DIRECTORY OF ELDER RESOURCES

FOR

GRAHAM AND GREENLEE COUNTIES

Revised April 10, 2018

SEAGO
AREA AGENCY ON AGING, REGION VI
300 COLLINS ROAD
BISBEE, AZ  85603
520-432-2528

Web site:  www.seago.org  (click on Area Agency on Aging)
E-mail:  aging@seago.org

Contact SEAGO with your questions about Medicare at 520-432-2528, ext. 222 or send an e-mail to <shiphelp@seago.org>.
DIRECTORY OF ELDER RESOURCES IN Graham and Greenlee Counties

This directory lists as many resources as possible in order to provide useful information to older persons and their families. Agency names, services provided, websites, and phone numbers do change, so despite attempts for accuracy, there may be changes in some of the information included. Phone books have Community Resources and/or Government listings in the first section of the book as well as in the Yellow Pages under Social Services and Elder Care. Many communities have Chambers of Commerce that can give information on community resources. If you have questions or need additional information, please call the Area Agency on Aging at 520-432-2528.

“Under Titles VI and VII of the Civil Rights Act of 1964(Title VI and Title VII) and the Americans Disabilities Act of 1990(ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, SEAGO Area Agency on Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex national origin, age, and disability. The SEAGO Area Agency on Aging must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, the SEAGO Area Agency on Aging must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the SEAGO Area Agency on Aging will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in an alternative format or for further information about this policy please contact: SEAGO Area Agency on Aging at 520-432-2528.” Para obener este documento en otro formato u obtener informacion adicional sobre esta politica, SEAGO Area Agency on Aging 520-432-2528.

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ABUSE, NEGLECT, AND EXPLOITATION

ADULT PROTECTIVE SERVICES (APS)
Website: www.azdes.gov/reportadultabuse
1-877-SOS-ADULT or 1-877-767-2385
APS assesses and makes referrals for services when there is possible abuse, neglect, or exploitation of a vulnerable adult. If you or someone you know is being abused, neglected, or exploited, please call this number. It is mandatory for most care providers to report when there is evidence of abuse, neglect, or exploitation of a vulnerable or incapacitated adult.

OMBUDSMAN PROGRAM
Website: www.seago.org
Graham County: 520-432-2528 ext 206
Advocates for individuals in nursing homes and assisted living facilities (formerly called supervisory care facilities and adult care homes).

SHELTERS
Mount Graham Safe House: 928-348-9104 (hotline)/928-348-9548/1-888-269-9104
Provides domestic violence services and emergency housing for women and children.

ATTORNEY GENERAL'S OFFICE - TASKFORCE AGAINST SENIOR ABUSE (TASA)
Phoenix: 602-542-2124, or 1-800-352-8431(selection #3)
The Arizona Attorney General’s task force to stem senior abuse.

VICTIM WITNESS:
Graham County Attorney General’s Office: 928-428-4787
Greenlee County Attorney General’s Office: 928-865-4108 (Closed on Fridays)
May provide support/assistance to victims of crime.

ADAPTIVE AIDS AND DEVICES/LOAN CLOSETS
In addition to the medical equipment and supply stores listed below, agencies in Tucson also serve Graham and Greenlee Counties. These are listed in the phone book or your doctor’s office can assist you. It is important to get a prescription from your doctor and check with the store to make sure Medicare or your other insurance will cover the item.

ARIZONA LOANS FOR ASSISTIVE TECHNOLOGY (AZLAT)
Website: www.azlat.net or www.aztap.org
Phoenix: 602-776-4670, or 1-800-477-9921, 602-728-9536 TTY
Provide financial loans for purchasing Assistive Technology.

VOCAIONAL REHABILITATION (formerly DES INDEPENDENT LIVING REHABILITATION SERVICES)
Safford: 928-428-3005
Counseling and help in finding adaptive aids.

EMERGENCY ALERT SYSTEMS
Individual dialers may be purchased in electronic stores, online, or from the number listed below. These dialers do not include any monthly fee or any maintenance. There are also several companies that provide systems that include a start-up cost and monthly fees. Some of these systems require contracts for a minimum period of time.

The local hospital or the building where a senior resides may have an agreement to use a particular system. Only a few of the systems available on the market are listed below. This listing DOES NOT reflect an endorsement by SEAGO.

**ALERT ONE:** 1-866-322-8202
**ARIZONA SUPERIOR MEDICAL PROGRAM:** 520-747-7403
  - Free equipment if qualified.
**GREAT CALL:** 1-858-720-7500
**LIFE FONE:** 1-800-882-2280
**LIFELINE EMERGENCY DEVICE:** 1-800-543-3546 or 1-800-LIFELINE
**PERSONAL ASSISTANCE VOICE DIALER:** 1-800-675-3044
A device connected to the phone that rings up to four preprogrammed numbers if pressed.

**SAFELINK:** 1-800-977-3768
  - **Website:** [www.safelinkwireless.com](http://www.safelinkwireless.com)
  - Provides information on free cell phones for low income individuals.

**SILVER ALERT:** 602-223-2212
  - **E-Mail:** cmoore@asdps.gov or doffice@AZDPS.gov
  - Displays qualified alerts on local and state highway marquees for missing elderly personnel.

**R.U.O.K - Graham County Sheriff’s Office:** 928-428-0808
Call to receive a regularly scheduled recorded call from the sheriff. No answer at the residence will trigger an alert for a deputy to check on you.

**LOAN CENTERS**
(Sites where one can borrow a piece of medical equipment free of charge).

- **Clifton**
  - Greenlee County Health Dept. 928-865-2811

- **Safford**
  - SEACUS: 928-428-3229
  - **Website:** [www.seacus.org](http://www.seacus.org)

  - ST. VINCENT de PAUL: 928-428-0460 ext. #2

- **Tucson**
  - SAAVI Visual Aids Store: 520-795-1331

**MEDICAL EQUIPMENT (For Sale)**
- **Apria Healthcare Customer Service:** 1-888-492-7742
  - **Website:** [www.apriaderict.com](http://www.apriaderict.com)
- **Millennium Medical Supply:** 928-348-0652
ALZHEIMER'S/DEMENTIA

ALZHEIMER'S ASSOCIATION
Website: www.alz.org
Tucson: 520-322-6601 or 1-800-272-3900.
Provides information, support, resources, educational opportunities, care consultation (case management), and dementia identification registry packet with bracelet.

