



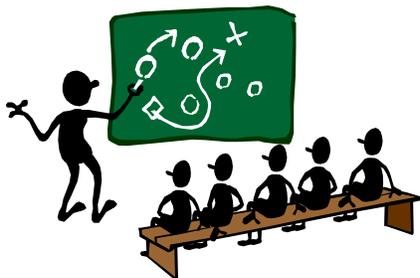
STRATEGIC PLAN 2016-2020

OSPAPPH is moving into the final year of our 2011-2016 Strategic Plan. In an effort to provide a renewed framework and ongoing direction for the next five years, a strategic planning ad-hoc committee was formed in August. We will be conducting fluid surveys later this fall to gather input from both our membership and stakeholders. The strategic planning ad-hoc committee will use the survey data to identify strategic priorities for the revised 2016-2020 Strategic Plan. The committee is working to have a new strategic plan completed and ready for distribution to OSPAPPH members and stakeholders by October 2015.

Committee Members

Aprile Spence, Lisa Kaldeway, Chantal Lalonde, Jennifer Ronan and Anita Trusler

Note: An overview of the strategic planning Process and timelines can be found on page 3.



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OSPAPPH EXECUTIVE VACANCIES

We would really love to fill the vice-chair and secretary positions on our executive. The vice-chair supports the co-chairs and assists with annual recruitment to the Executive and with our strategic plan. The secretary records minutes for all meetings. We're a fun group to work with. If either of these positions interests you, please let us know via email at info@ospapph.ca.

OSPAPPH EXECUTIVE – 2014-2015

Chris Sherman,
Co-chair – year 2
(Chatham-Kent Public Health)

Katherine Horst,
Co-chair – year 1
(Perth District Health Unit)

Vacant,
Vice-chair

Donna Mills,
Treasurer
(Niagara Region Public Health)

Vacant,
Secretary

Anita Trusler,
Regional Representative South West
(Lambton Public Health)

Elaine Fisher,
Regional Representative Northern Region
(Northwestern Health Unit)

Annette Collins,
Regional Representative Central West
(Region of Waterloo Public Health)

Aprile Spence,
Regional Representative Central East
(Region of Peel Health Services)

Jennifer Ronan,
Regional Representative Eastern Region
(Hastings & Prince Edward Counties
Health Unit)

Lisa Kaldeway,
Special Project Officer
(Haliburton Kawartha Pine Ridge District
Health Unit)

Chantal Lalonde,
Special Project Officer
(Eastern Ontario Public Health)

2014 ANNUAL GENERAL MEETING UPDATE

Thank you to everyone who participated in the AGM on June 10, 2014. OSPAPPH was again able to celebrate a very productive and successful year which was made possible through the tremendous in-kind contributions of both general and executive members. This year the AGM provided our members with a business overview as well as a brief update on the physical literacy advocacy strategy.

With each AGM, we welcome outgoing and incoming executive members. We would specifically like to recognize our outgoing executive members Natalie Phillipe (Northeast Regional Representative from SDHU) and Mary Jane Gordan (Eastern Regional Representative from KFLA). Thank you for all of your hard work, dedication and contributions to our Society and we look forward to future opportunities to tap into your fabulous resources and skills.

OSPAPPH is pleased to welcome the 2014-2015 Executive, including one new member and one returning member. Anita Trusler is the new Southwest Regional Representative from Lambton Public Health. Our returning member, who missed the action on OSPAPPH so much, is Jen Ronan. Jen is the Eastern Region Representative from Hastings & Prince Edward Counties Health Unit.

OSPAPPH TERMS OF REFERENCE

The OSPAPPH executive reviewed our terms of reference and made a few changes. All revisions were voted on and approved at the annual general meeting. You can obtain OSPAPPH's current Terms of Reference by clicking [here](#).

STRATEGIC PLAN PROCESS & TIMELINES

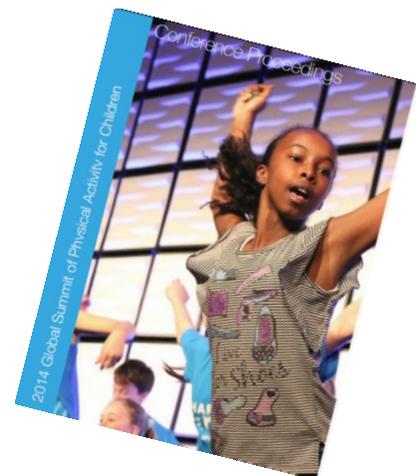


GLOBAL SUMMIT PROCEEDINGS NOW AVAILABLE

Were you unable to attend the Global Summit on the Physical Activity of Children in Toronto May 19 – 22, 2014? Or didn't get to all the sessions you wanted to? Active Healthy Kids Canada recently launched the proceedings, including:

- ✓ Keynote video presentations
- ✓ Symposium/ Debate video presentations
- ✓ PowerPoint presentations from oral presentations and workshops
- ✓ Abstracts from oral presentations, workshops and posters
- ✓ Global Matrix
- ✓ International Posters from the 15 countries participating in the Global Matrix
- ✓ Photos from the event
- ✓ Summary of the Call to Action

The proceedings can be viewed [online](#) or downloaded as a pdf, iBook or e-book. Please [click here](#) to access these formats. Share this information with your colleagues and in your community to power the movement to get kids moving.



