

DIRECTORY OF ELDER RESOURCES
FOR
GRAHAM AND GREENLEE COUNTIES

Revised April 10, 2018



SEAGO

AREA AGENCY ON AGING, REGION VI
300 COLLINS ROAD
BISBEE, AZ 85603
520-432-2528

Web site: www.seago.org (click on Area Agency on Aging)
E-mail: aging@seago.org



Contact SEAGO with your questions about **Medicare** at 520-432-2528, ext. 222 or send an e-mail to <shiphelp@seago.org>.



DIRECTORY OF ELDER RESOURCES IN

Graham and Greenlee Counties

This directory lists as many resources as possible in order to provide useful information to older persons and their families. Agency names, services provided, websites, and phone numbers do change, so despite attempts for accuracy, there may be changes in some of the information included. Phone books have Community Resources and/or Government listings in the first section of the book as well as in the Yellow Pages under Social Services and Elder Care. Many communities have Chambers of Commerce that can give information on community resources. If you have questions or need additional information, please call the Area Agency on Aging at 520-432-2528.

“Under Titles VI and VII of the Civil Rights Act of 1964(Title VI and Title VII) and the Americans Disabilities Act of 1990(ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, SEAGO Area Agency on Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex national origin, age, and disability. The SEAGO Area Agency on Aging must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, the SEAGO Area Agency on Aging must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the SEAGO Area Agency on Aging will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in an alternative format or for further information about this policy please contact: SEAGO Area Agency on Aging at [520-432-2528](tel:520-432-2528).” Para obtener este documento en otro formato u obtener informacion adicional sobre esta politica, SEAGO Area Agency on Aging [520-432-2528](tel:520-432-2528).

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ABUSE, NEGLECT, AND EXPLOITATION

ADULT PROTECTIVE SERVICES (APS)

Website: www.azdes.gov/reportadultabuse

1-877-SOS-ADULT or 1-877-767-2385

APS assesses and makes referrals for services when there is possible abuse, neglect, or exploitation of a vulnerable adult. If you or someone you know is being abused, neglected, or exploited, please call this number. It is mandatory for most care providers to report when there is evidence of abuse, neglect, or exploitation of a vulnerable or incapacitated adult.

OMBUDSMAN PROGRAM

Website: www.seago.org

Graham County: 520-432-2528 ext 206

Advocates for individuals in nursing homes and assisted living facilities (formerly called supervisory care facilities and adult care homes).

SHELTERS

Mount Graham Safe House: 928-348-9104 (hotline)/928-348-9548/1-888-269-9104

Provides domestic violence services and emergency housing for women and children.

ATTORNEY GENERALS OFFICE - TASKFORCE AGAINST SENIOR ABUSE (TASA)

Phoenix: 602-542-2124, or 1-800-352-8431(selection #3)

The Arizona Attorney General's task force to stem senior abuse.

VICTIM WITNESS:

Graham County Attorney Generals Office: 928-428-4787

Greenlee CountyAttorner Generals Office: 928-865-4108 (Closed on Fridays)

May provide support/assistance to victims of crime.

ADAPTIVE AIDS AND DEVICES/LOAN CLOSETS

In addition to the medical equipment and supply stores listed below, agencies in Tucson also serve Graham and Greenlee Counties. These are listed in the phone book or your doctor's office can assist you. It is important to get a prescription from your doctor and check with the store to make sure Medicare or your other insurance will cover the item.

ARIZONA LOANS FOR ASSISTIVE TECHNOLOGY (AZLAT)

Website: www.azlat.net or www.aztap.org

Phoenix: 602-776-4670, or 1-800-477-9921, 602-728-9536 TTY

Provide financial loans for purchasing Assistive Technology.

VOCATIONAL REHABILITATION (formerly DES INDEPENDENT LIVING REHABILITATION SERVICES)

Safford: 928-428-3005

Counseling and help in finding adaptive aids.

EMERGENCY ALERT SYSTEMS

Website: www.bestcompany.com/medical-alert-systems/

Individual dialers may be purchased in electronic stores, online, or from the number listed below. These dialers do not include any monthly fee or any maintenance. There are also several companies that provide systems that include a start-up cost and monthly fees. Some of these systems require contracts for a minimum period of time.

The local hospital or the building where a senior resides may have an agreement to use a particular system. Only a few of the systems available on the market are listed below. This listing **DOES NOT** reflect an endorsement by SEAGO.

ALERT ONE: 1-866-322-8202

ARIZONA SUPERIOR MEDICAL PROGRAM: 520-747-7403

Free equipment if qualified.

GREAT CALL: 1-858-720-7500

LIFE FONE: 1-800-882-2280

LIFELINE EMERGENCY DEVICE: 1-800-543-3546 or 1-800-LIFELINE

PERSONAL ASSISTANCE VOICE DIALER: 1-800-675-3044

A device connected to the phone that rings up to four preprogrammed numbers if pressed.

SAFELINK: 1-800-977-3768

Website: www.safelinkwireless.com

Provides information on free cell phones for low income individuals.

SILVER ALERT: 602- 223-2212

E-Mail: cmoore@asdps.gov or doffice@AZDPS.gov

Displays qualified alerts on local and state highway marquees for missing elderly personnel.

R.U.O.K - Graham County Sheriff's Office: 928-428-0808

Call to receive a regularly scheduled recorded call from the sheriff. No answer at the residence will trigger an alert for a deputy to check on you.

LOAN CENTERS

(Sites where one can borrow a piece of medical equipment free of charge).

Clifton

Greenlee County Health Dept. 928-865-2811

Safford

SEACUS: 928-428-3229

Website: www.seacus.org

ST. VINCENT de PAUL: 928-428-0460 ext. #2

Tucson

SAAVI Visual Aids Store: 520-795-1331

MEDICAL EQUIPMENT (For Sale)

Apria Healthcare Customer Service: 1-888-492-7742

Website: www.apriaderict.com

Millennium Medical Supply: 928-348-0652

ALZHEIMER'S/DEMENTIA

ALZHEIMER'S ASSOCIATION

Website: www.alz.org

Tucson: 520-322-6601 or 1-800-272-3900.

Provides information, support, resources, educational opportunities, care consultation (case management), and dementia identification registry packet with bracelet.

SOUTHEASTERN ARIZONA DEMENTIA FRIENDLY COMMUNITIES SAFFORD:
928-651-7451, 928-428-7690 or 928-428-3229

E-mail: searizona@dfc.care

MEDICAL ALERT

Website: www.medicalalert.org

Medical alert and safe return line.