SOUTHEASTERN ARIZONA DEMENTIA FRIENDLY COMMUNITIES SAFFORD:
928-651-7451, 928-428-7690 or 928-428-3229
E-mail: searizona@dfc.care

MEDICAL ALERT
Website: www.medicalalert.org
Medical alert and safe return line.

SAFE RETURN: 1-888-572-8566
Call to register someone with dementia.

SAFE RETURN: 1-800-572-1122
To report someone found or missing even if not wearing a bracelet.

SILVER ALERT:
Main desk: 602-223-2212
24/7 desk: 602-223-2444
E-mail: cmoore@asdps.gov
A multi-agency initiative to locate missing or endangered elderly. If a person 65 years of age or older goes missing it shall be reported to the local law enforcements. Once reported the investigation will be conducted and a Silver Alert issued if the missing person meets the Silver Alert criteria.

(Also see ADAPTIVE AIDS AND DEVICES – EMERGENCY ALERT SYSTEMS Section of this booklet)

AREA AGENCY ON AGING

SEAGO AREA AGENCY ON AGING
Website: www.seago.org
Bisbee: 520-432-2528, ext. 220 or 222
Provide information about services available and how to access them. Serves Cochise, Graham, Greenlee, and Santa Cruz Counties.

ASSISTED LIVING

Homes and centers that are licensed by the Office of Assisted Living Licensure of the Arizona Department of Health Services may provide supervisory, personal, or direct care to individuals who need assistance and who do not need 24-hour nursing care. Individuals and their families should visit and compare facilities before making a selection. A current license should be posted in every facility. Information about selecting a home is
available from the ombudsman program. Some facilities may provide respite, day care or hospice based on bed availability.

STATE OFFICE OF RESIDENCIAL LIVING LICENSURE: 520-628-6965

OMBUDSMAN PROGRAM
   Website: www.seago.org
   Benson/Willcox/Bisbee/Douglas/Sierra Vista: 520-432-2528, ext. 206

ASSISTED LIVING FACILITIES
   Thatcher:
      BEEHIVE HOMES
      928-792-2810
      3150 W. Main St.
      Thatcher, AZ 85552

BEHAVIORAL HEALTH SERVICES

ALCOHOLICS ANONYMOUS
   Web Site: www.saffordaa.org
   Graham and Greenlee Counties: 928-428-1484
Alcoholics Anonymous hotline for Graham and Greenlee Counties. Can obtain a list of meeting places and times and also have a member call you. Support groups available throughout the area for recovering alcoholics and their families. There are support groups for a number of diseases, illnesses, and living situations. Contact the Hospital, Health Department, or Area Agency on Aging Case Manager for more information. Certified individuals and groups offer counseling services and can be located in the Yellow Pages under Counselors.

CENPATICO SERVICES
   Website: www.cenpaticointegratedcareaz.com
   Customer Service: 1-866-495-6735, 928-792-2661, or 928-495-6738; TDD/TTY: 711
Behavioral health services offered are based on eligibility for services and the needs of the participant. Typical services for those that are Title 19 include, but are not limited to, case management, individual and group counseling, skills groups, employment services, medication management and transportation to appointments. Services for those that are not Title 19 are limited to crisis services and medication management. If you are interested in enrolling in services please call Cenpatico Customer Service and a representative will assist you in finding a provider agency near you. The following agencies may hold contracts with Cenpatico:

ASSURANCE HEALTH AND WELLNESS
   928-792-4242
   Clifton: (Mon. & Thur. Only)
      10A Ward Canyon
      Clifton, AZ 85533

   Safford: 928-432-8080
      301 E. 4th Street Ste. A
      Safford, AZ 85546

SOUTHEASTERN AZ. BEHAVIORAL HEALTH SERVICES (SEABHS)
HAVEN SENIOR HORIZONS  
**Phoenix:** 623-236-2000  
A licensed psychiatric facility for seniors.

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) MEDICAL ALERT:  
1-800-380-2322  
**WEBSITE:** www.nami.org  
Provide support, education, awareness, and advocacy for individuals and families impacted by mental illness.

VERHELST RECOVERY HOUSE  
**Bisbee:** 520-432-3764  
A non-medical drug and alcohol treatment facility for men. Also part of National Council for Alcohol and Drug Dependency. Serves as a hotline for information on A.A. and meetings places in Graham and Greenlee Counties.

WELLNESS CONNECTIONS  
**Website:** www.wellness-connections.org  
**Safford:** 928-428-1207  
A self-help center located in Safford serving individuals with mental illness in the surrounding communities. Wellness Connections is dedicated to promoting wellness and recovery through peer support, life skills training & education, and other life-enhancing activities. Serving Bridgeway/ALTCS and CENPATICO enrolled members, and U.S. Military Veterans. Services are delivered to surrounding communities through Wellness Connections mobile outreach program, providing countywide peer support and rehabilitation services. (Mental health, wellness, recovery, and substance abuse).

**ARIZONA DEPARTMENT OF VETERANS SERVICES CEMETARY SERVICES**  
**Sierra Vista:** 520-458-7144 or 1-888-952-4700  
**Phoenix:** 1-800-852-VETS (8387)  
Assists with V.A. Health System enrollment, benefit counseling and claims, referral to fiduciary services.

**DIRECT CENTER for INDEPENDENCE**  
**Tucson:** 520-624-6452, or 800-342-1853  
Center for Independent Living for region. Provides information and referral for individuals who have disabilities.

**SOCIAL SECURITY ADMINISTRATION:** 1-800-772-1213  
**Website:** www.ssa.gov  
**Safford:** 1-877-505-4527
650 S. 14th Avenue
Safford, AZ 85546

For Social Security Retirement, Disability, Survivor’s Benefits, and Supplemental Security Income (SSI).

VETERANS ASSOCIATION TELEPHONE ASSISTANCE SERVICE: 1-800-827-1000

VETERANS’ BENEFITS: 1-888-952-4700 or
Safford: 928-428-3403

To find out about eligibility for veterans, widows, widowers, and spouses.

Fiduciary Division:
Phoenix: 602-248-1554 (after hours emergency line)

Provides guardianship or conservators for veterans.

VETERAN’S CRISIS LINE: 1-800-273-8255

VETERAN’S NURSE ADVICE LINE: 1-877-252-4886

VETERAN’S OUTPATIENT CLINIC
Safford: 928-428-8010
355 N. 8th Ave.
Safford, AZ 85546

WESTERN STATES PENSION ASSISTANCE PROJECT
1-866-413-4911 or 1-916-551-2140
For pension or retirement counseling within Arizona.

(Also see VETERANS Section of this booklet.

