

SEAGO

Area Agency on Aging, Region VI MEETING OF THE ADVISORY COUNCIL ON AGING

DATE: Thursday, October 21, 2021

TIME: 10:00 A.M. – 12:00 P.M.

Zoom Meeting

<https://us02web.zoom.us/j/88020017058?pwd=NXVvYVJZaXEzaVIEeENVUGFEaG55Zz09>

Meeting ID: 880 2001 7058

Password: 080693

Dial in by phone +13462487799 US (Houston)

A G E N D A

1. Call to Order, Introductions	Jaime Aguilar	
2. AZ4A Director presentation	Maddy Bynes	pg 2
3. Approval of Minutes of July 15, 2021 ***	Jaime Aguilar	pg 3
4. Open floor for nominations to vacant seats ***	Jaime Aguilar	pg 11
5. Alert SFY22 September, 2021 ARPA/State funds/ISB	Laura Villa	pg 12
6. SEAGO-AAA Program Updates	Laura Villa	pg 48
7. GACA Report	Jaime Aguilar	pg 53
8. Information Exchange	Jaime Aguilar	
9. Schedule Next Meeting Date- JANUARY 20, 2022 (Third Thursday of the Quarter)	Jaime Aguilar	
10. Adjournment		
AAA Newsletter		pg 55
Corrected Minutes 7/15/2021		pg 87

***Agenda items requiring action by the Advisory Council on Aging. NOTE: All agenda items are subject to action by the Advisory Council on Aging. Individuals with disabilities who require special accommodations may contact Laura Villa at (520) 432-2528 extension 208 at least 72 hours before the meeting time to request such accommodations.



ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING
FROM: LAURA VILLA, AREA AGENCY ON AGING DIRECTOR
DATE: OCTOBER 21, 2021
ASSOCIATION OF AREA AGENCIES ON AGING (AZ4A)
SUBJECT: PRESENTATION

Description:

Maddy Bynes Director of the AZ4A, will present to the council on her duties when representing each regional AAA with Policy and Advocacy.

Attachments: None

Action Requested

Information Only

Action Requested Below

Advisory Council on Aging Meeting

**Virtual ZOOM Meeting/ In Person in Willcox
July 15, 2021
10:00am – 12:00 pm**

MEMBERS PRESENT:

Jaime Aguilar, Greenlee County Unincorporated	Don Behnke, Sierra Vista
	Arnold Lopez, Thatcher, Graham County
Gary Clark, Douglas	Kim Burks, Cochise County Unincorporated
Kim Jackson, Huachuca City/Whetstone	Monica Romero, Santa Cruz County,
Jayne Hancox, Willcox	
Kathy Spangler, Benson	
Leslie Lambert, Bisbee	
Arnold Montiel, Nogales	
Kim Burks, Cochise County Unincorporated	

MEMBERS NOT PRESENT:

Kim Jackson, Huachuca City/Whetstone
David Morse, Graham County
Royce Hunt, Graham County Unincorporated
Valadee Crotts, Duncan
Frank Montoya, Clifton

GUESTS PRESENT:

Keith Dennis- Community Development
Manager SEAGO/ CARES
Mary Dahl- Santa Cruz County/ CARES

STAFF PRESENT:

Laura Villa, AAA Program Director
Brenda Schumacher , AAA Office Specialist II

1. CALL TO ORDER;

Meeting called to Order by President Jaime Aguilar

2. PRESENTATION

Guest speakers Keith Dennis SEAGO Community Development Manager and Mary Dahl Santa Cruz County

The topic of discussion is the funds available for individuals who are behind in their mortgage due to COVID-19 in some way.

SEAGO provides for mortgage and utilities and directs those who need assistance with rent to DES emergency rental assistance program. Where Santa Cruz County also assists with rent and mortgage, and utilities.

Both agencies have to prescreen on the website. They will provide a more detailed application and assistance in completing the application to those who pass the prescreening. Must be low to moderate-income and have a COVID-19 story as to how it affected your ability to make your payments,

SEAGO will allow the individual to apply more than once if their circumstances have changed. Santa Cruz will also enable individuals to use more than once; Santa Cruz has a cap amount that a household can receive of \$10,000.00.

See information at SEAGO.org/cares and santacruzcountyaz.gov.

3. APPROVAL OF MINUTES OF OCT.15, 2020

President Jaime Aguilar called for the approval of the minutes from 4/15/2021. After reviewing the minutes, errors were discovered on pages 4 and 7, it was agreed that these errors would be amended.

- MOTION: Dr. Montiel
- SECOND: Kim Burke
- ACTION: Unanimously Approved

Attached is a copy of the corrected page of minutes from 4/15/21.

4. OPEN FLOOR FOR NOMINATIONS TO VACANT SEATS

Laura Villa- Discussion that there are three vacant seats of the ACOA Board. The currently empty seats are in Tombstone, Cochise County, Pima, Graham County, Patagonia, and Santa Cruz County. The vacancies have been posted on Social Media, Facebook. We have not been successful in getting volunteers for these positions. Laura reached out to the ACOA members

and asked if they knew anyone who might be interested in please have them call Laura. There was a question from Mr. Lopez asking if you served on the board in one county then moved to another county, can you continue on the board. Laura Villa explained that once you are in the new county, your term on the ACOA will start over in the new county of residence.

5. VACCINE ACCESS ALLOCATIONS

Presented by Laura Villa, Discussion as to the DES-DAAS Alert issued May 28, 2021. Information on the use of the CRRSAA (Coronavirus Response and Relief Supplemental Appropriations Act) funding of \$81,131. The focus will be on education and transportation to promote vaccine equity efforts. Laura is currently working with the transportation providers to provide the clients with transportation for vaccines. And discussing with SEAHAC how they can assist in covering all 4 counties as they only offer services in Graham, Cochise, and Santa Cruz. SEAHAC conversations just started, and once more information is obtained, you will be provided with it at the October ACOA meeting.

SSBG (Social Services Block Grant) In the past, the SSBG fund has been utilized to remove those clients from the waitlist for Attendant Care and HDM. The total allocated was \$215,000 with \$108,000 to be used for Home Delivered Meals Program and \$97,000 to be utilized for Attendant Care Services. The remaining \$10,000 balance will remain unobligated. It will be used in the future as needed as there is always one provider that has to overextend.

The IBS copy is in your packet. There is a lot of information and many numbers that you can go over on your own. Still, Laura has provided a brief explanation of the data.

Laura asked for questions; Questioned if there would be COVID Money to continue. Laura explained that there are no longer the COVID funds. However, there will be additional funds that are not listed as these funds are not in the recording system yet. Additional funds will be coming to support the extra meals and the grab-and-go meals and equipment and supplies that the Congregate Sites will need to assist with the reopening. Since not all the Congregate Sites are represented at this meeting, a meeting will be scheduled to discuss what the Congregate Sites may need in the next couple of weeks. Question asked if the extra meals to the clients could continue. Laura stated to continue to provide the extra meals, remove the clients from the waitlist and utilize the regular funding until the other funds come in. Right now, we don't want to cut anybody off or stop any services as there is a need. Continue doing as you are, and the congregate sites will have a meeting.

A question was asked about the money for COVID. Laura explained that the providers did well and did not leave COVID money on the table. The American Rescue Fund will be the new COVID money fund; however, it has not been issued yet. Question: Will it be given in the next 2 weeks? Laura, no, the Subawards are going out so that you can have everything completed for August billing. Still, the other funds will not be issued for a while. The meeting for Congregate Site will be held in a couple of weeks via ZOOM to determine what the needs are at the congregate sites.

Jane Hancox stated that she is new to ACOC and wants to know how to get information out to the people of Willcox?

Laura: we appreciate your help; please go on the website and familiarize yourself with the services provided; we do provide Home Delivered Meals through Mom's Meals, we have transportation as we are partnering with the City of Willcox, you can promote the AAA Facebook and the AAA Mobile App. If you know individuals who would make great volunteers, please send them our way. If they have Medicare experience, then we can train them to volunteer for the SHIP program. AAA is always recruiting volunteers to help in all programs.

Laura Villa thanked Don Benke for being a great SHIP volunteer.

Laura Villa stated that more flyers and posters will be brought to the ACOA members to take them to distribute at the next in-person meeting. Laura explained that AAA has excellent Case Managers that work really hard to provide information to the communities.

Mr. Lopez questioned the American Rescue Funds asking what happens when that money is no longer there? Laura responded that there is a lot of advocacy happening at the State level. We see our legislators and our federal government fighting for more money. Still, we are also able to serve our clients better. We can remove those individuals from the waitlist; maybe in the future, we may not, but right now, with our senators' help, we can say that more stable money is coming. That is why we do not leave money on the table; it is crucial to get information out into your communities and get these dollars spent. People in need can benefit from this.

Laura shared that we are using more of the funds provided to AAA. After all, agencies have billed, there should be more than 80% spent, and AAA can request 10% of the remaining funds back. This is because of the wonderful work the ACOA is doing in their communities and by letting people know that the AAA has a lot to offer, so use it.

6. SEAGO-AAA Program Updates

Mr. Jaime Aguilar moving on to AAA Program updates;

Laura Villa: Carrie Gibbons is now officially the Case Manager Coordinator, she has been on the road in helping bring the case management in-house, Carrie has been certified through the Care Transition Program, she has been running the Case Managers throughout the last year, she is ensuring that the case managers are utilizing the services such as HDM, Attendant care, there has been a vast decline in money being left on the table since Carrie has taken over the Case Management. Carrie has taken on the Caseload of Bisbee to understand how case management is done for her to run our case managers. Carrie will also stay as administrative assistance to Brenda and me for 10% of her time to help us until we transition. It is planned that Carrie will transition to Case Manager Coordinator for all the case managers, and someone will be hired to cover Bisbee. So far, these are the baby steps that AAA has taken to fully bring case management in-house.

We have posted the position of Case Manager in Santa Cruz County. The current case manager Areli Parrales has the opportunity to apply for the job, if she chooses, as she will have to come to work with SEAGO-AAA. So those in Santa Cruz County, please help us get the word out that the position of the case manager is available. AAA is not taking money away from the

community; bringing the case manager in-house will allow the resources to grow in that area; once Santa Cruz is fully taken care of, the next goal will be to move on to Cochise county and bring Cochise Case Management in house. At this time, Graham and Greenlee will remain, we just know yet as it might be hard to get Graham and Greenlee in-house, but that is the plan. This has been the plan for the past 5 years, AAA is moving in the right direction.

Some of you might know that Amalia Marin has resigned. Her last day is 7/16/2021; the SHIP/SMP Coordinator position has been posted. If you know anyone who might be interested in this position, please send them our way. AAA has contracted with two of our volunteers Lisa Connelly, and Ramona MacMurtrie has contracted to continue the day-to-day program until a replacement is hired and trained.

To answer the question Mr. Lopez has regarding Legal Assistance. Laura Villa states, unfortunately, after much time spent on this partnership with Soto Law. SEAGO-AAA has decided to end the partnership; there was too much going back and forth. We had nine people requesting services, only two clients were completed. We are currently discussing with our State leads to determine what AAA needs to do.

Money is taken away from the other programs just to fund the legal assistance. It's hard to determine that someone will not receive a bath because we have allocated funds to legal services and not attendant care.

Laura Villa discussed that the National Association of Area Agencies on Aging (N4A) is rebranding its name to USAging. Leaders in Aging Well at Home is the national agency that advocates for all Area agencies.

The Association of Area Aging on Aging (AZ4A) is looking for a similar way to rebrand this agency to encompass Arizona Area Agencies.

The SEAGO-AAA staff and three case managers will participate in this year's USAging virtual conference scheduled for the week of July 19-22.

READI Meals Program: Grant has been sent out, and we are waiting for the results; if we do, we will be on the fast track to getting everything out if approved. Cindy Meyers will be the point of contact.

End of Life- there was a lot of money left on the table because of COVID and being unable to travel, so this program was extended to the end of December 2021.

Family Caregivers Support Program:

Trualta, we are really proud of Karen; she is making connections with the libraries throughout the counties to provide AAA services and Trualta referrals. There has been a lot of Senior Connect bringing information to the communities to the public. We can complete this by ZOOM; things are opening up. Just tell us what you are looking for, and the staff will bring the information to the public about all programs within the AAA. In Trualita, we have 200 licenses

to fill in the next 2 years. Laura asked that the ACOA Council help promote the Trualita program.

SHIP/SMP Mali did an excellent job with SHIP; unfortunately, she had some medical needs that caused her to resign. We are lucky to have good volunteers and hope to have someone in place before open enrollment starts.

Health and Nutrition Program: Cindy has been training for A Matter of Balance to be a Coach. Cindy will also get her certificate to be an instructor for Tai Chi. Once Cindy has completed her training, she will reach out to discuss possible volunteers for her program.

Long Term Care Ombudsman Program: Shi has not stopped visiting the sites; unfortunately, there have been some struggles in the reopening. Shi has been spending more time in the health and nutrition program with the Congerate sites. Shi has taken on the responsibility of organizing an Elder Abuse Task Force. She will be working closely with various agencies to support the needs of the elderly in the area and report to the State for the Counties we cover.

Our congregate site/home deliver meals providers had their training in June, which went very well. A survey went out to the providers that will help with the future of the congregate sites. Gary Clark discussed his concerns about reopening and the fears for the staff and participants. Laura stated that she understands the issues that the issues of the congregate site with providing meals safely. Dr. Montiel voiced his concerns about opening and not requiring proof of vaccine from the staff and participants. . Mr. Montiel stated that he has offered the vaccine to the participants.

Laura asked if the AAA had written a letter. Would it be possible for the ACOC President to take this back to GOCA to voice our concerns? The Council expressed concerns that if this issue is not addressed, it will get worse. Jaime Aguilar stated that we would need the policy to mandate; nothing says that you cannot protect yourself. Everyone should still be wearing a mask and gloves and wash their hands often to protect themselves. Discussion continued about ways to protect yourself and having a choice. Laura discussed that the AAA is still screening temperatures, and the Case Managers are still only doing telephonic interviews.

Laura asked if there were any questions. No one had questions.

7. Information Exchange

Leslie Lambert: ben changeling listening to the meeting; Leslie stated that she is available to volunteer, please reach out when needed. Excited to hear about SEAGO Cares and will be passing this information on to the Red Cross, concerned with affordable housing and the lack of available housing.

Kim Jackson: Kim Jackson let the Council know that she has contacted Lisa and Ramona. They have discussed how they will handle Medicare for the next few months; Laura thanked Lisa.

Stephanie Nabor: Not much to share would like to state that we have resumed the daily delivery of Home Delivered Meals. The participants really appreciate that they get to see someone, even if it is from a distance.

Monica Romero: Not much in Nogales slowly going back to normal, does feel that it is going in a good direction, congratulated Laura about the Case Management

Jane Hancox: Hopefully, they will be getting back into the building for their Senior Center soon.

Kim Burks: Discussed that the rides are going well and they are getting more scheduled rides; talked about the veterans resource fair and hoping that they can obtain volunteers from the fair. Information was provided on the rides to encourage people to use the SEAHAC fair on August 12 for rental assistance.

Kathy Spangler: Provided presentation in Safford, everyone wear mask as the event had to be moved inside because of the wind, Kathy stated that it has been difficult for her to connect with the clients, discussed that arrangements were made for a nurse to provide the clients with vaccines they offered the Johnson and Johnson shot but because the clients have been watching the TV the clients are scared of the shot, as an ALTCS case manager they can question the clients if they are vaccinated. Have not seen some of the clients since 12/ 2019.

Dr. Montiel: excited that he is moving into a new building next month.

Arnold Lopez: Excited about the library contacts and would like to help connect to the library in his area.

Gary Clark: Discussed grants that he has applied for and received and the issues he has faced in obtaining PPE for his staff. And how lucky he has been with donations.

Jaime Aguilar: Tai Chi, after the last meeting, reached out to ladies at the county Atty office for volunteers, and there might be some that might wish to volunteer.

Mr. Aguilar questioned the purpose of the elder abuse task force. Laura explained that a group of people would discuss the issue of abuse and bring the situation to the Atty General if needed. Mr. Aguilar provided information on the fact that abuse is happening everywhere. Discussed Truilta and his interest in the program and how this program has helped.

