

Trainer's Guide for Lesson 2 "Prayer"

Desired Results for Trainees

Experience loving accountability from others

Learn how and why to baptize your new disciples

Teach your new disciples to Pray using the Lord's Prayer as a guide

Materials needed by the Trainer: Trainer's Guide for Lesson #2; Worksheet for Lesson #2; a Bible.

First Third of the Lesson—LOOKING BACK

Pastoral Care: Ask the trainees to share a highlight & challenge from past week in bullet point form.

Worship: Share a time of worship by singing a song, reading a Psalm or giving a devotional thought.

Accountability: This time is devoted to holding each other accountable to obey and serve God better. Challenge each other to obey whatever His word says. It is important to hold people accountable in two areas: 1) following Jesus; and 2) fishing for men (see Matthew 4:19). Here are the questions to ask this week.

FOLLOWING

- How did you obey what God taught you from last week's lesson or your Scripture reading?

FISHING

- Witness: Who are you witnessing to and who has believed?
- Starter: If someone accepted Christ, have you started training them? Help them understand that they are to train them, not bring them back to this group.

Vision-Casting When someone believes it is critical that before you leave them you have taught them to share their faith with their family and friends by:

- Teaching them how to share their faith story
- Teaching them to share the Gospel using The Bridge
- Teaching them to obey by being baptized

In the Great Commission (Matthew 28:18-20) we are commanded to make disciples by "going," "baptizing," and "teaching to obey." Therefore all disciple-makers should be "baptizers." You will need to teach the new disciples to obey by being baptized as soon as possible after trusting in Christ.

Two questions answered:

- Why should new disciples be baptized?
- How do I baptize them?

Why be baptized? Three reasons (memorize these three reasons):

1. Obey = baptism is an act of obedience. We are to be baptized because Jesus commanded it.
2. Display = baptism is the way to display your faith in Christ. It tells others you have been saved.
3. Portray = baptism portrays what happens when someone believes—they die to their old life and are raised to a new life in Christ. The water pictures the washing away of sin. (see Romans 6:3-4)

How do I baptize them?

- Locate water deep enough to immerse your new disciple (hot tub, bathtub, swimming pool, lake, etc)
- Have the new disciple invite their "oikos" (family, extended family & closest friends) to their baptism
- Have the new disciple share their faith story (see Lesson 1)
- You say, "I baptize you in the name of the Father, Son and Holy Spirit."
- Lower them into the water and help them back up. It's just that simple.

Now Practice: Stand someone beside a chair. Have the person hold their nose, sit down, lean back, then help them stand up again. (This is as close as you can get to what baptism is like without water.)

Second Third of the Lesson—LOOKING UP

New Lesson: The disciples asked Jesus, "Lord, teach us to pray." Jesus taught them what we call "The Lord's Prayer."

Hand out the Worksheet #2 and work through it with your trainees.

Final Third of the Lesson—LOOKING ONWARD

Practice:

Have them pair up and share how we did Pastoral Care, Worship, and Accountability. Then ask them explain the "why" and "how" of Baptism (Vision Casting). Finally, ask them to explain how to teach someone to pray using the Lord's Prayer as a guide.

Set Goals & Pray:

1. Remind them to obey this lesson by committing to pray each day.
2. Set a goal to witness to 5 lost people and to start training anyone who believes.

Close in Prayer

Worksheet for Lesson #2

"Prayer"

1. Why do we need to pray? Describe Jesus' prayer life: Mark 1:35; Matthew 14:23; Luke 5:16; 6:12.

2. What are the 3 answers that God gives to our prayers? (check all that apply)

Yes No Wait

3. To whom do we pray? (Matthew 6:6) _____

4. In whose name (authority) do we approach the Father? (John 14:13) _____

5. Who helps us pray? (Romans 8:26-27) _____

6. What does Philippians 4:6-7 teach us about Prayer? _____

7. "Lord, teach us to pray!" The disciples asked Jesus this question. Here is what He taught them:

Our Father in heaven, Hallowed be Your name. Your kingdom come. Your will be done On earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, As we forgive our debtors. And do not lead us into temptation, But deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen. Matthew 6:9-13 (NKJV)

Phrase	Meaning
<i>Our Father in heaven</i>	
<i>Hallowed be Your name</i>	
<i>Your kingdom come</i>	
<i>Your will be done On earth as it is in heaven</i>	
<i>Give us this day our daily bread.</i>	
<i>And forgive us our debts, As we forgive our debtors.</i>	
<i>And do not lead us into temptation, But deliver us from the evil one.</i>	
<i>For Yours is the kingdom and the power and the glory forever. Amen.</i>	

Practice: Now gather in groups of two or three and pray using the Lord's Prayer as a guide.

Baptism FAQs:

Questions and Answers about Water Baptism for T4T Disciple Makers

I. WHY BE BAPTIZED?

1. **TO FOLLOW THE EXAMPLE SET BY JESUS:** *Mark 1:9* “At that time Jesus came from Nazareth and was baptized by John in the river.”
2. **BECAUSE CHRIST COMMANDS IT:** *Matthew 28:19-20 (GNT)* “Jesus said, ‘Go then, to all people everywhere and make them my disciples, baptize them in the name of the Father, the Son, and the Holy Spirit...’”
3. **IT DEMONSTRATES THAT I REALLY AM A BELIEVER:** *Acts 18:8* “...many of the people who heard Him **believed** and were **baptized**.”
1 John 2:3 “We know that we have come to know Him, if we **obey** His commands.”

