



# TWO-DAY RIDING CLINIC

## “AN INTRODUCTION TO SELF CARRIAGE”

*Deborah Bowerman-Davies*

*Equine Self Expression*

There is plenty to take away from this clinic regardless of experience and riding level. Beginners through advanced riders will gain a deeper understanding of how a horse needs to carry himself in all transitions and gaits. From Pony Club level to advanced horsemen and women, exposure to this information will enable riders to understand and work through potential riding and training difficulties they may be experiencing.



***Self-carriage is necessary for every ridden horse whatever discipline or breed.***

**Dates: July 9 and 10, 2016**

**Location: Idlewild Farm  
2339 Idlewild Road  
Sturgeon Bay, WI**

**Cost: \$275**

<b>Friday Night</b>	Meet and greet with Deb along with a presentation of basic self-carriage principles
<b>Saturday Clinic</b>	<b>AM:</b> Lecture introducing concepts of how to apply correct use of aids to support a horse’s natural movement. Ground work exercises on a painted horse to develop an eye for movement (Unmounted in-hand work) <b>PM:</b> Under saddle lessons all afternoon - potentially split in to groups
<b>Sunday Clinic</b>	<b>AM:</b> Presentation of self-carriage principles and then advanced ground work exercises followed immediately by group lessons for the remainder of the morning <b>PM:</b> Continuation of mounted work. Everyone will get to ride twice this day, all things going smooth!

**FOR MORE INFORMATION OR TO REGISTER PLEASE CONTACT**

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