

REVIEW ARTICLE

MEDICAL PROGRESS

Recent Advances in Neuroblastoma

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NEUROBLASTOMA IS AN EMBRYONAL TUMOR OF THE AUTONOMIC NERVOUS system, meaning that the cell of origin is thought to be a developing and incompletely committed precursor cell derived from neural-crest tissues.¹ As may be expected with a disease of developing tissues, neuroblastomas generally occur in very young children; the median age at diagnosis is 17 months.² The tumors arise in tissues of the sympathetic nervous system, typically in the adrenal medulla or paraspinal ganglia, and thus can present as mass lesions in the neck, chest, abdomen, or pelvis. The clinical presentation is highly variable, ranging from a mass that causes no symptoms to a primary tumor that causes critical illness as a result of local invasion, widely disseminated disease, or both. The incidence of neuroblastoma is 10.2 cases per million children under 15 years of age; it is the most common cancer diagnosed during the first year of life.³

For over a century, researchers have noted that neuroblastomas exhibit diverse and often dramatic clinical behaviors (Fig. 1). (For a timeline of the major advances in neuroblastoma research, see the Supplementary Appendix, available with the full text of this article at NEJM.org.) On the one hand, neuroblastoma accounts for disproportionate morbidity and mortality among the cancers of childhood; on the other hand, it is associated with one of the highest proportions of spontaneous and complete regression of all human cancers.⁴⁻⁶ Outcomes in patients with neuroblastoma have improved, with 5-year survival rates increasing from 52% during the period from 1975 through 1977 to 74% during the period from 1999 through 2005, according to the Surveillance, Epidemiology, and End Results databases (www.seer.cancer.gov). This improvement, however, is attributable mainly to increased cure rates among patients with the more benign form of the disease; the rates among children with high-risk neuroblastoma have shown only modest improvement, despite dramatic escalations in the intensity of therapy provided.⁷

GENETIC CAUSES

Neuroblastoma may be considered a malignant manifestation of aberrant sympathetic nervous system development. Until recently, however, little was known about the genetic basis of this disease. As has been shown for many human cancers, a subgroup of cases display autosomal dominant inheritance.⁸ Mossé and colleagues recently reported that activating mutations in the tyrosine kinase domain of the anaplastic lymphoma kinase (*ALK*) oncogene account for most cases of hereditary neuroblastoma.⁹ These germ-line mutations encode for single-base substitutions in key regions of the kinase domain and result in constitutive activation of the kinase and a premalignant state. Mutations resulting in oncogene activation are also somatically acquired in 5 to 15% of neuroblastomas.⁹⁻¹² Children with either sporadic or familial neuroblastoma in conjunction with congenital central hypoventilation syndrome, Hirschsprung's disease, or both usually have loss-of-function mutations in the homeobox gene *PHOX2B*.^{13,14} Thus, genetic testing for mutations in *ALK* and *PHOX2B* should be considered whenever a patient has a family history of neuroblas-

