



OSPAPPH Newsletter

September 2012

Health Unit Membership

This year we are pleased to have 32 of 36 Health Units already paid up as members for the 2012-2013 term (as of September 1, 2012). We are expecting a few more cheques to come in over the next month. For more information or to access forms, check out our website and click on 'Membership'.

Health Unit Key Contact

In an effort to improve communication between OSPAPPH executive and its Membership, you may have noticed the term Health Unit Key Contact coming up in our Terms of Reference and communications.

What is a Health Unit Key Contact? The Health Unit Key Contact is the link between the OSPAPPH Regional Representative and all Physical Activity Promotion staff within their Health Unit.

Who is my Health Unit Key Contact? Upon registration, member health units were asked to assign one Physical Activity Promoter as their Health Unit Key Contact.

What are the Health Unit Key Contact's responsibilities? The OSPAPPH Regional Representatives that sit on OSPAPPH's executive send all communications from OSPAPPH to the assigned Health Unit Key Contact. The key contact is then responsible for immediately forwarding on this information to any other Physical Activity Promoter within their Health Unit. This individual is also responsible for informing their OSPAPPH Regional Representative of the new Health Unit Key Contact if they should change positions.

If you have any questions regarding this matter, don't hesitate to contact your OSPAPPH Regional Representative or email us, [here](#)!

Terms of Reference

The OSPAPPH Terms of Reference have been updated to reflect the items voted on during the June 2012 Annual General Meeting. The document is available on our website under 'Resources'.

Please contact us with your ideas and suggestions We enjoy hearing from you!
info@ospapph.ca



New OSPAPPH Executive Members

OSPAPPH is pleased to welcome the following new Executive members for the 2012-2013 term:

Liliana Roberts – Central East Regional Representative

Liliana works as a Health Promoter for Peel Public Health and is reluctantly pushing 40 with a 3 year old little boy who continues to challenge her and make her smile. She has been married for almost 6 years and enjoys being active and watching movies. She works to live and likes to be challenged inside and outside of work. She is a people person and enjoys working in a team environment. She likes to talk and speak her mind.

Katherine Horst – South West Regional Representative

Katherine is a public health promoter at the Perth District Health Unit since September 2002. She grew up in Elmira (just north of Waterloo) and has lived in Stratford since 2003. She received her undergrad in nutrition & nutraceutical sciences from the University of Guelph and a certificate in workplace wellness & health promotion from Centennial College. To stay active she likes to walk, ride her bike, play badminton and do yoga.

Mary Jane Gordon – Eastern Regional Representative

Mary Jane has worked for 23 years in Public Health – from school health to sexual health, and now reproductive & child health with a focus on physical activity. She has a great interest in the early years. Mary Jane works weekly in the CPNP program with pregnant women and their babies. She works for Kingston (KFL&A) Public Health and lives on a beautiful lake north of Sydenham near Frontenac Provincial Park with her two teenagers, and husband.

Donna Mills – Secretary

Donna has been a health promoter with Niagara Region Public Health for the last 14 years! She has worked in a number of different programs but over the last two years, her work has been focused on Physical Activity Promotion. When she is not out with her boys at arenas or ball diamonds, Donna enjoys curling, getting together with her friends and walking her family dog, Binoo!

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Outgoing OSPAPPH Executive Members

With new members joining the Executive, it means OSPAPPH has had to say 'Farewell & Best Wishes' to our outgoing Executive members Marie Clarke, Sharon Williams, and Darryl Jutzi. Thank you to all of you for your hard work, dedication and contributions to our Society!

Our New OSPAPPH Website....is LIVE!

Over the last few years, OSPAPPH has been fortunate enough to have [PARC](#) host its website. With growing demands and in an effort to better serve our membership, OSPAPPH has made the decision to develop its own website.

After months of hard work (and a few headaches), we are excited to share that our new website is now live! Visit www.ospapph.ca and have a look around at OSPAPPH's new home. We welcome your comments and suggestions as we move forward with this new website format.

Heart & Stroke Foundation SPARK Grant Project Update

At the AGM in June an update was given on the progress of the physical literacy and access to recreation working groups. The input from the member/stakeholder consultation survey was reviewed at our Executive face to face meeting in May and highlights were sent back to the working groups on priority changes to incorporate. The working group members have been spending quite a bit of time since June revising and adding to the key message documents to make them as clear and usable as possible. At this point, the key messages are in final form and being translated into French. The two working groups and the Executive continue to work on advocacy and dissemination plans for the key messages at both a provincial and local level. Stay tuned for another member/stakeholder consultation on the advocacy strategy coming later this fall.

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2012-2013 OSPAPPH Executive

Chantal Lalonde, Co-chair, Eastern Ontario Health Unit

Jackie Leroux, Co-chair, Toronto Public Health

Chris Sherman, Vice-chair, Chatham-Kent Public Health

Lisa Kaldewey, Treasurer/Past chair, Haliburton Kawartha Pine Ridge District Health Unit

Donna Mills, Secretary, Niagara Region Public Health

Mary Jane Gordon, Eastern Region Representative, Kingston Frontenac Lennox and Addington Public Health

Liliana Roberts, Central East Region Representative, Peel Public Health

Annette Collins, Central West Region Representative, Region of Waterloo Public Health

Katherine Horst, South West Region Representative, Perth District Health Unit

Natalie Philippe, North East Region Representative, Sudbury & District Health Unit

Elaine Fisher, North West Region Representative, Northwestern Health Unit

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