Laura Villa thanked the ACOA members for their support.

8. Scheduling next meeting: October 21, 2021

14. Motion to Adjourn:

MOTION: Kim Burkes
SECOND: Arnold Lopez
VOTE: UNANIMOUS



ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING
FROM: LAURA VILLA, AREA AGENCY ON AGING PROGRAM DIRECTOR
DATE: OCTOBER 21, 2021
SUBJECT: NOMINATIONS TO VACANT SEATS

The Advisory Council on Aging's (ACOA) revised bylaws dated May 19, 2007, the state under Article III-Membership section 1, that the ACOA consists of eight representatives from Cochise County, four from Graham, and three from Greenlee and Santa Cruz County.

Section 2 states, at least ten of the eighteen members shall be age sixty or older and shall include persons in greatest economic or social need, minority individuals, and participants in services funded through the SEAGO Area Agency on Aging.

Section 9 states, members appointed by SEAGO Executive Board shall serve a term of three years (3). Each member shall be limited to two (2) consecutive terms. However, if a vacancy cannot be filled in 90 days, a previous member can be reappointed. The Advisory Council on Aging may submit a member to the Executive Board for reappointment for an additional term.

There are currently one (3) vacant seats and members selected to represent incorporated cities, towns, and the unincorporated portions of each county. The current vacancies apply to Cochise County, Tombstone, Santa Cruz County Town of Patagonia and Graham County town of Pima.

Nominated representatives will commence their term on the date once approved and appointed by the SEAGO Executive Board, scheduled for **November 19, 2021**.

Action Requested: Information Only Action Requested Below

Proposed representatives to the SEAGO Executive Board for appointment to fill vacancies.



ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING
FROM: LAURA VILLA, AREA AGENCY ON AGING DIRECTOR
DATE: OCTOBER 21, 2021
SUBJECT: SFY 22 ITEMIZED SERVICE BUDGET (ISB) /ALERTS 9-2-2021
AND 9-30-2021

Description:

DES-DAAS issued a couple of September Alerts:
The September 2, 2021 includes the following:

- State General Funds to support the Long Term Care Ombudsman program. This will allow the LTCO to visit sites twice yearly.
- State General Funds to support Provider Rate increases to HCBS providers dealing with Direct Care Worker shortage. The focus is geared toward granting mileage reimbursements to DCW's or sign on bonuses to hire and retain for a year in the workforce. Discussions are in place with Region VI service providers.
- ACL-American Rescue Plan (ARPA) one time allocations good from **4-1-2021 to 9-30-2024**. These funds are included in the ISB attached and waiting for final approval from DAAS.

The September 30, 2021 includes the following:

- ACL-Title III and VII, includes an increase and these are included in the ISB attached.
- Nutrition Services Incentive Program (NSIP) with additional funds to support our HDM providers
- ACL-revised allocation towards SHIP/SMP
- ACL-MIPPA-Priority 1 SHIP funding. With an oversight from DES-DAAS when submitting the yearly grant proposal, only Priority 1 funding was granted to Arizona. We were guaranteed that this will not happen again.
- All allocations are on your ISB for your review. For purpose of clarification, ARPA funds are good for three years. SEAGO-AAA has placed some of these funds on HOLD, the purpose in doing this is to minimize the match required as we know that the entire allocations will not be spent during SFY22.

Attachments: SFY22 ALERT 9-2 and 9-30-2021, SFY22 ISB #7

Action Requested

Information Only

Action Requested Below

Validation Worksheet

Alert 9.2.21 and 9.30.21
 Organization SEAGO
 Contract No. CTR048043
 Period SFY22
 Amendment No. 7

ALERT/COB VALIDATION

LN	Fund Source	(a) Estimated Carryover SFY 21	(b) Current Alert Level	(c)=(a)-(b) Alert Total	(d) Increase/ Decrease	(e)=(c)+(d) Total Alert +Carryover	(f) Contract Budget	(g)=(f)-(e) Difference
1	State Admin		53,108.00	53,108.00		53,108.00	53,108.00	-
2	OAA Admin (III C-1)	13,980.80	138,207.00	152,187.80	808.00	152,995.80	152,995.80	-
3	OAA Admin (III E)		16,500.00	16,500.00	119.00	16,619.00	16,619.00	-
4	SSBG Admin		58,674.00	58,674.00		58,674.00	58,674.00	-
5	Title III-B	63,754.53	397,931.00	461,685.53	2,488.00	464,173.53	696,769.01	232,595.48
6	Title III-C1	12,388.37	348,675.00	361,063.37	2,725.00	363,788.37	178,952.00	(184,836.37)
7	Title III-C2	28,379.00	282,673.00	311,052.00	2,227.00	313,279.00	265,519.89	(47,759.11)
8	Title III-D Prev Hlth	2,631.90	25,431.00	28,062.90	134.00	28,196.90	28,196.90	-
9	Title III-E Caregiver		174,839.00	174,839.00	1,059.00	175,898.00	175,898.00	-
10	NSIP		105,962.00	105,962.00	1,567.00	107,529.00	107,529.00	-
11	Title VII Elder Abuse	227.70	2,483.00	2,710.70	454.00	3,164.70	3,164.70	-
12	Title VII FED OMB	1,787.00	18,287.00	20,074.00	267.00	20,341.00	20,341.00	-
13	State Ind Living Supports		423,133.00	423,133.00		423,133.00	423,133.00	-
14	State Ombudsman		35,207.00	35,207.00		35,207.00	35,207.00	-
15	State Respite		19,628.00	19,628.00		19,628.00	19,628.00	-
16	SSBG (Services)		544,452.00	544,452.00		544,452.00	544,452.00	-
17	SHIP		20,926.00	20,926.00		20,926.00	20,926.00	-
18	Senior Medicare Patrol		8,408.00	8,408.00	3,038.00	11,446.00	11,446.00	-
19	SSBG - HCB Wait List		215,135.00	215,135.00		215,135.00	215,135.00	-
20	SSBG - One-Time Admin.		7,371.00	7,371.00		7,371.00	7,371.00	-
21	SSBG - One-Time (Services)		66,341.00	66,341.00		66,341.00	66,341.00	-
22	Senior Patrol Vols.							-
23	Alzheimer's Dementia (ADSSP)							-
24	MIPPA - S.H.I.P				7,010.00	7,010.00	7,010.00	-
25	MIPPA - AAA							-
26	MIPPA - ADRC							-
27	FFCRA - C1							-
28	FFCRA - C1 Admin							-
29	FFCRA - C2							-
30	CARES Act - III-B	114,615.00		114,615.00		114,615.00	114,615.00	-
31	CARES Act - III-C2 Admin		12,000.00	12,000.00		12,000.00	12,000.00	-
32	CARES Act - III-C2	9,850.00		9,850.00		9,850.00	9,850.00	-
33	CARES Act - III-E	30,779.00		30,779.00		30,779.00	30,779.00	-
34	CARES Act - III-E Admin	9,211.00		9,211.00		9,211.00	9,211.00	-
35	CARES Act - III-VII - FED. OMB.	2,500.00		2,500.00		2,500.00	2,500.00	-
36	ADRC	39,000.00		39,000.00		39,000.00	39,000.00	-
37	Title III-C2 COVID Supplemental	156,194.00		156,194.00		156,194.00	156,194.00	-
38	OAA Admin, III-C2 COVID Supp.	14,741.00		14,741.00		14,741.00	14,741.00	-
39	ACCESS VACCINES		44,249.00	44,249.00		44,249.00	44,249.00	-
40	ACCESS VACCINES ADMIN		6,625.00	6,625.00		6,625.00	6,625.00	-
41	CRRSA LTC OMB		4,136.00	4,136.00		4,136.00	4,136.00	-
42	ADRC ACCESS VACCINES		23,883.00	23,883.00		23,883.00	23,883.00	-
43	ADRC ACCESS VACCINES ADMIN		2,238.00	2,238.00		2,238.00	2,238.00	-
44	ARPA - III-B				468,545.00	468,545.00	468,545.00	-
45	ARPA - III-C1				178,749.00	178,749.00	178,749.00	-
46	ARPA - III-C1 ADMIN				109,484.00	109,484.00	109,484.00	-
47	ARPA - III-C2				462,875.00	462,875.00	462,875.00	-
48	ARPA - III-D				45,259.00	45,259.00	45,259.00	-
49	ARPA - III-E				142,542.00	142,542.00	142,542.00	-
50	ARPA - III-E ADMIN				13,447.00	13,447.00	13,447.00	-
51	ARPA - VII FED OMBUDSMAN				10,287.00	10,287.00	10,287.00	-
52	STATE ARPA				194,068.00	194,068.00	194,068.00	-
53	STATE LTC OMBUDSMAN				20,793.00	20,793.00	20,793.00	-
	Total	512,039.30	3,044,502.00	3,556,541.30	1,667,945.00	5,224,486.30	5,224,486.30	-

Note: Section above validates that Alert Levels plus adjustments equal the COB Total submitted by Provider

TRANSFER AUTHORITY - TITLE III B/C

Fund Source	Alert Level	\$ Ceiling	Transfer In/(Out)	Transfer %
Transfer Authority - Title III-B to III-C or III-C to III-B (30% Maximum)				
Title III-B (HSK,PRC,VNS,CMG,TSP)	\$ 400,419	\$ 120,126	\$ 232,595	58.09%
Title III-C				
III-C1 (CNG)	\$ 351,400	\$ 105,420	\$(184,836)	-52.60%
III-C1 Adm	\$ 139,015	\$ 41,705	\$ -	0.00%
III-C2 (HDM)	\$ 284,900	\$ 85,470	\$(47,759)	-16.76%
Total	775,315	\$ 232,595	\$(232,595)	-30.00%

TRANSFER AUTHORITY - C1/C2

Fund Source	Alert Level	Transfer Ceiling	Transfer In/(Out)	Transfer %
Transfer Authority - Title C-1 to C-2 (40% Maximum)				
Title III-C1 (CNG)	\$ 490,415	\$ 196,166	\$(184,836)	-37.69%
Title III-C2 (HDM)	\$ 284,900	\$ 113,960	\$(47,759)	-16.76%

Note: Section above validates transfer authority. Red cells indicates a transfer ceiling has been exceeded

TITLE III-B MINIMUM PERCENT

Category	% Required	Requirements	Actual Alloc	Over/Under
TSP, CMG	16%	\$ 64,067	\$ 144,544	\$ 80,477
In-Home Service (HSK,PRC,VNS)	8%	\$ 32,034	\$ 420,937	\$ 388,903
Legal Service	4%	\$ 16,017	\$ -	\$(16,017)
III-B TOTAL ALLOCATION	\$ 400,419			

TITLE SSBG MINIMUM

Category	Requirements	Actual Alloc	Over/Under
HSK/HCB (inc ATT)	\$ 58,253	\$ 191,069	\$ 132,816
CMG/HCB	\$ 7,073	\$ 133,597	\$ 126,524
HDM/HCB	\$ 137,429	\$ 139,613	\$ 2,184
RSP/FCS	\$ -	\$ 4,259	\$ 4,259
TSP/HCB	\$ 6,026	\$ 65,215	\$ 59,189
Total	\$ 208,781	\$ 533,753	\$ 324,972

September 2, 2021

To: Area Agencies on Aging

From: Frank L. Migali *FM*
Deputy Assistant Director
Community Service Programs
Division of Aging and Adult Services

Subject: State Fiscal Year (SFY) 2022 Allocations

The following ALERTS are attached:

ALERTS

FUND SOURCE/TYPE

ALERT SFY-22-1A	Older Americans Act Title III and VII- PGCSC Central Kitchen Project Allocation
ALERT SFY-22-3A	State Funds- SB 1824-Long-Term Care Ombudsman Allocations
ALERT SFY-22-3B	State Funds- Provider Rate Increase and American Rescue Plan Act State Match Allocations
ALERT SFY-22-9C	COVID- American Rescue Plan Act Allocations
ALERT SFY-22-11B	Other Funds- Lifespan Respite Grant Allocations

The ALERTS are subject to change as additional information is received by the Division pertaining to the funding sources identified.

ALERTS are available on the Division website using the link:

<https://www.azdes.gov/daas/alerts>

A SFY 2022 contract operating budget is due to the Division of Aging and Adult Services, Finance and Business Operations Administration by close of business Thursday September 23, 2021. Once budgets have been submitted to DAAS, they will be incorporated into Area Agency on Aging contracts.

Should you have any questions regarding the attached ALERTS, please contact your assigned Contract Specialist.

cc: Molly McCarthy, Frank Migali, Jamie Zimmerman, Bridget Casey, Matthew LeCrone, Kelly Garrett, Cindy Saverino, Mark Radan, Michael Coen, Lisa Pollock, Lita Nelson, Jennifer Cain, DES FSA Team, DAAS file

**Older Americans Act Title III and VII
for SFY-2022**

The Division of Aging and Adult Services has identified Older Americans Act Title III C1 Administrative funds and are being included in a one-time allocation to the Pinal-Gila Council for Senior Citizens (PGCSC) Area Agency on Aging, to be used for the ***PGCSC Central Kitchen Project***.

Area Agency on Aging	Title III C1 Allocation	Total Allocation
Pinal-Gila Council for Senior Citizens	\$ 127,398.90	\$ 127,398.90

All funds must be expended by June 30, 2022.

This allocation must be used only for the ***PGCSC Central Kitchen Project***.

The following service code will be available for use in association with this funding:

SOW Service Code	Program Code	Service Detail
CNG	HCB	CKP

Should you have questions regarding the allocations, please contact your assigned Contract Specialist.

**State General Funds
for SFY-2022**

The Division of Aging and Adult Services (DAAS) has received allocations from the State General Funds as a result of SB1824 being signed into law. These funds are being distributed to assist the Area Agencies on Aging (AAAs) with having Long-Term Care Ombudsman (LTCO) visit each Long-Term Care Facility in their planning and service area twice yearly outside of complaint visits and speak with residents (or resident representative) therein.

These funds from the State General Funds and are being distributed as shown in the table below:

Area Agency on Aging	Award Amount
Region One, Inc.	662,815
Pima Council on Aging	138,943
Northern Arizona Council of Governments	65,624
Western Arizona Council of Governments	68,905
Pinal/Gila Council for Senior Citizens	18,920
SouthEastern Arizona Governments Organization	20,793
Navajo Nation	12,000
Inter-Tribal Council of Arizona, Inc.	12,000
Total	\$ 1,000,000

These funds are allocated for the period of 7/01/2021 through 6/30/2022.

These funds are to be used to enhance the Long-Term Care Ombudsman Program presence in Long-Term Care Facilities throughout Arizona and as such, can be used to increase the number of Designated Long-Term Care Ombudsmen in each region and provide travel expenses for the Long-Term Care Ombudsmen to travel to the facilities in their planning and service area.

Reporting Requirements:

The following parameters will be used in the Division of Aging and Adult Services Reporting System (DAARS) for budgeting and reporting purposes associated with this funding:

SOW Service Code	Program Code	Service Detail Code
LTC	OMB	FTE

Should you have questions regarding these allocations, please contact your assigned Contract Specialist.

**State General Fund
for SFY-2022**

The Division of Aging and Adult Services (DAAS) received \$2,474,000 of State General Fund for home care provider rate increases and incentives for direct care workers (DCWs) in Non-Medical Home and Community-Based Services and State Match for The American Rescue Plan Act (ARPA) Title III-B, III-C, and III-E programs.

Area Agencies on Aging (AAAs) must:

- Establish a minimum direct care rate of \$21.25/hour for DCW salaries for attendant care, personal care, housekeeping, and respite services
- Confirm that the DCW rate increases and incentives have been implemented and are directly increasing the DCW salaries
- Monitor home care agencies throughout the contract year for fiscal compliance
- Report monthly to Maria Dominguez at medominguez@azdes.gov (additional detail to follow):
 - Actual DCW rate increases and incentives
 - Number of client units utilized for the reporting month

AAAs are required to allocate percentages of the funding per service category:

Service Category	Percentage of New Funds Toward Provider Rate/Hours
Attendant Care	44%
Housekeeping	18%
Personal Care	19%
Respite	19%

AAAs may determine a portion of ARPA funds to set aside on the AAAs Contract Operating Budgets which would not be spent in the current SFY. The set aside ARPA funds can then be used in the next SFY.

