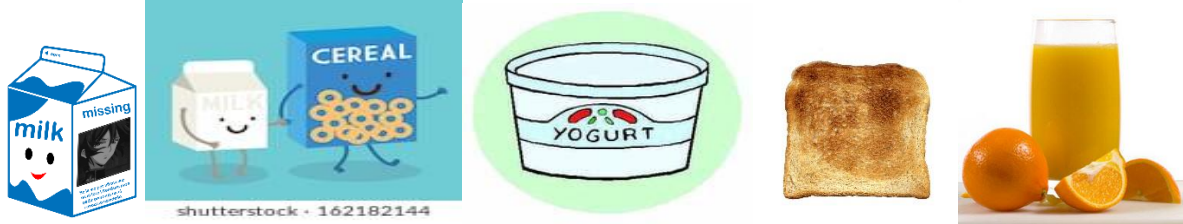


FUEL YOUR DAY BY STARTING WITH A NUTRITIOUS BREAKFAST



JUICE

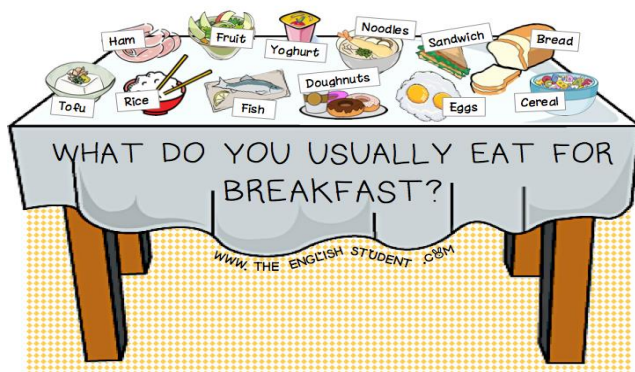
CEREAL

YOGURT

MILK

TOAST

WHY EAT BREAKFAST?



- It's a great time to greet your friends.
- Breakfast at school is affordable. \$1.00 for each student and free if you qualify for free or reduced meals. Also **ALL** kindergarteners are free!
- Eating breakfast gives your brain energy to think clearly and be ready to learn.
- Breakfast has vitamins and nutrients for a strong healthy body.
- There are many choices to choose from when you eat breakfast at school.

