



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
		Mini Corndogs Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Chicken Patty on a Bun Salad Bar w/ Fixings Fresh Fruit Low Fat Milk	Italian Dunkers Marinara Sauce Fresh Fruit Fresh Vegetables Low Fat Milk
9	10	11	12	13
Chicken Nuggets Tator Tots Fresh Fruit Fresh Vegetables Low Fat Milk	Sandwich Day w/Fixings Chips Fresh Fruit Fresh Vegetables Low Fat Milk	Fish Sticks French fries Go-Gurt Stick Fresh Fruit Fresh Vegetables Low Fat Milk	Nachos w/Lettuce & Cheese, Tomatoes & Salsa Seasoned Rice Fresh Fruit Low Fat Milk	Cheese Pizza Salad Bar Fresh Fruit Fresh Vegetables Low Fat Milk
16	17	18	19	20
Popcorn Chicken French Fries Fresh Fruit Fresh Vegetables Low Fat Milk	Hot Dog Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Patty on a Bun Salad Bar w/ Fixings Fresh Fruit Low Fat Milk	Lasagna Cheese Rollups w/ Sauce Cottage Cheese Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers Marinara Sauce Fresh Fruit Fresh Vegetables Low Fat Milk
23	24	25	26	27
Grilled Chicken Wrap w/Fixings Fresh Fruit Low Fat Milk	Sandwich Day w/Fixings Chips Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Tacos w/Lettuce, Tomatoes, Cheese & Salsa Seasoned Rice Fresh Fruit Low Fat Milk	Cheese Pizza Caesar Salad Fresh Fruit Cookie Low Fat Milk
30				
Chicken Strips Smiles Fresh Fruit Fresh Vegetables Low Fat Milk				

Peanut Butter & Jelly, Ham and/or Turkey & Cheese sandwiches are offered daily as an alternate to the first entrée.

BREAKFAST MENU

Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered everyday. ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast, oatmeal & toast, WG pop-tart & toast, WG cereal bar & toast, 2 slices of toast, WG breakfast pizza, WG pancakes or another "cook's choice" item.

Served: 7:40—8 AM.

WG Cinnamon Rolls are served on Wednesday

Meal Prices

	<u>Breakfast</u>	<u>Lunch</u>
Kindergarten	0.00	\$2.40
1st-6th	1.00	\$2.40
Free/Reduced	0.00	\$0.00
Adults	2.00	\$4.00
Ala Carte Milk	0.50	\$0.50

Applications for free and reduced meals are available on-line, www.northshorecommunityschool.org, or at school in the front office. All households are encouraged to apply. You may turn in an application at any time during the year. Applications are for the current school year only; **you must reapply each school year.**

Menu subject to change.

The USDA is an equal opportunity provider and employer.