These funds are being allocated as shown in the table below:

Area Agency on Aging	Award Amount
Area Agency on Aging, Region One, Inc.	\$851,142.00
Pima Council on Aging	\$743,804.00
Northern Arizona Council of Governments	\$153,975.00
Western Arizona Council of Governments	\$224,251.00
Pinal/Gila Council for Senior Citizens	\$154,059.00
SouthEastern Arizona Governments Organization	\$194,068.00
Navajo Nation	\$ 76,658.00
Inter-Tribal Council of Arizona, Inc.	\$ 76,043.00
Total	\$2,474,000.00

These funds are allocated for the period of 7/01/2021 through 6/30/2022.

Reporting Requirements:

The following codes will be used in the Division of Aging and Adult Reporting System (DAARS) for budgeting and reporting purposes associated with this funding:

SOW Service Code	Program Code	Service Detail Code
ATT	HCB	DCW
PRC	HCB	DCW
HSK	HCB	DCW
RSP	FCP	DCW

For additional codes or questions regarding these allocations, please contact your assigned Contract Specialist.

**COVID
for SFY-2022**

The Division of Aging and Adult Services (DAAS) has received allocations from the Administration for Community Living (ACL) for the FFY 2021 American Rescue Plan Act (ARPA) under Title III (Combined) and Title VII Ombudsman of the Older Americans Act (OAA).

These funds are being distributed as one-time allocations to assist the Area Agencies on Aging with supporting clients in staying healthy, safe, and independent during the COVID-19 pandemic. Supportive services of the types made available for efforts related to COVID-19 include vaccination outreach, including education, communication, transportation, and other activities to facilitate vaccination of older individuals. Additionally, funds may be used for prevention and mitigation activities related to COVID-19 focused on addressing extended social isolation among older individuals, including activities for investments in technological equipment and solutions or other strategies aimed at alleviating negative health effects of social isolation due to long-term stay-at-home recommendations for older individuals for the duration of the COVID-19 public health emergency.

These funds are being allocated based on the OAA funding formula

	III-B	C-1	C-1 Admin	C-2	III-D	VII - Fed. Ombudsman	III-E	III-E Admin	Total
Region One	\$4,611,290.00	\$1,759,196.00	\$1,365,566.00	\$4,555,490.00	\$445,426.00	\$101,233.00	\$1,402,857.00	\$167,724.00	\$14,408,782.00
Region 2	\$1,586,290.00	\$605,166.00	\$449,652.00	\$1,567,094.00	\$153,227.00	\$34,825.00	\$482,584.00	\$55,228.00	\$4,934,066.00
Region 3	\$914,233.00	\$348,778.00	\$212,194.00	\$903,171.00	\$88,310.00	\$20,070.00	\$278,130.00	\$26,062.00	\$2,790,948.00
Region 4	\$928,202.00	\$354,106.00	\$239,868.00	\$916,969.00	\$89,659.00	\$20,377.00	\$282,379.00	\$29,461.00	\$2,861,021.00
Region 5	\$702,886.00	\$268,149.00	\$177,448.00	\$694,381.00	\$67,895.00	\$15,430.00	\$213,834.00	\$21,795.00	\$2,161,818.00
Region 6	\$468,545.00	\$178,749.00	\$109,484.00	\$462,875.00	\$45,259.00	\$10,287.00	\$142,542.00	\$13,447.00	\$1,431,188.00
Region 7	\$555,896.00	\$230,288.00	\$134,507.00	\$548,523.00	\$53,633.00	\$12,189.00	\$169,855.00	\$16,521.00	\$1,721,412.00
Region 8	\$449,499.00	\$171,482.00	\$123,742.00	\$444,059.00	\$43,419.00	\$9,868.00	\$136,747.00	\$15,198.00	\$1,394,014.00
Total	\$10,216,841.00	\$3,915,914.00	\$2,812,461.00	\$10,092,562.00	\$986,828.00	\$224,279.00	\$3,108,928.00	\$345,436.00	\$31,703,249.00

For ARPA FAQ's refer to SFY22-9C Attachment A

ARPA funds are allocated for the period of 4/1/2021 through 9/30/2024

**COVID
for SFY-2022**

Reporting Requirements:

The following parameters will be used in the Division of Aging and Adult Services Reporting System (DAARS) for budgeting and reporting purposes associated with this funding:

SOW Service Code	Program Code	Service Detail Code
ADM	HCB	ARP
ADM	FCS	ARP
TSP	HCB	ARP
CMG	HCB	ARP
CMG	FCS	ARP
CNG	HCB	ARP
HDM	HCB	ARP
HED	HCB	ARP
LTC	OMB	ARP
PGD	HCB	ARP
RSP	FCS	ARP
ATT	HCB	ARP
PRC	HCB	ARP
HSK	HCB	ARP

Should you have questions regarding these allocations, please contact your assigned Contract Specialist.

American Rescue Plan Act (ARPA) FAQ's

Title III-B

Use of Funds for Vaccines

1. Can the funding be used for combatting vaccine hesitancy?

Yes, one of the purposes of the funding is for disseminating credible information about COVID-19 vaccines and helping direct those with questions to additional sources of information. Additionally, ARP funds can also help support reducing social isolation and regular OAA Title III-B Services.

2. Can the funding be used to support vaccine equity efforts?

Yes, the aging network is encouraged to use these funds to address inequity in COVID19 vaccination access among older adults, family caregivers, and aging network staff and volunteers from communities defined by race, ethnicity, geography, disability, income, sexual orientation gender identity, and other factors.

3. Can the funding be used to provide transportation stipends/vouchers to individuals?

Yes, arranging or providing accessible transportation to COVID-19 vaccination sites for older adults and their caregivers is an allowable use of funds.

4. Can the funding be used to pay for staff to plan and organize vaccination activities, participate in meetings with local public health and other entities, and/or collect and analyze data on COVID-19 vaccination rates of older adults, family caregivers, and aging network staff and volunteers?

Yes, paying for staff for these activities is an allowable use of funds.

5. Can the funding be used later in the project period for assistance with vaccine booster shots if the FDA and CDC indicate that booster shots are recommended for COVID-19 vaccines?

Yes, if the FDA and CDC determine that older adults will need to receive COVID-19 booster shots, the funding can be used to support efforts to ensure older adults receive a COVID-19 booster shot.

Use of Funds to Address Social Isolation

1. Is it permissible for a state or AAA to use a portion of their ARPA Title III-B funds on any of the following activities?

- a. Screening, assessment, or enrollment in social engagement programs.

Yes, the ARPA funding is for OAA activities and the OAA, as amended in 2020, includes language that "screening for negative health effects associated with social isolation" is considered a supportive service.

b. Assisting individuals in avoiding placement in or to move from a long-term care facility?

Yes, the OAA also includes, “services designed to assist older individuals in avoiding institutionalization and to assist individuals in long-term care institutions who are able to return to their communities, including client assessment, case management services and development and coordination of community services” as supportive services.

c. Develop, implement and administer social engagement programs.

Yes, “services that promote or support social connectedness and reduce negative health effects associated with social isolation” are also considered supportive services under the OAA, as amended in 2020. These services can include the provision of education, outreach, training and toolkits related to addressing social isolation.

d. Work in partnership with state AT programs to create social isolation toolkits and incorporate social isolation toolkits into I&R and assessment processes.

Title III-B of the OAA focuses on the provision of “services.” The OAA includes, “provision of services and assistive devices (including provision of assistive technology services and assistive technology devices) which are designed to meet the unique needs of older individuals who are disabled, and of older individuals who provide uncompensated care to their adult children with disabilities” as supportive services.

e. Purchase and deploy technology solutions to older adults at risk of social isolation?

Yes, ARPA funds can be used for “investments in technological equipment and solutions or other strategies aimed at alleviating negative health effects of social isolation.” The purchases are allowed, as long as grantees adhere to federal, State, and local policies and procedures in making these purchases. ACL encourages grantees to develop policies and procedures governing the provision and usage of such devices and to consider issues such as whether they will be provided on loan, or permanently; how will IT support be provided; who is responsible if the device is broken, lost or stolen; will it be used only for the duration of the program and then retrieved; etc. The National Council on Aging keeps a resource page with tips for securing technology and/or internet access for older adults, which is available [here](#). Note, prior approval is required for grantee equipment purchases that exceed \$5,000, see the OAA and ARP Fiscal FAQ for more information.

2. Are there technical assistance resources to assist SUAs and AAAs in addressing social isolation?

Yes. The engAGED Resource Center is specifically focused on helping Aging Network organizations (states, AAAs, providers, other community-based organizations) increase their ability to offer social engagement programming and education to reduce social isolation among older adults. Additionally, ACL in partnership with the HHS Office of the Assistant Secretary for Health, the Federal Communications Commission, and the U.S. Department of Veterans Affairs and several national and state organizations have launched a public/private initiative called

Commit to Connect to address social isolation initiative for all populations. The Commit to Connect website has additional resources related to addressing social isolation.

Title III-C

1. We are considering holding ARP funds for future years since the law includes language that funds are available until expended. Does ACL have guidance on spending the various COVID-19 emergency funds?

Please see OAA and ARPA Fiscal FAQ document for project period end dates to determine the order of use of funding.

2. Do waivers of certain OAA nutrition requirements extend to ARP funding?

Yes, the nutrition services transfer criteria, home-delivered nutrition services and dietary guidelines waivers included in Section 3222 of the CARES Act (P.L. 116-136) apply to funds provided under the ARPA. The language under the CARES Act provides the Assistant Secretary has the authority to waive the requirements for meals provided under (i) and (ii) of OAA section 339(2)(A) during any portion of the COVID-19 public health emergency. Once the public health emergency for COVID-19 as declared by the U.S. Secretary for Health and Human Services ends, the nutrition waivers provided in the CARES Act during this public health emergency also end.

3. Are we reporting NSIP meal counts for FFY2022? (see similar question here)

ACL held harmless meal counts from 2019 and has applied and will apply them to FFY2020, 2021, and 2022 NSIP award allocations. Effective October 1, 2021, data on NSIP eligible meals (lines 4a or 8a in the SPRs) should be collected and reported. Please refer to: Nutrition Services Incentive Program (NSIP) of the Older Americans Act, March 30, 2020 and appropriate NSIP program reporting instructions on NSIP eligible meals. ACL will use FY2022 NSIP meal counts to establish FY2023 allocations.

4. Does the ARPA waive the OAA requirement to offer participants the opportunity to contribute towards the cost of the meal?

No. The ARPA does not waive the voluntary contribution OAA provision, which requires that participants are offered the opportunity to contribute towards the cost of the meal. It is up to the SUA, Area Agencies on Aging and local nutrition service providers to decide how best to implement this requirement during the pandemic and beyond. Program income should be expended prior to drawing additional federal funding and be used to expand the service for which the program income was generated. Additionally, such contributions are considered program income; ACL has provided approval that program income may be used to meet match requirements on the ARP grant, see the OAA and ARP Fiscal FAQ for more information.

5. A nutrition provider needs to replace equipment such as old oven, refrigerator, or steam table that is no longer working. Can the SUA approve use of Title III COVID-19 Supplemental funding (i.e. FFCRA, CARES Act, Supplemental 5 – HDC5, and ARP) for equipment related to the production and delivery of nutrition services?

Funds expended from the Title III COVID-19 Supplemental funding are to respond to the Coronavirus Emergency by providing Older Americans Act services related to the response. Funds must be expended on allowable Older Americans Act activities as defined by the Older Americans Act and State and local policy, which could include equipment. The Older Americans Act is a flexible law that allows State Units on Aging to meet the unique needs of their older citizens. SUAs' role in administering the OAA is to develop regulations, policies, procedures, guidance, and technical assistance to address program administration. In summary, if your State Unit on Aging allows for the oven expenditure, ACL would consider this an allowable expense. Please note that if equipment exceeding \$5,000 is directly purchased by an SUA, then prior approval from ACL is required. Expedited processes may be available in situations of urgent need.

Title III-D

1. Is there ARPA funding for OAA Title III-D Evidence-Based Disease Prevention and Health Promotion Programs (EBPs)?

Yes. There was \$44 million for OAA Title III-D included in the American Rescue Plan. The State Agency must distribute the American Rescue Plan funding based on the Intrastate Funding Formula (IFF) approved by the Assistant Secretary for Aging. Funds required to be distributed via the IFF may not be held at the State level.

2. Are State Units on Aging able to use ARPA OAA III-D funds for other OAA Title III services?

No. However, during a Major Disaster Declaration incident period additional flexibilities are available, see the Fiscal FAQ: Major Disaster Declaration (MDD) for more information.

3. Do ARPA funds for Title III-D have to be used for health promotion and disease prevention programs that meet ACL's OAA III-D definition of evidence-based?

Yes, all programs delivered must meet ACL's definition for evidence-based health promotion and disease prevention programs. For more details about ACL's evidence-based program criteria, see our website here.

DIVISION OF AGING & ADULT SERVICES						
CONTRACT OBLIGATION FOR SFY 2022						
REGION 6	SFY 2021 CARRYOVER	INITIAL SFY 2022 ALERTS	TOTAL SFY 2022 ALERTS	INCREASE (DECREASE) SFY 2022 ALERTS	REVISED TOTAL SFY 2022 AWARDS	
1. STATE ADMIN.	\$ -	\$ 53,108.00	\$ 53,108.00	\$ -	\$ 53,108.00	
2. OAA ADMIN. III C-1	\$ -	\$ 138,207.00	\$ 138,207.00	\$ -	\$ 138,207.00	
3. OAA ADMIN. III-E	\$ -	\$ 16,500.00	\$ 16,500.00	\$ -	\$ 16,500.00	
4. SSBG ADMIN.	\$ -	\$ 58,674.00	\$ 58,674.00	\$ -	\$ 58,674.00	
5. TITLE III-B	\$ -	\$ 397,931.00	\$ 397,931.00	\$ -	\$ 397,931.00	
6. TITLE III-C1	\$ -	\$ 348,675.00	\$ 348,675.00	\$ -	\$ 348,675.00	
7. TITLE III-C2	\$ -	\$ 282,673.00	\$ 282,673.00	\$ -	\$ 282,673.00	
8. TITLE III-D	\$ -	\$ 25,431.00	\$ 25,431.00	\$ -	\$ 25,431.00	
9. TITLE III-E CAREGIVER	\$ -	\$ 174,839.00	\$ 174,839.00	\$ -	\$ 174,839.00	
10. NSIP	\$ -	\$ 105,962.00	\$ 105,962.00	\$ -	\$ 105,962.00	
11. TITLE VII ELDER ABUSE	\$ -	\$ 2,483.00	\$ 2,483.00	\$ -	\$ 2,483.00	
12. TITLE VII FED. OMB	\$ -	\$ 18,287.00	\$ 18,287.00	\$ -	\$ 18,287.00	
13. STATE IND. LIVING SUPPORTS	\$ -	\$ 423,133.00	\$ 423,133.00	\$ -	\$ 423,133.00	
14. STATE OMBUDSMAN	\$ -	\$ 35,207.00	\$ 35,207.00	\$ -	\$ 35,207.00	
15. STATE RESPITE	\$ -	\$ 19,628.00	\$ 19,628.00	\$ -	\$ 19,628.00	
16. SSBG (SERVICES)	\$ -	\$ 544,452.00	\$ 544,452.00	\$ -	\$ 544,452.00	
17. S.H.I.P.	\$ -	\$ 20,926.00	\$ 20,926.00	\$ -	\$ 20,926.00	
18. SENIOR MEDICARE PATROL	\$ -	\$ 8,408.00	\$ 8,408.00	\$ -	\$ 8,408.00	
19. SSBG - HCB WAIT LIST	\$ -	\$ 215,135.00	\$ 215,135.00	\$ -	\$ 215,135.00	
20. SSBG - ONE-TIME ADMIN.	\$ -	\$ 7,371.00	\$ 7,371.00	\$ -	\$ 7,371.00	
21. SSBG - ONE-TIME (SERVICES)	\$ -	\$ 66,341.00	\$ 66,341.00	\$ -	\$ 66,341.00	
22. ACCESS VACCINES	\$ -	\$ 44,249.00	\$ 44,249.00	\$ -	\$ 44,249.00	
23. ACCESS VACCINES ADMIN	\$ -	\$ 6,625.00	\$ 6,625.00	\$ -	\$ 6,625.00	
24. CRRSA LTC OMB.	\$ -	\$ 4,136.00	\$ 4,136.00	\$ -	\$ 4,136.00	
25. ADRG ACCESS VACCINES	\$ -	\$ 23,883.00	\$ 23,883.00	\$ -	\$ 23,883.00	
26. ADRG ACCESS VACCINES ADMIN	\$ -	\$ 2,238.00	\$ 2,238.00	\$ -	\$ 2,238.00	
27. ARPA - III-B	\$ -	\$ -	\$ -	\$ 468,545.00	\$ 468,545.00	
28. ARPA - III-C1	\$ -	\$ -	\$ -	\$ 178,749.00	\$ 178,749.00	