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CAREGIVER/CASE MANAGEMENT

Nearly 22 million Americans provide unpaid care so that their senior family members can remain at home. However, there are local services that help families care for their frail loved ones. Area Agency on Aging case managers can help families explore their options by explaining what services exist and their eligibility requirements. In addition to case management, other services that might help include home delivered meals, housekeeping, personal care, in-home respite, and home health, which includes home nursing.

AREA AGENCY ON AGING (SEAGO)
Website: www.seago.org
Bisbee: 520-432-2528, ext. 222 or 220
Provides information about available services and how to access them. Serves Cochise, Graham, Greenlee, and Santa Cruz Counties.

EVALUATION/CASE MANAGEMENT
GRAHAM COUNTY
Southeastern Arizona Community Unique Services (SEACUS): Area Agency on Aging Case Management
Safford: 928-428-3229
GREENLEE COUNTY
Greenlee County Health Department: Area Agency on Aging Case Management
Clifton: 928-865-2601
Duncan: 928-359-2866

Information is provided to individuals and family caregivers about in-home services available for elderly and disabled individuals. Case managers evaluate individuals in their homes to determine eligibility for AAA services.

FAMILY CAREGIVER PROGRAM
Website: www.caregiver.org or
Website: www.caregiveraction.org
Website: www.nfcacares.org
Provides resources for caregivers in different situations.

Area Agency on Aging Case Management SEACUS
Safford: 928-428-3229
Greenlee County Health Department
Clifton: 928-865-2601
Duncan: 928-359-2866

Case Management/family support services, including training and information for unpaid caregivers.

IN-HOME RESpite: 928-428-3229
Call Area Agency on Aging Case Manager. See phone numbers under Evaluation/Case Management (this section). Provides relief to a family caregiver.

For private pay options see FOOD, BEHAVIORAL HEALTH SERVICES, HOME HEALTH, HOSPICE, AND IN-HOME SUPPORTIVE SERVICES sections of this booklet.

CREDIT PROBLEMS

MONEY MANAGEMENT INTERNATIONAL (Formerly CONSUMER CREDIT COUNSELING SERVICE OF ARIZONA)
Website: www.moneymanagement.org
1-888-845-5669, 1-800-338-3328 or 1-800-308-2227
A nonprofit agency to consult when debt is a problem and prior to pursuing bankruptcy. Provide credit counseling and credit education classes at no cost. Offers debt repayment program for a small processing fee.

DENTAL

CHIRICAHUA CLINIC
Website: www.cchci.org
Elfrida: 520-642-2222/1430
Reduced or sliding fee scale programs.

ST. ELIZABETH’S OF HUNGARY
Tucson: 520-628-7871

DIABETES

DIABETES EDUCATION
CHIRICAHUA COMMUNITY HEALTH CENTER
   Website: www.cchci.org
   Elfrida: 520-642-2222
GRAHAM COUNTY HEALTH DEPARTMENT:
   Website: www.graham.az.gov
   Safford: 928-428-0110
GREENLEE COUNTY HEALTH DEPARTMENT:
   Website: www.co.greenlee.az.us
   Clifton: 928-865-2601
   Duncan: 928-359-2866
MT. GRAHAM REGIONAL MEDICAL CENTER:
   Website: www.mtgraham.org
   Safford: 928-348-4000 ext.#4186

DIALYSIS CENTERS
Fresenius Medical Center (FMC)
   https://snc4mc.smcna.com
   Safford: 928-428-1400

DISCOUNTS, REFUNDS, AND TAXES

EARNED INCOME CREDIT (IRS): 1-800-829-1040
   Website: www.irs.gov
   A federal tax credit for low income working individuals and families, or grandparents raising grandchildren. Grandparent must be under 65, and have an income below qualifying limits. Contact the IRS for more information.

EXCISE TAX
   Phoenix: 1-800-352-4090
The 140ET is a refundable credit for low-income Arizona resident taxpayers to help mitigate the sales tax (transaction privilege tax) increase for education. This credit can be claimed with or without an Arizona return depending on your income level or if you do not qualify for the 140PTC. Your federal adjusted gross income must be $25,000 or less if married filing a joint return or a head of household, or $12,500 or less if single or married filing separately. If you are filing a 140PTC claim, this credit is available on that form. The amount of credit is $25.00 for each person who is a resident of Arizona. Credits can also be claimed for dependents, but not to exceed $100 per household.

INCOME TAX PREPARATION HELP
   AARP: 1-888-227-7669
   Website: www.aarp.org
NATURAL GAS DISCOUNT  
Southwest Gas Company: 1-877-860-6020  
Website: www.swgas.com  
May help low income individuals with winter heating discount.

PROPERTY TAX EXEMPTIONS  
GRAHAM COUNTY  
Website: www.graham.az.gov/exemptions  
Safford: 928-428-2828  
GREENLEE COUNTY  
Website: www.co.greenlee.az.us/assessor  
Clifton: 928-865-5302  
A program for widows/widowers and disabled persons. All Social Security income is exempt. Requires special forms from the County Assessor’s Office, and be filed between January 1 and March 1.

PROPERTY TAX REFUNDS  
Website: www.dor.az.gov  
Phoenix: 1-800-352-4090  
For owners/renters aged 65 or older or those on SSI, who have been Arizona residents for the entire calendar year. Income not counting Social Security must be less than $3,751 single or $5,501 married. Use form 140PTC at tax time. Contact the Arizona Department of Revenue.

SAFELINK: 1-800-977-3768  
Website: www.safelinkwireless.com  
For information on free cell phones for low income individuals.

SENIOR PROPERTY VALUATION FREEZE  
GRAHAM COUNTY  
Website: www.graham.az.gov/assessor  
Safford: 928-428-2828  
GREENLEE COUNTY  
Website: www.co.greenlee.az.us/assessor  
Clifton: 928-865-5302  
A program to freeze the property valuation of a primary residence in which homeowners aged 65 or older have resided for at least 2 years. Contact assessor for income eligibility limits. File with county assessor between July 15 and September 1.

SOUTHEASTERN ARIZONA COMMUNITY ACTION PROGRAM  
Main: 1-800-293-1144  
Safford: 928-428-2872 or 928-428-4653  
Offering financial assistance for appliance repair and replacement, home repair, and utility bill payments, rental assistance, and telephone discounts.

TELEPHONE DISCOUNTS  
Main: 928-428-4653  
Safford (c-cap): 928-428-2872  
Assists with several different telephone discount programs.
UTILITY ASSISTANCE: 928-432-4060
Must be 62 years old or older and receive service through the City of Safford.

