

#### Area Agency on Aging, Region VI

#### MEETING OF THE ADVISORY COUNCIL ON AGING

DATE: Thursday, October 20, 2016

**TIME: 10 A.M.** 

PLACE: UNITED METHODIST CHURCH

**124 SOUTH CURTIS AVENUE** 

WILLCOX, ARIZONA

#### AGENDA

1.	Call to Order, Introductions	Jaime Aguilar	
2.	Approval of Minutes of July 21, 2016 ***	Jaime Aguilar	3
3.	Open floor for nominations to vacant seats ***	Jaime Aguilar	7
4.	SEAGO/AAA Area Plan review/process ***	Laura Villa	11
5.	Report on Governor's Advisory Council on Aging	Debbie Hankerd	50
6.	Alerts: SFY17 8-31-16	Laura Villa	57
7.	Health and Nutrition Program Updates	Laura Villa	73
8.	State Health Insurance Program/ SHIP-SMP	Laura Villa	75
9.	Information Exchange	Jaime Aguilar	
10.	Schedule Next Meeting Date- January 19, 2016 (Third Thursday of the Quarter)	Jaime Aguilar	

\*\*\*Agenda items requiring action by the Advisory Council on Aging.

NOTE: All agenda items are subject to action by the Advisory Council on Aging.

Individuals with disabilities who require special accommodations may contact Laura Villa at (520) 432-2528 extension 208 at least 72 hours before the meeting time to request such accommodations.

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## MINUTES OF THE ADVISORY COUNCIL ON AGING MEETING UNITED METHODIST CHURCH 124 SOUTH CURTIS AVENUE WILLCOX, ARIZONA July 21<sup>st</sup>, 2016

**MEMBERS PRESENT:** Deborah Hankerd, Tombstone

Jaime Aguilar, Greenlee County Unincorporated

Linda Huffstetler-Dearing, Patagonia

Luisa Massee, Nogales

Moe Sinsley, Cochise County Unincorporated

Kathy Spangler, Benson Ed Bagnaschi, Sierra Vista Rebecca Phifer, Willcox

**MEMBERS NOT PRESENT:** Valadee Crotts, Duncan

Sandra Gaines, Safford Sue Speicher. Bisbee Gary Clark, Douglas

Laurel Stangel, Huachuca City

**GUESTS PRESENT:** 

**STAFF PRESENT:** Laura Villa, AAA Program Manager

Carrie Gibbons, AAA Office Specialist

Ramona MacMurtrie, AAA Insurance Coordinator

#### **CALL TO ORDER**

President Jaime Aguilar called the meeting to order. Introductions were made.

#### APPROVAL OF MINUTES

Jaime Aguilar addressed council's review of the July 21, 2016 minutes. Two changes to be made to minutes.

MOTION: Deborah Hankerd SECOND: LUISA MASSEE

ACTION: APPROVED UNANIMOUSLY

#### STATE HEALTH INSURANCE PROGRAM (SHIP) UPDATES

Ramona MacMurtrie provided the council with important information, updates and upcoming events with SHIP and services provided. Such as offering Medicare beneficiaries free advice on how to choose the insurance plans that are right for them, how to challenge coverage denials, assist in finding financial subsidies for premiums, provide one on one counseling, host information meeting and answer question over toll free telephone lines.

#### NOMINATION MADE TO THE EXECUTIVE BOARD APPROVED

Laura Villa informed the council that on May 20, 2016 the Executive Board had on the consent agenda the nomination made by the Advisory Council on Aging for Ms. Kathy Spangler representing City of Benson in Cochise County. Representative membership date starts May 20, 2016 and is good for one term of three years.

#### GOVERNOR'S ADVISORY COUNCIL ON AGING (GACA)

Debbie Hankerd Provided the Council with information on GACA's updates from July 8, 2016.

#### NOMINATIONS TO VACANT SEATS

Laura Villa advised the council The Advisory Council on Aging's (ACOA) revised bylaws dated May 19, 2007, state under Article III-Membership section 1, that the ACOA consists of eight representatives from Cochise County, four from Graham and three from Greenlee and Santa Cruz County.

Section 2 states, at least ten of the eighteen members shall be age sixty or older, and shall include persons in greatest economic or social need, minority individuals, and participants in services funded through the SEAGO Area Agency on Aging.

Section 9 states, members appointed by SEAGO Executive Board shall serve a term of three years (3). Each member shall be limited to two (2) consecutive terms. However, in the event that a vacancy cannot be filled in 90 days, a previous member can be reappointed. The Advisory Council on Aging may submit the name of a member to the Executive Board for reappointment for an additional term.

Currently, there are five (5) vacant seats and members are selected to represent incorporated cities, towns and the unincorporated portions of each county. The areas are the incorporated cities of Thatcher, Pima and Clifton. Santa Cruz and Graham unincorporated areas. The areas can include the towns of Solomon, San Jose, Rio Rico, Elgin and Sonoita. Nominated representatives will commence their term on the date once approved and appointed by the SEAGO Executive Board which is scheduled for August 19, 2016

**MOTION:** Deborah Hankerd

**SECOND:** Linda Huffstetler-Dearing

ACTION: APPROVED UNANIMOUSLY

#### **LEGISLATIVE UPDATE**

Laura Villa informed the Council of Legislative Update for July 8, 2016 provided by the Governor's Advisory Council on Aging.

Laura provided information on Bills and Actions taking place in Arizona State Legislature and to highlighted federal legislature or activities affecting Older Americans.

#### DES/DAAS ALERT SFY17 REVISED ALLOCATIONS

Laura Villa advised the council On June 24, 2016 DES/DAAS Department of Economic Security Division of Aging and Adult Services issued ALERT SFY 17 Revised Allocations.

Alert: SFY17-3B State General Fund-Supplemental Payment Program Allocations and 17-10A Policy and Procedures for the Ombudsman Program.

The Division of Aging and Adult Services (DAAS) is in the process of closing the Supplemental Payment Program (SPP), otherwise known as Direct Pay \$70 (DP7) Program. There are currently 83 clients in four Area Agencies on Aging receiving a \$70 check to purchase housekeeping services in lieu of receiving a contracted housekeeping services. The final checks under this program will disbursed in September 2016. Clients have been issued a letter from DES-DAAS and case managers are following up with six of those clients in our four-county region in order to offer HSK services if that is their desire. DES-DAAS has allocated \$4,379 to SEAGO/AAA in order to replace the SPP checks. There are no appeal rights to this decision and therefore clients have been informed by writing as well as by their case manager during a home visit.

DES-DAAS announces that Chapter 3000 Services and Programs, Section 3700 Ombudsman Policy and Procedures and chapter 6000 Aging and Adult Services Glossary has been updated. These changes are to be implemented and take effect July 1, 2016.

The current Policy and Procedures (Attachment A) can be accessed at https://des.az.gov/sites/default/files/polpro\_ch3000-011\_s3700%283%29.pdf Chapter 6000, the Aging and Adult Services Glossary, has also been revised (Attachment B) and can Be accessed at. https://des.az.gov/sites/default/files/polpro\_ch6000\_glossary.pdf

#### SEAGO/AAA AND ALZHEIMER'S ASSOCIATION AGING CONFERENCE AND AZ4A AGING SUMMIT

Laura Villa Explained to the Council SEAGO/AAA in partnership with the Alzheimer's Association has ended the fiscal year with the 2<sup>nd</sup> Annual Aging Conference which was held in Bisbee at the St. Patrick's Hall on June 10, 2016. This was a free full day event where we had almost 60 participants and about 10 exhibitor tables. Our speakers informed the public about Caring for someone with dementia through the stages, Meaningful Moments, Engaging the persons with Dementia, Caring for the caregiver, Long term care and Advanced Directives and SEAGO also talked about the services it provides to all four-county region. The Area Agency on Aging is willing and committed in continuing these conferences year after year in order to educate our communities and help increase awareness.

#### INFORMATION EXCHANGE

**Rebecca Phifer** – Informed the council of transportation issues in Wilcox.

**Linda Huffstetler-Dearing** – Offered her assistance to grow SHIP clients in Santa Cruz county. Also informed the council that The Lending Shed is in danger of losing funding and inquire if anyone knows of any organization that can help.

**Carrie Gibbons** – advised the project to update the resource directory is underway with the assistance of Lisa Conley.

**Laura Villa** – Offered to assist Linda with sponsorship of the lending shed. Laura Advised the council of staff changes within our sub award partners.

**Jaime Aguilar** – informed the council that Alzheimer Association will be doing a presentation for the Greenlee County community.

Moe Sinsley – Let the council know that the Lions club assists people with glasses and service dogs.

**Luisa Massee** – Provided an update on the women she informed the council of on the last meeting. APS has stopped the financial abuse the woman has gained weight and is always in clean clothes.

**Deborah Hankerd** – Tombstone having a Fraud/scam Presentation on August 12, 2016 at the tombstone senior center. The Old firehouse got new tables and chairs and has served over 7500 meals since January. They are still hosting a Bunko game once a month and is well loved by the people in Tombstone.

**Ed Bagnaschi** – Still volunteering in several organizations and has recently added the good neighbor alliance to the list.

**Ramona MacMurtrie** – Reminded the Council she is available to come out the their communities to do insurance counseling and presentations.

#### **ADJOURNMENT**

Jaime Aguilar addressed the council and with there being no further Advisory Council on Aging business a motion was made to adjourn.

The next meeting is scheduled for October 20, 2016



## ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM MANAGER

**DATE:** OCTOBER 20, 2016

SUBJECT: NOMINATIONS TO VACANT SEATS

The Advisory Council on Aging's (ACOA) revised bylaws dated May 19, 2007, state under Article III-Membership section 1, that the ACOA consists of eight representatives from Cochise County, four from Graham and three from Greenlee and Santa Cruz County.

Section 2 states, at least ten of the eighteen members shall be age sixty or older, and shall include persons in greatest economic or social need, minority individuals, and participants in services funded through the SEAGO Area Agency on Aging.

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Currently, there are five (5) vacant seats and members are selected to represent incorporated cities, towns and the unincorporated portions of each county. The areas are the incorporated cities of Thatcher, Pima and Clifton. Santa Cruz and Graham unincorporated areas. The areas can include the towns of Solomon, San Jose, Rio Rico, Elgin and Sonoita. New vacancies will open in Cochise county for the areas of Bisbee and Tombstone.

Nominated representatives will commence their term on the date once approved and appointed by the SEAGO Executive Board which is scheduled for November 18, 2016.

Action Requested: Information Only X Action Requested Below

Proposed representatives to the SEAGO Executive Board for appointment to fill vacancies.



## ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM MANAGER

**DATE: OCTOBER 20, 2016** 

NOMINATIONS TO BE MADE TO THE EXECUTIVE BOARD FOR

**SUBJECT:** APPROVAL

#### Description:

On November 18, 2016 nominations will be presented to the Executive Board for approval to fill vacant seats as indicated below:

Arnold A. Lopez representing Thatcher in Graham County. Mr. Lopez works for the town of Thatcher as a Journeymen Lineman he has lived in Graham county most of his life. Mr. Lopez served the Arizona Army National Guard for a total of 26 years and retired. Mr. Lopez serves the Safford City Council for the past 4 years and by doing this he has learned of the community needs and would like to help seniors in his area.

Barbara Ahmann representing Clifton. Mrs. Ahmann was born in Philadelphia and lives in Greenlee County. She has been recently reelected to serve a second term as councilperson for the Town of Clifton. Mrs. Ahmann has taught pottery, painting and yoga for Eastern Arizona College. She is a board member of Greenlee Chamber of Commerce, a member of the American League Auxiliary, Unit 28. This winter she has been hired by AmeriCorps to organize the community Farmers' Market. Mrs. Ahmann grew up in the cradle of liberty which instilled in her a spirit of patriotism and believes that it is every person's responsibility to be involved for the betterment of their community.

Leslie F Kramer representing Santa Cruz county Unincorporated. Mrs. Kramer lives in Sonoita and has a private practice for more than 35 years, emphasizing civil matters which include: Estate planning, probate and guardianship matters including court appointments to represent the elderly and investigate fraud and abuse allegations. Mrs. Kramer was considered one of the leading advocates for the elderly in Wisconsin during the 1990's. Mrs. Kramer is looking forward to continue offering her expertise as attorney at law in Arizona and in her community and learn more from the Area Agency on Aging.

Royce Hunt representing Graham County Unincorporated. Mrs. Hunt has been the Executive Director for SEACUS since 2007 service seniors in both Graham and Greenlee Counties. Royce serves on several boards which include: Chair Elect for United Way of Graham and Greenlee Counties, Vice Chair on the Arizona Community Foundation of Gila Valley, Board of Directors for the Graham County U of A Extension Office and serves on the graham County Community Partnership Panel for Freeport McMoRan Cohort and the Graham County Chamber of Commerce board serving as president during her last term. Royce believes that one person can and does make a difference.

Action Requested: X Information Only Action Requested Below



### ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM MANAGER

**DATE:** OCTOBER 20, 2016

SUBJECT: SEAGO/AREA AGENCY ON AGING AREA PLAN ON AGING 2018-2021

#### Description:

DES-DAAS issued a Technical Assistance Alert which are generated periodically to update contractual and/or programmatic requirements and or/clarifications on July 29, 2016.

#### Area Plans on Aging

To focus on the commonalities that already exist among the goals and objectives between the Administration for Community Living, Administration on Aging Strategic Plan, State Plan on Aging, and the eight Area Plans on Aging, the following three goals are to be incorporated into the 2018-2021 Area Plans on Aging:

- Increase awareness and understanding of aging issues and help prepare Arizona for an aging population.
- Increase the ability of older adults to remain active, healthy and living independently in their communities.
- Increase the safety and well-being of older Arizonans.

The Advisory Council Chairperson is a voting member that ensures that the Area Agency Advisory Council has an input in the plan. The Advisory Council provides input to the Area Plan and assists in review of its goals and objectives that will be presented to the Executive Board for approval.

Action Requested: Information Only X Action Requested Below

# AREA PLAN ON AGING FOR THE PERIOD JULY 2018 THROUGH JUNE 2021



#### AREA AGENCY ON AGING, REGION VI

300 COLLINS ROAD BISBEE, AZ 85603 (520) 432-5301, ext. 208 Web site: www.seago.org

e-mail: aging@seago.org

#### **VERIFICATION OF INTENT**

The Area Plan on Aging is hereby submitted for Region VI for the period SFY 2018 through SFY 2021. It includes all assurances and plans to be followed by the SouthEastern Arizona Governments Organization, under provisions of the Older Americans Act, as amended during the period identified. The Area Agency identified will assume full authority to develop and administer the Area Plan on Aging in accordance with all requirements of the Act and related State policy. In accepting this authority the Area Agency assumes major responsibility to develop and administer the Area Plan for a comprehensive and coordinated system of services and to serve as the advocate and focal point for older people in the planning and service area.

