

**DIRECTORY OF ELDER RESOURCES**  
**FOR**  
**GRAHAM AND GREENLEE COUNTIES**

Revised October 12, 2016



**SEAGO**

**AREA AGENCY ON AGING, REGION VI**  
**300 COLLINS ROAD**  
**BISBEE, AZ 85603**  
**520-432-2528**

Web site: [www.seago.org](http://www.seago.org) (click on Area Agency on Aging)  
E-mail: [aging@seago.org](mailto:aging@seago.org)



Contact SEAGO with your questions about **Medicare** at 520-432-2528, ext. 222 or send an e-mail to <[shiphelp@seago.org](mailto:shiphelp@seago.org)>.



## **DIRECTORY OF ELDER RESOURCES IN**

### **Graham and Greenlee Counties**

**This directory lists as many resources as possible in order to provide useful information to older persons and their families. Agency names, services provided, websites, and phone numbers do change, so despite attempts for accuracy, there may be changes in some of the information included. Phone books have Community Resources and/or Government listings in the first section of the book as well as in the Yellow Pages under Social Services and Elder Care. Many communities have Chambers of Commerce that can give information on community resources. If you have questions or need additional information, please call the Area Agency on Aging at 520-432-2528.**

**“Under Titles VI and VII of the Civil Rights Act of 1964(Title VI and Title VII) and the Americans Disabilities Act of 1990(ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, SEAGO Area Agency on Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex national origin, age, and disability. The SEAGO Area Agency on Aging must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, the SEAGO Area Agency on Aging must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the SEAGO Area Agency on Aging will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in an alternative format or for further information about this policy please contact: SEAGO Area Agency on Aging at [520-432-2528](tel:520-432-2528).” Para obtener este documento en otro formato u obtener informacion adicional sobre esta politica, SEAGO Area Agency on Aging [520-432-2528](tel:520-432-2528).**

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## ABUSE, NEGLECT, AND EXPLOITATION

### ADULT PROTECTIVE SERVICES (APS)

**Website:** [www.azdes.gov/reportadultabuse](http://www.azdes.gov/reportadultabuse)

**1-877-SOS-ADULT or 1-877-767-2385**

APS assesses and makes referrals for services when there is possible abuse, neglect, or exploitation of a vulnerable adult. If you or someone you know is being abused, neglected, or exploited, please call this number. It is mandatory for most care providers to report when there is evidence of abuse, neglect, or exploitation of a vulnerable or incapacitated adult.

### OMBUDSMAN PROGRAM

**Website:** [www.seago.org](http://www.seago.org)

**Graham County: 520-432-2528 ext 206**

Advocates for individuals in nursing homes and assisted living facilities (formerly called supervisory care facilities and adult care homes).

### SHELTERS

**Mount Graham Safe House: 928-348-9104 (hotline)/928-348-9548/1-888-269-9104**

Provides domestic violence services and emergency housing for women and children.

### TASKFORCE AGAINST SENIOR ABUSE (TASA)

**Phoenix: 602-542-2124, or 1-800-352-8431(selection #3)**

The Arizona Attorney General's task force to stem senior abuse.

### VICTIM WITNESS:

**Graham County: 928-428-4787**

**Greenlee County: 928-865-4108**

May provide support/assistance to victims of crime.

## ADAPTIVE AIDS AND DEVICES/LOAN CLOSETS

In addition to the medical equipment and supply stores listed below, agencies in Tucson also serve Graham and Greenlee Counties. These are listed in the phone book or your doctor's office can assist you. It is important to get a prescription from your doctor and check with the store to make sure Medicare or your other insurance will cover the item.

### ARIZONA LOANS FOR ASSISTIVE TECHNOLOGY (AZLAT)

**Website:** [www.azlat.net](http://www.azlat.net)

**Phoenix: 602-776-4670, or 1-800-477-9921, 602-728-9536 TTY**

Provide financial loans for purchasing Assistive Technology.

### VOCATIONAL REHABILITATION (formerly DES INDEPENDENT LIVING REHABILITATION SERVICES)

**Safford: 928-428-3005**

Counseling and help in finding adaptive aids.

### EMERGENCY ALERT SYSTEMS

**Website: [www.bestcompany.com/medical-alert-systems/](http://www.bestcompany.com/medical-alert-systems/)**

Individual dialers may be purchased in electronic stores, online, or from the number listed below. These dialers do not include any monthly fee or any maintenance. There are also several companies that provide systems that include a start-up cost and monthly fees. Some of these systems require contracts for a minimum period of time.

The local hospital or the building where a senior resides may have an agreement to use a particular system. Only a few of the systems available on the market are listed below. This listing **DOES NOT** reflect an endorsement by SEAGO.

**ALERT ONE: 1-866-322-8202**

**ARIZONA DEFENSE TECHNOLOGIES: 520-747-7403 or 520-891-9674**

**GREAT CALL: 1-858-720-7500**

**LIFE FONE: 1-800-882-2280**

**LIFELINE EMERGENCY DEVICE: 1-800-543-3546 or 1-800-LIFELINE**

**PERSONAL ASSISTANCE VOICE DIALER: 1-800-675-3044**

A device connected to the phone that rings up to four preprogrammed numbers if pressed.

**SAFELINK: 1-800-977-3768**

**Website: [www.safelinkwireless.com](http://www.safelinkwireless.com)**

Provides information on free cell phones for low income individuals.

**SILVER ALERT: 602- 223-2212**

**E-Mail: [cmoore@asdps.gov](mailto:cmoore@asdps.gov)**

Displays qualified alerts on local and state highway marquee for missing elderly personnel.

**R.U.O.K - Graham County Sheriff's Office: 928-428-0808**

Call to receive a regularly scheduled recorded call from the sheriff. No answer at the residence will trigger an alert for a deputy to check on you.

**LOAN CENTERS**

(Sites where one can borrow a piece of medical equipment free of charge).

**Clifton**

**Greenlee County Health Dept. 928-865-2811**

**Safford**

**SEACUS: 928-428-3229**

**Website: [www.seacus.org](http://www.seacus.org)**

**ST. VINCENT de PAUL: 928-428-0460**

**Tucson**

**SAAVI Visual Aids Store: 520-795-1331**

**MEDICAL EQUIPMENT (For Sale)**

**Apria Healthcare: 928-428-7768**

**Customer Service Hotline: 1-888-492-7742**

**Millennium Medical Supply: 928-348-0652**

**Regency Medical: 928-348-8000**

## ALZHEIMER'S/DEMENTIA

### ALZHEIMER'S ASSOCIATION

**Website:** [www.alz.org](http://www.alz.org)

**Tucson:** 520-322-6601 or 1-800-272-3900.

Provides information, support, resources, educational opportunities, care consultation (case management), and dementia identification registry packet with bracelet.

### DEMENTIA FRIENDLY COMMUNITIES SAFFORD: 928-651-7451 or 928-428-3229

**E-mail:** [searizona@dfc.care](mailto:searizona@dfc.care)

### MEDICAL ALERT

**Website:** [www.medicalalert.org](http://www.medicalalert.org)

Medical alert and safe return line.

### SAFE RETURN: 1-888-572-8566

Call to register someone with dementia.

### SAFE RETURN: 1-800-572-1122

To report someone found or missing even if not wearing a bracelet.

