

### Area Agency on Aging, Region VI

### MEETING OF THE ADVISORY COUNCIL ON AGING

DATE: Thursday, October 18, 2018

**TIME: 10 A.M.** 

PLACE: UNITED METHODIST CHURCH

**124 SOUTH CURTIS AVENUE** 

WILLCOX, ARIZONA

### AGENDA

1.	Call to Order, Introductions	Jaime Aguilar	
2.	Southeastern Arizona Legal Aid (SALA)	Dan Shumway	3
3.	Approval of Minutes of July 19, 2018 ***	Jaime Aguilar	5
4.	Open floor for nominations***	Jaime Aguilar	13
5.	Nomination for Cochise Unincorporated seat***	Jaime Aguilar	15
6.	Elections-Secretary position ***	Laura Villa	17
7.	Confirmation Rep. Tombstone ***	Laura Villa	19
8.	GACA Report	Laura Villa	21
9.	Arizona State Plan on Aging- Final approved	Laura Villa	33
10	Alerts: SFY 2019 Allocations	Laura Villa	37
11	Advocacy	Laura Villa	48
12	SEAGO-AAA SHIP/HPR/LTC/FCSP Care Coordinator	Laura Villa	63

13. Information Exchange

Jaime Aguilar

14. Schedule Next Meeting Date- **January 17, 2019** (Third Thursday of the Quarter)

Jaime Aguilar

15. Adjournment

\*\*\*Agenda items requiring action by the Advisory Council on Aging.

NOTE: All agenda items are subject to action by the Advisory Council on Aging.

Individuals with disabilities who require special accommodations may contact Laura Villa at (520) 432-2528 extension 208 at least 72 hours before the meeting time to request such accommodations.

###



MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR

**DATE:** OCTOBER 18, 2018

SUBJECT: ROLES AND RESPONSIBILITIES (SALA)

### Description:

Southeastern Arizona Legal Aid (SALA) partners with SEAGO-AAA in providing legal assistance to older adults in Cochise, Graham, Greenlee and Santa Cruz counties. Mr. Dan Shumway will provide an overview of the program, services offered, roles and responsibilities and more.

Action Requested: 

Information Only

Action Requested Below

# MINUTES OF THE ADVISORY COUNCIL ON AGING MEETING UNITED METHODIST CHURCH 124 SOUTH CURTIS AVENUE WILLCOX, ARIZONA July 19, 2018

**MEMBERS PRESENT:** Jaime Aguilar, Greenlee County Unincorporated

Valadee Crotts, Duncan

Linda Huffstetler-Dearing, Patagonia

Arnold Lopez, Thatcher

Royce Hunt, Graham County Unincorporated

Gary Clark, Douglas Kathy Spangler, Benson Kim Jackson, Huachuca City Cheryl Christensen, Safford Saundra Gaines, Safford

**MEMBERS NOT PRESENT:** Luisa Massee, Nogales

Ed Bagnaschi, Sierra Vista Leslie Lambert, Bisbee Sara Nolan, Willcox

**GUESTS PRESENT:** 

Diane Leman, Greenlee County Case Manager

Stephanie Nabor, Graham County Case Manager

Moe Sinsley, Tombstone Norma Sullivan, Tombstone

Shirley Thomas, CHSS Case Manager Marla Tamez, CHSS Case Manager

Don Borhaun, Patagonia Ray Klein, Patagonia Eva Harpor, Safford

STAFF PRESENT: Laura Villa, AAA Program Manager

Carrie Gibbons, AAA Office Specialist

Amparo Ruede, AAA FCSP Care Coordinator

### **CALL TO ORDER**

President Jaime Aguilar called the meeting to order. Introductions were made.

### CASE MANAGEMENT INTAKE PROCESS

Case Managers from Region 6 provided the council with an explanation of their intake process and educated the council on Home and Community Based services. The Council was given the opportunity to ask questions and make connections with the Case Managers in their area.

### APPROVAL OF MINUTES

Jaime Aguilar addressed council's review of the July 19th, 2018 minutes. Minor spelling changes to be made.

**MOTION:** Gary Clark, Douglas

**SECOND:** Linda Huffstetler-Dearing, Patagonia **ACTION: APPROVED UNANIMOUSLY** 

#### NOMINATIONS TO VACANT SEATS

Jaime Aguilar informed the council currently, there are three (4) vacant seats and members are selected to represent incorporated cities, towns and the unincorporated portions of each county. The current vacancies apply to Cochise Unincorporated, Tombstone, Santa Cruz unincorporated and the town of Clifton.

Norma Sullivan was nominated to fill the Tombstone seat. Norma is a 14 year resident of Tombstone. One the original founders of the healthy Tombstone committee. She presides as the secretary of the committee.

Nominated representatives will commence their term on the date once approved and appointed by the SEAGO Executive Board

MOTION: Royce Hunt, Graham County Unincorporated

SECOND: Gary Clark, Douglas

ACTION: APPROVED UNANIMOUSLY

### SEAGO-EXECUTIVE BOARD APPROVAL

Laura Villa informed the Council On May 18, 2018 approved nomination made by the ACOA for Cheryl Christensen was presented to the Executive Board for approval. This was on the consent agenda with no objections.

Congratulations, Mrs. Christensen for being part of the SEAGO-Area Agency on Aging team.

### AAA 2018-2021 AREA PLAN STRATEGIC GOALS AND OBJECTIVES

Laura Villa educated the council of Updated report for the Area Plan on Aging that was submitted to DES-DAAS on July 1<sup>st</sup>. She went over the Strategic Objectives of the Plan and explained how we are working toward those goals. She went over events AAA hosts and our involvements in the communities. Laura also went over growth of programs in Matter of Balance, SHIP, and End of Life Planning.

### DRAFT-ARIZONA STATE PLAN ON AGING

Laura informed the council The Draft State Plan on Aging 2019-2022 has been uploaded to the DES website and is available for public comment.

You can find the plan at: www.seago.org Draft Arizona State Plan on Aging

Laura also thanked the council for all the support and assistance provided during the State Plan process, but most importantly for all that the council does for the citizens of Arizona every day!

**DES-DAAS ALERT SFY19 ALERT-ALLOCATIONS Laura Villa explained** The Division of Aging and Adult Services (DAAS) provided one-time allocations to the Area Agencies on Aging (AAAs) totaling \$577,422 of unrequested Older Americans Act (OAA) Titles III-B, III-C1, III-C2, III-D, III-E, Elder Abuse, and Federal Ombudsman SFY 2017 carryover for use in SFY 2019. The OAA Title III carryover from SFY 2017 funds is being re-allocated to AAAs to provide direct services to clients.

Initially, DES-DAAS allocated base funding to all AAA's for SFY19 which is what was reported to the SEAGO-Executed board and distributed to all service providers. Sub awards have now been set and submitted.

### **ADVOCACY**

Laura Villa presented the N4A Legislative Update to the council and explained that the Area Agency on Aging has brought Advocacy in house and will be attending the N4A conference in Chicago to learn more about Advocacy and utilizing the funding. The House-Senate approved budget as a result of the Omnibus spending bill which includes Older Americans Act and many other aging programs, provides the most significant funding boosts for many of these activities since 2010, and rejects many of the cuts the House and Administration previously proposed.

#### SEAGO/AAA: PROGRAM UPDATES

Laura Villa provided the Council with program updates SEAGO-AAA staff (Laura, Ramona and Shi) with support from the Legacy Foundation of Southeast Arizona and DES-DAAS will be attending the National Conference on Aging (n4a) #43 in Chicago end of July. This conference addresses the practical and strategic needs of AAA's offering educational, networking and engagement sessions that focus on trends and new directions collected from national experts and trailblazing pioneers from the field.

SEAGO-AAA is preparing for Requests for Proposals which are set to be out March 2019. More information will be provided in our October meeting and posted on our website.

SEAGO-AAA Program Manager has visited Santa Cruz Council on Aging May 24<sup>th</sup> and will be visiting DARC in Douglas on August 16, 2018. Carrie, will reach out to each of our partners and schedule a date and time for "Community Coffee Hour" With the AAA Program Manager for one- on-one conversation and overview of AAA services, but most importantly issues affecting their lives that we can advocate for.

Long Term Care and Health Nutrition Coordinator: Arizona Skyline Assisted Living homes in Benson had one home closed for more than 6 months, (reasons unknown). Just recently without much notification to our Ombudsman, their second home closed its doors. Research made showed that Case Managers from Banner helped with the transition of 8 residents to find adequate living arrangements. It is with much sadness to report that Sister Rosemary Sampson had given her resignation after being a LTC Ombudsman volunteer for 10 years in the area of Douglas. Rosemary is dedicated and passionate to all those residents she visited with and she will be missed by us but mostly by them who she brought prayers and joy. All LTCO volunteers received training and completed their re-designation paperwork in June for another year of hard work. Shi planned, organized and observed the Older American's Awareness month by hosting a picnic in Sierra Vista for the community to come and visit with AAA staff. We had community individuals, professionals who came to

spend some time with us for the first year. This event was possible, thanks to donations from Pepsi, Costco, life Care and Haven of Sierra Vista. This will be an ongoing event in May. Shi recently attended her tri-annual LTCO training in Phoenix, where Department of Health Services licensing provided education on changes happening within as well as information from the Attorney General's office. Douglas Haven observed the World Elder Abuse Awareness Day in June and was asked to speak on behalf on behalf of long term care residents. The event was put together by Banner Health and we thank them for taking the initiative and making this happen. Shi continues her efforts in recruiting for LTC Ombudsman primarily in Cochise and bilingual individuals in Santa Cruz counties. If you know of anyone who would be a good fit for this program please refer them to her.

### **Health and Nutrition Program:**

In April, Tai Chi for Arthritis was started in Santa Cruz County with two established coaches. This program is new to our organization and as we are moving forward policies and procedures have been formed for our internal use. Recently, the Tai Chi Coaches have attended a mandatory training in Tucson provided by Heather Chalon. Also, in June a couple more coaches have been identified and the procedure to hire them continues. It is suggested that individuals who are interested on becoming coaches go through the 6 steps of Tai Chi and once those have been learned and mastered they can proceed. As any program, it takes time and effort to sustain them, we want individuals who know what Tai Chi is and the benefits it brings to their health to be able to dedicate their time to it. Since Tai Chi for Arthritis is an evidence based program, DES-DAAS funds will be allocated towards it. However, Tai Chi coaches are volunteers and only material and mileage reimbursement are allowed. We encourage you all to help us bring this information in your communities, refer those individuals who are currently doing Tai Chi or have done TC to reach out to us, they will be screened and trained accordingly.

Programmatic monitoring has been completed in all Congregate and Home delivered sites, there have been improvements from last year. However, there is still some minor finds that will require simple fixes going forward.

Shi attended the AHHCA conference where topics like: changes to CMS Five Star was presented, The changes in political landscapes in Arizona, Best practices in collaboration in honoring DNR's and AHCCS, ALTC's systems in AZ. Topics were of interest to bring back the valuable information to all LTC volunteers for the upcoming training as well as potential speakers to provide information that will help them when entering the LTC facilities.

### Family Caregiver Support Program: Accomplishments: April - June 2018

### 20 April 2018

Event: Caregiver Workshop, Willcox

Attendees: 4 Host: Sarah Villalobos, SEAGO, AAA

26 April 2018

Event: 3<sup>rd</sup> Annual Caregiver Conference, Clifton

Attendees: 41 Hosts: Greenlee County Health Department; Sarah Villalobos,

15 May 2018

Event: Caregiver Workshop, Douglas

Attendees: 4 Host: Sarah Villalobos, SEAGO, AAA

17 May 2018

Event: Caregiver Workshop, Douglas

Attendees: 4 Host: Sarah Villalobos, SEAGO, AAA

04 May 2018

Event: Honoring A Life: Advance Care Planning, Bisbee

Attendees: 12 Host: Sarah Villalobos, SEAGO; AZHHA, Thoughtful Life Conversations

### 24 May 2018

Event: Caregiver Workshop, Safford

Attendees: 17 Host: Sarah Villalobos, SEAGO, AAA

### Goals: July – September 2018:

Create Volunteer base by two

Increase Caregiver base in all four counties (Cochise, Graham, Greenlee, Santa Cruz)

Develop workshops with at least two per month

#### **Future Events:**

### 26 July 2018 / Thursday / 1000-1130

Event: Caregiver Workshop - Home Safety, Sierra Vista

Attendees: TBD

Host: Amparo Ruede, SEAGO, AAA

#### Volunteer Count:

Zero (0)

### SHIP/SMP April 2018

### **State SHIP/SMP changes:**

- SIRS SMP Info and Reporting System is on line and fully functional. All data is entered and current.
- <u>STARS</u> SHIP Tracking and Reporting System will be replacing SHIP NPR (National Performance Reporting) by 9/2018. All NPR data from 1/1/2017 forward has been re-entered into STARS and we are staying current in order to move forward in September with the new system
- <u>VRPM</u> Volunteer Risk and Program Management ongoing implementation as per schedule to establish and organize the structure and organization of SHIP/SMP volunteer programs on a nationwide basis.
- <u>Volunteer Recruitment</u> One new volunteer is in the initial stages of paperwork to come on board at the Bisbee Office to help with filing, answering phones, etc. One-on-one meetings with volunteers will take place during the month of July for the purpose of setting Medicare Annual Enrollment event dates and evaluating volunteer consistency and readiness. Several volunteers will be going through SMP (Senior Medicare Patrol) training on conducting outreach events and complaint management.

