

# SEAGO

## Area Agency on Aging, Region VI

### MEETING OF THE ADVISORY COUNCIL ON AGING

**DATE: Thursday, July 16, 2020**

**TIME: 10 A.M.**

**PLACE: Zoom Meeting**

<https://us02web.zoom.us/j/89223006468?pwd=NDEvSm5wYlVXM003N1IrS2RkL3FaUT09>

Meeting ID: 892 2300 6468

Password: 158149

**Dial in by phone 669 - 900 - 6833**

#### A G E N D A

- |  |               |    |
|--|---------------|----|
| 1. Call to Order, Introductions  | Jaime Aguilar |    |
| 2. Approval of Minutes of April 16, 2020 ***   | Jaime Aguilar | 2  |
| 3. Open floor for nominations to vacant seats ***  | Jaime Aguilar | 8  |
| 4. Nomination to fill Cochise County Sierra Vista seat ***                                 | Jaime Aguilar | 9  |
| 5. List of approved ACOA officers  | Jaime Aguilar | 10 |
| 6. Alert SFY20-21 Alerts/to include COVID-19/CARES Act funding                             | Laura Villa   | 11 |
| 7. COVID-19 updates  | Laura Villa   | 39 |
| 8. Advocacy- Area Plan on Aging/Census 2020  | Laura Villa   | 47 |
| 9. SEAGO-AAA Program Updates-Newsletter  | Laura Villa   | 50 |
| 10. Information Exchange   | Jaime Aguilar |    |
| 11. Schedule Next Meeting Date- <b>October 15, 2020</b><br>(Third Thursday of the Quarter) | Jaime Aguilar |    |
| 12. Adjournment  |               |    |

\*\*\*Agenda items requiring action by the Advisory Council on Aging. NOTE: All agenda items are subject to action by the Advisory Council on Aging. Individuals with disabilities who require special accommodations may contact Laura Villa at (520) 432-2528 extension 208 at least 72 hours before the meeting time to request such accommodations.

**Advisory Council on Aging Meeting  
Zoom Meeting**

<https://zoom.us/j/92003679541?pwd=UGNKUFhSSVJBZlc5djJCOEJ0WHpMZZ09>

Meeting ID: 920 0367 9541

Password: 040566

Call in number 1-301-715-8592

**MEMBERS PRESENT:**

Arnold Lopez, Thatcher

Kim Jackson, Huachuca City

Leslie Lambert, Bisbee

Linda Huffstetler-Dearing, Patagonia

Monica Romero, Santa Cruz County Unincorporated

Gary Clark, Douglas

Jaime Aguilar, Greenlee County Unincorporated

Royce Hunt, SEACUS

Frank Montoya, Clifton

Kathy Spangler, Benson

Arnoldo Montiel, Nogales

**MEMBERS NOT PRESENT:**

Cheryl Christensen, Safford

Valadee Crotts, Duncan

David Morse, Safford

Kim Burks, Cochise County Unincorporated

Norma Sullivan, Tombstone

**GUESTS PRESENT:**

Aileen Lee, Willcox

Sandra Gaines, Safford

**STAFF PRESENT:**

Laura Villa, AAA Program Director

Carrie Gibbons, AAA Management Analyst

**1. CALL TO ORDER**

Acting President Arnold Lopez called the meeting to order at 10:11 AM. Introductions were made.

**2. APPROVAL OF MINUTES OF JULY 18, 2019**

Arnold Lopez addressed council's review of the January 16th, 2020 minutes

**MOTION: Gary Clark**

**SECOND: Frank Montoya**

**ACTION: UNANIMOUS**

**3. OPEN FLOOR FOR NOMINATIONS\*\*\***

Arnold Lopez

Arnold Lopez reviewed the bylaws regarding ACOA membership. Informed the council currently, there are two (2) vacant seats and members are selected to represent incorporated cities, towns and the unincorporated portions of each county. The current vacancies apply to Cochise County areas of Willcox and Sierra Vista.

Laura Villa Advised there is no nominations at this time.

**4. ACOA MEMBER BOARD APPROVED**

**Arnold Lopez**

Mr. Lopez announced as per the Advisory Council on Aging recommendation to the SEAGO Executive Board Mr. David Morse and Mr. Jaime Aguilar have been accepted to represent seats in Graham and Greenlee counties as of February 21, 2020.

**5. ADVISORY COUNCIL ON AGING ELECTION OF OFFICERS**

**Arnold Lopez**

The Advisory Council on Aging’s (ACOA) revised bylaws. Article V-Elections states “Nominations shall be made from the floor at the April meeting, with the prior consent of the nominee.” Article VI-Duties of Officers states “The officers of the Advisory Council shall be the President, First Vice-President, Second Vice-President, and Secretary. Officers shall be seated upon the conclusion of the meeting at which they were elected. The bylaws further state under Article III that “the President shall not serve for more than three (3) successive one year terms.” There are no term limits for any other position.

The ACOA has been without a president since October 20, 2019 when Mr. Aguilar termed out. Ms. Linda Huffstetler-Dearing as 2<sup>nd</sup> Vice President presided the January 16, 2020 meeting.

**Arnold Lopez opened the floor for Nominations**

**President - Jaime Aguilar** nominated by Arnold Lopez seconded by Arnaldo Montiel. Mr. Aguilar was voted in unanimously.

**1<sup>st</sup> Vice President - Arnold Lopez** was nominated by Linda Huffstetler-Dearing and seconded by Kim Jackson. Mr Lopez was voted in unanimously.

**2<sup>nd</sup> Vice President - Linda Huffstetler-Dearing** was nominated by Arnold Lopez seconded by Frank Montoya. The vote was unanimous.

**Secretary - Frank Montoya** was nominated by Jaime Aguilar and seconded by Arnold Lopez. Council voted unanimously.

**6. ALERT SFY20-9 OLDER AMERICAN’S ACT TITLE III-FAMILIES FIRST CORONAVIRUS RESPONSE ACT**

**Laura Villa**

On March 24, 2020 DES-DAAS issued SFY20-9 Alert Older American’s Act Title III-Families First Coronavirus Response Act Allocations. Title IIIC1 of \$57,157, Title IIIC1 Admin of \$20,853 and Title IIIC2 \$163,772 to a total allocation of 241,782.

These funds are allocated by DAAS from the period of 3-20-2020 to 9-30-2021.

The funds will be allocated to congregate and home delivered meal providers in order to

- Offer 7 meals to existing clients,
- 14 frozen meals for an emergency situation and or

- Open new additional clients who meet the criteria under COVID-19. It is required that case managers and site managers screen individuals they take on in order to prioritize those in higher need.

Upon receipt of DES-DAAS approved Contract Operating Budget, SEAGO-AAA will be issuing the requested allocations to our service providers. For now, our partners have been instructed to utilize existing funds in order to avoid carryover. COVID-19 meals are to be tracked separately for new clients and additional meals due to COVID-19.

Laura added her appreciation for our congregate sites that are going above and beyond to assist our seniors in our current COVID environment.

Royce Hunt and Gary Clark asked questions pertaining to billing for provided meals under COVID.

## **7. ALERT SFY21-1-7 INITIAL ALLOCATIONS**

**Laura Villa**

On March 6, 2020 DES-DAAS provided SEAGO-AAA with the initial allocations that identify the contract planning levels for Region VI service area for SFY21.

Currently, the ISB pertaining to these allocations is still pending the approval process with DES-DAAS. Once these are finalized, AAA staff will prepare and draft the renewal contracts for the new fiscal year to all service providers.

## **8. RESPONSE TO COVID-19**

**Laura Villa**

Laura Villa shared with the Council that SEAGO-Area Agency on Aging has been faced with an opportunity to serve our communities in a total different level which we have never been exposed to. Since the governor's executive order came out, the AAA office has been closed to the public as per social distancing executive orders. Our office staff is taking turns in covering the office once or twice per week in order to respond to calls. The work we are required to do does not stop it just takes a different path in order to fulfill our objectives. The AAA office continues to be the focal point to those who need it and we will continue to work hard in helping those in need. Our staff is taking advantage of social media as well as the tools it offers. Our Facebook page and SEAGO website has increased the viewer count and our staff uses a platform with ZOHO that will allow them to continue providing presentations and webinars to keep our communities informed and connected.

The Council was also provided with a quick reference guide for Covid resources available.

## **9. REGIONAL CENSUS 2020 COMPLETE COUNT COMMITTEE**

**Laura Villa**

The council was provided with a day to day count for the areas that the census tracker is able to provide us data for. AAA is updating this information daily and we are posting the results via Facebook and website. In those areas where we see a lower count AAA is focusing higher attention to.

Households receiving the paper questionnaire can still respond online, over the phone, or by paper through the mail. The 2020 Census questionnaire will take about 10 minutes to complete. According to the Census Bureau, of the nation's households, 46.2 percent have already responded to the 2020 Census. With COVID-19 census takers will no longer be

following up by visiting people's homes in person.

Every 10 years the Census Bureau counts every household and person living in the U.S. as of April 1, 2020. We encourage you to continue to take action to ensure that the older adults and caregivers they serve will be counted. Census data is factored into a tremendous number of policy actions and funding formulas (including Older Americans Act), at the federal, state and local levels, so it's important that everyone living in the U.S. is counted.

## 10. ADVOCACY-AREA PLAN ON AGING

Laura Villa

**Authorization of the Older American's Act:** On March 26, 2020 president Trump signed the OAA into law good until 2024. Thank you to the National Association of Area Agencies on Aging (n4a), as well as our champions in Congress and the Administration for their leadership and support of this bipartisan, bicameral legislation which will ensure that the Aging Network has the support it needs for years to come." The n4a is a nonprofit membership association representing 622 Area Agencies on Aging (AAAs) in the U.S. As defined in the act, the National Aging Network includes 56 state and territorial units on aging, with more than 600 AAAs and close to 20,000 community service providers, according to n4a. The OAA being renewed at a time when seniors are especially in need of additional support, as the COVID-19 outbreak rattles the U.S. elderly population.

During these unprecedented times and with the uncertainty of tomorrow the Association of Area Agencies on Aging (AZ4) has decided to postpone the bi-annual Aging Summit. The **2020 Aging Summit-Aging Reimagined** will be moved to 2021. With this in mind, SEAGO-AAA has decided to move the Conference on Aging to 2022 in order to assist with the event as much as possible.

For the duration of COVID-19 and social distancing orders, SEAGO-AAA is reaching out to our four-county region in order to obtain as many **Area Plan Needs Assessments** as possible. Through our case managers we were able to drop off survey boxes to key points where the elderly and disabled would visit or gather. Today, we see it will not be possible to reach our goals and for that we have had to utilize our social media. The surveys have been disseminated through social media and sent out to our constant contact mailings. We will continue to push our efforts in order to see what is working and not working in our communities from our Area Agency on Aging so that we can better address it. All the help we can get is greatly appreciated from all of you.

Council Members were also provided with a copy of the SEAGO AAA Annual Report.

## 11. AAA PROGRAM UPDATES/NEWSLETTER

Laura Villa

**READI Meals Program:** READI-Meals have made substantial progress in 2020.

The program will utilize the Health Safety Plan guidelines to determine the safety of the freeze-dried foods. With state of the art technology currently used in the food manufacturing industry will allow each participating site to test samples, capture relevant food safety data, predict shelf life, and remotely integrate all the information for seamless program management and quality control.

Freeze Drying machines are currently in Bisbee, Tombstone, Clifton, and Stafford where they will begin to practice with sample batches. Water Activity Meters are being ordered for each of the sites. This first phase of the technology platform will allow for sample testing of each freeze-dried batch and the collection of important food safety data. Once the Water Activity Meters are in place staff will be trained on safety, equipment use, data collection, and proper storage procedures. We expect this phase of the program to begin at each site in the next 3-6 months. Once the equipment is in

place and training has been completed the sites will start freeze-drying, packaging and storing food. Stored freeze-dried food will not be distributed for consumption until food safety data shows a stable product, meeting FDA standards. This final step will take 9 months to one year.

**DES-DAAS Contract Monitoring:** Monitoring has been postponed by DES-DAAS. There has not been a date scheduled for the SEAGO-AAA monitoring yet. We will keep you posted as soon as more information is provided.

**SEAGO-AAA: Request for Applications response:** SEAGO-AAA submitted to DES-DAAS the RFA response for SFY21-SFY25 On March 15, 2020. DES-DAAS has been reaching out to the AAA in order to provide with clarification on specific program details and these are submitted as they are coming in.

**End of Life:** With new ways to cope with COVID-19 Ronnie has invested most of her time in presenting via webinars. She completed a 1.75 hour taped Zoom lecture for Cochise College and the students now have access to view it. We are starting to get facilitator evaluations back that are directly being inputted in to our ZOHO database - The class was to be 2 workshops in 1 (2.5 hours) but with Cochise College needing to change the format from face to face class to online, it was decided to condense it so it ended up being just 1 extended class where students categorized as Online – Thoughtful Life Conversations on ZOHO is working our perfectly for the program. Ronnie has plans to continue offering these courses not just to Cochise but also to the U of A. April 15, 2020 is National Health Decisions Day and the event that was being planned has unfortunately being postponed for the moment. We will keep you posted when and what is decided moving forward.

**Health and Nutrition Program:** Tai Chi classes are been done by Bill and Ann Peschka of Santa Cruz County through You Tube and shared on AAA Facebook page. Contact [smartin@seago.org](mailto:smartin@seago.org)

Link to Tai Chi

<https://www.youtube.com/playlist?list=PLMypbNPFKGgSxHqI65G6UrDI1blf493ih&feature=share>

**Long Term Care Ombudsman Program:** Currently, our LTC Ombudsman is not making visits to Assisted Living facilities or LTC facilities unless is urged to. Shi has the appropriate PPE equipment to enter these facilities if needed. Coordinator is calling facilities to on a regular basis in order to assist in any way she needs and to provide information pertaining to COVID. Contact [smartin@seago.org](mailto:smartin@seago.org)

## 9. INFORMATION EXCHANGE

**Arnold Lopez**

**Kim Jackson** –AARP Tax preparation assistance program has ended due to COVID. Services may be able to resume latter. Huachuca city senior center and library are still closed and they are not allowed to go in and provide Medicare counselling at this time. **Arnold Lopez** – The City of Safford has offered \$10 off a meal if you show proof of census survey completion. He stressed the importance of completing your census. He advised everyone to stay vigilant and aware of things that are happening in their communities. Mr. Lopez read everyone the Mission and Vision Statement and commented on the commitment to advocate and watch out for seniors and their caregivers. **Gary Clark** - shared that together we will make it through this as we are all one big family. DARC had to cancel their 56<sup>th</sup> annual cake walk fundraiser due to COVID restrictions. He stressed that the loss of the funds that the fund raiser brings in could hurt DARC. **Arnoldo Montiel** – Commented on the unique situation in Nogales being a border town things not being taken care of across the line. He is worried about the number of people crossing he border everyday causing the COVID

numbers to rise. SCCOA is taking precautions seriously. Masks have been donated and they are giving them out to participants. The School district has donated milk to distribute to congregate clients. SCCOA was able to distribute 148 gallons. They have increased their meals from around 80 clients a day to around 120 clients a day. **Frank Montoya** - was able to pick up masks at a local park. He has been taking advantage of senior shopping days and store hours. **Saundra Gaines** – had nothing to share but asked everyone to be safe. **Ilene Lee** – did get accepted to medical school, this may be her last meeting with the ACOA. She thanked everyone for being a genuine source of inspiration. After every meeting she feels so refreshed and energized. In the last meeting Royce and Saundra invited her to visit the SEACUS senior center. Ilene brought a group of senior to graham for a Hawaiian party and had a really great time and learned a lot. Finished a Matter of Balance training in February and wanted to a class but it had to be canceled due to COVID. She has faith that after COVID the volunteers will continue with MOB classes. After making Phone calls to all the Senior center members to let them know that the center was closing due to COVID Ilene has created a phone tree that relies on youth volunteers to call and interact with seniors on a weekly basis. The Senior Center is doing Virtual Bingo. Bingo Cards can be picked up at Safeway in Wilcox. **Leslie Lambert** - Being Deployed to Louisiana to do case work for the Red Cross. Leslie shared that she is worried about the seniors at the Bisbee senior center as they are still open. She will be a Census worker when they are back up and running. She shared some Covid resources in the Zoom Chat. Commodities in Bisbee are every 4<sup>th</sup> Monday in Bisbee. She also encouraged everyone to take the time to develop partnerships in their communities. **Royce Hunt** – Has closed their senior center and is now doing virtual classes. They are doing virtual bingo and chair yoga. SEACUS is doing drive thru commodities distribution and gave out over 300 boxes to people age 55 and over in the communities. Royce shared how incredible the support that her county has provided. They were able to obtain masks for clients that were donated by a family that hand made them. Local restaurants are helping out the congregate sites to provide assistance with things that the sites have not been able to get. Royce encouraged everyone to look for grants that can help providers be able to cover the extra expenses that are happening with COVID. SEACUS was able to start up a senior pantry to help cover the needs of their community. **Monica Romero** - is currently working from home. All home visits have all moved to a virtual platform. Providers are struggling to provide services during COVID. Therapies have been moved to a Tele-health and have been working well. Monica shared that Snap benefits have increased for the month of April and May due to COVID. **Jaime Aguilar** – Shared that a possible source for toilet paper could be SYSCO. If you're looking for beans the bean plant in Wilcox has plenty. Jaime is working part time at the Graham County ER. COVID cases at the ER have been limited. He encouraged everyone to stay in touch with people and to not forget to check on our young people as the constant information regarding COVID is taking a bigger toll on them than we think. Jaime expressed that he is so proud of this group and is in awe when everyone comes together. **Laura Villa**- Shared that **without all of the ACOA and the providers that the AAA would not be able to function. It's been difficult times we have not been able to get together in person but you are all wonderful, passionate, caring, and involved in your communities. It shows with what we see out in our region. She urged everyone to stay safe and stay in touch with their loved ones and elderly population as much as possible.**

**NEXT MEETING DATE- JULY 16, 2020**

**Arnold Lopez**

(Third Thursday of the Quarter)

#### **4. ADJOURNMENT**

Mr. Lopez called for a motion to adjourn. Meeting adjourned.

**MOTION: Jaime Aguilar**

**SECOND: Frank Montoya**

**ACTION: UNANIMOUS**



# ADVISORY COUNCIL ON AGING PACKET

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**MEMO TO:** ADVISORY COUNCIL ON AGING  
**FROM:** LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR  
**DATE:** JULY 16, 2020  
**SUBJECT:** NOMINATIONS TO VACANT SEATS

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The Advisory Council on Aging's (ACOA) revised bylaws dated May 19, 2007, the state under Article III-Membership section 1, that the ACOA consists of eight representatives from Cochise County, four from Graham and three from Greenlee and Santa Cruz County.

Section 2 states, at least ten of the eighteen members shall be age sixty or older and shall include persons in greatest economic or social need, minority individuals, and participants in services funded through the SEAGO Area Agency on Aging.

Section 9 states, members appointed by SEAGO Executive Board shall serve a term of three years (3). Each member shall be limited to two (2) consecutive terms. However, if a vacancy cannot be filled in 90 days, a previous member can be reappointed. The Advisory Council on Aging may submit the name of a member to the Executive Board for reappointment for an additional term.

**Currently, there is one (1) vacant seat and members are selected to represent incorporated cities, towns and the unincorporated portions of each county. The current vacancy applies to Cochise County City of Willcox.**

Nominated representatives will commence their term on the date once approved and appointed by the SEAGO Executive Board, scheduled for **November 20, 2020**.

Action Requested:                      Information Only                       Action Requested Below

**Proposed representatives to the SEAGO Executive Board for appointment to fill vacancies.**



# ADVISORY COUNCIL ON AGING PACKET

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**MEMO TO:** ADVISORY COUNCIL ON AGING  
**FROM:** LAURA VILLA, AREA AGENCY ON AGING DIRECTOR  
**DATE:** JULY 16, 2020  
**SUBJECT:** NOMINATION TO FILL VACANT SEAT IN COCHISE COUNTY-  
SIERRA VISTA

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Description:

Mr. Donald H Behnke has shown a great interest in the SEAGO-Area Agency on Aging. Mr. Behnke connected with Ramona MacMurtrie to become a SHIP-SMP volunteer as he is very knowledgeable with prescription drug plans. He also presented an interest in being part of the AAA-ACOA to represent Sierra Vista.

Mr. Behnke's background is in Industrial Economics and Business. Mr. Behnke has had over 20+ years of experience in working with non-profit organizations. He is also a member of the Benson Community resource Council BCRC and the member of the Advisory Committee of the Community Foodbank in Tucson. He would like the opportunity to serve as an advocate for the elderly and disabled within Cochise County, particularly Sierra Vista.

**A request for motion to appoint Mr. Donald H Behnke to fill the vacant position for Cochise County Sierra Vista on the Advisory Council on Aging.**

Action Requested:

Information Only

Action Requested Below



# ADVISORY COUNCIL ON AGING PACKET

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**MEMO TO:** ADVISORY COUNCIL ON AGING  
**FROM:** LAURA VILLA, AREA AGENCY ON AGING DIRECTOR  
**DATE:** JULY 16, 2020  
**SUBJECT:** ADVISORY COUNCIL ON AGING OFFICERS

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Description:

SEAGO Area Agency on Aging Bylaws state in Article III Membership:

**Section 5:** Officers shall be elected annually, the terms of office being one year, or until their successors are qualified and selected. The Advisory Council President shall fill any vacancies.

**Section 6:** The President shall not serve for more than three (3) successive one-year terms

**Section 7:** Any member not attending two (2) consecutive meetings without just cause will be dropped from membership, and another representative (in the same area of representation) appointed as specified in Section 4, **Attendance can be by phone or an alternate may sit in for the member.**

**Section 8:** Any member may send an alternate to represent him/her when unable to attend a meeting. This alternate may vote in the place of the member he/she represents. **If using a replacement, the member must utilize a Proxy or other fill-in form.**

**Section 9:** Members appointed by the SEAGO Executive Board shall serve a term of three (3) years. **Each member shall be limited to two (2) consecutive terms. However, if a vacancy cannot be filled in 90 days, a previous member can be reappointed. The Advisory Council on Aging may submit the name of a member to the Executive Board for reappointment for an additional term.**

Election of Officer's results for the next year are the following:

**President:** Jaime Aguilar April 16, 2020, 1<sup>st</sup> Term  
**First Vice President:** Arnold Lopez April 16, 2020 1<sup>st</sup> Term  
**Second Vice President:** Linda Huffstetler-Dearing April 16, 2020, 1<sup>st</sup> Term  
**Secretary:** Frank Montoya April 16, 2020, 1<sup>st</sup> Term

Action Requested:

Information Only

Action Requested Below



# ADVISORY COUNCIL ON AGING PACKET

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**MEMO TO:** ADVISORY COUNCIL ON AGING  
**FROM:** LAURA VILLA, AREA AGENCY ON AGING DIRECTOR  
**DATE:** JULY 16, 2020  
**SUBJECT:** ALERTS SFY20 AND SFY-21 ALLOCATIONS

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Description:

**ALERT 1-** On April 24, 2020, issued **SFY20-9A** that includes OAA funding and CARES Act funding for the end of SFY20.