### SILVER ALERT: (602) 223-2212

**E-mail:** [cmoore@asdps.gov](mailto:cmoore@asdps.gov)

A multi-agency initiative to locate missing or endangered elderly. If a person 65 years of age or older goes missing it shall be reported to the local law enforcements. Once reported the investigation will be conducted and a Silver Alert issued if the missing person meets the Silver Alert criteria.

(Also see **ADAPTIVE AIDS AND DEVICES – EMERGENCY ALERT SYSTEMS** Section of this booklet)

## AREA AGENCY ON AGING

### SEAGO AREA AGENCY ON AGING

**Website:** [www.seago.org](http://www.seago.org)

**Bisbee:** 520-432-2528, ext. 220 or 222

Provide information about services available and how to access them. Serves Cochise, Graham, Greenlee, and Santa Cruz Counties.

## ASSISTED LIVING

Homes and centers that are licensed by the Office of Assisted Living Licensure of the Arizona Department of Health Services may provide supervisory, personal, or direct care to individuals who need assistance and who do not need 24-hour nursing care. Individuals and their families should visit and compare facilities before making a selection. A current license should be posted in every facility. Information about selecting a home is available from the ombudsman program. Some facilities may provide respite, day care or hospice based on bed availability.

**STATE OFFICE OF ASSISTED LIVING LICENSURE: 520-628-6965**

## OMBUDSMAN PROGRAM

**Website:** [www.seago.org](http://www.seago.org)

**Benson/Willcox /Bisbee/Douglas/Sierra Vista:** 520- 432-2528, ext. 206

## ASSISTED LIVING FACILITIES

**Thatcher:**

**BEEHIVE HOMES**

**928-251-1300**

3150 W. Main St.

Thatcher, AZ 85552

## BEHAVIORAL HEALTH SERVICES

### ALCOHOLICS ANONYMOUS

**Web Site:** [www.saffordaa.org](http://www.saffordaa.org)

**Graham and Greenlee Counties:** 928-428-1484

Alcoholics Anonymous hotline for Graham and Greenlee Counties. Can obtain a list of meeting places and times and also have a member call you. Support groups available throughout the area for recovering alcoholics and their families. There are support groups for a number of diseases, illnesses, and living situations. Contact the Hospital, Health Department, or Area Agency on Aging Case Manager for more information. Certified individuals and groups offer counseling services and can be located in the *Yellow Pages* under Counselors.

### CENPATICO SERVICES

**Website:** [www.cenpaticointegratedcareaz.com](http://www.cenpaticointegratedcareaz.com)

**Customer Service:** 1-866-966-0220 or 928-792-2661

Behavioral health services offered are based on eligibility for services and the needs of the participant. Typical services for those that are Title 19 include, but are not limited to, case management, individual and group counseling, skills groups, employment services, medication management and transportation to appointments. Services for those that are not Title 19 are limited to crisis services and medication management. If you are interested in enrolling in services please call Cenpatico Customer Service and a representative will assist you in finding a provider agency near you. The following agencies may hold contracts with Cenpatico:

### ARIZONA COUNSELING & TREATMENT SERVICES (ACTS)

**Clifton:** 928-792-4242

562 N. Coronado Blvd.

Clifton, AZ 85533

**Safford:** 928-432-8080

301 E. 4<sup>th</sup> Street Ste. A

Safford, AZ 85546

### SOUTHEASTERN AZ. BEHAVIORAL HEALTH SERVICES (SEABHS)

**Clifton:** 928-865-4531

430 N. Coronado Blvd.

Clifton, AZ 85533

**Safford:**        **928-428-4550**  
 1615 S. 1<sup>st</sup> Avenue  
 Safford, AZ 85546

### **HAVEN SENIOR HORIZONS**

**Phoenix:** **623-236-2000**

A licensed psychiatric facility for seniors.

### **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI): 1-800-380-2322**

**WEBSITE:** **www.nami.org**

Provide support, education, awareness, and advocacy for individuals and families impacted by mental illness.

### **VERHELST RECOVERY HOUSE**

**Bisbee:** **520-432-3764**

A non-medical drug and alcohol treatment facility for men. Also part of National Council for Alcohol and Drug Dependency. Serves as a hotline for information on A.A. and meetings places in Graham and Greenlee Counties.

### **WELLNESS CONNECTIONS**

**Website:** **www.wellness-connections.org**

**Safford:** **928-428-1207 or 1-855-300-1207**

A self-help center located in Safford serving individuals with mental illness in the surrounding communities. Wellness Connections is dedicated to promoting wellness and recovery through peer support, life skills training & education, and other life-enhancing activities. Serving Bridgeway/ALTCS and CENPATICO enrolled members, and U.S. Military Veterans. Services are delivered to surrounding communities through Wellness Connections mobile outreach program, providing countywide peer support and rehabilitation services. (Mental health, wellness, recovery, and substance abuse).

<b>BENEFITS</b>
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### **ARIZONA DEPARTMENT OF VETERANS SERVICES CEMETARY SERVICES**

**Sierra Vista:** **520-458-7144 or 1-888-952-4700**

**Phoenix:** **1-800-852-VETS (8387)**

Assists with V.A. Health System enrollment, benefit counseling and claims, referral to fiduciary services.

### **DIRECT CENTER for INDEPENDENCE**

**Tucson:** **520-624-6452, or 800-342-1853**

Center for Independent Living for region. Provides information and referral for individuals who have disabilities.

### **SOCIAL SECURITY ADMINISTRATION: 1-800-772-1213**

**Website:** **www.ssa.gov**

**Safford:** **1-877-505-4527**

650 S. 14<sup>th</sup> Avenue  
 Safford, AZ 85546

For Social Security Retirement, Disability, Survivor's Benefits, and Supplemental Security Income (SSI).

### **VETERANS ASSOCIATION TELEPHONE ASSISTANCE SERVICE: 1-800-827-1000**



**VETERANS' BENEFITS: 1-888-952-4700 or****Safford: 928-428-3403**

To find out about eligibility for veterans, widows, widowers, and spouses.

**Fiduciary Division:****Phoenix: 602-248-1554**

Provides guardianship or conservators for veterans.

**VETERAN'S OUTPATIENT CLINIC****Safford: 928-428-8010**711 S. 14<sup>th</sup> Avenue

Safford, AZ 85546

**WESTERN STATES PENSION ASSISTANCE PROJECT****1-866-413-4911 or 1-916-551-2140**

For pension or retirement counseling within Arizona.

(Also see VETERANS Section of this booklet.)

**CAREGIVER/CASE MANAGEMENT**

Nearly 22 million Americans provide unpaid care so that their senior family members can remain at home. However, there are local services that help families care for their frail loved ones. Area Agency on Aging case managers can help families explore their options by explaining what services exist and their eligibility requirements. In addition to case management, other services that might help include home delivered meals, housekeeping, personal care, in-home respite, and home health, which includes home nursing.

**AREA AGENCY ON AGING (SEAGO)****Website: [www.seago.org](http://www.seago.org)****Bisbee: 520-432-2528, ext. 222 or 220**

Provides information about available services and how to access them. Serves Cochise, Graham, Greenlee, and Santa Cruz Counties.

**EVALUATION/CASE MANAGEMENT****GRAHAM COUNTY****Southeastern Arizona Community Unique Services (SEACUS): Area Agency on Aging Case Management****Safford: 928-428-3229****GREENLEE COUNTY****Greenlee County Health Department: Area Agency on Aging Case Management****Clifton: 928-865-2601****Duncan: 928-359-2866**

Information is provided to individuals and family caregivers about in-home services available for elderly and disabled individuals. Case managers evaluate individuals in their homes to determine eligibility for AAA services.

