Women's Health



BEST PRESS-ON
NAILS

Do the most to your nails with
the least effort using
these press-ons that stay in place with glue or adhesive tabs. They're so good, we're total converts! Nails of LA The Realist Press-On Extensions, \$16, nailsofla.com



BEST HAND CREAM Discover your new staple....lt's perfectly rich but not oily in the slightest. Use it any-time, anywhere to restore skin and lock in moisture with ceramides and glycerin.

Dove Body Love Intense

Care Hand Cream,

\$4.48, walmart.com



BEST CUTICLE TREATMENT Soybean and citrus-peel oils combine to make a multitasker everyone needs. Rub it on your nail beds or all over your hands for extra relief. Farmaesthetics Lemon Cuticle Cream, \$24, farmaesthetics.com

Oral

Necessities for a healthy and bright smile. Say cheese!

BEST MANUAL TOOTHBRUSH With a sleek aluminum handle and a replaceable brush head, it's an eco-friendly winner in our book. Hello Replaceable Head Toothbrush, \$10, hello-products.com



BEST MOUTHWASH A refillable option that comes with a glass decant-er (gorg!) and is better for the planet and your teeth thanks to the natural mint, alcohol-free formula. **Tend** Tonic Mouth Rinse, \$28, hellotend.com

Laughland

BEST WHITENING PRODUCT

PRODUCT
An on-the-go version of the brand's original kit, a pocket-size pen takes the fuss out of whitening. Laughland To-Go Pen, \$30, mylaughland.com



BEST FLOSS

BEST FLOSS
Floss like the royals with silk, which slides easily between teeth, is gentle on gums, and is 100 percent biodegradable.

Public Goods Dental Floss, \$6, publicgoods.com