The Area Plan on Aging has been developed in accordance with all rules and regulations specified under the Older Americans Act, and are hereby submitted to the State Agency on Aging for approval.

Date	(Signed)	
		Laura Villa, Program Manager
•	Advisory Council on ng. Comments are atta	Aging has had the opportunity to review and comment on the ached.
Date		Jaime Aguilar, President
		SEAGO Advisory Council on Aging
The governing bo	dy of the Area Agency	y has reviewed and approved the Area Plan on Aging.
Date	(Signed)	
		Gerald 'Sam' Lindsey Chairman of Executive Board

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## PART I INTRODUCTION TO THE AREA PLAN

#### PART I - INTRODUCTION TO THE AREA PLAN

An Area Plan is the document submitted by an Area Agency on Aging to the State Agency on Aging in order to receive awards or contracts from the State Agency's grant provided under the Older Americans Act, as amended. The Area Plan contains provisions required by the Act, the federal rules and regulations, state policies, procedures, and assurances and commitments that the Area Agency will administer activities funded under the plan in accordance with all federal and state requirements. The plan is the blueprint by which the Area Agency develops and administers a comprehensive and coordinated system of services and serves as the advocate and focal point for older people in the Planning and Service Area.

Conceptually, the plan must represent a process, which translates needs assessment information into the establishment of priorities for funding and services.

The Area Plan on Aging, as a planning document, has three major purposes, as follows:

- 1) The Area Plan serves as the planning document which identifies needs, goals, objectives, and the activities that will be undertaken by the Area Agency on Aging relative to programs for the older persons in the Planning and Service Area.
- 2) The Area Plan represents a formal commitment to the State Agency, which describes the manner in which the Area Agency on Aging plans to utilize the Older Americans Act funds, and how it will carry out its administrative responsibilities.
- 3) The Area Plan is viewed as "the blueprint for action" which represents a commitment by the Area Agency on Aging that it will fulfill its role as the planner/catalyst/advocate on behalf of older persons in the Planning and Service Area.

#### PART II

## DESCRIPTION OF THE AREA AGENCY ON AGING AND ITS NETWORK

#### PART II – DESCRIPTION OF AREA AGENCY ON AGING AND ITS NETWORK

#### The Planning and Service Area

The Planning and Service Area designated as Region VI consists of the four rural counties of Cochise, Graham, Greenlee, and Santa Cruz, which covers a territory of approximately 14,000 square miles. It is bordered on the east by New Mexico and on the south by Mexico. The region has fourteen incorporated cities and towns ranging from a population of 696 in Duncan to 43,888 in Sierra Vista, based on the 2010 Census. The total census population for the entire region is 224,423, for a density of around 16 people per square mile. The economic base varies from one community to another, but most communities have been dependent on one major employer and little economic diversity; mining, ranching, border trade, agriculture, military, prisons, and tourism are the major industries.

According to the 2010 Census 21.2 percent of the population was aged 60 or older, with the highest concentration of 23.84 percent in Cochise County, the lowest of 15.99 percent in Graham County, 17.04 percent in Greenlee, and 18.71 percent in Santa Cruz County. The percentage of elders aged 60 or older who were minority was 24.11 percent in Cochise, 25.74 percent in Graham, excluding San Carlos Apache Nation, 44.17 percent in Greenlee and 59.78 percent in Santa Cruz. Of those aged 60 or older, 11.97 percent were below the federal poverty level, with the highest poverty rate among elders of 15.54 percent in Cochise, and the lowest in Graham with 9.55 percent. These figures could be slightly higher or lower based on in and out-migration experienced in the different areas in our region since the 2010 Census was conducted.

#### The SouthEastern Arizona Governments Organization

The SouthEastern Arizona Governments Organization (SEAGO) is a Council of Governments (COG). The member governments are the four counties of Cochise, Graham, Greenlee, and Santa Cruz, the 14 incorporated cities and towns of Benson, Bisbee, Clifton, Douglas, Duncan, Huachuca City, Nogales, Patagonia, Pima, Safford, Sierra Vista, Thatcher, Tombstone, and Willcox, and the San Carlos Apache Tribe. SEAGO is a regional planning agency which performs and coordinates a variety of functions. Established in 1972, SEAGO is a 501(c) 3, nonprofit organization whose core function is to assist local governments in seeking cooperative solutions to area wide problems; SEAGO provides a forum for regional policy development; and to serve as a coordinating link between municipal, county, tribal, state, and federal agencies. SEAGO's programs focus on issues that often cross jurisdictional boundaries, such as water quality, community and economic development initiatives, transportation, aging and social service issues. Originally a planning entity, SEAGO's operational scope has expanded considerably since its inception to include project programming and implementation activities in the areas of, economic development, social services, transportation, the environment, and public transit.

#### The SEAGO Area Agency on Aging

The SouthEastern Arizona Governments Organization (SEAGO) was designated as an Area Agency on Aging (AAA) in 1974. As with many of SEAGO's program areas, the AAA is a separate organizational unit within SEAGO. Over the years AAA staff has worked with a variety of community organizations as partners, as well as with service providers in order to develop, and maintain community based systems of service that meet and fit the needs of the communities within the planning and service area. As the years go by, AAA strives to develop new partnerships with other agencies serving the communities within our region.

Every five years, the AAA issues a competitive Request for Proposals in order to select the best qualified service providers and to ensure competition in arranging for services for elderly individuals

and their caregivers. The SEAGO AAA currently issues subaward agreements with the agencies identified in Appendix C. The AAA combines Older Americans Act, federal Social Service Block Grants, and state appropriations into one line in the providers' subaward operating budgets. Service Providers identify all other funding sources that are not administered by the AAA, and these are also included in the subaward budgets. In their proposals, prospective service providers are asked to describe how services will be coordinated with any other programs that serve the elderly or disabled, how activities will be coordinated with county long-term care programs, Medicare and ALTCS, and how the provider will ensure that these fund sources are maximized in order to use AAA funding only when no other source is available, in order to ensure coordination of services and integration of multiple funding sources.

#### **Organizational Structure of SEAGO AAA**

The SEAGO Organizational Chart is included as Appendix B. All policy decisions related to the AAA are presented to the Advisory Council on Aging and to the Administrative Council for input before being presented to the Executive Board, which is the policy making body of SEAGO. The AAA Program Manager reports directly to the executive director of SEAGO on a regular basis. (See staff table below.)

The Advisory Council on Aging (ACOA) meets quarterly in order to address issues arising in the communities and or discuss AAA alerts and information within the agency. Action Plans relating to the Area Plan will be a regular agenda item at the January and July meetings of the ACOA. In this way, the Action Plans will be used as a tool to track progress on meeting the Area Plan Goals and Objectives. Should changes to any goals or objectives be identified, the Advisory Council will revise the Area Plan and seek Executive Board approval for these changes.

*Positions and duties within the SEAGO AAA are as follows:* 

Position Duties		
AAA Program Manager Full-Time  Office Specialist Full-Time	negotiates awards with provider agencies; monitors performance under these awards; and ensures compliance with all federal and state laws and regulations.	
Health Insurance Coordinator Full-Time	questions from service providers and clients, assists with programmatic monitoring of all service providers and delivers administration support.  Provides counseling to seniors on Medicare and other health insurance programs. Recruits, trains, and supervises volunteers to ensure greater geographic coverage for this program. Conducts community training events on topics such as new to Medicare, long term care insurance, fraud, scam jams and benefits for low income individuals.	
Ombudsman Coordinator Part-Time	Coordinates the ombudsman program that represents and advocates for residents in nursing homes and assisted living facilities in the SEAGO region. Represents the Area Agency on Aging program with these facilities; recruits, trains, and oversees volunteers for each facility. Participates in the Elder	

	Abuse Prevention Taskforce Coalition. Maintains a close relationship with DHS in order to assist with facility survey exits.	
Accounts Manager AAA supports part of this position	Establishes and maintains the central accounting system, all accounting records and financial controls; reconciles bank statements to general ledger and maintains agency cashbook; prepares monthly financial statements; ensures that financial system is in compliance with applicable regulations.	
Health and Nutrition Coordinator Part-Time	The health and nutrition coordinator is certified by ServSafe and is responsible for monitoring the meals programs and for nutrition related provider training. She is a Matter of Balance (AMOB) master trainer. She is responsible to developing a network of CDSMP lay leaders and coaches for AMOB and for seeing that classes are provided periodically throughout the region.	
<b>Transit Coordinator</b> AAA supports 1/10 of this position	The transit coordinator is SEAGO's mobility manager under a contract with ADOT. In order to have transit programs and their funding integrated, this individual monitors all of the AAA funded transportation programs though out the SEAGO region.	

#### The SEAGO AAA Network:

The SEAGO AAA is tiny with approximately four full-time equivalent staff. Without partnerships very little could be accomplished. Because SEAGO's focus over the years has been on in-home services, senior centers are not effective in reaching seniors, especially since participation in nutrition sites in some centers has declined over the years. A variety of agencies have been willing to provide space for SEAGO staff to meet with clients, or have agreed to co-host training events.

The AAA currently has subawards with 18 different qualified service providers, one of which is SouthEastern Arizona Community Unique Services (SEACUS). Headquartered in Safford, SEACUS has gone beyond the scope of its award to schedule appointments for Medicare beneficiaries needing assistance from SEAGO's insurance counselor, and to sponsor the Senior Expo and Caregiver Conference year after year. The insurance counselor also has established partnerships with libraries, senior housing complexes, and other community organizations in Nogales, Willcox, Sierra Vista, Huachuca City, and Clifton to serve as counseling sites.

Health fairs and resource fairs sponsored by hospitals, high schools, Eastern Arizona College, and senior and disability expos sponsored by the City of Sierra Vista have provided opportunities to inform the community of AAA services, and distribute elder resource directories, and Medicare information. For two consecutive years, the SEAGO-AAA has hosted the Region VI Conference of Aging in Bisbee, AZ. The Canyon Vista Medical Center's (CVMC) thrive Wellness Depot has hosted workshops on Medicare, advanced directives, and selecting LTC policies as well as scam jams in Cochise county. Senator Andrea Dalessandro works with our insurance counselor to speak at her yearly Senior Scam Prevention event in Nogales.

Working with these partners and a growing list agencies can attract participation from a different audience than the AAA would reach on its own. For example, Cochise College and the United Way of Cochise County host an annual social service "Synergy" event to promote networking and to provide training on topics of mutual interest such as grant writing. In Santa Cruz, the Desert Southwest Chapter of the Alzheimer's Association has also been a partner for an annual mini-conference in Nogales along with the SouthEastern Arizona Health Education Center (SEAHEC). The AAA

Program Manager collaborates with Cenpatico for their distribution list that shares information regarding benefits and other items of interest in the field of aging.

Region VI also has a Facebook page which is updated regularly. The AAA meets with its Advisory Council on Aging once per quarter to keep them informed on updates and changes within the agency as well as to discuss issues arising in the four-county region. The AAA Program Manager for keeps current on national and state legislative issues and policies affecting seniors by participating as a member of the N4A, Arizona Association of Area Agencies on Aging on a bi-monthly basis.

AAA staff coordinated activities and long-range emergency preparedness by working with each of the four counties, as each county was developing their emergency response plans. The health and nutrition coordinator works with service providers to keep their emergency plans updated and participates in the county planning processes as needed. Since Cochise, Greenlee, and Santa Cruz Counties each have case management contracts with SEAGO AAA, these counties have integrated systems for contacting clients who need assistance to evacuate into their emergency response plans. In Graham County, SEACUS is the case management provider and has participated in the county's emergency planning meetings. SEAGO AAA works directly with case managers in keeping a current list of clients so in case an emergency occurs, it can be pulled out immediately.

The SEAGO AAA has partnered with faith-based and community organizations to assist older individuals and their families meet home and community based needs by co-sponsoring training. As described above, training for caregivers dealing with dementia has been provided with the assistance of the Alzheimer's Association and SEAHEC. SEAGO AAA formally contracts with Catholic Community Services and Lutheran Social Services for Home and Community Based Services in Cochise and Santa Cruz County. In addition to Santa Cruz County, Cochise County will be hosting four events throughout the county annually and Graham and Greenlee Counties are now providing caregiver conferences once per year.

The development of evidence based health promotion programs has brought a special focus to the need for community partnerships in order to recruit coaches/lay leaders, conduct outreach to reach potential participants, and to secure facilities and other resources. A Matter of Balance participation declined minimally in recent throughout the years, but our new Health and Nutrition Coordinator is determined to revitalize program participation. In order to establish a network of lay leaders/coaches for evidence based prevention programs, SEAGO is working with the Fire Districts in Cochise and Santa Cruz Counties with the goal of doing the same in Graham and Greenlee Counties, to train the fire fighters to become coaches and to promote the programs through their organizations. SEAGO AAA is also working closely with assisted living facilities to promote the program in order to increase awareness and recruit prospective coaches.

For the past several years SEAGO AAA has partnered with the Diaper Bank in order to help individuals in our four counties to receive incontinence supplies on a quarterly basis. Clients are assessed by case managers and orders are sent to our office specialist for ordering and distribution.

Transportation has been identified by elders in this region as a high priority because of the vast distances between communities. (May need to be revised with NA results) Therefore, the AAA has worked and will continue to work closely with SEAGO's transportation planner, and has become knowledgeable about transit funding mechanisms. Transportation providers are encouraged to transport multiple population groups, because it is inefficient to only transport the elderly. Due to

efforts at a state level to improve coordination of transit services, the AAA continues to be actively involved, along with its transportation service providers, in state and regional planning efforts initiated by the Arizona Department of Transportation (ADOT). Currently, SEAGO AAA is partnering with a social services organization in Sierra Vista known as the Volunteer Interfaith Caregiver Program in order to expand transportation services to the rural areas of Willcox and Sunsites where no transportation services currently exist.