**FAMILY CAREGIVER PROGRAM**

**Website: [www.caregiver.org](http://www.caregiver.org) or**  
**Website: [www.caregiveraction.org](http://www.caregiveraction.org)**  
**Website: [www.nfcacares.org](http://www.nfcacares.org)**

Provides resources for caregivers in different situations.

### **Area Agency on Aging Case Management SEACUS**

**Safford: 928-428-3229**

### **Greenlee County Health Department**

**Clifton: 928-865-2601**

**Duncan: 928359-2866**

Case Management/family support services, including training and information for unpaid caregivers.

### **IN-HOME RESPITE: 928-428-3229**

Call Area Agency on Aging Case Manager. See phone numbers under Evaluation/Case Management (this section). Provides relief to a family caregiver.

For private pay options see **FOOD, BEHAVIORAL HEALTH SERVICES, HOME HEALTH, HOSPICE, AND IN-HOME SUPPORTIVE SERVICES** sections of this booklet.

## **CREDIT PROBLEMS**

### **MONEY MANAGEMENT INTERNATIONAL (Formerly CONSUMER CREDIT COUNSELING SERVICE OF ARIZONA)**

**Website: [www.moneymanagement.org](http://www.moneymanagement.org)**

**1-888-845-5669, 1-800-338-3328 or 1-800-308-2227**

A nonprofit agency to consult when debt is a problem and prior to pursuing bankruptcy. Provide credit counseling and credit education classes at no cost. Offers debt repayment program for a small processing fee.

## **DENTAL**

### **CHIRICAHUA CLINIC**

**Website: [www.cchci.org](http://www.cchci.org)**

**Elfrida: 642-2222/1430**

Reduced or sliding fee scale programs.

### **ST. ELIZABETH'S OF HUNGARY**

**Tucson: 520-628-7871**

## **DIABETES**

### **DIABETES EDUCATION**

#### **CHIRICAHUA COMMUNITY HEALTH CENTER**

**Website: [www.cchci.org](http://www.cchci.org)**

**Elfrida: 520-642-2222**

#### **GRAHAM COUNTY HEALTH DEPARTMENT:**

**Website:** [www.graham.az.gov](http://www.graham.az.gov)

**Safford:** 928-428-0110

**GREENLEE COUNTY HEALTH DEPARTMENT:**

**Website:** [www.co.greenlee.az.us](http://www.co.greenlee.az.us)

**Clifton:** 928-865-2601

**Duncan:** 928-359-2866

**MT. GRAHAM REGIONAL MEDICAL CENTER:**

**Website:** [www.mtgraham.org](http://www.mtgraham.org)

**Safford:** 928-348-4000 ext.#8773

**DIALYSIS CENTERS**

**Fresenius Medical Center (FMC)**

**Website:** [www.freseniuskidneycare.com](http://www.freseniuskidneycare.com)

**Safford:** 928-428-1400

<b>DISCOUNTS, REFUNDS, AND TAXES</b>
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**EARNED INCOME CREDIT (IRS): 1-800-829-1040**

**Website:** [www.irs.gov](http://www.irs.gov)

A federal tax credit for low income working individuals and families, or grandparents raising grandchildren. Grandparent must be under 65, and have an income below qualifying limits. Contact the IRS for more information.

**EXCISE TAX**

**Phoenix:** 1-800-352-4090

The 140ET is a refundable credit for low-income Arizona resident taxpayers to help mitigate the sales tax (transaction privilege tax) increase for education. This credit can be claimed with or without an Arizona return depending on your income level or if you do not qualify for the 140PTC. Your federal adjusted gross income must be \$25,000 or less if married filing a joint return or a head of household, or \$12,500 or less if single or married filing separately. If you are filing a 140PTC claim, this credit is available on that form. The amount of credit is \$25.00 for each person who is a resident of Arizona. Credits can also be claimed for dependents, but not to exceed \$100 per household.

**INCOME TAX PREPARATION HELP**

**AARP:** 1-888-227-7669

**Website:** [www.aarp.org](http://www.aarp.org)

**NATURAL GAS DISCOUNT**

**Southwest Gas Company:** 1-877- 860-6020

**Website:** [www.swgas.com](http://www.swgas.com)

May help low income individuals with winter heating discount.

**PROPERTY TAX EXEMPTIONS**

**GRAHAM COUNTY**

**Website:** [www.graham.az.gov/exemptions](http://www.graham.az.gov/exemptions)

**Safford:** 928-428-2828

**GREENLEE COUNTY****Website:** [www.co.greenlee.az.us/assessor](http://www.co.greenlee.az.us/assessor)**Clifton:** 928-865-5302

A program for widows/widowers and disabled persons. All Social Security income is exempt. Requires special forms from the County Assessor's Office, and be filed between January 1 and March 1.

**PROPERTY TAX REFUNDS****Website:** [www.dor.gov](http://www.dor.gov)**Phoenix:** 1-800-352-4090

For owners/renters aged 65 or older or those on SSI, who have been Arizona residents for the entire calendar year. Income not counting Social Security must be less than \$3,751 single or \$5,501 married. Use form 140PTC at tax time. Contact the Arizona Department of Revenue.

**SAFELINK: 1-800-977-3768****Website:** [www.safelinkwireless.com](http://www.safelinkwireless.com)

For information on free cell phones for low income individuals.

**SENIOR PROPERTY VALUATION FREEZE****GRAHAM COUNTY****Website:** [www.graham.az.gov/assessor](http://www.graham.az.gov/assessor)**Safford:** 928-428-2828**GREENLEE COUNTY****Website:** [www.co.greenlee.az.us/assessor](http://www.co.greenlee.az.us/assessor)**Clifton:** 928-865-5302

A program to freeze the property valuation of a primary residence in which homeowners aged 65 or older have resided for at least 2 years. Contact assessor for income eligibility limits. File with county assessor between July 15 and September 1.

**SOUTHEASTERN ARIZONA COMMUNITY ACTION PROGRAM****Main:** 1-800-293-1144**Safford:** 928-428-2872 or 928-428-4653

Offering financial assistance for appliance repair and replacement, home repair, and utility bill payments, rental assistance, and telephone discounts.

**TELEPHONE DISCOUNTS****Main DES:** 1-800-582-5706**Safford:** 928-428-2872

Assists with several different telephone discount programs.

**VEHICLE REGISTRATION DISCOUNTS****GRAHAM COUNTY****Website:** [www.graham.az.gov/assessor](http://www.graham.az.gov/assessor)**Safford:** 928-428-2828**GREENLEE COUNTY****Website:** [www.co.greenlee.az.us/assessor](http://www.co.greenlee.az.us/assessor)**Clifton:** 928-865-5302

A program for widows/widowers and disabled persons giving a discount on vehicle registration.

<b>FOOD</b>
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**HOME DELIVERED MEALS**

Referrals are made to the Area Agency on Aging Case Management/Cochise Aging and Social Services. Phone numbers are listed in the **CAREGIVER** Section of this booklet. For private pay meals, contact SEACUS at 928-428-3229.

**FOOD BANKS, PANTRIES, AND COMMODITY DISTRIBUTION SITES**

Each food bank sets its own days and hours of operation and its own eligibility requirements. Call for distribution times and eligibility.

