

# One-on-One Life Coaching Sessions with Brian McAleer

1:1 coaching is priced at \$250 per session (lasting approx. an hour). Sessions are delivered on a weekly basis on a day and time that works effectively for both coach and client.

- Book upfront and save! (minimum of 3, maximum of 9)
- Conducted in person at a local cafe or over the phone or Skype
- Includes pre-coaching exercise at no extra cost

For more information on my Life Coaching sessions, you can email me on [info@brianmcaleer.com](mailto:info@brianmcaleer.com) - make sure to put LIFE COACHING in the subject bar.

To return to the blog [click here.](#)