## PART III NEEDS ASSESSMENTS

#### PART III – <u>NEEDS ASSESSMENT</u> (Old, will be updated when NA is completed)

It is important to understand that each area plan is based on plans that were developed in the past. Drastic changes as to what services are funded will not be made solely on the results of a needs assessment questionnaire. Services will continue to be funded based on utilization, and clients can expect some consistency despite budget cuts. The SEAGO Advisory Council on Aging (ACOA) reviews all proposed funding allocations in detail, comparing them with those most recently approved. For this Area Plan, the ACOA reviewed the minimum goals and objectives that the state unit on aging and the Area Agencies on Aging had agreed to include in their respective plans, and during the October and January 2016 meetings brainstormed activities that the SEAGO AAA should undertake. At the April 2017 meeting, the results of the needs assessment questionnaires were also reviewed.

The AAA needs assessment included a review of:

- A. Needs assessment questionnaires.
- B. Key informant Questionnaires
- C. Demographic and census data for the region.
- D. Service utilization.

#### A. Needs Assessment Questionnaires:

The AAA reached out to service providers, local senior service programs, hospitals, health clinics, Key informant groups, Long Term Care and assisted living facilities and our partners to distribute surveys in both English and Spanish throughout the region in the last quarter of calendar year 2016. SEAGO contracted with U.S Economic Research (USER) to assist with the distribution and data analysis of a region wide needs assessment. USER also created an electronic version of the questionnaire which was put on the SEAGO website and AAA Facebook page. The questionnaires were distributed at senior housing complexes, nutrition sites, and other senior group meetings. Case managers, home delivered meals staff as well as ACOA board members helped provide questionnaires to those who were homebound and helped individuals fill them out. AAA mailed out approximately 1,800 surveys to all existing clients in the region who receive services through our agency. By targeting individuals who are case managed the views of individuals 60 years of age or older, with the greatest social and economic need with particular attention to older individuals who are low-income minority, older individuals residing in rural areas, older individuals with severe disabilities, older individuals with limited English speaking abilities and any individuals with Alzheimer's disease or related dementias were considered. This is the fourth time that virtually the same questionnaire has been collected and analyzed by the U.S Economic Research, thereby allowing for comparisons over the years.

#### (Wait to revise based on report from US Economic Research)

As stated in the report produced by the U.S. Economic Research "The survey indicated the most important need of the elderly in Southeast Arizona is affordable dental care. This was rated a serious problem by 28.4 percent of survey respondents across the region, and was the number one serious problem in two of the four counties (in Graham County it ranked second and in Santa Cruz County it ranked fourth). In addition to being rated the top serious problem, affordable dental care was also perceived as a problem ("some problem" or "serious problem") by 57.7 of those surveyed across Southeast Arizona. It was perceived as a problem by more respondents than any other issue in all four counties, a finding consistent with the results of a similar survey conducted in late 2009 and early 2010. The second most important need of the elderly in Southeast Arizona is yard maintenance. This was rated a serious problem by 18.2 percent of survey respondents across Southeast Arizona, but this was skewed by the large share of responses from Cochise County—the largest county in the region. Yard maintenance ranked second on the list of serious problems in Cochise County and sixth in

Greenlee County, seventh in Graham County, and ninth in Santa Cruz County. In addition to being rated a top serious problem, yard maintenance was also perceived as a problem ("some problem" or "serious problem") by 44 percent of those surveyed across Southeast Arizona, but again that was skewed by Cochise County responses. It was fifth on the list of problems in Cochise County and sixth in Greenlee County, but much further down the list in Santa Cruz and Graham counties (13th and 20th, respectively). Other important concerns at the regional level include affordable assistive devices, home maintenance and repair, and telemarketing or in-home sales. Affordable assistive devices was rated a serious problem by 16.4 percent of survey respondents across Southeast Arizona. Home maintenance and repair was rated a serious problem by 16.2 percent of respondents and telemarketing or in-home sales was rated a serious problem by 16.1 percent."

The needs assessment questionnaire was modified this year to specifically ask where individuals go for advice about their health insurance or Medicare. In Cochise 75 individuals or 21 percent of respondents checked SEAGO. In Santa Cruz 9 individuals or 37.5 percent of respondents checked SEAGO. In Graham and Greenlee virtually no one responded that they turned to SEAGO. In Graham County several of the respondents indicated that information about health insurance was either some problem or a serious problem. Although the report suggests that these results could be skewed, because questionnaire were provided to SEAGO clients, it is discouraging that only in Cochise County were we well enough known to score well.

The Needs Assessment Questionnaires and analysis by the U.S Economic Research are attached in Appendix E.

#### B. Key Informant Questionnaires (Wait until contact with key informants has been made)

Electronic mailing lists were used to distribute questionnaires, but despite reminders, only eight were returned. However, the input provided confirms comments made by members of the local aging network at a variety of meetings. The economy has reduced the ability of family members to provide support for their elders. Many have had to move to find work and leave their elderly family members. There are significant increases in the number of elders needing services, and the acuity level of these elder is higher. Lack of transportation and lack of knowledge about services that do exist are major barriers. This lack of knowledge was confirmed by at least two of the respondents, who stated that home delivered meals did not exist in their community when they do. Concerns about preparing to serve the growing numbers of elders, and the lack of qualified providers were also voiced. Concern for isolated frail elders was also expressed. Lack of vision and dental services was specifically mentioned, as was the need for equipment loan closets. Funding issues were also mentioned. Respondents ranked personal care, case management and transportation as the top three home and community based services in that order. It was clear that the concept of evidence based health promotion classes is not yet understood. Assistance with Medicare and insurance was the top ranked elder rights issue.

#### C. Demographic Data

The 2010 Census and the American Community Survey were used to develop funding formulas for state funding and for Older Americans Act funding for county allocations. These same formulas will be used for the term of this plan and are included in the Appendix F.

The demographic pattern of individuals receiving services is compared at least annually to each county's census profile to ensure that minority and low income individuals are being served appropriately.

#### **D.** Service Utilization

Service utilization for case managed services is reviewed on a monthly basis to ensure that awarded services are being used, and that case managers are authorizing service levels as budgeted. Where productivity and utilization have declined, a more in-depth review is made to determine whether the service in question is still relevant or whether a change in the service delivery process is needed. In recent years the utilization data has helped determine where cuts can be made. Congregate meals utilization has improve in the Tombstone, Patagonia and Nogales sites due to improved meals and personnel.

#### E. Action to be Taken to Address Needs Identified (based on report)

Comment or Issue	Source	Action to be Taken
Affordable dental care	Needs Assessment Questionnaire	Ship counselors will have information about Medicare plans and clinics or service clubs that provide dental or vision services. Enrollment of dual eligibles into Special Needs Plans by getting QMB coverage for both Parts A & B of Medicare will be reviewed carefully.
Access to dental and vision care	Key Informant Questionnaire	Same as above.
Affordable assistive devices	Needs Assessment Questionnaire	Ship counselors and case managers will have information about insurance coverage for assistive devices and a list of loan closets.
Access to loan closets	Key Informant Questionnaire	Same as above.
Home maintenance and repair	Needs Assessment Questionnaire	Potential sources of assistance will be catalogued.
Lack of Transportation	Needs Assessment Questionnaire	Continue to address transportation needs by working with ADOT funded mobility management activities.
Lack of Transportation	Key Informant Questionnaire	Same as above.
Inconsistent source of Medicare information	Needs Assessment Questionnaire	Improve visibility and marketing of Medicare/SHIP counseling and have trained volunteer counselor in major communities.
Need for Medicare/insurance help	Key Informant Questionnaire	Same as above.
Telemarketing	Needs Assessment Questionnaire	Increase public information forums on fraud prevention.
Access to information and knowledge about services	Needs Assessment and Key Informant Questionnaire	Improve AAA telephone system, increase marketing, and strengthen AZLinks activities.
Knowledge about health promotion activities	Needs Assessment and Key Informant Questionnaire	It is clear that the AOA/DES requirements are driving SEAGO's efforts, but as we increase marketing,

		interest in AMOB and CDSMP is
		growing.
Revise county level allocations	2010 Census	Transition to new funding levels over
		the course of a year, to reduce adverse
		impact on Graham county.
Need to continue to provide existing	Utilization Data	Maintain funding levels as best as
services		possible.

#### PART IV

## GOALS STRATEGIC AND OPERATIONAL OBJECTIVES

#### PART IV - GOALS, OBJECTIVES

GOAL I To impart awareness and understanding of aging issues and help prepare Arizona for an aging population through partnerships and collaborating with existing organizations within the region.

#### Operational Objectives:

- O-1-1 To recruit and train volunteers in every major community in the region to be Medicare/health insurance counselors.
- O-1-2 To schedule new to Medicare presentations in every major community on a consistent basis, including scam jams in order to raise awareness.

Output: Number of volunteer counselors and the number of hours that they work.

Outcome: Medicare beneficiaries and baby boomers will better understand their benefits.

AAA SHIP will be better prepared to meet the needs of those turning 65.

#### Strategic Objectives:

- S-1-1 To identify new opportunities for partnerships and collaboration.
- S-1-2 To increase visibility of SEAGO AAA by increased use of electronic communications, including website and Facebook page

**GOAL II** To increase the ability of older adults to remain active, healthy, and living independently in their communities.

#### Operational Objectives:

O-2-1 To initiate the Aging Mastery Program in Cochise county and establish a framework to expand it to other areas of our region.

Output: Number of Aging Mastery classes held.

Outcome: Change in societal expectations about aging, higher levels of physical and emotional well-being, increased civic engagement, and stronger social connectedness among aging adults throughout the region.

O-2-2 To enhance and maintain home and community based programs that enable elders to remain at home which helps decrease long term care institutionalization costs.

Output: Number of home delivered meals and hours of Home Care and In-Home Respite provided to eligible individuals.

Outcome: Elders and their families will receive services that enable them to remain active in their homes and communities.

#### Strategic Objectives:

- S-2-1 To develop partnerships throughout the region in order to implement evidence based prevention programs, specifically A Matter of Balance, and Chronic Disease Self-Management and the pilot of the Aging Mastery program.
- S-2-2 To establish relationships with hospital discharge planners that will focus on care transitions for elderly patients from hospital back to home settings.
- S-2-3 To expand relationships with church based organizations and Fire Districts in order to reach a broader sector of the senior population.

#### GOAL III To increase the safety and well-being of older Arizonans.

#### Operational Objectives:

O-3-1 To identify existing safety programs that law enforcement or fire departments have in operation, and encourage seniors to enroll in these programs.

Output: Enrollment and participation in existing safety programs will increase.

Outcome: Elders will benefit from safety training and wellness check programs that already

exist.

O-3-2 To promote fall prevention, including A Matter of Balance.

Output: Fact sheets on fall prevention and number of individuals who complete A Matter of

Balance class.

Outcome: Elders will have fewer falls.

O-3-3 To improve care for residents in long term care facilities and increase awareness of

abuse, neglect and crimes against seniors.

Increased in number of Ombudsman volunteers involved in resident council

Output: meetings.

Outcome: Decrease in victims of elder abuse, neglect and crimes against seniors.

#### Strategic Objectives

S-3-1 To establish and expand relationships and collaborative efforts with public safety personnel throughout the region.

S-3-2 To reduce the costs associated with public safety responses to senior-related crimes or injuries.

IF TRANSPORTATION CONTINUES TO BE IDENTIFIED AS AN URGENT NEED, WE SHOULD ADD IT AS A NEW GOAL BELOW.

#### PART V

### PREFERENCE GIVEN TO OLDER PERSONS WITH GREATEST ECONOMIC OR SOCIAL NEED

#### PART V - PREFERENCE TO OLDER PERSONS WITH GREATEST ECONOMIC OR SOCIAL NEED

Hispanics and Non-Hispanic whites constitute the largest minority group in this region. Demographic analysis report generated through DAARS data base is what SEAGO uses to track home and community based services, congregate meals and transportation needs. During SFY 2014-15 data on household composition in the four-county region indicates 29% of congregate meals and transportation clients live alone and 27% live with their spouse. For HCBS clients, 47% live alone and 18% with their spouse.

In order to meet the service needs of our target population, providers employ individuals who are bilingual and bicultural in Spanish and English. They also use flyers and/or publications in both Spanish and English to reach elders and their families throughout the region. In addition, provider staff are trained to recognize cultural or religious customs that need to be taken into account when providing service. In order to identify individuals who are eligible for assistance, individual client assessments are completed by case managers on anyone who might qualify to receive home and community based services (HCBS). Through this assessment, services are targeted to those who lack a support system, those who are low income, and those who are most vulnerable, including adult protective service referrals. Many of the individuals who are case managed are at risk of institutionalization. A waitlist is kept and is being monitored on a monthly basis in order to help keep it to a minimal and to allocate funds where they are needed.

A variety of different forms of outreach have to be used. Word of mouth, personal contact, posting ads or program information on the SEAGO website and AAA Facebook page as well as being present at the many events in the different communities are important ways to find individuals who are eligible for our services. Each member of the Advisory Council on Aging represents a different community in the SEAGO region and serves as an ambassador for the AAA. These members are individuals who work closely with their communities and they share information and resource directories with their family and friends, and within the organizations in which they participate.

Presentations at community meetings, to faith based groups, trainings and board meetings that SEAGO AAA Program Manager participates in on a quarterly basis are used to help get the word out about our services. Health and Resource fairs have also been a way to reach those who would not learn about our services otherwise. Many times it is younger family members at these fairs who take the information back to their elders. Networking with other participants at these fairs has also been useful. Home care agencies, hospitals, fire departments, long term care facilities, senior housing complexes, disability organizations, and elder law attorneys are some examples of health fair exhibitors that have taken copies of resource directories and later referred individuals for services.

SEAGO's 18 contracted service providers plus its many community partners enable a very tiny Area Agency on Aging to function and to implement this Area Plan by collaborating, by making referrals, by jointly providing training opportunities, by sharing facilities, and most importantly by communicating and problem solving. Under "Part II" of this plan specific examples of the how community based organizations have been involved in providing services as discussed. These services are planned and implemented with input from these partners.

## PART VI KEY CHANGES TO SERVICE DELIVERY

#### PART VI – <u>KEY CHANGES TO SERVICE DELIVERY</u>

#### **Aging Mastery Program**

SEAGO AAA Region VI along with the rest of the regions in the state is working closely with National Council on Aging (NCOA) on implementing the Aging Mastery program. SEAGO AAA is reaching out to potential partnering organizations such as the University of Arizona, Cochise Health and Social Services, Cenpatico and Chiricahua medical centers in order to solicit support when this program is launched. Our agency has identified an individual to be the certified trainer for the pilot program and will be actively seeking funding opportunities to extend it to all parts of the region. By providing this program we are confident it will change the ways older individuals feel about aging, and inspire them to take better care of their health and help others do the same. Topics to be covered will be exercise and you, sleep, healthy eating, medication management and community engagement among others.