**Clifton:**

(all food boxes, commodities program)  
**American Legion: 928-865-2601**

**Duncan:**

(all food boxes, commodities program)  
**Southern Baptist Church: 928-359-2823**

**Safford:**

**Friend to Friend God's Pantry**  
**First Assembly of God Church: 928-322-0795**  
**Our Neighbors Pantry: 928-428-3788**  
**St. Vincent de Paul: 928-428-0460 or 928-362-9842**

**Others in Graham County:**

**Gleaning Programs: 928-428-7690**  
**Safford Health Annex (WIC office):**  
**928-792-5368**  
**South Eastern AZ Community Food Bank**  
**Distribution Center of Willcox:**  
**520-766-3663**

**Others in Greenlee County:**

**American Legion (Clifton, Morenci,**  
**Sheldon, York Valley): 928-865-2601**  
**Gleaning Programs: 928-792-5368**  
**South Eastern AZ Community Food Bank**  
**Distribution Center of Willcox:**  
**520-766-3663**

**Soloman:**

**Our Neighbors Pantry: 928-428-3788**

**Thatcher:**

**Herb Windsor Park: 928-322-0795 or**  
**928-428-2962**  
**The Friend 2 Friend Pantry: 928-322-0795**

**Wilcox**

**Food Pantry: 520-384-2114**  
 (need referral)

**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (Formerly known as FOOD STAMPS)**

**Graham County: 928-428-3006**

**Greenlee County: 928-865-4131**

A state and federal program of food assistance for low-income individuals and families. Also contact SEAGO/

AAA at 520-432-2528 ext. 222 to apply.

(Also see SENIOR CENTERS/NUTRITION SITES section of this booklet.)

## FUNERAL HOMES/GRIEF SUPPORT

### FUNERAL HOMES

#### Safford

**McDougals-Caldwell Chapel: 928-428-1740**

**Vining Funeral Home: 928-428-4000**

### GRIEF SUPPORT

**Homicide Survivors, Inc.**

**Website: [www.azhomicidesurvivor.org](http://www.azhomicidesurvivor.org)**

**Tucson: 520- 207-5012**

Nonprofit victim assistance organization dedicated to meeting the crisis and long term needs of families of murder victims. Provides help with Crime Victim Compensation, funeral assistance, mental health and social service referrals.

## GUARDIAN and CONSERVATOR SERVICES

**GRAHAM COUNTY PUBLIC FIDUCIARY: 928-428-4441**

**Website: [www.graham.az.gov/health-department/fiduciary](http://www.graham.az.gov/health-department/fiduciary)**

**GREENLEE COUNTY PUBLIC FIDUCIARY: 928-865-2323**

**Website: [www.co.greenlee.az.us/courts/fiduciary.aspx](http://www.co.greenlee.az.us/courts/fiduciary.aspx)**

May serve as court-appointed guardian, and/or conservator, or probate agency, of last resort.

### PAYEE PLUS

**Tucson: 520-395-1599**

Provide guardian, conservator, power of attorney and representative payee services.

### SHARC

**Sierra Vista: 520-458-1599**

Provide Guardian, conservator, power of attorney and representative payee services.

## HEARING

### ARIZONA COMMISSION FOR THE DEAF AND HARD OF HEARING

**1-800-352-8161 V/TTY**

Services and resources, including TDD machines and telephone amplifiers, for hearing impaired individuals.

### COMMUNITY OUTREACH PROGRAM FOR THE DEAF

**520-792-1906 (Interpreter 24 hours)**

Counseling, job placement, interpreting, independent living, and outreach services.

## **DES OFFICE OF VOCATIONAL REHABILITATION**

**Website:** [www.azdes.gov](http://www.azdes.gov)

**Tucson:** 520-629-0225 ext. 223

Available for consultations for individuals that are blind, visually impaired, deaf or hard of hearing, or referral to other agencies,

## **LIONS SIGHT AND HEARING FOUNDATION: 1-602-954-1723**

**Website:** [www.ls-hf.org](http://www.ls-hf.org)

**Safford:** 928-428-3229

May assist low income individuals with hearing aids.

## **HOME HEALTH**

Provide intermittent, skilled nursing, therapy, and medical social services to patients in their homes. Services are based on a care plan developed in consultation with the physician. Payment is usually provided by insurance, Medicare or another public funding source. Below are the state licensed agencies that provide these services.

**Website:** [www.homehealthcareagencies.com](http://www.homehealthcareagencies.com)

## **AREA AGENCY ON AGING CASE MANAGEMENT**

**Safford:** 928-428-3229

**Clifton/Duncan:** 928-428-0734

Provides authorization for limited Home Health services to qualified individuals when there is no other payer.

## **LEGACY HOME HEALTH: 928-428-0734**

Serves only northern Graham and Greenlee Counties.

## **HOME REPAIR**

### **HELPING HANDS**

**Safford:** 928-428-0275

A volunteer organization that works with homeowners who live at or below the poverty level or who are physically unable to make repairs to their homes. (Graham County Only)

## **HOSPICE SERVICES**

Based on a physician's determination, hospice provides in-home or in-patient services for terminally ill patients and their families. Services may include nursing, personal care, respite, spiritual and bereavement counseling, and pharmacy services. Medicare, or other insurance, usually pays for services.

**Website:** [www.hospicenet.org](http://www.hospicenet.org)

## **COMPASSION & CHOICES: 1-800-247-7421**

National, nonprofit agency providing end-of-life consultation to patients and their families.

## **LEGACY HOME HEALTH: 928-428-0734**

Serves only northern Graham and Greenlee Counties.

**MOUNT GRAHAM HOSPICE: 928-348-4063**

Serves Graham and Greenlee Counties.

**VETERANS ADMINISTRATION HOSPITAL HOSPICE: 520-792-1450 ext #2016  
or 1-800-470-8262**

In-patient hospice.

<b>HOSPITALS</b>
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**MOUNT GRAHAM REGIONAL MEDICAL CENTER**

**Website:** [www.mtgraham.org](http://www.mtgraham.org)

**Safford:** 928-348-4000 or 1-800-362-2750

**NORTHERN COCHISE COMMUNITY HOSPITAL**

**Website:** [www.ncch.com](http://www.ncch.com)

**Willcox:** 520-384-3541

<b>HOUSING</b>
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**GRAHAM AND GREENLEE COUNTIES HOUSING AUTHORITY**

**Bisbee:** 520-432-8881

Information on Section 8 Housing Choice Voucher (HCV) in Graham County.

**REVERSE MORTGAGE PROGRAM**

**Administration of Resources and Choices**

**520-327-8250**

A program for elderly or terminally ill who need to borrow money against their home.

**SOUTHERN ARIZONA LEGAL AID, INC. (SALA)**

**Website:** [www.sazlegalaid.org](http://www.sazlegalaid.org)

**Bisbee:** 432-1639 or 1-800-231-7106

**Tucson:** 1-800-640-9465

SALA is there to provide free, civil legal aid to qualified low-income persons who would not otherwise have access to Arizona's civil justice system.

**SOUTHWEST FAIR HOUSING COUNCIL**

**Website:** [www.swfhc.com](http://www.swfhc.com)

**520-798-1568 or Toll-free: 1-888-624-4611**

Takes complaints for potential housing discrimination situations.

**USDA RURAL DEVELOPMENT**

**Willcox:** 520-384-3529

Grants and low interest loans to qualified persons for home repairs and home purchase.