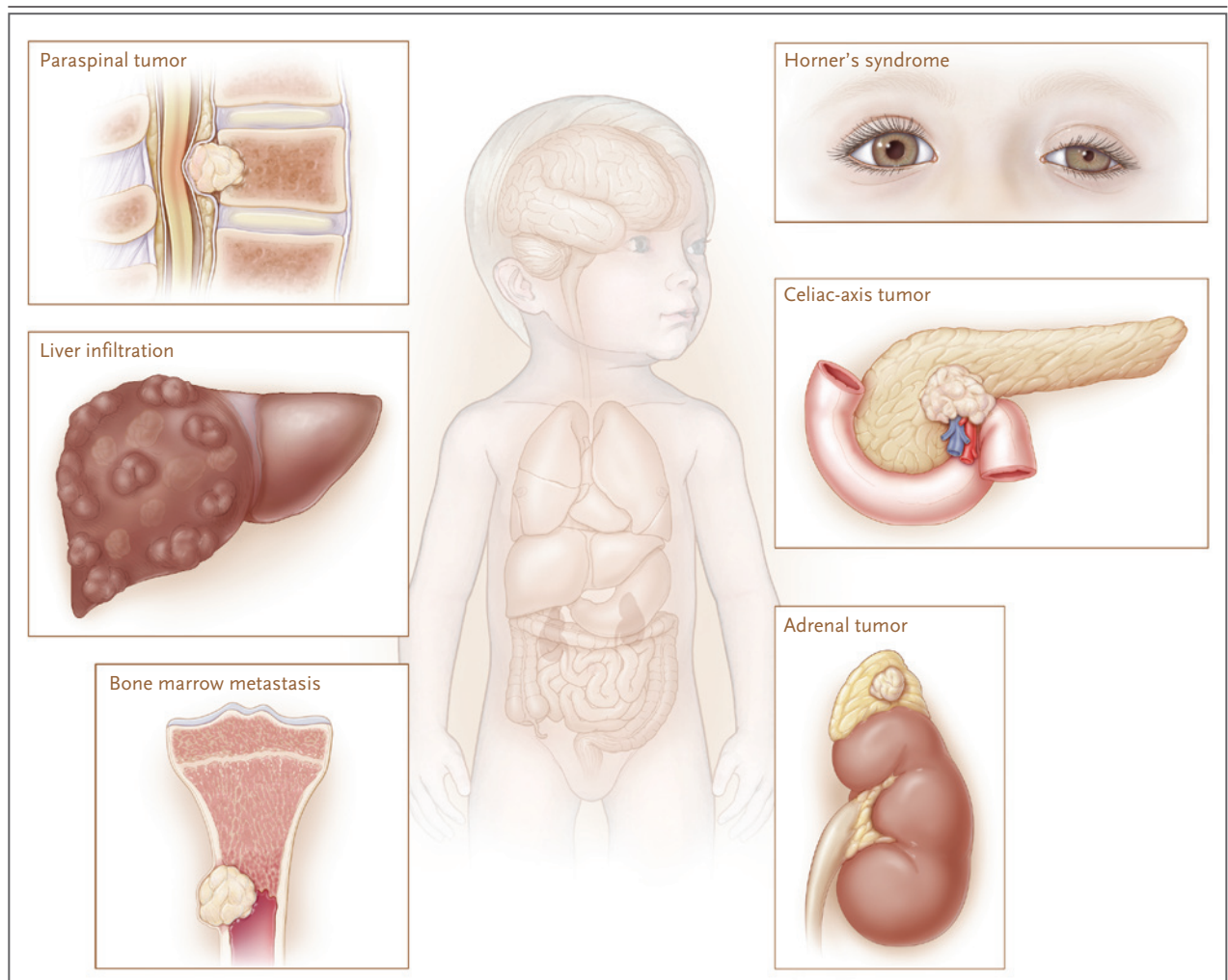


Figure 1. Clinical Presentations of Neuroblastoma.

Neuroblastoma is a childhood cancer that is diagnosed at a median age of about 17 months. Tumors can arise anywhere along the sympathetic nervous system, with the majority occurring in the adrenal medulla. Primary tumors in the neck or upper chest can cause Horner's syndrome (ptosis, miosis, and anhidrosis). Tumors along the spinal column can expand through the intraforaminal spaces and cause cord compression, with resulting paralysis. Although many lower-stage neuroblastomas are encapsulated and can be surgically excised with little chance of complications, higher-stage tumors often infiltrate local organ structures, surround critical nerves and vessels such as the celiac axis, and are largely unresectable at the time of diagnosis. Neuroblastomas typically metastasize to regional lymph nodes and to the bone marrow by means of the hematopoietic system. Tumor cells metastatic to marrow can infiltrate cortical bone. Neuroblastomas also can metastasize to the liver, most notably in patients with stage 4S tumors, in whom involvement can be extensive; however, transient and complete regression often occurs with no intervention other than supportive care.

toma or has other clinical conditions that are strongly suggestive of a highly penetrant transmissible mutation, such as bilateral primary tumors of the adrenal glands. Such testing is currently available to practitioners (www.ncbi.nlm.nih.gov/sites/GeneTests). Although *ALK* and *PHOX2B* mutations account for the majority of familial cases of neuroblastoma, additional familial genes may still be discovered.

