

IMPORTANT DATES

Pournami, 2 June
Mahanavagraha, 27 June
3am, R400 per family
Business Pooja, 7 June
10am, R1000 per business

Kumba Abishegam has been moved to October 2015

DEDICATION

If you not going to have it, you are not going to make it. What does it mean that we will 'not make it'? Everything should be regarded as service for God. If teachers go to school and just do their jobs, then they are just doing their work. But if they do it for God then they have dedication and love for our work. How are you going to be a dedicated person?

HOME-MADE HAWAN SAMAGRI - FROM AGATYIAR MAHA MUNI

Raw materials
-Jackfruit tree wood
-Guava tree wood
-Lemon tree wood
-Shringa leaves
-Bel tree wood
-Pepal tree wood
-Thulasi tree wood
Chip wood into fine bits, dry and store for 40 days.
Samagri is now ready to use

HAVE YOU HAD AN ASTROLOGY READING DONE YET?

Book a reading today with Gurudev: Jyothish Archarya Swami Shankarananda Maharajji. Contact Lalitha on lalitha@gayathripeedam.com for more info.

SMILE, IT'S FREE



ISSUE 1 JUNE 2015

GURU NEWS

Lighting up your life



GARGAM POOJA, 24 MAY 2015

The Importance of Navagraha

Swami Shankarananda Maharajji

If you didn't have pain you wouldn't be sitting here. There's some kind of want in your system that creates the pain. And the only obstacle to you not getting your desire is the 9 planets. You're wondering how these affect your body. You know the lunar cycle is 27 or 28 days and the same cycle goes for the trance. According to how the moon is placed, that's how we get the trance. The moon is not really a planet; it's a satellite that reflects the light from earth. That can affect the ocean and the planet that is 80% water and 20% land. Our body is also 80% fluid and 20% solid. Everything in our body can become fluid, except for 20%. If the moon, such a small aspect of these 9 planets, can affect such a huge ocean, what is it going to do to us? Also, you've heard when people aren't right in the head we say they're a lunatic, they're affected by the moon. Let's take all the planets. All the planets put together create for you fate – which we call graha, navagraha or naughara. And that affects you. And if we don't satisfy these planets by worshiping them, then it will affect us. And I think, as you sit here, that some of you are here because of successful navagrahas to say thank you. Of all the poojas, the most beneficial prayer to all of us is the prayer for the 9 planets. They don't give you wealth. Don't go and do the prayer because you want to own 20 trucks. But it will remove the obstacles that are there in front of you preventing your wealth. Don't misunderstand fate for karma. Fate is something else. Karma is brought upon yourself. Fate is placed there in your destiny. You develop the karma yourself. No matter what you do in this life you will experience it and have an encounter of the same thing in the next life. And if you don't make a change you will continue with it. This is why we have the cycle of birth and death. We need to do all these things. We compromise so we have difficulties. When it comes to God's work there should not be any compromise at all. No matter what somebody tells you. God's work must continue. Write that in your head. When he comes back to bite you it'll be like a boomerang. There is no time limit for God. It stops when it's finished – and it's never finished. God's work is never finished. It continues always, every day. So navagraha is the most important aspect in this journey. Om.

Never fear
SHADOWS.
They simply mean
there is
LIGHT
somewhere nearby.

SWAMI AGATYIAR LEAVES A LASTING IMPRESSION ON THE GAYATHRI PEEDAM FAMILY

The devotees of the Gayathri Peedam were given the rare opportunity to be in the presence of the celestial being Shri Swami Agatyiari Muni through the divine grace of our revered Spiritual Master Swami Shakarananda Maharajji. Swami Agatyiari provided a unique chance for devotees and visitors of the Ashram to be part of daily question and answer sessions over a five week period. The spellbound audience quizzed the Divine Master about everything ranging from reincarnation, the astral plane, the path to spiritual liberation, natural cures for common ailments, natural disasters and questions on any topic one so desired to ask. Swami's answers were crisp, informative and thought-provoking leaving the audience eager to return the following day. Swami Agatyiari's visit has left a lasting impression on the Gayathri Peedam family. *Donovan Nair*

