



OSPAPPH Newsletter – March 2008

Hello Physical Activity Promoters in Public Health! The OSPAPPH Executive has been busy preparing for a productive 2008. Please circulate the following update among physical activity promoters and managers in your Health Unit and let your Regional Representative know of any new Physical Activity Promoters to be added to the distribution list.

Membership

We currently have 29 of the 36 Health Units on board as 2007 members. Thank you for your support! The 2008 membership renewal deadline will be **June 30th, 2008**. Please find the membership renewal form at the bottom of this update.

Welcome to New Executive Members & Special Farewell

Since the fall 2007 we have welcomed several new members to our Executive.

Please join us in welcoming:

Alison Bochsler (Hamilton) Vice-Chair

Chantal Lalonde (Eastern Ontario) Eastern Ontario Regional Representative

Sandy Kalabalikis (Chatham-Kent) South West Regional Representative

We were sad to lose Marty Mako (Niagara Region) as our Vice-Chair. Best wishes to Marty in his new program role!

Executive meetings

The Executive meets by teleconference once every 4-6 weeks. If you have any questions, suggestions or ideas for action you would like OSPAPPH to take a lead on, please send these to your respective Regional Representative (see contact information below). We would love to hear from you!

Meeting dates booked for 2008:

March 27

May 1

May 22

June 26

Annual General Meeting of OSPAPPH

We are planning our first 'virtual' annual general meeting for Monday June 2nd 2008. You will receive a registration email with instructions on how to access the web meeting closer to the date. We are planning a packed agenda full of updates, discussion and professional development opportunities for physical activity promoters. Special presentations to include topics such as the new physical activity campaign (ParticipACTION) and research relevant to your

practice. Another email will be circulated closer to the date with confirmation of topics, date, time and registration instructions.

Update on Face to Face Planning Meeting (Toronto) January 31st-February 1st

OSPAPPH was able to bring the Executive together for their first in person planning meeting on January 31st-February 1st in Toronto. Key points covered included:

1) Incorporation

The Executive explored the benefits of being incorporated and have decided to pursue this process. Benefits include:

- Members protected from any debts
- Ensuring continuity of the Society
- Better chance to receive grants as many require incorporation
- Can help with legal action
- Ensuring more successful growth

2) MHP Funding

There was a teleconference with Pegeen Walsh and Art Salmon to discuss possible funding for OSPAPPH for an annual general meeting, communications and strategic planning. This request is being considered.

3) Terms of Reference were created from the original Business Plan document.

4) Strategic Plan

A strategic 5 year plan with logic model is being drafted by two Executive members and will be reviewed by all Executive members by the end of March.

5) OPHA Work Group

Rather than become a constituent society of OPHA, OSPAPPH is exploring the opportunity to become a working group of OPHA. This would allow us to identify emerging issues in physical activity promotion for public health promoters and identify OPHA's role in addressing those issues through current research review and preparation of position briefs. Several emerging issues discussed were:

- Community design
- High school mandatory PE credits
- Active transportation
- Physician's role in prescribing physical activity
- Fitness messaging
- Making physical activity a priority in public health

Contact your Executive with any suggestions or comments!

Donna Howard – Co-Chair, Toronto Public Health
dhoward@toronto.ca

Michele Crowley – Co-Chair, Haldimand-Norfolk Health Unit,
michele.crowley@hnhu.org

Alison Bochsler– Vice-Chair, Hamilton Public Health Services
abochsle@hamilton.ca

Erika Haney - Treasurer, Simcoe Muskoka District Health Unit
Erika.Haney@smdhu.org

Jennifer Ronan – Secretary, Hastings & Prince Edward Counties Health Unit
jronan@hpechu.on.ca

Elaine Fischer – North West Regional Representative, Northwestern Health Unit
efischer@nwhu.on.ca

Kristy Eagleson – North East Regional Representative, Algoma Public Health
keagleson@algotmapublichealth.com

Sandy Kalabalikis – South West Regional Representative, Chatham-Kent Public Health Services
sandyk@chatham-kent.ca

Lisa Kaldewey – Central East Regional Representative, Haliburton Kawartha Pine Ridge District Health Unit
lkaldewey@lindsay.hkpr.on.ca

Chantal Lalonde – Eastern Ontario Regional Representative, Eastern Ontario Health Unit
chalalonde@eohu.ca

Ontario Society of Physical Activity Promoters in Public
Health
Health Department Registration Form

Please complete this registration form and return with cheque made payable to:
Simcoe Muskoka District Health Unit.

Registration Fee - \$100.00/Health Unit
Deadline: June 30th, 2008

Health Department:

Address:

Phone Number:

Email Address for **Each** Physical Activity Promoter:

Cheque enclosed: Yes / No

Signature:

Date:

Please make cheque payable to Simcoe Muskoka District Health Unit

Return by mail by June 30th, 2008 to:

Attention: Erika Haney

Simcoe Muskoka District Health Unit

280 Pretty River Parkway

Collingwood, ON L9Y 4J5