

Why do teens test the boundaries? Why won't they listen to you? how can you control their behaviours more effectively? Common problems with a not so common solution.

Here's a summary of "The 7 Secrets to Setting Boundaries for Teenagers"

1. Remember your teen is a developing adolescent
2. Learn the Value of Compromise
3. Set Boundaries that Teach Cooperation & Responsibility
4. The Key is Communication
5. It's Up to You to Lead the Conversation
6. Use the Power of Positive Reinforcement
7. Always Keep an Open Mind

Want to know how to set boundaries this way?

[Subscribe to our mailing list](#) and receive weekly emails with tips, strategies and resources on how to effectively set boundaries your teen will actually respect and follow.

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**8. Extra Top Secret Strategy for Setting Boundaries**

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