| Believe you swim across a river and you'll be right                                 |
|-------------------------------------------------------------------------------------|
| Believe that you cannot, and you'll be right, too.                                  |
|                                                                                     |
| Fill in the blanks with things you cannot do.                                       |
|                                                                                     |
| I am not able to speak (choose a language).                                         |
| I cannot play (choose a sport).                                                     |
| I can't write (stories, poems, articles, essays, creative writings, journals, etc). |
| I cannot play the (choose a musical instrument).                                    |
| I am not able to (choose between 1.) study a subject 2.) understand a subject).     |
|                                                                                     |
| Now rewrite each sentence with "do not"                                             |
| 1                                                                                   |
| 2                                                                                   |
| 3                                                                                   |
| 4                                                                                   |
| 5                                                                                   |
| Now rewrite each sentence with "choose not to"                                      |
| 1                                                                                   |
| 2                                                                                   |
| 3                                                                                   |
| 4                                                                                   |
| 5                                                                                   |

Power of Belief