MEMBERSHIP UPDATE

We are thrilled to once again have 35 of 36 Health Units as paid members for the 2014-2015 term! Thank you to our member Health Units for their ongoing support of the society. We look forward to another busy and exciting year!

Benefits of OSPAPPH Membership

For people new to public health or physical activity promotion, the OSPAPPH Executive members continue to be front line Physical Activity Promoters like you and we strive to support the role from a provincial and local perspective. Each member on the Executive has received commitment from their management team to spend time to work on developing a stronger provincial collaborative for you.

Your membership fee supports:

- ✓ Elevating physical activity as a public health priority in Ontario through engagement, education, advocacy and strategic alliances
- ✓ Moving the provincial advocacy strategy on physical literacy forward with key messages and policy recommendations that can be adapted at the local level
- ✓ Engaging our members and stakeholders in current issues related to physical activity promotion across the province and nationally
- ✓ Participation in collaborative work across the province that will translate into local benefits for promotion of physical activity
- ✓ Operational planning and priority setting for the Society
- ✓ Meeting accountability requirements as part of being incorporated (e.g. annual financial review)

KEY MESSAGES IN ACTION

Members have been using the key messages documents in their communities in a variety of ways.

Jen recently used the **Access to Recreation** key messages for background information and evidence in a successful HSF Spark Grant application.

The **Physical Literacy** key messages were featured in the Champlain Cardiovascular Disease Prevention Network's Healthy Schools fall e-bulletin which is distributed to all 9 school boards/schools across the Champlain region.

Tell us how you've used the documents by sending an e-mail to info@ospapph.ca.

WHAT ARE RURAL YOUTH IN EASTERN ONTARIO DOING AFTER-SCHOOL (3 – 6 P.M.)?

The Eastern Ontario Physical Activity Network (EOPAN) has received a Heart & Stroke Foundation Spark Grant to better understand the barriers to achieving health, being more active and less sedentary in the rural setting for youth.

Phase one includes a survey of local rural youth (grades 7 and 8) to identify how they are spending their after-school time related to physical activity and sedentary behaviour. The survey also aims to find out what activities rural youth would like to participate in, whether these activities are available, and what barriers prevent their participation. A report of the findings will be created.

For more information contact Jennifer Ronan, PHN, Hastings & Prince Edward Counties Health Unit at 613-966-5513 ext. 621 or jronan@hpechu.on.ca

PHYSICAL LITERACY ADVOCACY STRATEGY – UPDATE!

Toolkit

With the recent release of our advocacy toolkit for public health "[Making Physical Literacy a Priority in Ontario](#)" our advocacy strategy is in full swing! We wish to thank all those who worked hard to prepare the toolkit and a special thank you to our members for the input throughout its development!

Endorsement Statement

Our letters along with the [endorsement statement](#) have been sent to all Medical Officers of Health, Boards of Health, and key provincial and national stakeholders (including the Ontario Chronic Disease Prevention Managers in Public Health group). We are pleased to report two Medical Officers of Health have already added their names to our advocacy efforts: Dr David Colby, Chatham-Kent Public Health; and Dr Paul Roumeliotis, Eastern Ontario Health Unit. Both will be urging their colleagues to join them in supporting OSPAPPH with this important public health issue! All stakeholders have until March 15th, 2015 to sign the endorsement statement and send it to Chantal Lalonde's attention by email at info@ospapph.ca or via fax at 613-933-7930.

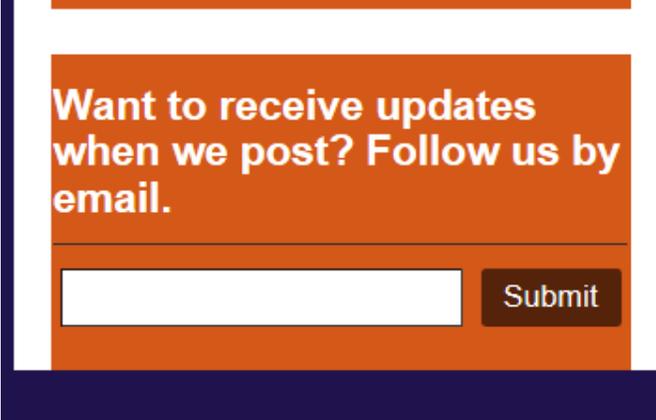
Need Help?

We are encouraging members to use the templates and resources provided in the toolkit to help them gain support of their MOHs and BOHs. Members can also contact [Chantal Lalonde](#) or [Lisa Kaldeway](#), Special Project Officers, for additional support or to answer any outstanding questions. You can also visit the OSPAPPH [website](#) for regular updates and information on the strategy.

OSPAPPH GETS SOCIAL

With the official start of our advocacy strategy, OSPAPPH has ramped up its presence online!

You will notice on the OSPAPPH website homepage more regular updates. This is in an effort to share more with our members (and stakeholders) without always bombarding you with emails! If you have information or content you think would be worth adding to our website, please contact us with your ideas! Plus, if you want to receive regular updates from our website, just type in and submit your email on the main page:



You may have also noticed some increased activity on our [Twitter account](#)! Currently, our social media efforts are focused on physical literacy to align with our advocacy strategy. We're "tweeting", "re-tweeting" and "favourite-ing" several times a week. We're still learning the ropes but we're steadily building up our followership! If you're not following us yet, find us @OSPAPPH!



@ospapph