**SENIOR AND/OR LOW INCOME SUBSIDIZED APARTMENT COMPLEXES**

**Duncan (Zip Code-85534)**



**Duncan Heights Apartments**  
**928-359-2480**  
 521 4<sup>th</sup> Place

**Safford (Zip Code-85546)**

**Casa de Flores**  
**928-428-0501**  
 1775 20<sup>th</sup> Ave.

**Pinalono Foothills**  
**928-428-8161**  
 2500 S. 17<sup>th</sup> Ave.

**Mt. Graham Apartments**  
**928-428-7499**  
 2040 20<sup>th</sup> Ave.

**Safford Villa Apartments**  
**928-428-5411**  
 106 W. 11<sup>th</sup> Street

**Mt. View Terrace Apartments**  
**928-428-8785**  
 1901 W. Peppertree

**Thatcher (Zip Code-85552)**

**Gila River Apartments**  
**928-428-9292**  
 232 N. Chalmers Lane

(Also for shelters see **ABUSE, NEGLECT, AND EXPOITATION** section of this booklet.)

<b>INFORMATION AND ASSISTANCE</b>
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**DIRECT**

**Tucson: 520-624-6452, or 800-342-1853**

Center for Independent Living for the region. Provides information and referral for individuals who have disabilities.

**ELDERCARE LOCATOR: 1-800-677-1116**

**Website: [www.eldercare.gov](http://www.eldercare.gov)**

This nationwide system provides telephone number for the local Area Agency on Aging who can in turn refer to direct aging services in that location.

**EPILEPSY OUTREACH PROJECT, INC.**

**Tucson: 520-326-6690 or 1-800-234-0935**

A Tucson based, independent agency. Provides information, support, and advocacy for those with a seizure-disorder (epilepsy) and for their family and friends. Open 24 hour a day, 7 days a week.

**HARVARD HEALTH INFORMATION**

**Website: [www.health.harvard.edu](http://www.health.harvard.edu)**

Information and advice for a healthier life.

**NATIONAL HISPANIC COUNCIL ON AGING**

**Website: [www.nhcoa.org](http://www.nhcoa.org)**

An organization that is working to improve the lives of Hispanic older adults, their families, and caregivers.

**NATIONAL LIBRARY OF MEDICINE: 1-888-346-3656****Website: [www.nlm.nih.gov](http://www.nlm.nih.gov)****Website: [www.medlineplus.gov](http://www.medlineplus.gov)****Website: [www.medlineplus.gov/spanish](http://www.medlineplus.gov/spanish) (Spanish)**

Find, read, learn about diseases, drugs, and clinical trials. Contains drug and supplement information and medical encyclopedia.

**SAFE AGING****Website: [www.safeaging.org](http://www.safeaging.org)**

Library of safety information for seniors.

**SOCIETY FOR SAFE TRAVEL AND HOSPITALITY****Website: [www.sath.org](http://www.sath.org)**

Provides information for accessible travel and hospitality.

(For Retirement Benefits Counseling see **BENEFITS** section of this booklet.)

**IN-HOME SUPPORTIVE SERVICES**

A state license is not required of agencies that provide these services, but a local business license may be required. Services include custodial, attendant, companion, homemaker, and respite provided in a home setting. Payment for services is not usually covered by insurance. In addition to the agencies listed below, case managers for the Area on Aging services and some hospital social workers have lists of individuals and agencies that provide in-home services on a private pay basis in each community.

**ACCENTCARE****Tucson: 1-888-883-7448**

Serves Graham and Greenlee Counties.

**GREENLEE COUNTY HEALTH DEPARTMENT****Clifton: 928-865-2601****Duncan: 928-359-2866****GREENLEE COUNTY PROBATION DEPARTMENT****Clifton: 928-865-4184**

Yard work services are provided to elderly and disabled by probationers under staff supervision.

**SOUTHEASTERN ARIZONA COMMUNITY UNIQUE SERVICES (SEACUS)****Safford: 928-428-3229****TELECARE****R.U.O.K – Graham county Sheriff's Office****Safford: 928-428-0808**

Call to receive a regularly scheduled recorded call from the sheriff. No answer at the residence will trigger an alert for a deputy to check on you.

**LEGAL SERVICES**

**ARIZONA CENTER FOR DISABILITY LAW: 1-800-922-1447**

Provide protection and advocacy for individuals with mental illness and developmental disabilities, and advocates for individuals with substantial physical impairments.

**SOUTHERN ARIZONA LEGAL AID (SALA)**

**Website: [www.azlawhelp.org](http://www.azlawhelp.org) or**

**Website: [www.sazlegalaid.org](http://www.sazlegalaid.org)**

**Bisbee: 520-432-1639 or 1-800-231-7106**

**Tucson: 1-800- 640-9465**

The Bisbee office of Southern Arizona Legal Aid provides assistance with most civil legal issues to residents of Cochise, Graham, and Greenlee Counties. Some areas of specialty include Social Security, public benefits, housing, consumer law and landlord/tenant. Free booklets are available on landlord/tenant problems, and other frequently encountered legal issues. In addition, SALA provides a phone-in hotline where seniors can obtain legal advice and assistance over the phone. Main office for Cochise, Graham, and Greenlee Counties is in Bisbee, but county residents may also apply in Tucson. Provide legal assistance to low and moderate income individuals facing or at risk of foreclosure or legal issues directly related to the foreclosure of their home. Legal assistance may also be provided to tenants living in properties in or at risk of foreclosure and foreclosures associated with Homeowner Association fees.

**VICTIM WITNESS:**

**Graham County: 928-428-4787**

**Greenlee County: 928-865-4108**

May provide support/assistance to victims of crime.

**MEDICAL INSURANCE**

There are numerous insurance policies available through insurance companies. These listed below are more common and pertain to low-income or Medicare eligible individuals.

**AFFORDABLE CARE ACT (MARKETPLACE)**

**Website: [www.healthcare.gov](http://www.healthcare.gov)**

**[www.cuidadoesalud.gov/marketplace](http://www.cuidadoesalud.gov/marketplace) (Spanish)**

**1-800-318-2596 or TTY: 1-855-889-4325**

To apply for the Marketplace go to site or call. Marketplace is open 24/7 and has 150-plus languages.. To find application assisters, visit <http://coveraz.org/navigators-and-assisters/>.

**ARIZONA DEPARTMENT OF VETERANS SERVICES**

**Sierra Vista: 520-458-7150**

**Phoenix: 1-800-852-VETS(8387) or Phoenix: 602-248-1554**

Assists with V.A. Health System enrollment, benefit counseling and claims, referral to fiduciary services.

**ARIZONA HEALTH CARE COST CONTAINMENT SYSTEM (AHCCCS)**

**Website: [www.healtharizonaplus.gov](http://www.healtharizonaplus.gov)**

**Graham County: 928-428-3006**

**Greenlee County: 928-865-4131**

DES determines eligibility for health insurance for individuals who are eligible for AHCCCS based on federal poverty guidelines. In other states, this program is called Medicaid. AHCCCS benefits are automatic for recipients of Supplemental Security Income (SSI) and certain other programs.

**ARIZONA LONG TERM CARE SYSTEM (ALTCS): 928-425-3165 or 1-888-425-3165**

**Website: [www.altcs.com](http://www.altcs.com)**

This Medicaid program, operated by AHCCCS, provides acute medical services and covers the cost of long-term care in a facility or if cost effective through in-home services. Medical and financial eligibility is determined by the state ALTCS office. ALTCS provides services in clients' homes, in an assisted living facility, and in nursing homes.

