

# Pancreatic Cancer Treatment in Pune - Dr Lalit Banswal - Dr. Lalit Banswal

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## What is pancreatic cancer?

Pancreatic cancer is the most common cancer in India. It is a very dangerous cancer that affects the pancreas. Like other types of cancer, pancreatic cancer is caused by the abnormal growth of cells in the pancreas. The pancreas is a small gland or organ located below the liver in the stomach that helps produce substances or enzymes that aid in digestion. It also helps release hormones that regulate blood sugar levels. Therefore, it is very important to make a diagnosis as soon as possible and start treatment immediately.

Dr. Lalit Banswal is one of the [Best Pancreatic Cancer specialist in Pune](#) and handles every case with utmost care. Because they have seen first-hand the devastating effects this disease can have. He has performed many Pancreatic cancer surgeries successfully. He has more than 15 years of experience in the field of various cancer treatments and cancer surgery. He is the best Surgical Oncologist in Pune, and he always says that It's important to be aware of the symptoms and risks of pancreatic cancer, so that you can diagnose it early and get treatment.

## What are the signs and symptoms of pancreatic cancer?

Dr. Lalit Banswal always says that In Pancreatic cancer, most people don't experience early signs and symptoms. Pancreatic cancer is not known until the situation becomes serious. They can also resemble the signs of other diseases, which can make diagnosis more challenging.

- Pain in the Upper Abdominal and middle of the stomach that spread to your back
- jaundice
- Tiredness.
- Loss of appetite.
- Light-colored poop.
- Dark-colored pee.
- Weight loss.
- Blood clots in the body.
- Itchy skin.

- New or worsening diabetes.
- Nausea and vomiting

If you notice any of the signs and symptoms, you must visit Dr. Lalit Banswal. He is the best HPB Cancer Specialist in Undri Pune at the earliest. The fastest evaluation and subsequent treatment will help you combat this medical condition and live a better life.

## What are the risk factors of Pancreatic cancer?

Anything that increases your chance of acquiring pancreatic cancer is a risk factor. Some risk factors can be changed, but some while others cannot.

- **Smoking and tobacco use** – Smoking is one of the most dangerous risk factors for pancreatic cancer. About 30% of pancreatic cancers are thought to be caused by cigarette smoking. Also, the risk of developing pancreatic cancer is twice as high in smokers compared to non-smokers. Also, the use of tobacco products increases the risk. Dr Lalit Banswal always says the risk of pancreatic cancer starts to drop once a person stops smoking.
- **Family History** – [Family History](#) is very important for any kind of disease. Pancreatic cancer appears Genetic to run in some families. That family has a higher risk of pancreatic cancer. In other families, the gene causing the increased risk is not known, so they have a low risk.
- **Age** – The average age for a pancreatic cancer diagnosis is 50 to 60 but the risk of developing pancreatic cancer increases with advancing age.
- **Gender** – Men are more likely to accrue pancreatic cancer than women. This may be due, at least in part, to higher smoking use in men, which causes pancreatic cancer risk.
- **Obesity** – Being very overweight increases your chance of developing pancreatic cancer
- **Having diabetes** – Pancreatic cancer is the most common type of cancer that occurs in people with diabetes. People with type 2 diabetes are at the highest risk, and obesity is associated with this type of diabetes.
- **Chronic pancreatitis** – Chronic inflammation of the pancreas is associated with an increased risk of pancreatic cancer, especially in smokers.

## Prevention of Pancreatic Cancer:

- Don't smoke.
- Maintain a healthy weight.
- Choose a healthy diet.
- Do proper exercise
- Don't Drink alcohol.
- Try to avoid getting diabetes.

## **Pancreatic Cancer Treatment in Pune - Why Choose Dr Lalit Banswal?**

Dr Lalit Banswal is one of the best Pancreatic Cancer specialist in Pune with experience of more than 15 years. He is a highly trained Cancer surgeon in Pune with experience as an expert in minimally invasive cancer surgeries including [robotic](#) and [laparoscopic surgeries](#). His expertise in various cancer surgeries makes him one of the best cancer specialist in Undri Pune.