In sporadic neuroblastoma cases, malignant

transformation probably arises from the interaction of common DNA variants in which each individual variation has a relatively modest effect on susceptibility. A genomewide association study of neuroblastoma is currently under way, under the auspices of the Children's Oncology Group (COG). To date, the study has shown that alleles with common single-nucleotide-polymorphism variations within the putative genes *FLJ22536* at chromosome band 6p22.3 and *BARD1* (BRCA1-

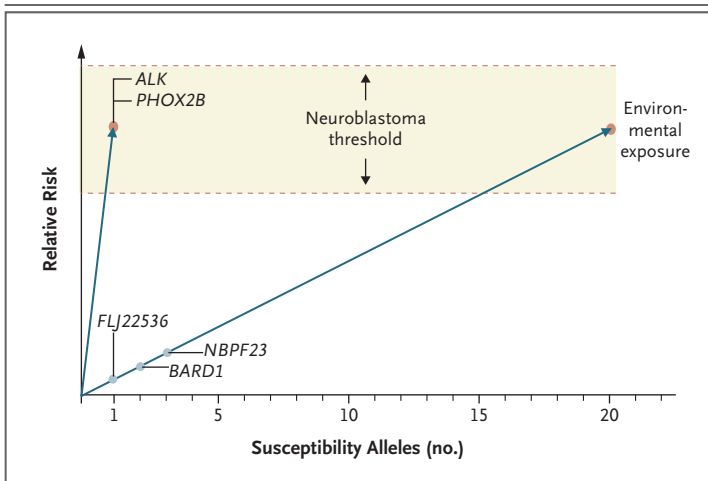


Figure 2. Model of Genetic Susceptibility to Neuroblastoma.

The y axis indicates the theoretical relative risk of neuroblastoma, and the x axis indicates the number of known and theoretical susceptibility alleles. A genetic threshold for the development of disease has been postulated, and malignant transformation is probably modified by interactions related to environmental exposure. A mutation in the *ALK* or *PHOX2B* gene results in a single, highly penetrant risk allele that allows developing neuroblastic tissue to meet or exceed this threshold for malignant transformation. These types of mutations are powerful enough to permit neuroblastoma to occur within families as a mendelian trait. On the other hand, there are multiple common DNA variations (polymorphisms) in a large number of genes that cooperate to reach this threshold in patients without *ALK* or *PHOX2B* mutations. For these sporadic cases of neuroblastoma, an excessive inheritance of “risk” variants has been postulated that increases susceptibility to the disease. Discovered susceptibility genes include *FLJ22536*, *BARD1*, and *NBPF23*. The total number of susceptibility loci is not currently known, nor is it known whether these polymorphisms act in an additive or synergistic (epistatic) fashion.

associated RING domain 1) at 2q35 are significantly enriched among patients in whom neuroblastoma has developed as compared with controls.^{15,16} In addition, the study has also shown that a relatively common copy-number variation at 1q21 is associated with the development of neuroblastoma.¹⁷ Taken together, these observations suggest that this developmental childhood cancer is influenced by common DNA variations, facilitating the development of a putative genetic model for this disease (Fig. 2).

DEFINING PATIENT SUBGROUPS

There have been substantial efforts to develop a risk-classification algorithm for patients with newly diagnosed neuroblastoma. Most cooperative groups use a system that combines the assessment of easily measured clinical variables, such as the patient’s age and the tumor stage, with specific

biologic variables. The age at diagnosis is considered a surrogate for underlying biologic characteristics, in that younger patients are more likely to have tumors with biologic features that are associated with a benign clinical course. Although age is a continuous variable in terms of prognostication, it has been customary for clinical purposes to use a cutoff point of 12 or 18 months of age.² The stage of the disease, as formulated in the International Neuroblastoma Staging System,¹⁸ can also be considered a surrogate marker of the tumor burden and underlying tumor biology.