**MEDICAL INSURANCE COUNSELING and MEDICARE SUPPLEMENT POLICY INFORMATION****SEAGO: 520-432-2528, ext. 222****State Health Insurance Assistance Program: 1-800-432-4040**

These agencies have information on most health insurance policies available and provide assistance in understanding and applying for various forms of insurance.

**MEDICARE****Website: [www.medicare.gov](http://www.medicare.gov)****Bisbee: 520-432-2528, ext. 222 or 1-800-633-4227**

This health insurance program primarily serves those aged 65 or older. Call for questions, information, or problems regarding a claim or assistance in signing up for a Medicare Part D plan.

**MEDICARE SAVINGS PROGRAM (QMB/SLMB/QI)****Website: [www.azahcccs.gov](http://www.azahcccs.gov)****Bisbee: 520-432-2528, ext. 222 or 1-602-417-5010**

This program pays the Medicare Part B premium for low income Medicare beneficiaries. It also qualifies an individual for Part D extra help. Eligibility requirements must be met.

**MEDICAL SERVICES****ARIZONA CHAPTER OF AMERICAN PARKINSON'S DISEASE ASSOCIATION****Website: [www.azapda.org](http://www.azapda.org)**

Assists with meetings, resources, and information on Parkinson's disease.

**AMERITAS SPECIALTY & INFUSION PHARMACY (formerly FOX INFUSION)****Tucson: 520-795-0111**

Therapies: Intravenous, Injection, Enteral, Inhalation

**CANYONLANDS HEALTH CARE****Safford: 928-428-1500****Duncan: 928-359-1380**

Provide a full range of primary health care services.

**CENTER FOR DISEASE CONTROL AND PREVENTION****Website: [www.cdc.gov](http://www.cdc.gov)**

The CDC maintains several departments concerned with occupational safety and health, such as the Center for Injury Prevention and Control.

**GILA HEALTH RESOURCES****Clifton: 928-865-9184**

Provide services to insured patients only.

## **RESOURCES WITH REDUCED/SLIDING FEE SCALE OR FREE SERVICES:**

### **CHIRICAHUA COMMUNITY HEALTH CENTER**

**Website:** [www.cchci.org](http://www.cchci.org)

**Elfrida:** 520-642-2222

Accepts all insurances and has a sliding fee scale. Provides medical services including Well Woman Health Check, chronic Disease Management, and basic dental services.

### **GRAHAM COUNTY HEALTH DEPARTMENT:**

**Website:** [www.graham.az.gov](http://www.graham.az.gov)

**Safford:** 928-428-0110

Provides immunizations, including pneumonia and flu shots, blood pressure and diabetes clinics, and other screenings.

### **GREENLEE COUNTY HEALTH DEPARTMENT:**

**Website:** [www.co.greenlee.az.us](http://www.co.greenlee.az.us)

**Clifton:** 928-865-2601

**Duncan:** 928-359-2866

Provides immunizations, including pneumonia and flu shots, blood pressure and diabetes clinics, and other screenings.

**SAFFORD V.A. CLINIC: 928-428-8010**

**SOUTHERN ARIZONA V.A. HEALTH CARE SYSTEM: 1-800-470-8262**

### **VETERANS SERVICE**

**Safford: 928-428-3403**

## **MEDICATIONS**

There are numerous prescription discount programs. Some are sponsored by drug manufacturers and usually have specific eligibility criteria. There are discount prescription plans sponsored by pharmacy chains, organizations, insurance plans, and even the state of Arizona in which one pays an annual membership fee and/or monthly fee in order to receive discounts. For individuals eligible for Medicare, the Part D insurance program provides more than a discount, it helps pay for the cost of drugs.

### **MEDICARE PART D**

**Website:** [www.medicare.gov](http://www.medicare.gov)

**1-800-MEDICARE or 1-800-633-4227**

**SEAGO at 520-432-2528, ext. 222**

To sign up for a Medicare Part D plan, use Planfinder on the Medicare Website. Part D provides insurance to purchase prescription drugs listed on the insurance plan's formulary. Insurance plans include standalone drug coverage, and drug coverage within a Medicare managed care plan.

Extra help is available to assist low income individuals to pay Medicare Part D premiums and co-pays. Apply for extra help at the AHCCCS/ALTCS office or at Social Security. SEAGO can assist in completing

applications for extra help.

**STATE OF ARIZONA COPPER RX PROGRAM: 1-888-227-8315**

Provides discounts on various prescriptions for eligible persons who join.

**STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)**

**1-800-432-4040 or**

**SEAGO 520-432-2528, ext. 222**

Both of these programs are available to provide information, counseling, and assistance to individuals with questions about various prescriptions discount programs, and insurance programs to pay for prescriptions.

**MENTAL HEALTH SERVICES**

(See **BEHAVIORAL HEALTH SERVICES** section of this booklet.)

**NURSING HOMES**

The Office of Long Term Care Licensure of the Arizona Department of Health Services licenses nursing homes and long-term care units in hospitals. Information about selecting a nursing home is available from the ombudsman program. Certain small rural hospitals have a “swing bed” agreement. Under this agreement, the hospital is participating in Medicare and has approval to provide post-hospital skilled care and meets certain requirements. Medicare Part A (the hospital insurance program) covers post-hospital extended care services given by a swing bed hospital. This allows an individual to get rehabilitation in a rural hospital instead of having to go to a nursing home.

**OFFICE OF LONG TERM CARE LICENSURE:**

**Tucson: 520-628-6965**

**Phoenix: 602-364-2690**

**OMBUDSMAN PROGRAM (serves Cochise, Graham and Greenlee Counties)**

**Benson/Willcox: 520-287-3408**

**Bisbee/Douglas/Sierra Vista: 520-432-2528, ext. 206**

The ombudsman program provides an advocate for residents in SEAGO contracted nursing homes and assisted living centers. They review questions and complaints brought by residents till an acceptable resolution. They advocate on behalf of residents addressing a wide range of issues, such as meals, responses to calls, staffing, cleanliness, and changes in routines and services. Coordinates with the State Ombudsman office and the Area Agency on Aging in Complaint investigation and resolution.

**NURSING HOMES**

**Safford: (85546)**

**Haven of Safford**

**Care & Rehabilitation Center**

**928-428-4910**

**1933 Peppertree Drive**

**Willcox: (85643)**

**520-384-3541 ext. 6431**

**901 West Rex Allen Drive**

**POLICE AND EMERGENCY NUMBERS**

**AMERICAN RED CROSS: 1-800-341-6943**

**Website: [www.redcross.org](http://www.redcross.org)**

**Safford: 928-428-0808**

Disaster relief for individuals and families.

## **BORDER PATROL**

**Willcox: 520-384-7200**

## **EMERGENCIES Call #911**

**Graham County Sheriff: 928-428-3141**

**Greenlee County Ambulance (outside of Morenci): 928-865-9184**

## **NON-EMERGENCY POLICE/SHERIFF DEPARTMENTS**

### **POLICE DEPARTMENTS**

**Clifton: 928-865-4566**

**Safford: 928-432-4100**

**Thatcher: 928-428-2296 ext. 15**

### **SHERIFF DEPARTMENTS**

**Graham County Sheriff: 1-888-717-7710 or 928-428-0808**

**Greenlee County Sheriff: 928-865-4149 or 928-359-2462**

**POISON CONTROL: 1-800-222-1222**

## **SCAMS, CONSUMER, AND FRAUD ISSUES**

### **ARIZONA ATTORNEY GENERAL**

**Website: [www.azag.gov](http://www.azag.gov)**

**Phoenix: 602-542-5763 or 1-800-352-8431**

Consumer information and complaints, including scams and identity theft help.

