



Area Agency on Aging

Serving Cochise • Graham • Greenlee • Santa Cruz Counties

Quarterly Newsletter

Spring 2019



In This Issue

- SEAGO AAA Region VI Annual Conference on Aging
- Advance Care Planning Train the Trainer
- Tai Chi for Arthritis & Fall Prevention
- National Healthcare Decisions Day Luncheon
- Older Americans Month Picnic Celebration
- Greenlee County Caregiver Conference
- World Elder Abuse Awareness Day

Pictured is AAA Program Director Laura Villa with n4a CEO Sandy Markwood at the n4a Leadership Institute in Washington DC. Ms. Markwood will be the keynote speaker for SEAGO AAA's fifth annual Region VI Conference on Aging happening June 5. Learn more on Page 10.

What is AAA?

Area Agencies on Aging provide a range of services and support to older adults and their caregivers in every community in the country. Those range from services targeted to older adults to being able to help older adults find and locate community services across the board. Ninety percent of the area agencies do evidenced based health promotion and disease prevention programming, transportation, medical transportation, home delivered meals or meals in a congregate setting to ensure good nutritional access. Also, home care, chore care and home modifications. There's a broad range of services and support that the area agencies provide in addition to critical caregiver services, whether those be support services or support groups, information and critical respite care.



SEAGO AAA Recipient of Grant

The SEAGO AAA Legacy Foundation Grant to educate and prepare individuals on end of care life planning ended March 31, 2019. A review of the course progress showed that AAA exceeded our expected goals! During the course of the grant, 23 Honoring a Life: Advanced Care Planning workshops were completed, 20 community areas were served, and 25 local organizations, including faith-based, senior centers, libraries, Cochise College and more, were involved. We touched 295 participants' lives, with only one paid coordinator and 11 volunteer facilitators. With the data collected throughout the 8 months of the program funded by the Legacy Foundation, and the collaboration of our new volunteer grant writer Mary Jackson, course facilitator Veronica "Ronnie" Squyres, and the SEAGO AAA team, we submitted a grant proposal and application to the David and Lura Lovell Foundation to continue our efforts. On January 24th, we received notification that the Lovell Foundation Grant was awarded. This is a two year grant totaling \$141,262 which can be extended to three years if interest is present and our volunteer base grows. In announcing this to the Advisory Council On Aging in the previous months, the interest grew and we included Graham, Greenlee and Santa Cruz counties in the proposal. Our goal is to start with our partners in Graham County. If all goes well, we may be able to begin serving Greenlee and Santa Cruz Counties sooner than their expected start in 2020. We are looking for potential volunteers who can commit to becoming certified as facilitators and hosting at least two workshops in a year. If you know of anyone interested in end of life care planning, please refer them our way; we would like to have them on our team.



OUR MISSION STATEMENT:

To provide services that empower individual choice, independence & dignity for our aging & disabled population & their caregivers.

OUR VISION:

To create age-friendly communities in Southeastern Arizona that encourage & support individuals to live with dignity & choice.

This program was funded through a Contract with the Arizona Department of Economic Security. "Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and Title VII) and the Americans Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, SEAGO Area Agency on Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex national origin, age, and disability. The SEAGO Area Agency on Aging must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, the SEAGO Area Agency on Aging must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the SEAGO Area Agency on Aging will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in an alternative format or for further information about this policy please contact: SEAGO Area Agency on Aging at 520-432-2528." Para obtener este documento en otro formato u obtener informacion adicional sobre esta politica, SEAGO Area Agency on Aging 520-432-2528. This program was funded through a Contract with the Arizona Department of Economic Security.

SEAGO Area Agency on Aging
300 Collins Road
Bisbee, AZ 85603

Phone: 520-432-2528

Fax: 520-432-9168

www.seago.org/area-agency-on-aging

2019 Older Arizonans Day at the Capitol

February 20, 2019

On February 20th, two SEAGO AAA representatives—Management Analyst Carrie Gibbons and Ramona MacMurtrie, State Health Insurance Assistance Programs Coordinator, attended the 2019 Older Arizonans Day at the Capitol. All participants in attendance were broken into teams. As team leaders, Carrie and Ramona, along with their other team members, were able to visit with select Senators and Representatives to discuss the two issues that the Arizona Association of Area Agencies on Aging (AZ4A) is focusing on at this time.

