



VEGAN
What's the Actual Difference
Between Vegan & Vegetarian?



BOOK-OFF
These 5 Plant-Based Cookbooks
Aren't Only for Vegans



VEGAN
17 Vegan Dessert Recipes For Every
Type of Sweet Tooth

GIFTS

36 Perfect Gifts for the Vegan In Your Life

Because sometimes, it's not that obvious what's actually vegan.

by: ARATI MENON | December 14, 2021 | 2 Comments



PHOTO BY OTHERLAND

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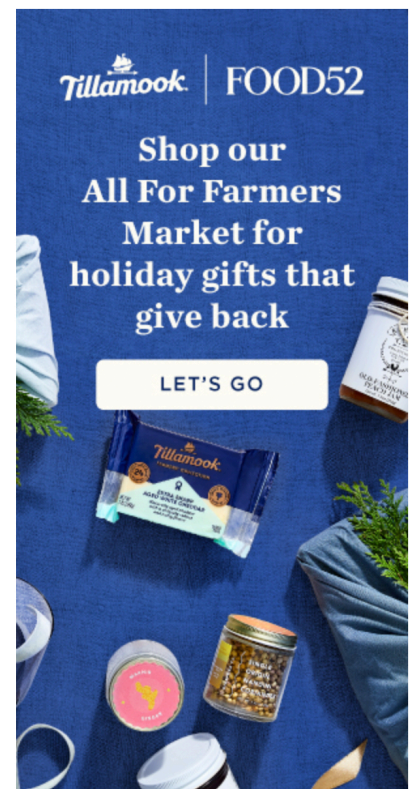
2 COMMENTS



While back, my friend Bree, who happens to be vegan, told a story. She used to date a guy whose mother would always introduce her by saying: “This is Bree. She’s **VEY-GON**.”

“It was like I was from the planet *Vega*, in the faraway galaxy of kohlrabi,” she says. She may as well have been—in the early days of her lifestyle change she felt “very misunderstood.”

Chances are you’ve got a vegan friend, or a few. Chances are that at some point in their lives they’ve been asked: “You won’t eat brisket, but will you have an egg?”



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F52er's Collections



Vacay
by: LISA GOLDBERG
1470 Items

Well, you don't want to be any version of *that* person.

And if your vegan friends are anything like mine, sometimes, they need (vegan) gifts. I like to think of each occasion as an opportunity to make good on all the people who don't totally get their life choices. But I'll also be the first to admit it's not always easy—my own struggle became apparent when I realized most wines aren't 100 percent vegan.



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So, with that in mind, we sifted through a universe of possibilities to get to the good stuff. Here are 36 gifts—good-looking, funny, nurturing, and thoughtful—that are perfect for vegans.



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ARTICLE


32 Gifts for Anyone Who Really Got Into Plants This Year




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15 Best Bar & Alcohol Gifts, According to Our Resident Drinks Expert



Vegan
by: ROSE MARIE
153 Items



Cakes
by: PAGE GALLOWAY
441 Items



PHOTO BY FARMAESTHETICS

1. Farmaesthetics
Pink Petal Roses Solar
Salt Mineral Bath, \$38

A friend of mine has this, and swears by its calming properties—not to mention, gorgeous scent. “Just thinking about soaking in it at the end of a tiring day at work makes my shoulders relax,” are her words. And, it’s part of Farmaesthetics’ (a herbal skincare brand I personally love) vegan range of products, so there’s much more goodness there where this

came from.