just to meal preparation and serving/cleaning up. If you'd be interested in the meal prep portion of the evening, or working with the children, during our next Parents' Night Out, please talk to Kellie, or sign up to help at the Children's Bulletin Board in the Narthex . Thank you!



JaMers and Mini Golf!

When we did our planning for the year at Big Al's, one of the activities the kids mentioned that everyone seemed especially excited about was glow-in-the-dark Mini Golf. So I've scheduled some time at Safari Mini Golf for those 4th and 5th graders on Sunday, February 15th. If the kids can bring a sack lunch to church, we can eat after worship, do a mini service project, and then go golfing in the dark. If this interests your child and s/he's available, please let me know. JaMers is for 4th and 5th grade students in Sunday School. <http://safari.minigolf.com>

February 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 930a Education Hour 1030a Worship SCOUT SUNDAY Super Bowl Sunday	2 1p EnhanceFitness/SH 130p AA/AR 7p Sal Creek Study/HM	3 930a Women's Bible Study/CR 10a AA/AR	4 10a Staff Meeting/CR 1p EnhanceFitness/SH 1p LCS/Cit/NW 130p AA/AR 630p Confirmation 630p The Grace Notes/S 730p Adult Choir/Loft	5 9a Mission Sowers/TH	6 1p EnhanceFitness/SH 130p AA/AR	7 Trinity Lutheran Church's Birthday! 2p Cake Auction Set Up
8 930a Education Hour 1030a Worship 1p VSO Young Artists Competition/S 5p Cake Auction/SH	9 1p EnhanceFitness/SH 130p AA/AR 2p Ruth Circle/CR 2p Alz Support /TH, MC, SH, AR 7p Sal Creek Study/HM	10 930a Women's Bible Study/CR 10a AA/AR 345p Lincoln School MTG 530p Foundation/CR 630p Esther/Eliz Circle/ HM	11 830a-5p Living Well/ MC 10a Staff Meeting/CR 1p EnhanceFitness/SH 1p LCS/Cit/NW 130p AA/AR 630p Confirmation 630p The Grace Notes/S 730p Adult Choir/Loft	12 830a-5p Living Well/ MC 10a Lydia Circle/CR 7p Sandwich Sisters/CR	13 1p EnhanceFitness/SH 130p AA/AR	14 9a Men's Breakfast/TH
15 930a Education Hour 1030a Worship 12p JAMers Event 6p HS Youth Night	16 OFFICE CLOSED	17 930a Women's Bible Study/CR 10a AA/AR 12p Happy Lunch Bunch/SH 2p Knifty Knitters/CR 7p TLC Council/MC	18 830a-5p Living Well/ MC 10a Staff Meeting/CR 10a FortVancouver/MC 1p EnhanceFitness/SH 1p LCS/Cit/NW 130p AA/AR 630p Confirmation 630p The Grace Notes/S 730p Adult Choir/Loft	19 830a-5p Living Well/MC 9a Mission Sowers/TH 9a-3p Resource Coord/ AR	20 1p EnhanceFitness/SH 130p AA/AR	21 930a Women's Cancer Support Group/CR
22 930a Education Hour 1030a Worship 6p HS Youth Night	23 1p EnhanceFitness/SH 130p AA/AR 7p Sal Creek Study/HM	24 930a Women's Bible Study/CR 10a AA/AR 4p TLC Book Club/CR 6p Spinning Wheels/SH	24 10a Staff Meeting/CR 1p EnhanceFitness/SH 1p LCS/Cit/NW 1p-7p Blood Drive/N 130p AA/AR 630p Confirmation 630p The Grace Notes/S 730p Adult Choir/Loft	26 9a Faith-Based Coffee/ SH 9a-3p Resource Coord/ AR	27 1p EnhanceFitness/SH 130p AA/AR	28

February Birthdays

Carlene Landers	02/02	Darcy Pfeifer	02/17
Jaycee Richmond	02/03	Ryan Tommerup	02/18
Hannah Toner	02/05	Kylee Tjensvold	02/21
Michael Eubanks	02/06	Cameron Molyneux	02/22
Leann Johnson	02/06	Kathleen Selfridge	02/22
Don Unruh	02/07	Esther Windover	02/22
LeAnne Blankenship	02/08	Brian Brown	02/23
Kelly Pfeifer	02/08	Gail Hankel	02/23
Noralee Stanton	02/08	Patricia Running	02/23
Robert Kenck II	02/09	Dorinda Toner	02/23
Tristan Knighten	02/09	Irene Chipps	02/24
Izabella Snyder	02/09	Kathleen Davis	02/24
Chris Pfeifer	02/10	Justin Lim	02/24
Bettie Tommerup	02/10	Conrad Pfeifer	02/24
Beth Westermann	02/10	Ryan Unruh	02/24
Norman Gilderhus	02/11	Lisa Parks	02/25
Pastor Ruth Larson	02/14	Rich Hyatt	02/26
Kellie Morgan	02/14	Alex Ferderer	02/27
Lavina Strain	02/14	Kahle Broadnax	02/28
Gene Lehman	02/16	Marlene Laurie	02/28
Tony Miles	02/17		

KEY TO ROOM ABBREVIATIONS:

TH: Trinity Hall	S: Sanctuary	L: Library
SH: Stolee Hall	NW: North Wing	NX: Narthex
CR: Conference Room	MC: Memorial Chapel	YR: Youth Room
AR: Activities Room	HM: Home of Member	



Trinity Lutheran Church. . . building bridges to our community. . . providing opportunities for growth.

Community Groups Meeting at TLC:

AA: M,W,F 1:30 pm/AR & AA 55+ T 10 am/AR
Alzheimer's: 2nd Monday, 2:00 pm / TH, AR, MC
Lutheran Community Services, Wed. 1 pm, /NW
Spinning Wheels: 4th Tues., 6 pm/SH
EnhanceFitness: Every M, W, F in SH 1-2pm

Van Driver Schedule:

01...John Mudge	695-7582
08...Sean McGill	571-4120
15...Tim Gammell	509-205-2795
22...Bud Ferderer	576-0127

Church office: 695-1221

Pastors: ext. 15
Kellie (Children): ext. 13
Sue (Parish Nurse): ext. 28
Janet (Finance): ext. 11
Brian (Youth): ext. 14



TRINITY LUTHERAN CHURCH

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LOVE AND LOGIC
Classes for Parents
Classes will be in English



Return Service Requested

Vancouver WA 98660-1959

309 W 39th Street

Trinity Lutheran Church

TIDINGS