The top of the list addresses funding for Home and Community Based Services. The Governor's current budget is requesting that an additional \$3.7 million be allocated to these services which will reduce the 3000 person waiting list. These services include home delivered meals, congregate meals, light housekeeping, shopping assistance, bathing, dressing, in-home respite and more. The funding would allow for increases in staff and service provider capacity. While this funding will not completely cover the cost of eliminating the "wait list", it is a critical step in significantly reducing this list. Ensuring older adults have the support they need to live at home as long as possible is a primary goal of AZ4A.

The second issue concentrated on increased funding for the Long Term Care Ombudsman program. A Long-Term Care Ombudsman is a specially trained advocate for residents of long-term care facilities, which include nursing homes, assisted living facilities, and adult foster care homes. Ombudsmen seek to improve the quality of life, care, and environment for long-term care residents and work to resolve problems individual residents face. The Institute of Medicine recommended in 2009, that there should be one paid FTE Ombudsman for every 2,000 licensed beds. Currently in Arizona, there are nearly 20 professionals serving as Long-Term Care Ombudsmen. At current staffing levels, there is one Ombudsman for every 2,773 beds in Arizona, well above the recommended amount. In some regions there are over 3,500 beds



Arizona State Capitol Building
Phoenix

per paid Ombudsman. AZ4A is requesting an additional \$1,000,000 to increase staffing by 13 ombudsmen to meet the Institute of Medicine's recommendations.



Did you know you can sign up to receive alerts regarding emergency situations in Cochise County?

AlertSense can notify you via text or email, or both, if a major incident occurs, such as wildfire or flooding, and will let you know if

evacuation orders are in place for your neighborhood. It's easy to sign up and it could provide you with life saving information. **Public Signup**



SCAM JAMS EDUCATE SENIORS ABOUT FRAUD

Grandparent scam, charity scam, funeral scam, sweepstakes scam. The list goes on. Fraudulent ploys to get money from senior citizens are so common these days that many have their own name.

The Federal Trade Commission said people 60 and older make up 26 percent of all fraud complaints – the most of any age group. The National Center for Victims of Crime puts the annual total cost of financial fraud in the \$40 billion range and points out that those of Medicare age are more likely to be targeted.

Hoping to make a dent in those staggering numbers, SEAGO's Area Agency on Aging is hosting two free Senior Scam Jams in June.

SEAGO AAA's events are aimed at helping seniors avoid that trouble. Topics will include Medicare fraud, investment fraud, identity theft, cyber crime and mail fraud. AAA wants to provide the information seniors need to avoid being scammed.

The best way to protect yourself is through education. The cleverness of scammers can't be underestimated. Con artists can be really convincing. Not all of them make ridiculous promises. Sometimes it's enough to make you think it could happen.

If a con artist does separate you from some of your money, the best thing to do is call law enforcement and then tell your friends so they won't fall victim as well. Your unfortunate situation may help someone else.

For more information or to register for a Senior Scam Jam, call the numbers listed next to the event on the Activity Calendar on page 8.



Greenlee County Caregiver Education Conference

Friday, April 26

9:30—3:30 PM

Clifton Parish Center
550 Coronado Blvd.

Are you caring for a family member?
Perhaps you are a professional caregiver?

Join Region VI experts as they share information, activities and services to help caregivers of all ages.

Contact Diane Leaman @ 928-865-2601 to register.

Transportation provided by Easter Seals Blake Foundation; call by April 24th to schedule a ride:

Schedule a Community Coffee Conversation Today!



Learn more about SEAGO's Area Agency on Aging and all that we do! Schedule a Community Coffee Hour with AAA's Program Director, Laura Villa, and invite your neighbors for coffee, conversation and an overview of AAA services.

Call us at 520-432-2528 ext. 220, click on the coffee image, or send us an email request at aging@seago.org.