### **Future Events**

- **N4A Conference** July 28<sup>th</sup> August 1<sup>st in</sup> Chicago.
- Medicare AEP Schedule Working on Medicare Annual Enrollment Events Calendar
  - o 8/16 SEACUS in Safford
  - o 8/17 Veteran's Resource Fair in Sierra Vista
  - o 8/30 Patagonia Public Library in Patagonia
  - o 8/31 Casitas de Santa Cruz in Nogales
  - o <u>9/12</u> Ethel Berger Center in Sierra Vista
  - o 9/13 14 SHIP/SMP State Conference in Phoenix
  - o <u>9/17</u> Santa Cruz County Caregiver Conference in Nogales
  - o 9/20 21 AZ4A Conference in Mesa
  - o 10/15 Medicare Annual Enrollment Period begins
  - o 10/17 SEACUS Senior Expo in Safford
  - o 10/18 SEACUS in Safford

- o 10/19 Clifton Public Library in Clifton
- o 11/14 Ethel Berger Center in Sierra Vista

<u>If you would like for us to schedule a Medicare Open Enrollment event in your community, please contact Ramona as soon as possible. Dates from October 15<sup>th</sup> through December 7<sup>th</sup> fill up fast.</u>

### **SHIP/SMP Counseling Sites**

- Cochise County: <u>Bisbee</u> Bisbee Senior Center/Copper Queen Library <u>Douglas</u> Douglas Government
   Center <u>Sierra Vista</u> THRIVE at the Sierra Vista Mall/Ethel Berger Center <u>Huachuca City</u> Huachuca City
   Senior Center <u>Chiricahua Community Clinics</u> Willcox/Bowie/Benson/Douglas/Sierra Vista/Bisbee
- Graham County: <u>Safford</u> SEACUS
- Greenlee County: <u>Clifton</u> Clifton Public Library
- Santa Cruz County: <u>Patagonia</u> Patagonia Public Library <u>Nogales</u> Bowman Senior Residences/Casitas de Santa Cruz

We are always looking for sites where we can schedule regular counseling sessions. If your community would like for a counselor to visit regularly, please contact Ramona at 520-432-2528 ext. 222 or at shiphelp@seago.org.

End of Life Care Matters- Our first quarterly report was due to the Legacy Foundation of Southeastern Arizona beginning of July 2018. We reported on our outcomes, our progress and comparisons. We have touched 138 participants and obtained 111 evaluations. Our goal was to host two workshops per month with approximately 20 individuals per class and we have gone passed our goal. Shi and Ramona hosted a workshop in Tombstone where they were observed and checked off by AzHHA. The purpose of having Shi and Ramona trained was to have a back-up in place; it was a wise step to make since Sarah resigned from SEAGO during her probation period. Amparo, who took her place, will not be assigned to the EOL until November when she starts her internship program with oversight from Ronnie Squyres. The End of Life Care Matters now holds a place on our SEAGO-website and it is updated with new workshop locations throughout Cochise and Eastern Santa Cruz. I encourage you to pass the word long and also be part of this initiative when it comes to your area.

Aging Mastery program: AMP, is now officially an evidence based program which means that DES-DAAS funding can be allocated towards it, that is, based on availability. The aim of the (AMP) is to change societal expectations about the roles and responsibilities of older adults, and to create fun and easy to follow pathways for getting more out of life. Southwest Gas sponsored a class for the areas of Benson or Willcox primarily. Currently, I am working on the details with Veronica "Ronnie" Squyres our EOL subcontractor to take this on. The class sponsored by Southwest will help support materials for 10 individuals to go through a 10 session class that focuses on topics such as: exercise and you, sleep, healthy eating and hydration, medication management and more. Ronnie is to coordinate with local individuals who are known in the community and will volunteer to speak about each topic. If we can find sponsors in other areas of the region to bring this program in, we would be more than happy to. If you know of potential sponsors let me know and I will reach out.

### Other:

Conference on Aging, "Aging the Power of Community" SEAGO-AAA staff had a successful Conference on Aging in Sierra Vista, AZ on June 6, 2018. We had over 120 participants and the main attraction was the Virtual Dementia Tour which was hosted by our partners Western Arizona Council of Governments. We had over 50 people who had the opportunity to experience the tour. Evaluation results came out positive and requests to continue providing the event. We thank you for helping AAA disseminates the information on the event in your respected areas and we hope that you will continue to do so in the upcoming years. After much consideration and due to the intense work that this conference requires, SEAGO-AAA has determined to continue this conference in Sierra Vista, a central location of our region. Not much participation from other counties was present and we feel that with the current workshops or conferences being offered in each county, AAA staff does more than we can handle at this time.

**AZ4A Aging Summit "Aging Well in Arizona"** The Arizona Area Agencies on Aging (AZ4A) has been collaborating for that past 4 year to put together the Summit on Aging every other year. This time, Region 1 Maricopa County, will host the event in Mesa at the Sheraton Wrigleyville West on September 20-21, 2018. Under Advocacy, SEAGO-AAA has

designated funds for two ACOA member scholarships to cover registration fees and mileage to and from the event. Again, the purpose of doing this is to provide you continued education and guidance that you can bring pack to your communities.

### **INFORMATION EXCHANGE**

**Arnold Lopez, Thatcher** – wanting to bring EOL workshops to Thatcher and is looking for more information on the topic.

**Linda Huffstetler-Dearing, Patagonia** - Introduced Ray Kline to the Council as he has expressed interest in what is going on in the Council.

Ray Klein, Patagonia – Started with the Santa Cruz Council on Aging in 1992 and has served in many capacities. The senior center serves congregate meals every day. They have a great chef that cooks fresh daily meals that serve around 40 people. They Have 2 vans that are used to transport seniors in the Patagonia area.

**Kathy Spangler, Benson** – informed the Council that Arizona Sky Line has closed down. Casa de Las Angeles has opened in pierce and has 9 beds for assisted living.

**Diane Leman, Greenlee County Case Manager** – Matter of Balance classes being held at the nutrition center. The Greenlee county fair is coming up and should be fun for all.

**Royce Hunt, Graham County Unincorporated** – Shared the SEACUS Newsletter and shared the closed caption phones as a resource available to everyone. SEACUS has a lot of fundraising coming up such as Paint and take, Root bear float day. The Senior Expo is coming up on October 17<sup>th</sup>.

**Saundra Gaines, Safford** – shared that she recently spent a month in Florida and was able to reach out to the Area Agency on Aging there and was happy to say that they assisted her with setting up care.

**Jaime Aguilar, Greenlee County Unincorporated** – explained that there has been an influx of robo calls and mail scams in Greenlee County.

**Valadee Crotts, Duncan** – Reported that Greenlee county has acquired a new podiatrist that will be working with the county. The senior center is almost complete. Mr. Crotts also took a moment to thank Greenlee County Case Manager for all she does. He is so grateful for the help she has been able to provide.

**Amparo Ruede, AAA FCSP Care Coordinator** – put a call for volunteers she would like to build a strong volunteer for her programs.

**Carrie Gibbons, AAA Office Specialist** – Reminded the Council of upcoming events and pointed out the flyers in the packets.

**Norma Sullivan, Tombstone** – Praised the Tombstone Senior center for operating with volunteer service. She also added that she is looking forward to being a part of the ACOA as this meeting has been an eye opener.

**Moe Sinsley, Tombstone** - Back from Alaska and was amazed that the 32 days he was there it was daylight the entire time.

**Gary Clark, Douglas -** Thanked Laura for the additional funding as they were able to buy a new stove and freezer. The old freezer will be donated to a local non-profit.

**Kim Jackson, Huachuca City** – let the Council know that she is providing Medicare Counseling at the Huachuca Senior Center.

### **ADJOURNMENT**

Jaime Aguilar addressed the council and with there being no further Advisory Council on Aging business a motion was made to adjourn.

The next meeting is scheduled for January 17th, 2019





MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR

**DATE:** OCTOBER 18, 2018

SUBJECT: NOMINATIONS TO VACANT SEATS

The Advisory Council on Aging's (ACOA) revised bylaws dated May 19, 2007, state under Article III-Membership section 1, that the ACOA consists of eight representatives from Cochise County, four from Graham and three from Greenlee and Santa Cruz County.

Section 2 states, at least ten of the eighteen members shall be age sixty or older, and shall include persons in greatest economic or social need, minority individuals, and participants in services funded through the SEAGO Area Agency on Aging.

Section 9 states, members appointed by SEAGO Executive Board shall serve a term of three years (3). Each member shall be limited to two (2) consecutive terms. However, in the event that a vacancy cannot be filled in 90 days, a previous member can be reappointed. The Advisory Council on Aging may submit the name of a member to the Executive Board for reappointment for an additional term.

Currently, there are four (4) vacant seats and members are selected to represent incorporated cities, towns and the unincorporated portions of each county. The current vacancies apply to Cochise unincorporated, City of Nogales, Santa Cruz unincorporated and the town of Clifton.

Nominated representatives will commence their term on the date once approved and appointed by the SEAGO Executive Board which is scheduled for November 16, 2018.

Action Requested: Information Only X Action Requested Below

Proposed representatives to the SEAGO Executive Board for appointment to fill vacancies.



MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR

**DATE:** OCTOBER 18, 2018

NOMINATION TO BE MADE TO THE EXECUTIVE BOARD FOR

**SUBJECT:** APPROVAL

### Description:

Ms. Kimberly A. Burks is currently employed with VICaP as the executive assistant and is seeking an opportunity to volunteer on the Area Agency on Aging Advisory Council. Kim, is receiving her Bachelors in Christian studies and graduating today and will begin her masters in April. Kim also volunteers with VICaP as a driver among other volunteer duties that she holds. Kim is interested in learning more about the Area Agency on Aging and the resources available for the people she serves. She hopes to bring her expertise and provide feedback with solutions that will help our communities grown stronger.

Motion to Nominate: Kim Burks to fill the vacant seat in Cochise Unincorporated

Action Requested: Information Only 

Action Requested Below



MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR

**DATE:** OCTOBER 18, 2018

SUBJECT: ELECTION OF OFFICER-SECRETARY

### Description:

The Advisory Council on Aging's (ACOA) revised bylaws. Article V-Elections states "Nominations shall be made from the floor at the April meeting, with the prior consent of the nominee." Article VI-Duties of Officers states "The officers of the Advisory Council shall be the President, First Vice-President, Second Vice-President, and Secretary. Officers shall be seated upon the conclusion of the meeting at which they were elected. The bylaws further state under Article III that "the President shall not serve for more than three (3) successive terms." There are no term limits for any other position.

The current ACOA secretary, Luisa Massee's membership has termed on 10-15-2018 and is not for re-election. At this point, a special election needs to be made in order to assign a new secretary until the next election period which will be April 2019.

Motion to elect the secretary for the remaining of the year.

Action Requested: Information Only X Action Requested Below



MEMO TO:	ADVISORY	COUNCIL	<b>ON AGING</b>
MEMO IO:	ADVISORY	COUNCIL	UN AGII

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR

**DATE:** OCTOBER 18, 2018

SUBJECT: SEAGO-EXECUTIVE BOARD APPROVAL

### Description:

On August 17, 2018 approved nomination made by the ACOA for Norma Sullivan representing Tombstone was presented to the Executive Board for approval. This was on the consent agenda with no objections.

Congratulations, Mrs. Sullivan for being part of the SEAGO-Area Agency on Aging team.

Action Requested: 

Information Only

Action Requested Below



MEMO TO:	ADVISORY	<b>COUNCIL</b>	<b>ON AGING</b>
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FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR

**DATE:** OCTOBER 18, 2018

**SUBJECT:** GACA REPORT

Description: Debbie Hankerd was not able to be present but has sent information from the previous GACA meeting and Carrie will provide us with details.

**Attachments: GACA packet** 

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Action Requested: 

Information Only 

Action Requested Below



### City of Tombstone

### Old Firehouse Senior Center

P.O. Box 339 \*507 E. Toughnut Street\* Tombstone, AZ 85638

Phone (520) 457-2525 e-mail: seniorcenter.tombstone@gmail.com Fax (520) 457-2525

September 7, 2018

<u>The Governor's Advisory Council on Aging (GACA)</u> – meeting was called to order at 9:00 a.m. by GACA Chair Lisa O'Neill. Welcome and introductions were made. Minutes of August 3<sup>rd</sup> were approved.

### Liaison Reports

Attorney General's Office – Courtney Bennett reported that they are working on a Health & Safety survey for Advance Care Planning to make the Advance Directives packet more user friendly. Senior Scam Alert Series transition is going well with almost 1,000 subscribers. She stated that the Elder Abuse Awareness Poster Contest, due to the teacher's strike, did not have a good response. Only one student from Douglas participated. Next year it will be held earlier and expanded to include essays instead of just posters. Public Service announcements will be made and that they are seeking participation from the Governor's Advisory Council on Aging (GACA).

**DES - Arizona Department of Economic Security** - Cindy Saverino reported that as of August 1<sup>st</sup> she will be overseeing the Community Action and Aging Programs which have been merged for better collaboration.

Ms. Priscilla Kadi will be reporting to GACA in place of Cindy Saverino.

A grant has been approved by the Senior Community Service Employment Program (SCSEP).

The State Plan on Aging will go into effect on October 1, 2018.

Mr. Dennis Dudley from the Administration for Community Living (ACL), Region IX, visited the Division of Aging and Adult Services (DAAS) on September 18-19 and attended the Summit on Aging on September 20-21, 2018.

