

## IMPORTANT DATES

**12 October**  
Guru Haridas samadhi

**13 October**  
Navarathri begins

**17 October**  
Chariot procession

**19 October**  
Sarasvati pooja

**23 October**  
Swami Murugesu  
Janasthmi celebration

**26 October**  
Swami Murugesu  
Janasthmi

**27 October**  
Pournami pooja

**31 October**  
Mahanavagraha 3am  
R400 per family  
Book with Ashok

### Gurudev visits Sri Lanka ashram



SMILE, IT'S FREE



ISSUE 5 SEP 2015

# GURU NEWS

*Lighting up your life*



SWAMI MURUGESU MAHARISHI MAHASAMADHI POOJA ON 24 SEPTEMBER 2015

## Open letter to parents of the children of the Gayathri Peedam

DONOVAN NAIR

The hosting of our Annual Awards Function that acknowledges and honours the academic excellence of the children of the Gayathri Peedam and the top three grade 12 learners from the secondary schools in Verulam, has catapulted us as trailblazers in this regard. No other community-based organisation on the North Coast can lay claim to such an honour.

To this end we are timeously informing you, the parents of the children of the Gayathri Peedam, that our 2016 Annual Awards Function is scheduled for Saturday 30th January, starting at 6:30 pm at the Verulam Day Care Centre.

While all the arrangements for this glitzy event will be taken care of by the Peedam organising team you can assist greatly by ensuring that your children try their best to obtain pleasing results that will add value to our function.

To ensure good results in the end of the year exams the following is recommended:

1. Your child must have a study time table which must be followed to the letter, daily. Time must be allocated for the completion of homework and to revise for the final exam now that the September tests are over. Parental supervision and monitoring of your child's preparations for the Final Exams are crucial to obtaining success.
2. The October school holidays are merely a break in your child's academic year, not a holiday, especially for the grade 12 learners. Children visiting of relatives, attending weddings, parties and funerals must grind to a halt. The one week break must be used entirely for the preparation for the final exams. In this regard parents must play the 'role of the parents' in ensuring that your children are gainfully occupied each day.

The children of the Gayathri Peedam are fortunate to have as their role models such outstanding academic achievers as Dr. Mahavishnu Moodley, Dr. Suren Pillay, Yastil Bhagwandeem and Desika Moodley.

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Email us at [correspondence@gayathripeedam.com](mailto:correspondence@gayathripeedam.com)

Monthly newsletter  
for devotees  
of the  
Gayathri Peedam

## Food for thought

Once a man was asked, 'What did you gain by regularly praying to God?'

The man replied, 'Nothing. But let me tell you what I lost: anger, ego, greed, depression, insecurity and fear of death.'

Sometimes the answer to our prayers is not gaining but losing; which ultimately is the gain.

## MANIFEST SMILES

Invest in our food trust and  
help us feed the needy.



**SHANKARANANDA  
food trust**

A GAYATHRI PEEDAM INITIATIVE 010-137 NPO

good people with a vision  
beyond race, beyond religion...

Chat to Seelan,  
Prathna or  
Radhika for  
more info on how  
to get involved.

# Guru bhakti karma yoga – Part 2

SWAMI SHANKARANANDA

You must be totally surrendered to your guru, with real aspirations and absolute faith in thought, word and actions. Repeating his name, having complete obedience in his commands, doing his work without expecting the fruits of action, and meditating at his feet. This is yoga by itself. This is necessary to have union with God.

Only when you understand the meaning of a guru and the system of guru bhakti karma yoga philosophy, can you surrender to your guru completely and without limitations and conditions.

Understand that the highest goal in human civilization is realization: first of the Self and then of God. This is only possible by the practice of guru-bhakti yoga. Guru bhakti karma yoga should be practiced without fear, and the perfect essence of guru bhakti karma yoga will lead you to the ultimate goal, God realization.

**“... No dog meat food for me ...”**

SEELAN MOODLEY, SHANKARANANDA FOOD TRUST

Recently, during one of our Sunday feedings, the Food Trust members were shocked to hear the above quote from a young girl. It felt sad that our good intentions to help nourish the poor community was met with such harsh perceptions, but during our inaugural meeting, we all agreed that this venture is not about receiving gratitude.

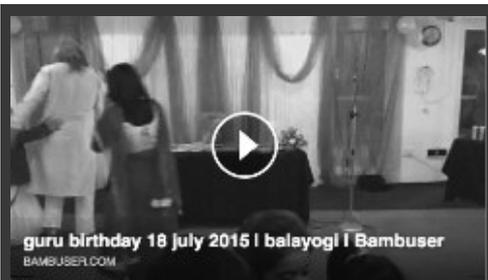
In the Hindu holy book, *The Bagavad Gita*, the form of Divinity states that we should not rejoice in the fruits of our actions. We should have evenness of mind and then only will the realization we seek happen. So with a renewed vigour and determination, we still strive to maintain states of mind that assist in our feeding ventures and adventures.

*The grateful meets us with open arms,  
The gracious greet us with a smile  
Even if we have some ungrateful among us  
just remember, even a single moment of happiness, is worth the while.*

**“... Life is made up of moments that define and moments that can be re-defined, help us re-define.”**

## Want to be a Food Trust ambassador?

As the need to feed increases, so to does our need for sponsorship. As a Food Trust ambassador you will help us secure sponsorships to maintain our purpose. To sign up please email us at [sfoodtrust@gmail.com](mailto:sfoodtrust@gmail.com)



Remember to watch our Friday Service and other poojas on our live streaming channel at <http://bambuser.com/channel/balayogi> if you can't make service or if you just want to relive the Peedam Experience



## Guru's Meditation CD Remastered

Now available for R150 from temple shop. Limited copies available.