APRIL

1 6:30-7:30 PM M&W	Tai Chi for Arthritis & Fall Prevention - 8 Week Class thru May 22 Mountain View Gardens 3477 Rodeo Dr, Sierra Vista
2 10 AM - 2 PM	Medicare Counseling - for more info call: (520) 263-3293 THRIVE - Canyon Vista Medical Center 5750 E Hwy 90, Sierra Vista
3 10 AM - 3 PM	Thoughtful Conversations: Advance Care Planning <i>Train the Trainer</i> Northern Cochise Community Hospital 901 W. Rex Allen Drive, Conference Room, Willcox
4 1 - 3 PM 11 AM - 2 PM	Thoughtful Conversations: Advance Care Planning Workshop 315 W 5th St. Bowie USD Offices, Admin Bldg, Governing Boardroom, Bowie Medicare Counseling - for more info call: (520) 456-1063 Huachuca City Public Library 506 Gonzales Blvd, Huachuca City
6 10 AM - 2 PM	CQCH Douglas Health Fair (520) 432-6591 CQCH Douglas Rural Health Clinic 100 E 5th St, Douglas
9 10 AM - 12 PM T&TH	A Matter of Balance - 4 Week Class thru May 2 Butterfield RV Resort 251 S Ocotillo, Benson
11 9 Am - 2 PM	Medicare Counseling - for more info call: (520) 394-2010 Patagonia Public Library 342 Duquesne Ave, Patagonia
12 9 AM - 4 PM	Medicare Counseling - for more info call: (520) 287-9133 Casitas de Santa Cruz 1769 W Target Range Rd, Nogales
16 12 - 2 PM 12 - 3 PM	National Health Care Decisions Day Luncheon Cochise College 901 N Columbo Ave, Sierra Vista Medicare Counseling - for more info call: (520) 263-3293 THRIVE - Canyon Vista Medical Center 5750 E Hwy 90, Sierra Vista
18 9 AM - 5 PM	Medicare Counseling - for more info call: (928) 428-3229 SEACUS 1124 W Thatcher Blvd, Safford
19 10 AM - 2 PM	Medicare Counseling - for more info call: (928) 865-2461 Clifton Public Library 588 Turner Ave, Clifton
25 10 AM - 3 PM	Thoughtful Conversations: Advance Care Planning <i>Train the Trainer</i> Graham County Health Annex - Upstairs 820 West Main Street, Safford
26 9:30 AM - 3:30 PM	Greenlee County Caregiver Education Conference Clifton Parish Center 550 Coronado Blvd, Clifton

The Gift of Caring Conversations

Have you talked with your loved ones and healthcare providers about what you want? Have you written them in Advance Directives? It is a gift to those who care about you and to yourself. We can help.

We have offered 25 free Advance Care Planning Workshops using the Thoughtful Life Conversations program throughout Cochise County and Patagonia. In April 2018, this was made possible by a grant from the Legacy Foundation of Southeast Arizona. Thanks to them and our fabulous facilitators, we were able to travel the county, provide these educational classes and share resources at no cost. Participants have told us they found it very helpful and quite empowering. With a new grant from the David and Lura Lovell Foundation, we will continue to reach out to Cochise County and will expand to Graham, Greenlee and Santa Cruz Counties over the next 2 years. Conversations matter!



Join us for our National Healthcare Decisions Day Luncheon on April 16, 2019 in Sierra Vista sponsored by the David and Lura Lovell Foundation, Legacy Foundation of Southeast Arizona and Cochise College. It is a free event with guest speakers – registration is required and the deadline is April 5th. For more info and to register, go to www.seago.org/advance-care-planning. Also, while there, check out our upcoming workshops and resources.

Questions? Ronnie Squyres, Community Education Coordinator, 520-355-5226, feelwellsleepwell@gmail.com.