VEHICLE REGISTRATION DISCOUNTS
GRAHAM COUNTY
Website:  www.graham.az.gov/assessor
Safford:  928-428-2828
GREENLEE COUNTY
Website:  www.co.greenlee.az.us/assessor
Clifton:  928-865-5302
A program for widows/widowers and disabled persons giving a discount on vehicle registration.

FOOD

HOME DELIVERED MEALS
Referrals are made to the Area Agency on Aging Case Management/Cochise Aging and Social Services. Phone numbers are listed in the CAREGIVER Section of this booklet. For private pay meals, contact SEACUS at 928-428-3229.

FOOD BANKS, PANTRIES, AND COMMODITY DISTRIBUTION SITES
Each food bank sets its own days and hours of operation and its own eligibility requirements. Call for distribution times and eligibility.

Clifton:
(all food boxes, commodities program)
American Legion:  928-865-2601

Duncan: (4th Tuesday)
(all food boxes, commodities program)
Southern Baptist Church:  928-359-1296

Safford:
Our Neighbors Pantry:  928-428-3788
St. Vincent de Paul:  928-428-0460 or 928-362-9842

Wilcox
Food Pantry: 520-384-2114
(need referral)

Others in Graham County:
Gleaning Programs: 928-792-5368 (2nd Tuesday)
Safford Health Annex (WIC office):
928-792-5368
South Eastern AZ Community Food Bank Distribution Center of Willcox:
520-766-3663

Others in Greenlee County:
American Legion (Morenci, Sheldon,
York Valley): 928-865-2601
Clifton Food Bank: 928-322-7775 or 928-215-0416

Gleaning Programs: 928-792-5368
South Eastern AZ Community Food Bank
    Distribution Center of Willcox: 520-766-3663

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (Formerly known as FOOD STAMPS)
    Graham/Greenlee County: 928-428-3006
A state and federal program of food assistance for low-income individuals and families. Also contact SEAGO/AAA at 520-432-2528 ext. 222 to apply.

(Also see SENIOR CENTERS/NUTRITION SITES section of this booklet.)

FUNERAL HOMES/GRIEF SUPPORT

FUNERAL HOMES
    Safford
    McDougals-Caldwell Chapel: 928-428-1740
    Vining Funeral Home: 928-428-4000

GRIEF SUPPORT
    Homicide Survivors, Inc.
    Website: www.azhomicidesurvivor.org
    Tucson: 520-207-5012
Nonprofit victim assistance organization dedicated to meeting the crisis and long term needs of families of murder victims. Provides help with Crime Victim Compensation, funeral assistance, mental health and social service referrals.

GUARDIAN and CONSERVATOR SERVICES

GRAHAM COUNTY PUBLIC FIDUCIARY: 928-428-4441
    Website: www.graham.az.gov/health-department/fiduciary

GREENLEE COUNTY PUBLIC FIDUCIARY: 928-865-2323
    Website: www.co.greenlee.az.us/courts/fiduciary.aspx
May serve as court-appointed guardian, and/or conservator, or probate agency, of last resort.

PAYEE PLUS
    Tucson: 520-395-1599
Provide guardian, conservator, power of attorney and representative payee services.
SHARC
Sierra Vista: 520-458-1599
Provide Guardian, conservator, power of attorney and representative payee services.

HEARING

ARIZONA COMMISSION FOR THE DEAF AND HARD OF HEARING
1-800-352-8161 V/TTY
Services and resources, including TDD machines and telephone amplifiers, for hearing impaired individuals.

COMMUNITY OUTREACH PROGRAM FOR THE DEAF
520-792-1906 (Interpreter 24 hours)
Counseling, job placement, interpreting, independent living, and outreach services.

DES OFFICE OF VOCATIONAL REHABILITATION
Website: www.azdes.gov
Tucson: 520-629-0225 or 602-209-4282
Available for consultations for individuals that are blind, visually impaired, deaf or hard of hearing, or referral to other agencies,

LIONS SIGHT AND HEARING FOUNDATION: 1-602-954-1723
Website: www.ls-hf.org
Safford: 928-428-3229
May assist low income individuals with hearing aids.

HOME HEALTH

Provide intermittent, skilled nursing, therapy, and medical social services to patients in their homes. Services are based on a care plan developed in consultation with the physician. Payment is usually provided by insurance, Medicare or another public funding source. Below are the state licensed agencies that provide these services.

Website: www.homehealthcareagencies.com

AREA AGENCY ON AGING CASE MANAGEMENT
Safford: 928-428-3229
Clifton/Duncan: 928-865-2811
Provides authorization for limited Home Health services to qualified individuals when there is no other payer.

LEGACY HOME HEALTH: 928-428-0734
Serves only northern Graham and Greenlee Counties.

HOME REPAIR

HELPING HANDS
Safford: 928-428-0275
A volunteer organization that works with homeowners who live at or below the poverty level or who are physically unable to make repairs to their homes. (Graham County Only)
HOSPICE SERVICES

Based on a physician’s determination, hospice provides in-home or in-patient services for terminally ill patients and their families. Services may include nursing, personal care, respite, spiritual and bereavement counseling, and pharmacy services. Medicare, or other insurance, usually pays for services.

Website: www.hospicenet.org

COMPASSION & CHOICES: 1-800-247-7421
National, nonprofit agency providing end-of-life consultation to patients and their families.

LEGACY HOME HEALTH: 928-428-0734
Serves only northern Graham and Greenlee Counties.

MOUNT GRAHAM HOSPICE: 928-348-4063
Serves Graham and Greenlee Counties.

VETERANS ADMINISTRATION HOSPITAL HOSPICE: 520-792-1450 ext #2016 or 1-800-273-8252
In-patient hospice.
Safford: 1-800-827-1000
Veteran’s information and assistance.

HOSPITALS

MOUNT GRAHAM REGIONAL MEDICAL CENTER
Website: www.mtgraham.org
Safford: 928-348-4000 or 1-800-362-2750

NORTHERN COCHISE COMMUNITY HOSPITAL
Website: www.ncch.com
Willcox: 520-384-3541

HOUSING

GRAHAM AND GREENLEE COUNTIES HOUSING AUTHORITY
Bisbee: 520-432-8880
Information on Section 8 Housing Choice Voucher (HCV) in Graham County.

REVERSE MORTGAGE PROGRAM
Administration of Resources and Choices
520-327-8250
A program for elderly or terminally ill who need to borrow money against their home.