#### **Health Promotion and Disease Prevention**

In the previous years, SEAGO has focused on providing two evidence-based programs. These two programs are Chronic Disease Self-Management Program (CDSMP) through Cochise Health and Social Services (CHSS), and A Matter of Balance (AMOB). These evidence based programs continue to see demand, and we have begun to ramp up our outreach this current fiscal year. While we have experienced some turnover in part-time coordinators and lay leaders in last couple of years, our part time health and nutrition coordinator has become a master trainer, and since receiving her certification in February 2016, she has provided one AMOB coaches and participant class last fiscal year and two classes thus far in SFY 2017. She has partnered with Fry Fire Department in Cochise County to host a class during the month of October 2016 in Sierra Vista. She has also partnered with Prestige Assisted Living to hold another class in January 2017 in Sierra Vista. Our goal is to be able to promote and expand this program in other parts of the region as well and we will be actively seeking partnerships and working closely with various fire districts in the other areas to be able to accomplish that goal.

#### **Transportation**

SEAGO AAA mobility manager continues to work closely with our service providers throughout the region in order to monitor the services provided to our clients and provide support and guidance to enable them to comply with Arizona Department of Transportation (ADOT) requirements. This will increase coordination of the ADOT and AAA funding that providers receive. The individual in this position has years of experience in managing transit programs in Cochise County, and will continue to work with providers to increase coordination at all levels and to find efficiencies and potential cost savings. Currently, SEAGO is working with Volunteer Interfaith Caregiver Program (VICAP) to implement transportation services in the rural areas surrounding Willcox and Sunsites, which is expected to begin the first part of November 2016. SEAGO is also working towards closing service gaps that exist in other rural areas of Cochise County and will soon complete an intercity route feasibility study that is hoped will lead to transportation services from Douglas, to Bisbee, Sierra Vista, Benson.

#### **State Health Insurance Assistance Program (SHIP)**

For the past couple of years our SHIP program has struggled in recruiting volunteers for the four-county region. Currently, we only have one valuable volunteer who helps cover the Sierra Vista area by providing counseling at least twice per month. Our office has partnered with Chiricahua Community Health Centers in efforts to use their Outreach and Enrollment coordinators and train them as SHIP counselors and increase access for Medicare beneficiaries to information about their benefits, and help in understanding their many options. We believe that this partnership will make this program become even more successful as it grows and increase our client contacts. Since Chiricahua primarily serves much

rural of Cochise County, we believe this new partnership will also enable our SHIP counselor to focus on Graham, Greenlee and Santa Cruz Counties and our region will be more informed about scams and fraud.

#### **Aging and Disability Resource Centers (ADRC)**

The SEAGO AAA currently participates in various committees that meet either monthly or quarterly. SEAGO AAA works closely with Bridgeway Health Systems, United Health Care Community Plan, the Elder Abuse Taskforce Coalition, the Department of Developmental Disabilities, and the Veteran's Association in order to be part of discussion on topics that affect our aging populations and to network to identify solutions and share information of what is working and what is not. Case Managers also work close with a variety of community organizations in order to address the need affecting their communities.

#### **Management Information Systems and Case Management**

The new DES-DAAS reporting system - DAARS is in place and case managers have been trained and use the system. Like any new on line system, DAARS experiences occasional glitches, and when this occurs, case managers contact our office and these issues are reported immediately to DES-DAAS so that the issue can be resolved by their vendor, RTZ. Our office specialist is trained and assigned to assist those who experience problems with this system and help resolve them. The system has a wide variety of reports that are ready to use and these reports will be shared with the service providers to help them track units and other data.

#### Strengthen Programs Providing Protection against Threats to Independence Well-Being and Financial Security

In addition to the partnerships and initiatives described above, SEAGO-AAA will continue to provide training and information at community events and health fairs. We will continue to collaborate with the Alzheimer's Association in providing training and education to first responders, Adult Protective Services and caregivers as requested. Our agency is a member of the National Association of Area Agencies on Aging (N4A) and Arizona Association of Area Agencies on Aging (AZ4A) in order to be more informed of most current updates on issues, policies and programs regarding seniors and people with disabilities. Home and community based programs help many to remain independent, and despite budget cuts, SEAGO is committed to continue to fund these programs. SEAGO will also assist with the semi-annual Elder Abuse Conference in Santa Cruz County and with the Region VI Aging Conference in Bisbee. SEAGO-AAA is actively looking for grant opportunities to help supplement the funds that are received though DES in order to enhance or expand services within the region. SEAGO continues to assist Santa Cruz County with their Caregiver Conference and Graham County with their Senior Expo and caregiver conference. We will also continue working with partners in Greenlee County to host their 2<sup>nd</sup> annual caregiver workshop, as well as and four others in Cochise County. These efforts promote awareness of the scams that exist and how to avoid them.

#### **Consumer Choice and Choice Care Options**

SEAGO staff and case managers will continue to refer those caregivers interested in respite services through Lifespan Respite Voucher system. SEAGO will continue to encourage providers and case managers to involve consumers in decisions that affect service delivery. SEAGO has at least two service providers for housekeeping, personal care and in-home respite, in most areas of the region and case managers are required to offer clients a choice.

#### Other

SEAGO has developed another new partnership with Chiricahua Community Health in Cochise County to help consumers be more aware of the changes occurring each year with the Affordable Care Act.

### **PART VII**

### **WAIVERS**

NO WAIVER IS BEING REQUESTED

PART VIII

BUDGET

Organization

Other Federal

**SEAGO** 

			Adminis	stration	Case Mgnt	Legal	Transportation	Congregate	Home Del	Health Prom	Ship/O	utrach	Senior Patrol	ADRC	MIPPA SHIP	MIPPA AAA
	DAARS Codes		ADM	ADM	CMG	LGL	TSP	CNG	HDM	HED	SHI	SHI	SHI	INR	SHI	SHI
	Program Codes		НСВ	FCS	НСВ	LSA	НСВ	НСВ	HCB	HPR	SHP	SMP	SMP	НСВ	SHP	SHP
	Service Detail Code	1									OTR	IRM		CRT	MSA	MAA
	AIMS Codes		ADM	AM5	CMG	LGL	TSP	CNG	HDM	HPR	IR1	IRM	SMP	AOC		
Ln	Fund Source			-			-									
	State Admin	М	47,804	4,134												
	OAA Admin (III C-1)	Α	119,474	, -												
	OAA Admin (III E)	Α	- /	12,399												
	SSBG Admin		58,674	,												
	Title III-B	S	-,-		141,761	12,466	6,502						2,387			
	Title III-C1	S			, = -	,	-,-3=	259,106					,===			
	Title III-C2	S							272,016							
	Title III-D Prev HIth								· · · · · · · · · · · · · · · · · · ·	17,429						
	Title III-E Caregiver						56,516			ŕ						
	NSIP								98,411							
	Title VII Elder Abuse								,							
	Title VII FED OMB															
	State Ind Living Supports	М			26,825	734	8,197	30,307	39,494		1,885		3,335			
	State Ombudsman	М			.,.		., .	,			,		,,,,,,,			
	State Respite	М														
	SSBG (Services)				132,514		59,342	699	164,437							
	SHIP				,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				101,101		21,834					
	Senior Medicare Patrol												8,433			
	HB2695 - Lottery												0,100			
	Supplemental PMT Program (SPP)															
	ADRC Care Transition															
	Senior Patrol Vols.															
	Alzheimer's Dementia (ADSSP)															
	MIPPA - S.H.I.P.															
	MIPPA - AAA															
	MIPPA - ADRC															
ا ا																
Rei	imbursement Ceiling		225,952	16,533	301,100	13,200	130,557	290,112	574,358	17,429	23,719	-	14,155	-	-	
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DIR	RECT SERVICES	1 1	1					1		<u> </u>			<del>                                     </del>		1	
	ALTCS	++														<b></b>
$\vdash$	Program Income	+++														<b></b>
	Non-Fed In-kind	М									2,300					<b></b>
	Non-Fed Cash	М														

2,300 Total

PU	IRCHASED SERVICES															
	ALTCS								104,615							
	Program Income				29		69,028	75,117	13,645							
	Non-Fed In-kind	М			91,639			83,221	59,674							
	Non-Fed Cash	М			115,785	17,498	531,233	137,586	119,700							
	Other Federal				·	,	1,096,762	,	,							
	Total		-	-	207,453	17,498	1,697,023	295,924	297,634	-	- '	-	-	-	-	-
	Grand Total		225,952	16,533	508,553	30,698	1,827,580	586,036	871,992	17,429	26,019	-	14,155	-	-	
EX	PENSES															
	Personnel - Direct		102,776	10,174						8,734			7,368			
	ERE - Direct		35,642	3,188						3,545			3,379			
	Professional/Out															
	Direct		11,950							25						
	Sub-Contractor				508,553	30,698	1,827,580	586,036	871,992							
	Travel - Direct		26,399							495						
	Space - Direct															
	Equipment - Direct															
	One Time															
	On Going															
	Material/Supplies - Direct		4,400							540						
	Operating Svcs Direct		5,730							250	26,019					
	Allocated Indirect Direct		39,055	3,171						3,840			3,408			
	SubTotal DIRECT		225,952	16,533	-	-	-	-	-	17,429	26,019	-	14,155	-	-	
	SubTotal PURCH		-	-	508,553	30,698	1,827,580	586,036	871,992	-	-	-	-	-	-	-
	TOTAL SERVICE		225,952	16,533	508,553	30,698	1,827,580	586,036	871,992	17,429	26,019	-	14,155	-	-	-
	Units/Direct	П	12	12						75	1,950		800			
	Units/Purchased		-		11,534	316	99,358	55,003	94,238		·					
	Units Total		12	12	11,534	316	99,358	55,003	94,238	75	1,950	-	800	-	-	-
	Unit Rate/Direct	$\Box$	18829.33	1377.75	NA	NA	NA	NA	NA	232.39	13.34		17.69	NA	NA	NA
	Unit Rate/Purch	$\Box$	NA	NA	44.09	97.13	18.39	10.65	9.25	NA	NA		NA	NA	NA	NA
	Unit Rate/Total		18829	1378	44.09	97.13	18.39	10.65	9.25	232.39	13.34		17.69	NA	NA	NA
	Note: Title III-B, III-C1, III-C2, III-D, III-E (Ad	lmin)	require a state	match												
	Required State Match		39,824.67	4,133.00	8,338.95	733.30	382.47	15,241.66	16,001.08	-	-	-	140.41	-	-	-
	Total State - Unmatched		7,979.33	1.00	18,486.05	0.70	7,814.53	15,065.34	23,492.92	-	1,885.00	-	3,194.59	-	-	-

Total State

47,804.00

4,134.00

26,825.00

734.00

8,197.00

30,307.00

39,494.00

1,885.00

3,335.00

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MIPPA ADRC	Long Term Care	Hor	me Care Cluste	r		Lotte	ry		Supplemental (SI	PMT Program	Alzhein	ner's Dementia (Al	DSSP)	LTC Assisted Living	Outreach	Case Mgn	Training
SHI	LTC	HSK	PRC	NRH	HSK	HDM	PRC	RSP	HSK	ATT	CMG	RSP	CGT	EHS	OTR	CMG	CGT
SHP	OMB	HCB	HCB	НСВ	HCB	HCB	HCB	FCS	HCB	НСВ	FCS	FCS	FCS	HCB	FCS	FCS	FCS
MDA					LOT	LOT	LOT	LOT	SPP	SPP	ALZ	ALZ	ALZ	LCA			
	LTC	HSK	PRC	VNS										EHL	IR5	CM5	CT5
		103,193	42,305	297													
															7,200	38,000	5,200
	2,920								ļ								<del></del>
	14,702	404.004	00.074	2.770													
	35,207	164,621	89,374	3,772													
	35,207																
		113,564	48,324	4,931													
		110,001	.0,02 :	1,001					<u> </u>								
					10,233	26,079	3,618	4,134	1								
					-	-		-	4,379								
-																	
	E2 820	204 270	180,003	0.000	10,233	26.070	2.640	4 4 2 4	4,379						7 200	38,000	E 200
-	52,829	301,370	180,003	9,000	10,233	20,079	3,010	4,134	4,379	-	-	- 	- 		7,200	38,000	5,200
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4,500 41

901 565					L	L .		ı	1	1		1	1	1	<u> </u>	1	1	
1,618   6,766   880   1,407   1,40   1,518   6,766   1,288   1,407   1,40   1,518   1,407   1,40   1,518   1,407   1,40			004	505														
44,957 42,051 14,077			901	363												1 610	6 706	990
. 45,888 42,616 14,077			14.057	10.051	44.077									1			0,700	1
- 57,329			44,957	42,051	14,077											523		3/8
- 57,329			45.050	40.040	44.077											0.444	C 70C	4.050
22.882	-	-	45,858	42,616	14,077	-	-	-	-	-	-	-	-	-		- 2,141	6,706	1,258
22,882	_	57.329	427.236	222.619	23.077	10.233	26.079	3.618	4.134	4.379	_	_	_	_		- 9.341	44.706	6.458
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Adap Aid	Home Repair	Res	spite	
ADP	RPR	RSP	RSP	
FCS	FCS	FCS	FCS	
		VCH		
AD5	RP5		RSP	
				TOTAL
				51,938.00
				119,474.00
				12,399.00
				58,674.00
				308,911.00
				259,106.00
				272,016.00
				17,429.00
6,500	3,000		16,737	133,153.00
				98,411.00
				2,920.00
				14,702.00
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			40.620	35,207.00
			19,628 4,259	19,628.00 528,070.00
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1,132	-	-	11,691	2,641,011.00
7,632	3,000	-	52,315	5,027,103.00
				151,934.00
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7,632	3,000		52,315	4,669,686.00
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7,632	3,000	-	52,315	4,669,686.00
7,632	3,000	-	52,315	5,027,103.00
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36	2		2,985	300,387.80
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NA	NA	NA	NA	20,504.63
212.00	1500.00	NA	17.53	4,813.08
212.00	1500.00	NA	17.53	25,317.71
-	-	-	-	93,371.79
-	-	-	19,628.00	381,945.21
-	-	-	19,628.00	475,317.00