### **BETTER BUSINESS BUREAU OF SOUTHEASTERN ARIZONA**

**Website: [www.bbb.org/tucson](http://www.bbb.org/tucson)**

**Sierra Vista: 520-732-9823**

Consumer information and complaints.

### **DO NOT CALL**

**Website: [www.donotcall.gov](http://www.donotcall.gov)**

Sign up for blocking phone sales pitches. Must be renewed periodically.

### **ELDER AFFAIRS PROGRAM (Arizona Attorney General's Office-Senior Abuse)**

**Phoenix: 602-542-2124 or 1-800-352-2124**

This program is available to talk with a senior or caregiver about issues, information, or problems with physical, emotional, sexual, financial, or neglect abuse. They are also available to give information on life planning and other areas.

### **EXAMPLES OF SCAMS**

**Website: [www.azag.gov](http://www.azag.gov)**

For a list of the most current AZ scams.

- **CAR REPAIR SCAM**

You have car problems and while fixing one issue another problem is found costing hundreds or thousands of dollars more than the estimate.

- **CREDIT CARD SCAM**

You get unsolicited mail offering you a low interest credit card with a high credit limit. When you receive the credit card it can only be used to purchase items from their catalog.

- **HOME IMPROVEMENT SCHEMES**

Usually a salesperson comes to your door saying they spotted something deficient with your home. They offer to do the job immediately. They always insist on cash up-front. **Do not pay it!**

- **INVESTMENT FRAUD**

Unsolicited phone calls from salesperson with an investment opportunity. Usually offering higher returns than other investments. Check with a reputable money manager.

- **GRANDPARENT SCAM**

Someone calls and says "Hey, Grandma/Grandpa, this is your favorite Grandson/Granddaughter. Aw, come on you know who?" When you say the name they state that they "are in trouble and want you to send them money but don't tell mom & dad. You can help me just this once, can't you?"

- **LIVING TRUST SCAM**

Pressuring unsuspecting seniors into buying living trusts that they may not want or need using kits, which on average cost \$1,500.

- **MAGAZINE SUBSCRIPTIONS**

The company calls you up. If you buy their magazines, you will be entered in their prize drawing. You usually receive the magazine but get a phone call shortly after to buy more magazines to go even higher in the prize lottery. Seniors often spend \$800 or more per year on magazine subscriptions.

- **MEDICAL EQUIPMENT DEVICES**

They often leave flyers in mailboxes or solicit you in the hospital or doctor's parking lot. You are told to go to them and for a small fee Medicare will pick up the entire bill.

- **SWEEPSTAKES WINNERS**

You receive an unsolicited phone call stating you have won a foreign lottery or a prize. Person states you only have to send a little money to receive the winnings or prize. You will usually be asked to send the money to a post office box so that it cannot be traced.

<b>SENIOR CENTER/NUTRITION SITES</b>
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**NUTRITION SITES**

**Clifton: 928-865-5240**

122 W. 4<sup>th</sup> Street  
Clifton, AZ 85533

**Duncan: 928-865-5240**

235 High Street  
Duncan, AZ 85534

**Safford: 928-428-4328**

822 Main Street  
Safford, AZ 85546

**SENIOR CENTERS**



**Duncan: 928-359-9440**

235 High Street  
Duncan, AZ 85534

**Safford: 928-428-4328**

822 Main Street  
Safford, AZ 85546

<b>TRANSPORTATION</b>
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**AAA TRANSPORT: 520-312-5540**

Transportation to Tucson airport, train and bus terminals, and to non-emergency appointments in Tucson. Call for information and fares. Not covered by medical insurance.

**GENTLE CARE TRANSPORT: 928-428-1899****SOUTHEASTERN ARIZONA COMMUNITY ACTION PROGRAM: 800-2931144****Clifton: 928-865-3214****Duncan: 928-359-9440****Safford: 928-428-2872**

<b>VETERANS</b>
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**ARIZONA DEPARTMENT OF VETERANS SERVICES****Website:** [www.va.gov](http://www.va.gov)**Safford: 928-428-3403****Phoenix: 1-800-852-VETS(8387) or 1-800-827-1000****Phoenix: 602-248-1554****Fuduciary Division****Tucson: 520-207-4960****Phoenix: 602-627-3268**

Assists with V.A. Health System enrollment, benefit counseling and claims, referral to fiduciary services.

**DAV (DISABLED AMERICAN VETS) TRANSPORTATION: 1-800-470-8262, ext. #6565**

Appointments made through Tucson V.A. Hospital.

**SAFFORD V.A. CLINIC****1-800-470-8262 or 928-428-8010**

Appointments made through Tucson V.A. Hospital.

**V.A. CEMETARY: 1-888-952-4700****V.A. HOSPITAL:****Tucson: 520-792-1450 or****TLC (Telephone Linked Care) 1-800-470-8262 ext. #6565**

Provide medical services, hospice services, and transportation to V.A. hospital.

**V.A. REGIONAL OFFICE: 1-800-827-1000**

**Website:** [www.va.gov](http://www.va.gov)

Processes claims for disability compensation, education benefits, pensions, widow's benefits, veteran's home loans.

**VETERAN'S OUTREACH (Wellness Connections)**

**Website:** [vets@seacrs.org](mailto:vets@seacrs.org)

**Safford:** 928428-1207

Veterans helping veterans get through everything from PTSD to readjustment to civilian life. Serving all veterans, regardless of service era, or combat status.

**VETERAN'S CRISIS LINE: 1-800-273-8255, ext. #1**

<b>VISION</b>
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**DES OFFICE OF VOCATIONAL REHABILITATION**

**Tucson:** 520-629-0225

Available for consultation, or referral to other agencies for individuals with vision, hearing, or combined hearing and vision loss.

**LIONS VISION AND HEARING FOUNDATION:**

**Phoenix:** 602-954-1723

**Safford:** 928-428-3229 (for application process)

May be able to assist low income individuals with hearing aids, eye exams, glasses or surgery.

**SOUTHERN ARIZONA ASSOCIATION FOR VISUALLY IMPAIRED**

**Website:** [www.saavi.us](http://www.saavi.us)

**Tucson:** 520-795-1331

Provides a variety of rehabilitation services and workshops for adults, experiencing vision loss, who are looking for employment skills or better quality of life. Services are **FREE** to clients and can be provided at the center or at home.

**SUN SOUNDS RADIO**

**Website:** [www.sunsounds.org](http://www.sunsounds.org)

**Tucson:** 520-296-2400

Radio station for visually impaired. Receiver provided free of charge.

**TALKING BOOKS: 1-800-255-5578**

**Phoenix:** 602-255-5578

Talking books available to individuals that are visually impaired.

<b>VOLUNTEER OPPORTUNITIES</b>
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**MEDICAL INSURANCE COUNSELING and MEDICARE SUPPLEMENT POLICY INFORMATION – SEAGO: 520-432-2528, ext. #222**

**OMBUDSMAN PROGRAM: 800-293-1144****Safford: 928-428-2872****Nogales: 520-287-3408 or 520-287-5068**

Recruits volunteer advocates for individuals in nursing homes and assisted living facilities.