SEAGO AAA Director Awarded Scholarship

To Leadership Institute

The National Association of Area Agencies on Aging (N4A) granted AAA Director Laura Villa the opportunity to live through a memorable and meaningful experience. Laura, who has been overseeing the SEAGO Area Agency on Aging Region VI for the past four and a half years, was awarded a scholarship to take part in the N4A Leadership Institute in Washington DC February 20-22. Representing rural Arizona, Laura, connected with colleagues from across the nation who have similar issues but continue to work hard and do great things in their communities. The training focused on each individual's leadership talents and work on the skills learned throughout their lives, teaching those ways to unlearn in order to grow. The main components were to increase effectiveness when working with teams and partners, bring intention and commitment to addressing challenges, act strategically and with confidence, stay refreshed and energized for the long-haul. We are happy to announce that as a result of this visit to Washington DC, Laura was able to lock in Sandy Markwood CEO of N4A, to be the keynote speaker at the 5th Annual Region VI Conference on Aging in Sierra Vista June 5, 2019. To register to be part of this memorable and educational conference, see page 10.



Volunteer Spotlight – Lisa Conley

This quarter, we'd like to thank Lisa Conley, a longtime SEAGO AAA volunteer, for her generous support over the years.



Lisa spends many hours volunteering her time counseling clients regarding Medicare benefits, serving as an ombudsman ensuring that our seniors in assisted living communities are receiving the care they require and works in the office behind the scenes updating our 4-county Resource Directories and helping with other office duties.

Thank you, Lisa, for your unwavering support of SEAGO AAA's mission of empowering our seniors. For those interested in volunteering with AAA, contact us here: aging@seago.org



May is Older Americans Month

Come Celebrate with SEAGO Area Agency on Aging!

Share a hot dog and cold drink with us!

May 22nd 11:30 AM—1 PM

Veterans Memorial Park

3105 E Fry Blvd, Sierra Vista

Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks, and lives.

For more information call us 520-432-2528.



Join community members for the inaugural World Elder Abuse Awareness Day (WEAAD) Conference "Lifting Up Voices" on June 13! The WEAAD Conference is hosted by the Arizona Department of Economic Security (DES) and serves as a call-to-action for individuals, organizations, and communities to raise awareness about abuse, neglect, and exploitation of older people in Arizona. This is an important opportunity for those serving older adults; service providers, non-profit and for-profit organizations to network, share information and resources.

June 13th

"Lifting Up Voices" World Elder Abuse Awareness Day Conference — Phoenix

A full day of keynote presentations, panel discussions, networking opportunities, breakout sessions, and access to local and statewide exhibitors.

Fee To Attend

\$90—Early Bird Special (Ends April 15)

\$105—April 15—June 1

Includes continental breakfast, buffet lunch, snacks, keynote presentations, panel discussions and three breakout sessions throughout the day.

[Click here to Register](#)

or visit: <https://www.eventbrite.com/e/world-elder-abuse-awareness-day-tickets-52069097071>

Deadline to register—June 1

MAY

1 6:30-7:30 PM M&W	Tai Chi for Arthritis & Fall Prevention thru May 22 Mountain View Gardens 3477 Rodeo Dr, Sierra Vista
2 10 AM - 12 PM 11 AM - 2 PM	A Matter of Balance - Final Class Butterfield RV Resort 251 S Ocotillo, Benson Medicare Counseling - for more info call: (520) 456-1063 Huachuca City Public Library 506 Gonzales Blvd, Huachuca City
7 10 AM - 2 PM	Medicare Counseling - for more info call: (520) 263-3293 THRIVE - Canyon Vista Medical Center 5750 E Hwy 90, Sierra Vista
11 10 AM - 3 PM	Anti-Bullying Event - for more info call: (520) 586-2139 Ramona Morales Apartments 550 W Union St, Benson
16 9 AM - 5 PM	Medicare Counseling - for more info call: (928) 428-3229 SEACUS 1124 W Thatcher Blvd, Safford
22 11:30 AM - 1 PM	Older Americans Month Celebration Picnic Veterans Memorial Park 3105 E Fry Blvd, Sierra Vista