Home and Community Based Services (HCBS) – Annual improvement on Governor's Score Card to reduce waitlist from 1,735 to 1,301 (Housekeeping, Visiting Nurses, Attendant Care and Personal Care). The current total is 2,900.

Adult Protective Services (APS) to reduce aged cases to 90 days from 180 days.

Adult Protective Services (APS) and the Area Agencies on Aging (AAA's) will be collaborating for the first time with the World Elder Abuse Conference. AZLinks System with core partners: the Area Agencies on Aging (AAA), Arizona Health Care Cost Containment System (AHCCCS), Arizona Long Term Care System (ALTCS), DES Divisions of Developmental Disabilities (DDD), Centers for Independent Living (CIL) and DES Division of Aging and Adult Services (DAAS) are collaborating to make the system more user friendly to streamline AZLinks and direct inquiries. Adult Protective Services (APS) received a Tech Grant from the Administration for

Adult Protective Services (APS) received a Tech Grant from the Administration for Community Living (ACL) and will be used to connect the APS and AAA's.

The State Health Insurance Assistance (SHIP) Conference took place on September 13-14, 2018.

A decision package is in the works to address and/or eliminate the HCBS's waitlist. Banner Health and APS will collaborate to find emergency assist for Emergency Room patients.

Arizona Association of Area Agencies on Aging (AZ4A) - Olivia Guerrero reported

### Region I: Area Agency on Aging, Region One, Inc.

World Elder Abuse Awareness Day - Registrations to attend the Aging Well Conference on September 20-21, 2018 are capped at 500. The Area Agencies on Aging state wide have collaborated with the coordination of the conference this year. This year for World Elder Abuse Awareness Day (WEAAD), Area Agency on Aging, Region One and Maricopa Elder Abuse Prevention Alliance (MEAPA) recognized this day with a wide spread educational campaign. The theme was "Break the Silence: #WeToo Should Report Sexual Abuse". The Agency encouraged everyone to post on social media (Facebook and Twitter) using the hashtag: #WeToo Should Report Sexual Abuse."

N4A Award - In July at the National Association of Area Agencies on Aging (n4a) Conference in Chicago, the Area Agency on Aging, Region One was named as a runner up for the John A. Hartford Business Innovation Award. This award is given by the John A. Hartford Foundation and the Aging and Disability Resource Institute to "community-based organizations that have made significant strides in contracting with health care entities and, as such, have substantially improved the quality of life of older adults." The Agency was nominated due to its partnerships with Mercy Care which include being a long-term care contracted provider for meals, adult day care, and transportation; two Care Transitions contracts; and being credentialed as a behavioral health provider.

EMPOWER - Area Agency on Aging, Region One, is in Phase I of a potentially three-year project with the Department of Justice (DOJ) and DC-based research group Urban Institute to implement an elder abuse prevention intervention. The intervention, named EMPOWER, is a 12-week curriculum, delivered in home, face-to-face by a Masters level social worker and includes seven distinct modules addressing various domains that impact an older adult's ability to keep themselves safe and healthy.

Region II: Pima Council on Aging - (PCOA) - Falls Prevention month is always busy in Pima County. Our local Southern Arizona Chapter of the state Falls Prevention Coalition has scheduled 8 community presentations throughout the County and in Nogales during the month, and will be doing five educational segments on a morning TV news/current events program during September. Additionally, the Coalition recently produced, in English and Spanish, a falls risk assessment guide utilizing the CDC STEADI instruments. PCOA staff have also been working to bring up a new Corporation for National and Community Service Senior Companion Program in Pima County.

Region III: Area Agency on Aging – (NACOG) - NACOG Area Agency on Aging Region III just signed a contract for their 27th Aging Conference for October 10 and 11, 2019 in Prescott AZ. SAVE THE DATE! This will be the first time we have had our conference in Prescott in a decade. Recently moved 2 of our 4 offices; in Flagstaff moved from 43 S. San Francisco to 323 N. San Francisco. In Show Low moved from Wagon Wheel Plaza to 1801 W Deuce of Clubs. Both offices provide better spaces to work and the price was right.

Region IV Area Agency on Aging – (WACOG) - WACOG has continued its Home Repair/Renovation program with caregiver funding in SFY 2019. The program enables repairs and renovations to be completed in the home to complement the care provided by caregivers. To be eligible, a caregiver must be involved and the client must need assistance in at least two of their activities of daily living. Under the program, \$5,000 can be spent on renovation and repairs and \$3,000 can be spent on adaptive aids and devices, such as ramps or walk-in showers. On November 15, 2018, WACOG along with co-sponsors, Banner Alzheimer's Institute and the Alzheimer's Association, will host a professional caregiver training, "Client/Patient Sensitivity & State Health Insurance Program, in Yuma.

### Region VIII - ITCA Area Agency on Aging Ms. Heidi Robertson reported:

Title III & VI Programs for July 2018 Supported 18 Tribes: Region VIII attended the Arizona Falls Prevention Coalition meeting, Gila River Indian Community Elder Concerns Group meeting, and the Governor's Advisory Council on Aging. Region VIII is currently working on FY2019 Notification of Grant Awards (NOGA) with ITCA member Tribes. ITCA-AAA Technical Assistance & Training Region VIII conducted one (1) 'Medicare, Medicaid, Indian Health Services and Fraud Errors and Abuse' presentation for Pascua Yaqui Tribe. Outreach Region VIII conducted grandparents raising grandchildren outreach efforts by distributing eighty-nine (89) Back-to-School packages in six (6) Tribal communities: Fort McDowell Yavapai Nation, Tonto Apache Tribe, San Juan Southern Paiute Tribe, and Kaibab Band of Paiute Indians and White Mountain Apache Tribe. Region VIII Staff Training & Professional Development

- I. One (1) staff person attended the Adult Protective Services Training in Las Vegas, NV.
- 2. Two (2) staff members attended the 'Native Vote Training' in Fountain Hills, AZ.

- 3. One (1) staff member attended a 3-day National Association of Social Workers-Arizona Chapter Retreat in Prescott, AZ.
- 4. Three (3) staff members attended the N4A 43rd Annual Conference & Tradeshow in Chicago, IL
- 5. One (1) staff member presented at the CMS Training for Indian Health Service, Tribal, and Urban Indian Health Staff in Phoenix, AZ.

The AZ4A report is available for review through the Governor's Advisory Council on Aging (GACA) office.

### Arizona Department of Health Services (ADHS) - Mr. Babak Nayeri reported:

September is Falls Prevention Awareness month. The Arizona Fall Prevention Coalition – Light Up The Night is an event in remembrance of those who lost their lives due to a fall related injury. This is a FREE event taking place on September 20, 2018 from 5:30 to 8:00 p.m. There will be light hor d'oeuvres and refreshments served.

October 26, 2018 – 1st Annual Symposium is a FREE event with lunch provided. The key note speaker Dr. Marck will discuss the Centers for Disease Controls (CDC's) STEADI Initiative which promotes older adult health and independence through fall prevention.

### Arizona Department of Insurance (AZDOI) - Ms. Tolanda Coker reported:

AZDOI completed its move to the ADOA building and are now located at 100 N. 15th Ave., Ste. 102, Phoenix, AZ 85007. The web address and all contact numbers are the same. Open enrollment season - Medicare annual open enrollment is 10/15 - 12/7 and the ACA (Obamacare) open enrollment is 11/1 - 12/15. The Department is working with other agencies to put on a pre-retirement seminar. One in Phoenix at Burton Barr Library on September 15th and another one at Abrams Public Health Center in Tucson on September 22nd. The ADOI has reached maximum registration capacity for the Phoenix event but are still accepting registrations for Tucson.

Ms. Coker offered to provide information on the Tucson event to the Executive Director for distribution to the GACA members.

Arizona Department of Transportation (ADOT) - Mr. Eric Gudino reported updates for Mr. John Halikowski as follows:

ADOT MVD is revamping their website to make it more user friendly. Many services for homebound or the elderly will be provided online so there will not need be a need to visit an MVD office. ADOT will seek input from the council on the website once developed for feedback on design and user friendliness.

Arizona Department of Veterans' Services - No representative in attendance.

Arizona Health Care Cost Containment System (AHCCCS) – Ms. Dara Johnson reported: AHCCCS is getting ready to implement the new integrated acute health care contracts on 10/01/18 to provide a combination of both physical and behavioral health services. More

information on the AHCCCS Complete Care contracts can be found on the AHCCCS website (www.azahcccs.gov/acc). Electronic Visit Verification (EVV) is a new federal requirement for the provision of personal care and home health services. AHCCCS has recently posted some updated information to their website

(www.azahcccs.gov/EVV) regarding the timeline for compliance with the EVV federal mandate, key decision points on the system model design and a summary of stakeholder feedback that has helped to inform the development process. AHCCCS is in the process of finalizing the State's Systemic Assessment and Transition Plan to meet the requirements of the Home and Community Based Settings (HCBS) Rules. AHCCCS is tentatively planning a round of stakeholder forums in October/November 2018 to present revisions to the assessment and plan recently approved by CMS. More information can be found on the AHCCCS website (www.azahcccs.gov/hcbs). Check the website regularly for updates and/or sign up to receive notices of opportunities for stakeholder engagement.

Arizona Indian Council on Aging - (AICOA) - Ms. Barbara Tinhorn reported: Elections are being held for Vice Chair and Secretary. State Conference will be held in September 2019 at Ak-Chin.

Dates for the upcoming year GACA meeting were discussed. They will be voted on at the next telephonic meeting on October 5<sup>th</sup>, 2018. In consideration are:

January 4, 2019 July 5, 2019 January 11, 2019 July 12, 2019 February 1, 2019 August 2 2019

March 1, 2019 September 6, 2019 April 5, 2019 October 4, 2019 May 3, 2019 November 1, 2019 June 7, 2019.

Sept. 20-21 AZ4A conference plans Council Chair O'Neill circulated a signup sheet for GACA council members attending the AZ4A Conference to volunteer in one of the 20 minute time intervals listed to work the GACA table.

The Council Chair provided GACA members with recommendation from the Executive Committee for approval of the edited elder abuse financial fact sheet.

Council Chair O'Neill provided recommendation from the Executive Committee related to requests. The Executive Committee recommended approval of the in-kind sponsorship invitation from DUET for the Caregiver Symposium on October 18, 2018 in Phoenix, AZ. Since GACA has no additional caregiver resource information, a table will not be requested but the group can promote the event and attend. Motion passed.

Council Chair O'Neill reported the second invitation was from Tanner Terrance for their annual Health Fair, and the recommendation from the Executive Committee was to accept the no cost table at the event. Motion passed.

Discussion – status of GACA 2018 objectives & process for developing 2019 objectives Chair O'Neill referred to the tracking grid showing GACA is on target with the 2018 objectives

and reminded everyone to submit ideas for 2019 goals/objectives to the Executive Director for review and consideration ahead of the annual planning meeting on November 2, 2108.

Council Chair O'Neill took a moment to acknowledge council member Teri Kennedy who has accepted another job and will be relocating to Kansas. Ms. O'Neill expressed gratitude to Ms. Kennedy for her contributions to the GACA during the nine months served. Ms. Kennedy was presented with a Certificate of Appreciation and a small token of appreciation (pen set).

### Executive Director's office updates

Updates on office initiatives, projects and related items Executive Director Cathy De Lisa reported: The Annual Planning meeting will be held on November 2, 2018. The annual event is a working meeting to finalize 2019 priorities and objectives. The tracking and reporting volunteer hours handout was provided as requested to help clarify what should be reported as extra volunteer hours beyond the meetings.

### Travel updates and/or reminders

Ms. Lizette Cordero, GACA Executive Assistant, had no travel related updates to report at this time.

### Council Members reporting & sharing

Lee Olitzky reported there is a property recently sold in Tucson that is in talks with a developer to potentially build low income housing for seniors.

Teri Kennedy reported she is finalizing a report on Age Friendly Health Care Systems accessible across all ages.

Deborah Hankerd provided a newsletter from the senior center in Tombstone with updates and news data on numbers of clients and meals served as well as various upcoming events.

Carol Brown reported, making headway with Falls Prevention and Elder Abuse Prevention Day in Yuma. Community partners include WACOG and Helping Hands.

Bob Roth reported, moderating a four member panel caregiver crisis discussion on the shortage of healthcare workers in Arizona, and Banner is hiring 1,500 healthcare workers.

With approval from the Council Chair, Executive Director, Cathy De Lisa reported: Reappointment applications should be completed this month online at the Governor's website. Hospice of the Valley's Dementia Care Fellowship Program-application submission deadline is October 12, 2018. Area Agencies on Aging, Region One is offering opportunities for AmeriCorps members. 2018 Arizona Alzheimer's Consortium Public

Conference is taking place on October 31, 2018 from 8:00 a.m. to 1:00 p.m. at the Black Canyon Conference Center in Phoenix. Hand in Hand - A training series for Nursing Homes is now available online through the Centers for Medicare & Medicaid Services (CMS) website. The Governor's Office of Youth Faith and Family (GOYFF) is sponsoring the AZ Drug Summit Uniting for Solutions on September 24-25, 2018. Ms. De Lisa offered to email the information to the Council members.

### Call to the public

Ms. Linda Arters expressed disappointment with the State Plan on Aging and suggested opening up the next meeting with discussion based on Baby Boomers statistics.

Abigail Polito Hawkins reported the Alzheimer's Walk in Tucson will be on November 10, 2018. Ms. Polito Hawkins encouraged all to check on the Alzheimer's Association website for date and time information on walks throughout the state. Ms. Polito Hawkins will provide more dates to the GACA office following the meeting.

