

GI Cancer Surgeon in Pune - Dr. Lalit Banswal

What is Gastroesophageal Cancer?

Gastroesophageal (GI) Cancer is a type of cancer that affects the gastroesophageal junction. This is the place where the esophagus meets the stomach. The junction is a small area and is very important because it helps to keep the food and acids in the stomach from going back up into the esophagus. GI Cancer is a very serious disease and it is important to catch it early. If you are experiencing abnormal GI symptoms or you want to learn more about the disease, **Dr. Lalit Banswal** is here to help. He is the best **GI Cancer surgeon in Pune**.

Symptoms:

In the early stages of GI cancer, you may have no symptoms. It is also nearly impossible to feel GI tumors as they develop. When GI cancer is extensive enough to cause symptoms, they may include :



- Abdominal cramping or pain
- Bloody or very dark stool
- Changes in bowel habits, such as diarrhea, constipation, or changes in consistency or narrowing of the stool
- Difficulty swallowing
- Digestive problems

- Jaundice (yellowing of the eyes and skin)
- Nausea and vomiting
- Swelling in the abdomen
- Tiredness, weakness, weight loss, or loss of appetite

If you notice any of the symptoms, you must visit a **GI Cancer Surgeon in Pune** at the earliest. The fastest assessment and subsequent treatment will help you combat this medical condition and live a better life.

Gastroesophageal Cancer Types:

Gastrointestinal (GI) cancer affects the organs of your digestive tract. GI cancers include:

- Anal cancer, colon cancer, and rectal cancer
- Esophageal cancer
- Gallbladder cancer
- Liver cancer

- Pancreatic cancer
- Small intestine cancer
- Stomach cancer (gastric cancer)

Risk factors of Gastroesophageal cancer:

Dr Lalit Banswal shares some risk factors that cause irritation in the cells of your esophagus and increase your risk of gastroesophageal cancer include :

- Hepatitis A or B infection (liver cancer)
- H. Pylori infection (stomach cancer)
- Smoking
- Gastritis
- Alcohol consumption

- Being overweight or obese
- Having a previous diagnosis of GI cancer or another cancer
- Previous surgery on one or more organs of the digestive system
- Family history of GI cancer
- Previous polyps growing in colon or stomach

Prevention:

Gastrointestinal cancer is a serious disease and one that can be difficult to treat. Dr Lalit Banswal shares some ways to reduce your risk of developing gastrointestinal cancer. Here are just a few of them:

1. Maintain a healthy weight.
2. Eat a healthy diet.
3. Get regular Cancer screenings for gastrointestinal cancer.
4. Quit smoking.
5. Exercise regularly.
6. Limit your alcohol intake.
7. Avoid processed and unhealthy foods.
8. Get enough sleep.
9. Stay optimistic.

By following Dr. Banswal's these tips, you can greatly reduce your risk of developing gastrointestinal cancer. He is the **best Surgical Oncologist in Pune**.

Book an Appointment:

Dr. Lalit Banswal at **Precision Plus Super Speciality Hospital** provides the best treatment for various gastrointestinal diseases in Pune. For more information about our comprehensive treatment options, or to request an appointment with the **best Surgical Oncologist in Pune** call **09158050180** or Click on [Book Appointment](#) for online booking with your near hospital.