

APPLICATION OF GAIT BELT

Instructions for application of Metal Gait Belt:

- 1. With the label on the outside of the Belt and the Belt around the patient's waist, pass the metal tip of the Belt through the buckle and over the teeth of the buckle.*
- 2. Bring tip of Belt across front of buckle and slip it through the other side. Adjust it so it is snug, but not uncomfortable for the patient. You should be able to slip your open hand (flat) between the Belt and the patient.*
- 3. Strap should lay flat across buckle. Tuck excess under the Belt. Always verify proper closure before use.*
- 4. Always grasp the transfer belt from underneath. Assist patient using your facility's approved procedures.*

Contraindications include, but are not limited to:

Patients with ostomy, colostomy, G-tubes, Hernias, severe Cardio/Obstructive Pulmonary Disease (COPD), as well as those with post-surgery incisions, or fitted with monitoring equipment, tubes or lines that might be compromised by the pressure or the rubbing against a Gait Belt. Never apply a Gait Belt if there is any compromise of safety or indication of inappropriateness to the patient or caregiver.

Application Instructions for the Quick-Release Buckle:

1. Release the quick-release buckle by pushing inward on the quick-release buttons.
2. Wrap the buckle around the patient's waist and snap the buckle closed. Pull the strap to tighten. Adjust the Belt so it is snug, but not uncomfortable for the patient. Make sure you can slide your open hand (flat) between the Belt and the patient.
3. Turn the buckle around to the patient's back (Tuck excess strap under Belt).

WARNING FOR QUICK-RELEASE GAIT BELT: The quick-release buckle should be positioned so that the patient cannot release the buckle during transfer. Release of the buckle during transfer may result in injury.

Never leave patient unattended with product applied!