SAFE RETURN: 1-888-572-8566

Call to register someone with dementia.

SAFE RETURN: 1-800-572-1122

To report someone found or missing even if not wearing a bracelet.

SILVER ALERT:

Main desk: 602- 223-2212

24/7 desk: 602-223-2444

E-mail: cmoore@asdps.gov

A multi-agency initiative to locate missing or endangered elderly. If a person 65 years of age or older goes missing it shall be reported to the local law enforcements. Once reported the investigation will be conducted and a Silver Alert issued if the missing person meets the Silver Alert criteria.

(Also see **ADAPTIVE AIDS AND DEVICES – EMERGENCY ALERT SYSTEMS** Section of this booklet)

AREA AGENCY ON AGING

SEAGO AREA AGENCY ON AGING

Website: www.seago.org

Bisbee: 520-432-2528, ext. 220 or 222

Provide information about services available and how to access them. Serves Cochise, Graham, Greenlee, and Santa Cruz Counties.

ASSISTED LIVING

Homes and centers that are licensed by the Office of Assisted Living Licensure of the Arizona Department of Health Services may provide supervisory, personal, or direct care to individuals who need assistance and who do not need 24-hour nursing care. Individuals and their families should visit and compare facilities before making a selection. A current license should be posted in every facility. Information about selecting a home is

available from the ombudsman program. Some facilities may provide respite, day care or hospice based on bed availability.

STATE OFFICE OF RESIDENCIAL LIVING LICENSURE: 520-628-6965

OMBUDSMAN PROGRAM

Website: www.seago.org

Benson/Willcox /Bisbee/Douglas/Sierra Vista: 520- 432-2528, ext. 206

ASSISTED LIVING FACILITIES

Thatcher:

BEEHIVE HOMES

928-792-2810

3150 W. Main St.

Thatcher, AZ 85552

BEHAVIORAL HEALTH SERVICES

ALCOHOLICS ANONYMOUS

Web Site: www.saffordaa.org

Graham and Greenlee Counties: 928-428-1484

Alcoholics Anonymous hotline for Graham and Greenlee Counties. Can obtain a list of meeting places and times and also have a member call you. Support groups available throughout the area for recovering alcoholics and their families. There are support groups for a number of diseases, illnesses, and living situations. Contact the Hospital, Health Department, or Area Agency on Aging Case Manager for more information. Certified individuals and groups offer counseling services and can be located in the *Yellow Pages* under Counselors.

CENPATICO SERVICES

Website: www.cenpaticointegratedcareaz.com

Customer Service: 1-866-495-6735, 928-792-2661, or 928-495-6738; TDD/TTY: 711

Behavioral health services offered are based on eligibility for services and the needs of the participant. Typical services for those that are Title 19 include, but are not limited to, case management, individual and group counseling, skills groups, employment services, medication management and transportation to appointments. Services for those that are not Title 19 are limited to crisis services and medication management. If you are interested in enrolling in services please call Cenpatico Customer Service and a representative will assist you in finding a provider agency near you. The following agencies may hold contracts with Cenpatico:

ASSURANCE HEALTH AND WELLNESS

928-792-4242

Clifton: (Mon. & Thur. Only)

10A Ward Canyon

Clifton, AZ 85533

Safford: 928-432-8080

301 E. 4th Street Ste. A

Safford, AZ 85546

SOUTHEASTERN AZ. BEHAVIORAL HEALTH SERVICES (SEABHS)

Clifton: **928-865-4531**
 430 N. Coronado Blvd.
 Clifton, AZ 85533

Safford: **928-428-4550**
 1615 S. 1st Avenue
 Safford, AZ 85546

HAVEN SENIOR HORIZONS

Phoenix: **623-236-2000**

A licensed psychiatric facility for seniors.

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) MEDICAL ALERT: 1-800-380-2322

WEBSITE: www.nami.org

Provide support, education, awareness, and advocacy for individuals and families impacted by mental illness.

VERHELST RECOVERY HOUSE

Bisbee: **520-432-3764**

A non-medical drug and alcohol treatment facility for men. Also part of National Council for Alcohol and Drug Dependency. Serves as a hotline for information on A.A. and meetings places in Graham and Greenlee Counties.

WELLNESS CONNECTIONS

Website: www.wellness-connections.org

Safford: **928-428-1207**

A self-help center located in Safford serving individuals with mental illness in the surrounding communities. Wellness Connections is dedicated to promoting wellness and recovery through peer support, life skills training & education, and other life-enhancing activities. Serving Bridgeway/ALTCS and CENPATICO enrolled members, and U.S. Military Veterans. Services are delivered to surrounding communities through Wellness Connections mobile outreach program, providing countywide peer support and rehabilitation services. (Mental health, wellness, recovery, and substance abuse).

BENEFITS

ARIZONA DEPARTMENT OF VETERANS SERVICES CEMETARY SERVICES

Sierra Vista: **520-458-7144 or 1-888-952-4700**

Phoenix: **1-800-852-VETS (8387)**

Assists with V.A. Health System enrollment, benefit counseling and claims, referral to fiduciary services.

DIRECT CENTER for INDEPENDENCE

Tucson: **520-624-6452, or 800-342-1853**

Center for Independent Living for region. Provides information and referral for individuals who have disabilities.

SOCIAL SECURITY ADMINISTRATION: 1-800-772-1213

Website: www.ssa.gov

Safford: **1-877-505-4527**

650 S. 14th Avenue
Safford, AZ 85546

For Social Security Retirement, Disability, Survivor's Benefits, and Supplemental Security Income (SSI).

VETERANS ASSOCIATION TELEPHONE ASSISTANCE SERVICE: 1-800-827-1000

VETERANS' BENEFITS: 1-888-952-4700 or

Safford: 928-428-3403

To find out about eligibility for veterans, widows, widowers, and spouses.

Fiduciary Division:

Phoenix: 602-248-1554 (after hours emergency line)

Provides guardianship or conservators for veterans.

VETERAN'S CRISIS LINE: 1-800-273-8255

VETERAN'S NURSE ADVICE LINE: 1-877-252-4886

VETERAN'S OUTPATIENT CLINIC

Safford: 928-428-8010

355 N. 8th Ave.

Safford, AZ 85546

WESTERN STATES PENSION ASSISTANCE PROJECT

1-866-413-4911 or 1-916-551-2140

For pension or retirement counseling within Arizona.

(Also see VETERANS Section of this booklet.