### **PART IX**

# AREA AGENCY'S SERVICES TO BE FUNDED BY GEOGRAPHICAL AREA

PART X

**APPENDIX** 

#### PART X - APPENDIX

- A. AAA Organizational Chart
- B. Advisory Council Membership
- C. List of Programs and Services
- D. Area Plan Assurances
- E. Needs Assessment
  - 1. Summary of Key Informant Survey
  - 2. Needs Assessment Questionnaire
  - 3. Results of Needs Assessment Questionnaires Separate Document
  - 4. Service Utilization for SFY 2011-12
  - 5. Client Demographics for Case Management in SFY 2011-12
- F. Funding Formulas
  - 6. SEAGO State Funding Formula Based on 2010 Census
  - 7. SEAGO OAA Formula Based on 2010 Census
- G. Comments from Advisory Council on Aging
- H. Public Hearings Press Release and Comments

#### Seago/Area Agency on Aging Area Plan Time Line 2018-2021

DATE	Activity
August-September 16, 2016	Prepare Needs Assessment Copying by Sept. 9
	(survey, envelopes, labels) Prepare for mailings
	by Sept. 16
September 17-Nov. 30, 2016	Needs Assessment-Data Collection/review
	with ACOA
	Deadline October 31, 2016
December 1- December 31, 2016	Analysis Needs assessments and Data
January 9-January 19, 2017	Goals and Objectives and draft documents
	Goals and Objectives reviewd with Advisory
	Council Jan. 19, 2017
January 30- February 3, 2017	Public Notice and Local paper distribution
February 6- February 28	Admin and Executive Board final edits/comments
	Public Hearings: Cochise/Santa Cruz County
March 13- March 24, 2017	Public Hearings: Graham/Greenlee County
Thursday April 20, 2017	Present Area Plan to the Advisory Council for
	recommendations, comments, approval, signature
April 20- April 28, 2017	Plan presented to Executive Board for approval
	and signature
April 28- May 1, 2017	Deliver Area Plan to DES-DAAS no later than May 1

#### SouthEastern Arizona Governments Organizations Area Agency on Aging Needs Assessment Survey for Older Residents Area Plan on Aging 2017-2022

#### **Drop Box Locations**

County
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Santa Cruz	Carondelet Hospital	1171 W Target Range Rd,	Nogales	AZ	85621
Areli Parrales	Mariposa Clinic	1852 N Mastick Way	Nogales	AZ	85621
(520) 375-7892	Mariposa Community center	1103 Circulo Merado	Rio Rico	AZ	85648
	Nogales Clinic	480 N Morley Ave	Nogales	AZ	85621
	Nogales DES office	1843 N State Dr.	Nogales	AZ	85621
	Senior Center	125 E Madison St # 4	Nogales	AZ	85621
	Senior Center	100 Quiroga Ln	Patagonia	AZ	85624
	Senior Center	391 Avenida Coatimundi	Rio Rico	AZ	85648
Graham	First Babtist Church of Pima	116 s Main St	Pima	AZ	85543
Stephanie Nabor	Pima Library	70 s 200 w	Pima	Az	85543
(928) 428-3229	Casa De Flores	1775 S 20th Ave	Safford	AZ	85546
	Mt Graham Regional Medical Center	1600 S 20th Ave	Safford	AZ	85546
	Mt View Terrace Apts,	1901 W Pepper Tree Dr	Safford	AZ	85546
	Safford Villa Apts	106 W 11th St	Safford	AZ	85546
	Senior Center	822 W Main St	Safford	AZ	85546
	Sunshine ValleyApts	1901 S 20th Ave	Safford	AZ	85546
	Gila River Apt	232 N Chalmers Ln	Thatcher	AZ	85552
Greenlee	Clifton Post office	494 Coronado Blvd	Clifton	AZ	85533
Diane Leaman	Court house	223 5th St	Clifton	AZ	85533
(928)865-2601	Greenlee county Health Department	253 Fifth St	Clifton	AZ	85533
	Duncan Post office	209 Main St,	Duncan	AZ	85534
	Gila Health Clinic	401 Burro Alley	Morenci	AZ	85540
	Morenci Bank (national Bank of Arizona)	24 Plaza Loop	Morenci	AZ	85540
	Morenci post office	9 Morenci Mall	Morenci	AZ	85540
	Walton Pharmacy	408, Burro Alley	Morenci	AZ	85540
Cochise	Benson Health Department	126 W. 5th Street	Benson	AZ	85602
Marla Tamez	Benson Library	300 S Huachuca St	Benson	AZ	85602
520-586-8192	Bisbee Senior Center	300 Collins Rd	Bisbee	AZ	85603
	Chiricahua Bisbee Clinic	108 Arizona Street	Bisbee	AZ	85603
Shirley Thomas	Cochise Health and Social Services	1415 Melody Lane Bldg. A	Bisbee	AZ	85603
520-586-8191	Community Y	26 Lowell Ave	Bisbee	AZ	85603
	Coper Queen Hospital	101 Cole Ave	Bisbee	AZ	85603
Keturah McCleave	Firestone Tire Store	3 Bisbee Rd	Bisbee	AZ	85603
520- 432-9683	Your Thrift Store	33 Bisbee Road	Bisbee	AZ	85603
	Douglas Health Dept. Clinic	1012 North G Avenue Suite 101	Douglas	AZ	85607
Yolanda Thomas	Ginger Ryan Clinic	1100 F. Avenue	Douglas	AZ	85607
520-805-5631	Cliff Whetten Clinic:	10566 N. Hwy 191	Elfrida	AZ	85610
	Huachuca City Senior Center	504 N Gonzales Blvd	Huachuca City	AZ	85616
Seana Riffle	Chiricahua Sierra Vista Dental	4525 Campus Drive	Sierra Vista	AZ	85635
520-803-3950	Chiricahua Sierra Vista Medical	155 Calle Portal	Sierra Vista	AZ	85635
	Ethal Berger Center	2950 E Tacoma St	Sierra Vista	AZ	85635
	New Era Family Practice	126 S Coronado Drive	Sierra Vista	AZ	85635
	Sierra Vista Health Dept. Clinic	4115 E. Foothills Drive	Sierra Vista	AZ	85635
	Chiricahua Willcox Mobile Clinic	1140 Fremont Street #8	Willcox	AZ	85643
1	Willcox Health Dept Clinic	450 S. Haskell Avenue	Willcox	AZ	85643



## ADVISORY COUNCIL ON AGING PACKET

MEMO TO:	<b>ADVISORY</b>	<b>COUNCIL</b>	<b>ON AGING</b>

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM MANAGER

**DATE:** OCTOBER 20, 2016

SUBJECT: GOVERNOR'S ADVISORY COUNCIL ON AGING (GACA)

#### Description:

Debbie Hankerd will provide us with information on GACA's updates from July 8, 2016.

Action Requested: X Information Only Action Requested Below



## City of Tombstone

#### Old Firehouse Senior Center

P.O. Box 339 \*507 E. Toughnut Street\* Tombstone, AZ 85638

Phone (520) 457-2525 e-mail: seniorcenter.tombstone@gmail.com Fax (520) 457-2525

September 9, 2016

The Governor's Advisory Council on Aging (GACA) Legislative and Policy Coordinating Committee (LPCC) opened their meeting at 8:30 a.m.

Dr. C. T. Wright, LPCC chair welcomed everyone and made introductions. July 8<sup>th</sup> minutes were approved. Dr. Wright invited everyone present to share plans for legislation and/or advocacy priorities for the upcoming state legislative session. AARP representative, Jantell Cansler, reported that AARP will continue to support the CARE Act and other caregiver advocacy priorities. She also reported that legislative support was being sought by the Arizona Caregiver Coalition and the Arizona Lifespan Respite Coalition to help fund the Arizona Lifespan Respite program that was continued through legislation sponsored by Representative Kate Brophy McGee during the last session. Lois von Halle reported the \$500,000 request covers the state's funding portion of the lifespan respite care program and includes support for the caregiver resource line, the respite/care provider locator, and the respite voucher program.

Mark Clark, representing AZ4A liaison Olivia Guerrero, reported the Area Agencies on Aging plan to advocate for full funding to eliminate the waiting list for 3,000 elderly and/or adults with disabilities in need of home and community based services (HCBS) and address the growing demand in Arizona. According to Mr. Clark, the \$700,000 in lottery funds approved in the current budget provides one-time funding that allows 328 people on the waiting list to receive services/more than \$6 million is needed in order to eliminate the waiting list. The group discussed the cost of assistance in the home as markedly lower than that of emergency services and institutionalization caused by consequences of not having such support services.

2016 Legislative objective updates were discussed. Executive Director Cathy De Lisa reported that staff continue to track state and federal legislation on behalf of the Council and appreciated those LPCC members who have agreed to research and help track specific legislative topics beginning in January 2017. She also reported the supportive statement for the Silver Alert legislation expansion had been posted and distributed as requested. Committee Chairman Wright provided an overview of efforts by officers of the GACA to

research and build a framework for the bipartisan work group for the Council and thanked GACA member George Evanoff for his energies and ideas. New GACA member Steve Wagner reported on the work of the Attorney General's Taskforce against Senior Abuse (TASA) and the Health Care Committee of TASA for one of the objectives of the Council stating the purpose and objectives are consistent with and mirror priorities of GACA.

Members were invited to share last thoughts on potential priorities. Topics raised included health care companies leaving the insurance exchange resulting in one option for those not covered by an employer sponsored health plan, Medicaid, Medicare or other public insurance programs, and the special challenges in rural Arizona, such as the lack of transportation options and few HCBS providers. GACA member George Evanoff suggested having Dan Derksen from the Center for Rural Health at the University of Arizona discuss ideas with the group.

Information sharing was reported on by several Council members and guests. Adjournment was at 9:50 a.m.

<u>The GACA Aging in Community Committee (AICC)</u> meeting opened at 10:15 a.m. Doyle Meredith, AICC chair made introductions and welcomed everyone. Minutes of July 8<sup>th</sup> were approved.

Deborah Miller, Special Project Manager at the Governor's Office of Youth, Faith and Family was introduced. Ms. Miller provided a detailed overview of the prescription drug misuse and abuse initiative; the goal is to reduce prescription drug overdose deaths in Arizona by 18% by 2018. Data shared indicates adults over age 55 are part of the growing drug overdose mortality rates involving pharmaceutical opiates. She outlined strategies being implemented at the state and community level. Implementation includes prescription drug drop box installations, promotion of proper storage and disposal, general risk messaging public outreach and education, outreach to hospitals, emergency departments, prescribers and pharmacists regarding best practice guidelines and the Arizona Controlled Substance Prescription Monitoring Program (CSPMP) and Rx diversion crimes training for local law enforcement. Older adults are encouraged to ask questions of their physician and pharmacist and become their own medication manager, make wise choices to take their medication exactly as prescribed and avoid dangerous interactions, and track, store and dispose of medication out of the reach of children.

Jan Dougherty, Director of Family and Community Services at the Banner Alzheimer's Institute, provided an overview of the work being done to establish Tempe as a dementia friendly community. Tempe is seeking dementia friendly status because:

- Numbers of people affected by Alzheimer's disease or related dementia is growing,
- Most people, including those with dementia, want to live at home in communities,
- Family and friends provide the bulk of care and support,
- People with dementia and their care partner(s) are prone to a social isolation due to the demands of the condition, and
- Society is ill prepared to understand and support people with dementia and their care partners.

Their objective is to foster dementia friendly communities across the U.S. and enhance the quality of life and have positive outcomes for people living with dementia and their care partners.

The goals for action include:

- Dementia Friends awareness and education program,
- Business, clinical, government, law enforcement, youth, first responder and faith trainings,
- New caregiver supports, respite and trainings, and
- New meaningful engagement opportunities for persons living with dementia.

Updates on AICC objectives were discussed. GACA vice Chair Lisa O'Neill reported the Alzheimer's Subcommittee had met their objectives; she agreed to regularly attend meetings and participate in one of the Dementia Friendly Tempe action teams. GACA Chair Becky Brimhall-Lepire reported the next steps related to the Virtual Dementia Tour and Dementia Friendly Tempe would be discussed at the Annual Planning meeting in November.

GACA Executive Director Cathy De Lisa reported Christine Bryson-Lazo had drafted a southern Arizona transportation fact sheet for the Transportation Subcommittee using information collected from the Pima Council on Aging website and from GACA member Deborah Hankerd. The group was asked for ideas on sources of information and how best to avoid overlap with the norther and southern pieces when creating the eastern and western fact sheets.

AICC final input ahead of the GACA Annual Planning meeting:

- Need for broader dissemination of information; all older Arizonans don't have access to technology and online resources like AZ Links or provider websites.
- Media needs to be educated on aging issues then enlisted to help dissemination information.

• Arizona needs a powerful voice for older adults and presence in the legislature.

Information from various committee members and staff were presented. Adjournment was at 11:45 a.m.

<u>The Governor's Advisory Council on Aging (GACA)</u> – meeting was called to order at 1:03 p.m. by GACA Chair Becky Brimhall-Lepire. Welcome and introductions were made. Minutes of July 8<sup>th</sup> were approved.

Director Timothy Jefferies of DES gave a presentation on his work at DES. Highlighting his achievements as director. He has served 556 days as DES director, visited 163 sites and responded to 12,000 emails to date.

#### Liaison Reports

AZ4A – Mark Clark reported that the Area Agencies will be conducting their needs assessments for the next Area Plans. The next Aging Summit sponsored by AZ4A will take place in the Phoenix area in September 2018.

DES - Arizona Department of Economic Security - Cindy Saverino reported that DES is conducting a policy/procedure reduction activity. Their goal was to reduce caseloads by 20%. They have exceeded that expectation and have reached 29%.

DES will begin to map out the 2019-2022 State Plan on Aging and bringing all State departments that were involved in Aging 2020 to the table. It is anticipated Focus Groups will begin in January 2017.

**AATF** – Arizona Alzheimer's Task Force is moving forward with finalizing a tri-fold that will include the Arizona Alzheimer's Framework for Action and Calls to Action.

ADHS – Arizona Department of Health Services – Dr. Babak Nayeri reported September 22, 2016 is National Falls Prevention Awareness Day. Governor Doug Ducey has declared September Falls Prevention month. Falls are the third leading cause of mortality among adults 65 years and older, and in 2015 Arizona had 885 deaths resulting from falls in that age group. Falling incidents in Arizona are seven times higher than in other states throughout the country. The Arizona Falls Coalition is actively working to make risk assessment of medications for persons 65 and older mandatory in order to manage medications that are necessary.