II. WHAT IS THE MEANING OF BAPTISM?

1. **OBEY—IT IS AN ACT OF OBEDIENCE AND SURRENDER:** *Matthew 3:13–17 (NLT)* Then Jesus went from Galilee to the Jordan River to be baptized by John. But John tried to talk him out of it. “I am the one who needs to be baptized by you,” he said, “so why are you coming to me?” But Jesus said, “It should be done, for we must carry out all that God requires.” So John agreed to baptize him. After his baptism, as Jesus came up out of the water, the heavens were opened* and he saw the Spirit of God descending like a dove and settling on him. And a voice from heaven said, “This is my dearly loved Son, who brings me great joy.”
2. **DISPLAY—IT IDENTIFIES ME WITH CHRIST:** *Galatians 3:27 (NLT)* And all who have been united with Christ in baptism have put on Christ, like putting on new clothes.
3. **PORTRAY—IT IS A PICTURE OF SALVATION:** *Romans 6:3–4 (NLT)* Or have you forgotten that when we were joined with Christ Jesus in baptism, we joined him in his death? For we died and were buried with Christ by baptism. And just as Christ was raised from the dead by the glorious power of the Father, now we also may live new lives.

Note: Baptism doesn’t make you a believer—it shows that **you already believe**. It does not “save” you; only your faith in Christ does that. Baptism is like a wedding ring—it’s the outward symbol of the commitment you made in your heart. *Ephesians 2:8-9* “For it is by grace you have been saved, through faith...it is the gift of God—not by works, so that no one can boast.”

III. WHY BE BAPTIZED BY IMMERSION?

1. **BECAUSE JESUS WAS BAPTIZED THAT WAY:** “As soon as Jesus was baptized, He went up out of the water.” *Matthew 3:16*
2. **EVERY BAPTISM IN THE BIBLE WAS BY IMMERSION:** “...then both Philip and the man went down into the water and Philip baptized him. When they came up out of the water...” *Acts 8:38-39*
3. **THE WORD “BAPTIZE” MEANS “TO IMMERSE”** The Greek word “*baptizo*” means to immerse or dip under water.
4. **IT BEST SYMBOLIZES A BURIAL AND RESURRECTION:** *Colossians 2:12 (NLT)* For you were buried with Christ when you were baptized. And with him you were raised to new life because you trusted the mighty power of God, who raised Christ from the dead.

IV. WHO SHOULD BE BAPTIZED?

EVERYONE WHO HAS BELIEVED IN CHRIST: *Acts 2:41a* “Those who believed and accepted His message were baptized”; *Acts 8:12* “But when they believed Philip as he preached the Good News...they were baptized, both men and women.”

V. WHO CAN BAPTIZE?

ANY CHRIST-FOLLOWER WHO IS CONNECTED WITH A LOCAL CHURCH: Jesus' command in the Great Commission is as much a command to be baptizers as it is to be baptized. *Matthew 28:19-20 (GNT)* “Go then, to all people everywhere and make them my disciples, **baptize them** in the name of the Father, the Son, and the Holy Spirit, and then teach them to obey everything I have commanded you.”

VI. WHEN TO BE BAPTIZED?

AS SOON AS YOU HAVE BELIEVED: There is no reason to delay. As soon as you have decided to receive Christ into your life, you can and should be baptized. If you wait until you are “perfect,” you’ll never feel “good enough”!

Acts 2:41 “Those who believed...were baptized...**that day!**”

“Then Philip began with the scripture and told him the Good News about Jesus. As they traveled along the road, they came to some water, and the man said, ‘Look, here is water! Why shouldn’t I be baptized right now?’ Philip said, ‘If you believe with all your heart, you may.’ The man answered, ‘I believe that Jesus Christ is the Son of God.’ So they went down into the water and Philip baptized him.” Acts 8:35-38

VII. WHY IS BAPTISM IMPORTANT?

There is something very special that happens when a person is baptized. Often we hear that it is one of the most profound spiritual experiences in a person’s life. This is because we are experiencing just a little of what Jesus experienced when he died on the cross for us. We have to be willing to humble ourselves and get wet in front of people. In this we share just a very small part of Christ’s suffering. We don’t want anyone to miss out on this experience.

“I want to know Christ and experience the mighty power that raised him from the dead. I want to suffer with him, sharing in his death” Philippians 3:10

VIII. HOW TO BAPTIZE

1. Baptism Instructions:

- Baptize as soon as possible after a person trusts Christ—teaching immediate obedience
- Have family members, friends or other witnesses present at the person's baptism
- Connect them with a local congregation immediately
- Keep Accurate Record of Baptisms

2. Possible Baptism Places: Swimming Pool; Hot Tub; Bathtub; YMCA; Health Club

3. What you should wear: Women should wear shorts and a dark t-shirt rather than a swimsuit. Men may wear a swimsuit and a dark t-shirt. Don't forget a towel and a change of clothes.

4. What to say during a baptism:

- Ask the person being baptized to share their faith story.
- Then baptize saying, "In obedience to Jesus Christ and because of your confession of Him as your Savior and Lord, I baptize you, (name), in the name of the Father, Son and Holy Spirit."

VI. WHAT ABOUT MY CHILDREN?

ALLOW THEM TO BE BAPTIZED WHEN THEY TRUST IN JESUS: Since we believe the Bible teaches baptism is for those who have made a commitment to follow Christ, we wait until our children are old enough to **believe** and understand the true commitment they are making to Christ. Some churches practice infant baptism. This ceremony is intended to be a covenant between the parents and God on the behalf of the child. The parents promise to raise their child in the faith until the child is old enough to make his own personal commitment to Christ. While we affirm the idea of parents *dedicating* their children to the Lord, this is different from the baptism talked about in the Bible, which was only for those old enough to believe. The purpose of water baptism is to publicly confess and demonstrate your personal commitment to Christ.