CAREGIVER/CASE MANAGEMENT

Nearly 22 million Americans provide unpaid care so that their senior family members can remain at home. However, there are local services that help families care for their frail loved ones. Area Agency on Aging case managers can help families explore their options by explaining what services exist and their eligibility requirements. In addition to case management, other services that might help include home delivered meals, housekeeping, personal care, in-home respite, and home health, which includes home nursing.

AREA AGENCY ON AGING (SEAGO)

Website: www.seago.org

Bisbee: 520-432-2528, ext. 222 or 220

Provides information about available services and how to access them. Serves Cochise, Graham, Greenlee, and Santa Cruz Counties.

EVALUATION/CASE MANAGEMENT

GRAHAM COUNTY

Southeastern Arizona Community Unique Services (SEACUS): Area Agency on Aging Case Management

Safford: 928-428-3229

GREENLEE COUNTY**Greenlee County Health Department: Area Agency on Aging Case Management****Clifton: 928-865-2601****Duncan: 928-359-2866**

Information is provided to individuals and family caregivers about in-home services available for elderly and disabled individuals. Case managers evaluate individuals in their homes to determine eligibility for AAA services.

FAMILY CAREGIVER PROGRAM**Website: www.caregiver.org or****Website: www.caregiveraction.org****Website: www.nfcacares.org**

Provides resources for caregivers in different situations.

Area Agency on Aging Case Management SEACUS**Safford: 928-428-3229****Greenlee County Health Department****Clifton: 928-865-2601****Duncan: 928359-2866**

Case Management/family support services, including training and information for unpaid caregivers.

IN-HOME RESPITE: 928-428-3229

Call Area Agency on Aging Case Manager. See phone numbers under Evaluation/Case Management (this section).

Provides relief to a family caregiver.

For private pay options see **FOOD, BEHAVIORAL HEALTH SERVICES, HOME HEALTH, HOSPICE, AND IN-HOME SUPPORTIVE SERVICES** sections of this booklet.

CREDIT PROBLEMS**MONEY MANAGEMENT INTERNATIONAL (Formerly CONSUMER CREDIT COUNSELING SERVICE OF ARIZONA)****Website: www.moneymanagement.org****1-888-845-5669, 1-800-338-3328 or 1-800-308-2227**

A nonprofit agency to consult when debt is a problem and prior to pursuing bankruptcy. Provide credit counseling and credit education classes at no cost. Offers debt repayment program for a small processing fee.

DENTAL**CHIRICAHUA CLINIC****Website: www.cchci.org****Elfrida: 520-642-2222/1430**

Reduced or sliding fee scale programs.

ST. ELIZABETH'S OF HUNGARY

Tucson: 520-628-7871

DIABETES

DIABETES EDUCATION

CHIRICAHUA COMMUNITY HEALTH CENTER

Website: www.cchci.org

Elfrida: 520-642-2222

GRAHAM COUNTY HEALTH DEPARTMENT:

Website: www.graham.az.gov

Safford: 928-428-0110

GREENLEE COUNTY HEALTH DEPARTMENT:

Website: www.co.greenlee.az.us

Clifton: 928-865-2601

Duncan: 928-359-2866

MT. GRAHAM REGIONAL MEDICAL CENTER:

Website: www.mtgraham.org

Safford: 928-348-4000 ext.#4186

DIALYSIS CENTERS

Fresenius Medical Center (FMC)

<https://snc4mc.smcna.com>

Safford: 928-428-1400

DISCOUNTS, REFUNDS, AND TAXES

EARNED INCOME CREDIT (IRS): 1-800-829-1040

Website: www.irs.gov

A federal tax credit for low income working individuals and families, or grandparents raising grandchildren. Grandparent must be under 65, and have an income below qualifying limits. Contact the IRS for more information.

EXCISE TAX

Phoenix: 1-800-352-4090

The 140ET is a refundable credit for low-income Arizona resident taxpayers to help mitigate the sales tax (transaction privilege tax) increase for education. This credit can be claimed with or without an Arizona return depending on your income level or if you do not qualify for the 140PTC. Your federal adjusted gross income must be \$25,000 or less if married filing a joint return or a head of household, or \$12,500 or less if single or married filing separately. If you are filing a 140PTC claim, this credit is available on that form. The amount of credit is \$25.00 for each person who is a resident of Arizona. Credits can also be claimed for dependents, but not to exceed \$100 per household.

INCOME TAX PREPARATION HELP

AARP: 1-888-227-7669

Website: www.aarp.org

NATURAL GAS DISCOUNT**Southwest Gas Company: 1-877- 860-6020****Website: www.swgas.com**

May help low income individuals with winter heating discount.

PROPERTY TAX EXEMPTIONS**GRAHAM COUNTY****Website: www.graham.az.gov/exemptions****Safford: 928-428-2828****GREENLEE COUNTY****Website: www.co.greenlee.az.us/assessor****Clifton: 928-865-5302**

A program for widows/widowers and disabled persons. All Social Security income is exempt. Requires special forms from the County Assessor's Office, and be filed between January 1 and March 1.

PROPERTY TAX REFUNDS**Website: www.dor.az.gov****Phoenix: 1-800-352-4090**

For owners/renters aged 65 or older or those on SSI, who have been Arizona residents for the entire calendar year. Income not counting Social Security must be less than \$3,751 single or \$5,501 married. Use form 140PTC at tax time. Contact the Arizona Department of Revenue.

SAFELINK: 1-800-977-3768**Website: www.safelinkwireless.com**

For information on free cell phones for low income individuals.

SENIOR PROPERTY VALUATION FREEZE**GRAHAM COUNTY****Website: www.graham.az.gov/assessor****Safford: 928-428-2828****GREENLEE COUNTY****Website: www.co.greenlee.az.us/assessor****Clifton: 928-865-5302**

A program to freeze the property valuation of a primary residence in which homeowners aged 65 or older have resided for at least 2 years. Contact assessor for income eligibility limits. File with county assessor between July 15 and September 1.

SOUTHEASTERN ARIZONA COMMUNITY ACTION PROGRAM**Main: 1-800-293-1144****Safford: 928-428-2872 or 928-428-4653**

Offering financial assistance for appliance repair and replacement, home repair, and utility bill payments, rental assistance, and telephone discounts.

TELEPHONE DISCOUNTS**Main: 928-428-4653****Safford (c-cap): 928-428-2872**

Assists with several different telephone discount programs.

UTILITY ASSISTANCE: 928-432-4060

Must be 62 years old or older and receive service through the City of Safford.