AHCCCS - Arizona Health Care Cost Containment System - Jay Dunkleberger reported Heightened Scrutiny Visits - The new Centers for Medicare and Medicaid Services (CMS) guidelines over what qualifies as a home and community based setting is ongoing. AHCCCS is conducting site visits to specific providers to determine how they might fit under the new rule.

Home and Community Based Services (HCBS) Setting Rules – There will be a meeting scheduled soon to discuss feedback from CMS on AHCCCS' plan for compliance with the new setting rules. CMS has also finalized it new rules for Medicaid that will impact the

long term care (LTC) system in Arizona, Medicaid members and the industry as a whole. These rules will be staggered and be in effect July 2019.

CMS member information changes include:

- AHCCCS develop a model member handbook
- Develop model definitions for terminology
- Defines minimum font size for member information, (12 Point), information on alternative formats must be in 18 point font
- The provider directory must identify the provider's ability to accommodate members with physical disabilities.
- 1,557 of the affordable care act addresses, additional member information and language requirements.

Network changes

• Expansion of rules regarding how the state ensures adequate networks from contracted health plans.

Defines specific providers that the states develop minimum standards for

- Defines the process the states have to use to develop and maintain those standards Long Term Services and Support (LTSS)
  - State have to develop time and distance standards where appropriate for when member travels to the provider.
  - States can develop other standards where the service travels to the member.

Arizona Long Term Care System Request for Proposal (ALTCS RFP) - AHCCCS in the process of finalizing its ALTCS RFP, timelines

- RFP November 1, 2016
- Proposals due January 23, 2017
- Implementation October 1, 2017

Attorney General's Office – Amilyn Pierce reported that to date, The AG's Office has given 27 presentations to 800 people on the topics of Life Planning, to 400 regarding the Taskforce Against Senior Abuse, and 1,000 about consumer protection. The AG's Office is also planning a Senior Safety Forum in Sun City in partnership with the Area Agency and working to translate the Life Planning packets into Spanish by the first of the year. Legislative proposals were completed by the end of August and will be shared closer to the New Year. Digital Training is planned for certified peace officers.

GACA - Governor's Advisory Council on Aging - GACA Chair Becky Brimhall-Lepire discussed recommendations from the Executive Committee and reported the group had recommended acceptance of the amendments to the by-laws and called for a review and approval of the GACA By-Laws as posted and distributed. Motion passed unanimously.

She also thanked all members who have served as officers, committee leadership and council members and staff for their hard work and dedication in 2016 resulting in the

achievement of measurable outcomes in both the AICC and LPCC committees. Ideas for future projects, speakers and presentations in those committees should be forwarded to the Executive Director.

Preparations for the Annual Planning Meeting on November 4, 2016 are underway. The Chair reminded members to come prepared to participate, be engaged and know which committees they wish to serve on in 2017.

Executive Director's Office Updates - Cathy De Lisa, Executive Director thanked Patsy Gillis and Steve Wagner for assisting at the Health Fair at Tanner Terrace in Glendale and reported many of the residents wanted to know what GACA had to offer them as many of the vendors were service providers. Ms. De Lisa reported the Governor's Office on Aging is getting ready to recognize the list of dentists provided by the Arizona Dental Foundation who donate their time and services to at-risk older adults. Letters of appreciation and a certificate from the Governor will be mailed to them. In addition, Ms. De Lisa reported gathering input and ideas for the GACA 2017 draft priorities from organizations including the Health System Alliance of Arizona that named a sustainable health care workforce as an ongoing priority and the Maricopa Elder Abuse Prevention Alliance/MEAPA Financial Exploitation Committee. Ms. De Lisa reported that ideas for partnering with the Division of Aging and Adult Services related to their State Plan on Aging public meeting and Senior Action Days in 2017 had been shared with the Executive Committee. Ms. De Lisa concluded by expressing appreciation to the Planning Group of the Alzheimer's Task Force that has coordinated efforts to launch the Calls to Action in November during National Alzheimer's and Family Caregiver Month.

Information sharing and reporting from various committee members and staff were presented. Meeting was adjourned at 2:45 p.m.

Next meeting will be held on November 4, 2016.

Respectfully submitted,

\*\*Deborah \*\*Cankerd\*\*



## ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM MANAGER

**DATE:** OCTOBER 20, 2016

SUBJECT: DES/DAAS ALERT SFY17 REVISED ALLOCATIONS

On August 31, 2016 DES/DAAS Department of Economic Security Division of Aging and Adult Services issued ALERT SFY-17-1B Revised Allocations.

Alert: SFY17-1B Older Americans Act Title III and Title VII Revised Allocations which have been included in Amendment #8 COB for your information.

Action Requested: X Information Only Action Requested Below



Douglas A. Ducey Governor

Your Partner For A Stronger Arizona

Timothy Jeffries Director

August 31, 2016

To:

Area Agencies on Aging

From:

Scott Lekan

**DES Assistant Director** 

Division of Aging and Adult Services

Subject:

State Fiscal Year (SFY) 2017 Revised Allocations

The following ALERTS are attached:

#### **ALERTS**

#### **FUND SOURCE/TYPE**

ALERT SFY-17-1B
ALERT SFY-17-5B
Senior Community Service Employment Program – Program Year 2016/SFY 2017 Performance Goals and Revised Allocations
ALERT SFY-17-6A
ALERT SFY-17-11B
Older Americans Act Title III and Title VII – Revised Allocations
Senior Community Service Employment Program – Program Year 2016/SFY 2017 Performance Goals and Revised Allocations
Other Funds – Estimated Discretionary Grant Carryover

The ALERTS are subject to change as additional information is received by the Division pertaining to the funding sources identified.

ALERTS are available on the Division website using the link: https://www.azdes.gov/daas/alerts

A SFY 2017 contract operating budget is due to the Division of Aging and Adult Services, Finance and Business Operations Unit by close of business Friday, September 21, 2016. When developing your contracting budgets, please round up to whole numbers. Once budgets have been submitted to DAAS, amendments will be prepared.

Should you have any questions regarding the attached ALERTS, please contact your assigned Contract Specialist.

cc: Scott Lekan, Rhonda Coates, Nina Sutton, Bridget Casey, Cam Kowal, Matt LeCrone, Lei Ronda Golden-Grady, Rose Larsen, Cindy Saverino, Beth Woods, David Besst, Mark Radan, Scott Geiger, Jason Bernbaum, John Sours, Alyssa Tattrie, Brandon Senior, Rebecca Clayton, DAAS file

## Title III and VII for SFY-2016

The Division of Aging and Adult Services (DAAS) received an overall increase of \$86,644 for Older Americans Act Title III and Title VII collectively in the FFY 2016 grant awards from the Administration for Community Living. A full 100 percent of the FFY 2016 overall increase was placed into the SFY 2017 allocation. Had the changes been received in SFY 2016, ¾ of the overall increase would have been placed in SFY 2017.

The following changes occurred in Title III and Title VII in the following titles and subparts:

- an increase of \$17,319 in III-B
- an increase of \$39,029 in III-C1
- an increase of \$12,838 in III-C2
- an increase of \$837 in III-D
- an increase of \$8,804 in III-E
- an increase of \$5,412 in VII-Elder Abuse
- an increase of \$2,405 in VII-Federal Ombudsman

Should you have questions regarding the allocations, please contact your assigned Contract Specialist.

	ALLOC %	III-B	III-C1	III-C2	III-D	VII OMB.	VII ABUSE	FAMILY CAREGIVER	TOTAL
REGION IV						_	_		
PROGRAM BASE	0.520/	21,800	23,750	4,450	0	0	0	0	50,000
F1 F2	8.53% 15.78%	481,948 85,402	472,455 83,999	373,314 64,693	29,463 5,065	24,852 4,272	4,937 849	222,033 38,167	1,609,002 282,447
	13.76%								
ADMIN BASE	0.520/	0	60,000	0	0	0	0	0	60,000
ADMIN ONE-TIME	8.53%	0 0	130,301 0	0	0	0 0	0	27,165 0	157,466 0
TOTAL			-		-				-
TOTAL		589,150	770,505	442,457	34,528	29,124	5,786	287,365	2,158,915
REGION V									
PROGRAM BASE		21,800	23,750	4,450	0	0	0	0	50,000
F1	6.31%	356,533	349,510	276,168	21,796	18,386	3,652	164,254	1,190,299
F2	13.56%	73,356	72,151	55,568	4,350	3,670	729	32,783	242,607
ADMIN BASE	10.0070	0	60,000	0	4,000	0,070	0	02,700	60,000
ADMIN	6.31%	0	96,393	0	0	0	0	20,096	116,489
ONE-TIME	0.0170	0	0	0	0	0	0	20,030	0
TOTAL		451,689	601,804	336,186	26,146	22,056	4,381	217,133	1,659,395
101712		101,000	001,001	000,100	20,110	22,000	1,001	211,100	1,000,000
REGION VI									
PROGRAM BASE		21,800	23,750	4,450	0	0	0	0	50,000
F1	3.89%	219,978	215,644	170,393	13,448	11,344	2,253	101,343	734,403
F2	12.41%	67,133	66,030	50,855	3,981	3,358	667	30,002	222,026
ADMIN BASE ADMIN	3.89%	0 0	60,000 59,474	0	0 0	0	0	0 12,399	60,000 71,873
ONE-TIME	3.09%	0	59,474 0	0	0	0	0	12,399	71,673
TOTAL		308.911	424.898	225.698	17,429	14.702	2.920	143,744	1,138,302
		000,011	,000	220,000	,.20	,. 02	2,020	1.0,1.1	1,100,002
REGION VII									
PROGRAM BASE		21,800	23,750	4,450	0	0	0	0	50,000
F1	4.78%	270,255	264,932	209,338	16,522	13,942	2,771	124,506	902,266
F2	5.15%	27,885	27,427	21,124	1,654	1,395	277	12,462	92,224
ADMIN BASE	4.700/	0	60,000	0	0	0	0	0	60,000
ADMIN ONE-TIME	4.78%	0	73,067 0	0	0 0	0	0	15,233 0	88,300 0
SUBTOTAL		319,940	449,176	234,912	18,176	15,337	3,048	152,201	1,192,790
INTERSTATE TRANSFER		45,565	63,577	32,875	2,662	2,323	594	21,424	169,020
TOTAL		365,505	512,753	267,787	20,838	17,660	3,642	173,625	1,361,810
		,	,	•	,	,	,	,	, ,
REGION VIII	· · · · · · · · · · · · · · · · · · ·	·		<u></u>					
PROGRAM BASE	4.4657	21,800	23,750	4,450	0	0	0	0	50,000
F1	4.40%	248,626	243,729	192,584	15,199	12,820	2,546	114,542	830,046
F2 ADMIN BASE	4.74%	25,654	25,232	19,433 0	1,521 0	1,283 0	255 0	11,465	84,843
ADMIN BASE ADMIN	4.40%	0 0	60,000 67,219	0	0	0	0	0 14,014	60,000 81,233
ONE-TIME	4.4076	0	07,219	0	0	0	0	14,014	01,233
TOTAL		296,080	419,930	216,467	16,720	14,103	2,801	140,021	1,106,122

## Nutrition Services Incentive Program (NSIP) for SFY-2017

Due to a change in the federal grant award, revised allocations are attached that identify the contract planning levels for NSIP for your respective Planning and Service Area for State Fiscal Year (SFY) 2017.

The allocations are based on the Federal Fiscal Year (FFY) 2015 grant and on the meals served by the Area Agencies on Aging (AAAs) during FFY 2014, and are subject to revisions during SFY 2017.

The following NSIP revised allocations are being made to the AAAs:

Area Agency on Aging	SFY-16 Increase	SFY-17 Total Allocation
Area Agency on Aging, Region One, Inc.	\$ 9,980	\$ 594,384
Pima Council on Aging	\$ 3,899	\$ 231,510
Northern Arizona Council of Governments	\$ 3,878	\$ 235,328
Western Arizona Council of Governments	\$ 3,544	\$ 199,036
Pinal/Gila Council for Senior Citizens	\$ 2,506	\$ 149,051
SouthEastern Arizona Governments Organization	\$ 1,684	\$ 98,411
Navajo Nation	\$ 5,302	\$ 235,885
Inter Tribal Council of Arizona	\$ 1,886	\$ 120,982
Total	\$32,679	\$ 1,864,587

NSIP funds may be used to pay for any client receiving home delivered meals or congregate meals.

Unexpended dollars at the end of the fiscal year are allowed as carryover into the next fiscal year. Carryover dollars must be expended prior to utilizing any new allocations.

Should you have any questions regarding the allocation, please contact your assigned Contract Specialist.

								DIVISION OF AGIN	G 8	ADULT SERVICES					AL	ERT # 17-6A
								NSI SFY -		17						
REGION		(Line # 17) FFY - 2016 (1/4) INITIAL ALLOCATION	FI	_ine # 17) FY - 2016 RRYOVER	F IN (D	Line # 17) FY - 2016 NCREASE/ ECREASE) TO LOCATION		(Line # 17) FFY - 2016 (1/4) TOTAL ALLOCATION		(Line # 18) FFY - 2017 (3/4) INITIAL ALLOCATION		(Line # 18) FFY - 2017 INCREASE/ (DECREASE) TO ALLOCATION	ı	(Line # 18) FFY - 2017 (3/4) TOTAL (LLOCATION		SFY - 2017 CONTRACT ALLOCATION
	\$	164,799.00	\$		\$	5,703.00	\$	170,502.00	\$	419,605.00	\$	4,277.00	\$	423,882.00	\$	594,384.00
•	Ψ	104,799.00	Ψ		Ψ	3,703.00	Ψ	170,302.00	Ψ	419,003.00	Ψ	4,277.00	φ	423,002.00	Ψ	394,304.00
II \$ 63,686.00 \$ - <b>\$ 2,228.00 \$ 65,914.00</b> \$ 163,925.00 <b>\$ 1,671.00 \$ 165,596.00</b>														165,596.00	\$	231,510.00
III	III \$ 68,412.00 \$ - <b>\$ 2,216.00 \$ 70,628.00</b> \$ 163,03										\$	1,662.00	\$	164,700.00	\$	235,328.00
IV \$ 46,465.00 \$ - <b>\$ 2,025.00 \$ 48,490.00</b> \$ 149,027.00 <b>\$ 1,519.00 \$ 150,546</b>														150,546.00	\$	199,036.00
V	\$	41,223.00	\$	-	\$	1,432.00	\$	42,655.00	\$	105,322.00	\$	1,074.00	\$	106,396.00	\$	149,051.00
VI	\$	25,921.00	\$	-	\$	962.00	\$	26,883.00	\$	70,806.00	\$	722.00	\$	71,528.00	\$	98,411.00
VII	\$	7,680.00	\$	-	\$	3,029.00	\$	10,709.00	\$	222,903.00	\$	2,273.00	\$	225,176.00	\$	235,885.00
VIII	\$	39,791.00	\$	-	\$	1,078.00	\$	40,869.00	\$	79,305.00	\$	808.00	\$	80,113.00	\$	120,982.00
TOTAL \$ 457,977.00 \$ - \$ 18,673.00 \$ 476,650.00 \$ 1,373,931.00 \$ 14,00											14,006.00	\$	1,387,937.00	\$	1,864,587.00	
NOTE:	OTE:  The 3/4 columns are based on the FFY 2016 NSIP Grant Award and the total number of meals served by A															. 44.050.500
_											ea /	Agency for FFY	14.	FFY 2016 Alloca	atio	n is \$1,850,582
	Jnexpended dollars as of June 30th can be carried-over into the next year's allocation.  Carry-over dollars must be expended prior to utilizing any new allocations.															



