

## **Procedure for Vomiting**

Because you may not know when a resident is going to vomit, you may not have time to explain what you will do and assemble supplies ahead of time. Talk to the resident soothingly as you help him clean up, and tell him what you are doing to help him. Report to nurse immediately.

1. Put on gloves when resident has vomited.
2. Provide a basin and remove it when vomiting has stopped.
3. Remove soiled linens or clothes, set aside for laundering, and replace with fresh linens or clothes.
4. If resident's I&O is being monitored, measure and note amount of vomitus.
5. Flush vomit down the toilet and wash and store basin.
6. Remove gloves.
7. Wash your hands.
8. Put on fresh gloves.
9. Provide comfort to resident—wipe face and mouth, position comfortably, offer a drink of water and mouthwash or toothbrushing.
10. Place soiled linens and clothes in appropriate container.
11. Remove gloves.
12. Wash your hands again.
13. Note amount, color, and consistency of vomitus. Look for blood in vomitus or blood-tinged vomitus.