

Chapter

WHERE YOU WORK: THE LONG TERM CARE FACILITY

ACTIVITY 1 – FILL IN THE BLANK

Using the medical terms below, complete each sentence.

Chronic illness
Impairment
Intravenous

Occupational therapist
Onset
Physical therapist

Recreation therapy
Restorative
Speech therapist

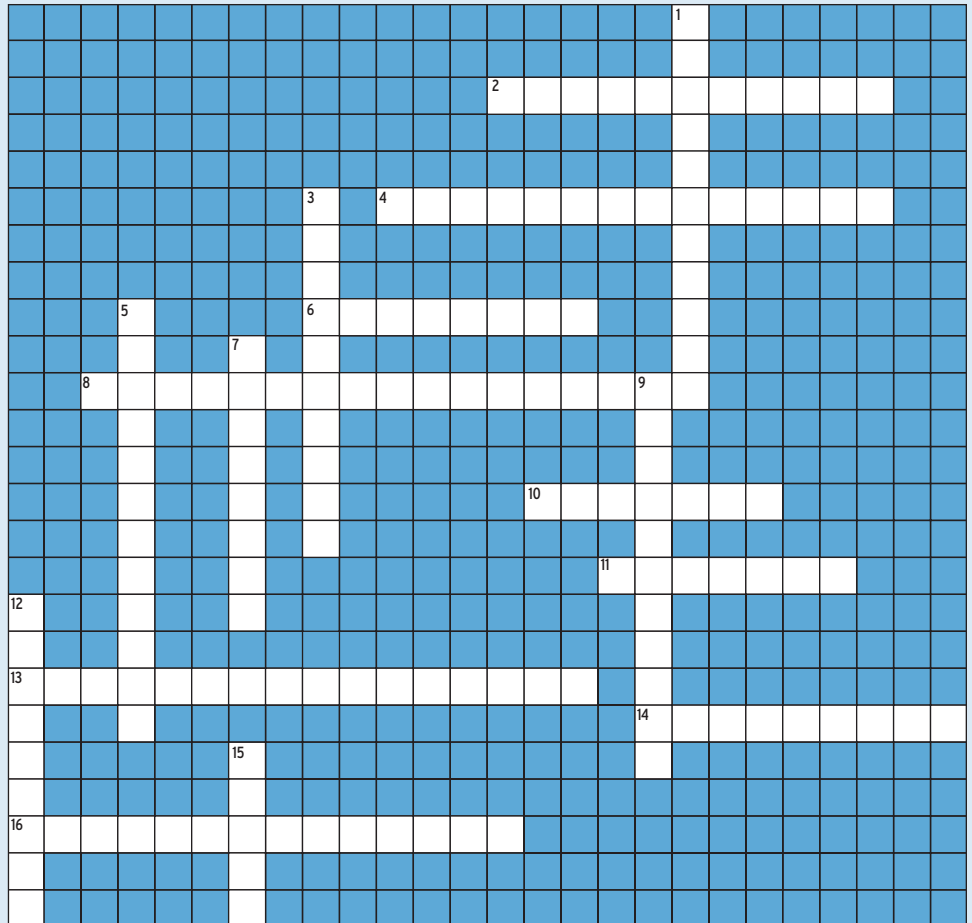
Subacute care

1. A(n) _____ works with residents to improve their ability to walk.
2. Residents who do not need to be in the hospital but are not ready to be at home need _____.
3. A condition that does not have a cure, has a gradual onset, and lasts a long time is called a(n) _____.
4. A person who works with residents to improve or maintain their fine motor skills is called a(n) _____.
5. Residents who have difficulty talking may work with a(n) _____.
6. The purpose of _____ is to help residents stay active.
7. Blindness is an example of a(n) _____.
8. Medication or fluids given to a resident through a blood vessel are _____.
9. A plan of care designed to help someone return to health is called _____.
10. The time at which a person first develops a disease is referred to as the _____ of that disease.

ACTIVITY 2 – CROSSWORD PUZZLE

Complete the puzzle by using the correct key term from the list, according to the clues below.

- Accredit
- Admission
- Convalescent
- Disability
- Discharge
- Gerontology
- Interdisciplinary
- Linen
- Optimal
- Preferences
- Premiums
- Rehabilitative
- Residential
- Respite
- Risk management
- Significant other



- | ACROSS | | DOWN |
|--|--|---|
| <p>2. Personal choices or favorites</p> <p>4. Restoring to former health</p> <p>6. To recognize a facility that conforms to a standard</p> <p>8. Involving 2 or more academic, scientific, or artistic disciplines</p> <p>10. Most desirable or satisfactory</p> | <p>11. Interval of rest or relief</p> <p>13. Person who is very close and important to another person (2 words)</p> <p>14. Administrative procedure for entering a facility</p> <p>16. Process of limiting legal liability (2 words)</p> | <p>1. A branch of knowledge dealing with aging</p> <p>3. Lack of a full physical or mental functioning</p> <p>5. Recovering health and strength gradually after sickness or illness</p> <p>7. Payments for insurance policies</p> |
| <p>12. Administrative procedure for leaving a facility</p> | <p>9. Long term care facility where people live day and night</p> | <p>15. Sheets, pillow cases, and mattress covers</p> |

ACTIVITY 3 – MULTIPLE CHOICE

Circle the letter beside the best answer.

1. Personal care activities do NOT include:
 - A. Bathing
 - B. Cooking
 - C. Dressing
 - D. Grooming
2. Subacute facilities provide specialized services for people who need:
 - A. High levels of nursing care.
 - B. Treatment for HIV or AIDs.
 - C. Long term rehab for a head injury.
 - D. Supervision so they won't wander.
3. People enter long term care facilities for:
 - A. Rehabilitation.
 - B. Supportive care.
 - C. Many different reasons.
 - D. High level nursing services.
4. What is the value of an interdisciplinary team approach to resident care?
 - A. People enjoy being members of a team.
 - B. One person doesn't have to do all the work.
 - C. Information is shared and care is coordinated.
 - D. Co-workers have a chance to chat with each other.
5. What does CMS stand for?
 - A. Center for Medical Services
 - B. Corporation for Medical Strategies
 - C. Comprehensive Major Medical Supply
 - D. Centers for Medicare and Medicaid Services

ACTIVITY 4 – TRUE/FALSE

In the space provided, write T for true or F for false.

1. ___ Everyone believes life is worth living as long as they have enough money.
2. ___ Life ends when a person enters long term care.
3. ___ The resident's care plan is used daily by the interdisciplinary team.
4. ___ The social worker is usually responsible for admitting a new resident.
5. ___ About half of all residents pay for long term care out of their savings.
6. ___ Medicaid pays for long term care costs for people with limited income.
7. ___ All long term care facilities provide dietary and pharmacy services.
8. ___ CMS requires long term care facilities to follow government rules and regulations.
9. ___ Long term care facilities are surveyed by the state every 5 years.
10. ___ All long term care facilities are accredited by JCAHO.

ACTIVITY 5 – IN YOUR OWN WORDS

1. Describe what makes life worth living for you.

2. Imagine what it must be like to live in a long term care facility. Describe how you would feel if you were a resident.

3. Make a list of things you would like to continue to do if you were a resident in a long term care facility.
