



CENTURA HEALTH 2ND ANNUAL PAIN RESOURCE NURSE CONFERENCE

SPONSORED BY ST. ANTHONY NORTH HOSPITAL

October 20 & 21, 2011

**Conference Location:
The New St. Anthony Hospital
Conference Center**

St. Anthony North Hospital

 Centura Health.

2011 Centura Health Pain Resource Nurse Conference

October 20 & 21, 2011

Pain is the most common reason people seek health care. This 2 day interactive conference, featuring local experts in the field of pain management, will prepare the learner to act as a pain clinical leader and resource within their organization. If you want to improve your pain management skills then this course is for you!

Who Should Attend

The PRN or Pain Resource Nurse Program is based on the original PRN program designed by The Resource Center of the Alliance of State Pain Initiatives Wisconsin Pain Initiative. The curriculum has been developed by national experts in the field of pain management and is delivered to the participants by local pain experts. Professional Nurses, Pharmacists, and Advanced Practice Nurses will all benefit from this innovative program to improve pain management.

Become a Pain Resource Nurse

The PRN or Pain Resource Nurse is a nurse who functions as both a resource and change agent in disseminating information, interfacing with other health care providers, and patients and families to facilitate quality pain management. This two day course provides the foundation you need to succeed as a PRN and improve pain management for your patients and within your organization.



Karrie Brunson MSN, APRN, ACNS-BC
Pain Program Coordinator

Objectives

- Discuss pain mechanisms and modulation
- Identify three validated pain assessment tools
- Summarize the actions, indications and contraindications of opioids, non-opioids, and adjuvant analgesics
- Identify three tactics to improve HCAHPS Pain Satisfaction Scores at your organization.
- Differentiate acute from chronic pain
- Explain principles of opioid titration via oral, and IV routes
- Describe the principles of multimodal analgesia
- List three common etiologies of back pain



Centura Health is proud to feature Dr. Brian Fuller as our keynote speaker this year.

Brian Fuller, M.D. is a board certified and fellowship trained spine physician located in Stapleton, Colorado. He is an expert in the diagnosis and treatment of spinal pathology who believes in a multidisciplinary approach to pain management. Dr. Fuller is an authority in advanced minimally invasive techniques to manage patients with spinal pain.

Dr. Fuller is a Diplomate of the American Board of Physical Medicine and Rehabilitation and the American Board of Electrodiagnostic Medicine.

He completed an ACGME accredited Anesthesia pain management fellowship and is board certified in Pain Medicine. He is Level II accredited by the Division of Workers' Compensation.

Thursday, October 20th

7:30-8:00am

Registration and Continental Breakfast

8:00-8:15am

Welcome and Introductions Centura Health Reflection

Kelly Reno RN, MBA, CNO, St. Anthony North Hospital & Karrie Brunson, RN, MSN, APRN, ACNS-BC

8:15-8:45am

Pre-knowledge & Attitudes Survey

Karrie Brunson, RN, MSN, APRN, ACNS-BC, Acute Care Clinical Nurse Specialist, St. Anthony North Hospital

8:45-9:30am

Scope of the Problem: Prevalence of Pain

Kim Spinelli, MSN, RN-BC, CNS, Acute Pain Management Clinical Nurse Specialist, ANCC Board Certified in Pain Management Nursing, Memorial Health System, Colorado Springs

9:30-9:50am

Break and Vendor Exhibits

9:50-10:45am

Keynote Speaker: Dr. Brian Fuller

Spine and Interventional Pain Management Specialist

Low Back Pain: Diagnosis, Treatment and Evaluation

10:45-11:30am

Assessment of Pain Using Validated Scales

Kim Spinelli, MSN, RN-BC, CNS, Acute Pain Management Clinical Nurse Specialist, ANCC Board Certified in Pain Management Nursing, Memorial Health System, Colorado Springs

11:30am-12:15pm

Lunch

12:15-1:15pm

Pharmacology of Pain Management Part 1

Karrie Brunson, RN, MSN, APRN, ACNS-BC, Acute Care Clinical Nurse Specialist, St. Anthony North Hospital

1:30-2:15pm

Pharmacology of Pain Management Part 2

Karrie Brunson, RN, MSN, APRN, ACNS-BC, Acute Care Clinical Nurse Specialist, St. Anthony North Hospital

2:15-2:35pm

Break and Vendor Exhibits

2:30-4:30pm

Acute Pain Management: Multimodal

Analgesia and Care of the Opioid Tolerant Patient

Robert Montgomery, ND, RN-BC, ACNS-BC, Assistant Professor/Clinical Coordinator Anesthesiology Acute Pain Service, University of Colorado Hospital