At the extreme ends of the spectrum with respect to age and stage of disease, there is little controversy concerning risk classification. Older children with stage 4 (metastatic) disease are at high risk for death from refractory disease. In contrast, infants with localized tumors are almost always cured, often without cytotoxic therapy. For patients who fall between these extremes, however, it has been difficult to reach a consensus, owing to both the relative rarity of the condition and the evolving nature of molecular diagnostics. To address this issue of classification, Cohn and Pearson led a large international consortium that pooled data to develop a cohort of 8800 patients with neuroblastoma who were enrolled in research studies conducted between 1990 and 2002 in North America and Australia (COG), in Europe (International Society of Paediatric Oncology Neuroblastoma Research Network [SIOPEN-R-NET]), in Germany (Gesellschaft für Pädiatrische Onkologie und Hämatologie [GPOH]), and in Japan (Japan Advanced Neuroblastoma Study Group [JANB] and Japanese Infantile Neuroblastoma Cooperative Study Group [JINCS]).¹⁹ Analyses of this unique data set led to the development of a new tumor staging system that divides localized tumors into two groups on the basis of the presence or absence of rigorously defined surgical risk factors.^{20,21} An age cutoff point of 18 months was proposed on the basis of a review of outcomes in this extensive data set. A new International Neuroblastoma Risk Group (INRG) classification system with a total of 16 statistically distinct risk groups is based on the assessment of 13 potential prognostic factors. Four broad categories — very low risk, low risk, intermediate risk, and high risk — were proposed in terms of 5-year event-free survival rates of >85%, >75 to ≤85%, ≥50 to ≤75%, and <50%, respectively, on the basis of the analysis of age at diagnosis, INRG tumor stage, histologic category, grade of tumor differentia-

tion, DNA ploidy, and copy-number status at the *MYCN* oncogene locus and at chromosome 11q. The prospective implementation of this system by cooperative pediatric clinical trial groups should help to validate the system and allow the results of ongoing and future clinical trials worldwide to be compared.

Despite the advances made by the INRG committee, there is broad awareness that the clinical and pathological factors used in the INRG system are simply surrogates for underlying tumor biology. Thus, future risk-stratification efforts will probably rely more heavily on the assessment of tumor biology, which is becoming better understood. Tumor-derived genomic information has been used since the 1980s to predict the course of newly diagnosed neuroblastomas, with the discovery that the *MYCN* oncogene is the target of the extremely high-level amplifications at chromosome band 2p24 observed in about 20% of neuroblastoma cases. Because *MYCN* amplification has a profound effect on the clinical outcome, it is routinely used as a biomarker for treatment stratification.²²⁻²⁴ Since the initial discovery of *MYCN*, many prognostic biomarkers have been proposed for neuroblastoma, the most intensely studied of which include histopathological classification, the tumor-cell DNA index (ploidy), and specific recurrent segmental chromosomal aberrations. More recently, microarray-based technologies have permitted the detailed dissection of the neuroblastoma genome and transcriptome, and several outstanding studies indicate that patterns of DNA-based or RNA-based aberrations have substantial predictive power.²⁵⁻³⁰

