



## NEWSLETTER: MARCH 2013

### WEBSITE: FOLLOW US!

In the fall of 2012, OSPAPPH launched its new website. If you haven't had a chance to check it out, we've added lots of content and we hope it will serve our members better.

With this in mind, we are excited to share that you can now follow us by email to receive notifications of any new posts or added content. To 'follow' us, go to [www.ospapph.ca](http://www.ospapph.ca) and submit your email under the "Follow by email" tab on the home page.

### OSPAPPH RESPONDS

Fall 2012 and Winter 2013 have been busy for OSPAPPH and once again, we have submitted a number of letters in response to items of interest to physical activity.

- **Modernizing Child Care in Ontario**

In the fall of 2012, OSPAPPH responded to the Ministry of Education's request for submission regarding the Modernization of Child Care in Ontario. OSPAPPH framed its response to emphasize the importance of including support for enhanced, quality physical activity in Ontario child care settings.

- **Healthy Kids Panel**

As part of the Chronic Disease Prevention Collaborative Work Group, OSPAPPH collaborated in submitting a strong set of recommendations for the Healthy Kids Panel. In order to strengthen the voice of physical activity, OSPAPPH also submitted a separate letter to the Healthy Kids Panel to emphasize our recommendations.

- **Draft Ontario Cycling Strategy**

In late 2012, the Ministry of Transportation announced that they were revising the existing 20-year old Ontario Bike Policy and seeking input from stakeholders. OSPAPPH submitted a detailed report in January 2013 to highlight specific recommendations from public health. Thank you to all our members for providing feedback.

To read these and other responses, please visit our website at [www.ospapph.ca](http://www.ospapph.ca) and check out the "Advocacy" page.

## **PHYSICAL LITERACY AND ACCESS TO RECREATION KEY MESSAGE DOCUMENTS WERE RELEASED**

OSPAPPH held two webinars to release our key message documents and the *draft* provincial advocacy strategy to our membership on February 5<sup>th</sup> and 7<sup>th</sup>. We are pleased to report that 32 health units participated in the webinars. Seven of our key stakeholders participated in a separate webinar held on February 8<sup>th</sup>. A number of members and stakeholders have completed the post webinar on-line survey. All feedback will be reviewed and incorporated into the provincial advocacy strategy. Thank you to everyone who participated and showed your support! The key message documents and the *draft* provincial advocacy strategy can be accessed by visiting our website at [www.ospapph.ca](http://www.ospapph.ca) and selecting the 'Projects' page.

## **KEY MESSAGE SUCCESS STORIES WANTED!**

OSPAPPH wants to hear from you. Other physical activity promoters from across the province are interested in learning from your experiences in using these documents. Please send us a brief write-up of how you have utilized the key message documents in your practice. Success stories can range from utilizing the information to prepare a presentation for internal staff use to presenting to your board of health to move these key issues forward within your health unit. No story is too big or small – we want to hear them all! Please send your write-ups to [info@ospapph.ca](mailto:info@ospapph.ca).

## **OSPAPPH MEMBERSHIP FEE CHANGES FOR 2013-2014 TERM**

The OSPAPPH Executive and Membership are celebrating a very productive and successful term! Some of the highlights include:

- Completion of deliverables for our Heart & Stroke Foundation SPARK grant – key message documents for physical literacy and access to recreation and a draft provincial advocacy strategy
- Engaging our members and stakeholders in development and refinement of the key messages and advocacy strategy
- Participation in the OPHA Chronic Disease Prevention Work Group recommendations to the Healthy Kids Panel
- Submitting our own recommendations to the Healthy Kids Panel
- Submitting comments on the provincial Cycling Strategy
- Submitting comments to the provincial government on *Modernizing Childcare in Ontario*
- An invitation to be a partner on OCGHEPA's provincial physical activity strategy
- An invitation to partner on with the Children's Hospital of Eastern Ontario on a research project to develop a physical literacy screening tool.

As our Executive examined our financial situation over the past year, we have determined that our annual expenses (one in-person Executive planning meeting/year, accountant fees to conduct the annual financial review to meet our incorporation requirements, website domain name renewal, teleconference support) are more than we bring in from current Health Unit membership fees. In our next fiscal year, we want to build on our current momentum by continuing with the work we have laid out in our provincial advocacy strategy to move the priorities of physical literacy and access to recreation forward. This involves keeping our membership engaged through the established working groups and will require maintaining our teleconference line.