29. ARPA - III-C1 ADMIN	\$ -	\$ -	\$ -	\$ 109,484.00	\$ 109,484.00
30. ARPA - III-C2	\$ -	\$ -	\$ -	\$ 462,875.00	\$ 462,875.00
31. ARPA - III-D	\$ -	\$ -	\$ -	\$ 45,259.00	\$ 45,259.00
32. ARPA - III-E	\$ -	\$ -	\$ -	\$ 142,542.00	\$ 142,542.00
33. ARPA - III-E ADMIN	\$ -	\$ -	\$ -	\$ 13,447.00	\$ 13,447.00
34. ARPA - VII FED OMBUDSMAN	\$ -	\$ -	\$ -	\$ 10,287.00	\$ 10,287.00
35. STATE ARPA	\$ -	\$ -	\$ -	\$ 194,068.00	\$ 194,068.00
36. STATE LTC OMBUDSMAN	\$ -	\$ -	\$ -	\$ 20,793.00	\$ 20,793.00
TOTAL	\$ -	\$ 3,044,502.00	\$ 3,044,502.00	\$ 1,646,049.00	\$ 4,690,551.00

DIVISION OF AGING & ADULT SERVICES

CONTRACT OBLIGATION FOR SFY 2022

	SFY 2021 CARRYOVER	INITIAL SFY 2022 ALERTS	TOTAL SFY 2022 AWARDS	INCREASE/ (DECREASE) SFY 2022 ALERTS	REVISED TOTAL SFY 2022 AWARDS
STATE TOTAL					
1. STATE ADMIN.	\$ -	\$ 843,682.00	\$ 843,682.00	\$ -	\$ 843,682.00
2. OAA ADMIN. III C-1	\$ -	\$ 2,489,001.00	\$ 2,489,001.00	\$ -	\$ 2,489,001.00
3. OAA ADMIN. III-E	\$ -	\$ 423,860.00	\$ 423,860.00	\$ -	\$ 423,860.00
4. SSBG ADMIN.	\$ -	\$ 716,645.00	\$ 716,645.00	\$ -	\$ 716,645.00
5. TITLE III-B	\$ -	\$ 8,351,204.00	\$ 8,351,204.00	\$ -	\$ 8,351,204.00
6. TITLE III-C1	\$ 127,398.90	\$ 7,272,398.00	\$ 7,399,796.90	\$ -	\$ 7,399,796.90
7. TITLE III-C2	\$ -	\$ 6,096,596.00	\$ 6,096,596.00	\$ -	\$ 6,096,596.00
8. TITLE III-D	\$ -	\$ 554,488.00	\$ 554,488.00	\$ -	\$ 554,488.00
9. TITLE III-E CAREGIVER	\$ -	\$ 3,814,739.00	\$ 3,814,739.00	\$ -	\$ 3,814,739.00
10. NSIP	\$ -	\$ 1,884,290.00	\$ 1,884,290.00	\$ -	\$ 1,884,290.00
11. TITLE VII ELDER ABUSE	\$ -	\$ 54,381.00	\$ 54,381.00	\$ -	\$ 54,381.00
12. TITLE VII FED. OMB	\$ -	\$ 398,807.00	\$ 398,807.00	\$ -	\$ 398,807.00
13. STATE IND. LIVING SUPPORTS	\$ -	\$ 6,317,002.00	\$ 6,317,002.00	\$ -	\$ 6,317,002.00
14. STATE OMBUDSMAN	\$ -	\$ 814,116.00	\$ 814,116.00	\$ -	\$ 814,116.00
15. STATE RESPITE	\$ -	\$ 462,000.00	\$ 462,000.00	\$ -	\$ 462,000.00
16. SSBG (SERVICES)	\$ -	\$ 7,231,281.00	\$ 7,231,281.00	\$ -	\$ 7,231,281.00
17. S.H.I.P.	\$ -	\$ 577,511.00	\$ 577,511.00	\$ -	\$ 577,511.00
18. SENIOR MEDICARE PATROL	\$ -	\$ 170,778.00	\$ 170,778.00	\$ -	\$ 170,778.00
19. REFUGEE	\$ -	\$ -	\$ -	\$ -	\$ -
20. SSBG - HCB WAIT LIST	\$ -	\$ 3,800,000.00	\$ 3,800,000.00	\$ -	\$ 3,800,000.00
21. SSBG - ONE-TIME ADMIN.	\$ -	\$ 117,099.00	\$ 117,099.00	\$ -	\$ 117,099.00
22. SSBG - ONE-TIME (SERVICES)	\$ -	\$ 1,053,901.00	\$ 1,053,901.00	\$ -	\$ 1,053,901.00
23. ACCESS VACCINES	\$ -	\$ 956,845.00	\$ 956,845.00	\$ -	\$ 956,845.00
24. ACCESS VACCINES ADMIN	\$ -	\$ 170,187.00	\$ 170,187.00	\$ -	\$ 170,187.00
25. CRRSA LTC OMB.	\$ -	\$ 90,163.00	\$ 90,163.00	\$ -	\$ 90,163.00
26. ADRC ACCESS VACCINES	\$ -	\$ 517,352.00	\$ 517,352.00	\$ -	\$ 517,352.00
27. ADRC ACCESS VACCINES ADMIN	\$ -	\$ 57,484.00	\$ 57,484.00	\$ -	\$ 57,484.00
28. ARP - III-B	\$ -	\$ -	\$ -	\$ 10,216,841.00	\$ 10,216,841.00
29. ARP - III-C1	\$ -	\$ -	\$ -	\$ 3,915,914.00	\$ 3,915,914.00
30. ARP - III-C1 ADMIN	\$ -	\$ -	\$ -	\$ 2,812,461.00	\$ 2,812,461.00
31. ARP - III-C2	\$ -	\$ -	\$ -	\$ 10,092,562.00	\$ 10,092,562.00
32. ARP - III-D	\$ -	\$ -	\$ -	\$ 986,828.00	\$ 986,828.00

33. ARP - III-E	\$ -	\$ -	\$ -	\$ 3,108,928.00	\$ 3,108,928.00
34. ARP - III-E ADMIN	\$ -	\$ -	\$ -	\$ 345,436.00	\$ 345,436.00
35. ARP - VII FED OMBUDSMAN	\$ -	\$ -	\$ -	\$ 224,279.00	\$ 224,279.00
36. ADULT DAY HEALTH	\$ -	\$ 22,000.00	\$ 22,000.00	\$ 31,000.00	\$ 53,000.00
37. STATE ARPA	\$ -	\$ -	\$ -	\$ 2,474,000.00	\$ 2,474,000.00
38. STATE LTC OMBUDSMAN	\$ -	\$ -	\$ -	\$ 1,000,000.00	\$ 1,000,000.00
TOTAL	\$ 127,398.90	\$ 55,257,810.00	\$ 55,385,208.90	\$ 35,208,249.00	\$ 90,593,457.90

DIVISION OF AGING & ADULT SERVICES					
CONTRACT OBLIGATION FOR SFY 2022					
STATE TOTAL	SFY 2021 CARRYOVER	INITIAL SFY 2022 ALERTS	TOTAL SFY 2022 AWARDS	REVISED SFY 2022 ALERTS	REVISED TOTAL SFY 2022 AWARDS
STATE ADMIN.	\$ -	\$ 843,682.00	\$ 843,682.00	\$ -	\$ 843,682.00
OLDER AMERICANS ACT	\$ 127,398.90	\$ 29,455,474.00	\$ 29,582,872.90	\$ -	\$ 29,582,872.90
STATE (ILS, RSP, OMB)	\$ -	\$ 7,593,118.00	\$ 7,593,118.00	\$ 3,474,000.00	\$ 11,067,118.00
SSBG REGIONS 1-8	\$ -	\$ 7,947,926.00	\$ 7,947,926.00	\$ -	\$ 7,947,926.00
SSBG - HCB WAIT LIST	\$ -	\$ 3,800,000.00	\$ 3,800,000.00	\$ -	\$ 3,800,000.00
SSBG - ONE-TIME	\$ -	\$ 1,171,000.00	\$ 1,171,000.00	\$ -	\$ 1,171,000.00
S.H.I.P./SENIOR PATROL	\$ -	\$ 748,289.00	\$ 748,289.00	\$ -	\$ 748,289.00
NSIP	\$ -	\$ 1,884,290.00	\$ 1,884,290.00	\$ -	\$ 1,884,290.00
REFUGEE	\$ -	\$ -	\$ -	\$ -	\$ -
ACCESS VACCINES	\$ -	\$ 1,127,032.00	\$ 1,127,032.00	\$ -	\$ 1,127,032.00
CRRSA LTC OMB.	\$ -	\$ 90,163.00	\$ 90,163.00	\$ -	\$ 90,163.00
ADRC ACCESS VACCINES	\$ -	\$ 574,836.00	\$ 574,836.00	\$ -	\$ 574,836.00
ARPA	\$ -	\$ -	\$ -	\$ 31,703,249.00	\$ 31,703,249.00
ADULT DAY HEALTH	\$ -	\$ 22,000.00	\$ 22,000.00	\$ 31,000.00	\$ 53,000.00
BELOW-THE-LINE SUBTOTAL	\$ 127,398.90	\$ 55,257,810.00	\$ 55,385,208.90	\$ 35,208,249.00	\$ 90,593,457.90
TOTAL	\$ 127,398.90	\$ 55,257,810.00	\$ 55,385,208.90	\$ 35,208,249.00	\$ 90,593,457.90
NOTE: The following list reflects the most recent ALERTS issued to support the amounts reflected:					
ALERT	FUND SOURCE				DATE ISSUED
1. ALERT 22-1	TITLE III/VII PLANNING LEVELS FOR SFY 2022				3/5/2021
2. ALERT 22-2A	SSBG ALLOCATIONS FOR SFY 2022				5/28/2021
3. ALERT 22-3A/B	STATE ALLOCATIONS FOR SFY 2022				9/2/2021
4. ALERT 22-6	NSIP ALLOCATIONS FOR SFY 2022				3/5/2021
5. ALERT 22-7	SHIP & SENIOR PATROL ALLOCATIONS FOR SFY 2022				3/5/2021
6. ALERT 22-9/A/B	ACCESS VACCINES, CRSSA LTC OMB, AND ADRC ACCESS VACCINES PLANNING LEVELS FOR SFY 2022				5/28/2021
7. ALERT 22-9C	TITLE III/VII ARPA PLANNING LEVELS FOR SFY 2022				9/2/2021
8. ALERT 22-11B	ADULT DAY HEALTH PLANNING LEVELS FOR SFY 2022				9/2/2021

September 30, 2021

To: Area Agencies on Aging

From: Jennifer Snow *JSV*
Interim Deputy Assistant Director
Community Service Programs
Division of Aging and Adult Services

Subject: State Fiscal Year (SFY) 2022 Allocations

The following ALERTS are attached:

<u>ALERTS</u>	<u>FUND SOURCE/TYPE</u>
ALERT SFY-22-1A	Older Americans Act Title III and VII- Revised Allocations
ALERT SFY-22-6A	NSIP- Revised Allocations
ALERT SFY-22-7A	State Health Insurance Assistance Program/Senior Medicare Patrol- Revised Allocations
ALERT SFY-22-7B	State Health Insurance Assistance Program/Senior Medicare Patrol- Revised Allocations
ALERT SFY-22-11C	Other Funds- Medicare for Patients and Providers Act- Allocations

The ALERTS are subject to change as additional information is received by the Division pertaining to the funding sources identified.

ALERTS are available on the Division website using the link:
<https://www.azdes.gov/daas/alerts>

A SFY 2022 contract operating budget is due to the Division of Aging and Adult Services, Finance and Business Operations Administration by close of business Thursday October 21, 2021. Once budgets have been submitted to DAAS, they will be incorporated into Area Agency on Aging contracts.

Should you have any questions regarding the attached ALERTS, please contact your assigned Contract Specialist.

cc: Molly McCarthy, Jennifer Snow, Jamie Zimmerman, Bridget Casey, Matthew LeCrone, Kelly Garrett, Cindy Saverino, Mark Radan, Michael Coen, Lisa Pollock, Lita Nelson, Jennifer Cain, DES FSA Team, DAAS file

**Older Americans Act Title III and VII
for SFY-2022**

The Division of Aging and Adult Services (DAAS) received an overall increase of \$229,771 for Older Americans Act Title III and Title VII collectively in the FFY 2021 grant awards from the Administration for Community Living. A full 100 percent of the FFY 2021 overall increase was placed into the SFY 2022 allocation. Had the changes been received in SFY 2021, $\frac{3}{4}$ of the overall increase would have been placed in SFY 2021 and $\frac{1}{4}$ of the increase would have been placed in SFY 2022.

The following changes occurred in Title III and Title VII in the following titles and subparts:

- an increase of \$61,687 in III-B
- an increase of \$67,134 in III-C1
- an increase of \$53,720 in III-C2
- an increase of \$3,642 in III-D
- an increase of \$27,553 in III-E
- an increase of \$9,821 in VII-Elder Abuse
- an increase of \$6,214 in VII-Federal Ombudsman

Should you have questions regarding the allocations, please contact your assigned Contract Specialist.

DIVISION OF AGING & ADULT SERVICES

ALERT # 22-6A

**NSIP
SFY - 2022**

REGION	(Line # 17) FFY - 2021 (1/4) INITIAL ALLOCATION	(Line # 17) FFY - 2021 CARRYOVER	(Line # 17) FFY - 2021 (1/4) Sub-Total From prior ALERT	(Line # 17) FFY - 2021 INCREASE/ (DECREASE) TO ALLOCATION	(Line # 17) FFY - 2021 (1/4) TOTAL ALLOCATION	(Line # 18) FFY - 2022 (3/4) INITIAL ALLOCATION	(Line # 18) FFY - 2022 (3/4) Sub-Total From prior ALERT	(Line # 18) FFY - 2022 INCREASE/ (DECREASE) TO ALLOCATION	(Line # 18) FFY - 2022 (3/4) TOTAL ALLOCATION	SFY - 2022 CONTRACT ALLOCATION
I	\$ 165,027.00	\$ -	\$ 165,027.00	\$ 5,575.00	\$ 170,602.00	\$ 495,084.00	\$ 495,084.00	\$ 4,181.00	\$ 499,265.00	\$ 669,867.00
II	\$ 47,682.00	\$ -	\$ 47,682.00	\$ 1,610.00	\$ 49,292.00	\$ 143,045.00	\$ 143,045.00	\$ 1,208.00	\$ 144,253.00	\$ 193,545.00
III	\$ 45,854.00	\$ -	\$ 45,854.00	\$ 1,549.00	\$ 47,403.00	\$ 137,562.00	\$ 137,562.00	\$ 1,161.00	\$ 138,723.00	\$ 186,126.00
IV	\$ 47,168.00	\$ -	\$ 47,168.00	\$ 1,593.00	\$ 48,761.00	\$ 141,501.00	\$ 141,501.00	\$ 1,195.00	\$ 142,696.00	\$ 191,457.00
V	\$ 34,653.00	\$ -	\$ 34,653.00	\$ 1,171.00	\$ 35,824.00	\$ 103,959.00	\$ 103,959.00	\$ 878.00	\$ 104,837.00	\$ 140,661.00
VI	\$ 26,491.00	\$ -	\$ 26,491.00	\$ 895.00	\$ 27,386.00	\$ 79,471.00	\$ 79,471.00	\$ 672.00	\$ 80,143.00	\$ 107,529.00
VII	\$ 78,891.00	\$ -	\$ 78,891.00	\$ 2,665.00	\$ 81,556.00	\$ 236,674.00	\$ 236,674.00	\$ 1,998.00	\$ 238,672.00	\$ 320,228.00
VIII	\$ 25,307.00	\$ -	\$ 25,307.00	\$ 854.00	\$ 26,161.00	\$ 75,921.00	\$ 75,921.00	\$ 641.00	\$ 76,562.00	\$ 102,723.00
TOTAL	\$ 471,073.00	\$ -	\$ 471,073.00	\$ 15,912.00	\$ 486,985.00	\$ 1,413,217.00	\$ 1,413,217.00	\$ 11,934.00	\$ 1,425,151.00	\$ 1,912,136.00
NOTE:										
	1) The 3/4 columns are based on the FFY 2021 NSIP Grant Award and the total number of meals served by Area Agency for FFY 19. FFY 2021 Allocation is \$1,900,202									
	2) Unexpended dollars as of June 30th can be carried-over into the next year's allocation.									
	3) Carry-over dollars must be expended prior to utilizing any new allocations.									

