



2013-2014 MEMBERSHIP UPDATE

We are excited to announce that we have 35 of 36 Health Units already registered for the 2013-2014 term.

Thank you to all for your continued support in elevating physical activity as a public health priority!

ANNUAL GENERAL MEETING FOLLOW-UP

Thank you to everyone who participated in the AGM held on June 19, 2013. OSPAPPH was able to celebrate a very productive and successful year which was made possible through the tremendous in-kind contributions of both general and executive members.

We would specifically like to recognize our outgoing executive members Jackie Leroux (Toronto) and Lilliana Roberts (Peel). Thank you for all of your hard work, dedication and contributions to our Society!

OSPAPPH is pleased to welcome the 2013-2014 Executive, including new member, Aprile Spence from Region of Peel Health Services. Aprile is the new Central East Regional Representative.

A complete list of the 2013-2014 Executive can be found on page 2.

The Vice-chair position currently remains vacant. Any members interested in applying for this position can visit our website or email info@OSPAPPH.ca for information.



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TERMS OF REFERENCE (UPDATED)

The OSPAPPH Terms of Reference have been updated (see attached) to reflect the items voted on during the June 2013 Annual General Meeting. To see the revised version, click [here](#).

OSPAPPH EXECUTIVE – 2013-2014

Chantal Lalonde,
Co-chair
(Eastern Ontario Public Health)

Chris Sherman,
Co-chair
(Chatham-Kent Public Health)

Vacant
Vice-chair

Lisa Kaldeway,
Treasurer/Past Chair
(Haliburton, Kawartha, Pine Ridge
Health Unit)

Donna Mills,
Secretary
(Niagara Region Public Health)

Mary Jane Gordon,
Regional Representative Eastern
(KFLA Public Health)

Katherine Horst,
Regional Representative South West
(Perth District Health Unit)

Elaine Fisher,
Regional Representative North West
(Northwestern Health Unit)

Natalie Philippe,
Regional Representative North East
(Sudbury & District Health Unit)

Annette Collins,
Regional Representative Central
West
(Region of Waterloo Public Health)

Aprile Spence,
Regional Representative Central
East
(Region of Peel Health Services)

OSPAPPH ADVOCATES

OSPAPPH has undertaken a number of advocacy activities in the last 1-2 years including a submission to the Healthy Kids Panel consultation and a response to the draft Ontario Cycling Strategy. In an effort to provide some direction to the executive around this type of work, three members developed advocacy guidelines.

The guidelines outline the types of advocacy that OSPAPPH is most likely to engage in – developmental and proactive, individual member-specific or external group, and urgent and responsive – and our process for doing so.

They also describe the principles that shape our approach to advocacy: that it is evidence-informed, reflective of the determinants of physical activity, inclusive, and relevant to OSPAPPH's work.

You can see the complete guidelines on our web site at www.ospapph.ca (click on "Resources" or "Advocacy"), or [click here](#).

OSPAPPH IS NOW ON TWITTER!

That's right, we've decided to venture into the world of online social media in a continued effort to better reach our members and stakeholders and to continue to increase awareness of the society and the work we do. We are taking baby steps but we're slowly getting the hang of it!

If you or your health unit have a Twitter account, we would love for you to follow us!



@ospapph

PROVINCIAL ADVOCACY STRATEGY UPDATE

Identifying Key Policy Priority:

Our member and stakeholder survey was sent out in mid-August and we are hard at work compiling the numerous responses we received. The responses – along with a media scan – will help to determine our first policy ‘ask’. It is our goal to select a policy ask that is most closely aligned with local level efforts, can create momentum and add to an existing provincial voice on the issue.

Update Resources:

Check out our website’s [Projects](#) page to access the most recent versions of the Key Message documents and the Provincial Advocacy Strategy. You can also get access to and use the Physical Literacy and Access to Recreation webinars.

Next Steps:

Once we have identified a key priority ask, we will be sending out a message to members of the Key Messages working groups and to the larger Executive to gauge interest in being part of the next phase of the project! We look forward to your continued involvement.



CANADIAN CENTRE FOR ACTIVITY AND AGING COLLABORATION

Project Overview:

OSPAPPH is pleased to provide support and consultation to the Canadian Centre for Activity and Aging’s Physical Activity for Older Adults project. The project aims to provide training on physical activity advocacy to 180 health promoters across the province and train 90 individuals in the Senior Fitness Instructor Course. The overall goal of the project is to link people to quality, safe and effective physical activity programs for older adults and to increase the capacity of community partners to provide these types of programs.

Physical Activity Advocacy Workshop:

The first round of workshops are slated for: October 16 (St-Catherine’s); October 24 (Ottawa); October 29 (Timmins); December 10 (Peterborough); December 11 (Oshawa); and January 21 (Mindemoya). To register or to receive additional information, contact ddevrie@uwo.ca.

KEY MESSAGES IN ACTION

Board of Health Supports Policy Recommendations for Physical Literacy

We are pleased to announce that OSPAPPH's policy recommendations for physical literacy received unanimous support from the Chatham-Kent Board of Health this past June and the Board has since sent a [letter of support](#) to the Ministry of Education encouraging them to adopt the policy recommendations as outlined in OSPAPPH's [key message document for physical literacy](#). All Boards of Health will also be notified and receive a copy of the letter.

The policy recommendations include:

- Adopt a mandatory assessment of physical literacy for elementary and secondary students across the province.
- Ensure quality, daily health and physical education programming is delivered by health and physical education specialists in all Ontario elementary and secondary schools.
- Evaluate compliance and enforce the Daily Physical Activity (Policy/Program Memorandum No. 138) requirement.
- Ensure ongoing staff training related to physical literacy for all teachers, early childhood educators, and childcare providers.
- Strengthen the Day Nurseries Act to promote and support physical literacy development in licensed childcare settings.
- Make health and physical education credits a mandatory requirement for grades 9-12.

COMMITTEE UPDATES

Collaborative Chronic Disease Prevention Work Group (CCDPWG)

OSPAPPH is collaborating with others in the field to provide recommendations on issues relating to Chronic Disease Prevention. As a first endeavour, the Collaborative submitted a response to the Healthy Kids Panel (available [here](#)). For 2013-2014, the Collaborative will be focusing on a few priorities related to changing the food and physical activity environment in Ontario. More details to come.

Ontario Collaborative Group on Healthy Eating and Physical Activity (OCGHEPA)

OCGHEPA continues to be involved in discussions related to the development of a much needed Ontario Physical Activity Strategy. Physical Activity representatives from OCGHEPA, including OSPAPPH, attended the Active Canada 20/20 National Gathering in May and have since been consulting with various stakeholders to help determine next steps.

MEMBER/STAKEHOLDER REQUESTS

Is anyone aware of any evidence-based programming that focuses on obesity prevention for 0-6 years?

If you have any information to share, please contact Larissa directly at Larissa.kaminskyj@bchu.org.

ParticipACTION is seeking feedback:

If your organization has relevant safety content or tools that you can offer to Canadian parents, please contact Rachel Shantz, Marketing Manager, at rshantz@participACTION.com.

Are you looking to connect with members? Send us an email at info@ospapph.ca and we'll do our best to connect you!