## **Brian McAleer's**

## New Years Resolutions Masters

How to Smash Your **New Years Resolutions** this year Without Losing Motivation and Giving Up

> Time and date of class: STEP 1: How to Resolutions	what your New Years
feeling more energetic and I'm destiny. I would recommend Br	I'm thinking a lot more positively, on the road to success and my ian as a coach to anyone because flexible and has some 'nifty tricks' to
STEP 2: How to avoid	and lack of taking over

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STEP 3: How to see the yet	being your
➤ Where to get my \$497 gift:	