**SAAVI – SOUTHERN ARIZONA ASSOCIATION FOR THE VISUALLY IMPAIRED****Website: [www.saavi.us](http://www.saavi.us)****Tucson: 520-795-1331**

For volunteer opportunities, working with adults who are blind and visually impaired. Volunteer opportunities are in a rehabilitation setting and can encompass many experiences. Call for details.

**SEACUS****Safford: 928-428-3229**

## WEB SITES

[www.aarp.org](http://www.aarp.org)

AARP's Web site contains info on legal assistance and tax preparation.

[www.altcs.com](http://www.altcs.com)

Arizona Long Term Care System

[www.alz.org](http://www.alz.org)

Information for caregivers and education about Alzheimer's

[www.azag.gov](http://www.azag.gov)

Arizona Office of Attorney General. Free life planning information and documents.

[www.azahcccs.gov](http://www.azahcccs.gov)

Arizona HealthCare Cost Containment System. Medicare Savings Program (Qualified Medicare Beneficiary (QMB), Specified Low-Income Beneficiary (SLMB), Qualified Individual (QI))

[www.azapda.org](http://www.azapda.org)

Arizona Chapter of American Parkinson Disease Association

[www.azdes.gov](http://www.azdes.gov)

Arizona Department of Economic Security

[www.azdes.gov/reportadultabuse](http://www.azdes.gov/reportadultabuse)

Adult Protective Service's site for reporting abuse online.

[www.azhomicidesurvivor.org](http://www.azhomicidesurvivor.org)

Grief Support for homicide survivors.

[www.azlat.net](http://www.azlat.net)

Helps provide loans for purchasing assistive technology

[www.azlawhelp.org](http://www.azlawhelp.org)

Helps to solve legal problems for low-income individuals.

[www.bbb.org/tucson/](http://www.bbb.org/tucson/)

Better Business Bureau of Southern Arizona

[www.bestcompany.com/medical-alert-systems/](http://www.bestcompany.com/medical-alert-systems/)

Identifies and compares Emergency Alert Systems

[www.caregiver.org](http://www.caregiver.org)

Identifies resources for caregivers.

[www.caregiveraction.org](http://www.caregiveraction.org)

Provides resources for caregivers in different situations.

[www.cchci.org](http://www.cchci.org)

Chiricahua health clinic provides sliding fee scale programs.

[www.cdc.gov](http://www.cdc.gov)

Center for Disease Control.

[www.cenpatointegratedcareaz.com](http://www.cenpatointegratedcareaz.com)

Information about behavioral health providers.

[www.co.greenlee.az.us](http://www.co.greenlee.az.us)

[www.co.greenlee.az.us/assessor](http://www.co.greenlee.az.us/assessor)

[www.co.greenlee.az.us/courts/fiduciary.aspx](http://www.co.greenlee.az.us/courts/fiduciary.aspx)

Greenlee County government sites.

[www.cuidadoesalad.gov/marketplace](http://www.cuidadoesalad.gov/marketplace)

Apply for the Marketplace government health insurance options in Spanish.

[www.donotcall.gov](http://www.donotcall.gov)

Sign up for blocking phone sales pitches.

[www.dor.gov](http://www.dor.gov)

Department of Revenue for owners/renters aged 65 or older or those on SSI.

[www.eldercare.gov](http://www.eldercare.gov)

The Elder Locator Web site provides information about local aging services.

[www.freseniuskidneycare.com](http://www.freseniuskidneycare.com)

Dialysis center.

[www.graham.az.gov](http://www.graham.az.gov)

[www.graham.az.gov/assessor](http://www.graham.az.gov/assessor)

[www.graham.az.gov/exemptions](http://www.graham.az.gov/exemptions)

[www.graham.az.gov/health-department/fiduciary](http://www.graham.az.gov/health-department/fiduciary)

Graham county government websites.

[www.healthcare.gov](http://www.healthcare.gov)

To apply for the Marketplace of health insurance options.

[www.healtharizonaplus.gov](http://www.healtharizonaplus.gov)

Determine eligibility for Arizona Health Care Cost Containment System (AHCCS)

[www.health.harvard.edu](http://www.health.harvard.edu)

Health information. Advise for a healthier life.

[www.homehealthcareagencies.com](http://www.homehealthcareagencies.com)

Information on home healthcare options and agencies.

[www.hospicenet.org](http://www.hospicenet.org)

For patients and families facing a life threatening illness.

[www.irs.gov](http://www.irs.gov)

Earned Income Credit, Federal Tax Credit

[www.ls-hf.org](http://www.ls-hf.org)

Lion's Sight & Hearing foundation

[www.medicalalert.org](http://www.medicalalert.org)

Medical alert and safe return line.

[www.medicare.gov](http://www.medicare.gov)

Information about Medicare.

[www.medlineplus.gov](http://www.medlineplus.gov) or [www.medlineplus.gov/spanish](http://www.medlineplus.gov/spanish) (for Spanish)

Health information from the National Library of Medicine.

[www.moneymanagement.org](http://www.moneymanagement.org)

Provides credit counselling and credit education classes at not cost.

[www.mtgraham.org](http://www.mtgraham.org)

Mount Graham Regional Medical Center

[www.nami.org](http://www.nami.org)

National Alliance on Mental Illness

[www.ncch.com](http://www.ncch.com)

Northern Cochise Community Hospital

[www.nfcacares.org](http://www.nfcacares.org)

Helps educate, support, and empower caregivers. Caregiver action network.

[www.nhcoa.org](http://www.nhcoa.org)

National Hispanic Council on Aging.

[www.nlm.nih.gov](http://www.nlm.nih.gov)

National Library of Medicine

[www.redcross.org](http://www.redcross.org)

American Red Cross

[www.saavi.us](http://www.saavi.us)

Southern Arizona Association for the Visually Impaired.

[www.safeaging.org](http://www.safeaging.org)

Library of safety information for seniors and caregivers.

[www.safelinkwireless.com](http://www.safelinkwireless.com)

Information on free cell phone for low income individuals

[www.saffordaa.org](http://www.saffordaa.org)

Support group availability for recovering alcoholics and their families.

[www.sath.org](http://www.sath.org)

Provides information for accessible travel and hospitality.

[www.sazlegalaid.org](http://www.sazlegalaid.org)

Southern Arizona Legal Aid, Inc. (SALA)

[www.seacus.org](http://www.seacus.org)

Southeastern Arizona Community Unique Services

[www.seago.org](http://www.seago.org)

Provides information about the SouthEast Arizona Government Office (SEAGO) region.

[www.searizona@dfc.care](mailto:www.searizona@dfc.care)

Dementia Friendly community of Safford

[www.ssa.gov](http://www.ssa.gov)

Social Security Administration

[www.sunsounds.org](http://www.sunsounds.org)

Radio station for visually impaired. Receiver provided free of charge.

[www.swfhc.com](http://www.swfhc.com)

Southwest Fair Housing Council

[www.swgas.com](http://www.swgas.com)

Southwest Gas Company Bill Assistance Program for qualified low income families.

[www.wellness-connections.org](http://www.wellness-connections.org)

A self help center for mental health, wellness, recovery, and substance abuse.

[www.va.gov](http://www.va.gov)

U.S. Department of Veteran's Affairs