The Division of Aging and Adult Services (DAAS) have received allocations from the Administration for Community Living (ACL), The Coronavirus Aid, Relief, and Economic Security (CARES) Act, Older American's Act (OAA) Title III.

These funds are being distributed as one-time allocations to assist the Area Agencies on Aging with supporting clients in staying healthy, safe, and independent during the COVID-19 pandemic. These funds are being distributed based on the OAA funding formula used for Title III and Title VII, as shown in the table below:

The SEAGO-Area Agency on Aging Allocations were as follows:

Title IIIB: \$204,715

Title IIIC-1 Admin: \$59,082

Title IIIC-2: \$421,252

Title IIIE: \$97,629

Title IIIE Admin: \$9,211

Total allocation of **\$791,889**

**Congregate Meals sites and Home Delivered Meals received the highest amount of funding from the CARES Act.** A total of \$421,252. These funds will allow our service providers to feed more people during the crisis by issuing frozen meals, grab and go meals to existing clients and those affected by COVID

**The funds allocated for the period of 4/01/2020 through 9/30/2021 do to the significant impact of COVID-19, ACL has waived prior approval requirements for pre-award costs incurred from January 20, 2020, to the effective date of the Federal Award for the CARES Act funds.**

**ALERT 2- On May 18, 2020, Alert 20-9 B & C**

Allocations to Title VII-LTC and Aging and Disability Resource Care Transitions (ADRC)

Allocations were as follows:

LTC: \$13,546 Funds expended from the CARES Act are to respond to the COVID-19 Emergency. Long-Term Care Ombudsman programs will seek to expand their virtual presence to residents and their families and continue to promote the health, safety welfare, and rights of residents in the context of COVID-19. Funds must be expended on allowable

Activities as defined by the OAA and state and local policy.

ADRC allocations were as follows:

ADRC: \$45,146

- Develop relationships with their local hospitals to become part of the hospital's Inter-Disciplinary Teams. The ADRC will provide a single, coordinated system of information, assistance, and access for vulnerable adults affected by COVID-19 by utilizing Care Transition Coaches (CTC) as part of their intake and referral process. The CTC will work with the hospital discharge planners, primary care providers, individuals, family members, and caregivers to ensure that communication between settings is complete during patient transitioning, appropriate professionals are involved, and care plans are developed and followed correctly. Once the patient is discharged the CTC will assist with transitioning them to their home environment, setting up services, and remaining involved for 30 days post-transition.
- To partner with Centers for Independent Living (CILs) and the Institute for Human Development at Northern Arizona University, the Arizona Technology Access Program (AzTAP) to ensure clients with disabilities and health vulnerabilities that are affected by COVID-19. They are connected to available resources, what assistive technology is available for communication.
- Provide outreach and education to hospital discharge planners on Home and Community-Based Services and current resources available.

**ALERT 3- SFY21-2B and 21-11A** On May 18, 2020, SFY 2021 Allocations toward the waitlist and Carryover are as follows:

**SSBG: \$215,135 allocated in HDM, CMG, and ATTN care** (Utilize current assessment results and other socio-economic factors to prioritize waitlisted clients for enrollment to services)

**CARRYOVER:** allocations made to existing services and providers to carry to SFY21.

Attachments: Alert SFY20-9A, Alert 20-9 B&C and Alert 21-2B and 21-A, COB #32

Action Requested

Information Only

Action Requested Below



DEPARTMENT OF ECONOMIC SECURITY  
*Your Partner For A Stronger Arizona*

Douglas A. Ducey  
Governor

Cara M. Christ, MD, MS  
Interim Director

April 24, 2020

To: Area Agencies on Aging  
  
From: Frank Migali  
DES Deputy Assistant Director of Community Services Programs  
Division of Aging and Adult Services  
  
Subject: State Fiscal Year (SFY) 2020 Allocations

The following ALERTS are attached:

<u>ALERT</u>	<u>FUND SOURCE/TYPE</u>
SFY-20-2B	Social Service Block Grant – Non-Medical Home and Community-Based Waitlist Funds Re-Allocation
SFY-20-9A	Older Americans Act/Title III and VII – The Coronavirus Aid, Relief, and Economic Security (CARES) Act Allocations

ALERTS are subject to change as additional information is received by the Division of Aging and Adult Services (DAAS) pertaining to the funding sources identified.

A SFY 2020 contract operating budget is due to the DAAS Finance and Business Operations Administration by close of business Friday, May 8, 2020. Once budgets have been submitted to DAAS, they will be incorporated into Area Agency on Aging contracts.

The Area Agencies on Aging may begin spending against these additional lines of funding immediately. However, DAAS cannot reimburse those expenses until an executed contract amendment is on file.

ALERTS are available on the Division website using the link:  
<https://www.azdes.gov/daas/alerts>

Should you have any questions regarding the attached ALERT, please contact your assigned Contract Specialist.

cc: Molly McCarthy, Frank Migali, Cindy Saverino, Rebecca Clayton, Bridget Casey, Jose Mercado, Lei Ronda Golden-Grady, Kelly Garrett, Alina Girbovan, Matt LeCrone, Mark Radan, Michael Coen, DAAS FSA Team, DAAS file

Division of Aging and Adult Services  
ALERT

SFY- 20 -2B

**Social Services Block Grant (SSBG)  
for SFY-2020**

The Division of Aging and Adult Services (DAAS) received **\$3,800,000** in additional SSBG funding in SFY 2020 to reduce waitlists for Non-Medical Home and Community Based Services.

**Not all Area Agencies on Aging have been able to utilize the original allocated amount of funding set forth in the original SFY-20-2A ALERT.**

**As a result, the following funds are being re-allocated.**

**These funds are limited to use in SFY 2020.**

**Funds shall not be utilized for administrative costs.**

The following new allocations are made to the AAAs for the period of July 1, 2019 through June 30, 2020:

Area Agency on Aging	Current Allocation	Re-allocation	Revised Allocation Subtotal	Revised Allocation Total
Area Agency on Agency, Region One, Inc.	\$1,318,919	\$20,000	\$1,338,919	\$1,338,919
SouthEastern Arizona Governments Organization	\$235,135	(\$20,000)	\$215,135	\$215,135

AAAs shall:

- Utilize current assessment results and other socio-economic factors to prioritize waitlisted clients for enrollment to services.
- Use the appropriate service code (see table below).

Enrollments and authorizations can be completed over the phone if the waitlisted client is within six months of the most recent home visit and the client's status has not substantially changed.

**Funds must be expended by no later than June 30, 2020.**



Division of Aging and Adult Services  
ALERT

SFY- 20 -2B

**Social Services Block Grant (SSBG)  
for SFY-2020**

The following service codes will be available for use in association with this funding:

SOW Service Code	Program Code	Service Detail
ADC	HCB	WTL
ADC	FCS	WTL
ADP	HCB	WTL
ATT	HCB	WTL
CMG	HCB	WTL
HDM	HCB	WTL
HHA	HCB	WTL
HSK	HCB	WTL
NRH	HCB	WTL
PRC	HCB	WTL
RSP	FCS	WTL

Should you have any questions regarding the allocations, please contact your assigned Contract Specialist.



Division of Aging and Adult Services  
ALERT

SFY-20-9A

**Older Americans Act Title III and VII  
for SFY-2020**

The Division of Aging and Adult Services (DAAS) has received allocations from the Administration for Community Living (ACL), The Coronavirus Aid, Relief, and Economic Security (CARES) Act, Older American's Act (OAA) Title III.

These funds are being distributed as one-time allocations to assist the Area Agencies on Aging with supporting clients in staying healthy, safe, and independent during the COVID-19 pandemic. These funds are being distributed based on the OAA funding formula used for Title III and Title VII, as shown in the table below:

Area Agency on Aging	Title III B	Title III C1 Admin	Title III C2	Title III E	Title III E Admin	Total
Region One, Inc.	\$ 2,014,748	\$ 736,919	\$ 4,145,838	\$ 960,838	\$ 114,882	\$ 7,973,225
Pima Council on Aging	\$ 693,075	\$ 242,651	\$ 1,426,173	\$ 330,530	\$ 37,828	\$ 2,730,257
Northern Arizona Council of Governments	\$ 399,443	\$ 114,509	\$ 821,953	\$ 190,496	\$ 17,851	\$ 1,544,252
Western Arizona Council of Governments	\$ 405,547	\$ 129,442	\$ 834,512	\$ 193,406	\$ 20,179	\$ 1,583,086
Pinal/Gila Council for Senior Citizens	\$ 307,102	\$ 95,759	\$ 631,939	\$ 146,458	\$ 14,928	\$ 1,196,186
SouthEastern Arizona Governments Organization	\$ 204,715	\$ 59,082	\$ 421,252	\$ 97,629	\$ 9,211	\$ 791,889
Navajo Nation	\$ 242,869	\$ 72,585	\$ 509,821	\$ 116,424	\$ 11,316	\$ 953,015
Inter Tribal Council of Arizona, Inc.	\$ 196,393	\$ 66,777	\$ 404,128	\$ 93,661	\$ 10,410	\$ 771,369
<b>Total</b>	<b>\$ 4,463,892</b>	<b>\$ 1,517,724</b>	<b>\$ 9,195,616</b>	<b>\$ 2,129,442</b>	<b>\$ 236,605</b>	<b>\$ 17,543,279</b>

These funds are allocated for the period of 4/01/2020 through 9/30/2021.

**Please Note:** Due to the significant impact of COVID-19, ACL has waived prior approval requirements for pre-award costs incurred from January 20, 2020 to the effective date of the Federal Award for the CARES Act funds.



Division of Aging and Adult Services  
ALERT

SFY-20-9A

**Older Americans Act Title III and VII  
for SFY-2020**

Reporting Requirements:

The following parameters will be used in the Division of Aging and Adult Services Reporting System (DAARS) for budgeting and reporting purposes associated with this funding:

<b>SOW Service Code</b>	<b>Program Code</b>	<b>Service Detail Code</b>
ADP	HCB	C20
ADC	HCB	C20
ATT	HCB	C20
CEI	HCB	C20
CMG	HCB	C20
CNG	HCB	C20
HDM	HCB	C20
HHA	HCB	C20
HSK	HCB	C20
INR	HCB	C20
MCO	HCB	C20
NRH	HCB	C20
OTR	HCB	C20
PRC	HCB	C20
VOS	HCB	C20
RSP	FCS	C20
CNS	FCS	C20
ADM	HCB	C20
ADM	FCS	C20

Should you have questions regarding these allocations, please contact your assigned Contract Specialist.

<b>DIVISION OF AGING &amp; ADULT SERVICES</b>					
<b>CONTRACT OBLIGATION FOR SFY 2020</b>					
<b>REGION 6</b>	SFY 2019 CARRYOVER	INITIAL SFY 2020 ALERTS	TOTAL SFY 2020 ALERTS	INCREASE (DECREASE) SFY 2020 ALERTS	REVISED TOTAL SFY 2020 AWARDS
<b>1. STATE ADMIN.</b>	\$ -	\$ 53,108.00	\$ 53,108.00	\$ -	\$ 53,108.00
<b>2. OAA ADMIN. III C-1</b>	\$ -	\$ 133,393.00	\$ 135,170.00	\$ -	\$ 135,170.00
<b>3. OAA ADMIN. III-E</b>	\$ -	\$ 15,271.00	\$ 15,591.00	\$ -	\$ 15,591.00
<b>4. SSBG ADMIN.</b>	\$ -	\$ 58,674.00	\$ 58,674.00	\$ -	\$ 58,674.00
<b>5. TITLE III-B</b>	\$ 132,906.60	\$ 388,578.00	\$ 525,501.60	\$ -	\$ 525,501.60
<b>6. TITLE III-C1</b>	\$ 108,541.00	\$ 338,991.00	\$ 452,917.00	\$ -	\$ 452,917.00
<b>7. TITLE III-C2</b>	\$ 23,296.00	\$ 251,578.00	\$ 284,636.00	\$ -	\$ 284,636.00
<b>8. TITLE III-D</b>	\$ 1,811.00	\$ 24,678.00	\$ 26,159.00	\$ -	\$ 26,159.00
<b>9. TITLE III-E CAREGIVER</b>	\$ 29,151.00	\$ 161,804.00	\$ 194,346.00	\$ -	\$ 194,346.00
<b>10. NSIP</b>	\$ -	\$ 101,117.00	\$ 104,146.00	\$ -	\$ 104,146.00
<b>11. TITLE VII ELDER ABUSE</b>	\$ 169.00	\$ 2,465.00	\$ 2,858.00	\$ -	\$ 2,858.00
<b>12. TITLE VII FED. OMB</b>	\$ 1,021.00	\$ 15,733.00	\$ 17,942.00	\$ -	\$ 17,942.00
<b>13. STATE IND. LIVING SUPPORTS</b>	\$ -	\$ 423,133.00	\$ 423,133.00	\$ -	\$ 423,133.00
<b>14. STATE OMBUDSMAN</b>	\$ -	\$ 35,207.00	\$ 35,207.00	\$ -	\$ 35,207.00
<b>15. STATE RESPITE</b>	\$ -	\$ 19,628.00	\$ 19,628.00	\$ -	\$ 19,628.00
<b>16. SSBG (SERVICES)</b>	\$ -	\$ 535,496.00	\$ 540,202.00	\$ -	\$ 540,202.00
<b>17. S.H.I.P.</b>	\$ -	\$ 20,892.00	\$ 27,149.00	\$ -	\$ 27,149.00
<b>18. SENIOR MEDICARE PATROL</b>	\$ -	\$ 6,237.00	\$ 6,804.00	\$ -	\$ 6,804.00
<b>19. SSBG - HCB WAIT LIST</b>	\$ -	\$ 235,135.00	\$ 235,135.00	\$ (20,000.00)	\$ 215,135.00
<b>20. SSBG - ONE-TIME ADMIN.</b>	\$ -	\$ 7,371.00	\$ 7,371.00	\$ -	\$ 7,371.00
<b>21. SSBG - ONE-TIME (SERVICES)</b>	\$ -	\$ 66,341.00	\$ 66,341.00	\$ -	\$ 66,341.00
<b>22. MIPPA</b>	\$ 7,000.00	\$ -	\$ 25,200.00	\$ -	\$ 25,200.00
<b>23. FFCRA - C1</b>	\$ -	\$ -	\$ 57,157.00	\$ -	\$ 57,157.00
<b>24. FFCRA - C1 Admin</b>	\$ -	\$ -	\$ 20,853.00	\$ -	\$ 20,853.00
<b>25. FFCRA - C2</b>	\$ -	\$ -	\$ 163,772.00	\$ -	\$ 163,772.00
<b>26. CARES Act - III-B</b>	\$ -	\$ -	\$ -	\$ 204,715.00	\$ 204,715.00
<b>27. CARES Act - III-C1 ADMIN</b>	\$ -	\$ -	\$ -	\$ 59,082.00	\$ 59,082.00
<b>28. CARES Act - III-C2</b>	\$ -	\$ -	\$ -	\$ 421,252.00	\$ 421,252.00
<b>29. CARES Act - III-E</b>	\$ -	\$ -	\$ -	\$ 97,629.00	\$ 97,629.00
<b>30. CARES Act - III-E ADMIN</b>	\$ -	\$ -	\$ -	\$ 9,211.00	\$ 9,211.00
<b>31. CARES Act - VII - FED. OMB.</b>	\$ -	\$ -	\$ -	\$ -	\$ -
<b>TOTAL</b>	<b>\$ 303,895.60</b>	<b>\$ 2,894,830.00</b>	<b>\$ 3,499,000.60</b>	<b>\$ 771,889.00</b>	<b>\$ 4,270,889.60</b>



DEPARTMENT OF ECONOMIC SECURITY  
*Your Partner For A Stronger Arizona*

Douglas A. Ducey  
Governor

Cara M. Christ, MD, MS  
Interim Director

May 18, 2020

To: Area Agencies on Aging

From: Frank Migali  
DES Deputy Assistant Director of Community Services Programs  
Division of Aging and Adult Services

Subject: State Fiscal Year (SFY) 2020 Allocations

The following ALERTS are attached:

<u>ALERT</u>	<u>FUND SOURCE/TYPE</u>
SFY-20-9B	COVID-19 CARES Act –Title VII Older Americans Act Long-Term Care Ombudsman Allocations
SFY-20-9C	COVID-19 CARES Act – Aging and Disability Resource Center Care Transition Allocations

ALERTS are subject to change as additional information is received by the Division of Aging and Adult Services (DAAS) pertaining to the funding sources identified.

A SFY 2020 contract operating budget is due to the DAAS Finance and Business Operations Administration by close of business Friday, June 5, 2020. Once budgets have been submitted to DAAS, they will be incorporated into Area Agency on Aging contracts.

The Area Agencies on Aging may begin spending against these additional lines of funding immediately. However, DAAS cannot reimburse those expenses until an executed contract amendment is on file.

ALERTS are available on the Division website using the link:  
<https://www.azdes.gov/daas/alerts>

Should you have any questions regarding the attached ALERT, please contact your assigned Contract Specialist.

cc: Molly McCarthy, Frank Migali, Cindy Saverino, Rebecca Clayton, Bridget Casey, Jose Mercado, Lei Ronda Golden-Grady, Kelly Garrett, Alina Girbovan, Matt LeCrone, Mark Radan, Michael Coen, DAAS FSA Team, DAAS file

Division of Aging and Adult Services  
ALERT

SFY-20-9B

**COVID-19- CARES Act Funds  
for SFY-2020**

The Division of Aging and Adult Services (DAAS) has received allocations from the Administration for Community Living (ACL), The Coronavirus Aid, Relief, and Economic Security (CARES) Act, Older American's Act (OAA) Title VII. These funds are being distributed as one-time allocations to assist the Area Agencies on Aging (AAAs) with supporting clients in staying healthy, safe, and independent during the COVID-19 pandemic in long-term care facilities.

These funds are being distributed based on the OAA funding formula used for Title III and Title VII, as shown in the table below:

<b>Area Agency on Aging</b>	<b>Award Amount</b>
Region One, Inc.	\$ <b>133,328</b>
Pima Council on Aging	\$ <b>45,863</b>
Northern Arizona Council of Governments	\$ <b>26,433</b>
Western Arizona Council of Governments	\$ <b>26,836</b>
Pinal/Gila Council for Senior Citizens	\$ <b>20,322</b>
SouthEastern Arizona Governments Organization	\$ <b>13,546</b>
Navajo Nation	\$ <b>17,065</b>
Inter-Tribal Council of Arizona, Inc.	\$ <b>12,996</b>
<b>Total</b>	\$ <b>296,389</b>

**These funds are allocated for the period of 4/01/2020 through 9/30/2021.**

Funds expended from the CARES Act are to respond to the COVID-19 Emergency. Long-Term Care Ombudsman programs will seek to expand their virtual presence to residents and their families and continue to promote the health, safety welfare and rights of residents in the context of COVID-19. Funds must be expended on allowable activities as defined by the OAA and state and local policy. Below are examples of COVID-19 specific use of funds for consideration; these do not replace existing fiscal requirements.

These funds are allotted to the AAAs to use for any of the below needs as discussed with the office of the State Long-Term Care Ombudsman.

Purchase of equipment and associated technologies that will allow for remote work and enhance Ombudsman presence in facilities while they cannot physically visit during to COVID-19 crisis.

This may include reimbursement of expenses related to remote work, such as;

- purchase of laptops,
- smart phones,

Division of Aging and Adult Services  
ALERT

SFY-20-9B

**COVID-19- CARES Act Funds  
for SFY-2020**

- electronic tablets,
- iPads and similar products including:

- Software to facilitate video conferencing and virtual meetings
- Purchase of hardware and software to develop equipment lending libraries to facilitate resident complaint handling and development of virtual resident and family councils.

Costs associated with community outreach including, advertising, postage, printing of brochures and similar educational materials.

Paying for staff extended hours, or hiring of additional staff, including associated personnel costs.

Training costs related to COVID-19 including additional costs associated with advertising, recruiting, certifying or providing continuing education (both remote and in-person) to current and prospective representatives of the Office.

Funds for travel once personal visits to facilities resume.

Acquiring personal protection equipment and supplies for program use, as appropriate, once in person visits resume.

**Please Note:** Due to the significant impact of COVID-19, ACL has waived prior approval requirements for pre-award costs incurred from January 20, 2020 to the effective date of the Federal Award for the CARES Act funds.

Reporting Requirements:

The following parameters will be used in the Division of Aging and Adult Services Reporting System (DAARS) for budgeting and reporting purposes associated with this funding:

<b>SOW Service Code</b>	<b>Program Code</b>	<b>Service Detail Code</b>
LTC	OMB	C20

Should you have questions regarding these allocations, please contact your assigned Contract Specialist.

Division of Aging and Adult Services  
ALERT

SFY-20-9C

**COVID-19 CARES Act Funds  
for SFY-2020**

The Division of Aging and Adult Services (DAAS) has received allocations from the Administration for Community Living (ACL), Aging and Disability Resource Center (ADRC)/No Wrong Door System Funding Opportunity: Critical Relief Funds for COVID-19 Pandemic Response.

These funds are being distributed as one-time allocations to support the Area Agencies on Aging (AAAs), and the ADRC to increase their capacity to coordinate care transitions for clients affected by COVID-19. The term “care transitions” refers to the movement patients make between health care practitioners and settings as their condition and care needs change during the course of a chronic or acute illness, such as COVID-19.

Under the **Arizona Bridges of Care** grant, AAAs shall:

- Develop relationships with their local hospitals to become part of the hospital's Inter-Disciplinary Teams. The ADRC will provide a single, coordinated system of information, assistance and access for vulnerable adults affected by COVID-19 by utilizing Care Transition Coaches (CTC) as part of their intake and referral process. The CTC will work with the hospital discharge planners, primary care providers, individuals, family members, and caregivers to ensure that communication between settings is complete during patient transitioning, appropriate professionals are involved, and care plans are developed and followed correctly. Once the patient is discharged the CTC will assist with transitioning them to their home environment, setting up services, and remaining involved for 30 days post transition.
- Partner with Centers for Independent Living (CILs) and the Institute for Human Development at Northern Arizona University, the Arizona Technology Access Program (AzTAP) to ensure clients with disabilities and health vulnerabilities that are affected by COVID-19 are connected to available resources and that assistive technology is available for communication.
- Provide outreach and education to hospital discharge planners on Home and Community-Based Services and current resources available.