Adjourn GACA Chair, Lisa O'Neill, adjourned the meeting at 11:05 a.m.

Copies of all meeting materials and handouts are available for review at the Governor's Advisory Council on Aging (GACA) office.

### The Governor's Advisory Council on Aging (GACA) Legislative and Policy Coordinating Committee (LPCC)

Co-Chairman C.T. Wright opened the meeting at 11:15 a.m. Introductions were made and the minutes of July 13<sup>th</sup> were approved.

Co-Chairman Wright invited those in attendance to share policy priorities or legislation being proposed for the next session. Ms. Linda Arters asked a procedural question related to the Council role and stated an opinion on the State Plan on Aging. The Co-Chairman reminded Committee Members that the Governor's Advisory Council on Aging tracks but does not make legislative or policy decisions. Co-Chair Wright also reminded the Committee Members that they can take ideas for legislation to their elected officials, and following the November 6 general election, constituents will need to review election results for potential membership changes in the Legislature. Ideas collected on objectives at the LPCC, throughout the year, are forwarded to the Executive Committee that discusses and vets and makes recommendation for the full Council. Those recommendations are brought before the GACA for consideration and potential action.

### <u>Discussion - state and federal legislation</u>

GACA Executive Director, Cathy De Lisa provided a federal legislation handout for review.

Ms. Abigail Polito Hawkins from the Alzheimer's Association reported:

S2076 - Building the largest Dementia Infrastructure for Alzheimer's Act or the BOLD infrastructure for Alzheimer's Act. This bill amends the Public Health Service Act to award cooperative agreements:

- (1) for the establishment or support of national or regional centers of excellence in public health practice in Alzheimer's disease;
- (2) to state public health departments, Native American tribes, and other entities to promote cognitive functioning, address cognitive impairment and unique aspects of Alzheimer's disease, and help meet the needs of caregivers;
- 3) for analysis and public reporting of data on the state and national levels regarding cognitive decline, caregiving, and health disparities, and monitoring of objectives on dementia and caregiving in the Department of Health and Human Services' Healthy People 2020 report.

H.R. 1676 Palliative Care and Hospice Education and Training Act (PCHETA) – Amends Public Health Service Act to require the Department of Health and Human Services (DHHS) to provide support for Palliative Care and Hospice Education Centers. These centers must improve the training of health professionals in palliative care and provide support to schools of medicine, osteopathic medicine, teaching hospitals and graduate medical education programs for training physicians who plan to teach palliative medicine. Ms. Polito Hawkins suggested the alzimpact.org website for tracking legislation related to Alzheimer's disease and related disorders.

Co-Chairman Wright reiterated the importance of tracking federal as well as state legislation that impacts older adults and reminded attendees of the importance of having one's opinions heard. Co-Chairman Wright reported constituents can speak to Legislator's in person, support legislation online or contact Legislators through email and the official's website.

Discussion of ideas for 2019 LPCC objectives & future agenda items or topics Co-Chairman Wright stated that after the November Annual Planning meeting, the LPCC will move forward with approved 2019 priorities and objectives.

Suggestions for 2019 objectives included; building a dementia-friendly capable workforce, advocating for dementia capable policies around the direct care workforce and age-friendly health care systems, dementia friendly education throughout the state, and continuation of the Senior Caucus.

Report out & discussion on LPCC-related research, conferences, workshops, seminars, training opportunities, best practices, or related items

Teri Kennedy reported the Arizona Geriatric Society will be hosting its 30th Annual Fall Symposium on November 30 and December 1, 2018 in Phoenix. The theme this year is Trauma Informed Care.

Adjourn LPCC Co-Chairman, C.T. Wright, adjourned the meeting at 12:10 p.m.

### The GACA Aging in Community Committee (AICC)

Welcome & introductions, review & approval of July 13, 2018 Draft Minutes Acting AICC Chair, Lisa O'Neill, called the meeting to order at 12:46 p.m. Following a welcome and introductions, Ms. O'Neill requested a review of the July 13, 2018 draft meeting minutes. The motion passed.

Dementia Friends Session Ms. Karen Stegenga, Community Support & Engagement Coordinator, Oakwood Creative Care, conducted a Dementia Friends session. Ms. Stegenga discussed: What is Dementia, the 10 early signs and symptoms, communication practices and conversation tips when speaking to a person with Dementia. There was also an interactive exercise.

The Information Session handout and presentation are available for review at the Governor's Advisory Council on Aging (GACA) office.

Discussion around potential AICC 2019 objectives, future agenda items or topics Acting AICC Chair O'Neill stated staff were compiling ideas and requests shared throughout the year as potential objectives for 2019. Ms. O'Neill reminded attendees that the meeting was the last opportunity to share suggestions for potential objectives prior to the Council's Annual Planning meeting in November.

Linda Arters suggested networking with the League of Cities & Towns on objectives. Ms. Arters reported on a training opportunity for the Certified Aging-in-Place Specialist (CAPS) on October 24 – 26, 2018 at The Center for Habilitation in Tempe. Those interested can contact Ms. Arters at arters@artersgroup.com for more information.

Ms. Elaine Poker-Yount reported a Successful Aging Expo will be held in Long Beach, California on October 13, 2018.

### Adjournment

Acting AICC Committee Chair, Lisa O'Neill, adjourned the meeting at 1:45 p.m.

NEXT MEETING: The next meeting of the Aging in Community Committee of the Governor's Advisory Council on Aging is planned for January 2019; location to be announced

Respectfully submitted,

Seborah Hankerd

October 10, 2018



MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR

**DATE:** OCTOBER 18, 2018

SUBJECT: STATE AREA PLAN ON AGING 2019-2022

### Description:

On the last meeting I indicated that the State Area Plan on Aging was being finalized and the link to the complete packet was not ready. Today, I can tell you that you can find the 2019-2022 State Area Plan on Aging on our website <a href="https://www.seago.org">www.seago.org</a>

Approved letter from Administrator and Assistant Secretary for Aging Lance Robertson is included in your packet.

**Attachments: Approved letter** 

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Action Requested:

**☒** Information Only

□ Action Requested Below



Washington, DC 20201

September 14, 2018

Office of Governor Doug Ducey State Capitol 1700 West Washington Phoenix, AZ 85007

Dear Governor Ducey:

I am pleased to inform you that the Arizona State Plan on Aging under the Older Americans Act for October 1, 2018 through September 30, 2022, has been approved.

I want to congratulate the Arizona Division of Aging and Adult Services' extensive planning process to help guide the development of the State Plan, especially involving the input from Arizona's eight AAAs, and your Governor's Advisory Council on Aging. The inclusion of the Governor's Aging 2020 framework along with the aging network's expertise in complimenting and implementing Older Americans Act activities relative to the plan's goals, objectives, and strategies was also impressive.

The San Francisco Regional Office staff of the Administration for Community Living looks forward to working with you and the Arizona Division of Aging and Adult Services under the Department of Economic Security, on the implementation of the State Plan. If you have questions or concerns, please do not hesitate to contact David A. Ishida, Regional Administrator at 415-437-8780. I appreciate your dedication and commitment toward improving the lives of older persons in Arizona.

Sincerely.

Lance Robertson

Administrator and Assistant Secretary for Aging

cc: Michael Trailor, Director, Arizona Department of Economic Security, Sean Price, Deputy Director- Arizona Department of Economic Security Lisa M. O'Neill, Chairperson, Governor's Advisory Council on Aging Priscilla Kadi - Assistant Director, Arizona Department of Economic Security, Division of Aging and Adult Services



# ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR

**DATE:** OCTOBER 18, 2018

SUBJECT: DES-DAAS ALERT SFY19 REVISED ALLOCATIONS

### Description:

SFY 19 Alert, issued on September 30, 2018 includes revised allocations under the Older American's Act Title III and VII with an overall increase of \$48,367 which will be disbursed throughout the 8 regions. SSBG locally planned allocations for SEAGO region is at \$7,426 which will be distributed accordingly based on need in an upcoming contract operating budget (COB) to DES in the coming week. The Policies and Procedures section 1702.4 shows a change in the alert it indicates that the AAA are required to not carryover above 10% of the Older American's act funds.

SEAGO-AAA is happy to announce that based on the closeout report from DES-DAAS we left 10.6% on the table. This was possible, thanks to all our subawards who strived to remove people from the wait list as well as increase units of service to those in greater need. Unfortunately, the wait list if now increasing and without consideration for additional funding we will be in the same boat as other regions.

A new Alert will be issued end of this month from DES and allocations will accordingly, specifically in HDM.

**Attachments: SFY19 Alert Revised Allocations** 



Douglas A. Ducey Governor

Your Partner For A Stronger Arizona

Michael Trailor Director

September 30, 2018

To:

Area Agencies on Aging

From:

Frank Migali

Deputy Assistant Director Community Services Programs Division of Aging and Adult Services

Subject:

State Fiscal Year (SFY) 2019 Allocations

The following ALERTS are attached:

#### **ALERTS**

### **FUND SOURCE/TYPE**

ALERT SFY-19-1B ALERT SFY-19-2A	Older Americans Act Title III and VII – Revised Allocations, Social Services Block Grant – Revised Allocations
ALERT SFY-19-5A	Senior Community Service Employment Service – Revised Allocations, and Performance Goals
ALERT SFY-19-6@B	Nutritional Services Incentive Program – Revised Allocations
ALERT SFY-19-10A	Policy and Procedures – Chapter 1000, Section 1702.4 Carryover policy
ALERT SFY-19-11A	Other Funds – Refugee Resettlement Program Allocations
ALERT SFY-19-11B	Other Funds – Adult Day Center Respite Grant Allocations

The ALERTS are subject to change as additional information is received by the Division pertaining to the funding sources identified.

ALERTS are available on the Division website using the link: https://www.azdes.gov/daas/alerts

A SFY 2019 contract operating budget is due to the Division of Aging and Adult Services, Finance and Business Operations Administration by close of business Friday, October 19, 2018. Once budgets have been submitted to DAAS, they will be incorporated into Area Agency on Aging (AAA) contracts.

Should you have any questions regarding the attached ALERTS, please contact your assigned Contract Specialist.

cc: Priscilla Kadi, Frank Migali, Ben Kauffman Bridget Casey, Matt LeCrone, Adam Alexander, Lei Ronda Golden-Grady, Cindy Saverino, Mark Radan, Michael Coen, Catherine Chavez, DAAS FSA Team, DAAS file



SFY-19-1B

## Title III and VII for SFY 2019

The Division of Aging and Adult Services (DAAS) received an overall increase of \$48,367 for Older Americans Act Title III and Title VII collectively in the FFY 2018 grant awards from the Administration for Community Living. A full 100 percent of the FFY 2018 overall increase was placed into the SFY 2019 allocation. Had the changes been received in SFY 2018, ¾ of the overall increase would have been placed in SFY 2019.

The following changes occurred in Title III and Title VII in the following titles and subparts:

- an increase of \$14,789 in III-B
- an increase of \$15,264 in III-C1
- an increase of \$7,279 in III-C2
- an increase of \$463 in III-D
- an increase of \$5,556 in III-E
- a decrease of \$2,938 in VII-Elder Abuse
- an increase of \$2,078 in VII-Federal Ombudsman

Should you have questions regarding the allocations, please contact your assigned Contract Specialist.



SFY-19-2A

## Social Services Block Grant (SSBG) for SFY 2019

Attached are the revised allocations for SSBG for SFY 2019. The following is a summary of the Locally-Planned SSBG allocations for each Area Agency on Aging (AAA):

Area Agency on Aging	SFY-19 Revi	sions	A	SFY-19 Total Illocation
Area Agency on Aging, Region One, Inc.	\$	22,316	\$	1,089,831
Pima Council on Aging	\$	11,963	\$	745,722
Northern Arizona Council of Governments	\$	2,420	\$	117,154
Western Arizona Council of Governments	\$	0	\$	300,711
Pinal/Gila Council for Senior Citizens	\$	7,968	\$	148,910
SouthEastern Arizona Governments Organization	\$	7,426	\$	199,825
Total	\$	52,093	\$	2,602,153

AAAs may budget up to ten percent of SSBG for administrative functions.