SOUTHERN ARIZONA LEGAL AID, INC. (SALA)
Website: www.sazlegalaid.org
Bisbee: 432-1639 or 1-800-231-7106
**Tucson: 1-800-640-9465**

SALA is there to provide free, civil legal aid to qualified low-income persons who would not otherwise have access to Arizona’s civil justice system.

**SOUTHWEST FAIR HOUSING COUNCIL**

Website: www.swfhc.com

1-888-624-4611 or 520-798-1568

Takes complaints for potential housing discrimination situations.

**USDA RURAL DEVELOPMENT**

Willcox: 520-384-3529

Grants and low interest loans to qualified persons for home repairs and home purchase.

**SENIOR AND/OR LOW INCOME SUBSIDIZED APARTMENT COMPLEXES**

**Duncan** (Zip Code-85534)

Duncan Heights Apartments
928-359-2480
521 4th Place

**Safford** (Zip Code-85546)

Casa de Flores
928-428-0501
1775 20th Ave.

Pinalono Foothills
928-428-8161
2500 S. 17th Ave.

Mt. Graham Apartments
928-428-7499
2040 20th Ave.

Safford Villa Apartments
928-428-5411
106 W. 11th Street

Mt. View Terrace Apartments
928-428-8785
1901 W. Peppertree

**Thatcher** (Zip Code-85552)

Gila River Apartments
928-428-9292
232 N. Chalmers Lane

(Also for shelters see ABUSE, NEGLECT, AND EXPOITATION section of this booklet.)

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**INFORMATION AND ASSISTANCE**

**DIRECT**

**Tucson:** 520-624-6452, or 800-342-1853

Center for Independent Living for the region. Provides information and referral for individuals who have disabilities.

**ELDERCARE LOCATOR: 1-800-677-1116**

Website: www.eldercare.gov
This nationwide system provides telephone number for the local Area Agency on Aging who can in turn refer to direct aging services in that location.

**EPILEPSY OUTREACH PROJECT, INC.**

_Tucson: 520-326-6690 or 1-800-234-0935_

A Tucson based, independent agency. Provides information, support, and advocacy for those with a seizure-disorder (epilepsy) and for their family and friends. Open 24 hour a day, 7 days a week.

**HARVARD HEALTH INFORMATION**

_Website: www.health.harvard.edu_

Information and advice for a healthier life.

**NATIONAL HISPANIC COUNCIL ON AGING**

_Website: www.nhcoa.org_

An organization that is working to improve the lives of Hispanic older adults, their families, and caregivers.

**NATIONAL LIBRARY OF MEDICINE: 1-888-346-3656**

_Website: www.nlm.nih.gov_
_Website: www.medlineplus.gov_
_Website: www.medlineplus.gov/spanish (Spanish)_

Find, read, learn about diseases, drugs, and clinical trials. Contains drug and supplement information and medical encyclopedia.

**SAFE AGING**

_Website: www.safeaging.org_

Library of safety information for seniors.

**SOCIETY FOR SAFE TRAVEL AND HOSPITALITY**

_Website: www.sath.org_

Provides information for accessible travel and hospitality.

(For Retirement Benefits Counseling see **BENEFITS** section of this booklet.)

### IN-HOME SUPPORTIVE SERVICES

A state license is not required of agencies that provide these services, but a local business license may be required. Services include custodial, attendant, companion, homemaker, and respite provided in a home setting. Payment for services is not usually covered by insurance. In addition to the agencies listed below, case managers for the Area on Aging services and some hospital social workers have lists of individuals and agencies that provide in-home services on a private pay basis in each community.

**ACCENTCARE**

_Tucson: 1-888-883-7448_

Serves Graham and Greenlee Counties.

**GRAHAM COUNTY PROBATION DEPARTMENT**

_Safford: 928-428-3955_
GREENLEE COUNTY HEALTH DEPARTMENT  
Clifton: 928-865-2601  
Duncan: 928-359-2866

GREENLEE COUNTY PROBATION DEPARTMENT  
Clifton: 928-865-4184  
Yard work services are provided to elderly and disabled by probationers under staff supervision. Greenlee county only.

SOUTHEASTERN ARIZONA COMMUNITY UNIQUE SERVICES (SEACUS)  
Safford: 928-428-3229

TELECARE  
R.U.O.K – Graham county Sheriff’s Office  
Safford: 928-428-0808  
Call to receive a regularly scheduled recorded call from the sheriff. No answer at the residence will trigger an alert for a deputy to check on you.

LEGAL SERVICES

ARIZONA CENTER FOR DISABILITY LAW: 1-800-922-1447  
Provide protection and advocacy for individuals with mental illness and developmental disabilities, and advocates for individuals with substantial physical impairments.

SOUTHERN ARIZONA LEGAL AID (SALA)  
Website: www.azlawhelp.org or  
Website: www.sazlegalaid.org  
Bisbee: 520-432-1639 or 1-800-231-7106  
Tucson: 1-800-640-9465  
The Bisbee office of Southern Arizona Legal Aid provides assistance with most civil legal issues to residents of Cochise, Graham, and Greenlee Counties. Some areas of specialty include Social Security, public benefits, housing, consumer law and landlord/tenant. Free booklets are available on landlord/tenant problems, and other frequently encountered legal issues. In addition, SALA provides a phone-in hotline where seniors can obtain legal advice and assistance over the phone. Main office for Cochise, Graham, and Greenlee Counties is in Bisbee, but county residents may also apply in Tucson. Provide legal assistance to low and moderate income individuals facing or at risk of foreclosure or legal issues directly related to the foreclosure of their home. Legal assistance may also be provided to tenants living in properties in or at risk of foreclosure and foreclosures associated with Homeowner Association fees.

VICTIM WITNESS:  
Graham County: 928-428-4787  
Greenlee County: 928-865-4108  
May provide support/assistance to victims of crime.

MEDICAL INSURANCE

There are numerous insurance policies available through insurance companies. These listed below are more common and pertain to low-income or Medicare eligible individuals.
AFFORDABLE CARE ACT (MARKETPLACE)
Website: www.healthcare.gov
www.cuidadoesalud.gov/marketplace (Spanish)
1-800-318-2596 or TTY: 1-855-889-4325
To apply for the Marketplace go to site or call. Marketplace is open 24/7 and has 150-plus languages. To find application assisters, visit http://coveraz.org/navigators-and-assisters/.

ARIZONA DEPARTMENT OF VETERANS SERVICES
Safford: 928-428-8010
Sierra Vista: 520-458-7150
Phoenix: 1-800-852-VETS(8387) or Phoenix: 602-248-1554 or 602277-5551
Assists with V.A. Health System enrollment, benefit counseling and claims, referral to fiduciary services.