These funds are being distributed based on the OAA funding formula used for Title III and Title VII, as shown in the table below:

<b>Area Agency on Aging</b>	<b>Award Amount</b>	<b>CIL Amount</b>	<b>Total</b>
Region One, Inc.	\$ 363,538	\$ 90,885	\$ 454,423
Pima Council on Aging	\$ 124,494	\$ 31,123	\$ 155,617
Northern Arizona Council of Governments	\$ 70,431	\$ 17,608	\$ 88,039
Western Arizona Council of Governments	\$ 72,194	\$ 18,048	\$ 90,242
Pinal/Gila Council for Senior Citizens	\$ 54,551	\$ 13,638	\$ 68,189
South Eastern Arizona Governments Organization	\$ 36,117	\$ 9,029	\$ 45,146
Navajo Nation	\$ 43,502	\$ 10,875	\$ 54,377
Inter Tribal Council of Arizona, Inc.	\$ 35,173	\$ 8,794	\$ 43,967
<b>Total</b>	<b>\$ 800,000</b>	<b>\$200,000</b>	<b>\$ 1,000,000</b>

**These funds are allocated for the period of 4/01/2020 through 9/30/2021**



Division of Aging and Adult Services  
ALERT

SFY-20-9C

**COVID-19 CARES Act Funds  
for SFY-2020**

Reporting Requirements:

The following parameters will be used in the Division of Aging and Adult Services Reporting System (DAARS) for budgeting and reporting purposes associated with this funding:

<b>SOW Service Code</b>	<b>Program Code</b>	<b>Service Detail Code</b>
INR	HCB	BOC

Should you have questions regarding these allocations, please contact your assigned Contract Specialist.

<b>DIVISION OF AGING &amp; ADULT SERVICES</b>					
<b>CONTRACT OBLIGATION FOR SFY 2020</b>					
<b>REGION 6</b>	<b>SFY 2019 CARRYOVER</b>	<b>INITIAL SFY 2020 ALERTS</b>	<b>TOTAL SFY 2020 ALERTS</b>	<b>INCREASE (DECREASE) SFY 2020 ALERTS</b>	<b>REVISED TOTAL SFY 2020 AWARDS</b>
<b>1. STATE ADMIN.</b>	\$ -	\$ 53,108.00	\$ 53,108.00	\$ -	\$ 53,108.00
<b>2. OAA ADMIN. III C-1</b>	\$ -	\$ 133,393.00	\$ 135,170.00	\$ -	\$ 135,170.00
<b>3. OAA ADMIN. III-E</b>	\$ -	\$ 15,271.00	\$ 15,591.00	\$ -	\$ 15,591.00
<b>4. SSBG ADMIN.</b>	\$ -	\$ 58,674.00	\$ 58,674.00	\$ -	\$ 58,674.00
<b>5. TITLE III-B</b>	\$ 132,906.60	\$ 388,578.00	\$ 525,501.60	\$ -	\$ 525,501.60
<b>6. TITLE III-C1</b>	\$ 108,541.00	\$ 338,991.00	\$ 452,917.00	\$ -	\$ 452,917.00
<b>7. TITLE III-C2</b>	\$ 23,296.00	\$ 251,578.00	\$ 284,636.00	\$ -	\$ 284,636.00
<b>8. TITLE III-D</b>	\$ 1,811.00	\$ 24,678.00	\$ 26,159.00	\$ -	\$ 26,159.00
<b>9. TITLE III-E CAREGIVER</b>	\$ 29,151.00	\$ 161,804.00	\$ 194,346.00	\$ -	\$ 194,346.00
<b>10. NSIP</b>	\$ -	\$ 101,117.00	\$ 104,146.00	\$ -	\$ 104,146.00
<b>11. TITLE VII ELDER ABUSE</b>	\$ 169.00	\$ 2,465.00	\$ 2,858.00	\$ -	\$ 2,858.00
<b>12. TITLE VII FED. OMB</b>	\$ 1,021.00	\$ 15,733.00	\$ 17,942.00	\$ -	\$ 17,942.00
<b>13. STATE IND. LIVING SUPPORTS</b>	\$ -	\$ 423,133.00	\$ 423,133.00	\$ -	\$ 423,133.00
<b>14. STATE OMBUDSMAN</b>	\$ -	\$ 35,207.00	\$ 35,207.00	\$ -	\$ 35,207.00
<b>15. STATE RESPITE</b>	\$ -	\$ 19,628.00	\$ 19,628.00	\$ -	\$ 19,628.00
<b>16. SSBG (SERVICES)</b>	\$ -	\$ 535,496.00	\$ 540,202.00	\$ -	\$ 540,202.00
<b>17. S.H.I.P.</b>	\$ -	\$ 20,892.00	\$ 27,149.00	\$ -	\$ 27,149.00
<b>18. SENIOR MEDICARE PATROL</b>	\$ -	\$ 6,237.00	\$ 6,804.00	\$ -	\$ 6,804.00
<b>19. SSBG - HCB WAIT LIST</b>	\$ -	\$ 235,135.00	\$ 215,135.00	\$ -	\$ 215,135.00
<b>20. SSBG - ONE-TIME ADMIN.</b>	\$ -	\$ 7,371.00	\$ 7,371.00	\$ -	\$ 7,371.00
<b>21. SSBG - ONE-TIME (SERVICES)</b>	\$ -	\$ 66,341.00	\$ 66,341.00	\$ -	\$ 66,341.00
<b>22. MIPPA</b>	\$ 7,000.00	\$ -	\$ 25,200.00	\$ -	\$ 25,200.00
<b>23. FFCRA - C1</b>	\$ -	\$ -	\$ 57,157.00	\$ -	\$ 57,157.00
<b>24. FFCRA - C1 Admin</b>	\$ -	\$ -	\$ 20,853.00	\$ -	\$ 20,853.00
<b>25. FFCRA - C2</b>	\$ -	\$ -	\$ 163,772.00	\$ -	\$ 163,772.00
<b>26. CARES Act - III-B</b>	\$ -	\$ -	\$ 204,715.00	\$ -	\$ 204,715.00
<b>27. CARES Act - III-C1 ADMIN</b>	\$ -	\$ -	\$ 59,082.00	\$ -	\$ 59,082.00
<b>28. CARES Act - III-C2</b>	\$ -	\$ -	\$ 421,252.00	\$ -	\$ 421,252.00
<b>29. CARES Act - III-E</b>	\$ -	\$ -	\$ 97,629.00	\$ -	\$ 97,629.00
<b>30. CARES Act - III-E ADMIN</b>	\$ -	\$ -	\$ 9,211.00	\$ -	\$ 9,211.00
<b>31. CARES Act - VII - FED. OMB.</b>	\$ -	\$ -	\$ -	\$ 13,546.00	\$ 13,546.00
<b>32. ADRC</b>	\$ -	\$ -	\$ -	\$ 45,146.00	\$ 45,146.00
<b>TOTAL</b>	\$ 303,895.60	\$ 2,894,830.00	\$ 4,270,889.60	\$ 58,692.00	\$ 4,329,581.60



Division of Aging and Adult Services  
ALERT

SFY-20-9C

**COVID-19 CARES Act Funds  
for SFY-2020**

The Division of Aging and Adult Services (DAAS) has received allocations from the Administration for Community Living (ACL), Aging and Disability Resource Center (ADRC)/No Wrong Door System Funding Opportunity: Critical Relief Funds for COVID-19 Pandemic Response.

These funds are being distributed as one-time allocations to support the Area Agencies on Aging (AAAs), and the ADRC to increase their capacity to coordinate care transitions for clients affected by COVID-19. The term “care transitions” refers to the movement patients make between health care practitioners and settings as their condition and care needs change during the course of a chronic or acute illness, such as COVID-19.

Under the **Arizona Bridges of Care** grant, AAAs shall:

- Develop relationships with their local hospitals to become part of the hospital's Inter-Disciplinary Teams. The ADRC will provide a single, coordinated system of information, assistance and access for vulnerable adults affected by COVID-19 by utilizing Care Transition Coaches (CTC) as part of their intake and referral process. The CTC will work with the hospital discharge planners, primary care providers, individuals, family members, and caregivers to ensure that communication between settings is complete during patient transitioning, appropriate professionals are involved, and care plans are developed and followed correctly. Once the patient is discharged the CTC will assist with transitioning them to their home environment, setting up services, and remaining involved for 30 days post transition.
- Partner with Centers for Independent Living (CILs) and the Institute for Human Development at Northern Arizona University, the Arizona Technology Access Program (AzTAP) to ensure clients with disabilities and health vulnerabilities that are affected by COVID-19 are connected to available resources and that assistive technology is available for communication.
- Provide outreach and education to hospital discharge planners on Home and Community-Based Services and current resources available.

These funds are being distributed based on the OAA funding formula used for Title III and Title VII, as shown in the table below:

<b>Area Agency on Aging</b>	<b>Award Amount</b>	<b>CIL Amount</b>	<b>Total</b>
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Navajo Nation	\$ 43,502	\$ 10,875	\$ 54,377
Inter Tribal Council of Arizona, Inc.	\$ 35,173	\$ 8,794	\$ 43,967
<b>Total</b>	<b>\$ 800,000</b>	<b>\$200,000</b>	<b>\$ 1,000,000</b>

**These funds are allocated for the period of 4/01/2020 through 9/30/2021**



Division of Aging and Adult Services  
ALERT

SFY-20-9C

**COVID-19 CARES Act Funds  
for SFY-2020**

Reporting Requirements:

The following parameters will be used in the Division of Aging and Adult Services Reporting System (DAARS) for budgeting and reporting purposes associated with this funding:

<b>SOW Service Code</b>	<b>Program Code</b>	<b>Service Detail Code</b>
INR	HCB	BOC

Should you have questions regarding these allocations, please contact your assigned Contract Specialist.

<b>DIVISION OF AGING &amp; ADULT SERVICES</b>					
<b>CONTRACT OBLIGATION FOR SFY 2020</b>					
<b>REGION 6</b>	<b>SFY 2019 CARRYOVER</b>	<b>INITIAL SFY 2020 ALERTS</b>	<b>TOTAL SFY 2020 ALERTS</b>	<b>INCREASE (DECREASE) SFY 2020 ALERTS</b>	<b>REVISED TOTAL SFY 2020 AWARDS</b>
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<b>8. TITLE III-D</b>	\$ 1,811.00	\$ 24,678.00	\$ 26,159.00	\$ -	\$ 26,159.00
<b>9. TITLE III-E CAREGIVER</b>	\$ 29,151.00	\$ 161,804.00	\$ 194,346.00	\$ -	\$ 194,346.00
<b>10. NSIP</b>	\$ -	\$ 101,117.00	\$ 104,146.00	\$ -	\$ 104,146.00
<b>11. TITLE VII ELDER ABUSE</b>	\$ 169.00	\$ 2,465.00	\$ 2,858.00	\$ -	\$ 2,858.00
<b>12. TITLE VII FED. OMB</b>	\$ 1,021.00	\$ 15,733.00	\$ 17,942.00	\$ -	\$ 17,942.00
<b>13. STATE IND. LIVING SUPPORTS</b>	\$ -	\$ 423,133.00	\$ 423,133.00	\$ -	\$ 423,133.00
<b>14. STATE OMBUDSMAN</b>	\$ -	\$ 35,207.00	\$ 35,207.00	\$ -	\$ 35,207.00
<b>15. STATE RESPITE</b>	\$ -	\$ 19,628.00	\$ 19,628.00	\$ -	\$ 19,628.00
<b>16. SSBG (SERVICES)</b>	\$ -	\$ 535,496.00	\$ 540,202.00	\$ -	\$ 540,202.00
<b>17. S.H.I.P.</b>	\$ -	\$ 20,892.00	\$ 27,149.00	\$ -	\$ 27,149.00
<b>18. SENIOR MEDICARE PATROL</b>	\$ -	\$ 6,237.00	\$ 6,804.00	\$ -	\$ 6,804.00
<b>19. SSBG - HCB WAIT LIST</b>	\$ -	\$ 235,135.00	\$ 215,135.00	\$ -	\$ 215,135.00
<b>20. SSBG - ONE-TIME ADMIN.</b>	\$ -	\$ 7,371.00	\$ 7,371.00	\$ -	\$ 7,371.00
<b>21. SSBG - ONE-TIME (SERVICES)</b>	\$ -	\$ 66,341.00	\$ 66,341.00	\$ -	\$ 66,341.00
<b>22. MIPPA</b>	\$ 7,000.00	\$ -	\$ 25,200.00	\$ -	\$ 25,200.00
<b>23. FFCRA - C1</b>	\$ -	\$ -	\$ 57,157.00	\$ -	\$ 57,157.00
<b>24. FFCRA - C1 Admin</b>	\$ -	\$ -	\$ 20,853.00	\$ -	\$ 20,853.00
<b>25. FFCRA - C2</b>	\$ -	\$ -	\$ 163,772.00	\$ -	\$ 163,772.00
<b>26. CARES Act - III-B</b>	\$ -	\$ -	\$ 204,715.00	\$ -	\$ 204,715.00
<b>27. CARES Act - III-C1 ADMIN</b>	\$ -	\$ -	\$ 59,082.00	\$ -	\$ 59,082.00
<b>28. CARES Act - III-C2</b>	\$ -	\$ -	\$ 421,252.00	\$ -	\$ 421,252.00
<b>29. CARES Act - III-E</b>	\$ -	\$ -	\$ 97,629.00	\$ -	\$ 97,629.00
<b>30. CARES Act - III-E ADMIN</b>	\$ -	\$ -	\$ 9,211.00	\$ -	\$ 9,211.00
<b>31. CARES Act - VII - FED. OMB.</b>	\$ -	\$ -	\$ -	\$ 13,546.00	\$ 13,546.00
<b>32. ADRC</b>	\$ -	\$ -	\$ -	\$ 45,146.00	\$ 45,146.00
<b>TOTAL</b>	\$ 303,895.60	\$ 2,894,830.00	\$ 4,270,889.60	\$ 58,692.00	\$ 4,329,581.60



DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona

Douglas A. Ducey  
Governor

Cara M. Christ, MD, MS  
Interim Director

May 18, 2020

To: Area Agencies on Aging  
From: Frank Migali  
DES Deputy Assistant Director of Community Services Programs  
Division of Aging and Adult Services  
Subject: State Fiscal Year (SFY) 2021 Allocations

The following ALERTS are attached:

**ALERTS**

**FUND SOURCE/TYPE**

ALERT SFY-21-2B	Social Services Block Grant – Non-Medical Home and Community-Based Services Waitlist
ALERT SFY-21-11A	Other Funds – Estimated Grant Carryover

The ALERTS are subject to change as additional information is received by the Division pertaining to the funding sources identified.

ALERTS are available on the Division website using the link:

<https://www.azdes.gov/daas/alerts>

A SFY 2021 contract operating budget is due to the Division of Aging and Adult Services, Finance and Business Operations Administration by close of business Friday, June 5, 2020. Once budgets have been submitted to DAAS, they will be incorporated into Area Agency on Aging (AAA) contracts to begin July 1, 2020.

Should you have any questions regarding the attached ALERTS, please contact your assigned Contract Specialist.

cc: Molly McCarthy, Frank Migali, Rebecca Clayton, Bridget Casey, Matt LeCrone, Lei Ronda Golden-Grady, Alina Gerbovan, Kelly Garrett, Jose Mercado, Cindy Saverino, Mark Radan, DES FSA Team, DAAS file



Division of Aging and Adult Services  
ALERT

SFY- 21-2A

**Social Services Block Grant (SSBG)  
for SFY-2021**

The Division of Aging and Adult Services (DAAS) has received **\$3,800,000** in additional SSBG funding in SFY 2021.

This funding shall be used to reduce waitlists for Non-Medical Home and Community Based Services.

Funds shall be utilized to remove clients that are waitlisted for Non-Medical Home and Community Based Services service in SFY 2021. If necessary, this funding can be utilized to sustain clients that were previously removed from waitlists in SFY 2020 using the initial SSBG allocations in ALERT 20-2A. **Funds shall not be utilized for administrative costs.**

Area Agency on Aging	Allocation
Area Agency on Agency, Region One, Inc.	\$ 1,338,919
Pima Council on Aging	\$ 979,730
Northern Arizona Council of Governments	\$ 475,676
Western Arizona Council of Governments	\$ 405,405
Pinal/Gila Council for Senior Citizens	\$ 385,135
SouthEastern Arizona Governments Organization	\$ 215,135
<b>Total</b>	<b>\$ 3,800,000</b>

**Funds must be expended by no later than June 30, 2021.**

AAAs shall:

- Utilize current assessment results and other socio-economic factors to prioritize waitlisted clients for enrollment to services.
- Use the appropriate service code (see table below).

Enrollments and authorizations can be completed over the phone if the waitlisted client is within six months of the most recent home visit and the client’s status has not substantially changed.



Division of Aging and Adult Services  
ALERT

SFY- 21-2A

**Social Services Block Grant (SSBG)  
for SFY-2021**

The following service codes will be available for use in association with this funding:

SOW Service Code	Program Code	Service Detail
ADC	HCB	WTL
ADC	FCS	WTL
ADP	HCB	WTL
ATT	HCB	WTL
CMG	HCB	WTL
HDM	HCB	WTL
HHA	HCB	WTL
HSK	HCB	WTL
NRH	HCB	WTL
PRC	HCB	WTL
RSP	FCS	WTL

Should you have any questions regarding the allocations, please contact your assigned Contract Specialist.



Division of Aging and Adult Services  
ALERT

SFY-21-11A

**Other Funds  
for SFY-2021**

**Estimated Grant Carryover**

The Area Agencies on Aging must ensure that all unexpended funds as of June 30, 2020 for the grant funds listed below are in the SFY 2021 contract. Once in contract, these funds will be available for use for the balance of the federal fiscal year, ending September 30, 2020 except where stated below.

COVID-19 – CARES ACT- September 30, 2021

ADRC- Bridges of Care- September 30, 2021

Refugee Resettlement

Medicare for Patients and Providers Improvement Act – SHIP, AAA, and ADRC

If you have any questions, please contact your assigned Contract Specialist.

<b>DIVISION OF AGING &amp; ADULT SERVICES</b>						
<b>CONTRACT OBLIGATION FOR SFY 2021</b>						
<b>REGION 6</b>	<b>SFY 2020 CARRYOVER</b>	<b>INITIAL SFY 2021 ALERTS</b>	<b>TOTAL SFY 2021 ALERTS</b>	<b>INCREASE (DECREASE) SFY 2021 ALERTS</b>	<b>REVISED TOTAL SFY 2021 AWARDS</b>	
<b>1. STATE ADMIN.</b>	\$ -	\$ 53,108.00	\$ 53,108.00	\$ -	\$ 53,108.00	
<b>2. OAA ADMIN. III C-1</b>	\$ -	\$ 134,886.00	\$ 134,886.00	\$ -	\$ 134,886.00	
<b>3. OAA ADMIN. III-E</b>	\$ -	\$ 15,564.00	\$ 15,564.00	\$ -	\$ 15,564.00	
<b>4. SSBG ADMIN.</b>	\$ -	\$ 58,674.00	\$ 58,674.00	\$ -	\$ 58,674.00	
<b>5. TITLE III-B</b>	\$ -	\$ 389,985.00	\$ 389,985.00	\$ -	\$ 389,985.00	
<b>6. TITLE III-C1</b>	\$ -	\$ 343,367.00	\$ 343,367.00	\$ -	\$ 343,367.00	
<b>7. TITLE III-C2</b>	\$ -	\$ 262,330.00	\$ 262,330.00	\$ -	\$ 262,330.00	
<b>8. TITLE III-D</b>	\$ -	\$ 24,029.00	\$ 24,029.00	\$ -	\$ 24,029.00	
<b>9. TITLE III-E CAREGIVER</b>	\$ -	\$ 164,915.00	\$ 164,915.00	\$ -	\$ 164,915.00	
<b>10. NSIP</b>	\$ -	\$ 102,410.00	\$ 102,410.00	\$ -	\$ 102,410.00	
<b>11. TITLE VII ELDER ABUSE</b>	\$ -	\$ 2,483.00	\$ 2,483.00	\$ -	\$ 2,483.00	
<b>12. TITLE VII FED. OMB</b>	\$ -	\$ 17,082.00	\$ 17,082.00	\$ -	\$ 17,082.00	
<b>13. STATE IND. LIVING SUPPORTS</b>	\$ -	\$ 423,133.00	\$ 423,133.00	\$ -	\$ 423,133.00	
<b>14. STATE OMBUDSMAN</b>	\$ -	\$ 35,207.00	\$ 35,207.00	\$ -	\$ 35,207.00	
<b>15. STATE RESPITE</b>	\$ -	\$ 19,628.00	\$ 19,628.00	\$ -	\$ 19,628.00	
<b>16. SSBG (SERVICES)</b>	\$ -	\$ 544,452.00	\$ 544,452.00	\$ -	\$ 544,452.00	
<b>17. S.H.I.P.</b>	\$ -	\$ 18,767.00	\$ 18,767.00	\$ -	\$ 18,767.00	
<b>18. SENIOR MEDICARE PATROL</b>	\$ -	\$ 8,605.00	\$ 8,605.00	\$ -	\$ 8,605.00	
<b>19. SSBG - HCB WAIT LIST</b>	\$ -	\$ -	\$ -	\$ 215,135.00	\$ 215,135.00	
<b>20. SSBG - ONE-TIME ADMIN.</b>	\$ -	\$ 7,371.00	\$ 7,371.00	\$ -	\$ 7,371.00	
<b>21. SSBG - ONE-TIME (SERVICES)</b>	\$ -	\$ 66,341.00	\$ 66,341.00	\$ -	\$ 66,341.00	
<b>TOTAL</b>	\$ -	\$ 2,692,337.00	\$ 2,692,337.00	\$ 215,135.00	\$ 2,907,472.00	

