

## Gloria's Maltese Bookmark



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For instructions for the Maltese rings, refer to the Technique section at the end.

Materials: 2 shuttles, 2 colors thread.

Abbreviations:

- Ch Chain
- clr Close Ring
- JK Josephine knot: ring made of half stitches
- MR Maltese ring
- p, - Picot
- R Ring
- RW Reverse work
- + Join
- +LJ Lock join (aka shuttle join)
- () Encloses comments
- \* Marks sections to be repeated

Wind 2 shuttles with different color thread and tie. Shuttle 1 holds the thread that forms the main color picots of the Maltese rings, and the small rings of the edging. Shuttle 2 holds the thread that forms the secondary picots of the Maltese rings and the chains of the edging. Begin with Shuttle 2 in the hand.

Motif 1:

R: (Shuttle 2) 5 - 5 - 5 clr Switch Shuttles

MR: (Shuttle 1) Make Maltese ring #1 with 11 main color picots, clr, RW

Ch: 5 + (to 1st R) 10 +LJ (to the 2nd main color p of the MR)

Ch: 8 RW

R: 4 + (to next main color p of MR) 4 clr RW Switch Shuttles

JK: (Shuttle 2) 12 half stitches, clr, Switch Shuttles

Ch: (Shuttle 1) 8 +LJ (to next main color p of the MR)

Ch: 10 - 3 +LJ (skip 1, join to next main color p of the MR)

Motif 2:

Ch: 6 RW

MR: Make Maltese ring #2 with 11 main color picots, clr, RW

Ch: 5 + (to p of adjacent Ch) 10 +LJ (to 2nd main color p of the MR)

Ch: 8 RW

R: 4 + (to next main color p of MR) 4 clr, RW, Switch Shuttles

JK: (Shuttle 2) 12 half stitches, clr, Switch Shuttles

Ch: (Shuttle 1) 8 +LJ (to next main color p of the MR)

Ch: 10 - 3 +LJ (skip 1, join to next main color p of the MR)

Motif 3: Repeat Motif 2, but with Maltese ring #1. (Or use Maltese ring #3 for a variation like the green and yellow version above.)

Motif 4: Repeat Motif 2

Motif 5:

Ch: 6 RW

MR: Make Maltese ring #1 with 11 main color picots, clr, RW

Ch: 5 + (to p of adjacent Ch) 10 +LJ (to 2nd main color p of the MR)

Ch: 8 RW

R: 4 + (to next main color p of MR) 4 clr, RW, Switch Shuttles

JK: (Shuttle 2) 12 half stitches, clr, Switch Shuttles

Ch: (Shuttle 1) 8 +LJ (to next main color p of the MR)

Ch: 10 RW

R: 4 + (skip 1, join to next main color p of MR) 4 clr, RW, Switch Shuttles

JK: (Shuttle 2) 12 half stitches, clr, Switch Shuttles

Ch: 10 +LJ (skip 1, join to next main color p of MR)

Ch: 8 RW

R: 4 + (to next main color p of MR) 4 clr, RW, Switch Shuttles

JK: (Shuttle 2) 12 half stitches, clr, Switch Shuttles  
Ch: (Shuttle 1) 8 +LJ (to next main color p of the MR)  
Ch: 10 - 5 +LJ (to base of MR)

Side 2:

\*Ch: 6 +LJ (to next MR, same p as earlier join)  
Ch: 3 + (to p of adjacent Ch)10 +LJ (skip 1, join to next main color p of the MR)  
Ch: 8 RW  
R: 4 + (to next main color p of MR) 4 clr, RW, Switch Shuttles  
JK: (Shuttle 2) 12 half stitches, clr, Switch Shuttles  
Ch: (Shuttle 1) 8 +LJ (to next main color p of the MR)  
Ch: 10 - 5 +LJ (to base of MR)

Repeat from \* two more times

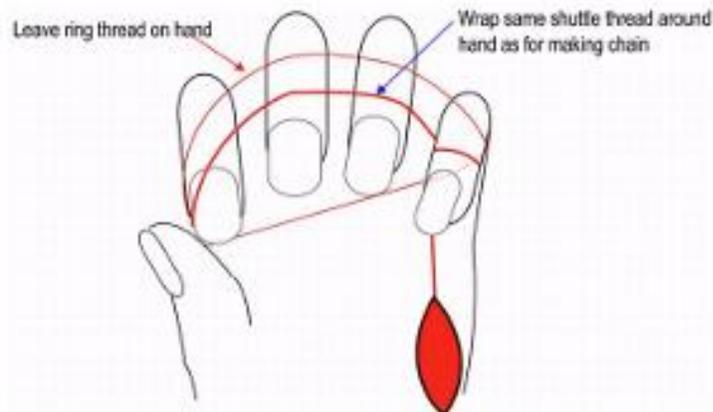
Ch: 6 +LJ (to next MR, same p as earlier join)  
Ch: 3 + (to p of adjacent Ch)10 +LJ (skip 1, join to next main color p of the MR)  
Ch: 8 RW  
R: 4 + (to next main color p of MR) 4 clr, RW, Switch Shuttles  
JK: (Shuttle 2) 12 half stitches, clr, Switch Shuttles  
Ch: (Shuttle 1) 8 +LJ (to next main color p of the MR)  
Ch: 10 + (to 1st R) 5, Cut and tie to base of MR.