ARIZONA HEALTH CARE COST CONTAINMENT SYSTEM (AHCCCS)
Website: www.healthearizonaplus.gov
Graham County: 928-428-3006 Greenlee County: 928-865-4131
DES determines eligibility for health insurance for individuals who are eligible for AHCCCS based on federal poverty guidelines. In other states, this program is called Medicaid. AHCCCS benefits are automatic for recipients of Supplemental Security Income (SSI) and certain other programs.

ARIZONA LONG TERM CARE SYSTEM (ALTCS): 928-425-3165 or 1-888-425-3165
Website: www.altcs.com
This Medicaid program, operated by AHCCCS, provides acute medical services and covers the cost of long-term care in a facility or if cost effective through in-home services. Medical and financial eligibility is determined by the state ALTCS office. ALTCS provides services in clients’ homes, in an assisted living facility, and in nursing homes.

MEDICAL INSURANCE COUNSELING and MEDICARE SUPPLEMENT POLICY INFORMATION
SEAGO: 520-432-2528, ext. 222
State Health Insurance Assistance Program: 1-800-432-4040
These agencies have information on most health insurance policies available and provide assistance in understanding and applying for various forms of insurance.

MEDICARE
Website: www.medicare.gov
Bisbee: 520-432-2528, ext. 222 or 1-800-633-4227
This health insurance program primarily serves those aged 65 or older. Call for questions, information, or problems regarding a claim or assistance in signing up for a Medicare Part D plan.

MEDICARE SAVINGS PROGRAM (QMB/SLMB/QI)
Website: www.azahcccs.gov
Bisbee: 520-432-2528, ext. 222 or 1-602-417-5010
This program pays the Medicare Part B premium for low income Medicare beneficiaries. It also qualifies an individual for Part D extra help. Eligibility requirements must be met.

MEDICAL SERVICES
ARIZONA CHAPTER OF AMERICAN PARKINSON’S DISEASE ASSOCIATION  
Website: www.azapda.org
Assists with meetings, resources, and information on Parkinson’s disease.

AMERITAS SPECIALTY INFUSION PHARMACY (formerly FOX INFUSION)  
Tucson: 520-795-0111
Therapies: Intravenous, Injection, Enteral, Inhalation

CANYONLANDS HEALTH CARE  
Safford: 928-428-1500  
Duncan: 928-359-1380
Provide a full range of primary health care services.

CENTER FOR DISEASE CONTROL AND PREVENTION  
Website: www.cdc.gov
The CDC maintains several departments concerned with occupational safety and health, such as the Center for Injury Prevention and Control.

GILA HEALTH RESOURCES  
Clifton: 928-865-9184
Provide services to insured patients only.

RESOURCES WITH REDUCED/SLIDING FEE SCALE OR FREE SERVICES:

CHIRICAHUA COMMUNITY HEALTH CENTER  
Website: www.cchci.org  
Elfrida: 520-642-2222
Accepts all insurances and has a sliding fee scale. Provides medical services including Well Woman Health Check, chronic Disease Management, and basic dental services.

GRAHAM COUNTY HEALTH DEPARTMENT:  
Website: www.graham.az.gov  
Safford: 928-428-0110
Provides immunizations, including pneumonia and flu shots, blood pressure and diabetes clinics, and other screenings.

GREENLEE COUNTY HEALTH DEPARTMENT:  
Website: www.co.greenlee.az.us  
Clifton: 928-865-2601  
Duncan: 928-359-2866
Provides immunizations, including pneumonia and flu shots, blood pressure and diabetes clinics, and other screenings.

SAFFORD V.A. CLINIC: 928-428-8010

SOUTHERN ARIZONA V.A. HEALTH CARE SYSTEM: 1-800-470-8262
MEDICATIONS

There are numerous prescription discount programs. Some are sponsored by drug manufacturers and usually have specific eligibility criteria. There are discount prescription plans sponsored by pharmacy chains, organizations, insurance plans, and even the state of Arizona in which one pays an annual membership fee and/or monthly fee in order to receive discounts. For individuals eligible for Medicare, the Part D insurance program provides more than a discount; it helps pay for the cost of drugs.

MEDICARE PART D

Website: www.medicare.gov
1-800-MEDICARE or 1-800-633-4227
SEAGO at 520-432-2528, ext. 222

To sign up for a Medicare Part D plan, use Planfinder on the Medicare Website. Part D provides insurance to purchase prescription drugs listed on the insurance plan’s formulary. Insurance plans include standalone drug coverage, and drug coverage within a Medicare managed care plan.

Extra help is available to assist low income individuals to pay Medicare Part D premiums and co-pays. Apply for extra help at the AHCCCS/ALTCS office or at Social Security. SEAGO can assist in completing applications for extra help.

STATE OF ARIZONA COPPER RX CARD: 1-888-227-8315
Provides discounts on various prescriptions for eligible persons who join.

STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

1-800-432-4040 or
SEAGO 520-432-2528, ext. 222

Both of these programs are available to provide information, counseling, and assistance to individuals with questions about various prescriptions discount programs, and insurance programs to pay for prescriptions.

MENTAL HEALTH SERVICES

(See BEHAVIORAL HEALTH SERVICES section of this booklet.)

NURSING HOMES

The Office of Long Term Care Licensure of the Arizona Department of Health Services licenses nursing homes and long-term care units in hospitals. Information about selecting a nursing home is available from the ombudsman program. Certain small rural hospitals have a “swing bed” agreement. Under this agreement, the hospital is participating in Medicare and has approval to provide post-hospital skilled care and meets certain requirements. Medicare Part A (the hospital insurance program) covers post-hospital extended care services given by a swing bed hospital. This allows an individual to get rehabilitation in a rural hospital instead of having to go to a nursing home.

OFFICE OF LONG TERM CARE LICENSURE:

Tucson: 520-628-6965
The ombudsman program provides an advocate for residents in SEAGO contracted nursing homes and assisted living centers. They review questions and complaints brought by residents till an acceptable resolution. They advocate on behalf of residents addressing a wide range of issues, such as meals, responses to calls, staffing, cleanliness, and changes in routines and services. Coordinates with the State Ombudsman office and the Area Agency on Aging in Complaint investigation and resolution.