Ln	Fund Source	Administration					Case Mgmt	Case Mgmt	Advocacy	Legal	Legal	Transp
		ADM	ADM	ADM	ADM	ADM	CMG	CMG	ADV	LGL	LGL	TSP
		HCB	HCB	HCB	FCS	FCS	HCB	HCB	HCB	LSA	LSA	HCB
		Service Detail Code	C19	C20		C20		C20			C20	
AIMS Codes	ADM			AMS		CMG		ADV	LGL			
1	State Admin	47,911.00			5,197.00							
2	OAA Admin (III C-1)	135,170.00										
3	OAA Admin (III E)				15,591.00							
4	SSBG Admin	58,674.00										
5	Title III-B					114,857.00		31,317.60	15,750.00		42,370.00	
6	Title III-C1											
7	Title III-C2											
8	Title III-D Prev Hlth											
9	Title III-E Caregiver										47,413.00	
10	NSIP											
11	Title VII Elder Abuse											
12	Title VII FED OMB											
13	State Ind Living Supports		6,951.00	19,694.00		3,071.00	51,466.00	3,587.00	927.00		46,956.00	
14	State Ombudsman											
15	State Respite											
16	SSBG (Services)						133,597.00				82,215.00	
17	SHIP											
18	Senior Medicare Patrol											
19	SSBG - HCB Wait List											
20	SSBG - One-Time Admin.	7,371.00										
21	SSBG - One-Time (Services)						5,000.00				10,000.00	
22	Senior Patrol Vols.											
23	Alzheimer's Dementia (ADSSP)											
24	MIPPA - S.H.LP											
25	MIPPA - AAA											
26	MIPPA - ADRC											
27	FFCRA - C1											
28	FFCRA - C1 Admin		20,853.00									
29	FFCRA - C2											
30	CARES Act - III-B							35,000.00			30,000.00	
31	CARES Act - III-C1 Admin			59,082.00								
32	CARES Act - III-C2											
33	CARES Act - III-E											
34	CARES Act - III-E Admin					9,211.00						
35	CARES Act - III-VII - FED. OMB.											
36	ADRC											
Reimbursement Ceiling		249,126.00	27,804.00	78,776.00	20,788.00	12,282.00	304,920.00	35,000.00	34,904.60	16,677.00	30,000.00	228,954.00

**DIRECT SERVICES**

ALTCS												
Program Income												
Non-Fed In-kind												
Non-Fed Cash												
Other Federal												
Total												

**PURCHASED SERVICES**

ALTCS												
Program Income												89,000.00
Non-Fed In-kind							69,233.00					1,800.00
Non-Fed Cash							76,751.00		17,299.00			526,346.00
Other Federal												1,022,487.00
Total							145,984.00		17,299.00			1,639,633.00

**Grand Total** 249,126.00 27,804.00 78,776.00 20,788.00 12,282.00 450,904.00 35,000.00 34,904.60 33,976.00 30,000.00 1,868,587.00

**EXPENSES**

Personnel - Direct	110,120.00	17,951.00	27,951.00	11,447.00	6,000.00	21,877.00	30,000.00	12,500.00				
ERE - Direct	34,500.00	5,853.00	7,853.00	4,667.00	3,212.00	13,286.00	5,000.00	4,568.00				
Professional/Out												
Direct	20,204.00	2,000.00	20,000.00					3,000.00				
Sub-Contractor	-	-	-	-	-	403,220.00	-	-	33,976.00	30,000.00	-	1,868,587.00
Travel - Direct	19,445.00		2,000.00					4,386.60				
Space - Direct												
Equipment - Direct												
One Time	555.00											
On Going												
Material/Supplies - Direct	11,775.00	2,000.00	15,278.00					1,000.00				
Operating Svcs Direct	6,000.00							6,000.00				
Allocated Indirect Direct	46,527.00		5,694.00	4,674.00	3,070.00	12,521.00		3,450.00				
SubTotal DIRECT	249,126.00	27,804.00	78,776.00	20,788.00	12,282.00	47,684.00	35,000.00	34,904.60	-	-	-	-
SubTotal PURCH	-	-	-	-	-	403,220.00	-	-	33,976.00	30,000.00	-	1,868,587.00
TOTAL SERVICE	249,126.00	27,804.00	78,776.00	20,788.00	12,282.00	450,904.00	35,000.00	34,904.60	33,976.00	30,000.00	-	1,868,587.00

Units/Direct	12.00	12.00		12.00				12.00				
Units/Purchased	-	-	-	-	-	9,847.79	-	-	314.00	-	-	92,483.00
Units Total	12.00	12.00	-	12.00	-	9,847.79	-	12.00	314.00	-	-	92,483.00
Unit Rate/Direct	20760.50	2317.00	#DIV/0!	1732.33	#DIV/0!	NA	NA	NA	NA	NA	NA	NA
Unit Rate/Purch	NA	NA	NA	NA	NA	40.95	NA	N/A	108.20	#DIV/0!	20.20	
Unit Rate/Total	20761	2317	#DIV/0!	1732	#DIV/0!	45.79	#DIV/0!	NA	108.20	#DIV/0!	20.20	

Note: Title III-B, III-C1, III-C2, III-D, III-E (Admin) require a state match

Required State Match	45,056.67	6,951.00	19,694.00	5,197.00	3,070.33	6,756.35	-	1,842.23	926.48	-	-	2,492.37
State Admin	47,911.00	-	-	5,197.00	-	-	-	-	-	-	-	-
State ILS	-	6,951.00	19,694.00	-	3,071.00	51,466.00	-	3,587.00	927.00	-	-	46,956.00
Additional match required	-	-	-	-	-	-	-	-	-	-	-	-
Non-Fed In-kind/Non-Fed Cash	-	-	-	-	-	-	-	-	-	-	-	-
Match required from another service	-	-	-	-	-	-	-	-	-	-	-	-

	Portation	Congregate	Congregate	Congregate	Home Del	Home Del	Home Del	I&R	Program Devel	Program Devel	
<b>DAARS Codes</b>	TSP	CNG	CNG	CNG	HDM	HDM	HDM	INR	PGD	PGD	
<b>Program Codes</b>	HCB	HCB	HCB	HCB	HCB	HCB	HCB	HCB	HCB	HCB	
<b>Service Detail Code</b>	C20		C19	C20		C19	C20	BOC		C20	
<b>AIMS Codes</b>	SP	CNG			HDM						
<b>Ln</b>	<b>Fund Source</b>										
1	State Admin										
2	OAA Admin (III C-1)										
3	OAA Admin (III E)										
4	SSBG Admin										
5	Title III-B								68,023.00		
6	Title III-C1		284,110.00								
7	Title III-C2				245,418.00						
8	Title III-D Prev Hlth										
9	Title III-E Caregiver										
10	NSIP				104,146.00						
11	Title VII Elder Abuse										
12	Title VII FED OMB										
13	State Ind Living Supports		30,307.00		88,535.00				4,036.00		
14	State Ombudsman										
15	State Respite										
16	SSBG (Services)		10,699.00		152,613.00						
17	SHIP										
18	Senior Medicare Patrol										
19	SSBG - HCB Wait List										
20	SSBG - One-Time Admin.										
21	SSBG - One-Time (Services)		10,000.00								
22	Senior Patrol Vols.										
23	Alzheimer's Dementia (ADSSP)										
24	MIPPA - S.H.LP										
25	MIPPA - AAA										
26	MIPPA - ADRC										
27	FFCRA - C1			57,157.00							
28	FFCRA - C1 Admin										
29	FFCRA - C2					163,772.00					
30	CARES Act - III-B	30,000.00							49,715.00	30,000.00	
31	CARES Act - III-C1 Admin										
32	CARES Act - III-C2						421,252.00				
33	CARES Act - III-E										
34	CARES Act - III-E Admin										
35	CARES Act - III-VII - FED. OMB.										
36	ADRC							45,146.00			
<b>Reimbursement Ceiling</b>		<b>30,000.00</b>	<b>335,116.00</b>	<b>57,157.00</b>	<b>-</b>	<b>590,712.00</b>	<b>163,772.00</b>	<b>421,252.00</b>	<b>45,146.00</b>	<b>121,774.00</b>	<b>30,000.00</b>

**DIRECT SERVICES**

ALTCS										
Program Income										
Non-Fed In-kind										
Non-Fed Cash										
Other Federal										
<b>Total</b>	<b>-</b>									

**PURCHASED SERVICES**

ALTCS					99,441.00					
Program Income		57,940.00			-					
Non-Fed In-kind		212,607.00			168,927.00					
Non-Fed Cash		88,074.00			86,371.00					
Other Federal										
<b>Total</b>	<b>-</b>	<b>358,621.00</b>	<b>-</b>	<b>-</b>	<b>354,739.00</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Grand Total</b>	<b>30,000.00</b>	<b>693,737.00</b>	<b>57,157.00</b>	<b>-</b>	<b>945,451.00</b>	<b>163,772.00</b>	<b>421,252.00</b>	<b>45,146.00</b>	<b>121,774.00</b>	<b>30,000.00</b>

**EXPENSES**

Personnel - Direct								23,000.00	13,258.00	13,258.00
ERE - Direct								12,000.00	5,586.00	7,086.00
Professional/Out										
Direct		30,000.00								-
Sub-Contractor	30,000.00	633,737.00	57,157.00		945,451.00	163,772.00	421,252.00		100,568.00	
Travel - Direct								5,500.00	500.00	
Space - Direct										
Equipment - Direct										
One Time		30,000.00								
On Going										
Material/Supplies - Direct								500.00		7,794.00
Operating Svcs Direct										
Allocated Indirect Direct								4,146.00	1,862.00	1,862.00
<b>SubTotal DIRECT</b>	<b>-</b>	<b>60,000.00</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>45,146.00</b>	<b>21,206.00</b>	<b>30,000.00</b>
<b>SubTotal PURCH</b>	<b>30,000.00</b>	<b>633,737.00</b>	<b>57,157.00</b>	<b>-</b>	<b>945,451.00</b>	<b>163,772.00</b>	<b>421,252.00</b>	<b>-</b>	<b>100,568.00</b>	<b>-</b>
<b>TOTAL SERVICE</b>	<b>30,000.00</b>	<b>693,737.00</b>	<b>57,157.00</b>	<b>-</b>	<b>945,451.00</b>	<b>163,772.00</b>	<b>421,252.00</b>	<b>45,146.00</b>	<b>121,774.00</b>	<b>30,000.00</b>

Units/Direct										
Units/Purchased		48,308.56			85,625.92					
<b>Units Total</b>	<b>-</b>	<b>48,308.56</b>	<b>-</b>	<b>-</b>	<b>85,625.92</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
Unit Rate/Direct	NA	#DIV/0!	NA	NA	NA	NA	NA	#DIV/0!	N/A	N/A
Unit Rate/Purch	#DIV/0!	13.12	#DIV/0!	NA	11.04	#DIV/0!	#DIV/0!	NA	N/A	N/A
Unit Rate/Total	#DIV/0!	14.36	#DIV/0!	NA	11.04	#DIV/0!	#DIV/0!	#DIV/0!	NA	NA

Note: Title III-B, III-C1, III-C2, III-D, III-E (Adm

Required State Match	-	16,712.49	-	-	14,436.48	-	-	-	4,001.39	-
State Admin	-	-	-	-	-	-	-	-	-	-
State ILS	-	30,307.00	-	-	88,535.00	-	-	-	4,036.00	-
Additional match required	-	-	-	-	-	-	-	-	-	-
Non-Fed In-kind/Non-Fed Cash	-	-	-	-	-	-	-	-	-	-
Match required from another service	-	-	-	-	-	-	-	-	-	-

	Health Prom	Health Prom	Ship/Outreach	Senior Patrol	MIPPA SHIP	MIPPA AAA	MIPPA ADRC	Long Term Care	Long Term Care	Home Care Cluster		
DAARS Codes	HED	HED	SHI	SHI	SHI	SHI	SHI	LTC	LTC	HSK	PRC	
Program Codes	HPR	HPR	SHP	SMP	SHP	SHP	SHP	OMB	OMB	HSK	PRC	
Service Detail Code		C20	OTR	IRM	MSA	MAA	MDA		C20			
AIMS Codes	HPR		IR1	IRM	SMP			LTC		HSK	PRC	
Ln	Fund Source											
1	State Admin											
2	OAA Admin (III C-1)											
3	OAA Admin (III E)											
4	SSBG Admin											
5	Title III-B	1,411.00		11,000.00		15,297.00					24,170.00	
6	Title III-C1											
7	Title III-C2											
8	Title III-D Prev Hlth	26,159.00										
9	Title III-E Caregiver											
10	NSIP											
11	Title VII Elder Abuse							2,858.00				
12	Title VII FED OMB							17,942.00				
13	State Ind Living Supports	89.00		5,885.00		4,335.00					8,413.00	
14	State Ombudsman							35,207.00				
15	State Respite											
16	SSBG (Services)										31,322.00	
17	SHIP			27,149.00								
18	Senior Medicare Patrol				6,804.00							
19	SSBG - HCB Wait List											
20	SSBG - One-Time Admin.											
21	SSBG - One-Time (Services)										11,341.00	
22	Senior Patrol Vols.											
23	Alzheimer's Dementia (ADSSP)											
24	MIPPA - S.H.LP					11,577.00		-	-			
25	MIPPA - AAA						7,423.00					
26	MIPPA - ADRC							6,200.00				
27	FFCRA - C1											
28	FFCRA - C1 Admin											
29	FFCRA - C2											
30	CARES Act - III-B		30,000.00									
31	CARES Act - III-C1 Admin											
32	CARES Act - III-C2											
33	CARES Act - III-E											
34	CARES Act - III-E Admin											
35	CARES Act - III-VII - FED. OMB.								13,546.00			
36	ADRC											
Reimbursement Ceiling		27,659.00	30,000.00	44,034.00	-	26,436.00	11,577.00	7,423.00	6,200.00	56,007.00	13,546.00	75,246.00

**DIRECT SERVICES**

ALTCS											
Program Income											
Non-Fed In-kind			2,300.00					4,500.00			
Non-Fed Cash											
Other Federal											
<b>Total</b>			2,300.00					4,500.00			

**PURCHASED SERVICES**

ALTCS											
Program Income											3,736.00
Non-Fed In-kind											2,076.00
Non-Fed Cash											35,938.00
Other Federal											
<b>Total</b>											41,750.00

**Grand Total**

	27,659.00	30,000.00	46,334.00	-	26,436.00	11,577.00	7,423.00	6,200.00	60,507.00	13,546.00	116,996.00
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**EXPENSES**

Personnel - Direct	14,379.00	12,879.00	20,141.00		12,903.00				28,646.00	2,000.00	
ERE - Direct	3,274.00	3,274.00	11,304.00		7,535.00				9,550.00	1,500.00	
Professional/Out	1,000.00	1,000.00									
Direct	-	-	-	-	-	11,577.00	7,423.00	6,200.00	1,998.00	1,000.00	
Sub-Contractor	-	-	-	-	-	-	-	-	-	-	116,996.00
Travel - Direct	1,535.00	1,535.00	4,901.00		910.00				4,199.00		
Space - Direct											
Equipment - Direct											
One Time										9,046.00	
On Going											
Material/Supplies - Direct	798.00	5,639.00	1,815.00						668.00		
Operating Svcs Direct	1,000.00		736.00						62.00		
Allocated Indirect Direct	5,673.00	5,673.00	7,437.00		5,088.00				15,384.00		
<b>SubTotal DIRECT</b>	<b>27,659.00</b>	<b>30,000.00</b>	<b>46,334.00</b>	<b>-</b>	<b>26,436.00</b>	<b>11,577.00</b>	<b>7,423.00</b>	<b>6,200.00</b>	<b>60,507.00</b>	<b>13,546.00</b>	<b>-</b>
<b>SubTotal PURCH</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>116,996.00</b>
<b>TOTAL SERVICE</b>	<b>27,659.00</b>	<b>30,000.00</b>	<b>46,334.00</b>	<b>-</b>	<b>26,436.00</b>	<b>11,577.00</b>	<b>7,423.00</b>	<b>6,200.00</b>	<b>60,507.00</b>	<b>13,546.00</b>	<b>116,996.00</b>

Units/Direct	75.00		1,950.00		800.00				1,680.00		
Units/Purchased											21,174.56
<b>Units Total</b>	<b>75.00</b>	<b>-</b>	<b>1,950.00</b>	<b>-</b>	<b>800.00</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>1,680.00</b>	<b>-</b>	<b>21,174.56</b>

Unit Rate/Direct	368.79	#DIV/0!	23.76	NA	33.05	NA	NA	NA	36.02	NA	NA
Unit Rate/Purch	NA	NA	NA	NA	NA	N/A	N/A	N/A	NA	5.53	NA
<b>Unit Rate/Total</b>	<b>368.79</b>	<b>#DIV/0!</b>	<b>23.76</b>	<b>NA</b>	<b>33.05</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>36.02</b>	<b>5.53</b>	<b>NA</b>

Note: Title III-B, III-C1, III-C2, III-D, III-E (Adm

Required State Match	83.00	-	647.06	-	899.83	-	-	-	-	-	1,421.78
State Admin	-	-	-	-	-	-	-	-	-	-	-
State ILS	89.00	-	5,885.00	-	4,335.00	-	-	-	-	-	8,413.00
Additional match required	-	-	-	-	-	-	-	-	-	-	-
Non-Fed In-kind/Non-Fed Cash	-	-	-	-	-	-	-	-	-	-	-
Match required from another servic	-	-	-	-	-	-	-	-	-	-	-

Ln	Fund Source	Attendant Care		Attendant Care		SSBG Waitlist					Outreach	Outreach	Case Mgn	
		DAARS Codes	NRH	ATT	ATT	CMG	ATT	HSK	RSP	NRH	HDM	OTR	OTR	CMG
		Program Codes	HCB	HCB	HCB	HCB	HCB	HCB	HCB	HCB	HCB	FCS	FCS	FCS
		Service Detail Code			C20	WTL	WTL	WTL	WTL	WTL	WTL		C20	
		AIMS Codes	VNS									IR5		CM5
1	State Admin													
2	OAA Admin (III C-1)													
3	OAA Admin (III E)													
4	SSBG Admin													
5	Title III-B	4,297.00	397,034.00											
6	Title III-C1													
7	Title III-C2													
8	Title III-D Prev Hlth													
9	Title III-E Caregiver									41,654.00			-	
10	NSIP													
11	Title VII Elder Abuse													
12	Title VII FED OMB													
13	State Ind Living Supports	3,772.00	143,225.00											
14	State Ombudsman													
15	State Respite													
16	SSBG (Services)	4,931.00	120,566.00											
17	SHIP													
18	Senior Medicare Patrol													
19	SSBG - HCB Wait List				17,000.00	80,000.00	6,150.00			111,985.00				
20	SSBG - One-Time Admin.													
21	SSBG - One-Time (Services)		20,000.00											
22	Senior Patrol Vols.													
23	Alzheimer's Dementia (ADSSP)													
24	MIPPA - S.H.LP													
25	MIPPA - AAA													
26	MIPPA - ADRC													
27	FFCRA - C1													
28	FFCRA - C1 Admin													
29	FFCRA - C2													
30	CARES Act - III-B													
31	CARES Act - III-C1 Admin													
32	CARES Act - III-C2													
33	CARES Act - III-E											20,000.00		
34	CARES Act - III-E Admin													
35	CARES Act - III-VII - FED. OMB.													
36	ADRC													
Reimbursement Ceiling		13,000.00	680,825.00	-	17,000.00	80,000.00	6,150.00	-	-	111,985.00	41,654.00	20,000.00	-	

**DIRECT SERVICES**

ALTCS													
Program Income													
Non-Fed In-kind													
Non-Fed Cash													
Other Federal													
Total		-	-	-	-	-	-	-	-	-	-	-	-

**PURCHASED SERVICES**

ALTCS													
Program Income			500.00										
Non-Fed In-kind										2,688.00			-
Non-Fed Cash	19,135.00	1,000.00								1,445.00			
Other Federal													
Total	19,135.00	1,500.00								4,133.00			-

**Grand Total**

	32,135.00	682,325.00	-	17,000.00	80,000.00	6,150.00	-	-	111,985.00	45,787.00	20,000.00	-
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**EXPENSES**

Personnel - Direct										23,631.00	10,000.00		-
ERE - Direct										7,877.00	5,000.00		-
Professional/Out													
Direct										2,000.00			-
Sub-Contractor	32,135.00	682,325.00		17,000.00	80,000.00	6,150.00			111,985.00				-
Travel - Direct										4,633.00			-
Space - Direct													
Equipment - Direct													
One Time													
On Going													
Material/Supplies - Direct										500.00			-
Operating Svcs Direct										500.00	5,000.00		-
Allocated Indirect Direct										6,646.00			-
SubTotal DIRECT										45,787.00	20,000.00		-
SubTotal PURCH	32,135.00	682,325.00		17,000.00	80,000.00	6,150.00			111,985.00				-
TOTAL SERVICE	32,135.00	682,325.00		17,000.00	80,000.00	6,150.00			111,985.00	45,787.00	20,000.00		-

Units/Direct										12.00			-
Units/Purchased	331.00									5.00			-
Units Total	331.00									17.00			-

Unit Rate/Direct	NA	NA	NA	NA	NA	NA	NA	NA	NA	3815.58	#DIV/0!	NA	
Unit Rate/Purch	97.08	NA	NA	NA									
Unit Rate/Total	97.08	NA	2693.35	#DIV/0!	NA								

Note: Title III-B, III-C1, III-C2, III-D, III-E (Adm

Required State Match	252.77	23,355.14	-	-	-	-	-	-	-	-	-	-	-
State Admin	-	-	-	-	-	-	-	-	-	-	-	-	-
State ILS	3,772.00	143,225.00	-	-	-	-	-	-	-	-	-	-	-
Additional match required	-	-	-	-	-	-	-	-	-	-	-	-	-
Non-Fed In-kind/Non-Fed Cash	-	-	-	-	-	-	-	-	-	-	-	-	-
Match required from another servic	-	-	-	-	-	-	-	-	-	-	-	-	-

	I&R	I&R	Training	Training	Comm. Ed. & Info	Comm. Ed. & Info	Adap Aid	Adap Aid	Home Repair	Respite			
DAARS Codes	INR	INR	CGT	CGT	CEI	CEI	ADP	ADP	RPR	RSP	RSP	RSP	RSP
Program Codes	FCS	FCS	FCS	FCS	FCS	FCS	FCS	HCB	FCS	FCS	FCS	FCS	FCS
Service Detail Code		C20		C20		C20				VCH			C20
AIMS Codes			CT5				AD5		RP5			RSP	
Ln	Fund Source												
1	State Admin												
2	OAA Admin (III C-1)												
3	OAA Admin (III E)												
4	SSBG Admin												
5	Title III-B												
6	Title III-C1												
7	Title III-C2												
8	Title III-D Prev Hlth												
9	23,707.00		32,200.00					7,000.00				1,000.00	
10	NSIP												
11	Title VII Elder Abuse												
12	Title VII FED OMB												
13	State Ind Living Supports												
14	State Ombudsman												
15	State Respite												
16	SSBG (Services)												
17	SHIP												
18	Senior Medicare Patrol												
19	SSBG - HCB Wait List												
20	SSBG - One-Time Admin.												
21	SSBG - One-Time (Services)												
22	Senior Patrol Vols.												
23	Alzheimer's Dementia (ADSSP)												
24	MIPPA - S.H.LP												
25	MIPPA - AAA												
26	MIPPA - ADRC												
27	FFCRA - C1												
28	FFCRA - C1 Admin												
29	FFCRA - C2												
30	CARES Act - III-B												
31	CARES Act - III-C1 Admin												
32	CARES Act - III-C2												
33				5,000.00	15,000.00		20,000.00						37,629.00
34	CARES Act - III-E Admin												
35	CARES Act - III-VII - FED. OMB.												
36	ADRC												
Reimbursement Ceiling	23,707.00	-	32,200.00	5,000.00	15,000.00	-	20,000.00	8,589.00	-	-	-	84,554.00	37,629.00