Division of Aging and Adult Services ALERT

SFY-17-11B

## Other Funds for SFY-2017

#### **Discretionary Grant Estimated Carryover**

In the May 31, 2016 ALERT, the Area Agencies on Aging (AAAs) were asked to estimate their discretionary grants carryover for State Fiscal Year (SFY) 2017.

The Contract Obligation Sheets have been updated with the actual unexpended funds that are available as identified in the chart below.

Discretionary Grant	Funds Must Be Expended By:
Alzheimer's Dementia	September 29, 2016*
Refugee Resettlement	September 30, 2016
Medicare for Patients and Providers Improvement Act – SHIP, AAA, and ADRC	September 29, 2016

\*Note: The Division of Aging and Adult Services has requested a one-year No Cost Extension to the Alzheimer's grant that will extend the availability of the funding until September 29, 2017. ACL has indicated that our request will be approved, but until we receive confirmation, we can't extend the availability of the funding. Please plan on having any remaining Alzheimer's grant funds available for services through September 29, 2017.

If you have any questions, please contact your assigned Contract Specialist.

DIVISION OF AGING & ADULT SERVICES														
		CONTRAC	T OF	BLIGATION FO	ıR	SF	Y 2017							
		OOMINAO	. 0.	JEIOAIION I O	,,,	Ο.	. 2017	IN	ICREASE		REVISED			
				INITIAL			TOTAL	(DE	ECREASE)		TOTAL			
	S	FY 2016		SFY 2017			SFY 2017	S	FY 2017		SFY 2017			
REGION 6 CARRYOVER ALERTS							ALERTS	,	ALERTS		AWARDS			
1. STATE ADMIN.	· ·		ot the state of t	47 522 00		φ	51,938.00	· ·		ď	F1 020 00			
	\$	-	\$	47,532.00		\$		\$	455.00	\$	51,938.00			
2. OAA ADMIN. III C-1	\$	-	\$	119,019.00		\$	119,019.00	\$	455.00	\$	119,474.00			
3. OAA ADMIN. III-E	\$ 6	-	\$	12,342.00		\$	12,342.00	\$	57.00	\$	12,399.00			
4. SSBG ADMIN. 5. TITLE III-B	\$	-	\$	50,860.00 307,530.00		\$	58,674.00	\$	4 204 02	\$	58,674.00			
	\$	\$	307,530.00	\$	1,381.00	\$	308,911.00							
6. TITLE III-C1	\$	-	\$	303,181.00		\$	303,181.00	\$	2,243.00	\$	305,424.00			
7. TITLE III-C2	\$	-	\$	224,731.00		\$	224,731.00	\$	967.00	\$	225,698.00			
8. TITLE III-D	\$	-	\$	17,362.00		\$	17,362.00	\$	67.00	\$	17,429.00			
9. TITLE III-E CAREGIVER	\$	1,808.00	\$	130,780.00		\$	132,588.00	\$	565.00	\$	133,153.00			
10. NSIP	\$	-	\$	96,727.00		\$	96,727.00	\$	1,684.00	\$	98,411.00			
11. TITLE VII ELDER ABUSE	\$	-	\$	2,483.00		\$	2,483.00	\$	437.00	\$	2,920.00			
12. TITLE VII FED. OMB	\$	-	\$	14,508.00		\$	14,508.00	\$	194.00	\$	14,702.00			
13. STATE IND. LIVING SUPPORTS	\$	-	\$	372,950.00		\$	368,544.00	\$	-	\$	368,544.00			
14. STATE OMBUDSMAN	\$	-	\$	35,207.00		\$	35,207.00	\$	-	\$	35,207.00			
15. STATE RESPITE	\$	-	\$	19,628.00		\$	19,628.00	\$	-	\$	19,628.00			
16. SSBG (SERVICES)	\$	-	\$	535,884.00		\$	528,070.00	\$	-	\$	528,070.00			
17. S.H.I.P.	\$	-	\$	21,834.00		\$	21,834.00	\$	-	\$	21,834.00			
18. SENIOR MEDICARE PATROL	\$	-	\$	6,237.00		\$	8,433.00	\$	-	\$	8,433.00			
19. MIPPA	\$	-	\$	-		\$	-	\$	-	\$	-			
20. HB2695 - LOTTERY	\$	-	\$	-		\$	44,064.00	\$	-	\$	44,064.00			
21. SPP	\$	-	\$	-		\$	4,379.00	\$	-	\$	4,379.00			
TOTAL	\$	1,808.00	\$	2,318,795.00		\$	2,371,242.00	\$	8,050.00	\$	2,379,292.00			
		,									· ·			

DIVISION OF AGING & ADULT SERVICES														
		CONTRAC	T OE	BLIGATION FOR	SF	Y 2017								
INCREASE/ REVISED INITIAL TOTAL (DECREASE) TOTAL SFY 2016 SFY 2017 SFY 2017 SFY 2017 STATE TOTAL CARRYOVER ALERTS AWARDS ALERTS AWARDS														
1. STATE ADMIN.	\$	-	\$	755,100.00	9	,		\$ -		\$	825,100.00			
2. OAA ADMIN. III C-1	\$	-	\$	, ,	9	, ,		\$ 11,674.00		\$	2,007,784.00			
3. OAA ADMIN. III-E	\$	-	\$	317,044.00	9	,		\$ 1,468.00		\$	318,512.00			
4. SSBG ADMIN.	\$	-	\$	752,744.00	9	,		\$ -		\$	760,558.00			
5. TITLE III-B	\$	-	\$	6,382,036.00	9	6,382,036.00		\$ 29,942.00		\$	6,411,978.00			
6. TITLE III-C1	\$	-		6,274,708.00	9	6,274,708.00		\$ 50,680.00		\$	6,325,388.00			
7. TITLE III-C2	\$	-	\$	4,832,995.00	9	4,832,995.00		\$ 22,531.00		\$	4,855,526.00			
8. TITLE III-D	\$	-	\$	378,741.00	9	378,741.00		\$ 1,470.00		\$	380,211.00			
9. TITLE III-E CAREGIVER	\$	35,226.00	\$	2,853,402.00	9	5 2,888,628.00		\$ 13,210.00		\$	2,901,838.00			
10. NSIP	\$	-	\$	1,831,908.00	9	5 1,831,908.00		\$ 32,679.00		\$	1,864,587.00			
11. TITLE VII ELDER ABUSE	\$	-	\$	54,381.00	9	54,381.00		\$ 9,473.00		\$	63,854.00			
12. TITLE VII FED. OMB	\$	-	\$	316,574.00	9	316,574.00		\$ 4,221.00		\$	320,795.00			
13. STATE IND. LIVING SUPPORTS	\$	-	\$	5,519,784.00	9	5,449,784.00		\$ -		\$	5,449,784.00			
14. STATE OMBUDSMAN	\$	-	\$	814,116.00	9	814,116.00		\$ -		\$	814,116.00			
15. STATE RESPITE	\$	-	\$	462,000.00	9	462,000.00		\$ -		\$	462,000.00			
16. SSBG (SERVICES)	\$	-	\$	7,052,367.00	9	7,044,553.00		\$ -		\$	7,044,553.00			
17. S.H.I.P.	\$	-	\$	504,006.00	9	504,006.00	1	\$ -		\$	504,006.00			
18. SENIOR MEDICARE PATROL	\$	-	\$	158,543.00	9	168,670.00		\$ -		\$	168,670.00			
19. REFUGEE	\$	49,891.57	\$	-	9			\$ -		\$	53,891.57			
20. SCSEP (TITLE V)	\$	-	\$	951,275.00	9	940,214.00		\$ 58,072.00		\$	998,286.00			
21. ALZHEIMER'S DEMENTIA (ADSSP)	\$	89,114.76	\$	-	9	89,114.76		\$ -		\$	89,114.76			
22. MIPPA	\$	10,700.00	\$	-	9	5 10,700.00		\$ -		\$	10,700.00			
23. HB2695 - LOTTERY	\$	-	\$	-	9	700,000.00		\$ -		\$	700,000.00			
24. SPP	\$	-	\$	-	9	60,570.00		\$ -		\$	60,570.00			
TOTAL	\$	184,932.33	\$	42,207,834.00	9	6 43,156,402.33		\$ 235,420.00		\$	43,391,822.33			

DIVISION OF AGING & ADULT SERVICES													
		CONTR	RΑ	CT OBLIGATION F	OR	SFY 2017							
STATE TOTAL	•	SFY 2016 ARRYOVER		INITIAL SFY 2017 ALERTS		TOTAL SFY 2017 AWARDS		REVISED SFY 2017 ALERTS			REVISED TOTAL SFY 2017 AWARDS		
STATE ADMIN.	\$	ARRIOVER		\$ 755,100.00		825,100.00	\$			\$	825,100.00		
OLDER AMERICANS ACT	\$	35,226.00		\$ 23,405,991.00		23,441,217.00	\$	144,669.00		\$	23,585,886.00		
STATE (ILS, RSP, OMB, SPP)	\$	-		\$ 6,795,900.00		6,786,470.00	\$	144,009.00		\$	6,786,470.00		
SSBG REGIONS 1-8	\$	<u> </u>		\$ 7,805,111.00	9	, ,	\$			\$	7,805,111.00		
S.H.I.P./SENIOR PATROL	\$			\$ 662,549.00	9		\$			\$	672,676.00		
NSIP	\$			\$ 1,831,908.00	9	,	\$	32,679.00		\$	1,864,587.00		
REFUGEE	\$	49,891.57		\$ -	9	, ,	\$	-		\$	53,891.57		
SCSEP TITLE V	\$	-		\$ 951,275.00	9		\$	58,072.00		\$	998,286.00		
ALZHEIMER'S DEMENTIA (ADSSP)	\$	89,114.76		\$ -	9	·	\$	-		\$	89,114.76		
MIPPA	\$	10,700.00		\$ -	9		\$	-		\$	10,700.00		
HB2695 - LOTTERY	\$	-		\$ -	3	·	\$	-		\$	700,000.00		
BELOW-THE-LINE SUBTOTAL	\$	184,932.33		\$ 42,207,834.00		43,156,402.33	\$	235,420.00		\$	43,391,822.33		
TOTAL	\$	184,932.33		\$ 42,207,834.00	9	43,156,402.33	\$	235,420.00		\$	43,391,822.33		
NOTE: The following list reflects the	mos	t recent ALER	RTS	S issued to support	t th	e amounts reflec	ted:						
ALERT				DURCE				E ISSUED					
1. ALERT 17-1B	,	TITLE III/VII	ΙP	LANNING LEVELS	FO	R SFY 2017		8/31/2016					
2. ALERT 17-2A		SSBG	Αl	LOCATIONS FOR	SF\	Y 2017		5/31/2016					
3. ALERT 17-3B		STATE	A	LLOCATIONS FOR	SF	Y 2017		6/24/2016					
4. ALERT 17-5B		SCSEP/TIT	LE	V ALLOCATIONS	FOI	R SFY 2017		8/31/2016					
5. ALERT 17-6A		NSIP	AL	LOCATIONS FOR	SFY	2017		8/31/2016					
6. ALERT 17-7B	SI	HIP & SENIOR	P	ATROL ALLOCATION	NS	FOR SFY 2017		6/24/2016					
7. ALERT 17-11				<b>ALLOCATIONS FO</b>				5/31/2016					
8. ALERT 17-11A		MIPPA/AD	SS	SP ALLOCATIONS F	OR	R SFY 2017		5/31/2016					

Contract No: ADES15-089126

					0 14 /				5.		01: 10			4550		
	DAARS Codes		Administ ADM	ADM	Case Mgnt CMG	Legal LGL	Transportation TSP	Congregate	Home Del HDM	Health Prom HED	Ship/O SHI	SHI	Senior Patrol SHI	ADRC	MIPPA SHIP SHI	MIPPA AAA SHI
Ī	Program Codes		HCB	FCS	HCB	LSA	HCB	HCB	HCB	HPR	SHP	SMP	SMP	HCB	SHP	SHP
•	Service Detail Code	1	ПСБ	100	ПСБ	LOA	ПОВ	ПОВ	ПОВ	TILIX	OTR	IRM	Sivii	CRT	MSA	MAA
-	AIMS Codes		ADM	AM5	CMG	LGL	TSP	CNG	HDM	HPR	IR1	IRM	SMP	AOC	MOA	WICK
Ln	Fund Source		ABINI	Alvio	CIVIC	LOL	101	0110	TIDIN	11111	11 ( 1	II (IVI	CIVII	7100		
	State Admin	М	47,804	4,134												
	OAA Admin (III C-1)	Α	119,474	1,101												
	OAA Admin (III E)	Α	- /	12,399												
	SSBG Admin		58,674	,												
	Title III-B	S	·		141,761	12,466	6,502						2,387			
	Title III-C1	S			-	•		259,106								
	Title III-C2	S							272,016							
8	Title III-D Prev HIth									17,429						
9	Title III-E Caregiver						56,516									
	NSIP								98,411							
11	Title VII Elder Abuse															
12	Title VII FED OMB															
13	State Ind Living Supports	M			26,825	734	8,197	30,307	39,494		1,885		3,335			
14	State Ombudsman	M														
15	State Respite	M														
16	SSBG (Services)				132,514		59,342	699	164,437							
17	SHIP										21,834					
18	Senior Medicare Patrol												8,433			
19	HB2695 - Lottery															
20	Supplemental PMT Program (SPP)															
21	ADRC Care Transition															
22	Senior Patrol Vols.															
23	Alzheimer's Dementia (ADSSP)															
	MIPPA - S.H.I.P.															
	MIPPA - AAA															
26	MIPPA - ADRC															
Rein	mbursement Ceiling	_	225,952	16,533	301,100	13,200	130,557	290,112	574,358	17,429	23,719	-	14,155	-	-	-
D	EOT 0ED\#0E0															
	ECT SERVICES	<del>                                      </del>	Г	1	1		T	1		<b>T</b>	1		<del>                                     </del>		1	I
-	ALTCS	$\vdash$														
	Program Income	<del>                                     </del>									0.000					
-	Non-Fed In-kind	M									2,300					
	Non-Fed Cash	М														
	Other Federal Total										2,300					7 -

