

An M.I. Prayer

(W.R. Miller, Ph.D.)

Grant me to be a patient companion,
To listen with a heart as open as the sky.
Grant me vision to see through her eyes,
And eager ears to hear her story.
Create a safe and open prairieⁱ on which we may
walk together.

Make me a clear pool in which she may reflect.
Guide me to find in her, your beauty and wisdom,
knowing your desire for her to be in harmony,
healthy, loving, and strong.

Let me honor and respect her choosing of her own
path and bless her to walk it freely.
May I know once again, that although she and I are
different, there is a peaceful place where we are one.

(Written by Dr. W.R. Miller, one of the co-developers of the Motivational Interviewing
approach to working with clients)

ⁱ The word “prairie”, used here, appeared as the word “mesa” in the original