VEHICLE REGISTRATION DISCOUNTS**GRAHAM COUNTY**

Website: www.graham.az.gov/assessor

Safford: 928-428-2828

GREENLEE COUNTY

Website: www.co.greenlee.az.us/assessor

Clifton: 928-865-5302

A program for widows/widowers and disabled persons giving a discount on vehicle registration.

FOOD**HOME DELIVERED MEALS**

Referrals are made to the Area Agency on Aging Case Management/Cochise Aging and Social Services. Phone numbers are listed in the **CAREGIVER** Section of this booklet. For private pay meals, contact SEACUS at 928-428-3229.

FOOD BANKS, PANTRIES, AND COMMODITY DISTRIBUTION SITES

Each food bank sets its own days and hours of operation and its own eligibility requirements. Call for distribution times and eligibility.

Clifton:

(all food boxes, commodities program)

American Legion: 928-865-2601

Thatcher: (2nd Wednesday)

Herb Windsor Park: 928-322-0795

Duncan: (4th Tuesday)

(all food boxes, commodities program)

Southern Baptist Church: 928-359-1296

Wilcox

Food Pantry: 520-384-2114

(need referral)

Safford:

Our Neighbors Pantry: 928-428-3788

St. Vincent de Paul: 928-428-0460 or 928-362-9842

Others in Graham County:

Gleaning Programs: 928-792-5368 (2nd Tuesday)

**Safford Health Annex (WIC office):
928-792-5368**

**South Eastern AZ Community Food Bank
Distribution Center of Willcox:
520-766-3663**

Others in Greenlee County:

American Legion (Morenci, Sheldon,

York Valley): 928-865-2601
Clifton Food Bank: 928-322-7775 or
928-215-0416

Gleaning Programs: 928-792-5368
South Eastern AZ Community Food Bank
Distribution Center of Willcox:
520-766-3663

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (Formerly known as FOOD STAMPS)

Graham/Greenlee County: 928-428-3006

A state and federal program of food assistance for low-income individuals and families. Also contact SEAGO/AAA at 520-432-2528 ext. 222 to apply.

(Also see SENIOR CENTERS/NUTRITION SITES section of this booklet.)

FUNERAL HOMES/GRIEF SUPPORT

FUNERAL HOMES

Safford

McDougals-Caldwell Chapel: 928-428-1740

Vining Funeral Home: 928-428-4000

GRIEF SUPPORT

Homicide Survivors, Inc.

Website: www.azhomicidesurvivor.org

Tucson: 520- 207-5012

Nonprofit victim assistance organization dedicated to meeting the crisis and long term needs of families of murder victims. Provides help with Crime Victim Compensation, funeral assistance, mental health and social service referrals.

GUARDIAN and CONSERVATOR SERVICES

GRAHAM COUNTY PUBLIC FIDUCIARY: 928-428-4441

Website: www.graham.az.gov/health-department/fiduciary

GREENLEE COUNTY PUBLIC FIDUCIARY: 928-865-2323

Website: www.co.greenlee.az.us/courts/fiduciary.aspx

May serve as court-appointed guardian, and/or conservator, or probate agency, of last resort.

PAYEE PLUS

Tucson: 520-395-1599

Provide guardian, conservator, power of attorney and representative payee services.

SHARC**Sierra Vista: 520-458-1599**

Provide Guardian, conservator, power of attorney and representative payee services.

HEARING**ARIZONA COMMISSION FOR THE DEAF AND HARD OF HEARING****1-800-352-8161 V/TTY**

Services and resources, including TDD machines and telephone amplifiers, for hearing impaired individuals.

COMMUNITY OUTREACH PROGRAM FOR THE DEAF**520-792-1906 (Interpreter 24 hours)**

Counseling, job placement, interpreting, independent living, and outreach services.

DES OFFICE OF VOCATIONAL REHABILITATION**Website: www.azdes.gov****Tucson: 520-629-0225 or 602-209-4282**

Available for consultations for individuals that are blind, visually impaired, deaf or hard of hearing, or referral to other agencies,

LIONS SIGHT AND HEARING FOUNDATION: 1-602-954-1723**Website: www.ls-hf.org****Safford: 928-428-3229**

May assist low income individuals with hearing aids.

HOME HEALTH

Provide intermittent, skilled nursing, therapy, and medical social services to patients in their homes. Services are based on a care plan developed in consultation with the physician. Payment is usually provided by insurance, Medicare or another public funding source. Below are the state licensed agencies that provide these services.

Website: www.homehealthcareagencies.com**AREA AGENCY ON AGING CASE MANAGEMENT****Safford: 928-428-3229****Clifton/Duncan: 928-865-2811**

Provides authorization for limited Home Health services to qualified individuals when there is no other payer.

LEGACY HOME HEALTH: 928-428-0734

Serves only northern Graham and Greenlee Counties.

HOME REPAIR**HELPING HANDS****Safford: 928-428-0275**

A volunteer organization that works with homeowners who live at or below the poverty level or who are physically unable to make repairs to their homes. (Graham County Only)

HOSPICE SERVICES

Based on a physician's determination, hospice provides in-home or in-patient services for terminally ill patients and their families. Services may include nursing, personal care, respite, spiritual and bereavement counseling, and pharmacy services. Medicare, or other insurance, usually pays for services.

Website: www.hospicenet.org

COMPASSION & CHOICES: 1-800-247-7421

National, nonprofit agency providing end-of-life consultation to patients and their families.

LEGACY HOME HEALTH: 928-428-0734

Serves only northern Graham and Greenlee Counties.

MOUNT GRAHAM HOSPICE: 928-348-4063

Serves Graham and Greenlee Counties.

VETERANS ADMINISTRATION HOSPITAL HOSPICE: 520-792-1450 ext #2016 or 1-800-273-8252

In-patient hospice.

Safford: 1-800-827-1000

Veteran's information and assistance.

HOSPITALS

MOUNT GRAHAM REGIONAL MEDICAL CENTER

Website: www.mtgraham.org

Safford: 928-348-4000 or 1-800-362-2750

NORTHERN COCHISE COMMUNITY HOSPITAL

Website: www.ncch.com

Willcox: 520-384-3541

HOUSING

GRAHAM AND GREENLEE COUNTIES HOUSING AUTHORITY

Bisbee: 520-432-8880

Information on Section 8 Housing Choice Voucher (HCV) in Graham County.

REVERSE MORTGAGE PROGRAM

Administration of Resources and Choices

520-327-8250

A program for elderly or terminally ill who need to borrow money against their home.