State Health Insurance Assistance Program (SHIP) Senior Medicare Patrol (SMP) for SFY-2022

The Division of Aging and Adult Services (DAAS) received a supplemental award in the amount of \$32,105 from the Administration for Community Living (ACL) for the budget period June 1, 2021 through May 31, 2022 for the Senior Medicare Patrol (SMP). This award is in addition to the initial reward in the amount of \$310,198 for the project period of June 1, 2018 through May 31, 2023.

PROGRAM DESCRIPTION

The goal of the SMP project is to empower Medicare beneficiaries to prevent Medicare fraud, errors and abuse through one-on-one counseling, group outreach and education.

PROGRAM TERMS AND CONDITIONS

- Agencies will foster statewide program coverage through media outreach and group education.
- Agencies will conduct recruitment and training of SMP volunteers, with an emphasis on bi-lingual volunteers who can assist with targeted outreach to non-English speaking populations in the State.
- Agencies will improve efficiency of the SMP project through proper volunteer training for beneficiary interactions and accuracy in data entry into the SMP Information and Reporting System (SIRS), while increasing results for both operational and quality measures.
- Agencies will target outreach and education to isolated and hard to reach populations, utilizing both in person and virtual resources.
- Agencies will create SMP information specific handouts, flyers, and/or brochures for distribution to beneficiaries and the public. These may be done in house or professionally.
 - All materials developed for the purpose of promoting SMP must include the SMP logo and the State's SHIP hotline number 800-432-4040.
 - On all publications funded solely or in part by these SMP funds, the following will be found on the publication: ***"This project was supported, in part by grant numbers 90MPPG0022, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy."***

REPORTING REQUIREMENTS

- Agencies will enter team member activities and "time spent" directly into SMP SIRS in accordance with SIRS Job Aids, as amended.
- Agencies will utilize the SIRS Complex Interactions Job Aid, as may be amended to ensure accurate data capture for all SMP Complex Interactions.

**State Health Insurance Assistance Program (SHIP)
Senior Medicare Patrol (SMP) for SFY-2022**

- Agencies must report to DES/DAAS, by the 15th of each month, in narrative form, the activities conducted relative to the SMP program for the previous month and attach a copy of any outreach materials developed during the reporting period

FUNDING ALLOCATION

The following SMP allocations are being made to each Area Agency on Aging based on the Medicare population within each of the regions.

Area Agency on Aging	REVISED Funding Allocation for the months of July 2021 through May 2022 (11 months)	REVISED Pro-rated SMP Monthly Rate for Period of July 2021 through April 2022	REVISED Pro-Rated SMP Monthly Rate for Period May 2022
Area Agency on Aging Region One, Inc.	\$ 100,815	\$ 9,165	\$ 9,165
Pima Council on Aging	\$ 33,614	\$ 3,056	\$ 3,054
Northern Arizona Council of Governments	\$ 20,889	\$ 1,899	\$ 1,899
Western Arizona Council of Governments	\$ 17,253	\$ 1,568	\$ 1,573
Pinal/Gila Council of Governments	\$ 15,435	\$ 1,403	\$ 1,405
SouthEastern Arizona Governments Organization	\$ 9,981	\$ 907	\$ 911
<i>Inter Tribal Council of Arizona</i>	\$ 4,896	\$ 445	\$ 446
<i>Total</i>	\$ 202,883	\$ 18,443	\$ 18,453

SMP funds must be fully expended by May 31, 2022.

PROGRAM INVOICING

The following parameters will be used in the Division of Aging and Adult Services Reporting System (DAARS) for budgeting and reporting purposes associated with this funding:

SOW Service Code	Program Code
SHI-SHIP	SMP-SMP

- Service units should be reported and billed as number of client contacts per billing month.

Should you have any questions regarding the allocations, please contact your assigned Contract Specialist.

State Health Insurance Assistance Program (SHIP) Senior Medicare Patrol (SMP) for SFY-2022

The Division of Aging and Adult Services (DAAS), through the Senior Medicare Patrol (SMP) Project received a Healthcare Fraud and Abuse Control (HCFAC) Wedge Supplemental grant award in the amount of \$18,000 from the Administration for Community Living (ACL) for the SMP budget period of June 1, 2021 through May 31, 2022.

PROGRAM DESCRIPTION

The goal for the SMP project is to empower Medicare beneficiaries to prevent health care fraud through outreach, counseling, and education. **The HCFAC Wedge Supplemental funds have been awarded for the defined purpose of use by the agencies to build virtual capacity within the SMP program only.** Allocated funds may only be used for the activities and purchases outlined in this ALERT.

PROGRAM TERMS AND CONDITIONS

- Due to the specificity of the grant award, agencies may only use the allotted funding for the purchase of items or activities that will increase the virtual capacity of the SMP program, such as:
 - **Video production and recording equipment**, which includes but is not limited to video cameras, lightening, microphones, tripods, backdrops (to include artwork and production).
 - **Sound or Video Production Software**, which includes but is not limited to Adobe Acrobat Pro DC or Adobe Premiere Pro.
 - **Virtual conferencing software or subscriptions**, which includes but is not limited to Zoom or WebEx.
 - **Confidential data transfer encryption software**, which includes but is not limited to Dropbox or G Suite tools.
 - **Computer equipment**, which includes but is not limited to, Laptop, docking station, memory cards, and thumb drives.
- Agencies will obtain prior approval from the SHIP/SMP State Coordinator before purchasing to ensure purchases meet the grant requirements to increase virtual capacity.
- Agencies will purchase items or services utilizing their own agency's purchasing process and technology specifications.
- Agencies will be reimbursed for approved purchases through the Division of Aging and Adult Services Reporting System (DAARS).
- All HCFAC funds must be fully expended by May 31, 2022.

REPORTING REQUIREMENTS

- Agencies will provide a monthly narrative description of activities undertaken with new equipment; and indicate how these activities have increased their virtual capacity through May 2022.
- Where applicable, agencies will include links or attach files to the monthly reports of any outreach materials that was created with the equipment, to include but not limited to, videos, recordings, interviews, ads, etc.

**State Health Insurance Assistance Program (SHIP)
Senior Medicare Patrol (SMP) for SFY-2022**

FUNDING ALLOCATION

Funding allocations for this project are below:

Area Agency on Aging, Region One, Inc.	\$ 3,565
Pima Council on Aging	\$ 4,485
Northern Arizona Council of Governments	\$ 2,055
Western Arizona Council of Governments	\$ 2,515
Pinal-Gila Council for Senior Citizens	\$ 1,465
South Eastern Arizona Governments Organization	\$ 1,465
Inter Tribal Council of Arizona	\$ 2,450
Total	\$ 18,000

PROGRAM INVOICING

ACL requires that the funds for this award be tracked separately from the SMP Base grant award. The following service code is to be used in DAARS for SMP for reporting purposes associated with this funding.

SOW Service Code	Program Code	Service Detail Code
SHI-SHI	SMP-SMP	SMP/OTP

- Agencies should invoice for HCFAC Wedge Supplemental purchases separately from all other expenditures for reimbursement.
- A copy of all receipts shall be uploaded into DAARS for items purchased with this funding at the time of invoicing.

Should you have any questions regarding the allocations, please contact your assigned Contract Specialist.

Other Funds for SFY-2022

The Department of Economic Security, Division of Aging and Adult Services (DES/DAAS) has received a grant award for the Medicare Improvements for Patients and Providers Act (MIPPA) in the amount of \$225,922 for Priority 1 for SHIPS from the Administration for Community Living (ACL) for the budget period September 1, 2021 through August 31, 2022.

Priority 2 [AAA] and Priority 3 [ADRC] were not awarded for this budget period by ACL.

PROGRAM DESCRIPTION

The purpose of the MIPPA project is to increase statewide awareness to Medicare beneficiaries, their families, and caregivers, through one-on-one beneficiary counseling, coalition building and conducting outreach and education events for:

- The Low-Income Subsidy (LIS) Program, Medicare Savings Program (MSP) and Medicare Prescription Drug Coverage (Part D); and
- Medicare prevention and wellness benefits.

PROGRAM TERMS AND CONDITIONS

- Agencies will include MIPPA information in all group outreach events. There will be, no limit on number of events conducted.
- Agencies will create a minimum of two (2) MIPPA information specific handouts, flyers, and/or brochures for distribution to beneficiaries and the public. These may be done in house or professionally.
 - All materials developed for the purpose of promoting MIPPA must include the State Health Insurance Assistance Program (SHIP) logo and the State's SHIP hotline number 800-432-4040.
 - On all publications funded solely or in part by these MIPPA funds, the following will be found on the publication: ***"This project was supported, in part by grant numbers 2101AZMISH, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy."***
- Agencies will conduct a minimum of two (2) public MIPPA Media Outreach events during the budget period. These may include social media infographics, newspaper/magazine articles, radio ads, agency newsletters, and may be in conjunction with the SHIP and/or SMP projects. These events will be reported in the SHIP Tracking and Reporting System (STARS) according to ACL reporting guidelines.

**Other Funds
for SFY-2022**

- Agencies will enter programmatic data into STARS monthly and comply with ACL data integrity guidelines to regularly perform data validation to ensure data entry accuracy.

REPORTING REQUIREMENTS

- Agencies must report to DES/DAAS, by the 15th of each month, in narrative form, the activities conducted in the prior month relative to the MIPPA program and attach a copy of any materials developed during the reporting period.
- Agencies will review monthly MIPPA performance reports for data accuracy and agency performance under the grant during that period.

FUNDING ALLOCATIONS

- Agency allocations are based on the percentage of Medicare eligible beneficiaries residing in each service delivery area. These percentages are based on the most current data reflected in the STARS.

MIPPA Priority 1 – SHIP(AZMISH) SFY-22 Allocation			
Area Agency on Aging	Base Funding (10 months)	Monthly Billing Allowable September 2021 to June 2022	
Area Agency on Aging, Region One, Inc.	\$ 92,870	\$	9,287
Pima Council on Aging	\$ 31,540	\$	3,154
Northern Arizona Council of Governments	\$ 15,770	\$	1,577
Western Arizona Council of Governments	\$ 15,770	\$	1,577
Pinal-Gila Council for Senior Citizens	\$ 12,270	\$	1,227
South Eastern Arizona Governments Organization	\$ 7,010	\$	701
TOTALS	\$ 175,230	\$	35,047

PROGRAM INVOICING

- The following service codes are to be used in Division of Aging and Adult Services Reporting System for MIPPA:
- MIPPA funds must be fully expended by September 29, 2022 Funds not expended for services provided during this period will NOT be available for payment after December 29, 2022.

SOW Service Code	Program Code	Service Detail Code
SHI – SHIP	SHP – SHIP	MAM – MIPPA/SHIP

Should you have any questions regarding the allocation and reporting requirements, please contact your assigned Contract Specialist.

DIVISION OF AGING & ADULT SERVICES						
CONTRACT OBLIGATION FOR SFY 2022						
REGION 6	SFY 2021 CARRYOVER	INITIAL SFY 2022 ALERTS	TOTAL SFY 2022 ALERTS	INCREASE (DECREASE) SFY 2022 ALERTS	REVISED TOTAL SFY 2022 AWARDS	
1. STATE ADMIN.	\$ -	\$ 53,108.00	\$ 53,108.00	\$ -	\$ 53,108.00	
2. OAA ADMIN. III C-1	\$ -	\$ 138,207.00	\$ 138,207.00	\$ 808.00	\$ 139,015.00	
3. OAA ADMIN. III-E	\$ -	\$ 16,500.00	\$ 16,500.00	\$ 119.00	\$ 16,619.00	
4. SSBG ADMIN.	\$ -	\$ 58,674.00	\$ 58,674.00	\$ -	\$ 58,674.00	
5. TITLE III-B	\$ -	\$ 397,931.00	\$ 397,931.00	\$ 2,488.00	\$ 400,419.00	
6. TITLE III-C1	\$ -	\$ 348,675.00	\$ 348,675.00	\$ 2,725.00	\$ 351,400.00	
7. TITLE III-C2	\$ -	\$ 282,673.00	\$ 282,673.00	\$ 2,227.00	\$ 284,900.00	
8. TITLE III-D	\$ -	\$ 25,431.00	\$ 25,431.00	\$ 134.00	\$ 25,565.00	
9. TITLE III-E CAREGIVER	\$ -	\$ 174,839.00	\$ 174,839.00	\$ 1,059.00	\$ 175,898.00	
10. NSIP	\$ -	\$ 105,962.00	\$ 105,962.00	\$ 1,567.00	\$ 107,529.00	
11. TITLE VII ELDER ABUSE	\$ -	\$ 2,483.00	\$ 2,483.00	\$ 454.00	\$ 2,937.00	
12. TITLE VII FED. OMB	\$ -	\$ 18,287.00	\$ 18,287.00	\$ 267.00	\$ 18,554.00	
13. STATE IND. LIVING SUPPORTS	\$ -	\$ 423,133.00	\$ 423,133.00	\$ -	\$ 423,133.00	
14. STATE OMBUDSMAN	\$ -	\$ 35,207.00	\$ 35,207.00	\$ -	\$ 35,207.00	
15. STATE RESPITE	\$ -	\$ 19,628.00	\$ 19,628.00	\$ -	\$ 19,628.00	
16. SSBG (SERVICES)	\$ -	\$ 544,452.00	\$ 544,452.00	\$ -	\$ 544,452.00	
17. S.H.I.P.	\$ -	\$ 20,926.00	\$ 20,926.00	\$ -	\$ 20,926.00	
18. SENIOR MEDICARE PATROL	\$ -	\$ 8,408.00	\$ 8,408.00	\$ 3,038.00	\$ 11,446.00	
19. SSBG - HCB WAIT LIST	\$ -	\$ 215,135.00	\$ 215,135.00	\$ -	\$ 215,135.00	
20. SSBG - ONE-TIME ADMIN.	\$ -	\$ 7,371.00	\$ 7,371.00	\$ -	\$ 7,371.00	
21. SSBG - ONE-TIME (SERVICES)	\$ -	\$ 66,341.00	\$ 66,341.00	\$ -	\$ 66,341.00	
22. ACCESS VACCINES	\$ -	\$ 44,249.00	\$ 44,249.00	\$ -	\$ 44,249.00	
23. ACCESS VACCINES ADMIN	\$ -	\$ 6,625.00	\$ 6,625.00	\$ -	\$ 6,625.00	
24. CRRSA LTC OMB.	\$ -	\$ 4,136.00	\$ 4,136.00	\$ -	\$ 4,136.00	
25. ADRG ACCESS VACCINES	\$ -	\$ 23,883.00	\$ 23,883.00	\$ -	\$ 23,883.00	
26. ADRG ACCESS VACCINES ADMIN	\$ -	\$ 2,238.00	\$ 2,238.00	\$ -	\$ 2,238.00	
27. ARPA - III-B	\$ -	\$ -	\$ 468,545.00	\$ -	\$ 468,545.00	
28. ARPA - III-C1	\$ -	\$ -	\$ 178,749.00	\$ -	\$ 178,749.00	