NURSING HOMES

<table>
<thead>
<tr>
<th>Location</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Safford</td>
<td>(85546)</td>
</tr>
<tr>
<td>Haven of Safford</td>
<td>520-384-3541 ext. 6431</td>
</tr>
<tr>
<td>Care &amp; Rehabilitation Center</td>
<td>901 West Rex Allen Drive</td>
</tr>
<tr>
<td>928-428-4910</td>
<td></td>
</tr>
<tr>
<td>1933 Peppertree Drive</td>
<td></td>
</tr>
</tbody>
</table>

POLICE AND EMERGENCY NUMBERS

AMERICAN RED CROSS: 1-800-341-6943
Website: www.redcross.org
Safford: 928-428-0808 (sheriff’s office dispatch)
Disaster relief for individuals and families.

BORDER PATROL
Willcox: 520-384-7200

EMERGENCIES Call #911
Graham County Sheriff: 928-428-3141
Greenlee County Ambulance (outside of Morenci): 911

NON-EMERGENCY POLICE/SHERIFF DEPARTMENTS

POLICE DEPARTMENTS
Clifton/Morenci/Duncan: 928-865-4149 (Greenlee sheriff)
Safford: 928-432-4100
Thatcher: 928-428-2296 ext. 15

SHERIFF DEPARTMENTS
Graham County Sheriff: 1-888-717-7710 or 928-428-0808
Greenlee County Sheriff: 928-865-4149 or 928-359-2462

POISON CONTROL: 1-800-222-1222

SCAMS, CONSUMER, AND FRAUD ISSUES
ARIZONA ATTORNEY GENERAL
Website: www.azag.gov
Phoenix: 602-542-5763 or 1-800-352-8431
Consumer information and complaints, including scams and identity theft help.

BETTER BUSINESS BUREAU OF SOUTHEASTERN ARIZONA
Website: www.bbb.org/tucson
Sierra Vista: 520-732-9823
Consumer information and complaints.

DO NOT CALL
Website: www.donotcall.gov
Sign up for blocking phone sales pitches. Must be renewed periodically.

ELDER AFFAIRS PROGRAM (Arizona Attorney General’s Office-Senior Abuse)
Phoenix: 602-542-2124 or 1-800-352-2124
This program is available to talk with a senior or caregiver about issues, information, or problems with physical, emotional, sexual, financial, or neglect abuse. They are also available to give information on life planning and other areas.

EXAMPLES OF SCAMS
Website: www.azag.gov
For a list of the most current AZ scams.
- CAR REPAIR SCAM
  You have car problems and while fixing one issue another problem is found costing hundreds or thousands of dollars more than the estimate.
- CREDIT CARD SCAM
  You get unsolicited mail offering you a low interest credit card with a high credit limit. When you receive the credit card it can only be used to purchase items from their catalog.
- HOME IMPROVEMENT SCHEMES
  Usually a salesperson comes to your door saying they spotted something deficient with your home. They offer to do the job immediately. They always insist on cash up-front. Do not pay it!
- INVESTMENT FRAUD
  Unsolicited phone calls from salesperson with an investment opportunity. Usually offering higher returns than other investments. Check with a reputable money manager.
- GRANDPARENT SCAM
  Someone calls and says “Hey, Grandma/Grandpa, this is your favorite Grandson/Granddaughter. Aw, come on you know who?” When you say the name they state that they “are in trouble and want you to send them money but don’t tell mom & dad. You can help me just this once, can’t you?”
- LIVING TRUST SCAM
  Pressuring unsuspecting seniors into buying living trusts that they may not want or need using kits, which on average cost $1,500.
- MAGAZINE SUBSCRIPTIONS
  The company calls you up. If you buy their magazines, you will be entered in their prize drawing. You usually receive the magazine but get a phone call shortly after to buy more magazines to go even higher in the prize lottery. Seniors often spend $800 or more per year on magazine subscriptions.
- MEDICAL EQUIPMENT DEVICES
  They often leave flyers in mailboxes or solicit you in the hospital or doctor’s parking lot. You are told to go to
them and for a small fee Medicare will pick up the entire bill.

- **Sweepstakes Winners**
  You receive an unsolicited phone call stating you have won a foreign lottery or a prize. Person states you only have to send a little money to receive the winnings or prize. You will usually be asked to send the money to a post office box so that it cannot be traced.

### Senior Center/Nutrition Sites

<table>
<thead>
<tr>
<th>Site</th>
<th>Phone Number</th>
<th>Address</th>
<th>City, State, Zip</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clifton</td>
<td>928-865-5240</td>
<td>122 W. 4th Street</td>
<td>Clifton, AZ 85533</td>
</tr>
<tr>
<td>Duncan</td>
<td>928-865-5240</td>
<td>235 High Street</td>
<td>Duncan, AZ 85534</td>
</tr>
<tr>
<td>Safford</td>
<td>928-428-4328</td>
<td>822 Main Street</td>
<td>Safford, AZ 85546</td>
</tr>
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### Senior Centers

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</tr>
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</table>

### Transportation

**AAA Transport:** 520-312-5540 or 1-800-700-2822
Transportation to Tucson airport, train and bus terminals, and to non-emergency appointments in Tucson. Call for information and fares. Not covered by medical insurance.

**Graham/Greelee Community Transportation:**
928-348-7599 or 928-965-6528

**Mid Star:** 520-999-8900

**Southeastern Arizona Community Action Program:** 800-2931144
  Clifton/Duncan: 1-800-293-1144
  Safford: 928-428-2872
ARIZONA DEPARTMENT OF VETERANS SERVICES
Website: www.va.gov
Safford: 928-428-3403 or 928428-8010
Phoenix: 1-800-852-VETS(8387) or 1-800-827-1000
Phoenix: 602-248-1554

Fuduciary Division
Tucson: 520-207-4960
Phoenix: 602-627-3268
Assists with V.A. Health System enrollment, benefit counseling and claims, referral to fiduciary services.

DAV (DISABLED AMERICAN VETS) TRANSPORTATION: 1-800-470-8262, ext. #6565
Appointments made through Tucson V.A. Hospital.

SAFFORD V.A. CLINIC
1-800-470-8262 or 928-428-8010
Appointments made through Tucson V.A. Hospital.

V.A. CEMETARY: 1-888-952-4700

V.A. HOSPITAL:
Tucson: 520-792-1450 or
TLC (Telephone Linked Care) 1-800–470-8262 ext. #6565
Provide medical services, hospice services, and transportation to V.A. hospital.

V.A. REGIONAL OFFICE: 1-800–827-1000
Website: www.va.gov
Processes claims for disability compensation, education benefits, pensions, widow’s benefits, veteran’s home loans.