**DIRECT SERVICES**

ALTCS													
Program Income													
Non-Fed In-kind													
Non-Fed Cash													
Other Federal													
Total	-	-	-	-	-	-	-	-	-	-	-	-	-

**PURCHASED SERVICES**

ALTCS													
Program Income												200.00	
Non-Fed In-kind			1,515.00										
Non-Fed Cash			467.00									1,741.00	
Other Federal													
Total	-	-	1,982.00	-	-	-	-	-	-	-	-	1,941.00	-
<b>Grand Total</b>	<b>23,707.00</b>	<b>-</b>	<b>34,182.00</b>	<b>5,000.00</b>	<b>15,000.00</b>	<b>-</b>	<b>20,000.00</b>	<b>8,589.00</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>86,495.00</b>	<b>37,629.00</b>

**EXPENSES**

Personnel - Direct	9,747.00		12,818.00	3,000.00	8,000.00			3,000.00					
ERE - Direct	2,916.00		6,480.00	2,000.00	2,000.00			650.00					
Professional/Out													
Direct	5,000.00		3,000.00					3,739.00					
Sub-Contractor							20,000.00					86,495.00	37,629.00
Travel - Direct	500.00		5,000.00		2,000.00								
Space - Direct													
Equipment - Direct													
One Time													
On Going													
Material/Supplies - Direct	100.00		1,100.00		1,000.00								
Operating Svcs Direct	615.00												
Allocated Indirect Direct	4,829.00		5,784.00		2,000.00			1,200.00					
SubTotal DIRECT	23,707.00	-	34,182.00	5,000.00	15,000.00	-	-	8,589.00	-	-	-	-	-
SubTotal PURCH	-	-	-	-	-	-	20,000.00	-	-	-	-	86,495.00	37,629.00
<b>TOTAL SERVICE</b>	<b>23,707.00</b>	<b>-</b>	<b>34,182.00</b>	<b>5,000.00</b>	<b>15,000.00</b>	<b>-</b>	<b>20,000.00</b>	<b>8,589.00</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>86,495.00</b>	<b>37,629.00</b>

Units/Direct	951.19		12.00										
Units/Purchased			3.00				34.00		4.00			2,936.96	2,936.96
Units Total	951.19	-	15.00	-	-	-	34.00	-	4.00	-	-	2,936.96	2,936.96
Unit Rate/Direct	0.00	#DIV/0!	2848.50	#DIV/0!	#DIV/0!	NA	NA	NA	NA	NA	NA	NA	NA
Unit Rate/Purch	NA	NA	NA	NA	NA	NA	588.24	NA	NA	NA	NA	29.45	12.81
Unit Rate/Total	24.92	NA	2278.80	#DIV/0!	#DIV/0!	NA	588.24	NA	NA	NA	NA	29.45	12.81

Note: Title III-B, III-C1, III-C2, III-D, III-E (Adm

Required State Match	-	-	-	-	-	-	-	411.77	-	-	-	58.82	-
State Admin	-	-	-	-	-	-	-	-	-	-	-	-	-
State ILS	-	-	-	-	-	-	-	1,589.00	-	-	-	295.00	-
Additional match required	-	-	-	-	-	-	-	-	-	-	-	-	-
Non-Fed In-kind/Non-Fed Cash	-	-	-	-	-	-	-	-	-	-	-	-	-
Match required from another servic	-	-	-	-	-	-	-	-	-	-	-	-	-

Ln	Fund Source	TOTAL
1	State Admin	53,108.00
2	OAA Admin (III C-1)	135,170.00
3	OAA Admin (III E)	15,591.00
4	SSBG Admin	58,674.00
5	Title III-B	733,526.60
6	Title III-C1	284,110.00
7	Title III-C2	245,418.00
8	Title III-D Prev Hlth	26,159.00
9	Title III-E Caregiver	194,346.00
10	NSIP	104,146.00
11	Title VII Elder Abuse	2,858.00
12	Title VII FED OMB	17,942.00
13	State Ind Living Supports	423,133.00
14	State Ombudsman	35,207.00
15	State Respite	19,628.00
16	SSBG (Services)	540,202.00
17	SHIP	27,149.00
18	Senior Medicare Patrol	6,804.00
19	SSBG - HCB Wait List	215,135.00
20	SSBG - One-Time Admin.	7,371.00
21	SSBG - One-Time (Services)	66,341.00
22	Senior Patrol Vols.	-
23	Alzheimer's Dementia (ADSSP)	-
24	MIPPA - S.H.LP	11,577.00
25	MIPPA - AAA	7,423.00
26	MIPPA - ADRC	6,200.00
27	FFCRA - C1	57,157.00
28	FFCRA - C1 Admin	20,853.00
29	FFCRA - C2	163,772.00
30	CARES Act - III-B	204,715.00
31	CARES Act - III-C1 Admin	59,082.00
32	CARES Act - III-C2	421,252.00
33	CARES Act - III-E	97,629.00
34	CARES Act - III-E Admin	9,211.00
35	CARES Act - III-VII - FED. OMB.	13,546.00
36	ADRC	45,146.00
	Reimbursement Ceiling	4,329,581.60

#

**DIRECT SERVICES**

ALTCS	-
Program Income	-
Non-Fed In-kind	6,800.00
Non-Fed Cash	-
Other Federal	-
<b>Total</b>	<b>6,800.00</b>

**PURCHASED SERVICES**

ALTCS	99,441.00
Program Income	151,376.00
Non-Fed In-kind	458,846.00
Non-Fed Cash	854,567.00
Other Federal	1,022,487.00
<b>Total</b>	<b>2,586,717.00</b>

**Grand Total 6,923,098.60**

**EXPENSES**

Personnel - Direct	448,506.00
ERE - Direct	166,971.00
Professional/Out	2,000.00
Direct	117,141.00
<b>Sub-Contractor</b>	<b>5,878,435.00</b>
Travel - Direct	57,044.60
Space - Direct	-
Equipment - Direct	-
One Time	39,601.00
On Going	-
Material/Supplies - Direct	49,967.00
Operating Svcs Direct	19,913.00
Allocated Indirect Direct	143,520.00
<b>SubTotal DIRECT</b>	<b>1,044,663.60</b>
<b>SubTotal PURCH</b>	<b>5,878,435.00</b>
<b>TOTAL SERVICE</b>	<b>6,923,098.60</b>

Units/Direct	5,528.19
Units/Purchased	275,459.67
<b>Units Total</b>	<b>280,987.86</b>

Unit Rate/Direct	#DIV/0!
Unit Rate/Purch	#DIV/0!
Unit Rate/Total	#DIV/0!

Note: Title III-B, III-C1, III-C2, III-D, III-E (Adm

Required State Match	154,266.96
State Admin	53,108.00
State ILS	423,133.00
Additional match required	-
Non-Fed In-kind/Non-Fed Cash	-
Match required from another servic	-



# ADVISORY COUNCIL ON AGING PACKET

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**MEMO TO:** ADVISORY COUNCIL ON AGING  
**FROM:** LAURA VILLA, AREA AGENCY ON AGING DIRECTOR  
**DATE:** JULY 16, 2020  
**SUBJECT:** RESPONSE TO COVID-19

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## Description:

Five months in since the pandemic was declared, we now have almost **3.3 million cases** of COVID-19 in the United States and over **134,000 deaths**. In Arizona alone, we see over **124,000 cases**, over **2,245 deaths**. The number of cases continues to rise, and we must work together in finding ways to stay well to continue to give the essential work we provide to the most vulnerable clients. Data shows by the Center for Disease Control (CDC) 80% of people who are affected are 65 years and older. As new cases spike, we have planned accordingly with what is best in our communities and will continue to do so moving forward.

Since March, SEAGO-Area Agency on Aging,

- AAA stopped greeting clients in person, and asked to call for an appointment
- postponed all community events and in-person activities
- switched to conference calls/video conferencing
- Set up all AAA staff to work remotely, except for one employee to cover the office phones during work hours.
- Program coordinators, initiated zoom presentations and these are posted immediately on the AAA Facebook, youtube and the SEAGO website
- Case Managers were asked to work from home and allowed them the flexibility to perform their re-determinations over the phone instead of in-person.
- Desktop Programmatic Monitoring held over the phone
- Constant communication was kept with Congregate and Home Delivered Meal providers, as well as to issue PPE available for distribution.
- Our centers postponed congregation but rather provide grab and go meals via curbside locations, provide a frozen meal to participants and allowed for new members to receive a meal
- Health care providers enforced their sanitation measures and continued sending care workers into our clients homes

- Providers were to increase sanitation measures to include, temperature checks, use of hand sanitizer, masks, and gloves by staff.
- With the number of cases still rising, the Area Agency on Aging, as well as most of the service providers, continue to follow the same procedures and are reluctant to open their doors until they feel comfortable in doing so. See below for the numbers through July 7, 2020, obtained from the AZDHS dashboard.  
<https://www.azdhs.gov/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/covid-19/dashboards/index.php>

**1. Santa Cruz County numbers through 7-13-2020**

- 2186 cases
- 29 deaths
- 55-64 years 352 cases
- 65+ 235 cases
- 52% female 48% male
- Chronic medical condition 19%
- High Risk 26%

**2. Cochise County numbers through 7-13-2020**

- 1062 cases
- 23 deaths
- 55-64 years 159 cases
- 65+ 186 cases
- 55% female 45% male
- Chronic medical condition 26%
- High Risk 36%

**3. Graham County numbers through 7-13-2020**

- 207 cases
- 0 deaths
- 55-64 20 cases
- 65+ 35 cases
- 53 female/47% male
- Chronic Medical condition 13%
- High Risk 27%

**4. Greenlee County numbers through 7-13-2020**

- 33 cases
- 0 deaths
- 55-64 4 cases
- 65+ 0 cases
- 36% female 64% male
- Chronic Medical condition –none
- High Risk – none

Please feel free to visit our sites and stay informed as postings are done three times per week on COVID-19 and share. Below included are contact numbers in your areas that can help provide further assistance on the matter, including the links to the Centers for Disease Control and Arizona Department of Health Services. Please keep these numbers handy and reach out.

<https://www.cdc.gov/>

<https://www.azdhs.gov/>

**Attachments:** Clinician on-call center, Region VI C-19 resources, Testing guidance

ActionRequested:

Information Only

Action Requested Below

# COVID-19 Resources

## STATE

### 2-1-1 Arizona

If you need assistance finding food, paying house bills, accessing free childcare, or other essential services, dial 211, search on the homepage of [211Arizona.com](http://211Arizona.com) or download the 211 Arizona app.

### COVID-19 Hotline

A COVID-19 hotline has been set up to answer any questions from the public and healthcare providers about testing, symptoms, and any other questions you have about the virus. **Call 1-844-542-8201 to reach a health care professional.**

## SANTA CRUZ COUNTY

### Case Manager

Areli Parrales  
2150 N Congress Dr. Nogales AZ 85621  
**Phone: 520-375-7892**

### Santa Cruz Council on Aging

125 E Madison St # 4, Nogales, AZ 85621  
**Phone: 520-287-7422**

### Senior Citizens of Patagonia

100 Quiroga Ln, Patagonia, AZ 85624  
**Phone: 520-394-2494**

### Community Foodbank Nogales

2636 N Donna Ave, Nogales AZ 85621  
**Phone: 520-281-2790**

### Borderlands Foodbank Nogales

270 W Produce Row, Nogales AZ 85621  
**Phone: 520-287-2627**

## GREENLEE COUNTY

### Case Manager

Diane Leaman  
253 5<sup>th</sup> St. Clifton AZ 85533  
**Phone: 928-865-2601**

### Greenlee County Health & County Services

253 Fifth St P.O. Box 936 Clifton, AZ 85533  
**Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.**  
**Phone: (928) 865-2601 Fax: (928) 865-1929**

### Meals programs: SEACUS

822 W Main St, Safford, AZ 85546  
**Phone: (928) 428-5891**

## GRAHAM COUNTY

<b>Case Manager</b>	Stephanie Nabor-Estrada 1124 W Thatcher Blvd, Safford AZ 85546 <b>Phone: 928-428-3229</b>
<b>Graham County Health Department</b>	<b>Phone: 928-428-0110</b>
<b>Meals programs: SEACUS</b>	822 W Main St, Safford, AZ 85546 <b>Phone: (928) 428-5891</b>

## COCHISE COUNTY

<b>Case Manager</b>	Yolanda Thomas <b>520-805-5631</b> Marla Tamez <b>520-586-8191</b> Shirley Thomas <b>520-586-8192</b> Seana Riffle <b>520-803-3950</b>
<b>Cochise Health and Social Services</b>	1415 Melody Lane, Building A Bisbee, AZ 85603 <b>Phone: (520) 432-9400</b>
<b>Meals Programs: Douglas Arc (DARC)</b>	610 E 9th St, Douglas, AZ 85607 <b>Phone: (520) 364-2647</b>
<b>Meals Programs: Old Firehouse Senior Center-Tombstone</b>	507 E Toughnut Street, Tombstone, AZ 85638 <b>Phone: 520-457-2525</b>

## SEAGO-AREA AGENCY ON AGING REGION VI

Laura Villa, AAA Program Director  
[lvilla@seago.org](mailto:lvilla@seago.org)  
520-366-6424  
520-432-2528 X208

Ramona MacMurtrie, SHIP-SMP Coordinator  
[rmacmurtrie@seago.org](mailto:rmacmurtrie@seago.org)  
520-432-2528 X222

Karen Enriquez, Fam. Caregiver Support Coordinator  
[kenriquez@seago.org](mailto:kenriquez@seago.org)  
520-432-2528 X221

Shi Martin, Long Term Care Coordinators  
[smartin@seago.org](mailto:smartin@seago.org)  
520-432-2528 X206

Nubia Romo, Health & Nutrition Program Coordinator  
[nromo@seago.org](mailto:nromo@seago.org)  
520-432-2528 X206

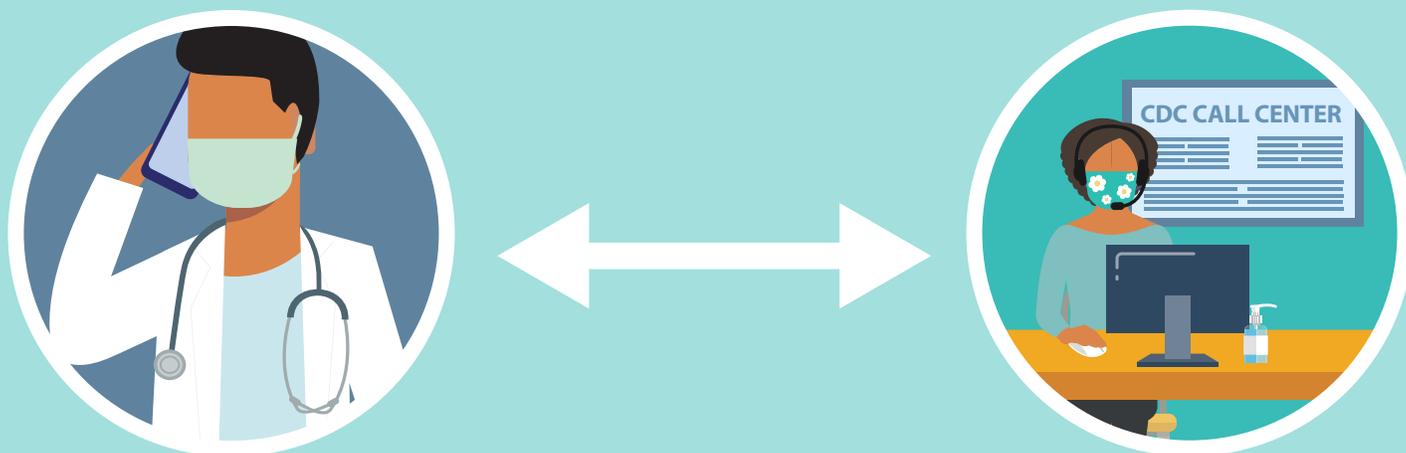
Carrie Gibbons, Management Analyst  
[cgibbons@seago.org](mailto:cgibbons@seago.org)  
520-432-2528 X223

Amalia "Mali" Marin, Office Specialist  
[amarin@seago.org](mailto:amarin@seago.org)  
520-432-2528 X220

# CDC Clinician On-Call Center

A service of the CDC COVID-19 Response

CDC developed the Clinician On-Call Center as a resource available to healthcare personnel working to prevent, detect, and respond to COVID-19. The Clinician On-Call Center is a 24-hour hotline with CDC clinicians standing by to answer questions about COVID-19.



## To access the Clinician On-Call Center

Call the main CDC information line at 800-CDC-INFO (800-232-4636) and ask for the Clinician On-Call Center. An agent will then route you to this service.

### Who is it for?

The Clinician On-Call Center is available to provide support to healthcare personnel in a variety of settings, including:

- Clinics, hospitals, and other healthcare facilities
- Health departments
- Community organizations
- Long-term care facilities
- Laboratories
- Correctional facilities
- Occupational health clinics

### What support is available?

Clinicians are available 24 hours a day to discuss a wide range of COVID-19 topics, including:

- Clinical diagnosis, testing, and management
- Worker safety
- Infection prevention and control
- Home isolation and return-to-work
- Personal Protective Equipment (PPE)
- Pregnancy and breastfeeding
- Vulnerable populations
- Contact tracing and epidemiology
- Postmortem care



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

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# GUIDANCE ON INTERPRETING COVID-19 TEST RESULTS

	RESULT	INTERPRETATION	RECOMMENDED ACTION
<b>VIRAL TESTING†</b>  (testing for current infection)	<b>Positive</b>	<i>Most likely*</i> you <b>DO</b> <u>currently</u> have an active COVID-19 infection and can give the virus to others.	<u>Stay home*</u> and <u>follow CDC guidance</u> on steps to take if you are sick. *If you are a healthcare or critical infrastructure worker, notify your work of your test result.
	<b>Negative</b>	<i>Most likely*</i> you <b>DO NOT</b> <u>currently</u> have an active COVID-19 infection.	If you have symptoms, you should keep monitoring symptoms and seek medical advice about staying home and if you need to get tested again.  If you don't have symptoms, you should get tested again only if your medical provider and/or workplace tells you to. <u>Take steps to protect yourself and others.</u>
<b>ANTIBODY TESTING‡</b>  (testing for past infection with the virus)	<b>Positive:</b>	You <i>likely*</i> have <b>HAD</b> a COVID-19 infection.	You may be protected from re-infection (have immunity), but this cannot be said with certainty. Scientists are conducting studies now to provide more information. <u>Take steps to protect yourself and others.</u>
	<b>Negative</b>	You <i>likely*</i> <b>NEVER HAD</b> (or have not yet developed antibodies to) COVID-19 infection.	You could still get COVID-19. <u>Take steps to protect yourself and others.</u>
<b>BOTH</b>  (antibody and viral testing)	<b>Viral Positive, Antibody Positive:</b>	<i>Most likely*</i> you <b>DO</b> <u>currently</u> have an active COVID-19 infection and can give the virus to others.	<u>Stay home*</u> and <u>follow CDC guidance</u> on steps to take if you are sick. *If you are a healthcare or critical infrastructure worker, notify your work of your test result.
	<b>Viral Positive, Antibody Negative</b>	<i>Most likely*</i> you <b>DO</b> <u>currently</u> have an active COVID-19 infection and can give the virus to others.	<u>Stay home*</u> and <u>follow CDC guidance</u> on steps to take if you are sick. *If you are a healthcare or critical infrastructure worker, notify your work of your test result.
	<b>Viral Negative, Antibody Positive</b>	You <i>likely*</i> have <b>HAD</b> and <b>RECOVERED FROM</b> a COVID-19 infection.	You may be protected from re-infection (have immunity), but this cannot be said with certainty. Scientists are conducting studies now to provide more information. You should get tested again only if your medical provider and/or workplace tells you to. <u>Take steps to protect yourself and others.</u>
	<b>Viral Negative, Antibody Negative</b>	You <i>likely*</i> have <b>NEVER HAD</b> a COVID-19 infection.	You could still get COVID-19. You should get tested again only if your medical provider and/or workplace tells you to. <u>Take steps to protect yourself and others.</u>

*\*No test is ever perfect. All tests occasionally result in false positive results (the test result should be negative because you DO NOT have COVID-19 but comes back positive) or false negative results (the test result should be positive because you DO have COVID-19, but comes back negative). Sometimes the results are not definitive (the result is unclear, and you don't know if it is positive or negative). For this and other reasons, results should always be reviewed by a healthcare professional.*

*†Viral tests are typically performed on respiratory specimens such as nasal swabs or throat swabs. They test for the presence of the virus, usually by testing for the virus's RNA or sometimes by testing for the virus's proteins ("antigen testing"). Antigen testing may be less sensitive than tests for the virus's RNA. If your antigen test is negative, please ask your healthcare provider if additional testing with an RNA test is needed and how long you should stay home.*

*‡Antibody testing, also called "serologic testing" or "serology", is typically performed on a blood sample. Ideally, the results show whether you have ever been infected with the virus in the past or may be currently infected. Antibody tests check for antibodies that appear in the blood between about one and three weeks after symptom onset and may remain as long as a lifetime. Antibody tests may be positive while a person is infected. It is not yet known whether these antibodies protect against reinfection with the COVID-19 virus. For many other similar viruses, antibodies are protective for years or longer, but we do not yet have adequate data to know for COVID-19.*



# ADVISORY COUNCIL ON AGING PACKET

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**MEMO TO:** ADVISORY COUNCIL ON AGING  
**FROM:** LAURA VILLA, AREA AGENCY ON AGING DIRECTOR  
**DATE:** JULY 16, 2020  
**SUBJECT:** ADVOCACY-AREA PLAN ON AGING AND CENSUS 2020

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## Description:

**Area Plan on Aging**, the deadline to obtain the Needs Assessments in our area has expired. We are asking our communities to send any completed needs assessments to our office and or let us know if we should stop by and pick these up. Mr. Robert Carreira will be collecting the data obtained from these assessments and preparing our report. In the next month, I will be reaching out to critical respondents to gather information/feedback from them regarding the services the Area Agency provides and how we can better improve for the next upcoming years. If you have a list of key-respondents, please make me aware so that I may include them and reach out.

