



OSPAPPH Newsletter

March 2010

2010/2011 Health Department Annual OSPAPPH Membership Registration

It's that time of year again! We will be starting our annual membership drive next month. We'd like to thank all members for your continuing support. Registration forms and invoices will be emailed to health departments in early April and annual membership registrations are due by **June 1, 2010**.

OSPAPPH Elections

Elections are fast-approaching! We will be taking submissions for Regional Representatives positions. Consider putting your name forward for the 2010/2011 term. More details on election guidelines and position will follow in the coming weeks. For more information about the position, feel free to contact your regional representative.

Partnership with Parks and Recreation Ontario

OSPAPPH and PRO have been finalizing details on a joint document intended to outline the complementary overlap between public health requirements in physical activity promotion and parks and recreation mandates. The document also contains examples of ways municipal parks and recreation departments can effectively partner with physical activity promoters at their local public health unit. Michele Crowley, OSPAPPH Executive, and Larry Ketcheson, CEO of PRO, will be making a joint presentation: *Health and Recreation: Two Sides of the Same Coin*, at the PRO Forum in Niagara Falls, April 6-9, 2010. Thanks to everyone who have shared their partnership success stories! After the forum we will post the presentation and document on our website.

Free High Five Training Opportunity

PRO received a provincial Healthy Communities grant from the Ministry of Health Promotion in the fall of 2009 to provide free High Five training to Physical Activity Promoters in public health and community health centres. You should have received an email from your Regional Representative promoting this training opportunity. In the next phase of this project, PRO will be offering free 'Active Start' workshops with Dr. Colin Higgs on the concept of physical literacy for children in the early years in several regions across the province. More details to follow as they are confirmed.

Request for Annual General Meeting Presenter Ideas

Every year, OSPAPPH holds a virtual Annual General Meeting (AGM) for its members. For the past two years, we have added a presentation component to the meeting by a stakeholder in the physical activity field. For this year's virtual AGM, we are asking members to submit possible presenters they would be interested in hearing from. Previous presenters have included Christa Costas-Bradstreet from ParticipAction, and Larry Ketcheson from PRO. Please forward any ideas you may have to your OSPAPPH Regional Representative by April 5, 2010. The OSPAPPH Executive contact list is attached at the end of this newsletter.

OSPAPPH Website

Thanks to the Physical Activity Resource Centre for hosting the OSPAPPH website! Please visit us at www.ospapph.ca to check out our new look!

Physical Activity Promoter Scan

OSPAPPH hired University of Guelph graduate student, Ann McKay, M.Sc. to complete an analysis of the Physical Activity Promoter scan results. In an effort to provide the most relevant information and to protect the identity of health units that responded, we are currently writing an executive summary of the results along with considerations for the future. Stay tuned for more details!

OSPAPPH Poster at the 3rd International Congress on Physical Activity and Public Health

OSPAPPH was accepted to present a poster at the upcoming ICPAPH that will be displayed on Friday, May 7th of the congress. Our poster will be highlighting how OSPAPPH came to be, our accomplishments to date, as well as challenges and

opportunities we have experienced along the way. Please feel to stop by, ask questions, provide comments or suggestions, or to just say hello!

PARC's Professional Development Roundtable Dinner – *Where Research Meets Action!*

Ontario Physical Activity Promoters and public health professionals are invited to attend an exclusive professional development dinner hosted and provided by Ophea's Physical Activity Resource Centre (PARC), in place of the annual PARC Physical Activity Symposium, at the 2010 International Congress on Physical Activity and Public Health on *Thursday, May 6, 2010* from 5:30 pm – 9:30pm at the Intercontinental Toronto Centre. PARC is holding space for you to register up to two representatives from your public health unit or organization and is sponsoring this free event, therefore space is limited. Register today! Visit parc.ophea.net for more information and to register.

2010 ParticipACTION Partner Forums

ParticipACTION Partner Forums are designed to facilitate knowledge exchange and sharing between partners. Each forum will focus on a different theme and allow participants to connect, share insights, and potentially collaborate on future initiatives. The format of the Partner Forums includes a short update from ParticipACTION, a professional development opportunity with outside speakers who are experts on the theme, and partner updates including up to four participating individuals/organizations that can sign up to provide an update on what they are doing (program, resource, policy, etc.) related to the selected theme. Presenters will represent local, provincial, and national jurisdictions and will be selected on a first-come, first-serve basis. Upcoming dates/themes include:

Date: April 21, 1:00pm - 2:30pm (EST)

Theme: Advocacy/Policy

Date: July 21, 1:00pm - 2:30pm (EST)

Theme: Accessibility/Inclusion (Disability, Gender, SES)

Date: October 20, 1:00pm - 2:30pm (EST)

Theme: Age-Friendly Communities (youth and older adults)

If you would like to present or secure a spot as a participant for any of the forums listed above, please contact forum@participACTION.com.

Executive Meetings

The OSPAPPH executive meets by teleconference every 4 to 6 weeks. This is a great opportunity for members to have their voices heard through their Regional Representatives. If you, or any member have any ideas or suggestions for actions, initiatives, or if you have a comment, please forward it to your Regional Representative (see contact information below). Your voice is a pivotal part of OSPAPPH!

OSPAPPH Executive

Please contact us with your ideas and suggestions. We enjoy hearing from you!

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