SOUTHERN ARIZONA LEGAL AID, INC. (SALA)

Website: www.sazlegalaid.org

Bisbee: 432-1639 or 1-800-231-7106

Tucson: 1-800-640-9465

SALA is there to provide free, civil legal aid to qualified low-income persons who would not otherwise have access to Arizona's civil justice system.

SOUTHWEST FAIR HOUSING COUNCIL

Website: www.swfhc.com

1-888-624-4611 or 520-798-1568

Takes complaints for potential housing discrimination situations.

USDA RURAL DEVELOPMENT

Willcox: 520-384-3529

Grants and low interest loans to qualified persons for home repairs and home purchase.

SENIOR AND/OR LOW INCOME SUBSIDIZED APARTMENT COMPLEXES**Duncan (Zip Code-85534)**

Duncan Heights Apartments

928-359-2480

521 4th Place

Safford (Zip Code-85546)

Casa de Flores

928-428-0501

1775 20th Ave.

Pinalono Foothills

928-428-8161

2500 S. 17th Ave.

Mt. Graham Apartments

928-428-7499

2040 20th Ave.

Safford Villa Apartments

928-428-5411

106 W. 11th Street

Mt. View Terrace Apartments

928-428-8785

1901 W. Peppertree

Thatcher (Zip Code-85552)

Gila River Apartments

928-428-9292

232 N. Chalmers Lane

(Also for shelters see **ABUSE, NEGLECT, AND EXPOITATION** section of this booklet.)

INFORMATION AND ASSISTANCE**DIRECT**

Tucson: 520-624-6452, or 800-342-1853

Center for Independent Living for the region. Provides information and referral for individuals who have disabilities.

ELDERCARE LOCATOR: 1-800-677-1116

Website: www.eldercare.gov

This nationwide system provides telephone number for the local Area Agency on Aging who can in turn refer to direct aging services in that location.

EPILEPSY OUTREACH PROJECT, INC.

Tucson: 520-326-6690 or 1-800-234-0935

A Tucson based, independent agency. Provides information, support, and advocacy for those with a seizure-disorder (epilepsy) and for their family and friends. Open 24 hour a day, 7 days a week.

HARVARD HEALTH INFORMATION

Website: www.health.harvard.edu

Information and advice for a healthier life.

NATIONAL HISPANIC COUNCIL ON AGING

Website: www.nhcoa.org

An organization that is working to improve the lives of Hispanic older adults, their families, and caregivers.

NATIONAL LIBRARY OF MEDICINE: 1-888-346-3656

Website: www.nlm.nih.gov

Website: www.medlineplus.gov

Website: www.medlineplus.gov/spanish (Spanish)

Find, read, learn about diseases, drugs, and clinical trials. Contains drug and supplement information and medical encyclopedia.

SAFE AGING

Website: www.safeaging.org

Library of safety information for seniors.

SOCIETY FOR SAFE TRAVEL AND HOSPITALITY

Website: www.sath.org

Provides information for accessible travel and hospitality.

(For Retirement Benefits Counseling see **BENEFITS** section of this booklet.)

IN-HOME SUPPORTIVE SERVICES

A state license is not required of agencies that provide these services, but a local business license may be required. Services include custodial, attendant, companion, homemaker, and respite provided in a home setting. Payment for services is not usually covered by insurance. In addition to the agencies listed below, case managers for the Area on Aging services and some hospital social workers have lists of individuals and agencies that provide in-home services on a private pay basis in each community.

ACCENTCARE

Tucson: 1-888-883-7448

Serves Graham and Greenlee Counties.

GRAHAM COUNTY PROBATION DEPARTMENT

Safford: 928-428-3955

GREENLEE COUNTY HEALTH DEPARTMENT**Clifton: 928-865-2601****Duncan: 928-359-2866****GREENLEE COUNTY PROBATION DEPARTMENT****Clifton: 928-865-4184**

Yard work services are provided to elderly and disabled by probationers under staff supervision. Greenlee county only.

SOUTHEASTERN ARIZONA COMMUNITY UNIQUE SERVICES (SEACUS)**Safford: 928-428-3229****TELECARE****R.U.O.K – Graham county Sheriff’s Office****Safford: 928-428-0808**

Call to receive a regularly scheduled recorded call from the sheriff. No answer at the residence will trigger an alert for a deputy to check on you.

LEGAL SERVICES**ARIZONA CENTER FOR DISABILITY LAW: 1-800-922-1447**

Provide protection and advocacy for individuals with mental illness and developmental disabilities, and advocates for individuals with substantial physical impairments.

SOUTHERN ARIZONA LEGAL AID (SALA)**Website: www.azlawhelp.org or****Website: www.sazlegalaid.org****Bisbee: 520-432-1639 or 1-800-231-7106****Tucson: 1-800- 640-9465**

The Bisbee office of Southern Arizona Legal Aid provides assistance with most civil legal issues to residents of Cochise, Graham, and Greenlee Counties. Some areas of specialty include Social Security, public benefits, housing, consumer law and landlord/tenant. Free booklets are available on landlord/tenant problems, and other frequently encountered legal issues. In addition, SALA provides a phone-in hotline where seniors can obtain legal advice and assistance over the phone. Main office for Cochise, Graham, and Greenlee Counties is in Bisbee, but county residents may also apply in Tucson. Provide legal assistance to low and moderate income individuals facing or at risk of foreclosure or legal issues directly related to the foreclosure of their home. Legal assistance may also be provided to tenants living in properties in or at risk of foreclosure and foreclosures associated with Homeowner Association fees.

VICTIM WITNESS:**Graham County: 928-428-4787****Greenlee County: 928-865-4108**

May provide support/assistance to victims of crime.

MEDICAL INSURANCE

There are numerous insurance policies available through insurance companies. These listed below are more common and pertain to low-income or Medicare eligible individuals.

AFFORDABLE CARE ACT (MARKETPLACE)**Website: www.healthcare.gov****www.cuidadoesalud.gov/marketplace (Spanish)****1-800-318-2596 or TTY: 1-855-889-4325**

To apply for the Marketplace go to site or call. Marketplace is open 24/7 and has 150-plus languages.. To find application assisters, visit <http://coveraz.org/navigators-and-assisters/>.

ARIZONA DEPARTMENT OF VETERANS SERVICES**Safford: 928-428-8010****Sierra Vista: 520-458-7150****Phoenix: 1-800-852-VETS(8387) or Phoenix: 602-248-1554 or 602277-5551**

Assists with V.A. Health System enrollment, benefit counseling and claims, referral to fiduciary services.