29. ARPA - III-C1 ADMIN	\$ -	\$ -	\$ 109,484.00	\$ -	\$ 109,484.00
30. ARPA - III-C2	\$ -	\$ -	\$ 462,875.00	\$ -	\$ 462,875.00
31. ARPA - III-D	\$ -	\$ -	\$ 45,259.00	\$ -	\$ 45,259.00
32. ARPA - III-E	\$ -	\$ -	\$ 142,542.00	\$ -	\$ 142,542.00
33. ARPA - III-E ADMIN	\$ -	\$ -	\$ 13,447.00	\$ -	\$ 13,447.00
34. ARPA - VII FED OMBUDSMAN	\$ -	\$ -	\$ 10,287.00	\$ -	\$ 10,287.00
35. STATE ARPA	\$ -	\$ -	\$ 194,068.00	\$ -	\$ 194,068.00
36. STATE LTC OMBUDSMAN	\$ -	\$ -	\$ 20,793.00	\$ -	\$ 20,793.00
37. MIPPA	\$ -	\$ -	\$ -	\$ 7,010.00	\$ 7,010.00
TOTAL	\$ -	\$ 3,044,502.00	\$ 4,690,551.00	\$ 21,896.00	\$ 4,712,447.00

DIVISION OF AGING & ADULT SERVICES					
CONTRACT OBLIGATION FOR SFY 2022					
STATE TOTAL	SFY 2021 CARRYOVER	INITIAL SFY 2022 ALERTS	TOTAL SFY 2022 AWARDS	INCREASE/ (DECREASE) SFY 2022 ALERTS	REVISED TOTAL SFY 2022 AWARDS
1. STATE ADMIN.	\$ -	\$ 843,682.00	\$ 843,682.00	\$ -	\$ 843,682.00
2. OAA ADMIN. III C-1	\$ -	\$ 2,489,001.00	\$ 2,489,001.00	\$ 20,777.00	\$ 2,509,778.00
3. OAA ADMIN. III-E	\$ -	\$ 423,860.00	\$ 423,860.00	\$ 3,061.00	\$ 426,921.00
4. SSBG ADMIN.	\$ -	\$ 751,574.00	\$ 751,574.00	\$ -	\$ 751,574.00
5. TITLE III-B	\$ -	\$ 8,351,204.00	\$ 8,351,204.00	\$ 61,687.00	\$ 8,412,891.00
6. TITLE III-C1	\$ 127,398.90	\$ 7,272,398.00	\$ 7,399,796.90	\$ 67,134.00	\$ 7,466,930.90
7. TITLE III-C2	\$ -	\$ 6,096,596.00	\$ 6,096,596.00	\$ 53,720.00	\$ 6,150,316.00
8. TITLE III-D	\$ -	\$ 554,488.00	\$ 554,488.00	\$ 3,642.00	\$ 558,130.00
9. TITLE III-E CAREGIVER	\$ -	\$ 3,814,739.00	\$ 3,814,739.00	\$ 27,553.00	\$ 3,842,292.00
10. NSIP	\$ -	\$ 1,884,290.00	\$ 1,884,290.00	\$ 27,846.00	\$ 1,912,136.00
11. TITLE VII ELDER ABUSE	\$ -	\$ 54,381.00	\$ 54,381.00	\$ 9,821.00	\$ 64,202.00
12. TITLE VII FED. OMB	\$ -	\$ 398,807.00	\$ 398,807.00	\$ 6,214.00	\$ 405,021.00
13. STATE IND. LIVING SUPPORTS	\$ -	\$ 6,317,002.00	\$ 6,317,002.00	\$ -	\$ 6,317,002.00
14. STATE OMBUDSMAN	\$ -	\$ 814,116.00	\$ 814,116.00	\$ -	\$ 814,116.00
15. STATE RESPITE	\$ -	\$ 462,000.00	\$ 462,000.00	\$ -	\$ 462,000.00
16. SSBG (SERVICES)	\$ -	\$ 7,196,352.00	\$ 7,196,352.00	\$ -	\$ 7,196,352.00
17. S.H.I.P.	\$ -	\$ 577,511.00	\$ 577,511.00	\$ -	\$ 577,511.00
18. SENIOR MEDICARE PATROL	\$ -	\$ 170,778.00	\$ 170,778.00	\$ 50,105.00	\$ 220,883.00
19. REFUGEE	\$ -	\$ -	\$ -	\$ -	\$ -
20. SSBG - HCB WAIT LIST	\$ -	\$ 3,800,000.00	\$ 3,800,000.00	\$ -	\$ 3,800,000.00
21. SSBG - ONE-TIME ADMIN.	\$ -	\$ 117,099.00	\$ 117,099.00	\$ -	\$ 117,099.00
22. SSBG - ONE-TIME (SERVICES)	\$ -	\$ 1,053,901.00	\$ 1,053,901.00	\$ -	\$ 1,053,901.00
23. ACCESS VACCINES	\$ -	\$ 956,845.00	\$ 956,845.00	\$ -	\$ 956,845.00
24. ACCESS VACCINES ADMIN	\$ -	\$ 170,187.00	\$ 170,187.00	\$ -	\$ 170,187.00
25. CRRSA LTC OMB.	\$ -	\$ 90,163.00	\$ 90,163.00	\$ -	\$ 90,163.00
26. ADRC ACCESS VACCINES	\$ -	\$ 517,352.00	\$ 517,352.00	\$ -	\$ 517,352.00
27. ADRC ACCESS VACCINES ADMIN	\$ -	\$ 57,484.00	\$ 57,484.00	\$ -	\$ 57,484.00
28. ARP - III-B	\$ -	\$ -	\$ 10,216,841.00	\$ -	\$ 10,216,841.00
29. ARP - III-C1	\$ -	\$ -	\$ 3,915,914.00	\$ -	\$ 3,915,914.00
30. ARP - III-C1 ADMIN	\$ -	\$ -	\$ 2,812,461.00	\$ -	\$ 2,812,461.00
31. ARP - III-C2	\$ -	\$ -	\$ 10,092,562.00	\$ -	\$ 10,092,562.00
32. ARP - III-D	\$ -	\$ -	\$ 986,828.00	\$ -	\$ 986,828.00

33. ARP - III-E	\$ -	\$ -	\$ 3,108,928.00	\$ -	\$ 3,108,928.00
34. ARP - III-E ADMIN	\$ -	\$ -	\$ 345,436.00	\$ -	\$ 345,436.00
35. ARP - VII FED OMBUDSMAN	\$ -	\$ -	\$ 224,279.00	\$ -	\$ 224,279.00
36. ADULT DAY HEALTH	\$ -	\$ 22,000.00	\$ 53,000.00	\$ -	\$ 53,000.00
37. STATE ARPA	\$ -	\$ -	\$ 2,474,000.00	\$ -	\$ 2,474,000.00
38. STATE LTC OMBUDSMAN	\$ -	\$ -	\$ 1,000,000.00	\$ -	\$ 1,000,000.00
39. MIPPA	\$ -	\$ -	\$ -	\$ 175,230.00	\$ 175,230.00
TOTAL	\$ 127,398.90	\$ 55,257,810.00	\$ 90,593,457.90	\$ 506,790.00	\$ 91,100,247.90

DIVISION OF AGING & ADULT SERVICES					
CONTRACT OBLIGATION FOR SFY 2022					
STATE TOTAL	SFY 2021 CARRYOVER	INITIAL SFY 2022 ALERTS	TOTAL SFY 2022 AWARDS	REVISED SFY 2022 ALERTS	REVISED TOTAL SFY 2022 AWARDS
STATE ADMIN.	\$ -	\$ 843,682.00	\$ 843,682.00	\$ -	\$ 843,682.00
OLDER AMERICANS ACT	\$ 127,398.90	\$ 29,455,474.00	\$ 29,582,872.90	\$ 253,609.00	\$ 29,836,481.90
STATE (ILS, RSP, OMB)	\$ -	\$ 7,593,118.00	\$ 11,067,118.00	\$ -	\$ 11,067,118.00
SSBG REGIONS 1-8	\$ -	\$ 7,947,926.00	\$ 7,947,926.00	\$ -	\$ 7,947,926.00
SSBG - HCB WAIT LIST	\$ -	\$ 3,800,000.00	\$ 3,800,000.00	\$ -	\$ 3,800,000.00
SSBG - ONE-TIME	\$ -	\$ 1,171,000.00	\$ 1,171,000.00	\$ -	\$ 1,171,000.00
S.H.I.P./SENIOR PATROL	\$ -	\$ 748,289.00	\$ 748,289.00	\$ 50,105.00	\$ 798,394.00
NSIP	\$ -	\$ 1,884,290.00	\$ 1,884,290.00	\$ 27,846.00	\$ 1,912,136.00
REFUGEE	\$ -	\$ -	\$ -	\$ -	\$ -
ACCESS VACCINES	\$ -	\$ 1,127,032.00	\$ 1,127,032.00	\$ -	\$ 1,127,032.00
CRRSA LTC OMB.	\$ -	\$ 90,163.00	\$ 90,163.00	\$ -	\$ 90,163.00
ADRC ACCESS VACCINES	\$ -	\$ 574,836.00	\$ 574,836.00	\$ -	\$ 574,836.00
ARPA	\$ -	\$ -	\$ 31,703,249.00	\$ -	\$ 31,703,249.00
ADULT DAY HEALTH	\$ -	\$ 22,000.00	\$ 53,000.00	\$ -	\$ 53,000.00
MIPPA	\$ -	\$ -	\$ -	\$ 175,230.00	\$ 175,230.00
TOTAL	\$ 127,398.90	\$ 55,257,810.00	\$ 90,593,457.90	\$ 506,790.00	\$ 91,100,247.90
NOTE: The following list reflects the most recent ALERTS issued to support the amounts reflected:					
ALERT	FUND SOURCE				DATE ISSUED
1. ALERT 22-1C	TITLE III/VII PLANNING LEVELS FOR SFY 2022				9/30/2021
2. ALERT 22-2A	SSBG ALLOCATIONS FOR SFY 2022				5/28/2021
3. ALERT 22-3A/B	STATE ALLOCATIONS FOR SFY 2022				9/2/2021
4. ALERT 22-6A	NSIP ALLOCATIONS FOR SFY 2022				9/30/2021
5. ALERT 22-7A/B	SHIP & SENIOR PATROL ALLOCATIONS FOR SFY 2022				9/30/2021
6. ALERT 22-9A/B	ACCESS VACCINES, CRSSA LTC OMB, AND ADRC ACCESS VACCINES PLANNING LEVELS FOR SFY 2022				5/28/2021
7. ALERT 22-9C	TITLE III/VII ARPA PLANNING LEVELS FOR SFY 2022				9/2/2021
8. ALERT 22-11B	ADULT DAY HEALTH PLANNING LEVELS FOR SFY 2022				9/2/2021
9. ALERT 22-11C	MIPPA PLANNING LEVELS FOR SFY 2022				9/30/2021

**DIVISION OF AGING & ADULT SERVICES
FINANCIAL SUMMARY CLOSE-OUT REPORT FOR SFY-2021**

**REGION 6
SOUTHEASTERN ARIZONA GOVERNMENTS ORGANIZATION**

**CONTRACT # CTR048043
(Amendment #4)**

	(A) SFY-21 CONTRACT CEILING	(B) SFY-21 REPORTED EXPENSES	(C) SFY-21 TOTAL DISBURSED	(D) SFY-21 CONTRACT BALANCE	(E) OWED TO AAA	(F) OVER DISBURSED
1. STATE ADMIN.	53,108.00	44,545.71	44,545.71	8,562.29	0.00	0.00
2. SSBG ADMIN.	66,045.00	66,045.00	66,045.00	0.00	0.00	0.00
3. TITLE III-B	823,465.69	738,926.40	738,926.40	84,539.29	0.00	0.00
4. TITLE III-C1-ADM	171,646.58	117,463.79	117,463.79	54,182.79	0.00	0.00
5. TITLE III-C-1	206,938.00	203,380.18	203,380.18	3,557.82	0.00	0.00
6. TITLE III-C-2	303,690.89	257,081.92	257,081.92	46,608.97	0.00	0.00
7. TITLE III-D	28,835.73	28,835.73	28,835.73	0.00	0.00	0.00
8. TITLE III-E	240,030.67	145,818.12	145,818.12	94,212.55	0.00	0.00
9. TITLE III-E ADM	16,815.15	16,171.94	16,171.94	643.22	0.00	0.00
10. TITLE VII-E.A.	2,277.00	2,277.00	2,277.00	0.00	0.00	0.00
11. TITLE VII-OMB	25,244.07	10,607.87	10,607.87	14,636.20	0.00	0.00
12. NSIP	109,118.00	109,118.00	109,118.00	0.00	0.00	0.00
13. STATE ILS	401,374.72	371,460.30	371,460.30	29,914.42	0.00	0.00
14. STATE OMBUD	35,207.00	35,207.00	35,207.00	0.00	0.00	0.00
15. STATE RESPITE	19,628.00	19,628.00	19,628.00	0.00	0.00	0.00
16. SSBG SERVICES	825,928.00	821,020.03	821,020.03	4,907.97	0.00	0.00
17. S.H.I.P.	28,480.00	28,480.00	28,480.00	0.00	0.00	0.00
18. SENIOR PATROL	9,369.00	9,369.00	9,369.00	0.00	0.00	0.00
19. MIPPA	18,043.00	17,800.00	17,800.00	243.00	0.00	0.00
GRAND TOTAL =	3,385,244.50	3,043,235.99	3,043,235.99	342,008.51	0.00	0.00

A. Unexpended Contract balance (Column D) for SFY-21	342,008.51
B. Amount owed (Column F) to DAAS for over-payments made in SFY-21	0.00
	0.00

NOTE:

	Fed/State Expended	100% Fed Expended	100% State Expended	100% Fed Carryover
4. TITLE III-B	\$ 782,393.03	\$ 738,926.40	\$ 43,466.63	\$ 84,539.29
5. TITLE III-C1-ADM	\$ 156,618.39	\$ 117,463.79	\$ 39,154.60	\$ 54,182.79
6. TITLE III-C-1	\$ 215,343.82	\$ 203,380.18	\$ 11,963.64	\$ 3,557.82
7. TITLE III-C-2	\$ 272,204.51	\$ 257,081.92	\$ 15,122.59	\$ 46,608.97
8. TITLE III-D	\$ 28,835.73	\$ 28,835.73	\$ -	\$ -
9. TITLE III-E	\$ 145,818.12	\$ 145,818.12	\$ -	\$ 94,212.55
10. TITLE III-E ADM	\$ 21,562.58	\$ 16,171.94	\$ 5,390.65	\$ 643.22

	(A)	(B)	(C)	(D)	(E)	(F)		
FY 21 CARRYOVER								
REGION 6				20%		DISALLOWED		
FUND SOURCE	TOTAL ALLOCATION	CONTRACT BALANCE	10% ALLOWABLE	MAXIMUM CARRYOVER	CARRYOVER AT CLOSEOUT	CARRYOVER OVER	Maximum 10% automatic carryover	Amount over 10% that must be requested in writing
				(ANY AMOUNT OVER 10% MUST BE REQUESTED IN WRITING FROM A&AA)		20% MAX.		
TITLE III-B	\$ 637,545.33	\$ 84,539.29		13%	\$ 84,539.29			
TITLE III-C1 ADM	\$ 139,808.00	\$ 54,182.79		39%	\$ 54,182.79			
TITLE III-C1	\$ 123,883.67	\$ 3,557.82		3%	\$ 3,557.82			
TITLE III-C2	\$ 283,790.00	\$ 46,608.97		16%	\$ 46,608.97			
TITLE III-D	\$ 26,319.00	\$ -		0%	\$ -			
TITLE VII/E.A.	\$ 2,277.00	\$ -		0%	\$ -			
TITLE VII/OMB	\$ 17,870.00	\$ 14,636.20		82%	\$ 14,636.20			
					16.5%			
TOTAL TITLE III/VII	\$ 1,231,493.00	\$ 203,525.07	\$ 123,149.30	\$ 246,298.60	\$ 203,525.07	\$ -	\$ 123,149.30	\$ 80,375.77
TITLE III-E	\$ 178,147.00	\$ 94,212.55		53%	\$ 94,212.55			
TITLE III-E ADM	\$ 16,812.00	\$ 643.22		4%	\$ 643.22			
					48.7%			
TOTAL TITLE III-E	\$ 194,959.00	\$ 94,855.77	\$ 19,496.00	\$ 38,991.80	\$ 94,855.77	\$ 55,863.97	\$ 19,496.00	\$ 19,495.80
		\$ 298,380.83						
SHIP	\$ 28,480.00	\$ -	N/A	N/A	\$ -	N/A		
SENIOR PATROL	\$ 9,369.00	\$ -	N/A	N/A	\$ -	N/A		
NSIP	\$ 109,118.00	\$ -	N/A	N/A	\$ -	N/A		
MIPPA	\$ 18,200.00	\$ 243.00	N/A	N/A	\$ 243.00	N/A		
	\$ 165,167.00	\$ 243.00			\$ 243.00			
TOTAL CARRYOVER	\$ 1,591,619.00	\$ 298,623.83			\$ 298,623.83			
NOTE: III-B, C-1, and C-2 are carried-over at 94.4444% of balance. C-1 Admin and III-E Admin are carried-over at 75% of balance. The Titles mentioned above, Contract Balance and Total Carryover amounts, are off due to the 5.5556% and 25% that belongs to State Match.								
Admin carryover must be used as Program dollars in next years contract.								