Make tassel and attach to 1st R.

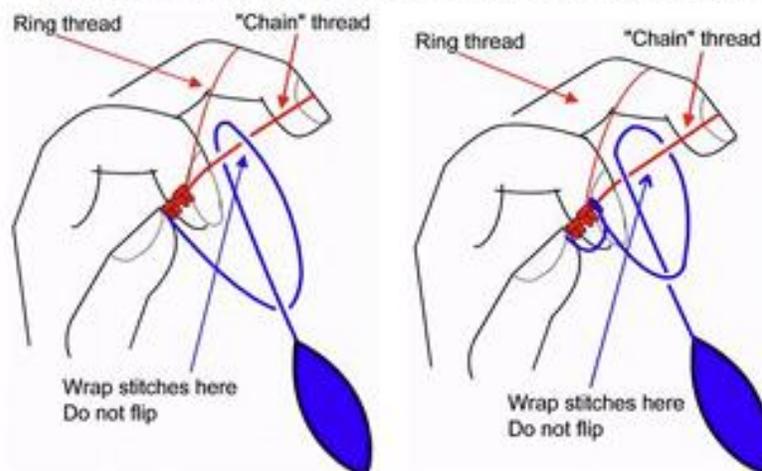
# Maltese Ring Tutorial

## Maltese Ring #1: Inward Facing Picots

1. Wrap Shuttle1 thread around hand to make ring.
2. Make the first half stitch with both shuttles held together. Drop Shuttle2 and with Shuttle1 make the second half of this stitch and one more ds. (Making the first half stitches with both shuttles will encapsulate the Shuttle2 thread inside the stitch. This is optional, but does give a neater looking ring.)
3. Now, leaving the ring thread on the hand, take Shuttle1 and pass it over the second and third fingers and wrap once or twice around the pinkie finger, in the same manner you would wrap the thread for making a chain. So, on the same hand, you should have a ring thread toward the back and a chain thread toward the front. (Later, once you are more familiar with the method, you may wish to try wrapping the thread around the ring finger instead of the pinkie so you do not have to reel out as much thread from the shuttle.)



4. Pick up Shuttle2 and leaving just a little bare thread for a picot, make a half stitch with the same over and under movement as for the second half of the double stitch. Keeping the chain thread taut, tighten this stitch without flipping. Tighten by pulling to the right so that the stitch is upside down compared to the Shuttle1 stitches. Now make an under and over half stitch like the first half of the double stitch, and again tighten without flipping.



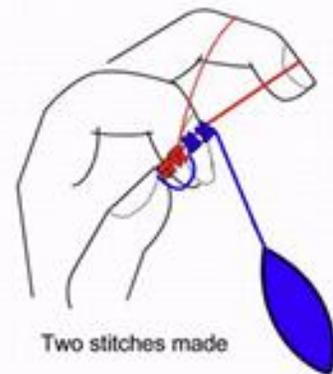
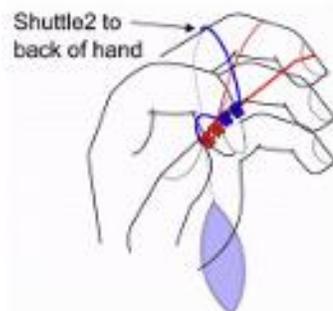
- Drop Shuttle2 toward the front of the work. Unwind the Shuttle1 chain thread from the hand and work long picot, 2 ds in the normal manner for a ring.

Repeat Steps 3 - 5 for the desired number of repeats, ending with Shuttle1. For the last ds of the ring, make the second half stitch with both shuttles together. Close ring.

### Maltese Ring #2: Outward Facing Picots

Work Steps 1 - 3 as for Maltese Ring #1.

- Pick up Shuttle2 and leaving enough thread for a regular picot, work 2 unflipped stitches around the chain thread, but this time work the first half of the ds first and the second half of the ds second.
- Drop Shuttle2 over the back of the hand and adjust so that the picot and stitches face outward the same as the Shuttle1 stitches. It is easier to adjust each set of stitches as it is made instead of doing them all at the completion of the ring. Unwind the Shuttle1 chain thread from the hand and work long picot, 2 ds in the normal manner for a ring.



Repeat Steps 3 - 5 for the desired number of repeats, ending with Shuttle1. For the last ds of the ring, make the second half stitch with both shuttles together. Close ring.

### Maltese Ring #3: Inner Ring

Work as for Maltese Ring #1 for the specified number of repeats, stopping at Step 5.

- Remove the Shuttle1 ring thread from the hand, reverse work, and wrap the Shuttle2 thread around the hand for a ring. Leaving a bit of bare thread before and after for a mock picot, make a ring with one picot in the middle. Remove the Shuttle2 thread from the hand, close ring, and reverse work.
- Place the Shuttle1 ring thread back on the hand. Resume at Step 3 and work Steps 3 - 5 for the specified number of repeats.
- After the last repeat of Shuttle2, join to the picot of the inner ring by pulling up a loop of Shuttle2 thread and passing Shuttle1 through the loop.
- Work the last repeat of Shuttle1. For the last ds of the ring, make the second half stitch with both shuttles together. Close ring.