ARIZONA HEALTH CARE COST CONTAINMENT SYSTEM (AHCCCS)**Website: www.healtharizonaplus.gov****Graham County: 928-428-3006****Greenlee County: 928-865-4131**

DES determines eligibility for health insurance for individuals who are eligible for AHCCCS based on federal poverty guidelines. In other states, this program is called Medicaid. AHCCCS benefits are automatic for recipients of Supplemental Security Income (SSI) and certain other programs.

ARIZONA LONG TERM CARE SYSTEM (ALTCS): 928-425-3165 or 1-888-425-3165**Website: www.altcs.com**

This Medicaid program, operated by AHCCCS, provides acute medical services and covers the cost of long-term care in a facility or if cost effective through in-home services. Medical and financial eligibility is determined by the state ALTCS office. ALTCS provides services in clients' homes, in an assisted living facility, and in nursing homes.

MEDICAL INSURANCE COUNSELING and MEDICARE SUPPLEMENT POLICY INFORMATION**SEAGO: 520-432-2528, ext. 222****State Health Insurance Assistance Program: 1-800-432-4040**

These agencies have information on most health insurance policies available and provide assistance in understanding and applying for various forms of insurance.

MEDICARE**Website: www.medicare.gov****Bisbee: 520-432-2528, ext. 222 or 1-800-633-4227**

This health insurance program primarily serves those aged 65 or older. Call for questions, information, or problems regarding a claim or assistance in signing up for a Medicare Part D plan.

MEDICARE SAVINGS PROGRAM (QMB/SLMB/QI)**Website: www.azahcccs.gov****Bisbee: 520-432-2528, ext. 222 or 1-602-417-5010**

This program pays the Medicare Part B premium for low income Medicare beneficiaries. It also qualifies an individual for Part D extra help. Eligibility requirements must be met.

MEDICAL SERVICES

ARIZONA CHAPTER OF AMERICAN PARKINSON'S DISEASE ASSOCIATION

Website: www.azapda.org

Assists with meetings, resources, and information on Parkinson's disease.

AMERITAS SPECIALTY INFUSION PHARMACY (formerly FOX INFUSION)

Tucson: 520-795-0111

Therapies: Intravenous, Injection, Enteral, Inhalation

CANYONLANDS HEALTH CARE

Safford: 928-428-1500

Duncan: 928-359-1380

Provide a full range of primary health care services.

CENTER FOR DISEASE CONTROL AND PREVENTION

Website: www.cdc.gov

The CDC maintains several departments concerned with occupational safety and health, such as the Center for Injury Prevention and Control.

GILA HEALTH RESOURCES

Clifton: 928-865-9184

Provide services to insured patients only.

RESOURCES WITH REDUCED/SLIDING FEE SCALE OR FREE SERVICES:

CHIRICAHUA COMMUNITY HEALTH CENTER

Website: www.cchci.org

Elfrida: 520-642-2222

Accepts all insurances and has a sliding fee scale. Provides medical services including Well Woman Health Check, chronic Disease Management, and basic dental services.

GRAHAM COUNTY HEALTH DEPARTMENT:

Website: www.graham.az.gov

Safford: 928-428-0110

Provides immunizations, including pneumonia and flu shots, blood pressure and diabetes clinics, and other screenings.

GREENLEE COUNTY HEALTH DEPARTMENT:

Website: www.co.greenlee.az.us

Clifton: 928-865-2601

Duncan: 928-359-2866

Provides immunizations, including pneumonia and flu shots, blood pressure and diabetes clinics, and other screenings.

SAFFORD V.A. CLINIC: 928-428-8010

SOUTHERN ARIZONA V.A. HEALTH CARE SYSTEM: 1-800-470-8262

VETERANS SERVICE COMPENSATION AND PENSION

Safford: 928-428-3403

MEDICATIONS

There are numerous prescription discount programs. Some are sponsored by drug manufacturers and usually have specific eligibility criteria. There are discount prescription plans sponsored by pharmacy chains, organizations, insurance plans, and even the state of Arizona in which one pays an annual membership fee and/or monthly fee in order to receive discounts. For individuals eligible for Medicare, the Part D insurance program provides more than a discount, it helps pay for the cost of drugs.

MEDICARE PART D

Website: www.medicare.gov

1-800-MEDICARE or 1-800-633-4227

SEAGO at 520-432-2528, ext. 222

To sign up for a Medicare Part D plan, use Planfinder on the Medicare Website. Part D provides insurance to purchase prescription drugs listed on the insurance plan's formulary. Insurance plans include standalone drug coverage, and drug coverage within a Medicare managed care plan.

Extra help is available to assist low income individuals to pay Medicare Part D premiums and co-pays. Apply for extra help at the AHCCCS/ALTCS office or at Social Security. SEAGO can assist in completing applications for extra help.

STATE OF ARIZONA COPPER RX CARD: 1-888-227-8315

Provides discounts on various prescriptions for eligible persons who join.

STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

1-800-432-4040 or

SEAGO 520-432-2528, ext. 222

Both of these programs are available to provide information, counseling, and assistance to individuals with questions about various prescriptions discount programs, and insurance programs to pay for prescriptions.

MENTAL HEALTH SERVICES

(See **BEHAVIORAL HEALTH SERVICES** section of this booklet.)

NURSING HOMES

The Office of Long Term Care Licensure of the Arizona Department of Health Services licenses nursing homes and long-term care units in hospitals. Information about selecting a nursing home is available from the ombudsman program. Certain small rural hospitals have a "swing bed" agreement. Under this agreement, the hospital is participating in Medicare and has approval to provide post-hospital skilled care and meets certain requirements. Medicare Part A (the hospital insurance program) covers post-hospital extended care services given by a swing bed hospital. This allows an individual to get rehabilitation in a rural hospital instead of having to go to a nursing home.

OFFICE OF LONG TERM CARE LICENSURE:

Tucson: 520-628-6965

Phoenix: 602-364-2690

OMBUDSMAN PROGRAM (serves Cochise, Graham and Greenlee Counties)

Benson/Willcox: 520-287-3408

Bisbee/Douglas/Sierra Vista: 520-432-2528, ext. 206

The ombudsman program provides an advocate for residents in SEAGO contracted nursing homes and assisted living centers. They review questions and complaints brought by residents till an acceptable resolution. They advocate on behalf of residents addressing a wide range of issues, such as meals, responses to calls, staffing, cleanliness, and changes in routines and services. Coordinates with the State Ombudsman office and the Area Agency on Aging in Complaint investigation and resolution.