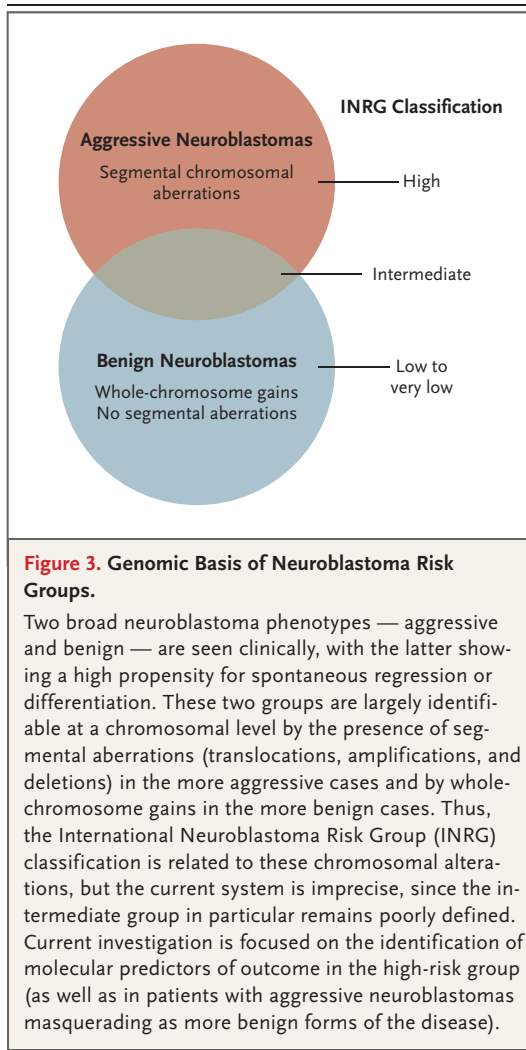
Taken together, the available data suggest that DNA copy-number aberrations fall into two broad prognostic categories: whole-chromosome gains that result in hyperdiploidy and are associated with a favorable prognosis and segmental chromosomal aberrations, such as amplification of *MYCN* and regional loss or gain of chromosomal material, that tend to be associated with a worse outcome (Fig. 3).³⁰ Although whole-chromosome duplication events with no segmental aberrations are strongly predictive of a favorable outcome, there is wide phenotypic variability among cases involving segmental aberrations. It is possible that yet-to-be-discovered mutations, RNA-based signatures, epigenetic alterations, or a combination of these factors will provide a basis for subdividing the higher-risk group of patients. Current work is focused on defining and validating the optimal

gene set for RNA copy-number analysis; keeping this set on the order of dozens to hundreds may allow approaches based on polymerase-chain-reaction assays that can be carried out with the use of small amounts of RNA. This small scale is important because tumor-biopsy samples often contain only microgram-size quantities of tissue. In addition, current collaborative work may uncover mutations or epigenetic alterations that result in specific RNA-expression patterns, and these might be more precise in terms of risk prediction. The ultimate goal is to more precisely assign patients to appropriate treatment with the use of an approach based on molecular genetics.

TREATMENT

The biologic heterogeneity of neuroblastic tumors that occur during childhood has resulted in a dichotomization in therapeutic strategies. For tumors that have favorable biologic features, the clear trend has been to reduce therapeutic intensity. In contrast, the approach to tumors with adverse prognostic features has shifted over the past two decades toward intensifying chemoradiotherapy. Recently, research groups have been attempting to design therapies that will exploit the key oncogenic features found in the tumor cells, in the tumor microenvironment, or both. Table 1 outlines a general diagnostic and therapeutic approach to the major types of neuroblastoma; the remainder of this section focuses on the treatment of patients with high-risk disease.

Current treatment for high-risk neuroblastomas can be divided into three distinct phases: induction of remission, consolidation of the remission, and finally a maintenance phase focused on the eradication of minimal residual disease. Available data indicate that increasing the intensity of induction chemotherapy is associated with improvements in response rates and overall survival rates.³⁴ One randomized, controlled trial showed that an increase in dose intensity improves the outcome.³⁵ The backbone of the most commonly used induction chemotherapeutic regimen (developed at the Memorial Sloan-Kettering Cancer Center) includes dose-intensive cycles of cisplatin and etoposide alternating with vincristine, doxorubicin, and cyclophosphamide.³⁶ Recently, COG investigators added topotecan to this induction regimen on the basis of data showing antineuroblastoma activity in cases of relapse.³⁷⁻⁴⁰ The level of response at the end of the induction phase is



highly correlated with the outcome⁴¹⁻⁴³; current research is focusing on measures to induce remission at a molecular level with the use of neuroblastoma-specific gene transcripts that can reliably identify rare residual cancer cells.⁴⁴ A clear and critical goal is the development of a reliable method for quantifying the tumor burden in patients with neuroblastoma. Since the presence of residual cancer cells in the hematopoietic compartment is the most likely explanation for treatment failure, methods to purify and isolate rare circulating tumor cells, or the nucleic acids from such cells, by means of a variety of immune-based capture techniques and detection of unique transcripts or cell-surface markers may lead to a greater understanding of how to handle residual tumor cells.