JUNE

4 10 AM - 2 PM	Medicare Counseling - for more info call: (520) 263-3293 THRIVE - Canyon Vista Medical Center 5750 E Hwy 90, Sierra Vista
5 8 AM - 5 PM	SEAGO AAA Region VI Fifth Annual Conference on Aging Cochise College 901 N Columbo Ave, Sierra Vista
6 11 AM - 2 PM	Medicare Counseling - for more info call: (520) 456-1063 Huachuca City Public Library 506 Gonzales Blvd, Huachuca City
18 12 - 3 PM	Medicare Counseling - for more info call: (520) 263-3293 THRIVE - Canyon Vista Medical Center 5750 E Hwy 90, Sierra Vista
19 9 - 11 AM	Scam Jam - for more info call: (520) 417-6980 Etherl Berger Center 2950 E Tacoma, Sierra Vista
19 2 - 4 PM	Scam Jam - for more info call: (520) 378-2265 Winterhaven Community, Sierra Vista

National Healthcare Decisions Day Luncheon

April 16th

12 - 2 PM

Cochise College, Community Room

901 N. Colombo

Sierra Vista, AZ

Register by 4/5/19

Who will make healthcare decisions for you, life or death decisions for you, should you not be able to make those decisions on your own? Have you thought about it, talked about it, or made any arrangements to legalize it?

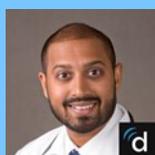
Give this great gift to the people who care about you.

We believe that the place for this to begin is at the kitchen table—not in the intensive care unit—with the people we love, before it's too late. Together we can make these difficult conversations easier. We can make sure that our own wishes and those of our loved ones are expressed and respected.

Guest Speakers Include:



Laura Villa, Program Director, SEAGO Area Agency on Aging
Ms. Villa will discuss services provided by the Area Agency on Aging and local resources available throughout Cochise County.



Dr. Andrew Latchman, Palliative Care & Internal Medicine Physician - Dr. Latchman will discuss what palliative care is and the role of palliative care in serious illness. Dr. Latchman is new to Sierra Vista and the only local palliative care physician.



Paul Melo, Attorney at Law, Williams Melo, PLC
M Melo will discuss advance care planning including healthcare directives, medical-power-of-attorney, and living wills from a legal perspective.

We'll also have representatives from hospice to discuss the role of hospice and advance care planning.

Don't miss this opportunity to be inspired, educated, and empowered to begin the conversation with your own loved ones.

Lunch will be provided at no cost - registration required.

Registration is free but space is limited. Registration deadline is 4/5/19. Register at:

<https://www.seago.org/advance-care-planning>

Be inspired.

APRIL 16TH: TO-DO LIST

- INDECISION
- DELAYING THE CONVERSATION
- PUTTING MY HEALTHCARE WISHES IN WRITING



#NHDD
WWW.NHDD.ORG



THE LEGACY FOUNDATION
OF SOUTHEAST ARIZONA



Life's a Journey-Tools For the Road

SEAGO Area Agency on Aging

Region VI- 5th Annual Conference On Aging

06.05.2019



Join us for the largest aging conference in South Eastern Arizona, discover your community resources, and information to maintain a healthy and vital lifestyle.

"Life's a Journey-Tools for the road" will help you prepare for emergencies and give you tips and strategies for your daily life.

Key Note Speaker: Sandy Markwood
Chief Executive Officer of National Association of Area Agencies on Aging N4A.

Sandy Markwood has more than 30 years experience in the development and delivery of aging, health, human services, housing and transportation programs in counties and cities across the nation. As CEO, Sandy is responsible for n4a's overall management. She sets strategic direction for the staff, oversees the implementation of all policy, grassroots advocacy, membership and program initiatives. Externally, Sandy forms strategic partnerships with federal agencies and organizations in aging, human services and health care arenas to enhance the role and recognition of Area Agencies on Aging and Title VI programs.



When: June 5th, 2019
8:00am – 5:00pm
Where: Cochise College
Sierra Vista Campus
901 North Colombo Ave
Sierra Vista, AZ
Registration is required.

Call 520-432-2528 for more information. Register online at SEAGO.org.



advocacy | action | answers on aging



Legacy Foundation of Southeast Arizona
PROMOTING POPULATION HEALTH AND COMMUNITY WELLNESS
THROUGHOUT SOUTHEAST ARIZONA



This program was funded through a Contract with the Arizona Department of Economic Security. "Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and Title VII) and the Americans Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, SEAGO Area Agency on Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex national origin, age, and disability. The SEAGO Area Agency on Aging must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, the SEAGO Area Agency on Aging must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the SEAGO Area Agency on Aging will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in an alternative format or for further information about this policy please contact: SEAGO Area Agency on Aging at 520-432-2528." Para obtener este documento en otro formato u obtener informacion adicional sobre esta politica, SEAGO Area Agency on Aging 520-432-2528. This program was funded through a Contract with the Arizona Department of Economic Security.