PU	IRCHASED SERVICES															
	ALTCS								104,615							
	Program Income				29		69,028	75,117	13,645							
	Non-Fed In-kind	М			91,639			83,221	59,674							
	Non-Fed Cash	М			115,785	17,498	531,233	137,586	119,700							
	Other Federal				·	,	1,096,762	,	,							
	Total		-	-	207,453	17,498	1,697,023	295,924	297,634	-	- '	-	-	-	-	-
	Grand Total		225,952	16,533	508,553	30,698	1,827,580	586,036	871,992	17,429	26,019	-	14,155	-	-	
EX	PENSES															
	Personnel - Direct		102,776	10,174						8,734			7,368			
	ERE - Direct		35,642	3,188						3,545			3,379			
	Professional/Out															
	Direct		11,950							25						
	Sub-Contractor				508,553	30,698	1,827,580	586,036	871,992							
	Travel - Direct		26,399							495						
	Space - Direct															
	Equipment - Direct															
	One Time															
	On Going															
	Material/Supplies - Direct		4,400							540						
	Operating Svcs Direct		5,730							250	26,019					
	Allocated Indirect Direct		39,055	3,171						3,840			3,408			
	SubTotal DIRECT		225,952	16,533	-	-	-	-	-	17,429	26,019	-	14,155	-	-	
	SubTotal PURCH		-	-	508,553	30,698	1,827,580	586,036	871,992	-	-	-	-	-	-	-
	TOTAL SERVICE		225,952	16,533	508,553	30,698	1,827,580	586,036	871,992	17,429	26,019	-	14,155	-	-	-
	Units/Direct	П	12	12						75	1,950		800			
	Units/Purchased		-		11,534	316	99,358	55,003	94,238		·					
	Units Total		12	12	11,534	316	99,358	55,003	94,238	75	1,950	-	800	-	-	-
	Unit Rate/Direct	$\Box$	18829.33	1377.75	NA	NA	NA	NA	NA	232.39	13.34		17.69	NA	NA	NA
	Unit Rate/Purch	$\Box$	NA	NA	44.09	97.13	18.39	10.65	9.25	NA	NA		NA	NA	NA	NA
	Unit Rate/Total		18829	1378	44.09	97.13	18.39	10.65	9.25	232.39	13.34		17.69	NA	NA	NA
	Note: Title III-B, III-C1, III-C2, III-D, III-E (Ad	lmin)	require a state	match												
	Required State Match		39,824.67	4,133.00	8,338.95	733.30	382.47	15,241.66	16,001.08	-	-	-	140.41	-	-	-
	Total State - Unmatched		7,979.33	1.00	18,486.05	0.70	7,814.53	15,065.34	23,492.92	-	1,885.00	-	3,194.59	-	-	-

Total State

47,804.00

4,134.00

26,825.00

734.00

8,197.00

30,307.00

39,494.00

1,885.00

3,335.00

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MIPPA ADRC	Long Term Care	Hor	me Care Cluste	r		Lotte	ery		Supplemental (SI	PMT Program	Alzheir	mer's Dementia (A	DSSP)	LTC Assisted Living	Outreach	Case Mgn	Training
SHI	LTC	HSK	PRC	NRH	HSK	HDM	PRC	RSP	HSK	ATT	CMG	RSP	CGT	EHS	OTR	CMG	CGT
SHP	OMB	HCB	НСВ	HCB	HCB	HCB	HCB	FCS	HCB	HCB	FCS	FCS	FCS	HCB	FCS	FCS	FCS
MDA					LOT	LOT	LOT	LOT	SPP	SPP	ALZ	ALZ	ALZ	LCA			
	LTC	HSK	PRC	VNS										EHL	IR5	CM5	CT5
		103,193	42,305	297													
		100,100	12,000	201													
															7,200	38,000	5,200
															7,200	36,000	5,200
	2,920																
	14,702																
		164,621	89,374	3,772													
	35,207																
-		113,564	48,324	4.024													
-		113,304	40,324	4,931													
					10,233	26,079	3,618	4,134									
									4,379								
												+					<del>                                     </del>
-																	
-	52,829	381,378	180,003	9,000	10,233	26,079	3,618	4,134	4,379	-	-	-	-	-	7,200	38,000	5,200
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4,500 - - - 69

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1,618   6,766   880   1,407   1,40   1,518   6,766   1,288   1,407   1,40   1,518   1,407   1,40   1,518   1,407   1,40			004	505														
44,957 42,051 14,077			901	363												1 610	6 706	990
. 45,888 42,616 14,077			14.057	10.051	44.077									1			0,700	1
- 57,329			44,957	42,051	14,077											523		3/8
- 57,329			45.050	40.040	44.077											0.444	C 70C	4.050
22.882	-	-	45,858	42,616	14,077	-	-	-	-	-	-	-	-	-		- 2,141	6,706	1,258
22,882	_	57.329	427.236	222.619	23.077	10.233	26.079	3.618	4.134	4.379	_	_	_	_		- 9.341	44.706	6.458
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427,239   222,616   23,077   10,233   26,079   3,618   4,134   4,379		9,286																
427,239   222,616   23,077   10,233   26,079   3,618   4,134   4,379																		
7,771		6,300																
600			427,239	222,616	23,077	10,233	26,079	3,618	4,134	4,379						9,341	44,706	6,458
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- 57,329 427,236 222,619 23,077 10,233 26,079 3,618 4,134 4,379 9,341 44,706 6,458    1,680	-					10 233					-	_	-	-			44 706	6 458
1,680         21,605         9,828         271         492         3,216         156         192         192         9,22         192         6         951         6           NA         34.12         NA         N																		
NA         34.12         NA	-	57,329	427,236	222,619	23,077	10,233	26,079	3,618	4,134	4,379	-	-	-	-		- 9,341	44,706	6,458
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NA         34.12         NA		1,000	21 605	0.939	271	402	2 216	156	102	102				+		6	051	6
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NA NA 19.77 22.65 85.00 20.80 8.11 23.19 21.53 22.81 NA NA NA NA NA NA NA NA 1556.83 47.00 1076.33  NA 34.12 19.77 22.65 85.00 20.80 8.11 23.19 21.53 22.81 NA	-	1,680	21,605	9,828	271	492	3,216	156	192	192	-	-	-	-		- 6	951	6
NA NA 19.77 22.65 85.00 20.80 8.11 23.19 21.53 22.81 NA NA NA NA NA NA NA NA NA 1556.83 47.00 1076.33 NA 34.12 19.77 22.65 85.00 20.80 8.11 23.19 21.53 22.81 NA	N/A	24.40	NI A	N/A	N/A	NIA	N/A	N/A	NIA I	NIA I	N/A	B1.6	B1A	B.I.A.	818	A1A	A1A	NI A
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6,070.23 2,488.55 17.47																		
- 35,207.00 158,550.77 86,885.45 3,754.53	NA	34.12	19.77	22.65	85.00	20.80	8.11	23.19	21.53	22.81	NA	NA	NA	NA	NA	1556.83	47.00	10/6.33
- 35,207.00 158,550.77 86,885.45 3,754.53																		
- 35,207.00 158,550.77 86,885.45 3,754.53	-	-	6,070.23	2,488.55	17.47	-	-	-	-	-	_	_	-	<u>-</u>	_	-	-	-
	-					-	-	-	-	-	-	-	-	-	-	-	-	-
	_	35,207.00	164,621.00	89,374.00	3,772.00	-	-	-	-	-	-	_	-	_	-	-	-	-

Adap Aid	Home Repair	Pa	spite	
ADP	RPR	RSP	RSP	
FCS	FCS	FCS	FCS	
		VCH		
AD5	RP5		RSP	
				TOTAL
				51,938.00
				119,474.00
				12,399.00
				58,674.00
				308,911.00
				259,106.00
				272,016.00
				17,429.00
6,500	3,000		16,737	133,153.00
				98,411.00
				2,920.00
				14,702.00
				368,544.00
			40.000	35,207.00
			19,628	19,628.00
			4,259	528,070.00
				21,834.00
				8,433.00 44,064.00
				4,379.00
				4,57 9.00
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6,500	3,000	-	40,624	2,379,292.00
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				6,800.00
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				0.000.55
-	-	-	-	6,800.00

104,615.00				
159,285.00				
244,870.00				1,132
1,035,479.00	11,691			
1,096,762.00				
2,641,011.00	11,691	-	-	1,132
5,027,103.00	52,315	-	3,000	7,632
151,934.00				
55,040.00				
18,275.00				
4,669,686.00	52,315		3,000	7,632
34,665.00				
-				
-				
- 5,540.00				
32,429.00				
59,534.00				
357,417.00	_			
4,669,686.00	52,315	_	3,000	7,632
5,027,103.00	52,315	-	3,000	7,632
4,529.00				
300,387.80	2,985		2	36
304,916.80	2,985	-	2	36
20,504.63	NA	NA	NA	NA
4,813.08	17.53	NA	1500.00	212.00
25,317.71	17.53	NA	1500.00	212.00
93,371.79	-	-	-	-
381,945.2	19,628.00	-	-	-
475,317.00	19,628.00	-	-	-



## ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM MANAGER

**DATE:** OCTOBER 20, 2016

SUBJECT: HEALTH NUTRITION PROGRAM/ A MATTER OF BALANCE

#### Description

Shi Martin our Health and Nutrition Program Coordinator has partnered with Fry Fire in Sierra Vista to host two Matter of Balance participant classes. This week they started on Monday October 17 thru November 8 at thrive previously known as the Wellness Depot at the Sierra Vista Mall. Shi will be having another class at Prestige Assisted Living on January 10, 2016 and ending February 2<sup>nd</sup>.

Please share this information in your communities and for those communities which we haven't reached with this program we will however I need your help in talking about the program. In the future we want to be able to work closely with a fire district in each county who is willing and able to receive the coach training and assist Shi in hosting this event for participants at least once per year.

Action Requested: X Information Only Action Requested Below

Media Advisory Contact: SEAGO/Area Agency on Aging

Phone 520-432-2528 EXT 206

Fry Fire Department

For Immediate Release Phone: 520-255-3405

#### **Managing Concerns about Falls**

Have you turned down a chance to go out with family or friends because you were concerned about falling? Have you cut down on a favorite activity because you might fall? If so, *A Matter of Balance: Managing Concerns about Falls* is a program for you.

Fear of falling can be just as dangerous as falling itself. People who develop this fear often limit their activities, which can result in severe physical weakness, making the risk of falling even greater. Many older adults also experience increased isolation and depression when they limit their interactions with family and friends. *A Matter of Balance* can help people improve their quality of life and remain independent.

A Matter of Balance is designed to reduce the fear of falling and increase activity levels among older adults. Participants learn to set realistic goals to increase activity, change their environment to reduce fall risk factors. They learn simple exercises to increase strength and balance.

SEAGO/Area Agency on Aging with Fry Fire Department is offering Two *Matter of Balance: Managing Concerns about Falls Classes.* The first class will be held at thrive. (Formerly known as Wellness Depot) Located in the Sierra Vista Mall on Monday and Tuesday from 2PM-4PM starting October 17, 2016 and ending November 8, 2016. The 2<sup>nd</sup> class will be held at Prestige Assisted living on Tuesday and Thursday from 1PM-3PM starting on January 10, 2017 and ending on February 2, 2017. A workbook will be provided and refreshments are served.

Please call thrive at 520-459-8210 or stop in to register for the first class.

Prestige Assisted Living at 520-452-1402 or stop in to register for the second class

#### A Matter of Balance: Managing Concerns About Falls

This program is based on Fear of Falling: A Matter of Balance. Copyright ©1995 Trustees of Boston University. All rights reserved. Used and adapted by permission of Boston University.

#### A Matter of Balance Lay Leader Model

Recognized for Innovation and Quality in Healthcare and Aging, 2006, American Society on Aging.

A Matter of Balance Lay Leader Model was developed by a grant from the Administration on Aging (#90AM2780).



## ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM MANAGER

**DATE:** OCTOBER 20, 2016

SUBJECT: STATE HEALTH INSURANCE PROGRAM-SMP UPDATES

#### Description

SEAGO/AAA State Health Insurance Program and Senior Medicare Patrol SHIP-SMP Coordinator has started Medicare Open Enrollment period on Saturday October 15, 2016. As you know Ramona keeps herself very busy during this period as this is the only time Medicare beneficiaries are able to make changes to their insurance plans. Currently, Ramona still only has one active SHIP-SMP volunteer who has dedicated a good amount of her time in assisting with this program but we still need more volunteers to work with Ramona and help get those client contacts grow.

SEAGO/AAA is proud to announce that we will be partnering with Chiricahua Community Health Centers of Cochise County in order to collaborate in expanding outreach efforts in this area of need. Chiricahua will be sharing some of their insurance coordinators who will receive training from Ramona in January 2017 in order to assist with providing Medicare counseling in the areas of Sierra Vista, Douglas, Benson and Willcox. This will free up Ramona's time in those areas so that she may focus in areas that she is currently unable to. Due to client contact requirements Ramona had to do most of her counseling in the office via telephone as this would cut the travel time she was spending and would help increase her client contacts and even this way we are still not meeting the numbers. Ramona's goals will be to reach out to other communities that she is not getting to because of these reasons.

I encourage members of Cochise, Santa Cruz, Graham and Greenlee Counties to help spread the word of open enrollment as well as volunteer needs in your areas so that Ramona can work closely with your communities and provide assistance with those in need of guidance on a regular basis.

Action Requested: X Information Only Action Requested Below