Since most high-risk neuroblastomas initially respond to therapy but ultimately relapse, it is

likely that acquired drug resistance, the selection of rare resistant clones from a heterogeneous tumor environment, or both present major obstacles to cure. Neuroblastoma is unique among human solid tumors in that randomized clinical trials have shown an improvement in disease-free survival with myeloablative chemotherapy administered after induction therapy and followed rapidly by rescue with autologous hematopoietic progenitor cells.⁴⁵⁻⁴⁷ The optimal chemotherapeutic regimen for myeloablation is not known, although data indicate that rapid, sequential, tandem myeloablative consolidation therapy may improve the outcome.⁴⁸ Such an approach is currently being tested in a randomized phase 3 trial. Although most cooperative groups consider myeloablative consolidation part of the standard management of high-risk neuroblastoma, postremission consolidation approaches are needed that can more precisely circumvent the molecular mechanisms of acquired drug resistance.

Classic experiments from the 1980s have shown that neuroblastoma cell lines can often be induced to terminally differentiate on exposure to retinoid compounds.^{49,50} These observations led to a randomized clinical trial in which isotretinoin (13-*cis*-retinoic acid) was used after myeloablative consolidation therapy in patients with neuroblastoma; the risk of relapse was reduced among those who received isotretinoin.⁴⁶ Although isotretinoin is now part of standard therapy during the first remission in patients with high-risk neuroblastoma, there are still many unanswered questions about proper dosing, intraindividual and interindividual variation in pharmacokinetic features, and the frequency of potential long-term toxicities.

Neuroblastoma cells almost uniformly express the disialoganglioside GD2 on their surfaces, providing a tractable target for passive immunotherapeutic approaches.⁵¹⁻⁵³ For example, the murine monoclonal antibody 3F8 has been shown to have activity against neuroblastoma, especially in clearing the bone marrow of metastatic disease, but 3F8 has never been tested in a randomized, controlled trial.^{54,55} The chimeric anti-GD2 monoclonal antibody ch14.18 has been shown to have some antitumor activity in preclinical models, and some evidence suggests that this activity may be enhanced by the coadministration of interleukin-2 or granulocyte-macrophage colony-stimulating factor (GM-CSF) in alternating cycles through antibody-dependent cellular cytotoxicity.⁵⁶⁻⁵⁸ Yu and colleagues in the COG recently completed a ran-

Table 1. Phenotypic and Genetic Features of Neuroblastoma, Treatment, and Survival According to Prognostic Category.

Variable	Prognostic Category*			
	Low Risk	Intermediate Risk	High Risk	Tumor Stage 4S
Pattern of disease	Localized tumor	Localized tumor with locoregional lymph-node extension; metastases to bone marrow and bone in infants	Metastases to bone marrow and bone (except in infants)	Metastases to liver and skin (with minimal bone marrow involvement) in infants
Tumor genomics	Whole-chromosome gains	Whole-chromosome gains	Segmental chromosomal aberrations	Whole-chromosome gains
Treatment	Surgery†	Moderate-intensity chemotherapy; surgery†	Dose-intensive chemotherapy, surgery, and external-beam radiotherapy to primary tumor and resistant metastatic sites; myeloablative chemotherapy with autologous hematopoietic stem-cell rescue; isotretinoin with anti-GD2 immunotherapy	Supportive care‡
Survival rate (%)	>98	90 to 95	40 to 50	>90

* Patients are categorized into prognostic groups according to risk, as described by the Children’s Oncology Group, with the level of risk defining the likelihood of death from disease.⁷ Stage 4S disease is considered separately here because of the unique phenotype of favorable biologic features and relentless early progression but ultimately full and complete regression of disease.^{31,32}

† The goal of surgery is to safely debulk the tumor mass and avoid damage to surrounding normal structures while also obtaining sufficient material for molecular diagnostic studies. Some localized tumors may spontaneously regress without surgery.³³