NURSING HOMES

Safford: (85546)

Haven of Safford

Care & Rehabilitation Center

928-428-4910

1933 Peppertree Drive

Willcox: (85643)

520-384-3541 ext. 6431

901 West Rex Allen Drive

POLICE AND EMERGENCY NUMBERS

AMERICAN RED CROSS: 1-800-341-6943

Website: www.redcross.org

Safford: 928-428-0808 (sheriff's office dispatch)

Disaster relief for individuals and families.

BORDER PATROL

Willcox: 520-384-7200

EMERGENCIES Call #911

Graham County Sheriff: 928-428-3141

Greenlee County Ambulance (outside of Morenci): 911

NON-EMERGENCY POLICE/SHERIFF DEPARTMENTS

POLICE DEPARTMENTS

Clifton/Morenci/Duncan: 928-865-4149 (Greenlee sheriff)

Safford: 928-432-4100

Thatcher: 928-428-2296 ext. 15

SHERIFF DEPARTMENTS

Graham County Sheriff: 1-888-717-7710 or 928-428-0808

Greenlee County Sheriff: 928-865-4149 or 928-359-2462

POISON CONTROL: 1-800-222-1222

SCAMS, CONSUMER, AND FRAUD ISSUES
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ARIZONA ATTORNEY GENERAL

Website: www.azag.gov

Phoenix: 602-542-5763 or 1-800-352-8431

Consumer information and complaints, including scams and identity theft help.

BETTER BUSINESS BUREAU OF SOUTHEASTERN ARIZONA

Website: www.bbb.org/tucson

Sierra Vista: 520-732-9823

Consumer information and complaints.

DO NOT CALL

Website: www.donotcall.gov

Sign up for blocking phone sales pitches. Must be renewed periodically.

ELDER AFFAIRS PROGRAM (Arizona Attorney General's Office-Senior Abuse)

Phoenix: 602-542-2124 or 1-800-352-2124

This program is available to talk with a senior or caregiver about issues, information, or problems with physical, emotional, sexual, financial, or neglect abuse. They are also available to give information on life planning and other areas.

EXAMPLES OF SCAMS

Website: www.azag.gov

For a list of the most current AZ scams.

- CAR REPAIR SCAM

You have car problems and while fixing one issue another problem is found costing hundreds or thousands of dollars more than the estimate.

- CREDIT CARD SCAM

You get unsolicited mail offering you a low interest credit card with a high credit limit. When you receive the credit card it can only be used to purchase items from their catalog.

- HOME IMPROVEMENT SCHEMES

Usually a salesperson comes to your door saying they spotted something deficient with your home. They offer to do the job immediately. They always insist on cash up-front. **Do not pay it!**

- INVESTMENT FRAUD

Unsolicited phone calls from salesperson with an investment opportunity. Usually offering higher returns than other investments. Check with a reputable money manager.

- GRANDPARENT SCAM

Someone calls and says "Hey, Grandma/Grandpa, this is your favorite Grandson/Granddaughter. Aw, come on you know who?" When you say the name they state that they "are in trouble and want you to send them money but don't tell mom & dad. You can help me just this once, can't you?"

- LIVING TRUST SCAM

Pressuring unsuspecting seniors into buying living trusts that they may not want or need using kits, which on average cost \$1,500.

- MAGAZINE SUBSCRIPTIONS

The company calls you up. If you buy their magazines, you will be entered in their prize drawing. You usually receive the magazine but get a phone call shortly after to buy more magazines to go even higher in the prize lottery. Seniors often spend \$800 or more per year on magazine subscriptions.

- MEDICAL EQUIPMENT DEVICES

They often leave flyers in mailboxes or solicit you in the hospital or doctor's parking lot. You are told to go to

them and for a small fee Medicare will pick up the entire bill.

- SWEEPSTAKES WINNERS

You receive an unsolicited phone call stating you have won a foreign lottery or a prize. Person states you only have to send a little money to receive the winnings or prize. You will usually be asked to send the money to a post office box so that it cannot be traced.

SENIOR CENTER/NUTRITION SITES

NUTRITION SITES

Clifton: 928-865-5240

122 W. 4th Street
Clifton, AZ 85533

Duncan: 928-865-5240

235 High Street
Duncan, AZ 85534

Safford: 928-428-4328

822 Main Street
Safford, AZ 85546

SENIOR CENTERS

Clifton: 928-865-5240

122 W. 4th Street
Clifton, AZ 85533

Duncan: 928-359-9440

235 High Street
Duncan, AZ 85534

Safford: 928-428-4328

822 Main Street
Safford, AZ 85546

TRANSPORTATION

AAA TRANSPORT: 520-312-5540 or 1-800-700-2822

Transportation to Tucson airport, train and bus terminals, and to non-emergency appointments in Tucson. Call for information and fares. Not covered by medical insurance.

GRAHAM/GREELEE COMMUNITY TRANSPORTATION:

928-348-7599 or 928-965-6528

MID STAR: 520-999-8900

SOUTHEASTERN ARIZONA COMMUNITY ACTION PROGRAM: 800-2931144

Clifton/Duncan: 1-800-293-1144

Safford: 928-428-2872

VETERANS

ARIZONA DEPARTMENT OF VETERANS SERVICES

Website: www.va.gov

Safford: 928-428-3403 or 928-428-8010

Phoenix: 1-800-852-VETS(8387) or 1-800-827-1000

Phoenix: 602-248-1554

Fuduciary Division

Tucson: 520-207-4960

Phoenix: 602-627-3268

Assists with V.A. Health System enrollment, benefit counseling and claims, referral to fiduciary services.

DAV (DISABLED AMERICAN VETS) TRANSPORTATION: 1-800-470-8262, ext. #6565

Appointments made through Tucson V.A. Hospital.

SAFFORD V.A. CLINIC

1-800-470-8262 or 928-428-8010

Appointments made through Tucson V.A. Hospital.

V.A. CEMETARY: 1-888-952-4700

V.A. HOSPITAL:

Tucson: 520-792-1450 or

TLC (Telephone Linked Care) 1-800-470-8262 ext. #6565

Provide medical services, hospice services, and transportation to V.A. hospital.

V.A. REGIONAL OFFICE: 1-800-827-1000

Website: www.va.gov

Processes claims for disability compensation, education benefits, pensions, widow's benefits, veteran's home loans.

VETERAN'S OUTREACH (Wellness Connections)

Website: vets@seacrs.org

Safford: 928-428-1207

Veterans helping veterans get through everything from PTSD to readjustment to civilian life. Serving all veterans, regardless of service era, or combat status.