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We recognize and appreciate the tremendous in-kind contributions that our Executive member's Health Units provide each year that allow us to keep our membership fees low. In-kind support includes monthly Executive teleconference support, travel for the in-person meeting and staff time.

After careful consideration, the Executive has decided to increase the annual membership fee from \$100/year for each Health Unit to \$150/year for each Health Unit. This will help to ensure our Society is financially sustainable and can continue to build on the successful engagement of our membership. Moving forward, we will continue to monitor our finances to ensure we are fiscally responsible and remain sustainable.

Next month (April), membership forms and invoices for \$150 will be emailed to Health Units through your regional representative and will be due by June 1<sup>st</sup>, 2013. We would like to thank all our member health units for their continued support and involvement with our work. If you have any questions about the finances and recent fee increase, please contact our treasurer, Lisa Kaldeway through [info@ospapph.ca](mailto:info@ospapph.ca).

### **2013 OSPAPPH ELECTIONS**

The term for some current Executive members is sadly coming to an end and we are looking for interested members who wish to fill these positions for the June 2013 to May 2014 term. The following positions will be coming available;

- Vice-chair
- Regional Representative – North West
- Regional Representative – Central East
- Regional Representative – Central West

We encourage all members to consider the above mentioned positions. Please review the [executive roles and responsibilities](#) which includes position descriptions along with an estimated time commitment from current members. If you are interested in any of the above positions, please fill out the online [OSPAPPH Executive Application Form](#) **no later than Friday, March 22, 2013**. Please note that all successful applicants are asked to attend the OSPAPPH Annual Face-to-Face Meeting being held on the afternoon of April 30<sup>th</sup> and all day on May 1, 2013 in Toronto, preceding the PARC Symposium. Meals and accommodation expenses will be covered by the OSPAPPH. All successful applicants will be notified on March 28<sup>th</sup>.

If you have any questions or concerns, please do not hesitate to get in touch with your Regional Representative. For more information about OSPAPPH, our Strategic Plan, and our Terms of Reference, please visit our website at [www.ospapph.ca](http://www.ospapph.ca)

### **PHYSICAL LITERACY WEBINAR**

Wednesday March 27, 2013

1:00-2:30pm EST

In an effort to build the internal capacity of physical activity promoters in public health OSPAPPH has partnered with PARC to deliver an educational webinar on physical literacy scheduled for Wednesday, March 27<sup>th</sup> from 1:00-2:30pm. This webinar will feature a detailed look at what physical literacy is, why it is important, and how it can be developed along with an overview of how the OSPAPPH key messages can be used to promote and advocate for physical literacy within your community. This webinar will also

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highlight Opeha's new *HANDS UP for Health and Physical Literacy* resource which is a three-part illustrated video series on physical and health literacy for children and youth.

For more information or to register visit the *PARC* [website](#).

### **ANNUAL FACE-TO-FACE MEETING**

This year the Executive will be returning to Toronto for their Annual Face to Face meeting. The meeting will take place on April 30<sup>th</sup> and May 1<sup>st</sup> to coincide with the timing of this year's PARC Symposium. This year's meeting will focus on continuing the work of our SPARK project, mainly as it relates to finalizing our Provincial Advocacy Strategy. The Executive will also be establishing guidelines for communicating advocacy positions.

### **SAVE THE DATE: OSPAPPH'S VIRTUAL ANNUAL GENERAL MEETING**

The 2013 OSPAPPH AGM is scheduled for Wednesday June 19<sup>th</sup>, 2013 from 1:30-3:00pm. Look for your official invitation and registration details in May.

**2012-2013 OSPAPPH EXECUTIVE**

**Chantal Lalonde-Beaudette, Co-chair**  
Eastern Ontario Health Unit

**Jackie Leroux, Co-chair**  
Toronto Public Health

**Chris Sherman, Vice-chair**  
Chatham-Kent Public Health

**Lisa Kaldeway, Treasurer/Past chair**  
Haliburton Kawartha Pine Ridge District Health Unit

**Donna Mills, Secretary**  
Niagara Region Public Health

**Mary Jane Gordon, Eastern Region Representative**  
Kingston Frontenac Lennox and Addington Public Health

**Liliana Roberts, Central East Region Representative**  
Peel Public Health

**Annette Collins, Central West Region Representative**  
Region of Waterloo Public Health

**Katherine Horst, South West Region Representative**  
Perth District Health Unit

**Natalie Philippe, North East Region Representative**  
Sudbury & District Health Unit

**Elaine Fisher, North West Region Representative**  
North West Region Representative