‡ Low-dose chemotherapy, radiation therapy, or both are used in patients with life-threatening hepatic involvement, especially in infants under 2 months of age, who are at much higher risk for life-threatening complications from massive hepatomegaly.

domized phase 3 clinical trial of an intensive immunotherapeutic regimen using ch14.18 alternating with cycles of GM-CSF or interleukin-2 added to a regimen of isotretinoin.⁵⁹ The results showed a dramatic improvement in 2-year event-free survival in the immunotherapy group (66%, vs. 46% for the subjects who received isotretinoin alone). The study by Yu et al. is unique in that it showed a survival advantage for an antibody that targets a glycolipid and also included therapy that presumably enhances antibody-dependent cellular cytotoxicity by means of combination therapy with cytokines. In contrast, an uncontrolled trial showed no benefit with ch14.18 alone,⁶⁰ suggesting that passive immunotherapy may require cytokine-mediated activation of the effector arm of the immune system in patients with neuroblastoma, although other explanations for the discrepant results are possible.

REFRACTORY HIGH-RISK NEUROBLASTOMA

Despite recent advances, 50 to 60% of patients with high-risk neuroblastoma have a relapse, and to date there are no salvage treatment regimens known to be curative. Over the past decade, how-

ever, several highly active agents have been identified that may help such patients, and it appears likely that these treatments are increasing the number of patients whose survival is prolonged. In contrast to the approach at the time of the initial diagnosis, when the focus is to provide intensive therapy within as short a time as feasible, the approach to relapse needs to focus on neuroblastoma as a chronic disease that can often be managed for years. The issue of survival after relapse is a delicate one for clinicians who treat patients with neuroblastoma; it is necessary to offer hope for a cure but also to acknowledge that, at least until recently, long-term disease-free survival after a relapse was rarely seen, if ever. The hope lies in the possibility that recent advances in our understanding of the molecular basis of high-risk neuroblastoma have identified tractable therapeutic targets that may respond to novel agents with unprecedented antitumor activity when studied in the clinical setting.

DEVELOPMENT OF NEW DRUGS AND FUTURE DIRECTIONS

An extensive literature and efforts by many groups have been directed toward the development of new

drugs to treat high-risk neuroblastoma. There has been a move away from the empirical testing of agents that may or may not have activity against adult human cancers to a more pragmatic approach, in which only those compounds for which there is a strong preclinical rationale are being tested in patients. This section highlights some, but certainly not all, recent advances in therapies for patients with neuroblastoma.

The successful use of treatment with the anti-GD2 monoclonal antibody to prevent relapse in patients with neuroblastoma is an example of an immunotherapeutic approach to the eradication of residual neuroblastoma cells at the completion of cytotoxic therapy.⁵⁶ Future efforts will be focused on improving antibody-based approaches, as well as on developing synergistic combination therapies. There are plans to study the humanized anti-GD2 immunocytokine that is engineered to target the delivery of interleukin-2 (hu14.18–interleukin-2) to the tumor microenvironment. This treatment appears to have substantial but manageable toxicity,⁶¹ and in a recent phase 2 study, it showed antitumor activity in patients with a relatively small disease burden.⁶² In addition, the previously described regimen reported by Yu and colleagues also includes isotretinoin (13-*cis* retinoic acid),⁵⁹ and there is interest in the possibility of improving the retinoid component of therapy for patients with minimal residual disease. Fenretinide, a synthetic retinoid that exerts antitumor activity in neuroblastoma models primarily through the induction of programmed cell death, has been proposed as an alternative or additional retinoid to be used to target rare residual neuroblastoma cells that survive after intensive chemoradiotherapy.^{63,64} Finally, since the immunotherapeutic approaches currently used by the COG have significant immediate toxicity, efforts in Europe to combine anti-GD2 antibody therapy with lower doses of interleukin-2 could possibly lead to the development of safer methods for eradicating minimal residual disease.