VETERAN’S OUTREACH (Wellness Connections)
Website: vets@seacrs.org
Safford: 928428-1207
Veterans helping veterans get through everything from PTSD to readjustment to civilian life. Serving all veterans, regardless of service era, or combat status.

VETERAN’S CRISIS LINE: 1-800-273-8255, ext. #1

VISION

DES OFFICE OF VOCATIONAL REHABILITATION
Tucson: 520-629-0225
Available for consultation, or referral to other agencies for individuals with vision, hearing, or combined hearing and vision loss.
LIONS VISION AND HEARING FOUNDATION:
Phoenix: 602-954-1723
Safford: 928-428-3229 (for application process)
May be able to assist low income individuals with hearing aids, eye exams, glasses or surgery.

SOUTHERN ARIZONA ASSOCIATION FOR VISUALLY IMPAIRED
Website: www.saavi.us
Tucson: 520-795-1331
Provides a variety of rehabilitation services and workshops for adults, experiencing vision loss, who are looking for employment skills or better quality of life. Services are FREE to clients and can be provided at the center or at home.

SUN SOUNDS RADIO
Website: www.sunsounds.org
Tucson: 520-296-2400
Radio station for visually impaired. Receiver provided free of charge.

TALKING BOOKS: 1-800-255-5578
Phoenix: 602-255-5578
Talking books available to individuals that are visually impaired.

VOLUNTEER OPPORTUNITIES

MEDICAL INSURANCE COUNSELING and MEDICARE SUPPLEMENT POLICY INFORMATION – SEAGO: 520-432-2528, ext. #222

OMBUDSMAN PROGRAM (serves Cochise, Graham, Greenlee and Santa Cruz Counties)
Bisbee: 520-432-2528, ext. 206
Recruits volunteer advocates for individuals in nursing homes and assisted living facilities.

SAAVI – SOUTHERN ARIZONA ASSOCIATION FOR THE VISUALLY IMPAIRED
Website: www.saavi.us
Tucson: 520-795-1331
For volunteer opportunities, working with adults who are blind and visually impaired. Volunteer opportunities are in a rehabilitation setting and can encompass many experiences. Call for details.

SEACUS
Safford: 928-428-3229
WEB SITES

**www.aarp.org**
AARP’s Web site contains info on legal assistance and tax preparation.

**www.altcs.com**
Arizona Long Term Care System

**www.alz.org**
Information for caregivers and education about Alzheimer’s

**www.apriaderict.com**
Apria Medical Equipment

**www.azag.gov**

**www.azahcccs.gov**
Arizona HealthCare Cost Containment System. Medicare Savings Program (Qualified Medicare Beneficiary (QMB), Specified Low-Income Beneficiary (SLMB), Qualified Individual (QI))

**www.azapda.org**
Arizona Chapter of American Parkinson Disease Association

**www.azdes.gov**
Arizona Department of Economic Security

**www.azdes.gov/reportadultabuse**
Adult Protective Service’s site for reporting abuse online.

**www.azhomicidesurvivor.org**
Grief Support for homicide survivors.

**www.azlat.net**
Helps provide loans for purchasing assistive technology

**www.azlawhelp.org**
Helps to solve legal problems for low-income individuals.

**www.aztap.org**
Arizona loans for Assistive Technology.

**www.bbb.org/tucson/**
Better Business Bureau of Southern Arizona

**www.bestcompany.com/medical-alert-systems/**
Identifies and compares Emergency Alert Systems

**www.caregiver.org**
Identifies resources for caregivers.

**[www.caregiveraction.org](http://www.caregiveraction.org)**
Provides resources for caregivers in different situations.

**[www.cchci.org](http://www.cchci.org)**
Chiricahua health clinic provides sliding fee scale programs.

**[www.cdc.gov](http://www.cdc.gov)**
Center for Disease Control.

**[www.cenpatcointegratedcareaz.com](http://www.cenpatcointegratedcareaz.com)**
Information about behavioral health providers.

**[www.co.greenlee.az.us](http://www.co.greenlee.az.us)**
**[www.co.greenlee.az.us/assessor](http://www.co.greenlee.az.us/assessor)**
**[www.co.greenlee.az.us/courts/fiduciary.aspx](http://www.co.greenlee.az.us/courts/fiduciary.aspx)**
Greenlee County government sites.

**[www.cuidadoesalad.gov/marketplace](http://www.cuidadoesalad.gov/marketplace)**
Apply for the Marketplace government health insurance options in Spanish.

**[www.donotcall.gov](http://www.donotcall.gov)**
Sign up for blocking phone sales pitches.

Department of Revenue for owners/renters aged 65 or older or those on SSI.

**[www.eldercare.gov](http://www.eldercare.gov)**
The Elder Locator Web site provides information about local aging services.

**[www.freseniuskidneycare.com](http://www.freseniuskidneycare.com)**
Dialysis center.

**[www.graham.az.gov/exemptions](http://www.graham.az.gov/exemptions)**
**[www.graham.az.gov/health-department/fiduciary](http://www.graham.az.gov/health-department/fiduciary)**
Graham county government websites.

**[www.healthcare.gov](http://www.healthcare.gov)**
To apply for the Marketplace of health insurance options.

**[www.healthearizonaplus.gov](http://www.healthearizonaplus.gov)**
Determine eligibility for Arizona Health Care Cost Containment System (AHCCS)

**[www.health.harvard.edu](http://www.health.harvard.edu)**
Health information. Advise for a healthier life.
www.homehealthcareagencies.com
Information on home healthcare options and agencies.

www.hospicenet.org
For patients and families facing a life threatening illness.

www.irs.gov
Earned Income Credit, Federal Tax Credit

www.ls-hf.org
Lion’s Sight & Hearing foundation

www.medicalalert.org
Medical alert and safe return line.

www.medicare.gov
Information about Medicare.

www.medlineplus.gov or www.medlineplus.gov/spanish (for Spanish)
Health information from the National Library of Medicine.

www.moneymanagement.org
Provides credit counselling and credit education classes at not cost.

www.mtgraham.org
Mount Graham Regional Medical Center

www.nami.org
National Alliance on Mental Illness

www.ncch.com
Northern Cochise Community Hospital

www.nfccares.org
Helps educate, support, and empower caregivers. Caregiver action network.

www.nhcoa.org
National Hispanic Council on Aging.

www.nlm.nih.gov
National Library of Medicine

www.redcross.org
American Red Cross

www.saavi.us
Southern Arizona Association for the Visually Impaired.

www.safeaging.org
Library of safety information for seniors and caregivers.