“Life’s a Journey—Tools for the Road”

SEAGO – Area Agency on Aging
2019 Region VI 5th Annual

Conference on Aging

SEAGO AAA is gearing up again for the largest aging conference in Southeastern Arizona. This year we are pulling out the stops to ensure we bring you the most relevant information, the best resources, and the strategies you need to maintain a healthy and vital lifestyle.

We have taken our theme “Life’s a Journey – Tools for the Road” to heart and are scheduling speakers who will present “tools” you can use to improve your daily life.

Our keynote speaker, Sandy Markwood, is the Chief Executive Officer of the National Association of Area Agencies on Aging and she has more than 30 years of experience in the development and delivery of aging programs across the country.

David Parra, the Associate State Director for Multicultural Outreach with AARP, currently produces and hosts the AARP Arizona Hispanic Connection <https://www.facebook.com/aarparizonahispanicconnection/>. David will be educating us on Social Security and Medicare and sharing the challenges these two programs are currently facing.

Carry (Doc) Morgan is a member of the Southern Arizona Red Cross Chapter where he serves as the Mass Care Chapter/Territory Coordinator; Southern AZ Community Volunteer Leader; Cochise County - DAT Leader; Workforce Engagement Team Member (Red Cross University); Advanced Disaster Services Instructor; Volunteer Services Instructor; and Recovery Team Member. If you watch the news, you already know that Personal Disaster Preparedness is an issue we all need to learn about.

These are just some of the speakers we will be presenting this year, along with regional vendors sharing their resources, amazing door prizes, and a wonderful continental breakfast and lunch prepared by Cochise College Catering.

We look forward to seeing you, bringing you together to network, expanding your knowledge and spending a fun and instructive day with you!

Registration online at <https://www.seago.org/aging-conference-2019> or call us at 520-432-2528 for more information. This conference is free to the general public.

Wednesday,
June 5th, 2019
8:00 AM – 5:00 PM

Cochise College
901 North Colombo Ave.
Sierra Vista

Thank you to our sponsors:

Platinum

AARP

**Banner University Family Care
Legacy Foundation**

Gold

**Moms Meals
Southwest Gas**

Silver

**Arizona Community Foundation
Life Care Center of Sierra Vista**



[CLICK TO REGISTER](#)

Hope you'll Join us!



Hail/Farewell

After 25 years of dedicated service to the SEAGO organization managing the Community Development Block Program (CDBG), Bonnie Williams retired March 1 and handed the CDBG Program Manager baton to Keith Dennis, who promoted from SEAGO Senior Planning Specialist. Thank you, Bonnie, for your many years of service to our region! Congratulations to both!

We Want to Help You Promote Your Upcoming Events!

Let SEAGO AAA Help Promote Your Events!

If you are one of our 19 AAA contracted service providers, we'd like to help you promote your events and activities!

Call Heather at 520-432-2528, extension 220, or send email to hglenn@seago.org to learn the details.

Key Facts About Elder Abuse

- ◆ Around 1 in 6 older people experienced some form of abuse in the past year.
- ◆ Rates of abuse may be higher for older people living in institutions than in the community.
- ◆ Elder abuse can lead to serious physical injuries and long-term psychological consequences.
- ◆ Elder abuse is predicted to increase as many countries are experiencing rapidly Aging populations.
- ◆ The global population of people aged 60 years and older will more than double, from 900 million in 2015 to about 2 billion in 2050.

BE THE FIRST TO KNOW!

Learn about upcoming events & be among the first to register! Ctrl + click on the image to sign up for SEAGO AAA e-blasts.



SEAGO Area Agency on Aging

Providing services to empower our seniors in Southeastern Arizona



300 Collins Road
Bisbee, Arizona 85603

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www.seago.org/area-agency-on-aging

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