Because neuroblastomas arise from the developing sympathetic nervous system, the majority of these tumors express the norepinephrine transporter on their cell surface. This fact was exploited decades ago when radiolabeling of the norepinephrine analogue metaiodobenzylguanidine (¹³¹I-labeled or ¹²³I-labeled MIBG) was used to develop a scintigraphic localization method for detecting tumors that express these transporters, such as neuroblastomas. Investigators have subse-

quently taken advantage of this molecular target to deliver high levels of radiation to neuroblastoma cells, despite the fact that norepinephrine transporters are not actively involved in the oncogenic process. ¹³¹I-labeled MIBG has been extensively investigated as a potential therapeutic agent⁶⁵ and has the highest objective response rate of any drug studied in patients with relapse.⁶⁶ Current efforts are focused on integrating targeted radiotherapy with ¹³¹I-labeled MIBG into the consolidation phase of therapy, an approach that appears to be feasible in light of the results of a phase 1 study in which this agent showed promising antitumor activity in patients with primary refractory disease.⁶⁷ One of the potential theoretical problems with ¹³¹I-based therapy is that the DNA damage occurs at a relatively long path length from the β -particle emission of the compound. Thus, a cell that takes up ¹³¹I-labeled MIBG is not killed; to achieve sufficient overall cytotoxicity, the DNA-damaging energy must travel to adjacent cells. Since isolated residual tumor cells exist primarily in the marrow compartment, drugs radiolabeled with α -emitting radionuclides, which have much greater energy and shorter path lengths than do β -emitting radionuclides, might have superior efficacy.⁶⁸

Two large collaborative research efforts are now focused on discovering additional therapeutic targets for neuroblastoma and other pediatric cancers. The Therapeutically Applicable Research to Generate Effective Treatments (TARGET) program (<http://target.cancer.gov>) is being conducted in close alignment with the Cancer Genome Atlas project. As the acronym suggests, the genomic profiling and resequencing efforts are focused not only on discovering the mechanisms that drive oncogenesis, but also on identifying compounds that will be likely to work specifically on the identified pathways. In addition, the Pediatric Preclinical Testing Program (PPTP) is using murine models of pediatric cancers to screen drugs that are in the early stages of clinical development for use in the treatment of more common adult cancers for possible activity against pediatric diseases. So far this program has screened almost three dozen anticancer agents; for neuroblastoma, one of the most compelling results to date was the broad activity of an inhibitor against aurora kinase A, the key regulator of the cell-cycle G2–M checkpoint.⁶⁹ This drug was fast-tracked to a pediatric phase 1 trial on the basis of these results; if anti-neuroblastoma activity is confirmed in the clinical setting, the power of this screening approach

will be confirmed, since there were no a priori data recommending aurora kinase A as a potential molecular target. The TARGET and PPTP approaches are complementary, and both can inform and provide prioritization for the critical experiments that are in the early phase of clinical testing in patients with refractory neuroblastoma.

The discovery of *ALK* as the major neuroblastoma-predisposition gene was immediately extended to show that *ALK* somatic mutation or gene amplification occurs in up to 15% of newly diagnosed neuroblastomas.⁹⁻¹² The fact that neuroblastoma-derived cell lines show a much higher frequency of mutation (30%) suggests that mutations may be acquired or selected for, since the majority of cell lines are derived from patients at the time of relapse. Accumulating preclinical data show that targeted inhibition of *ALK* in cell models that harbor *ALK* mutation or amplification is highly effective, and these observations are providing the basis for early-phase clinical trials.⁷⁰ If *ALK* inhibition is restricted to tumors with aberrant *ALK* signaling, ethical methods of obtaining access to tumor cells will need to be developed so that patients can be appropriately selected for *ALK*-inhibition-based therapies.

The future holds promise for making considerable advances in our understanding and treatment of neuroblastoma. From the basic-science perspective, it is likely that the majority of critical mutations that cause neuroblastoma or influence its natural history will be discovered. This work should identify the key molecular targets for rational drug development. The rich history of international collaboration in studying this disease will afford the opportunity to test these new approaches in carefully controlled clinical trials that should result in more precise and effective therapeutic strategies. In the meantime, survivors of high-risk neuroblastoma require ongoing multidisciplinary follow-up to reduce the long-term morbidity that often accompanies cure with the therapy currently provided.

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