**DIVISION OF AGING & ADULT SERVICES
FINANCIAL SUMMARY CLOSE-OUT REPORT FOR SFY-2021 COVID**

REGION 6

SOUTHEASTERN ARIZONA GOVERNMENTS ORGANIZATION

CONTRACT # CTR048043

(Amendment #4)

	(A) SFY-21 CONTRACT CEILING	(B) SFY-21 REPORTED EXPENSES	(C) SFY-21 TOTAL DISBURSED	(D) SFY-21 CONTRACT BALANCE	(E) OWED TO AAA	(F) OVER DISBURSED
1. FFCRA - C1	27,970.27	27,967.40	27,967.40	2.87	0.00	0.00
2. FFCRA - C1 ADMIN	16,589.93	16,107.82	16,107.82	482.11	0.00	0.00
3. FFCRA - C2	53,128.75	53,120.14	53,120.14	8.61	0.00	0.00
4. CARES ACT - III-B	204,715.00	108,885.70	108,885.70	95,829.30	0.00	0.00
5. CARES ACT - III-C1 ADMIN	59,082.00	49,167.03	49,167.03	9,914.97	0.00	0.00
6. CARES ACT - III-C2	382,312.00	382,312.00	382,312.00	0.00	0.00	0.00
7. CARES ACT - III-E	97,629.00	67,571.14	67,571.14	30,057.86	0.00	0.00
8. CARES ACT - III-E ADMIN	9,211.00	0.00	0.00	9,211.00	0.00	0.00
9. CARES ACT - VII - FED OMB	13,546.00	12,729.91	12,729.91	816.09	0.00	0.00
10. CARES ACT - ADRC	45,146.00	5,027.22	5,027.22	40,118.78	0.00	0.00
11. III-C2 COVID Supplemental	156,194.00	0.00	0.00	156,194.00	0.00	0.00
12. III-C2 COVID Supplemental Admin	14,741.00	0.00	0.00	14,741.00	0.00	0.00
13. STATE	21,758.28	21,758.28	21,758.28	0.00	0.00	0.00
GRAND TOTAL =	1,102,023.23	744,646.64	744,646.64	357,376.59	0.00	0.00
A. Unexpended Contract balance (Column D) for SFY-20			0.00			357,376.59
B. Amount owed (Column F) to DAAS for over-payments made in SFY-20						0.00

NOTE:

	Fed/State Expended	100% Fed Expended	100% State Expended	100% Fed Carryover	100% Fed Carryover
1. FFCRA - C1	\$ 27,967.40	\$ 27,967.40	\$ -	\$ 2.87	\$ 2.87
2. FFCRA - C1 ADMIN	\$ 21,477.09	\$ 16,107.82	\$ 5,369.27	\$ 482.11	\$ 482.11
3. FFCRA - C2	\$ 53,120.14	\$ 53,120.14	\$ -	\$ 8.61	\$ 8.61
4. CARES ACT - III-B	\$ 108,885.70	\$ 108,885.70	\$ -	\$ 95,829.30	\$ 95,829.30
5. CARES ACT - III-C1 ADMIN	\$ 65,556.04	\$ 49,167.03	\$ 16,389.01	\$ 9,914.97	\$ 9,914.97
6. CARES ACT - III-C2	\$ 382,312.00	\$ 382,312.00	\$ -	\$ -	\$ -
7. CARES ACT - III-E	\$ 67,571.14	\$ 67,571.14	\$ -	\$ 30,057.86	\$ 30,057.86
8. CARES ACT - III-E ADMIN	\$ -	\$ -	\$ -	\$ 9,211.00	\$ 9,211.00
9. CARES ACT - VII - FED OMB	\$ 12,729.91	\$ 12,729.91	\$ -	\$ 816.09	\$ 816.09
10. CARES ACT - ADRC	\$ 5,027.22	\$ 5,027.22	\$ -	\$ 40,118.78	\$ 40,118.78
11. III-C2 COVID Supplemental	\$ -	\$ -	\$ -	\$ 156,194.00	\$ 156,194.00
12. III-C2 COVID Supplemental Admin	\$ -	\$ -	\$ -	\$ 14,741.00	\$ 14,741.00



ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING
FROM: LAURA VILLA, AREA AGENCY ON AGING DIRECTOR
DATE: OCTOBER 21, 2021
SUBJECT: AAA PROGRAM UPDATES

Description:

Administrative: As a result of positive advocacy mechanisms used throughout the state, DES-DAAS received state appropriation funds that help support the Direct Care Worker shortage we encounter in Arizona. In one of our September alerts, the SEAGO-Area Agency on Aging received additional funds to address our need in Southeastern Arizona. Currently, discussions with our home and community-based providers on the best way to recruit and retain DCW's in our region. The consensus is to use these funds incentives to compensate the DCW's for meeting an hour worked tier. The plan allows us to focus on hiring new DCW's but also retaining those that currently help support the Area Agency on Aging and its demand.

Forming new partners is vital for the Area Agency on Aging. We are pleased to announce that the Southeastern Arizona Health Education Center (SEAHEC) who oversees three of the counties we serve, have committed in bring education to our four county-region in doing the following:

- Develop and distribute informational literature to educate the general public on COVID and related resources. In the past year and a half, SEAHEC has gathered, developed, and disseminated various educational materials and resources associated with COVID 19, its prevention, signs, symptoms, social distancing practices, appropriate mask-wearing, etc. SEAHEC circulated English and Spanish language materials and provided educational materials to our partner health agencies and health departments. SEAHEC utilizes scientifically vetted (CDC and local health department) materials. As part of another currently funded project with the CDC Foundation, SEAHEC is part of a national learning cohort that meets monthly to discuss progress on vaccination efforts and share materials and information regarding the latest development in vaccine hesitancy and vaccine confidence materials. We collaborate with nationally recognized *Healthwise* to develop and refine critical materials related to COVID 19 and vaccine hesitancy.
- SEAHEC provide presentations, in person or through online media, to groups and individuals who are potentially in need of COVID education and assistance; and to persons who have knowledge of or are in a position to refer to individuals who need or could benefit from COVID education and assistance

- SEAHEC staff, together with partner agencies, will solidify a list of potential agencies, venues, and opportunities to provide presentations on COVID 19 and needed support.

New Staff: The Area Agency on Aging is happy to announce that we have two new staff. Elsa Centeno, SHIP-SMP coordinator. Elsa's background is in the social services and medical field. Elsa is bilingual and eager to learn and help those in need. With Open Enrollment around the corner, Elsa is supported by a group of knowledgeable and dedicated volunteers who have offered to help her during open enrollment. The support allows Elsa to continue her training and enhance outreach efforts throughout the communities we serve.

Case Management: All Case Managers continue to operate under COVID Precaution. These precautions have been in place since April of 2021. Under these protocols, all assessments, intakes, and reviews are conducted over the phone or via a secure virtual platform. The implementation of the vaccine parameters has relaxed minimally, and Case managers are allowed to use their best judgment to determine if an in-home visit is more conducive for the client. SEAGO AAA employed a new Case Manager for Santa Cruz County. Liz Castellanos started with us on September 17 and is excited to serve the seniors of Santa Cruz County. Liz's background is in social services and the medical field. Her knowledge will help the AAA be more visible and promote services for case management and the agency in general. Case Management program monitoring has begun. The Annual Monitoring/Review Process helps ensure service client files contain all necessary documentation and no discrepancies; this also helps us identify an area for additional training if needed. The Case Manager Coordinator is also developing program instructions and a Case Manager handbook for future use.

READI Meals Program:

HPDP Coordinator conducted Congregate Site and Home Delivered Meal monitoring with Shi Martin to develop and mirror the site monitoring for READI after the system is currently in place per DES-DAAS guidelines. We continue to work with the new board of the Bisbee Senior Center to assist in getting their kitchen recertified by the Cochise County Health Department. READI was not awarded the ACL grant, and we will continue to seek new funding opportunities as we move forward with the project.

End Of Life-Thoughtful Life Conversations: We continue to expand our Outreach Program working with library directors and program directors throughout our 4-county service area. We give them advance directives, a resource/tip sheet, and our AAA brochure to library patrons. Our 1:1 Help with ACP project is expanding as we offer 1-on-1 help with advance care planning and directives completion throughout our region (options may include: Zoom/phone and in-person). We are presenting Thoughtful Life Conversations (TLC) workshops in person to the community and have had requests from faith-based organizations. Participating in Health Fairs is vital for sharing our program information (Veterans Fair, most recently). Cochise College Nursing Program has us back in November to teach a class to their first-year nursing students. Health Current continues to get the AZ Healthcare Directives Registry operational within the Health Information Exchange in Arizona. Once it is going, adults in AZ can have their Advance Directives

quickly accessed and updated through their digital medical records at hospitals, etc. This will be a significant step forward in making people's wishes accessible to healthcare providers and improving having wishes honored. We can assist people in getting their advance directives into the Registry.

Family Caregiver Support Program: Trualta-

As of September 28, 24 Caregivers have been on-boarded to the portal, and caregivers completed 45 modules with an approximate total combined seat time of 8 .5 hours. Comments from Trualta participants have been very positive.

Caregiver Appreciation Month Planning-

FCSP has partnered with AARP and Cochise County Health and Social Services to plan a Caregiver Appreciation Mingle on **November 16, 2021, at 2:00 pm** in honor of Caregiver Appreciation Month. Caregivers are invited to a hybrid in-person /virtual painting experience event, including information from the hosts. An artist from Pinot's Palette will lead them to step by step by painting a pre-selected image on Zoom. After two hours, they will have completed a masterpiece! To register, go to: <https://aarp.cvent.com/cochise> **Registration Deadline is October 27, 2021. Attendance is limited to the first 40 registered guests.**

Community Education and Information-

In-person events have resumed. FCSP attended presentations at Senior Communities and Centers, "Celebrating Life Health Fair" in Nogales Az, and a rural Community Association meeting. Virtual events are also ongoing to highlight the Trualta portal.

AAA Senior Connect-

FCSP is leveraging partnerships with public and county Libraries, providing opportunities for older adults to develop and expand their technical knowledge and skills and help support social engagement. This offers those seniors who do not have access to devices or connectivity, to use the library resources to access virtual resources. Partnerships have been established throughout Graham, Greenlee, and Cochise Counties. With the addition of our in-house Case Management new hire, Santa Cruz will be next.

SHIP-SMP- SHIP/SMP program currently has three active volunteers doing counseling, A volunteer is helping with prescription costs, and one volunteer is presently completing Training for SHIP/SMP. SHIP office is keeping up with client calls with an average of 5 -10 calls per day. The volunteer open enrollment was completed on 10/5/2021 with all volunteers present online, allowing preparation for Open Enrollment. We plan for Open Enrollment via phone calls rather than in person and a walk-in day in Huachuca City. Monday – Friday's SHIP will be taking phone calls creating appointments, or completing counseling sessions from 1-800 Medicare, previous contact, partner agencies, SEACUS in Graham / Greenlee counties. Recently, Santa Cruz County had a fair in

Nogales where flyers were given out promoting Medicare; AAA Case Manager Elizabeth Castellanos in Santa Cruz passes open enrollment flyers out to the communities. In addition, Constant Contact email blasts allow us to do outreach and Facebook to promote Open Enrollment. Currently, we're scheduling appointments at 520-432-2528 and 1-800-Medicare. Coordinator Elsa Centeno continues her training as a new SHIP/SMP coordinator. The goal is to reach out to Medicare clients in the rural areas to promote more options and education during Open Enrollment.

To schedule a telephone appointment for assistance with Medicare Issues:

Call: 520-432-2528 ext. 222

Email: shiphelp@seago.org

Go to: <https://www.seago.org/state-health-insurance-assistance-program> and fill out a questionnaire or request an appointment online.

Health Promotion and Disease Prevention:

Tai Chi

Our first in-person class for Tai Chi ran at the Rio Rico Community Center and ended last September. There was a good turnout considering the new heightened concerns about COVID. The Program Coordinator will be trained in Tai Chi in October and a new volunteer for Cochise County who is hoping to instruct in a couple of the care facilities in Sierra Vista and conduct virtual classes. In the New Year, we will run an ongoing virtual Tai Chi for Arthritis and Falls Prevention class, which will reach all four counties in our service area.

AMOB

In September, an in-person class for A Matter of Balance began at the Bisbee Community Center, instructed by our program coordinator and a volunteer. Another in-person AMOB class started at the Wilcox Library on October 1, taught by two community volunteers. Cindy Meyers, who received her Master Trainer certification over the summer, is actively seeking volunteers interested in becoming A Matter of Balance Lay Leaders, helping to reestablish the Falls Prevention Program in our region. Starting in January, a virtual class in A Matter of Balance will be offered 3x throughout the year for those seniors we may not be able to reach with in-person courses.

CDSMP

HPDP Coordinator and our Caregiver Coordinator received their certification as CDSMP Lay Leaders after receiving training at the Pima County Health Department during September. Cindy and Karen will deliver a class to the region at the beginning of the New Year. They both plan to do so 2-3x a year throughout the region.

Explore the evidence-based programs on our [Facebook](#) page that are proven to help older adults reduce their risk of falling. You can also visit our [webpage](#) to find a program near you! Check our

calendar of events for specific class information; call (520) 432-2528 or email: cmeyers@seago.org to inquire about upcoming classes in your community!

Long Term Care Ombudsman Program:

The LTCO and SHIP programs had an Abuse Task Force zoom meeting on August 6, 2021.

- Present were representatives from APS from all four counties and APS exploitation statewide, public fiduciary's office from Cochise county and Douglas Fire Department.
- Discussion topics: naming the task force, future speakers, and bridging agency communication.
- What staff learned, there is not a lot of agency communication outside of emergent needs. There is no other meeting that brings these agencies together to discuss boundaries and legal matters about the Abuse of elders.
- The staff has invited most major first responders (fire departments) in all four counties, police departments, public fiduciaries, APS. In addition, we will ask healthcare providers and financial institutions for the next upcoming meeting.

The next meeting Via Zoom is October 18, 2021, 10:00 am – 12:00 am. We will have Shelly Ward from Mesa Police Department speaking on Abuse Later in Life.