Funding must be expended by June 30, 2019	Funding	ı must be e	xpended b	y June 30	), 2019
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Should you have any questio	ns regarding the allocation	, please contact your	assigned Contract
Specialist			

	DIV	ISION OF AG	ING & ADULT	SERVICES			
		SSBG FU	NDS FOR SFY	2019			ALERT 19-2A
		CONTR	ACTING LEVE	LS			
COUNTY	DAARS SERVICE/ (AIMS SERVICE)	SFY-2019 LOCAL TARGET PLAN GROUP SSBG		SFY-2019 STATE PLAN SSBG	SFY-2019 TOTAL FUNDS	SFY-2019 LOCAL SSBG (+)/(-)	SFY-2019 STATE SSBG (+)/(-)
REGION 6							
COCHISE	(HIA) HOK/HOD (HICK)	ELD/DWD	Ф 00 000 00	Ф 00 04C	00	Φ.	Φ.
HHA/HCB PRC/HCB	(HHA) HSK/HCB (HSK) (PRC) NRH/HCB (VNS)		\$ 22,280.00	\$ 90,216.0		\$ -	\$ - \$ -
	CMG/HCB (CMG) HDM/HCB (HDM)	ELD/PWD/AD	\$ 7,073.00 <b>\$ 60,382.00</b>	\$ 64,499.0 \$ 31,601.0	00 \$ 91,983.00	\$ - \$ 3,713.00	\$ - \$ -
	CNG/HCB (CNG) RSP/FCS (RSP)		\$ - \$ -	\$ 699.0	00 \$ 699.00 \$ -	\$ - \$ -	\$ - \$ -
	ADM/HCB (ADM) PGD/HCB (PGD)		\$ - \$ -	\$ 36,674.0	00 \$ 36,674.00 \$ -	\$ - \$ -	\$ - \$ -
	SHI/SHP (OTR LTC/OMB (LTC)		\$ - \$ -	\$ -	\$ - \$ -	\$ -	\$ - \$ -
	TSP/HCB (TSP)		\$ -	\$ 56,679.0	T	\$ -	\$ -
	COUNTY TOTAL		\$ 89,735.00	\$ 280,368.0	0 \$ 370,103.00	\$ 3,713.00	\$ -
GRAHAM							
HHA/HCB	(HHA) HSK/HCB (HSK)	ELD/PWD	\$ 9,251.00	\$ 7,563.0	00 \$ 16,814.00	\$ -	\$ -
PRC/HCB	(PRC) NRH/HCB (VNS) CMG/HCB (CMG)	ELD/PWD	\$ -	\$ 24,081.0	00 \$ 24,081.00	\$ -	\$ - \$ -
	HDM/HCB (HDM) CNG/HCB (CNG)		\$ 25,594.00 \$ -	\$ - \$ -	\$ 25,594.00 \$ -	\$ - \$ -	\$ - \$ -
	RSP/FCS (RSP) SHI/SHP (OTR	ELD/PWD	\$ -	\$ -	\$ - \$ -	\$ -	\$ -
	ADM/HCB (ADM)		\$ - \$ -	\$ - \$ 10,000.0	00 \$ 10,000.00	\$ - \$ -	\$ - \$ -
	TSP/HCB (TSP) COUNTY TOTAL		\$ - <b>\$</b> 34,845.00	\$ 11,068.0 <b>\$ 52,712.0</b>		\$ - \$ -	\$ - \$ -

DIVISION OF AGING & ADULT SERVICES												
		SSBC EII	ИD	S FOR SFY	201	۵					F	LERT 19-2A
					_	3						
		CONTR	RAC	TING LEVE	LS							
			;	SFY-2019	;	SFY-2019			S	SFY-2019		SFY-2019
				LOCAL		STATE		SFY-2019		LOCAL		STATE
COLINITY	DAARS SERVICE)	TARGET		PLAN		PLAN		TOTAL		SSBG		SSBG
COUNTY	(AIMS SERVICE)	GROUP		SSBG	ı	SSBG	ı	FUNDS		(+)/(-)		(+)/(-)
REGION 6 GREENLEE												
	HHA) <b>HSK/HCB</b> (HSK)	ELD/PWD	\$	15,929.00	\$	5,163.00	Ф	21,092.00	\$		\$	
,	PRC) NRH/HCB (VNS)	LLD/F VVD	Ψ	10,020.00	Ψ	5,105.00	Ψ	21,032.00	Ψ	-	\$	<u>-</u>
(1	CMG/HCB (CMG)	ELD/PWD	\$	-	\$	8,213.00	\$	8,213.00	\$	-	\$	-
	HDM/HCB (HDM)	ELD/PWD/AD	\$	19,610.00	\$	-	\$	19,610.00	\$	-	\$	
	RPR/HCB/REP (REP)		\$	-	\$	-	\$	-	\$	-	\$	-
	TSP/HCB (TSP)	ELD/PWD	\$	6,026.00	\$	2,000.00	\$	8,026.00	\$	3,713.00	\$	-
	RSP/FCS (RSP)		\$	-	\$	-	\$	-	\$	-	\$	-
	SHI/SHP (OTR		\$	-	\$	-	\$	-	\$	-	\$	-
	ADM/HCB (ADM)		\$	-	\$	2,000.00	\$	2,000.00	\$	-	\$	-
	OCUMEN TOTAL			44 505 00		47.070.00		50.044.00		0.740.00		
CANTA ODUZ	COUNTY TOTAL		\$	41,565.00	\$	17,376.00	\$	58,941.00	\$	3,713.00	\$	-
SANTA CRUZ HHA/HCB (H	HHA) <b>HSK/HCB</b> (HSK)	ELD/PWD	\$	10,793.00	\$	5,624.00	\$	16 417 00	\$		φ	
`	HHA) <b>HSK/HCB</b> (HSK) PRC) <b>NRH/HCB</b> (VNS)	ELD/PVVD	Ф	10,793.00	Ф	5,624.00	Ф	16,417.00	Ф	-	\$	-
FRO/IIOD (F	CMG/HCB (CMG)	ELD/PWD	\$		\$	28,265.00	\$	28,265.00	\$		\$	
	HDM/HCB (HDM)	ELD/PWD/AD	\$	22,887.00	\$	-	\$	22,887.00	\$	_	\$	-
	RSP/FCS (RSP)		\$	-	\$	-	\$	-	\$	-	\$	_
	TSP/HCB (TSP)	ELD/PWD/AD	\$	-	\$	-	\$	-	\$	-	\$	-
	SHI/SHP (OTR		\$	-	\$	-	\$	-	\$	-	\$	-
	ADM/HCB (ADM)		\$	-	\$	10,000.00	\$	10,000.00	\$	_	\$	-
	CNG/HCB (CNG)	ELD/PWD	\$	-	\$	-	\$	-	\$	-	\$	-
	COUNTY TOTAL		\$	33,680.00	\$	43,889.00	\$	77,569.00	\$	-	\$	-
	REGION TOTAL		\$	199,825.00	\$	394,345.00	\$	594,170.00	\$	7,426.00	\$	-
	Complete list of service codes c	an be found o	n tl	he DAAS we	bsit	<u>e:</u>	htt	ps://www.azo	des.	gov/daas/a	lerts	



SFY-19-6B

## Nutrition Services Incentive Program (NSIP) for SFY-2019

Due to a change in the federal grant award, revised allocations are attached that identify the contract planning levels for NSIP for your respective Planning and Service Area for State Fiscal Year (SFY) 2019.

The allocations are based on the Federal Fiscal Year (FFY) 2018 grant and on the meals served by the Area Agencies on Aging (AAAs) during FFY 2016, and are subject to revisions during SFY 2019.

The following NSIP revised allocations are being made to the AAAs:

Area Agency on Aging	SFY-19 Changes
Area Agency on Aging, Region One, Inc.	\$1,058
Pima Council on Aging	\$ 317
Northern Arizona Council of Governments	\$ 326
Western Arizona Council of Governments	\$ 305
Pinal/Gila Council for Senior Citizens	\$ 238
SouthEastern Arizona Governments Organization	\$ 168
Navajo Nation	\$ 324
Inter Tribal Council of Arizona	\$ 201
Total	\$2,937

NSIP funds may be used to pay for any client receiving home delivered meals or congregate meals.

Unexpended dollars at the end of the fiscal year are allowed as carryover into the next fiscal year. Carryover dollars must be expended prior to utilizing any new allocations.

Should you have any questions regarding the allocation, please contact your assigned Contract Specialist.

													ALI	ERT # 19-6B		
								NSIF								
								SFY - 2	019							
	(Line # 17) (Line # 18)															
		(Line # 17)				FFY - 2018		(Line # 17)		(Line # 18)		FFY - 2019		(Line # 18)		
		FFY - 2018		" 40)		NCREASE/		FFY - 2018		FFY - 2019		NCREASE/		FFY - 2019		05)/ 0040
		(1/4)		ne # 18)	(L	DECREASE)		(1/4) TOTAL		(3/4)	(I	DECREASE) TO		(3/4)		SFY - 2019
REGION		INITIAL ALLOCATION		/ - 2018 RYOVER	۸.۱	TO LOCATION		ALLOCATION		INITIAL ALLOCATION	۸	LLOCATION		TOTAL		CONTRACT
REGION	1	ALLOCATION	CARI	RYOVER	AL	LOCATION	ı	ALLOCATION		ALLOCATION	I	LLOCATION		LLOCATION	l	ALLOCATION
ı	\$	263,361.00	\$	-	\$	604.00	\$	263,965.00	\$	486,436.00	\$	454.00	\$	486,890.00	\$	750,855.00
	Ψ	200,001.00	Ψ		Ψ	004.00	Ψ	200,000.00	Ψ	400,400.00	Ψ	404.00	Ψ	400,000.00	Ψ	100,000.00
ll l	\$	40,748.00	\$	-	\$	181.00	\$	40,929.00	\$	145,796.00	\$	136.00	\$	145,932.00	\$	186,861.00
		2,	,		Ť		,	-,		.,			,	.,		,
III	\$	42,688.00	\$	-	\$	186.00	\$	42,874.00	\$	149,436.00	\$	140.00	\$	149,576.00	\$	192,450.00
IV	\$	45,765.00	\$	-	\$	174.00	\$	45,939.00	\$	139,649.00	\$	131.00	\$	139,780.00	\$	185,719.00
V	\$	36,772.00	\$	-	\$	136.00	\$	36,908.00	\$	109,293.00	\$	102.00	\$	109,395.00	\$	146,303.00
VI	\$	22,426.00	\$	-	\$	96.00	\$	22,522.00	\$	77,176.00	\$	72.00	\$	77,248.00	\$	99,770.00
	•	(0.750.00)	•			405.00		(0.554.00)	•	4 40 000 00		100.00				440.000.00
VII	\$	(2,759.00)	\$	-	\$	185.00	\$	(2,574.00)	\$	148,823.00	\$	139.00	\$	148,962.00	\$	146,388.00
VIII	\$	37,202.00	\$	_	\$	115.00	\$	37,317.00	\$	92,141.00	\$	86.00	\$	92,227.00	\$	129,544.00
VIII	Ф	37,202.00	Ф	-	Ф	115.00	Þ	37,317.00	Ф	92,141.00	Þ	00.00	Ð	92,227.00	Þ	129,544.00
TOTAL	\$	486,203.00	\$	_	\$	1,677.00	\$	487,880.00	\$	1,348,750.00	\$	1,260.00	\$	1,350,010.00	\$	1,837,890.00
	Ψ	100,200.00	*		_	.,	Ψ.	.0.,000.00	Ψ	1,010,100.00	*	.,200.00	Ψ	.,000,010.00	*	.,557,555,66
NOTE:																
1) The 3/	4 co	olumns are based	on the	FFY 2018	NSIF	Grant Award	and	the total number	of n	neals served by Are	a Aç	ency for FFY	16. I	FFY 2018 Alloca	tion	is \$1,800,014
2) Unexp	end	led dollars as of Ju	une 30	th can be	carri	ed-over into th	e ne	ext year's allocation	on.							
3) Carry-	ove	r dollars must be e	expend	ded prior t	o util	izing any new	allo	cations.								



SFY-19-10A

## Policy and Procedure for SFY-2019

Policy and Procedure ALERTS are intended to notify Area Agencies on Aging (AAAs) of newly developed or revised Division of Aging and Adult Services Policies and Procedures. The following Division of Aging and Adult Services Policy and Procedures has been updated: **Chapter 1000**, **Section 1700 Older Americans Act Carryover Funds.** Please ensure that the appropriate AAA personnel are aware of these revisions.

### **Summary of Revision**

Policy and Procedure Section 1702.4 was revised. Based on previous communication between the Division of Aging and Adult Services and AAA Directors regarding carryover, language (highlighted below) was added to clarify Carryover Funds Operational Procedures, as follows:

#### 1702.4

Area Agencies on Aging may carryover 10 percent or less of their total Older Americans Act funds from the most recently completed contract year to the current contract year. The 10 percent or less does not include any carryover funds from a prior contract year(s).

### **Implementation**

The revision to the DAAS Policy and Procedure Manual, Chapter 1000, Section 1700 will be posted on the DAAS website (<a href="https://des.az.gov/services/aging-and-adult/partners/daas-policy-chapter-1000">https://des.az.gov/services/aging-and-adult/partners/daas-policy-chapter-1000</a>) and will be effective October 1, 2018.