**Om Bhoor Bhuva
Swaha
Om Tat Savitur
Varenyam
Bhargo Dhevasya
Dheemahi
Diyo Yonah
Prachodayaat**

GAYATHRI PEEDAM ASSISTS NEEDY GRADE 12 LEARNERS WITH FREE EXTRA CLASSES

Swami Shankarananda Maharajii is passionate about children acquiring a sound education, especially during these times with serious skills shortages resulting in a high unemployment rate in our country. The Gayathri Peedam saw the need to assist Grade 12 learners who cannot afford to pay for tuition by providing extra classes in Maths Literacy, English and Afrikaans free of charge. We are pleased to announce that the following educators have volunteered to assist in providing tuition: From Glenhaven Secondary: R.Narayan, V.Moodley and P.Moonsamy (Maths Literacy); V.Chellan (English) and N.Biputh (Afrikaans). From Verulam Secondary: S.Ramdhani (Afrikaans) and from Mountview Secondary: D.Chellan (Maths Literacy). Classes have started on 21 May 2015 and will continue through June on Thursdays. The next class will be held on 4 June to prepare Grade 12 learners for the June Examinations. Lessons are conducted at Glenhaven Secondary from 14:00 to 16:30. The programme will resume in the 3rd term. *For more information, please contact Donovan Nair at the ashram or at Glenhaven Secondary.*

GAYATHRI PEEDAM COMMITTEES 2015

Chief Enlightenment Officer (CEO): Gurudev
Spiritual Head: Ashok Kassie | President: Dean Petzer

EXECUTIVE COMMITTEE

Chairman: Naukesh Singh | Vice: Kieran Mahabir
Treasurer: Suren Pillay | Assistant: Bhavta Moodley
Secretary: Deepak Folly | Assistant: Suganiya Pillay

FINANCE COMMITTEE

Donovan Nair, Radhika Balaram, Athish Deonath,
Zenitha Deonath, Sagren Moonsamy, Radhika Moonsamy

WORKING COMMITTEE: KITCHEN

Don Sudu, Mahesh Sudu, Madini, Beejay Singh, Prathna Folly,
Suganiya Pillay, Navaneetham Mahabeer

WORKING COMMITTEE: MAINTENANCE

Warren Jones, Athish Deonath, Don Sudu, Shankaran Gobind,
Nithya Pregaranda, Kriyananda (senior), Kriyananda (junior),
Kiran Mahabir

WORKING COMMITTEE: POOJA

Archarya (purchasing), Steven Govender (purchasing), Nirvana
Parasnath, Lalitha Coetzee, Nereen Mahabeer, Prathna Folly,
Kieran Mahabir, Radhika Moonsamy

WORKING COMMITTEE CLEANING: ALL DEVOTEES

WORKING COMMITTEE: DECOR

Jagadambal Moodley, Sundrie Jones, Warren Jones, Priyanandani

WORKING COMMITTEE: MUSIC

Hiresh Ravjee, Premananda Govender, Mahen Naidoo, Donovan
Nair, Suren Pillay, Suganiya Pillay, Zenitha Deonath and family,
Parakini Naidoo, Prema Kriyananda, Desika Moodley,
Jagadambal Moodley

WORKING COMMITTEE: FEEDING SCHEME

Satyaseelan Moodley, Naukesh Singh and family, Desika
Moodley, Mahen Naidoo, Radhika Balaram, Bhavta Moodley,
Prathna Folly, Zenitha Deonath, Mahesh Sudu,
Shobana Bhagwandeem

MEDIA AND PRINTING

Lalitha Coetzee (online, newspapers), Jo Petzer (online,
publishing, photos), Donovan Nair (newspapers, community),
Premananda Govender (photos), Archarya (community,
newspapers), Dean Petzer (Printing), Deepak Folly (newspapers,
processions).

TUITION COMMITTEE

Donovan Nair, Suren Pillay, Mrs A Naidoo, Deepak Folly, Yasthil
Bhagwandeem, Radhika Balaram

ASANA

Asana has been defined as “physical postures of relaxation” or the scientific art of flexing the body. Asanas form an integral part of yoga and are included in the “eight fold path of yoga” as explained by the sage Patanjali in the Yoga Sutras. Asanas are necessary to keep the body and spine erect for meditation. One of the obstacles to attaining the state of yoga is the inability to maintain proper asana. The regular practice of asana will thus allow one to keep the body still in meditation so that spiritual attainment can be achieved more rapidly. *Pranananda Pillay*

JOIN US FOR YOGA

Yoga classes are conducted every Monday evening at 7pm, upstairs; as well as every weekend. On Saturday, the Advanced Kriya starts at 6am, and on Sunday the beginners Kriya starts after sadhana. After meditation, Gurudev conducts a discourse on the Bhagavad Gita. Contact Dhyanda to join the course. The course can also be done online. The website for Bhagavad Gita lessons is : <https://philosophyandyoga.wordpress.com> and cost is \$1 per lesson.

**OM KRIYA BABAJI
NAMAHA AUM**