**Census 2020**, The Census Bureau resumed operations in its Arizona Area Census Offices on Monday, May 18, 2020. As you probably recall, the Tucson office is the area office responsible for Census operations in your Counties. As a result, Field Operations have been out in the field, delivering Census questionnaire packets in the Update Leave areas. Field workers wear personal protective equipment while out in the field, and all are required to follow social distancing and hygiene guidelines. The Update Leave operation will be a no-contact operation - they will not ring doorbells or knock at the residences, instead drop off the Census questionnaire packets, thus no direct interaction with residents. **Starting July 16, census takers will begin interviewing households that have yet to respond to the 2020 Census in regions managed by the area census offices. In subsequent weeks, the Census Bureau will announce additional census offices as it prepares to begin enumeration activities nationwide. The majority of census offices across the country will begin follow-up work on August 11. All offices will conclude work no later than October 31.** While an extension has been granted, we see that the census numbers, as indicated in the attachment is not showing a considerable increase from 2010. To this date, the numbers are concerning. The Area Agency on Aging receives funding based on the number of individuals living in our region. Thus, the reason for having less funding than metropolitan areas throughout the state.

**What have we done?** We have publicized in the four-county region on radio stations, newspapers, and, most importantly, through social media, disseminated information via flyers and cards and we are still showing a low count.

**What can we continue to do?** We can start by making sure that your family, friends, neighbors, staff, etc. have completed their questionnaire and offer to assist in filling it out for them if they haven't. We still have time to make an impact and bring those numbers up by helping those who need the help. Identify where those individuals can obtain the support they need and guide them to the available resources from your community. Each count represents funding for the next ten years.

Attachments: census 2020 numbers

ActionRequested:                    Information Only                    Action Requested Below

Results from the 2020 Census will be used to determine the number of seats each state has in Congress and your political representation at all levels of government.

You can complete your questionnaire online or by phone

Visit [my2020census.gov](http://my2020census.gov) to begin.

It's quick and easy. The 2020 Census questionnaire will take about 10 minutes to complete.

It's safe, secure, and confidential. Your information and privacy are protected. Your response helps to direct billions of dollars in federal funds to local communities for schools, roads, and other public services.

<b>2020 Census Self Response Data</b>					
<b>NATIONAL RATE AS OF 7/5/20: 61.9%</b>					
<b>Date</b>	<b>Arizona %</b>	<b>Cochise %</b>	<b>Graham %</b>	<b>Greenlee %</b>	<b>Santa Cruz %</b>
<b>2010 Census</b>	<b>77</b>	<b>76.9</b>	<b>72.4</b>	<b>68.1</b>	<b>74.4</b>
7/5/2020	58.5	57.3	51.3	35.2	52.2
<b>COMMUNITY %</b>					
		BENSON	54.5		
		BISBEE	55.6		
		CLIFTON	33.9		
		DOUGLAS	54.8		
		DUNCAN	36.2		
		HUACHUCA CITY	59.0		
		NOGALES	49.1		
		PATAGONIA	36.4		
		SAFFORD	60.8		
		SIERRA VISTA	65.8		
		THATCHER	62.8		
		TOMBSTONE	41.8		
		WILLCOX	46.0		



# ADVISORY COUNCIL ON AGING PACKET

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**MEMO TO:** ADVISORY COUNCIL ON AGING  
**FROM:** LAURA VILLA, AREA AGENCY ON AGING DIRECTOR  
**DATE:** JULY 16, 2020  
**SUBJECT:** AAA PROGRAM UPDATES/NEWSLETTER

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Description:

**READI Meals Program:** Based on the 2019-2020 feedback from health departments in the Southeastern Arizona service area, the main goal in 2020 was to devise a plan which would prove freeze-dried food safety and stability. Once that system was in place, the READI Meals Program needed a Food Safety Plan (FSP) that met FDA guidelines under the Food Modernization Act.

The measurement of Water Activity is a proven scientific method used to identify the point at which bacteria and microorganisms can no longer reproduce in a freeze-dried product. The use of a Water Activity Meter is added to the READI Meals process, so freeze-dried foods can be batch tested, results documented, and thus deemed safe for consumption. All participating sites now have Freeze Dryers and Water Activity Meters.

SKALA is a food Safety software platform that we will use to collect and store water activity data, create safety procedure checklists, generate reports, and allow easy access to auditing information for health department purposes. The SKALA software platform is FSP/FDA compliant and will help the READI Meals Program manage necessary documentation requirements. All participating sites will be equipped with the SKALA software and an iPad for use with the READI Meals process. Information collected from different places is stored on the cloud and will be visible in a central location for the program administrator to manage and review.

Several steps are complete in the creation and implementation of the READI Meals Food Safety Plan. Along with the purchase of Water Activity Meters and the SKALA food safety software, an Equipment Manual and an Employee Training Manual is created to further prove procedure, product, and employee safety.

Program Development will continue to include at least 360 hours of Cindy Meyer's time to continue with the process during SFY21. An extension of the MOU is drafted to include the tasks needed for completion. It is essential to know and understand that due to COVID, we have stopped the teaching and testing of food items as we would not like to expose the staff, volunteers, and the meals from

COVID. While we continue to experiment with what works and what does not, sites are not required to start this process until COVID has slowed down, and capacity is back up.

**DES-DAAS Contract Monitoring:** Programmatic Monitoring is complete for SFY20. With changes on how we used to complete our monitoring, we feel confident with the results from most of our providers. Next programmatic monitoring for SFY21 will be performed during the first quarter.

**Aging and Disability Resource Counseling (ADRC):** With the impact of COVID-19, DES-DAAS has designated funding to Region VI to help us provide care transitions to those affected by the virus. Currently, Karen Enriquez and I are undertaking the ADRC certification for us to move into that direction. The goal is to help those areas which have been profoundly impacted by COVID. To provide them with the resources available to get back into their community. Based on the case count, we will be reaching out to Santa Cruz County Carondelet Hospital and Cochise County Sierra Vista Canyon Vista Medical Center to offer our services. Nubia Romo will also go through this training, and she will be the go-to person from those two entities. She will work closely with the AAA case managers as well as learning the available resources and start building those partnerships.

**End of Life: Cochise County:**

Thoughtful Life Conversations (TLC) done in June for AAA via Zoom with 11 participating (1 from Greenlee and 1 from Nogales).

Next TLC via Zoom for Community Education - 8/6/20 - promoted through Chamber of Commerce, libraries, Coalition, AAA social media, Legacy Foundation

Outreach done with home health and other healthcare agencies, churches, funeral home, businesses - will continue

Guest speaker for Cochise County podcast, Cochise Conversation - meet 7/14/20 (am excited!)

PSA's on National Healthcare Decisions Day and info on COVID-19 scheduled to be aired 7/16/20 on KKYZ and affiliate stations in Cochise and Graham Counties

Working on AAA YouTube channel video on COVID-19 Prep Guide

Completed 1 hour Intro to POLST (Provider Orders for Life Sustaining Treatment) and will work to disseminate that information throughout community

Continue to work with Cochise College and University of AZ South

**Santa Cruz County:**

Coordinator (Monica Romero) completed training to co-present TLCs via Zoom and co-facilitated 2 TLC's

Is scheduling TLC for DDD in Nogales for July

Will schedule TLC for DDD throughout other counties in region

Do outreach to MCHC and other businesses, churches, etc.

Monthly TLC being promoted through Chamber of Commerce, SEACUS, AAA social media

**Graham and Greenlee County:**

Assistant Coordinator (Laura Rogers) attended a TLC via Zoom last week and with additional training will be able to co-facilitate TLC's via Zoom

Outreach - Canyonlands Health Center, funeral homes, healthcare and other businesses

Have sent info to Eastern Arizona College Nursing - awaiting reply

Monthly TLC being promoted through Chamber of Commerce, SEACUS, AAA social media

**Family Caregiver Support Program:** Due to COVID and Social Distancing Mandates, FCSP had to change its service delivery models and adapt to working remotely. The AAA purchased virtual platforms, Zoho, and ZOOM, which has allowed the expansion of our online presence.

The first FCSP webinar, “Coping For NOW!” was completed on March 30, 2020, which provided an overview of the best practices for the COVID Pandemic and offered strategies for coping with the “new normal.” To date, the FCSP has created a library of webinars that have been uploaded on our Facebook page Video Library and our YouTube page. The topics include Caregiver Challenges, Elder Abuse, Ambiguous Loss, COVID best practices, and an introduction/overview of the SEAGO, Area Agency on Aging and its’ programs, titled “Who Cares? We Do” and more.

CARE, a peer-led Family Caregiver Support Group, was established in October 2019, and met weekly in Sierra Vista before the COVID-19 outbreak. In April 2020, dealing with the pandemic crisis, we augmented our services and began a virtual group. The online weekly CARE meetings are peer-led by a SEAGO AAA exceptional volunteer and are open to all Caregivers. Scheduled for every Wednesday at 10:00 AM, adapting our platform enables us to reach the far corners of our rural communities, our homebound caregivers, and even other regions throughout our state. Going forward, we plan to continue both face-to-face and virtual support groups.

Behind the scenes, we are also looking at long term plans to continue to connect those in our community that are tech-averse and increase Senior computer literacy skills.

The FCSP has also utilized direct mailings, email and telephonic Reassurance calls to all of the Caregivers receiving services in the program, offering relevant information, services, and wellness checks. The contact has been appreciated and has assisted the caregivers with the reassurance that the SEAGO AAA is still present and advocating for them.

Help Promote the Arizona Family Caregiver Reimbursement Program: see flyer attached.

SHIP-SMP Program: We have been busily adjusting to the constraints imposed on us by COVID 19 issues and learning new ways to reach out to our clients. The primary source of communication has been our Facebook page; we attempt to keep you updated with everything that affects our programs and how we deliver the information to the public. Our initial contacts dipped way down while everyone was figuring out how to conduct the business of daily life. We sent out a few mailings, informational brochures, and pamphlets explaining how we were going to continue to provide services, and our client count has gone up dramatically. **From only 47 client contacts in April, we have increased to 139 in May and 127 in June.** We expect to continue along these lines utilizing social media, mailings, and telephone conversations.

SHIP/SMP has archived several videos on our Facebook page that are available to view at your convenience:

- **Understanding Medicare;** gives an overview of the Medicare program, including options, enrollment periods, and how to make your Medicare choices.
- **Medicare Coverage of Home Health Care and Therapy Services;** explains how a person

qualifies for coverage of Home Health Care and Therapy services under Medicare

- **Medicare Enrollment Periods**; explains the different enrollment periods, including the Initial Enrollment Period, the Annual Enrollment Period, and Special Enrollment Periods.

New videos will be added to our archives after a live presentation according to the following schedule:

- **Know Your Insurance Coverage and Benefits** – Thursday, 7/23/20 10:00 AM
- **Getting Help With Medicare Costs** – Thursday, 7/30/20 10:00 AM
- **Preventing Medicare Fraud and Identity Theft** – Thursday, 8/6/20 10:00 AM

Registration for these webinars is available on our Facebook page in the Events section. Please join us for one or all of these webinars and let us know if there is a particular subject you would like to see covered.

At this time, we are continuing with Medicare counseling via telephone and email. SHIP/SMP can be reached at 520-432-2528 ext. 222 and via email at [shiphelp@seago.org](mailto:shiphelp@seago.org). Please, feel free to contact us for answers to any questions regarding Medicare, Medicaid, issues with your health plan, problems with providers, and other problems that may arise in regards to your health care.

**Health and Nutrition Program:** During a period of physical distancing due to COVID-19, the health promotion program has been busy exploring options for connecting remotely. We currently offer:

- Tai Chi for Arthritis and Fall Prevention
- A Matter of Balance is currently on HOLD until further guidance is obtained from DES-DAAS.

Options for remote delivery will be available, while in-person programming is not possible. Social distancing guidelines and state and local “stay at home” orders vary. It’s anticipated that remote programs will be necessary for several months, especially for the most vulnerable populations, including older adults and adults with multiple chronic conditions.

Programs implemented remotely are tracked.

- Participants must have an attendance record of attending at least 16 remote sessions for TAI CHI
- Participants must have six (6) remote sessions for A Matter of Balance Classes. When goals have been met, participants will receive a TAI CHI patch, and certificate for that program.
- We will be offering new classes starting in August 2020, when June/July classes have ended.
- Anyone from the region may attend as these classes are virtual.

Explore the evidence-based programs on our [Facebook](#) page, that are proven to help older adults

reduce their risk of falling. You can also visit our [webpage](#) to find a program near you! Check our calendar of events for specific class information or call (520)432-2528 or email: [nromo@seago.org](mailto:nromo@seago.org) to inquire about upcoming classes in your community!

**Long Term Care Ombudsman Program:** LTC postponed visiting residents in long-term care settings on 3/12/2020 when the CMS rule of no visitation for long-term care and assisted living went into effect. Since that time, we have been sending out mailings to all the long-term care residences in the three counties. We've done outreach to facilities and families and taking resident, and resident family calls over the phone. The facilities to this date are still be closed to family and friends, but the Long-Term Care Ombudsman will soon return to the COVID- free facilities to advocate for the residents. The AAA Coordinator will be entering those facilities with appropriate PPE when training and rapid COVID testing is in place. It has been instructed that LTC Coordinators are not to come to those facilities with COVID outbreaks.

With the retirement of Ed and Bernice Bagnaschi in March as our only two Long-Term Care Ombudsman volunteers, we have no volunteers to date. As a result of new rules passed down from DES-DAAS, most ombudsman training must now be done in a classroom setting or Long-Term Care facilities; self-study is no longer allowed as training. During COVID, it has become a more significant challenge to recruit and train volunteers for the program.

Attachments: Newsletter, AAA Banner, AZ Family Caregiver reimbursement program

Action Requested:

Information Only

Action Requested Below



# Arizona Family Caregiver Reimbursement Program

Starting January 1, 2020, family caregivers can receive a **50% reimbursement up to \$1,000 for home modifications and assistive care technology**. The family member must be 18 years or older, and requires help with one (1) or more daily tasks.



## Important: <<

- Home modifications and assistive care technology purchases must occur on or after **January 1, 2020**.
- Applications are reviewed on a first-come, first serve basis due to limited funding.
- Family caregivers who receive reimbursement are *not* eligible to apply again for three (3) consecutive calendar years.
- For reimbursement over \$600 a 1099 tax form will be provided.

Applications and program details are available starting January 1, 2020 by speaking with a Caregiver Resource Specialist at (888) 737-7494.

Visit [azcaregiver.org](http://azcaregiver.org) for more details.



Equal Opportunity Employer / Program • Auxiliary aids and services are available upon request to individuals with disabilities • To request this document in alternative format or for further information about this policy, contact the Division of Aging and Adult Services at 602-542-4446; TTY/TDD Services 7-1-1 • Español al reverso



## Programa de reembolso para cuidadores familiares de Arizona

A partir del 1 de enero de 2020, los cuidadores familiares pueden recibir un reembolso del **50% hasta \$1,000 por adaptaciones en el hogar y tecnología de asistencia**. El miembro de la familia debe tener 18 o más años y requiere la ayuda con una (1) o más tareas diarias.



### Importante: <<

- Las adaptaciones en el hogar y las compras de tecnología de asistencia deben ocurrir a partir o después del **1 de enero de 2020**.
- Las solicitudes se revisan por orden de llegada debido a la escasez de fondos.
- Los cuidadores familiares que reciben reembolso **no** podrán solicitar de nuevo por tres (3) años calendario consecutivos.
- Se proporcionará un formulario fiscal 1099 para reembolsos de más de \$600.

Las solicitudes y los detalles del programa están disponibles a partir del 1 de enero de 2020 al hablar con un especialista en recursos para el cuidador al (888) 737-7494.

Visite [azcaregiver.org](http://azcaregiver.org) para más detalles.



DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona



Arizona Caregiver Coalition

Serving the Needs of Arizona Caregivers

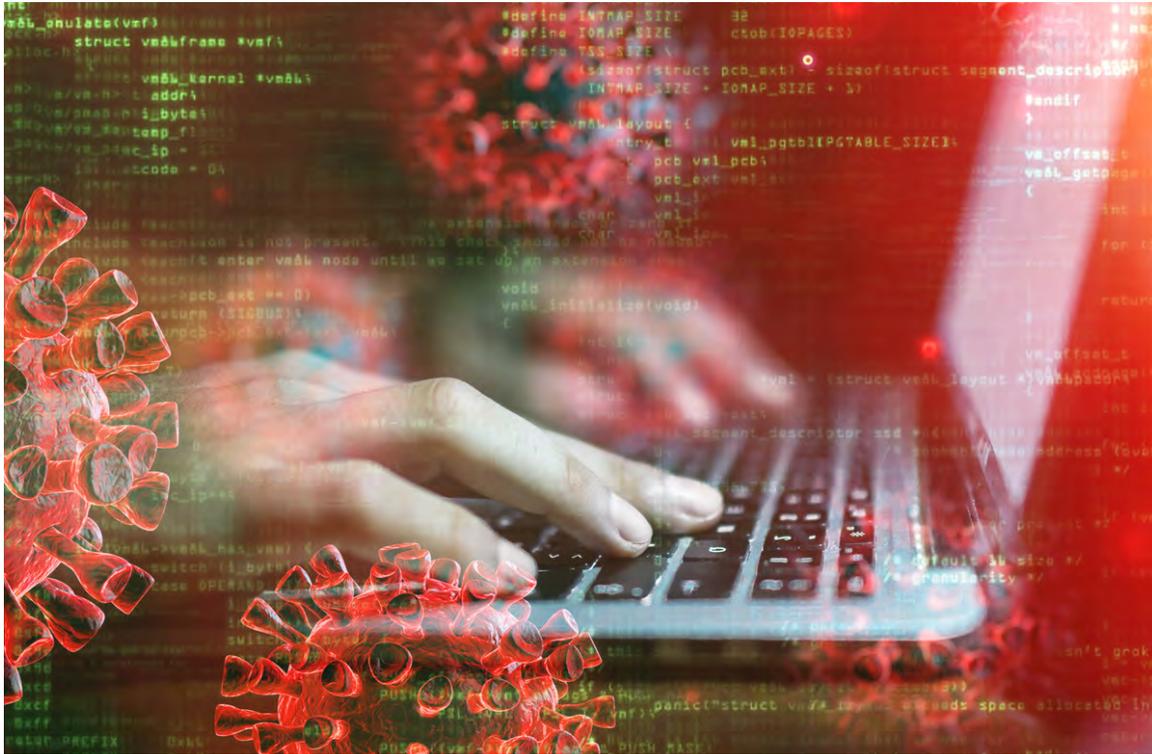
Programa y Empleador con Igualdad de Oportunidades • Servicios y ayudantes auxiliares para personas con discapacidades están disponibles a petición • Para obtener este documento en otro formato u obtener información adicional sobre esta política, comuníquese con el División de Servicios para Adultos y Personas de la Tercera Edad al 602-542-4446; Servicios de TTY/TDD: 7-1-1 • English on the reverse



SUMMER 2020 | QUARTERLY NEWSLETTER

# SEAGO

AREA AGENCY ON AGING  
Cochise, Graham, Greenlee, Santa Cruz



## STAY SAFE

We MISS You!

Due to the COVID 19 pandemic, the SEAGO Area Agency on Aging encourages you to contact us. SEAGO Area Agency on Aging is asking that you call to make an appointment before coming to our offices. If you reach a recording asking you to leave a message, please do so and you will receive a call back within one business day. You may also request an appointment online at <https://form.jotform.com/61228394662157>.

*We hope you are continuing to practice social distancing and effective hand washing. We are all in this together and we will get through this!*

We'd like to express our profound gratitude to all "the essentialists" out there who are keeping us healthy, safe and fed during the corona virus pandemic.

Special thanks to our Senior Centers Congregate staff and volunteers who all are working tirelessly in the face of this crisis, thank you. To the health care professionals – doctors, nurses, and support staff – at our local hospitals and clinics, thank you. To our city and county police officers and firefighters, to jail and prison staff, to those serving in the military, thank you. To the grocery store workers at large operations and small ones, thank you. To restaurants and fast-food outlets still serving carry out meals, and to the drivers delivering them, thank you. For all those helping to meet our essential needs, we know the hours are long, the stress intense, the fear all too real. Your commitment and bravery are admirable beyond words. We commend your perseverance, resilience and hope.

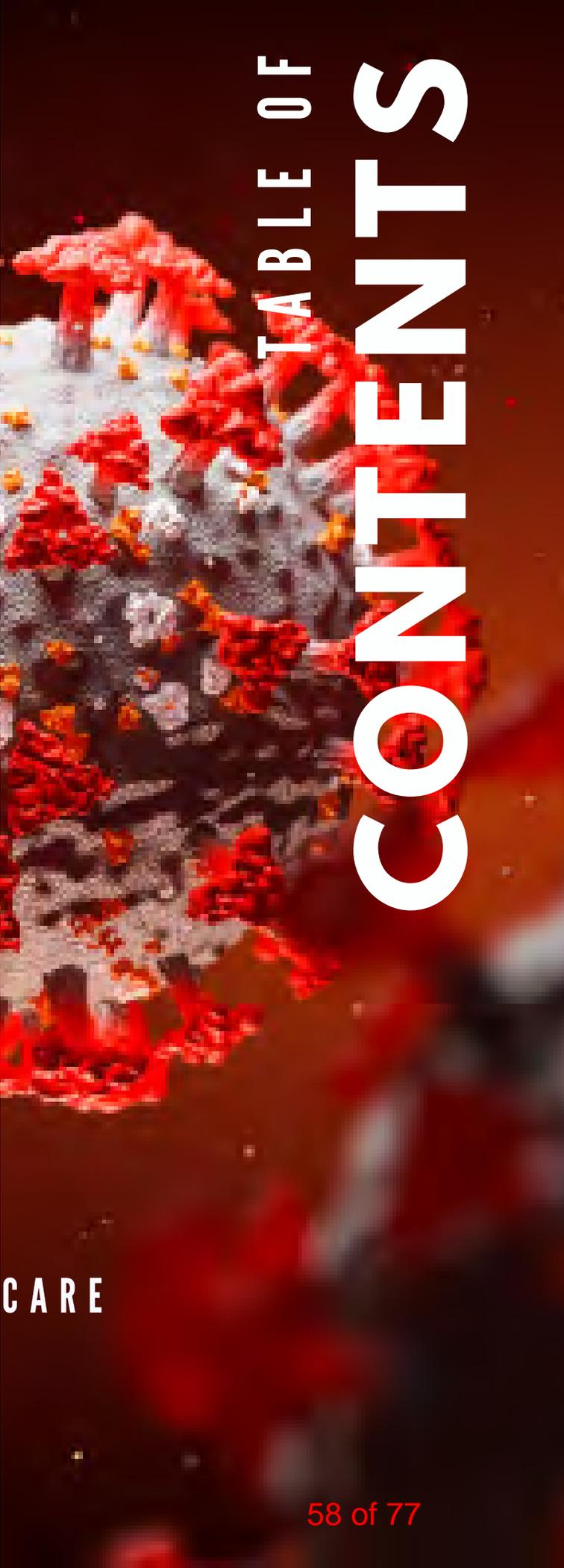
**We will make it through this together** – thanks in large part to you.

