

**Please note that due to a reduction of SEAGO funding, the workshops will no longer be held every month. We plan to hold four workshops during the fiscal year: July 2016, October 2016, January 2017, and April 2017.**

**Area Agency on Aging (AAA)  
A Division of Cochise County Health & Social Services  
Funded by SEAGO and Cochise County  
Presents:**

## **FREE CAREGIVER TRAINING**

**WHEN:** *April 20<sup>th</sup> from 1:00 p.m. – 3:00 p.m.*

**PLACE:** *Benson Community Center at 705 W Union Street, Benson*

**REGISTER:** *By calling 520-432-9680*

**FACILITATORS:** *Marla Tamez and Seana Riffle, AAA Case Managers*

### ***GUEST SPEAKERS:***

Senior Nutrition  
*Donna Morely, Benson Hospital Nutrition Director*

Hospice Services  
*Jena Parker, TMC Hospice*

Everyone is welcome, both family and professional caregivers. The 2-hour session will include education and time for questions, problem solving and general support. If you are caring for an elderly or disabled family member, friend and neighbor or considering the caregiver role; you will find this training session to be an excellent guide for care giving in the home.

**Information also available in Spanish by contacting (520) 432-9680.**

**Información disponible en Español llamando al (520) 432-9680.**

**WE WILL HAVE SNACKS AND DOOR PRIZES!**