DIVISION OF AGING & ADULT SERVICES											
		CONTRAC	T OI	BLIGATION FO	R	SFY	<b>7 2019</b>				
	SFY 2018			INITIAL SFY 2019			TOTAL SFY 2019	(D	NCREASE ECREASE) SFY 2019		REVISED TOTAL SFY 2019
REGION 6	CA	RRYOVER		ALERTS			ALERTS		ALERTS		AWARDS
1. STATE ADMIN.	\$	-	\$	57,514.00		\$	60,479.00	\$	-	\$	60,479.00
2. OAA ADMIN. III C-1	\$	-	\$	121,663.00		\$	142,055.00	\$	245.00	\$	142,300.00
3. OAA ADMIN. III-E	\$	-	\$	12,596.00		\$	17,467.00	\$	36.00	\$	17,503.00
4. SSBG ADMIN.	\$	-	\$	58,674.00		\$	58,674.00	\$	-	\$	58,674.00
5. TITLE III-B	\$	-	\$	328,303.00		\$	437,589.00	\$	1,172.00	\$	438,761.00
6. TITLE III-C1	\$	7,987.00	\$	306,391.00		\$	370,563.00	\$	784.00	\$	371,347.00
7. TITLE III-C2	\$	6,831.00	\$	227,827.00		\$	271,467.00	\$	586.00	\$	272,053.00
8. TITLE III-D	\$	-	\$	17,963.00		\$	30,068.00	\$	38.00	\$	30,106.00
9. TITLE III-E CAREGIVER	\$	-	\$	133,447.00		\$	185,074.00	\$	381.00	\$	185,455.00
10. NSIP	\$	-	\$	94,714.00		\$	99,602.00	\$	168.00	\$	99,770.00
11. TITLE VII ELDER ABUSE	\$	-	\$	2,621.00		\$	2,380.00	\$	237.00	\$	2,617.00
12. TITLE VII FED. OMB	\$	-	\$	14,753.00		\$	16,680.00	\$	167.00	\$	16,847.00
13. STATE IND. LIVING SUPPORTS	\$	-	\$	418,727.00		\$	489,474.00	\$	-	\$	489,474.00
14. STATE OMBUDSMAN	\$	-	\$	35,207.00		\$	35,207.00	\$	-	\$	35,207.00
15. STATE RESPITE	\$	-	\$	19,628.00		\$	19,628.00	\$	-	\$	19,628.00
16. SSBG (SERVICES)	\$	-	\$	528,070.00		\$	528,070.00	\$	7,426.00	\$	535,496.00
17. S.H.I.P.	\$	-	\$	20,892.00		\$	20,892.00	\$	-	\$	20,892.00
18. SENIOR MEDICARE PATROL	\$	-	\$	6,237.00		\$	6,237.00	\$	-	\$	6,237.00
19. LOTTERY	\$	-	\$	44,064.00		\$	-	\$	-	\$	-
TOTAL	\$	14,818.00	\$	2,449,291.00		\$	2,791,606.00	\$	11,240.00	\$	2,802,846.00



# ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR

**DATE:** OCTOBER 18, 2018

**SUBJECT:** ADVOCACY

**Description:** Congress Finalizes FY 2019 Funding for OAA and Other Aging Programs

On Wednesday September 26, 2018 the House of Representatives voted 361-61 to send to the President's desk a bill funding the bulk of defense and non-defense discretionary programs and providing stop-gap funding to keep remaining agencies functioning through December 7.

The bill preserves many of the increases for OAA and other aging programs that were secured in FY 2018, and it provides modest increases for nutrition programs and Native American aging programs. It also provides new funding for several caregiver-focused proposals and demonstration programs. This effort marks the first time in many years that Congress has finalized funding for these programs before the October 1 beginning of the fiscal year.

Included in your packet you will find the Legislative Update that was introduced by Congress as well as the Appropriations made within OAA titles for your information.

It is highly encouraged that you advocate in your communities and encourage voters to vote and to familiarize themselves with their local officials, state and federal. Learn what they are in favor of, especially with what is in the best interest of our senior population. Attached you will find a slide deck of the four-county for your use, feel free to disburse what pertains to your areas.

Attachments: Legislative Update, FY19 Appropriations Chart, Four-County region government.



# **Congress Announces Funding Compromise for Aging Programs**

### **Key Boosts and Level Funding for Many OAA Programs**

### **September 14, 2018**

In a dash to meet a commonly missed end-of-September deadline to finalize FY 2019 federal funding proposals, House and Senate appropriators made unusual and surprising progress last week when they announced a bipartisan, bicameral compromise bill to fund the Departments of Labor, Health and Human Services, Education and Related Agencies (Labor-HHS). Following Senate passage of their measure this summer, and earlier approval by the House Appropriations Committee of their bill, this conferenced bill represents great progress for Congress in advancing a final Labor-HHS bill before the start of a new fiscal year, as that measure in particular is frequently one of the last bills up for consideration and hasn't been finalized in time for many years.

This funding compromise, which includes \$178 billion for Labor-HHS programs which cover the Administration for Community Living (ACL) and the Administration on Aging (AoA), and nearly \$675 billion for the Department of Defense, comprises the bulk of FY 2019 federal discretionary funding. The two bills were intentionally paired to ensure bipartisan support for passage. The Senate is expected to take up the measure next week, but the path forward in the House is slightly less clear due to objections from fiscal conservatives who are balking at the bill's \$850 billion price tag.

To attract additional support on a tight timeline, appropriators also attached a provision to the measure that would continue current funding for discretionary programs that have yet to receive congressional approval, thus dodging the threat of a partial government shutdown ahead of the November elections. The White House reaction to this spending strategy remains uncertain. However, legislative negotiators hope to avoid a veto by including military spending in with the bulk of funding for other federal programs.

On the heels of the significant increases for many Older Americans Act (OAA) and other key aging programs that were <u>secured in FY 2018</u>, House and Senate Labor-HHS appropriators—working from mostly level overall funding—protected those increases, found room for a few additional boosts to OAA programs and funded

several new aging services initiatives. Both House and Senate committees also rejected the stringent cuts included in the <u>Administration's FY 2019 budget</u>.

The following analysis and accompanying <u>appropriations chart</u> of the House and Senate Labor-HHS bills focus on key programs that serve older Americans and their caregivers.

### Level Funding for Most Core OAA Programs; Increases For Meals

### Administration for Community Living (ACL), HHS

Programs serving older Americans under OAA were primarily level-funded at FY 2018 amounts in the agreement reached by the House and the Senate. Overall, House appropriators allocated \$2.2 billion to aging and disability programs within ACL, which is \$25 million more than last year and a significant \$350 million more than the President's budget request. This funding increase includes increases for OAA Title VI Native American aging programs, OAA meals programs and \$6 million for new programs and initiatives. Fortunately, the conference bill rejects Administration's proposals to eliminate the State Health Insurance Assistance Program (SHIP) and OAA Title V senior workforce programs.

### **Older Americans Act Title III Programs**

In what can be considered a win for advocates in a challenging budget environment, 2018 increases were preserved for OAA Title III-B Home and Community-Based Supportive Services (\$385 million). The OAA Title III-C Nutrition Services received a total increase of \$10 million, which was split evenly between Title III-C1 Congregate Meals (\$495 million) and Title III-C2 Home-Delivered Meals (\$251) million. Appropriators funded an additional \$600,000 in the Title III-E National Family Caregiver Support Program to provide funding to ACL to implement the Recognize, Assist, Include, Support and Engage (RAISE) Family Caregivers Act and the Supporting Grandparents Raising Grandchildren Act, both which were signed into law earlier this year.

### Additional OAA and Aging Programs

### Native American Nutrition, Supportive Services and Caregiver Support

One of n4a's top appropriations priorities, Title VI Native American aging programs received a \$1.5 million increase in the House, which reflects the fourth consecutive year that House Labor-HHS Appropriations Subcommittee Chairman Tom Cole (R-OK) has championed a funding boost for these critical yet underfunded programs. Chairman Cole funded OAA Title VI nutrition and supportive services programs at \$34.2 million and caregiver services at \$10.1 million. These increases would represent a roughly four-percent growth in total Title VI funding over last year.

### **Elder Justice and Adult Protective Services**

The compromise measure provided level funding for OAA Title VII Long-Term Care Ombudsman and Prevention of Elder Abuse and Neglect programs (\$21 million) and

Elder Rights Support Activities, including the Elder Justice Initiative (\$15.8 million total, which includes \$12 million for the EJI).

### Aging and Disability Resource Centers

Funding for Aging and Disability Resource Centers (ADRCs) was also increased to \$8.1 million for FY 2018. Since \$10 million in annual mandatory funding for ADRCs expired in September 2014, advocates and Administration officials have been unable to fill that gap with additional discretionary (annually appropriated) or restored mandatory funding, although the \$2 million bump-up in FY 2018 was a strong step in the right direction.

### State Health Insurance Assistance Program (SHIP)

For the first time in several years, lawmakers maintained funding for the State Health Insurance Assistance Program, at the \$49.1 million FY 2018 level. The SHIP program has been repeatedly targeted for cuts or elimination in budget proposals from Congress and the Administration for the last several years. This year, however, appropriators rejected the Administration's argument that SHIPs duplicate other federal resources such as 1-800-MEDICARE. Unfortunately, House and Senate lawmakers still failed to fully make up for the FY 2017 \$5 million cut to the program, restoring only \$2 million in FY 2018. Aging advocates must continue to educate policymakers about the important role that these individualized, cost-effective, person-centered, volunteer-driven counseling services provide in every state.

### SCSEP, Senior Corps

Lawmakers also rejected the President's proposal to eliminate the OAA Title V Senior Community Service Employment Program (SCSEP), administered by the Department of Labor (DOL), and the Senior Corps programs (RSVP, Foster Grandparents, and Senior Companion) under the Corporation for National Community Service (CNCS). SCSEP was level-funded in the final bill (\$400 million), and Senior Corps programs received a \$6 million boost (\$208 million), which is the first increase for these programs in many years.

### Other Programs

Appropriators again spared other critical state and community block grant programs, which supplement and support the work of the Aging Network, from elimination. Despite the Administration's request to abolish the Community Services Block Grant (\$715 million), the Social Services Block Grant (\$1.7 billion) and the Community Development Block Grant (\$3.3 billion million), lawmakers proposed a \$10 million boost for CSBG, recommending a \$725 million allocation. To varying degrees, all of these programs fund state and local community and economic development efforts that provide key services to older adults. Additionally, at \$3.69 billion, appropriators adopted a Senate-proposed \$50-million boost for the Low-Income Home Energy Assistance Program (LIHEAP), which assists low-income households and families, including a number of older adults, with heating and energy bills throughout the year.

### **What Happens Next?**

With only a few legislative days until the end of the fiscal year, we will soon know whether the strategy combining Defense and the bulk of Non-Defense Discretionary spending is successful. We will release additional advocacy messages as both chambers consider the compromise funding proposal. Time is short, but lawmakers have a real chance at making considerable progress on FY 2019 funding before the fiscal year begins.

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This Legislative Update is an n4a membership benefit. For more information about these and other federal aging policy issues, please contact n4a's policy team: Amy Gotwals (agotwals@n4a.org) and Autumn Campbell (acampbell@n4a.org), 202.872.0888.



### FY 2018-2019 Labor-HHS Appropriations

### As of September 14, 2018 (Dollars in thousands)

Increases over prior year final funding are noted in **BOLD**. Decreases are noted in *italics*. Funding from mandatory sources in blue; PPHF = Prevention and Public Health Fund

Older Americans Act and Other Key Aging Programs	FY 2010 Final Enacted	FY 2013 Final With Sequester March 2013	FY 2016 Final Enacted Dec. 2015	FY 2017 Final Enacted April 2017	FY 2018 Final Enacted March 2018	FY 2019 President Budget Request Feb 2018 <sup>1</sup>	FY 2019 Labor-HHS Conference Bill Sept. '18
Title III							•
B: Supportive Services & Centers	368,348	347,724	347,724	350,224	385,074	350,000	385,074
C1: Congregate Meals	440,783	416,104	448,342	450,342	490,342	450,342	495,342
C2: Home-Delivered Meals	217,676	205,489	226,342	227,342	246,342	227,342	251,342
Nutrition Services Incentive Program	161,015	146,718	160,069	160,069	160,069	160,069	160,069
D: Preventive Health	21,026	19,849	19,848	19,848	24,848	<b>25,000</b> <sup>3</sup>	24,848
E: Family Caregivers Support	154,220	145,586	150,586	150,586	180,586	151,000	181,186 <sup>6</sup>
Title V SCSEP (Dept of Labor)	825,425	424,805	434,371	400,000	400,000	0	400,000
Title VI A: Grants to Indians	27,708	26,157	31,158	31,208	33,208	31,000	34,208
C: Native Amer. Caregivers	6,389	6,031	7,531	7,556	9,556	8,000	10,056
Title II							
Aging Network Support Activities (incl. Eldercare Loc.)	44,283	7,432	9,961	9,961	12,461	9,000	17,461 <sup>7</sup>
Aging & Disability Resource Centers	10,000 (ACA mandatory funding)	15,585 (incl. 9,490 ACA)	6,119	6,119	8,119	6,000	8,119
Title VII	21,883	20,658	20,658	20,658	21,658	21,000	21,658
Ombudsman/Elder Abuse Elder Rights Support Activities		3,859	3,874	3,874	3,874		3,874
Adult Protective Services/Elder Justice Initiative (Non-OAA)		2,000 (PPHF)	8,000	10,000	12,000	14,000	12,000
Other AoA/ACL Programs		(11111)					
Program Administration	19,979 (AoA only)	27,828 (ACL)	40,063	40,063	41,063	38,000	41,063
State Health Insurance Asst. Program	46,960	46,040	52,115	47,115	49,115	<i>O</i> <sup>2</sup>	49,115
Chronic Disease Self- Management Program Alzheimer's Supportive Services	11,464	7,086 3,786	8,000 (PPHF) <b>4,800</b>	8,000 (PPHF) 4,800	8,000 (PPHF)	03	8,000 (PPHF)
Program Alzheimer's Disease Initiative: Caregiver Alzheimer's Disease Program			10,500 (PPHF)	10,500 (PPHF)	23,500	19,000	23,500
Elder Falls Prevention			5,000 (PPHF)	5,000 (PPHF)	5,000 (PPHF)	03	5,000 (PPHF)
Lifespan Respite Care	2,500	2,351	3,360	3,360	4,110	3,000	4,110
Senior Medicare Patrol	, -	8,875	8,910 (HCFAC)	8,910 (HCFAC)	TBD <sup>5</sup> (HCFAC)	18,000	TBD <sup>5</sup> (HCFAC)
Other HHS Programs			(	(1.51715)	(1.131713)		(1.151710)
Social Services Block Grant	1,700,000	1,613,000	1,700,000	1,700,000	1,700,000	0	1,700,000
Comm. Services Block Grant	700,000	676,003	715,000	715,000	715,000	0	725,000
LIHEAP: Low-Inc Home Energy	5,100,000	3,464,729	3,390,000	3,390,000	3,640,304	0	3,690,304
CNCS: Senior Corps	n/a	207,076	202,117	202,117	202,117	0	208,117

<sup>(1)</sup> The Administration's baseline for the FY 2019 Budget was the FY 2018 CR, so does not reflect final funding for FY 2018. Therefore "level" funding appears as a cut on our chart for accuracy, but we do not believe that was the intention. (2) In FY 2019, the Administration budget proposes eliminating SHIP funding, citing program duplication with 1-800-MEDICARE. (3) The FY 2019 Administration budget eliminates the PPHF and moves CDSMP and Falls Prevention under ACL discretionary appropriations. (4) Funding for Alzheimer's programs is consolidated under the FY 2019 budget request. (5) SMP will be "fully funded" at the discretion of the HHS secretary. (6) The FY 2019 conference bill includes \$600,000 to establish federal advisory committees for RAISE Act implementation and the Supporting Grandparents Raising Grandchildren Act implementation. (7) The FY 2019 conference bill includes \$5 million for Holocaust Survivor initiatives and \$5 million for Care Corps grants.