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## **Executive Director**

Randy Heiss

## **Program Director**

Laura Villa

## **Ombudsman/Health Coordinator**

Shi Martin

## **Management Analyst**

Carrie Gibbons

## **State Health Insurance Program Coordinator**

Ramona MacMurtrie

## **Caregiver Support Program Coordinator**

Karen Enriquez

## **Office Specialist II**

Amalia Marin

## **Health Nutrition Program Coordinator**

Nubia Romo

### **OUR MISSION STATEMENT:**

To provide services that empower individual choice, independence & dignity for our aging & disabled population & their caregivers.

### **OUR VISION:**

To create age-friendly communities in Southeastern Arizona that encourage & support individuals to live with dignity & choice.  
SEAGO Area Agency on Aging  
300 Collins Road  
Bisbee, AZ 85603  
Phone: 520-432-2528  
Fax: 520-432-9168

**SEAGO Area Agency on Aging**  
300 Collins Road  
Bisbee, AZ 85603  
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Fax: 520-432-9168  
<https://www.seago.org/area-agency-on-aging>

This program was funded through a Contract with the Arizona Department of Economic Security. "Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and Title VII) and the Americans Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, SEAGO Area Agency on Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex national origin, age, and disability. The SEAGO Area Agency on Aging must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, the SEAGO Area Agency on Aging must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the SEAGO Area Agency on Aging will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in an alternative format or for further information about this policy please contact: SEAGO Area Agency on Aging at 520-432-2528." Para obtener este documento en otro formato u obtener informacion adicional sobre esta politica, SEAGO Area Agency on Aging 520-432-2528. This program was funded through a Contract with the Arizona Department of Economic Security



## LAURA VILLA, AAA PROGRAM DIRECTOR

300 COLLINS ROAD BISBEE, AZ 85603 (520)432-2528

### ***From the Director,***

*As all of you are aware, the battle against COVID has yet to dissolve. We are currently in a seemingly perpetual conflict and though the end is not imminently clear, I feel I must state the facts. In our four-county region, on which is not too densely populated, has the highest rate of transmission than any other part in Arizona. COVID should not be taken lightly. COVID has posed a dire threat to the fabric of our lives, and we must take the proper precautions. Thus, if you must leave your house, be aware that you must abide by the precautions stated by the experts to their entirety. COVID is not a joke, and whenever I see an instance of people not abiding by these precautions in a truly negligent fashion, I feel true despair. Even if you are in the groups that are less susceptible to being gravely affected by this disease, young adults, you must follow the precautions for other's sake. Please do it for your elderly grandparents or maybe even the postman. In denying the existence of COVID, and leading an ordinary life, you are imposing a serious threat to your community. In these times, we must forego the idea of me and embrace a collective compromise to ensure the safety of all.*

*As a product of the threat posed by COVID, our team has been researching ways to remedy the situation in the best manner which we can. Thus, the SEAGO-Area Agency on Aging staff will be engaging in getting the needed certification that will enable us to take on a new service that will address care transitions. Through this program, we will connect with those areas significantly affected by COVID-19 and find ways to assist them with transitioning back into our communities. By working closely with local hospitals, we will be able to build a partnership that will allow both those affected by COVID and the community to get back on their feet. With CARE's Act funding, we will provide information to the community and assist them in accessing various services available to assist individuals in maintaining their independence and enhance their ability to remain in their home and community.*

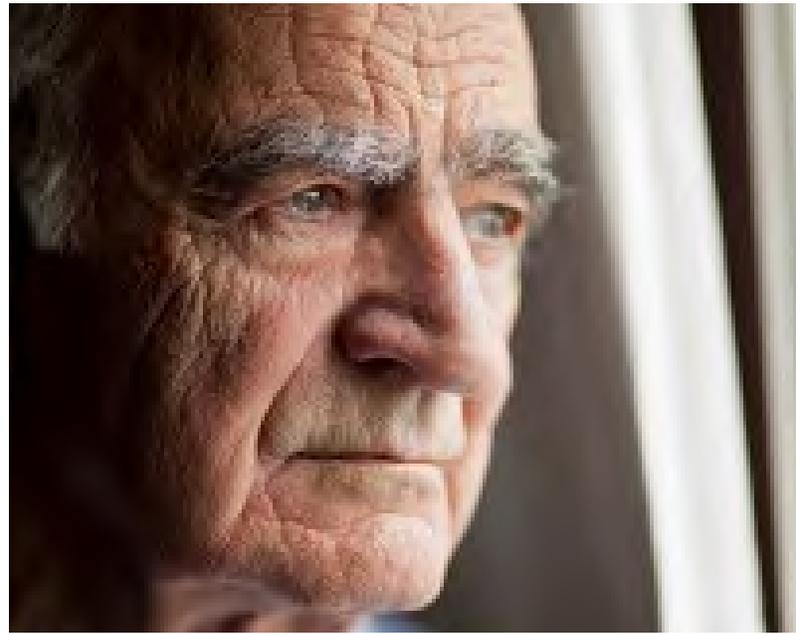
*Though we are all longing for the moment when reality will be near, we must first focus on the pertinent issue at hand. Rushing things will only lead to irreversible damage to both our lives and our communities. I can only hope that in the next quarter, people will follow the guidelines set by the experts, and I will get the opportunity to write about how we defeated COVID, rather than how we must defeat COVID.*

Laura Villa, Area Agency on Aging

# QUIET

*Staying at home is peaceful, with time to think. No need to be sociable, no need to dress appropriately. It isn't horrible and I have always enjoyed it. Just because we are social distancing, and in some cases isolating, doesn't mean we have to feel alone. One way to stay in touch during this time of physical separation is with technology. An email, text, phone call or a video chat can help you and your loved ones feel less lonely, disconnected, and isolated. There are millions of caregivers in the United States and they all have common needs; recognition, counseling, support, information, problem sharing, and given our current situation, peer socializing. One of the proven ways that many of these needs can be met is by the formation of a local Caregiver Support Group. Caregivers are one of America's most valuable assets, but often their needs are often neglected. Having a place where caregivers can be themselves, share experiences and insights and having the connection with other Caregivers is critical. A caregiver support group is a regularly scheduled, informal gathering of people whose lives are directly or indirectly affected by the caregiving needs of another, They benefit from peer acceptance and recognition for their common concerns and are grateful for the wisdom, insight and humor of their fellow caregivers. Support Groups are an invaluable tool to helping to deal with the consequences of being a family caregiver.*

**KAREN ENRIQUEZ  
CAREGIVER/SUPPORT PROGRAM  
COORDINATOR**



*CARE, a peer-led Family Caregiver Support Group, was established October 2019, and met weekly in Sierra Vista prior to the COVID-19 outbreak. In April 2020, dealing with the pandemic crisis we augmented our services and began a virtual group utilizing a videoconferencing platform Zoom. The online weekly CARE meetings are open to all Caregivers and scheduled for Wednesdays at 10:00 AM. The meeting links are promoted on our AAA Facebook page. Adapting our platform enables us to reach the far corners of our rural communities, our homebound caregivers and other regions throughout our state. The Family Caregiver Support Program invites and encourages all Caregivers to attend! Behind the scenes we are also looking at long term plans to continue to connect those in our community that are tech-averse. Going forward, we plan to continue both face-to-face and virtual support. Due to COVID-19, we have been living with unprecedented changes, renewed perspectives, and have gained the opportunity to try new things. I am not sure about you, but by the time we are released from sheltering-in-place, I will most likely have had more than enough of this nice quiet.*

# Procedures for Self-Quarantine under Covid-19

*Self-quarantine is recommended for individuals who have been directly exposed to the new Coronavirus or have history of travel in infected or heavily populated areas.*

## Stay at home.

Limit all your non-essential travels.

*Unless you're going out for food, medicines or other essentials.*



## Wash your hands.

Practice good hand hygiene by washing your hands with soap and water or using alcohol or hand sanitizer.



## Check your temperature.

Check your temperature at least two times a day.



## Stay in a specific room.

If you're sick or suspect yourself to be sick, it's best to stay in a designated room or area away from others.

*If possible, have a designated toilet and bathroom as well.*



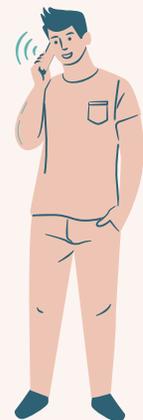
## Watch for other symptoms.

Aside from fever, Covid-19 symptoms include cough, difficulty breathing, and fatigue.



## Call your doctor or hospital before visiting.

If you need to seek medical attention whether for viral symptoms or other medical care reasons, contact your doctor or hospital ahead of time so they can prepare and take precautions for your arrival.



## Practice social distancing.

If you need to go out, maintain at least 2 meters (6 feet) distance from others.



## Your Social Security Statement

Are you thinking about retirement? Are you ready for retirement?

To view your *Social Security*

# Did You Receive a Letter from Social Security?

## Here's What You Need to Know

You open your mail to find a letter saying you may be able to get help paying for the costs of Medicare. It appears to be from the Social Security Administration (SSA) ...but is it for real? Here's what you need to know. This letter is not a scam. Every year, in May and June, the Social Security Administration sends letters to people with Medicare who may qualify for two money saving programs that can help them with their health care and prescription costs.

The Medicare Savings Program (MSP) pays your Part B premium each month. It also may help pay for other costs in Medicare, such as your Part B deductible and co-pays at the doctor's office.

Medicare Savings Programs (MSPs) are Medicaid-administered programs for people on Medicare who have limited income and resources. These programs help those qualified to afford Medicare. There are four different Medicare Savings Programs, each with different income and resource eligibility limits. These are the limits for 2020:

Type of MSP	Financial Eligibility	Effective Date of Enrollment	Benefits Covered
<b>Qualified Medicare Beneficiary (QMB)</b>	Monthly Income** (at or below 100% FPL/+ \$20 income disregard per household) \$1,063/\$1,083 if single \$1,437/\$1,457 if married	The first of the month following the month eligibility is documented	-- Part A hospital deductible (\$1,408/per benefit period) -- Part A hospital copays: days 61-90 (\$352 daily), days 91-150 (\$704 daily) -- Part A SNF copays: days 21-100 (\$176 daily) -- Part A monthly premium (up to \$456) -- Part B annual deductible (\$198) -- Part B monthly premium (\$144.60) -- Part B 20% coinsurance (amount varies)
<b>Specified Low-income Medicare Beneficiary (SLMB)</b>	Monthly Income** (between 100-120% FPL/+ \$20 disregard) \$1,276/\$1,296 if single \$1,724/\$1,744 if married	3 months retroactive from the date of application if your client meets eligibility criteria during those months	-- Part B monthly premium (\$144.60)

<b>Qualifying Individual (QI)</b>	Monthly Income** (between 121-135% FPL/+ \$20 disregard) \$1,436/\$1,456 if single \$1,940/\$1,960 if married	3 months retroactive from the date of application if your client meets eligibility criteria during those months.	-- Part B monthly premium (\$144.60)
<b>Qualified Disabled Working Individual (QDWI)</b>	Monthly Income: \$4,338 if single*** \$5,832 if married***	3 months retroactive from the date of application if your client meets eligibility criteria during those months.	-- Medicare Part A monthly premium up to \$458/month in 2020 (for people with Medicare who are under age 65, disabled, and no longer qualify for free Medicare Part A or Medicaid because they returned to work and their income exceeds the limit)

The Medicare Part D Extra Help program helps Medicare beneficiaries with limited income and resources pay for prescription drug coverage. Eligible beneficiaries receive subsidized premiums, deductibles, and copayments. Subsidized premiums are paid to the prescription drug provider (PDP) or Medicare Advantage prescription drug plan (MA-PD) by the Centers for Medicare and Medicaid Services (CMS) and are based on the service area's regional benchmark premiums. Extra Help eligibles with a full premium subsidy who choose to participate in a more expensive plan are responsible for the difference. The Medicare Part D program assumes responsibility for prescription drug coverage for full Medicaid recipients with Medicare.

Certain beneficiaries are automatically deemed subsidy-eligible and should not complete an application for Extra Help. These beneficiaries have Medicare Parts A or B, or both, and are:

- already entitled to Supplemental Security Income (SSI)
- eligible for full Medicaid coverage, or covered under one of the Medicare Savings Programs as a Qualified Medicare Beneficiary (QMB), Specified Low-Income Medicare Beneficiary (SLMB), or Qualified Individual (QI).

## Where can I get help with an application?

To get in-person help with an Extra Help/MSP application:

- **Contact your State Health Insurance Assistance Program (SHIP).** SHIPs are federally funded to provide free, objective assistance to people with Medicare and their families. In Arizona call: 1-800-432-4040. For your local SHIP in Cochise, Graham, Greenlee and Santa Cruz counties call **520-432-2528**. Or email us at [shiphelp@seago.org](mailto:shiphelp@seago.org).

## What are my Medicare Rights?

No matter how you get your Medicare, you have certain rights and protections. All people with Medicare have the right to:

- Be treated with dignity and respect at all times
- Be protected from discrimination
- Have personal and health information kept private
- Get information in a format and language they understand from Medicare, health care providers, Medicare plans, and Medicare contractors
- Have questions about Medicare answered
- Have access to doctors, other health care providers, specialists, and hospitals for medically necessary services
- Learn about their treatment choices in clear language that they can understand, and participate in treatment decisions
- Get Medicare-covered services in an emergency
- Get a decision about health care payment, coverage of services, or prescription drug coverage
- Request a review (appeal) of certain decisions about health care payment, coverage of services, or prescription drug coverage
- File complaints (sometimes called "grievances"), including complaints about the quality of their care For more information, contact us at SEAGO-Area Agency on Aging 520-432-2528 or by email at .

**RAMONA MACMURTRIE**  
**STATE HEALTH INSURANCE PROGRAM**  
**COORDINATOR**



## INCOME TAX UPDATE

**FEDERAL INCOME TAX** The deadline for filing your FEDERAL income tax return is July 15, 2020. For additional questions or information, please call 800-829-1040 or visit: <https://www.irs.gov/>

**STATE INCOME TAX** The deadline for filing your STATE income tax return is July 15, 2020.

For additional questions or information, please call the Arizona Department of Revenue at (602) 255-3381 or visit: <https://azdor.gov/>

**SERVING YOU!**  
 SEAGO Area Agency on Aging

**Start with a phone call Mon-Fri:**  
 520)432-2528

Providing information & referral for seniors, disabled and family caregivers in Cochise, Graham, Greenlee, Santa Cruz Counties for 47 years

**Home Delivered Meals**  
 Delicious, nutritionally-balanced meals delivered to your home

**Congregate Meals**  
 Nutritious meals plus socialization are essential to senior health

**Healthy Aging; Long-Term Care Ombudsman Programs**  
 Staying active and engaged; providing solutions to long term care facility residents

**Family Caregiver Support**  
 Unpaid family caregivers risk physical/emotional health; our system of support addresses their needs.

**Case Management**  
 Providing essential services to seniors including home-delivered meals, attendant care, respite care

**Home & Community Based Services**  
 Home-based care includes personal care, light housekeeping

**Medicare & Health Insurance Assistance Counseling**  
 Personalized, up-to-date information, resources and tips on what to consider when comparing plans

**Advance Care Planning**  
 Learning how to have thoughtful life conversations before the need arises

**Webinars, virtual classes, support groups**  
 Safely join our free resources online; [facebook.com/seagoareaaging](https://www.seagoareaaging.org/) or [www.seagoareaaging.org](http://www.seagoareaaging.org/)

Seago Area Agency on Aging-providing services to empower individual choice, independence and dignity.

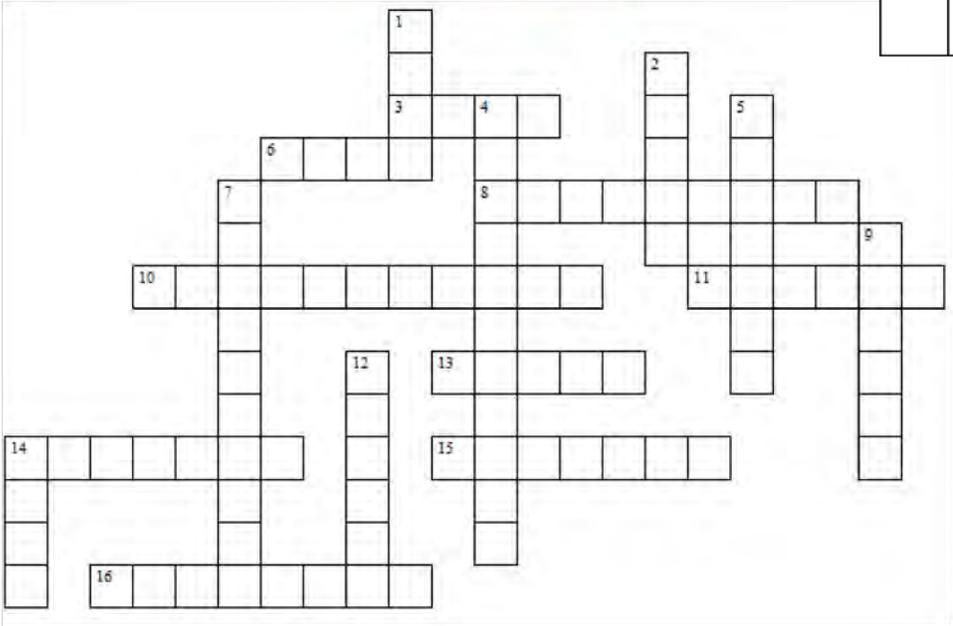
# BRAIN BREAKS

## SUMMER FOODS WORD SCRAMBLE

- OLESCAWL \_\_\_\_\_
- ASALD \_\_\_\_\_
- OADM LNEE \_\_\_\_\_
- ESPAECH \_\_\_\_\_
- RGBEUMASHR \_\_\_\_\_
- SIEKCLP \_\_\_\_\_
- WRTNOLEAEM \_\_\_\_\_
- ERASIRETSBRW \_\_\_\_\_
- SOLSEPIPC \_\_\_\_\_
- HCKINEC \_\_\_\_\_
- AEBSN \_\_\_\_\_

**ANSWERS:** coleslaw, salad, lemonade, peaches, Answers, hamburgers, pickle, watermelon, strawberries, popsicles, chicken, beans

## Life is a Highway



### ACROSS

- 3. Guessing game for observant passengers.
- 6. In most states, it's illegal to do it while driving.
- 8. What you cross to get from OR to CA.
- 10. This shows how fast you're traveling.
- 11. A meal eaten outdoors.
- 13. It makes the car run.
- 14. This kind of jam really slows you down.
- 15. It's illegal to drive a car without one.
- 16. Everyone needs to buckle this.

### DOWN

- 1. Where you get off the highway.
- 2. What the M in MPH stands for.
- 4. What the P in GPS stands for.
- 5. What the U in SUV stands for.
- 7. On many highways, it's 65.
- 9. They keep the windshield clean.
- 12. What the G in GPS stands for.
- 14. To use some roads, you must pay this.

1	2					
	3					
						4
	4		5			
	6		7			
					2	
	8					
					8	

## WHAT HAPPENED IN JULY 1969

On July 20, 1969 one of man's crowning achievements occurred when American Astronaut Neil Armstrong became the first human to set foot on the Moon and uttered the immortal words "That's one small step for man, one giant leap for mankind."

WWW.THEPEOPLEHISTORY.COM

# Ombudsman

## NEWS

### STIMULUS CHECKS FOR NURSING HOME RESIDENTS

Here is some good news for our residents in long-term care facilities. By now you should have received a stimulus check to be spent any way that the resident would like to have it spent. Under recent COVID-19 legislation most nursing home facility residents are receiving stimulus payments of \$1200 these checks will be coming from the IRS the same way that you receive your Social Security benefit (direct deposit or paper check).

The stimulus payment will not affect your residence or your Medicaid eligibility, this does not change your residence or your monthly payment to the facility, the resident keeps the stimulus payment for their own use.

The stimulus payment does not count as a Medicaid resource for 12 months. There have been some reports of seizing resident stimulus checks this would be a violation of federal restrictions at , freedom from abuse and neglect, or exploitation, specifically this could be considered misappropriation of residents property and defined as deliberate misplacement, exploitation, or wrongful temporary or permanent use of a resident's belongings or money without the resident's consent. Further, nursing homes requiring residents to deposit their stimulus check with the nursing home could be in violation of 42.CFR483.10 which gives the residents the right to manage his or her financial affairs. The facility must not require residents to deposit their personal funds with the facility.

If a resident chooses to deposit their funds with a facility upon written authorization of a resident the facility must act as fiduciary of the resident's funds and hold, safeguard, manage and account for the personal funds of the resident depositing with the facility if the resident hasn't received their funds you can check payment status by going to [IRS.gov](https://www.irs.gov) and go to coronavirus relief check status.

## HAPPY SPENDING

SHI MARTIN  
OMBUDSMAN

# Residents' Rights for people in long-term care settings

**Residents' Rights** are guaranteed by the federal 1987 Nursing Home Reform Law. The law requires nursing homes to “promote and protect the rights of each resident” and places a strong emphasis on individual dignity and self-determination. Nursing homes must meet federal residents' rights requirements if they participate in Medicare and Medicaid. Some states have residents' rights in state law or regulation for nursing homes, licensed assisted living, adult care homes, and other board and care facilities. A person living in a long-term care facility maintains the same rights as an individual in the larger community.

**The Right to Be Fully Informed** of available services and the charges for each service, facility rules and regulations, including a written copy of resident rights; address and telephone number of the State Ombudsman and state survey agency; State survey reports and the nursing home's plan of correction advance plans of a change in rooms or roommates; assistance if a sensory impairment exists.

Residents have a ***right to receive information*** in a language they understand (Spanish, Braille, etc.).

## **Right to Complain**

Present grievances to staff or any other person without fear of reprisal and with prompt efforts by the facility to resolve those grievances to complain to the ombudsman program, to file a complaint with the state survey and certification agency .

