



OSPAPPH Newsletter

September 2011

Get Involved - Physical Activity Working Groups

Are you looking to get involved more with OSPAPPH? Are you hoping to share your thoughts and ideas with other Physical Activity Promoters from across the province? This is your opportunity!

OSPAPPH is currently seeking interested members to be part of working groups to address priorities set out in the revised Strategic Plan. As discussed at our AGM, three external priorities were identified: the built environment, access to recreation, and physical literacy. After further consultation, OSPAPPH determined that our current focus for 2011-2012 would be on access to recreation and physical literacy*.

A big role for these two working groups will be to develop key common messages around these topic areas that public health can use to move their agendas forward. The working groups will also look at what is currently being done provincially to ensure efforts are streamlined and not duplicated.

A third working group will focus on one of OSPAPPH's internal priorities - improved communication. The recently released communication survey for our membership will help inform the working group on specific areas of communication to focus on.

If any (or all) of these opportunities interest you, please contact your regional representative. OSPAPPH is a member-driven society. Your involvement is key in helping to guide decisions and projects to ensure that physical activity promoters in public health are well supported and represented.

Looking forward to working with you!

Please express your interest to your OSPAPPH representative in participating in the 'access to recreation', 'physical literacy' and/or the 'communication' working group by October 17, 2011.

*Note: The Ontario Public Health Association is currently addressing the built environment and a number of OSPAPPH members are involved. Therefore, OSPAPPH will continue to provide input and support to this group rather than create a separate working group at this time.

Please contact us with your ideas and suggestions. We enjoy hearing from you!



OSPAPPH Communications Survey

In an effort to develop a two-way communication process that includes communication from the membership back to the Executive, we are asking for your feedback and suggestions. Please take a few minutes to let us know how the Executive can improve their communication to you **and** how you as a member can contribute to the communication process. We welcome all of your feedback. The survey is voluntary and all responses will remain anonymous. It should take no more than 10 minutes to complete.

To provide your feedback please do so by October 7, 2011, using the following link to the online survey: <http://app.fluidsurveys.com/s/ospapph/>

Letters to Provincial Leader Candidates

OSPAPPH executive has sent letters on behalf of the membership to each of the major provincial leader candidates running in the October 2011 provincial election. Letters were sent urging leaders to raise the profile of physical activity promotion in their stated commitments and platforms. Specifically, OSPAPPH recommended, *"...increased investments into public health chronic disease prevention programming as well as community-level programs and supports that facilitate opportunities for Ontarians to be active in their daily lives. [As well as], adequate investments for evaluation and ongoing research to ensure effectiveness and monitor impact."*

OSPAPPH members are encouraged share the letters in discussions with candidates in their local ridings. The letters will be circulated by your Regional Representative and will also be made available on the OSPAPPH website.

Terms of Reference and Strategic Planning

The OSPAPPH Terms of Reference has been updated (see attached). Updates were made to the items voted on during the June 2011 Annual General Meeting.

As well, the OSPAPPH Executive underwent annual strategic planning at their face-to-face meeting in Toronto on May 16-17, 2011. The OSPAPPH Strategic Plan for 2011 – 2016 has been finalized (see attached). Major activities planned include:

- Creation of OSPAPPH working groups
- Improved two-way communication and collaboration between OSPAPPH executive and membership

Both documents will be available soon on the OSPAPPH website.

Please contact us with your ideas and suggestions. We enjoy hearing from you!



New OSPAPPH Executive Members

OSPAPPH is pleased to welcome the following new Executive members for the 2011-2012 term:

Jana Bélanger works for Sudbury & District Health Unit as a health promoter in the Health Promotion Division. She is fairly new to public health. She is charged with program planning in the area of physical activity, access to recreation and sustainable mobility (filling Melanie Hood's maternity leave). Her work is focused on the creation of healthy public policy. She is our new North East Regional Representative.

Annette Collins is a PHN with Waterloo Public Health where she has worked in various roles over 17 years. She joined the physical activity team 1.5 years ago with a focus on adults in the workplace setting. She is our new Central West Regional Representative.

Rebecca Fortin is a health promoter with Peel Public Health since January 2011. She has been working in physical activity with a focus on active transportation and has previous work experience with OPHA and a social planning council. Rebecca is our new Central East Regional Representative.

Darrell Jutzi has been a PHN with Elgin St. Thomas Public Health for 4 years and currently works in physical activity with a focus on active transportation and trails. Darrell is our new treasurer.

Secretary Role

OSPAPPH has had to say goodbye to one of its founding members last month. Kristy Harper (formerly Eagleson) has taken on new responsibilities with Algoma Public Health and has therefore stepped off OSPAPPH and her role as Secretary. We congratulate Kristy and wish her all the best in her new role. She will be missed!

With Kristy's departure, the Secretary role is now vacant. If you are interested in filling the position for the remainder of the term (June 2012), please send an email expressing your interest to our vice-chair, Jackie Leroux at jleroux@toronto.ca. Details on the Secretary role can be found in the Terms of Reference document located on the OSPAPPH website or you can contact your Regional Representative.

Please contact us with your ideas and suggestions. We enjoy hearing from you!



OSPAPPH Executive

Lisa Kaldeway, Co-Chair, HKPR District Health Unit
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Chantal Lalonde, Co-chair, Eastern Ontario Health Unit
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Jackie Leroux, Vice-chair, Toronto Public Health
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Darrell Jutzi, Treasurer, Elgin St. Thomas Public Health
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Secretary – vacant

Chris Sherman, South West Rep, Chatham-Kent Public Health Unit
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Annette Collins, Central West Rep, Region of Waterloo Public Health
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Jana Bélanger, North East Rep, Sudbury & District Health Unit
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Elaine Fischer, North West Rep, Northwestern Health Unit
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Marie Clarke, Eastern Rep, Hastings and Prince Edward Counties Health Unit
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Rebecca Fortin, Central East Rep, Peel Public Health
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Please contact us with your ideas and suggestions. We enjoy hearing from you!