Governor Doug Ducey is the 23<sup>rd</sup> governor of the state of Arizona. He was elected on November 4, 2014. <a href="https://azgovernor.gov/">https://azgovernor.gov/</a>



### The Arizona State Legislature is a two-tier body

https://www.azsenate.gov/

30 members in the Senate

https://www.azhouse.gov/

**60 members House of Representatives** 

Each district is served by

### 1 Senator

Each state elects two senators for staggered 6-year terms. Senators represent the entire state.

### **2 House Members**

Each district elects a representative To the House for a two-year term. Representatives are also called congressmen/congresswomen.



# **COCHISE COUNTY Board of Supervisors**

https://www.cochise.az.gov/



Paul Call District 1 (520) 4c2-9200 pcall@cochise.az.gov



**Mayor David Smith** 

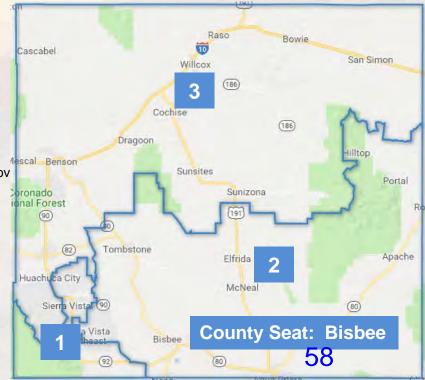




Peggy Judd District 3 (520) 432-9200 pjudd@cochise.az.gov



Ann English
District 2
(520) 432-9200
aenglish@cochise.az.gov



# **GRAHAM COUNTY Board of Supervisors**

https://www.graham.az.gov/



Paul David District 1 928-428-3250 pdavid@graham.az.gov



Jim Palmer District 2 928-428-3250 jpalmer@graham.az.gov

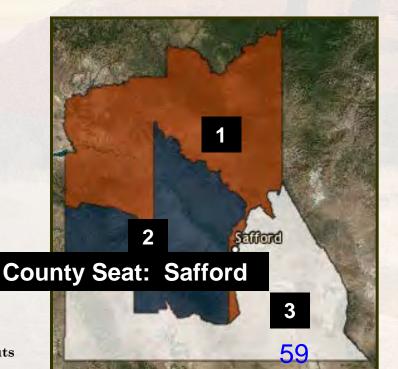




**Mayor Jason Kouts** 

Graham County, formed in 1881 by the 11th Territorial Legislature, was created from parts of Apache and Pima counties. The legislature broke with tradition of naming Arizona counties after local Indian tribes when the new county called Graham was named after the 10,516 foot Mount Graham, the highest peak in the area. The mountain in turn had been named Graham after Lieutenant Colonel James Duncan Graham, a senior officer in the Brig. General Stephen W. Kearneys U.S. Army Corps of Topographical Engineers.

Graham County has much to offer it's residents. Located in southeastern Arizona and nestled along the Gila River.



# **GREENLEE COUNTY Board of Supervisors**

http://www.co.greenlee.az.us/





David Gomez
District 1
(928) 865-2072
dgomez@co.greenlee.az.us



Richard Lunt District 3 (928) 865-2072 rmolera@santacruzcountyaz.gov



Both Clifton and Duncan fought to become the county seat. The citizens of Duncan argued that since

Duncan was the county's outlet to the rest of the world, and more accessible to the rest of the world, it should become the County's seat.

Clifton argued that it was nearer the geographical center of the county and nearer to the population centers of Morenci and Metcalf. Clifton won the fight and the seat was located there.

# SANTA CRUZ COUNTY Board of Supervisors

https://www.santacruzcountyaz.gov/

**District 3** 

Bruce Bracker

**District 2** 

Rudy Molera

**County Seat: Nogales** 

District 1



Manuel Ruiz
District 1
520-375-7812
mruiz@santacruzcountyaz.gov



Mayor John Doyle



Bruce Bracker
District 3
(520) 375-7812
bbracker@santacruzcountyaz.gov

Rudy Molera
District 2
520-375-7812
rmolera@santacruzcountyaz.gov

The 3 Board Members are elected to a 4 year term by the electors of their respective supervisory districts. The current Board of Supervisors maintains an open office policy and encourages public comment, suggestions, inquiries and attendance at all board meetings. The Clerk of the Board takes minutes of all board meetings.

The Board of Supervisors is the governing body of Santa Cruz County. Its duties, by state law, are both legislative and executive. The board is responsible for the overall management of the county government operations.



# ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING

FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR

**DATE:** OCTOBER 18, 2018

SUBJECT: SEAGO/AAA: PROGRAM UPDATES

#### **DESCRIPTION:**

SEAGO-AAA will be preparing for Requests for Proposals which are set to be out March 2019. More information will be provided as we are getting closer and posted on our website.

SEAGO-AAA Program Director has visited Douglas Arc on August 16 and SEACUS on September 26 and Senior Citizens of Patagonia October 10, 2018 with an average of at least 20 participants. All hosts were extremely welcoming and many questions were answered.

It was great to come out and spend some time with our mutual clients and see how the CNG meals they receive makes a difference in their lives. However, these are not only geared towards our senior centers, if you would like to have me present to a group of people, I will be delighted to. Program Coordinators and I provided an overview of the AAA to the Winterhaven community in Sierra Vista where there were almost 100 people and of which a couple where interested in volunteering for our programs. I encourage you to connect with Carrie and let us know if you feel we are not hitting areas of interest.

As we expand in programs and new services, AAA has promoted Carrie Gibbons as Management Analyst I. Carrie will be more involved in administrative duties, prepare operations and procedures manual to assist management in operating more efficiently and effectively. Carrie will oversee the case management program primarily. She will assist the program director by focusing her attention in the expenditures and make sure that funds are fully utilized. Carrie's assistance will help the organization in becoming more profitable through reduced costs and increased revenues. Hence, a new Office Specialist has been hired; Heather Glenn has been hired on a part time basis with the Area Agency on Aging and part time with SEAGO. She will be responsible as the receptionist, DAARS entries and more.

**Long Term Care and Health Nutrition Coordinator:** The Ombudsman program Coordinator along with her volunteers continues to visit long term care facilities as mandated on a monthly basis. There are one or two facilities that require more attention than others. Shi works closely with the state

Ombudsman when needed and has a good standing relationship with Department of Health services to answer her questions when needed. Shi will be attending the Legal/Ombudsman training on October 30, 2018 in Phoenix. Topics are to include: Part I: The Needs of Socially and Economically Vulnerable Older Adults, Connecting Clients to Medicare Savings Programs and Overview of Medicare Appeals, Part II: Strategies to Prevent and Protect Against Exploitation Reverse Mortgages, Improper Billing of Medicare Beneficiaries, Financial Exploitation and the Role of Legal Aid. Shi prepares information obtained in order to provide to her volunteers when their training occurs in December.

Health and Nutrition Program: Shi has been dedicating more of her time in our new program Tai Chi for Arthritis; she has been putting proper forms in place such as: Fliers, Participant Agreements, Program Participant Information form, facilitator job description and Program Participant Pre and Post surveys. Shi currently has three certified coaches in Santa Cruz who have started providing classes in Rio Rico, Nogales and Patagonia starting September 25, 2018 through November 15, 2018. The next set of classes will be scheduled for beginning of January. One of the volunteer coaches is bilingual and she is currently providing a class in Nogales at the Bowman Senior residences. For more information on these classes or if you know of individuals in your community that are familiar with Tai Chi for Arthritis and are wanting to volunteer and commit to providing the courses, reach out to Shi and she will give more details. The three volunteers are also certified in A Matter of Balance which they have already provides a class and will continue to do so as more people sign up for it. All three along with a group of other TC participants demonstrated the 6 steps at the Caregiver/Fall Prevention conference held in Nogales on September 17, 2018. Shi has connected with a potential volunteer in Tai Chi in Sierra Vista who is already certified with both programs AMOB and Tai Chi who will be having classes in SV in the months to come.

Shi is currently working on her congregate and HDM follow up visits based on the findings from the past monitoring.

### **Family Caregiver Program**

### Accomplishments: July – September 2018

19 July 2018

Event: SEAGO & Area Agency on Aging Overview, Sierra Vista

Attendees: 5

Host: Amparo Ruede, SEAGO, AAA, FCSP Care Coordinator

26 July 2018

Event: Safe At Home Workshop, Sierra Vista

Attendees: 9

Hosts: Amparo Ruede, SEAGO, AAA, FCSP Care Coordinator

12 August 2018

Event: SEAGO & Area Agency on Aging Overview, Sierra Vista

Attendees: 15

Host: Sierra Vista Ostomy Support Group

28 August 2018

Event: SEAGO & Area Agency on Aging Overview, Sierra Vista

Attendees: 100

Host: Winterhaven Home Owners Association

### 17 September 2018

Event: 13<sup>th</sup> Annual Santa Cruz Caregiver Education & Fall Prevention

Conference, Nogales

Attendees: 96

Host: Santa Cruz County, Areli Parrales

### **Goals: October - December 2018:**

Increase skill-based training for current and future caregivers through workshops

Increase community resource information related to caregiving by attending key county and community events that promote SEAGO, AAA and allows the agency to share literature and answer questions.

Increase focused effort by reaching out to current caregivers and/or those that attended caregiving workshops to share current literature and resources that exist in their community.

### **Future Events:**

### **03 October 2018**

Event: Elder Isolation, Clifton

Attendees: 3

Host: Amparo Ruede, SEAGO, AAA, FCSP Care Coordinator

**04 October 2018** 

Event: Information & Referral Meeting

Attendees: 1

Host: Saint Vincent de Paul, Bisbee Chapter

**05 October 2018** 

Event: Outreach Meeting with current caregiver

Attendees: 1

Location: Sierra Vista

17 October 2018

Event: Senior Expo & Caregiver Conference

Attendees: TBD

Host: Southeastern Arizona Community Unique Services (SEACUS)

29 October 2018

Event: SEAGO & Area Agency on Aging Overview, Benson

Attendees: TBD

Host: La Ramona Morales Apartment Complex

### **Volunteer Count:**

One verbal commitment with desire to start the paperwork process (Sierra Vista) One considering commitment for 6 months of the year (Sierra Vista)

### SHIP/SMP October 2018

### **State SHIP/SMP changes:**

- <u>SIRS/STARS</u> systems are fully operational and updated through September, 2018. These systems will give DAAS and ACL more accurate and detailed information and better show the work we do in these programs.
- **VRPM** Volunteer Risk and Program Management ongoing implementation as per schedule to establish and organize the structure and organization of SHIP/SMP volunteer programs on a nationwide basis.
- Volunteer Recruitment The SHIP/SMP program is down to 5 volunteers. Due to Federal funding cuts to the Marketplace Assistors programs, our 7 Chiricahua Community Health Clinic counselors have been assigned other duties and are no longer able to help with Medicare Counseling. We currently have 2 volunteers working in Cochise County, 2 (non-bilingual) volunteers in Santa Cruz County and 1 volunteer in Graham/Greenlee Counties. We are actively recruiting in all 4 counties with special emphasis in finding a volunteer in the Bisbee area to help in the office with filing and voicemails. Since October 1<sup>st</sup>, we have been averaging 40 calls per day.
- <u>Medicare AEP Schedule</u> Medicare Annual Enrollment is October 15<sup>th</sup> through December 7<sup>th</sup>. Our schedule is as follows:

DATE	TIME	SITE	ADDRESS	City	PHONE
Monday, October 15, 2018	8:00 AM	Bisbee Senior Center	300 Collins Rd	Bisbee	(520) 432-2528
Tuesday, October 16, 2018	10:00 AM	THRIVE	2204 El Mercado Loop	Sierra Vista	(520) 459-8214
Tuesday, October 16, 2018	9:00 AM	Douglas Govt Center	1012 G Avenue	Douglas	(520) 432-2528
Wednesday, October 17, 2018	8:00 AM	SEACUS Senior Expo	415 E US HWY 70	Safford	
Thursday, October 18, 2018	9:00 AM	SEACUS	1125 W Thatcher Blvd	Safford	(928) 428-3230
Friday, October 19, 2018	10:00 AM	Clifton Public Library	588 Turner Ave	Clifton	(928) 865-2461
Saturday, October 20, 2018	8:00 AM	BSC Fall Festival	300 Collins Rd	Bisbee	520-432-2528
Monday, October 22, 2018	8:00 AM	Bisbee Senior Center	300 Collins Rd	Bisbee	(520) 432-2528
Tuesday, October 23, 2018	8:00 AM	Bisbee Senior Center	300 Collins Rd	Bisbee	(520) 432-2528
Tuesday, October 23, 2018	12:00	THRIVE	2205 El Mercado Loop	Sierra Vista	(520) 459-8215
Wednesday, October 24, 2018	10:00 AM	Copper Queen Library	6 Main St	Bisbee	(520) 432-4232
Thursday, October 25, 2018	9:00 AM	Patagonia Public Library	342 Duquesne Ave	Patagonia	(520) 394-2010
Friday, October 26, 2018	9:00 AM	Casitas de Santa Cruz	1770 W Target Range Rd	Nogales	(520) 287-9134
Monday, October 29, 2018	8:00 AM	Ramona Morales Apts	550 W Union St	Benson	
Tuesday, October 30, 2018	10:00 AM	Winterhaven	2851 Stonehenge Drive	Sierra Vista	(520) 378-2265
Tuesday, October 30, 2018	12:00	THRIVE	2206 El Mercado Loop	Sierra Vista	(520) 459-8216
Wednesday, October 31, 2018	8:00 AM	Bisbee Senior Center	300 Collins Rd	Bisbee	(520) 432-2528
Thursday, November 01, 2018	11:00 AM	Huachuca City Sr. Ctr	504 N Gonzales Blvd	Huachuca City	(520) 456-3059
Thursday, November 01, 2018	9:00 AM	SEACUS	1124 W Thatcher Blvd	Safford	(928) 428-3229
Friday, November 02, 2018	10:00	Clifton Public Library	588 Turner Ave	Clifton	(928) 865-2461
Monday, November 05, 2018	8:00 AM	Bisbee Senior Center	300 Collins Rd	Bisbee	(520) 432-2528
Tuesday, November 06, 2018	9:00 AM	THRIVE	2207 El Mercado Loop	Sierra Vista	(520) 459-8217
Tuesday, November 06, 2018					
Wednesday, November 07, 2018					
Thursday, November 08, 2018	8:00 AM	Bisbee Senior Center	300 Collins Rd	Bisbee	(520) 432-2528
Friday, November 09, 2018	10:00 AM	Winterhaven	2851 Stonehenge Drive	Sierra Vista	(520) 378-2265
Monday, November 12, 2018		HOLIDAY			
Tuesday, November 13, 2018	12:00	THRIVE	2208 El Mercado Loop	Sierra Vista	(520) 459-8218
Wednesday, November 14, 2018	9:00 AM	Ethel Berger Ctr	2950 E Tacoma	Sierra Vista	(520) 417-6980
Thursday, November 15, 2018		Huachuca Cty Sr. Ctr	504 N Gonzales Blvd	Huachuca City	(520) 456-3059
Thursday, November 15, 2018	9:00 AM	SEACUS	1124 W Thatcher Blvd	Safford	(928) 428-3229
Friday, November 16, 2018	9:00 AM	SEACUS	1124 W Thatcher Blvd	Safford	(928) 428-3229
Monday, November 19, 2018	8:00 AM	Bisbee Senior Center	300 Collins Rd	Bisbee	(520) 432-2528
Tuesday, November 20, 2018	12:00	THRIVE	2209 El Mercado Loop	Sierra Vista	(520) 459-8219
Tuesday, November 20, 2018	9:00 AM	Douglas Govt Ctr	1012 G Avenue	Douglas	(520) 432-2528

Wednesday, November 21, 2018	10:00 AM	Copper Queen Library	6 Main St	Bisbee	(520) 432-4232
Thursday, November 22, 2018		HOLIDAY			
Friday, November 23, 2018		HOLIDAY			
Monday, November 26, 2018	8:00 AM	Bisbee Senior Center	300 Collins Rd	Bisbee	5204322528
Tuesday, November 27, 2018	12:00	THRIVE	2210 El Mercado Loop	Sierra Vista	(520) 459-8220
Wednesday, November 28, 2018					
Thursday, November 29, 2018		Patagonia Pub Lib	342 Duquesne Ave	Patagonia	(520) 394-2010
Friday, November 30, 2018	9:00 AM	Casitas de Santa Cruz	1771 W Target Range Rd	Nogales	(520) 287-9135
Monday, December 03, 2018	8:00 AM	Bisbee Senior Center	300 Collins Rd	Bisbee	(520) 432-2528
Tuesday, December 04, 2018	8:00 AM	Winterhaven	2851 Stonehenge Drive	Sierra Vista	(520) 378-2265
Tuesday, December 04, 2018	9:00 AM	THRIVE	2211 El Mercado Loop	Sierra Vista	(520) 459-8221
Wednesday, December 05, 2018	10:00 AM	Copper Queen Library	6 Main St	Bisbee	(520) 432-4232
Thursday, December 06, 2018	11:00 AM	Huachuca City Sr Ctr	504 N Gonzales Blvd	Huachuca City	(520) 456-3059
Thursday, December 06, 2018	9:00 AM	SEACUS	1124 W Thatcher Blvd	Safford	(928) 428-3229
Friday, December 07, 2018	8:00 AM	Bisbee Senior Center	300 Collins Rd	Bisbee	(520) 432-2528

If you would like for us to schedule a Medicare Open Enrollment event in your community, please contact Ramona as soon as possible. Dates from October 15<sup>th</sup> through December  $7^{th}$  fill up fast. The only available dates during Open Enrollment at this time are November  $6^{th}$ ,  $7^{th}$  and  $28^{th}$ .

### **SHIP/SMP Counseling Sites**

- Cochise County: <u>Bisbee</u> Bisbee Senior Center/Copper Queen Library <u>Douglas</u> Douglas Government Center <u>Sierra Vista</u> THRIVE at the Sierra Vista Mall/Ethel Berger Center and Winterhaven <u>Huachuca City</u> Huachuca City Senior Center <u>Benson</u> Ramona Morales Apts.
- Graham County: <u>Safford</u> SEACUS
- Greenlee County: <u>Clifton</u> Clifton Public Library
- Santa Cruz County: <u>Patagonia</u> Patagonia Public Library <u>Nogales</u> Bowman Senior Residences/Casitas de Santa Cruz

We are always looking for sites where we can schedule regular counseling sessions. If your community would like for a counselor to visit regularly, please contact Ramona at 520-432-2528 ext. 222 or at <a href="mailto:shiphelp@seago.org">shiphelp@seago.org</a>

End of Life Care Matters- SEAGO-AAA has submitted to the Legacy Foundation of Southeast Arizona its 2<sup>nd</sup> quarterly report on 10/1/2018. Ronnie Squires has done an excellent job in keeping this program going, which now includes four (4) new facilitators which she has observed and checked off. To date we have reached 195 participants, received 160 evaluations, 11 facilitators and SEAGO-staff as backups. We are now in the process of applying for a grant through the Lovell foundation to continue the efforts for two more years. We will be submitting the grant application by the end of October in order for it to be considered in January. The Workshops are constantly posted on our website, our Facebook page and I encourage you to pass the word along and also be part of this initiative when it comes to your area, help us reach our goal.

Aging Mastery program: An AMP class is being planned in Benson with the sponsorship from Southwest Gas. Amparo our FCSP Coordinator will be in charge of arranging the class schedule for January once the holidays are over. The class sponsored by Southwest will help support materials for 15 individuals to go through a 10 session class that focuses on topics such as: exercise and you, sleep, healthy eating and hydration, medication management and more. Amparo is to coordinate with local individuals who are known in the community and will volunteer to speak about each topic. If we can find sponsors in other areas of the region to bring this program in, we would be more than happy to. If you know of potential sponsors let me know and I will reach out.

### Other:

SEAGO-AAA staff and ACOA president attended the 2018 Aging Summit which was held in Mesa on September 20-21, 2018. The event was a great success with over 520 attendees and over 25 speakers. The breakout sessions where of great value which included topics such as: Healthy Aging, working with clients with mental illness, Fall prevention, Driverless vehicles, Policy updates from Washington D.C, changing the way we talk about death, beat malnutrition today, emerging trends in elder abuse prevention and many more. Staff split in order for each to receive the education that we can all share and discuss. With over 28 sponsors, GACA and DES were of the main sponsors which again have helped make this event a success. All seven of the eight regions did an outstanding job with their responsibilities. SEAGO-AAA Amparo Ruede who was responsible for the process of gathering event and speaker information for CEU's did an outstanding job. Summit planning was tremendous work but it was totally worth it when we reached over and above the goal. In two years, it is possible that Region 2 PCOA and SEAGO will collaborate in hosting our third. We will keep you posted.

**Volunteer Appreciation Day** is scheduled for Friday December 14, 2018, you will all receive and invite from Carrie, and we look forward in having you.

Attachments: October events Flyer, Volunteer Appreciation Flyer, Caregiver Proclamation, Older Americans Day

Action Requested: X Information Only Action Requested Below

**SEAGO Area Agency on Aging** 

vents

October 3rd

Honoring a Life: Advance Care Planning - Bisbee

7:00-9:00 PM

500 Arizona Street Bisbee.

Call 520-355-5226 for more info

**Caregiver Workshop - Clifton** 

**Elder Isolation and Ioneliness** 

10:30-12:00 AM

Clifton Public Library

Call 520-432-2528 Ext 221 for more information



### **Community Coffee Hour - Patagonia**

12:00-1:00 PM

Senior Citizens of Patagonia

Call 520-394-2494 for more info

### October 29th

### **Medicare Review and Family**

**Caregiver Support - Benson** 

9:00-4:00PM

Ramona Morales Apartments

Call 520-432-2528 ext 221 for more info

### September 25<sup>th</sup>-November 15<sup>th</sup>

### Tai Chi for Arthritis and Fall Prevention

Sierra Vista - Bowman Senior Center

Call 520-223-7499

Patagonia - Patagonia Senior Center

Call 520-432-2528 ext 206

Rio Rico- Rio Rico Community Center

### Medicare Counseling

10/4 Huachuca Sr. Center 520-456-3059 10/15 Bisbee Sr. Center 520-432-2528 10/15 THRIVE at the Mall in Sierra Vista 520-459-8210 10/16 Douglas Govt. Center 520-432-2528 10/17 SEACUS Senior Expo Safford 928-428-3229 10/18 SEACUS Safford 928-428-3229 10/19 Clifton Public Library 928-865-2461 10/22 Bisbee Sr Center 520-432-2528 10/23 Bisbee Sr Center 520-432-2528 10/23 THRIVE at the Mall in Sierra Vista 520-459-8210 10/24 Copper Queen Library Bisbee 520-432-4232

10/25 Patagonia Public Library Patagonia 520-394-2010 10/26 Casitas de Santa Cruz Nogales 520-287-9133 10-29 Ramona Morales Apartments Benson 520-432-2528 10/30 Winterhaven (residents only)

10/30 THRIVE at the Mall in Sierra Vista 520-459-8210 10/31 Bisbee Sr. Center 520-432-2528











osted by SEAGO Area Agency on Aging

CAREGIVER WORKSHOP ELDER ISOLATION & LONLINESS

03 October 2018 / Wednesday

10:30 AM - 12:00 PM Clifton Public Library

588 Turner Avenue

# Please join us for our Volunteer Appreciation Day! Friday, December 14, 2018

Training

4001 Foothills Drive

Sierra Vista, AZ

8:45 AM

Lunch & Appreciation

Golden Corral

798 Hwy 92

Sierra Vista, AZ

11:30 am



# STATE OF ARIZONA PROCLAMATION

WHEREAS, over 90 million Americans today are family caregivers for their loved ones; and WHEREAS, there are over 804,000 Arizona informal family caregivers caring for a loved one, providing almost \$9.4B in unpaid care; and

WHEREAS, a large number of them are finding themselves providing care 24-hours a day/7-days a week; and

WHEREAS, although caregiving can be a rewarding experience, it is not without its consequences such as stress, poor health, and caregiver burnout; and

WHEREAS, more than half (55%) of family caregivers report being overwhelmed by the amount of care their family member needs; and

WHEREAS, nearly 4 in 10 (38%) family caregivers report a moderate (20%) to high degree (18%) of financial strain as a result of providing care; and

WHEREAS, making time for yourself and the family protects a family caregiver's own health, strengthens family relationships, prevents burnout, and can enable a care recipient to stay at home up to three times longer. The chance to take a breather and re-energize is vital in order for you to be as good a caregiver tomorrow as you were today; and

WHEREAS, with the responsibility of family caregivers in our country is growing every year, it is even more essential to encourage these heroes to take some time for respite so they may continue their mission of providing that loving care that only they can provide.

NOW, THEREFORE, I, Douglas A. Ducey, Governor of the State of Arizona, do hereby proclaim November 2018 as

### ARIZONA FAMILY CAREGIVER MONTH



IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona

GOVERNOR

**DONE** at the Capitol in Phoenix on this second day of October in the year Two Thousand and Eighteen and of the Independence of the United States of America the Two Hundred and Forty-Third.

ATTEST:

SECRETARY OF STATE

# Save the date!

Older Arizonans Day at the Capitol

February 20, 2019 RSVP Required More info coming soon

1700 W. Washington St. Phoenix, AZ 85007

Talk with legislators about issues important to you!



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