VETERAN'S CRISIS LINE: 1-800-273-8255, ext. #1

VISION

DES OFFICE OF VOCATIONAL REHABILITATION

Tucson: 520-629-0225

Available for consultation, or referral to other agencies for individuals with vision, hearing, or combined hearing and vision loss.

LIONS VISION AND HEARING FOUNDATION:**Phoenix: 602-954-1723****Safford: 928-428-3229 (for application process)**

May be able to assist low income individuals with hearing aids, eye exams, glasses or surgery.

SOUTHERN ARIZONA ASSOCIATION FOR VISUALLY IMPAIRED**Website: www.saavi.us****Tucson: 520-795-1331**

Provides a variety of rehabilitation services and workshops for adults, experiencing vision loss, who are looking for employment skills or better quality of life. Services are **FREE** to clients and can be provided at the center or at home.

SUN SOUNDS RADIO**Website: www.sunsounds.org****Tucson: 520-296-2400**

Radio station for visually impaired. Receiver provided free of charge.

TALKING BOOKS: 1-800-255-5578**Phoenix: 602-255-5578**

Talking books available to individuals that are visually impaired.

VOLUNTEER OPPORTUNITIES**MEDICAL INSURANCE COUNSELING and MEDICARE SUPPLEMENT POLICY INFORMATION – SEAGO: 520-432-2528, ext. #222****OMBUDSMAN PROGRAM (serves Cochise, Graham, Greenlee and Santa Cruz Counties)****Bisbee: 520-432-2528, ext. 206**

Recruits volunteer advocates for individuals in nursing homes and assisted living facilities.

SAAVI – SOUTHERN ARIZONA ASSOCIATION FOR THE VISUALLY IMPAIRED**Website: www.saavi.us****Tucson: 520-795-1331**

For volunteer opportunities, working with adults who are blind and visually impaired. Volunteer opportunities are in a rehabilitation setting and can encompass many experiences. Call for details.

SEACUS**Safford: 928-428-3229**

WEB SITES

www.aarp.org

AARP's Web site contains info on legal assistance and tax preparation.

www.altcs.com

Arizona Long Term Care System

www.alz.org

Information for caregivers and education about Alzheimer's

www.apriaderict.com

Apria Medical Equipment

www.azag.gov

Arizona Office of Attorney General. Free life planning information and documents.

www.azahcccs.gov

Arizona HealthCare Cost Containment System. Medicare Savings Program (Qualified Medicare Beneficiary (QMB), Specified Low-Income Beneficiary (SLMB), Qualified Individual (QI))

www.azapda.org

Arizona Chapter of American Parkinson Disease Association

www.azdes.gov

Arizona Department of Economic Security

www.azdes.gov/reportadultabuse

Adult Protective Service's site for reporting abuse online.

www.azhomicidesurvivor.org

Grief Support for homicide survivors.

www.azlat.net

Helps provide loans for purchasing assistive technology

www.azlawhelp.org

Helps to solve legal problems for low-income individuals.

www.aztap.org

Arizona loans for Assistive Technology.

www.bbb.org/tucson/

Better Business Bureau of Southern Arizona

www.bestcompany.com/medical-alert-systems/

Identifies and compares Emergency Alert Systems

www.caregiver.org

Identifies resources for caregivers.

www.caregiveraction.org

Provides resources for caregivers in different situations.

www.cchci.org

Chiricahua health clinic provides sliding fee scale programs.

www.cdc.gov

Center for Disease Control.

www.cenpaticointegratedcareaz.com

Information about behavioral health providers.

www.co.greenlee.az.us

www.co.greenlee.az.us/assessor

www.co.greenlee.az.us/courts/fiduciary.aspx

Greenlee County government sites.

www.cuidadoesalad.gov/marketplace

Apply for the Marketplace government health insurance options in Spanish.

www.donotcall.gov

Sign up for blocking phone sales pitches.

www.dor.az.gov

Department of Revenue for owners/renters aged 65 or older or those on SSI.

www.eldercare.gov

The Elder Locator Web site provides information about local aging services.

www.freseniuskidneycare.com

Dialysis center.

www.graham.az.gov

www.graham.az.gov/assessor

www.graham.az.gov/exemptions

www.graham.az.gov/health-department/fiduciary

Graham county government websites.

www.healthcare.gov

To apply for the Marketplace of health insurance options.

www.healtharizonaplus.gov

Determine eligibility for Arizona Health Care Cost Containment System (AHCCS)

www.health.harvard.edu

Health information. Advise for a healthier life.

www.homehealthcareagencies.com

Information on home healthcare options and agencies.

www.hospicenet.org

For patients and families facing a life threatening illness.

www.irs.gov

Earned Income Credit, Federal Tax Credit

www.ls-hf.org

Lion's Sight & Hearing foundation

www.medicalalert.org

Medical alert and safe return line.

www.medicare.gov

Information about Medicare.

www.medlineplus.gov or www.medlineplus.gov/spanish (for Spanish)

Health information from the National Library of Medicine.

www.moneymanagement.org

Provides credit counselling and credit education classes at not cost.

www.mtgraham.org

Mount Graham Regional Medical Center

www.nami.org

National Alliance on Mental Illness

www.ncch.com

Northern Cochise Community Hospital

www.nfcacares.org

Helps educate, support, and empower caregivers. Caregiver action network.

www.nhcoa.org

National Hispanic Council on Aging.

www.nlm.nih.gov

National Library of Medicine

www.redcross.org

American Red Cross

www.saavi.us

Southern Arizona Association for the Visually Impaired.

www.safeaging.org

Library of safety information for seniors and caregivers.

www.safelinkwireless.com

Information on free cell phone for low income individuals

www.saffordaa.org

Support group availability for recovering alcoholics and their families.

www.sath.org

Provides information for accessible travel and hospitality.

www.sazlegalaid.org

Southern Arizona Legal Aid, Inc. (SALA)

www.seacus.org

Southeastern Arizona Community Unique Services

www.seago.org

Provides information about the SouthEast Arizona Government Office (SEAGO) region.

www.searizona@dfc.care

Dementia Friendly community of Safford

www.ssa.gov

Social Security Administration

www.sunsounds.org

Radio station for visually impaired. Receiver provided free of charge.

www.swfhc.com

Southwest Fair Housing Council

www.swgas.com

Southwest Gas Company Bill Assistance Program for qualified low income families.

www.wellness-connections.org

A self help center for mental health, wellness, recovery, and substance abuse.

www.va.gov

U.S. Department of Veteran's Affairs