4:30pm

Adjourn

Friday, October 21st

7:30-8:00am

Registration and Continental Breakfast

8:00-8:05am

Centura Health Reflection

*Sharon Pappas, RN, PhD, NEA-BC, CNO Porter Adventist Hospital, Chief Nurse Executive, Centura Health
Leslie Lyons, RN, Pain Resource Nurse St. Anthony North Hospital*

8:05-9:00am

EquiAnalgesic Calculations & Regulatory Requirements

Jennifer Morris RN-ANCC, Board Certified in Pain Management, BSN, CCRN, Acute Pain Service, Exempla St. Joseph Hospital

9:00-10:00am

Managing the Acute on Chronic Pain Patient in Acute Care

Dan Chatelain, RN, CNS, APRN, Acute Pain Clinical Nurse Specialist, Centura Health Penrose Hospital

10:00-10:20am

Break and Vendor Exhibits

10:20-11:00am

Non-Pharmacological Pain Management Techniques

Shelly Burkett RN, BSN, Pain Resource Nurse, Centura Health Parker Adventist Hospital

11:00-11:45am

Using Your Knowledge to Improve HCAHPS at your Organization

Nan Davidson RN, MA, CNS-BC, Surgical Clinical Nurse Specialist, Porter Adventist Hospital

11:45-12:30pm

Lunch and Vendor Exhibits

12:30-1:30pm

Principles of Cancer Pain Management

Dr. Inna Lozinskaya, Director Palliative Care Program, Porter Adventist Hospital

1:30-2:30pm

Pain Crisis & End Of Life Pain Management

Dr. Inna Lozinskaya, Director Palliative Care Program, Porter Adventist Hospital

2:30-2:50pm

Break and Vendor Exhibits

2:50-3:30pm

Expert Panel Discussion Featuring:

*Brent Van Dorsten, Ph.D.,
CU School of Medicine & Physical Rehabilitation*

3:30-4:30pm

Post-Course Assessment Surveys & Course Evaluations

Karrie Brunson, RN, MSN, APRN, ACNS-BC, Acute Care Clinical Nurse Specialist, St. Anthony North Hospital

4:30pm

Adjourn

Registration Instructions

NAME

ADDRESS

EMAIL

PHONE

DEPARTMENT/HOSPITAL

POSITION

AMOUNT ENCLOSED

Centura Associate Fee is \$110.00

Non-Centura Associate Fee is \$150.00

Fee includes 2 Day Conference, comprehensive materials, lunch and snacks for both days.

Final number of contact hours will be determined at the time of the conference. Participants must attend both full days and complete the course evaluation, pre and post-assessments to receive the contact hours.

St. Anthony North Hospital is an approved provider of CEUs by the California Board of Registered Nursing.

10 Registrant Group Discount

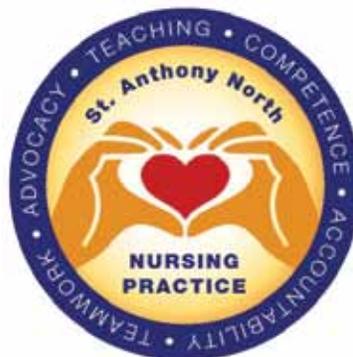
Any groups from an organization who register ten or more participants at one time will receive a 10% discount on the registration fees. We must receive all ten registrations and the payment for this discount to be valid.

10 Centura Associates Discount = \$990.00

10 Non-Centura Associates Discount = \$1350.00

Cancellation Policy

If you are unable to attend please send an email to SANNP@centura.org. If you cancel after October 1st there will be a cancellation fee of \$75.00.



" Few things we do for patients are more fundamental to the quality of life than relieving pain"

Colleen J. Dunwoody MS, RN-BC

To Register

Please mail checks with completed registration form to:
St. Anthony North Hospital
Clinical and Professional Development
ATTN: Edith Crespín/PRN CONFERENCE
2551 West 84th Avenue
Westminster, CO 80031

Once payment is received an email confirmation and map to St. Anthony Hospital will be emailed to you. PLEASE NOTE: THE CONFERENCE WILL BE HELD AT THE NEW ST. ANTHONY HOSPITAL, NOT AT ST. ANTHONY NORTH HOSPITAL.

We apologize for any inconvenience, but at this time we are only able to accept checks as a method of payment. Confirmation of attendance will not be made until payment has been received.

PRN Program Coordinator

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