## **Right to Receive**

Adequate and appropriate care; be informed of all changes in medical condition participate in their own assessment, care-planning, treatment, and discharge; refuse medication and treatment refuse chemical and physical restraints; review one's medical record; be free from charge for services covered by Medicaid or Medicare.

## **Right to Privacy and Confidentiality**

Private and unrestricted communication with any person of their choice during treatment and care of one's personal needs. regarding medical, personal, or financial affairs

## **Rights During Transfers and discharges.**

Remain in the nursing facility unless a transfer or discharge:

- is necessary to meet the resident's welfare;
- is appropriate because the resident's health has improved and s/he no longer requires nursing home care;
- is needed to protect the health and safety of other residents or staff
- is required because the resident has failed, after reasonable notice, to pay the facility charge for an item or service provided at the resident's request

- Receive thirty-day notice of transfer or discharge which includes the reason, effective date, location to which the resident is transferred or discharged, the right to appeal, and the name, address, and telephone number of the state long-term care ombudsman
- Safe transfer or discharge through sufficient preparation by the nursing home.

## **Right to Dignity, Respect, and Freedom**

To be treated with consideration, respect, and dignity; to be free from mental and physical abuse, corporal punishment, involuntary seclusion, and physical and chemical restraints; to self-determination, security of possessions.

## **Right to Visits**

by a resident's personal physician and representatives from the state survey agency and ombudsman programs by relatives, friends, and others of the residents' choosing by organizations or individuals providing health, social, legal, or other services, residents have the ***right to refuse visitors.***

## **Right to Make Independent Choices**

Make personal decisions, such as what to wear and how to spend free time; reasonable accommodation of one's needs and preferences; choose a physician Participate in community activities, both inside and outside the nursing home. Organize and participate in a Resident Council; manage one's own financial affairs.

Reference consumer voice. | [theconsumervoice.org](http://theconsumervoice.org)

# OFFICE NEWS

SEAGO AREA AGENCY ON AGING

## CENSUS 2020

What is Arizona's share of the federal funding used for? The \$675 billion in annual funds allocated to states based on population is used for schools, hospitals, roads, public works, and other vital programs. A complete count next year ensures that we can preserve the outstanding quality of life we enjoy in Arizona.



WHAT DOES THE ARIZONA 2020 CENSUS MEAN FOR THE STATE? THE CENSUS MATTERS TO ARIZONA AND HAS AN IMPACT OUR DAILY LIVES - THE ROADS WE DRIVE ON, ACCESS TO HEALTH CARE, SCHOOL LUNCH PROGRAMS, EVEN OUR POLITICAL REPRESENTATION. THE CENSUS IS OUR ONCE IN A DECADE OPPORTUNITY TO SHAPE THE NEXT TEN YEARS IN ARIZONA.

## Great News from the staff at SEAGO Area Agency on Aging!

Carrie Gibbons, Management Analyst completed her course with the Cochise County Leadership Academy in May! The Cochise Leadership Academy offers participants the opportunity to develop key leadership skills and positively impact their local communities. The 8 week course focused on community leadership, values and ethics, communication, problem solving and effecting change, empowerment, diversity, and community action planning.

The course was thrown a curve ball with the Covid Pandemic. The class had to transition from in person class room environment to meeting on a virtual platform. Through the curriculum Carrie learned to think of leadership as an action rather than a title and has already started to apply the things she has learned to her role with the SEAGO Area Agency on Aging.

Congratulations Carrie!!!

# MIRACLES STILL HAPPEN

BY AMALIA MARIN

What do a hospital bed, a shower chair, crutches and a refrigerator have in common? Answer: they are all typical donations to The Lending Shed in Patagonia, Arizona. The Lending Shed depends on generous donors and selfless volunteers to provide free “durable equipment” and other supplies to those in need. And like the story below, to make miracles happen.

**Miracle #1:** Roger (not his real name) qualified to receive home-delivered meals from SEAGO Area Agency on Aging, but without a working refrigerator in his home, (it broke one year ago and he couldn't afford to repair it) Roger would have to wait. Laura Villa, SEAGO Area Agency on Aging Director mentioned this need to Linda Dearing-Huffstetler, The Lending Shed's president. Less than one week later a refrigerator was donated and 48 hours later it was set up by a volunteer free-of-charge, in Roger's home. Now Roger is enjoying delicious, nutritious meals every day.



## Miracle #2

Wood and nails are not much by themselves, but in the capable hands of Step Up Bisbee/Naco and SAWS volunteers, a Bisbee family's home and life have been transformed free-of-charge. Marilyn (not her real name) had a third hip replacement, making climbing the stairs into her home impossible. Eleven SAWS volunteers constructed a new wooden ramp in five hours! Step Up Bisbee volunteers painted the existing roof with weatherization latex paint; several old, drafty windows were replaced with double-paned windows; a steel door now stands where an old wooden door once did; and two wall heaters were installed where previously there were none. They even installed a doggie door for the family's beloved pets. The fact is that without donors and volunteers none of this would have happened. As a volunteer, you can experience miracles like these first-hand. Sign up to be a volunteer with;

**SEAGO AAA: (520)432-2528**

**SAWS: (520)266-2492**

**Step-Up: (520)561-7220**

## Support Your Health With Nutrition

Good nutrition is essential to a strong immune system, which may offer protection from seasonal illness and other health problems. No one food or supplement can prevent illness but you may help support your immune system by including these nutrients in your overall eating plan on a regular basis



**Vitamin A** helps regulate the immune system and protect against infections by keeping skin and tissues in the mouth, stomach, intestines and respiratory system healthy. Get this vitamin from foods such as sweet potatoes, carrots, broccoli, spinach, red bell peppers, apricots, eggs or foods labeled "vitamin A fortified," such as milk or some cereals.

**Vitamin C** supports the immune system by stimulating the formation of antibodies. Include more sources of this healthy vitamin by choosing citrus fruits such as oranges, grapefruit and tangerines, or red bell pepper, papaya, strawberries, tomato juice or foods fortified with vitamin C, such as some cereals.

**Vitamin E** works as an antioxidant and may support immune function. Include vitamin E in your diet with fortified cereals, sunflower seeds, almonds, vegetable oils (such as sunflower or safflower oil), hazelnuts, and peanut butter.

**Zinc** helps the immune system work properly and may help wounds heal. Zinc can be found in lean meat, poultry, seafood, milk, whole grain products, beans, seeds and nuts.

**Other nutrients**, including vitamin B6, B12, copper, folate, selenium and iron also may support immune response and play a role in a healthful eating style.

-Adapted from Academy of Nutrition and Dietetics

“

*Organic food is the healthier option because of what it doesn't have: pesticides and preservatives.*

# SENIOR FITNESS

**SEAGO AAA** has moved its health and wellness programs to a virtual setting so older adults can improve and maintain their physical health, mental health and manage the cycle of symptoms related to their conditions while practicing physical distancing measures during the COVID-19 pandemic.

*The agency is continually seeking participants and will offer courses based on interest. We are delighted to have this online opportunity. Attending an online workshop is a win/win. Safe at home, getting the incredible benefits of learning to take better care of themselves at a time when they need it most. But most importantly, we are having fun together."The courses first moved to an online platform in May, the programs have helped older adults combat social isolation by streaming individuals together from around the 4-county region.*

*This also allows our volunteer instructors to connect attendees with additional resources and make referrals to other SEAGO Area Agency on Aging programs if needed.*

*Courses being offered online include TAI CHI for Arthritis and Fall Prevention and A Matter of Balance a community-based, small-group program that helps older adults reduce their fear of falling and increase activity levels*

*Both are evidence-based intervention programs that offer a one or two-hour session twice a week for six weeks. They are taught in a small-group setting with no more than 15 people, which allows participants to share and learn from each other's experiences.*

## “Staying Healthy”

We understand that staying active during these days of social distancing and limited space at home can be challenging, but it has never been more important. As we work to develop additional “virtual” ways that we can exercise “together”, here are some ideas to get you up and moving in the interim. As always, be sure to check with your physician before engaging in any exercise program to ensure that it is right for you.

This is especially the case for seniors because they are already more susceptible to poor health. With regular exercise, elderly individuals can strengthen their heart, increase their strength, and improve mobility among other benefits. Exercise has also been known to improve one's mental state.

Knowing this, make sure your elderly loved ones are staying active during the COVID-19 quarantine. Continue reading for information on easy home exercises for seniors. Before you engage in any physical activity, you should always stretch first. This is important for injury prevention and stretching will help warm up your muscles. Furthermore, do not rush with your stretches. Rather, take your time to ensure you stretch your muscles well before doing the following senior exercises.

### UPPER BODY WORKOUTS ALWAYS STRETCH

Arm raises are great home exercises for seniors because they can be done whether the elderly individual is standing or sitting down. You just need light weights to use. With your feet flat on the ground, hold the weights at shoulder height. Raise your arms to lift the weights above your head, and repeat. Complete two sets of 10 raises.

### UPPER BODY PUSH-UPS

Push-ups can be a difficult exercise to do, but wall push-ups are a great alternative that is still effective at strengthening your arms and chest.

Face a wall, standing two feet away from it. Put your hands on the wall at the same height as your shoulders. Then, bend your arms, bringing your elbows near your sides. Make sure your body remains straight to ensure the exercise as effective as possible. Push against the wall to straighten your elbows and repeat.

Aim for 5 to 8 wall push-ups, but do not overwork yourself. Do what you can for now, and you can strengthen your body into doing more later on.

### LOWER BODY WORKOUTS

#### Knee Lifts and Extensions

Another exercise that can be done while sitting, knee extensions can help improve your balance, which can be especially beneficial for elderly individuals if they have a high falling risk.



CONTINUED FROM PAGE 15

Sit in a chair, maintaining a straight back and good posture. Extend your legs slowly to unbend your knees. Hold the position for a couple seconds, and then lower your legs back to the bent knee position. You can do one leg at a time or lift both simultaneously. Whichever way you choose to complete the exercise, do it 10 times for each leg.

**CHAIR SQUATS**

Knowing this, make sure your elderly loved ones are staying active during the COVID-19 quarantine. Continue reading for information on easy home exercises for seniors.

Squats are an excellent exercise for not only your legs but your core as well. However, it is not a safe exercise for all seniors, particular those who have knee problems. So, if elderly individuals have knee concerns, then they should consult with their doctor before engaging in squats.

To do chair squats, stand in front of a chair. You can use it as a guide to properly do squats if necessary.

The exercise is called chair squats, because your squatting movement will mimic that of sitting down in a chair. You will want to keep your feet shoulder-width apart with an upright chest and shoulders. Slowly bend your knees as though you are going to sit down. If need be, you can lightly sit down on the chair, but hold the position for a moment. Then, stand back up.

**TOE LIFTS**

Toe lifts are another type of home exercise for seniors that will strengthen your legs and improve your balance. It is also really simple and can be done while doing other activities. All you need to do is stand behind a stable chair, table, or counter. Place your hands on the surface and rise up as high as you comfortably can on your tip toes. Hold the position for a moment before returning to a flat-footed position.

**Don't sit all day! For example: If watching TV, get up during every commercial (or periodically) and do a lap around your home or an active chore. For example, throw some clothes in the laundry, do the dishes or take out the garbage. Feel productive after just one show!**

**Here are current answers to frequently asked questions about physical activity or exercise and COVID-19:**

**I'm under quarantine but not infected. Should I limit my physical activity?**

There are no recommendations at this time to limit physical activity if you do not have any symptoms. Contact your health care provider if you develop a cough, fever or shortness of breath.

**Will exercise help prevent me from getting the virus?**

Moderate-intensity physical activity can boost your immune system. However high-intensity high volume training may suppress immune function especially if you are unaccustomed to it. Balance your workout program.

**What if my kids are home with me?**

Being active with kids is the most fun of all! Find activities that you can do together – an active gaming video, basketball in the driveway, go for a walk in the neighborhood.



**Are there precautions I should take?**

The most important strategy to prevent infection is to avoid coming into contact with others who are infected with COVID-19.

**What if I start to have symptoms?**

If you begin to have symptoms, follow CDC recommendations. As these recommendations are changing, below is a link to the CDC Symptoms webpage: <https://www.cdc.gov/coronavirus/2019-ncov/about/symptoms.html>

**I'm under quarantine and infected. Should I limit my physical activity?**

People who are infected, but without symptoms, can continue moderate-intensity activity, but need to use symptoms as a guide. Maintain quarantine to prevent spreading the coronavirus to others. If you develop fever, cough or shortness of breath, stop physical activity and reach out to your doctor or health care provider.

**If you leave home, know your Ws!**



**WEAR**  
a cloth face covering.



**WAIT**  
6 feet apart. Avoid close contact.



**WASH**  
your hands often or use hand sanitizer.

# ADVANCE HEALTHCARE PLANNING NEWS

BY RONNIE SQUYRES

Times are a changing - right? Sometimes we may feel that we have been living in a bubble. I have to admit that I am enjoying the view of the garden from my home office window! Though we have had to cancel a number of gatherings that were planned due to COVID-19, we have enhanced our ability to get the word out about the importance of advance healthcare planning to our counties by offering our Thoughtful Life Conversations via Zoom. In these days of social distancing to keep us all safe, we have found the virtual method to be an interesting and convenient way for many people to have access to empowering information.

In the coming months, we will be continuing to offer our Thoughtful Life Conversations: Advance Healthcare Planning on Zoom. They will be on the first Thursday of each month, will be interactive and get you thinking - all free of charge. They will also give a sense of control over decisions that can make a huge difference in your life, as well as, your family's lives. Go to our website to register:

<https://www.seago.org/advance-care-planning>. While you are on our website, check out The Conversation Project's **Be Prepared in the Time of COVID-19 Guide** which is listed under resources. It takes you through 3 things you can do right now to be prepared: important things like picking a person to be your healthcare decision maker, talking about what matters most to you and thinking about what you would want if you became seriously ill with COVID-19.

**TALK. PREPARE. SHARE.**

We have continued to talk about end of life issues and advance care planning with nursing students and human services students at Cochise College and UA. They have graciously invited us into their virtual classrooms. One of the nursing students shared: **"I was able to talk to a loved one today about advanced directives, her values, and become her healthcare POA. The end of life lecture helped me know what to talk about and even have easy access to those forms. It's pretty cool, right?"**

Perhaps your church, organization or business would like to have us talk about Advance Healthcare Planning via Zoom - we can do a Thoughtful Life Conversations for your group, free of charge since we have received grants from The David and Lura Lovell Foundation and the Arizona Community Foundation.

**News Alert for faith leaders** - we can tell you about a stipend available to cover registration for the upcoming Coalition to Transform Advance Care (C-TAC) Conference (online in October 2020). It is a great way to network, learn and get ideas to help your congregation. Apply by 7/31/2020.

We are also helping people 1-on-1 with advance healthcare planning. We will be creating a YouTube video to give tips on Advance Care Planning and COVID-19. Want more info on any of these topics? Please contact Ronnie Squyres, Area Agency on Aging Community Education Coordinator, Cochise County at [feelwellsleepwell@gmail.com](mailto:feelwellsleepwell@gmail.com) or 520-355-5226. Go to our website to see resources, download advance directives, see upcoming events and to register for events: <https://www.seago.org/advance-care-planning>.

# #MASKUPAZ



300 Collins, Douglas, AZ 85607 ||(520)432-2828

## WELCOME NEW HEALTH & NUTRITION PROGRAM COORDINATOR **Nubia L Romo**

SEAGO Area Agency on Aging office is thrilled to introduce our new Health & Nutrition Program Coordinator. Nubia L Romo [nromo@seago.org](mailto:nromo@seago.org).

We welcomed Nubia in May 2020, as Health & Nutrition Program Coordinator to provide evidence-based interventions that help reduce the impact of diseases, chronic conditions, and minimize health-related risk factors associated with aging, emphasizing practical strategies to reduce the fear of falling and increase activity levels.

The Health and Nutrition program's ultimate goal is to reduce the fear of falling, stop the fear of falling cycle, and increase activity levels among community-dwelling older adults. Our goals will also be to continue implementing Health and Nutrition for our seniors during this pandemic and continue being proactive while offering different options for our seniors to continue taking classes in the virtual world.

Nubia previously worked as a Kindergarten teacher at a charter school, she also served as the Executive Director of the Greater Douglas Chamber of Commerce. Working with local community leaders for close to 10 years now, she has experience in both the programs and operations sides of small nonprofits.



*Douglas, Arizona Mayor Donald Huish pictured with Nubia Romo  
Photography: Aaliyah Montoya Spaceship Media*

She considers herself a life-long learner and believes that gardens are a powerful tool for building community, educating the public, and learning more about ourselves and the world around us.

“I love the mission and the employees here. They’re very passionate about helping older adults. It’s hard to find a work environment where everyone is driven and focused on the organization’s mission,” she says.

An Arizona native who lives in Douglas, Nubia enjoys spending time with her nieces and weekend getaways with her friends. Nubia is passionate about community, policy, systems and environmental changes that are sustainable, protect the environment, and promote healthy lifestyles. We are delighted to have her as part of the SEAGO AAA TEAM!

“I love the mission and the employees here. They’re very passionate about helping older adults. It’s hard to find a work environment where everyone is driven and focused on the organization’s mission,” she says.



# SEAGO

AREA AGENCY ON AGING

Cochise, Graham, Greenlee, Santa Cruz

300 Collins Road

Bisbee, AZ 85603

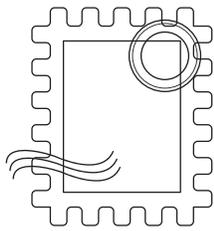
Phone: 520-432-2528

Fax: 520-432-9168



<https://www.seago.org/area-agency-on-aging>

<https://www.facebook.com/seagoareaagencyonaging/>



## The Bisbee Senior Pantry

We would like to express our gratitude to the people of Bisbee for their generosity in donating groceries and goods.

**IF YOU NEED GROCERIES,**

**PLEASE CALL US AT**

**520-432-2167.**

Let us know if you need delivery service or if you have someone available to pick up for you.

Available Monday through Friday

from 8:00 am to 2:00 pm



# MEALS PROGRAM

*The congregate meals service provides a nutritionally balanced noon meal, usually five days per week, in a social setting. Please note that home delivered meals (also known as Meals on Wheels) must be authorized by the case management agency for your area.*

<https://www.seago.org/meals-program>

### COCHISE COUNTY

#### DOUGLAS ARC

610 9th Street  
Douglas, AZ  
Time: noon  
Tel: 520.364.7473

#### TOMBSTONE SENIOR CENTER

507 East Toughnut  
Tombstone, AZ  
Time: noon  
Tel: 520.457.2525

### GRAHAM/GREENLEE COUNTIES

#### SAFFORD SENIOR CENTER

822 Main Street  
Safford, AZ  
Time: noon  
Tel: 928.428.4328

#### CLIFTON SENIOR CENTER

104 4th Street  
Clifton, AZ  
Time: noon  
Tel: 928.865.5240

#### DUNCAN SENIOR CENTER

235 High Street  
Duncan, AZ  
Time: noon  
Tel: 928.865.5240

### SANTA CRUZ COUNTY

#### SANTA CRUZ COUNCIL ON AGING

125 E. Madison St #4  
Nogales, AZ  
Tel: 520.287.7422

#### SENIOR CITIZENS OF PATAGONIA

100 Quiraga Lane  
Patagonia, AZ  
Tel: 520.394.2494

## ADVERTISEMENT SPACES

*Available Now!*

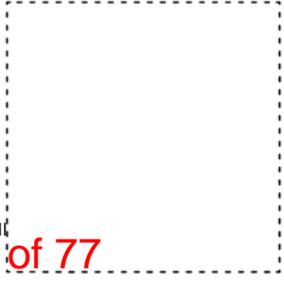
Our Quarterly Newsletter is now including advertising for local business in future issues of our newsletter to help partially offset our costs. We are now offering two sizes for advertisements: 4" wide by 2" deep or a 4x4" square option. The cost to place one smaller ad is \$65, and \$130 for the larger format per issue of the newsletter. Your advertisement will be delivered to almost 4,000 homes and businesses in our area. Several hundred newsletters are also available at some neighborhood businesses and gathering spaces. If you are interested in reserving space, this is what we need from you by the deadline which is 5:00 PM Tuesday, Sept 15, 2020

- Reserve space by contacting, Nubia Romo, Health & Nutrition Coordinator. Call (520)432-2528 at: [nromo@seago.org](mailto:nromo@seago.org)
- Mail or drop off a check payable to SEAGO AREA AGENCY ON AGING
- Email a completed digital press-quality PDF or JPEG of your ad to [nromo@seago.org](mailto:nromo@seago.org)
- The image must be high resolution at 300 DPI (1200 pixels wide by 600 tall for a standard size ad) or greater. Colors will reproduce better if the original is in CMYK.
- Advertisements must meet these requirements to be published.
- If you need assistance creating an ad, there is a one-time charge of \$40 for this service and you will be provided with a digital proof of the advertisement. You may also contact any outside designer for assistance as long as they can meet our design requirements.

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Thank you for supporting your local SEAGO AAA newsletter!

<p>COMPANY NAME/LOGO SOGAN</p>	<p>COMPANY NAME/LOGO SOGAN</p> <p>John Smith General Manager 1 800 YOURBIZ JOHN.S@YOURBIZ.COM WWW.YOURBIZ.COM</p>
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Start with a  
phone call  
Mon-Fri:

520)432-  
2528

Providing information  
& referral for seniors,  
disabled and family  
caregivers in  
Cochise, Graham,  
Greenlee, Santa Cruz  
Counties for 47 years

### Home Delivered Meals

Delicious,  
nutritionally-balanced  
meals delivered to  
your home

### Congregate Meals

Nutritious meals plus  
socialization are  
essential to senior  
health

### Healthy Aging; Long- Term Care Ombudsman Programs

Staying active and  
engaged; providing  
solutions to long term  
care facility residents

### Family Caregiver Support

Unpaid family caregivers risk  
physical/emotional health; our  
system of support addresses  
their needs.

# SERVING YOU!

## SEAGO Area Agency on Aging



### Case Management

Providing essential  
services to seniors  
including home-  
delivered meals,  
attendant care,  
respite care

### Home & Community Based Services

Home-based care  
includes personal  
care, light  
housekeeping

### Medicare & Health Insurance Assistance Counseling

Personalized, up-do-  
date information,  
resources and tips on  
what to consider  
when comparing  
plans

### Advance Care Planning

Learning how to have  
thoughtful life  
conversations before  
the need arises

### Webinars, virtual classes, support groups

*Seago Area Agency on Aging-providing  
services to empower individual  
choice, independence and dignity.*

Safely join our free  
resources online;  
[facebook.com/seagoareaag](https://www.facebook.com/seagoareaag)  
[www.seago.org](https://www.seago.org)  
778.677