









## Honoring A Life: Advance Care Planning

6/13/18

1:00 p.m. - 3:00 p.m.

Legacy Foundation Outreach Classroom, 302-02 El Camino Real Sierra Vista, AZ

When it comes to end-of-life care, one conversation can make all the difference. This 2-hour workshop helps people begin the conversation and outlines a clear process for them to ensure that their priorities and preferences for end-of-life care are known, documented and honored. Objectives are to reduce fear and stigma around talking about dying and to allow people to consider what's important to them; learn how to talk to others about their wishes; review healthcare planning decisions, resources and documents; learn with whom to share their healthcare planning documents; and discuss when to review and update these documents.

## **Target Audience:**

The general public, anyone 18 years or older but with special focus on the elderly or those with serious illness. Registration includes refreshments and program materials.

Registration is free but space is limited.

**REGISTER ONLINE** - hold down the "Ctrl" key while you click the following link:

https://www.eventbrite.com/e/honoring-a-life-advance-care-planning-workshop-tickets-46662539913

If you have any questions, please contact:

Veronica "Ronnie" Squyres: 520-355-5226 feelwellsleepwell@gmail.com