Other: Every three years, DES-DAAS performs Contract Compliance Review on all their subcontractors. During September and October, it was time for SEAGO-AAA to go through the process. The CCR allowed AAA to organize, create and plan for future CCR's. Our program coordinators presented to their state lead on their specific programs. Based on the exit interview from the entire DES-DAAS staff, we received recognition for the outstanding performance not only with our existing programs but with new ones. I don't expect to find only recommendations from the State Unit on Aging. More information will be provided in our next meeting as the final report is not yet available. Stay tuned.

Attachments: Fall newsletter

Action Requested

Information Only

Action Requested Below



ADVISORY COUNCIL ON AGING PACKET

MEMO TO: ADVISORY COUNCIL ON AGING
FROM: LAURA VILLA, AREA AGENCY ON AGING DIRECTOR
DATE: OCTOBER 21, 2021
SUBJECT: GOVERNORS COUNCIL ON AGING (GACA) REPRESENTATIVE

Description:

The Governor’s Advisory Council on Aging (GACA) is authorized by legislation. **It is created to advise the Governor, Legislature, and all State Departments on all necessary matters and issues relating to aging,** including the State Plan on Aging. GACA members are appointed by the governor to enhance the quality of life for older Arizonans.

Mr. Aguilar will give a report on the most recent GACA meeting.

Information/Request

The Area Agency on Aging gives a report for the Area Agency on Aging for this meeting that is shared by our AZ4A members. In this report the AAA director provides relevant information within the AAA that does not pertain to individual counties or communities.

The request made to you is the following: Please share with our GACA representative any relevant information that needs to be heard by our governor through GACA. What is affecting your communities? What is working for your communities? Etc. If we all work together and share the information something might change. The goal was to have a representative in GACA for this purpose, lets utilize it. You may send your information to Mr. Aguilar via email or call him and let him know what you would like to share, he will compile the information and bring it along. Any feedback you can provide will make his role in GACA way more effective. Here is a timeline of the meetings, and a deadline for your report into him. Jaime Aguilar aguilar85534@yahoo.com (928) 215-0205.

Meeting Date	Report Deadline- 5:00pm
December 15, 2021	Friday, Dec.10, 2021
February 9, 2022	Friday, Feb. 4, 2022
April 13, 2022	Friday, April 8, 2022
June 8, 2022	Friday June 3, 2022

Attachments: CG notes of previous meeting

Action Requested

Information Only

Action Requested Below

GACA Meeting 8-11-21

Did you know falls and vehicle accidents run neck and neck for trauma seen in the ER? In the August GACA, a presentation from the Arizona Falls preventions coalition included Arizona statistics on fall-related injuries and deaths. In 2018, falls in Arizona accounted for over 47,000 emergency department visits, nearly 16,500 hospitalizations, and 976 deaths, generating economic and personal costs upwards of \$1.5 billion in the same year. Arizona saw an increase in the amount of death-related falls from 2019 to 2020. Cochise County has one of the highest fall-related death rates in the state.

The Alzheimer's disease Taskforce provided members with an update. Due to COVID, the Taskforce has not met in person for over a year. The Taskforce has still worked on legislation and awareness. They are working on getting a state plan adopted. The State Plan will focus on communities and individual, support caregivers, and education about Alzheimer's and Dementia. Arizona has the fastest growth rate of Alzheimer's in the country.

GACA members were allowed to share about things going on in their communities. As to be expected focuses were on Covid impacts and Vaccine education. Some other topics included Elder abuse, Scams impacting seniors, and homelessness.



FALL 2021



SEAGO

Area Agency on Aging



Letter from the Director

Everyone must take time to sit and watch the leaves turn.

Elizabeth Lawrence

The Area Agency on Aging is continuously working to bring you the resources and services you need to stay connected, engaged, and most importantly, stay healthy.

In more notable news, the Southeastern Arizona Health Education Center (SEAHEC) and the Area Agency on Aging have partnered to address vaccine hesitancy and provide general education to our communities. The Covid-19 pandemic has changed the way we view life, as it has changed us in so many positive and negative ways. But, unfortunately, too many lives have been lost, and too much pain and suffering persist. It is time to show credible information, and SEAHEC is focused on doing this for Region VI. SEAHEC has partners throughout the region who are willing to help us take the message to our communities and help those who choose to take the shot to have the resources at their reach. The partnership will help our vulnerable population and their caregivers access vaccines for themselves and their family members. Yet perhaps the most salient point of this partnership will be to reduce misinformation by providing a robust network of information to those who may be inclined to seek a vaccine.

We find ways to meet the needs of our communities, and we continue to strive to implement changes that allow us the ability to grow, even during COVID. We are fortunate to have strong and supportive partners throughout the region—a good example to share. For the past five years, we have worked strategically to identify gaps in service and increase services in the underserved areas we cover. For example, the Area Agency on Aging sees the need to bring the case management program in-house rather than subcontracting it out. The change will allow us to monitor the case managers and their time with our clients and communities. The case managers are the gatekeepers in our communities; they are vital to providing home and community-based services as designated by the Older American's Act in their areas. By having the case manager work directly under the supervision of the AAA, we will ensure that all resources are provided to our members, partners, and the community as a whole.

Thank you for allowing us your trust and encourage us to continue forward in addressing your needs.

Sincerely,

Laura Villa





We at SEAGO AAA would like to Thank You for your support during the many changes at SEAGO AAA. As you have noticed, we missed a Newsletter for Summer 2021. We apologize for this as we know how important the newsletter is to you. We are back on track, and this newsletter is full of current information on things happening. We also would like to inform you of information that occurred over the summer. We are always open to suggestions for the newsletter, and your input is greatly appreciated. If you would like to provide any information or if you have a great story to share, please notify the AAA staff at 520-248-2528 or bschumacher@seago.org





SEAGO Area Agency on Aging attended the third annual World Elder Abuse Awareness Day (WEAAD) conference. This live event was hosted by the Arizona Department of Economic Security for individuals and professional organizations and communities to connect and advocate against abuse neglect expectations of older people, including individuals with disabilities, was a significant opportunity for those who serve in such communities. The event was two interactive days with keynote speakers, 10 tracks, and 24 breakout sessions with live speaker questions and answers. Attendees could access booths for resources and save them to a virtual swag bag.

Day 1

Mali McCarthy with the division of aging opening. The event was hosted by Dr. David Coon, with Arizona State University's first-day keynote speaker was K Francis, an author, and a motivational speaker. We went to breakout sessions such as abuse and neglect in long-term care facilities hidden from view, trauma-informed care strength resistance and Equality, State strategies to support family caregivers, The relationship between mental illness and intimate partner violence and abuse, age discrimination act, and standard of care plans and practice during COVID-19 public health emergency, resident Council's innovation and the value of varying perspectives within the ombudsman program, adult protection Service 101, caring for those who care, self-awareness and self-protection, The impact of sexual and domestic violence in the elderly population, your Social Security report and fraud,

Reclaiming what sacred addressing harm to indigenous elders is,

Day 2

Day two was also hosted by Dr. David Coon, with keynote speaker Bob Blanca to National coordinator for elder justice coalition and executive director of the National Association of nutrition and aging services program. On day two, we were offered breakout sessions such as. Theft of money, jewelry, and opioid pain medication at residential facilities, The right to high-quality healthcare, making space for resiliency, The challenges and triumphs of surviving abuse, legal issues affecting older adults during COVID-19, dealing with the stress Deescalating strategies, managing stress and avoiding burn out for adult protection services professionals, disability matters, civil rights for older Americans, consumer scams, insights into abuse of older adults living in rural areas.

The SEAGO Area Agency on Aging team enjoyed participating in the conference and knowing that we were bringing the knowledge that we learned on a state level back to our region for our seniors and our disabled

On September 28, the SEAGO AAA Staff and Case managers from our four-county regions gathered in person and via Zoom call to thank Areli Perrales for her nine years of service to the seniors of Santa Cruz County as a SEAGO AAA Case manager. Areli empowered seniors to remain safely and independently in their homes, providing them with options, Community resources, and access to our Home and Community-Based Services. Areli was presented with a plaque by AAA Director Laura Villa and treated to lunch with the AAA Staff. We all wish her the best in her new role as Santa Cruz County Public Fiduciary.



MEET ELSA CENTENO/SHIP COORDINATOR

Elsa is a native of Arizona who grew up in the Phoenix area. She is a Certified Nursing Assistant, Medical Assistant, wife, and mother of 3 exceptional children.

In her personal life, Elsa enjoys spending time with her family, short trips, and sitting around a fireplace drinking coffee while wearing her fuzzy socks.

Elsa's goal is to gather as much information on Medicare and other resources as to educate

herself and our communities to be a passionate advocate for the SEAGO-AAA clients.

In her personal life, Elsa enjoys spending time with her family, short trips and sitting around a fireplace drinking coffee while wearing her fuzzy socks.

Elsa's goal is to gather as much information on Medicare and other resources to educate herself and our communities so

that she can be a passionate advocate for the SEAGO-AAA clients.



MEET LIZ CASTELLANOS / SANTA CRUZ COUNTY CASE MANAGER

Born and raised in Nogales, Arizona, I have worked in the medical field for over 20 years, first as a medical assistant. I slowly transitioned to home health and obtained my Associate's degree in Health Care Administration. Working in home health opened my eyes to the needs and lack of knowledge of resources in our small community. This knowledge created the drive, passion, and motivation to become more involved in the community I love so much. My spare time is dedicated to my two beautiful boys, my

husband, and concerts! I love attending concerts!!

My goal is to continue to learn and grow so I can continue to apply this to our community.

As a case manager for SEAGO-AAA, I will use my platform to create new relationships with local resources and better help my community.



AAA Older American Month May 2021

SEAGO Area Agency on Aging held an event in Clifton on May 12 and Safford on May 13 to celebrate Older Americans Month.

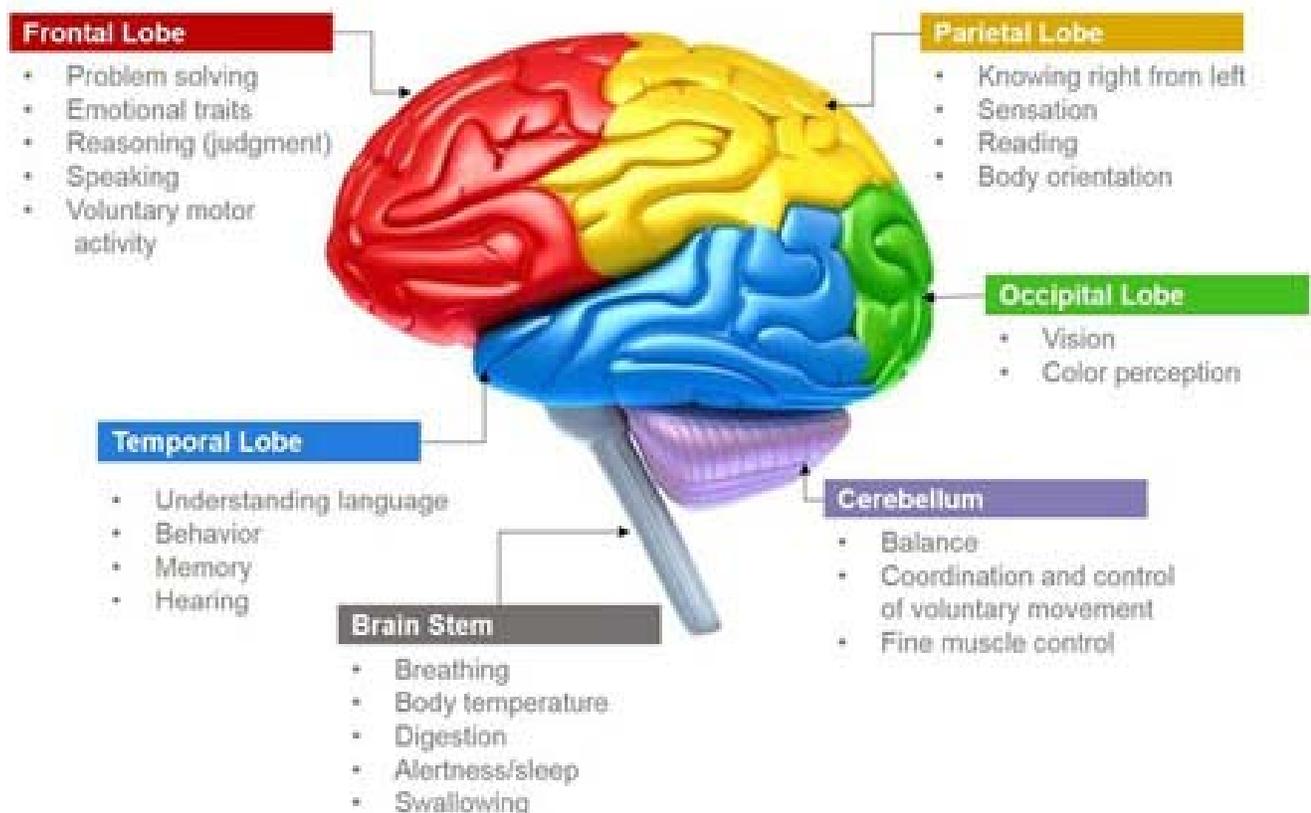
In 1963 Older Americans Month was established due to a meeting in April 1963 between John F. Kennedy and the National Council of Senior Citizens. Older Americans Month is celebrated every May to celebrate the contributions of past and current seniors in our country. Older Americans

Month is celebrated across the Nation through events, fairs, and ceremonies.

The 2021 theme for Older Americans Month was "Communities of Strength." The COVID-19 Pandemic has shown us the resilience and strength of seniors in our communities and emphasized the importance of the aging network, the power of connection, and engagement within our communities. The isolation of the pandemic

significantly impacted the rural regions of Arizona. Still, communities like Clifton and Safford banded together to connect with isolated seniors. They ensured that their aging residents continued to thrive. SEAGO Area Agency on Aging celebrated all older Americans. I was honored to celebrate this year's Older Americans Month in Graham and Greenlee Counties.

Brain Health and Aging



June was Alzheimer's and Brain Awareness Month. There are an estimated 47 million people living with Alzheimer's and other dementias worldwide. Those numbers are estimated to reach 76 million by 2030.

The term *Brain Health* refers to how the brain functions in several different areas:

Motor Function

Cognitive Health

Tactile Function

Emotional function

Motor Function – Represents how well we form and control movements, such as balance. Voluntary control over body movements is what allows us to interact with others and with our environment. Body movements are not just about controlling the legs and the arms. Our ability to visually explore the world requires the motor function of the head and eyes. The ability to show emotion and make facial expressions, as well as to communicate by moving the lips, tongue and mouth, are all part of our brain's motor functioning.

Cognitive Health - The ability to think, learn and remember. Genetic and environmental factors influence our cognitive health. Things such as high blood pressure, depression, poor diet, smoking, lack of physical activity, alcohol dependence, sleep issues and social isolation can all have an impact on our cognitive health.

Tactile Function – How we feel and respond to the sensations of touch, which includes temperature, pressure and pain. The tactile system represents our sense of touch through different sensory receptors in our skin and acts as a protective defense from dangerous and unpleasant things we may encounter in our environment.

Emotional Function – A group of interconnected structures located deep within the brain called the *limbic system* is responsible for our behavioral and emotional responses. Psychological research identifies 6 basic emotions: happiness, fear, sadness, disgust, anger and surprise.

The limbic system is a network of regions in the brain, which work together to process emotions, define mood and help us make sense of the world around us.

Brain health can be affected by many factors other than age-related changes. Mood disorders, substance abuse, traumatic brain injury and stroke often have negative repercussions when it comes to brain health. Not all factors affecting the health of the brain can be changed but focusing on certain lifestyle alternatives can change or improve your overall brain health. As we age, embracing those lifestyle changes may help prevent or slow the progression of Alzheimer's and certain other dementias.

What risk factors do you have that could be modified to protect your brain health as you age?

High Blood Pressure

Type 2 diabetes

Low Mental Activity

Low Physical Activity

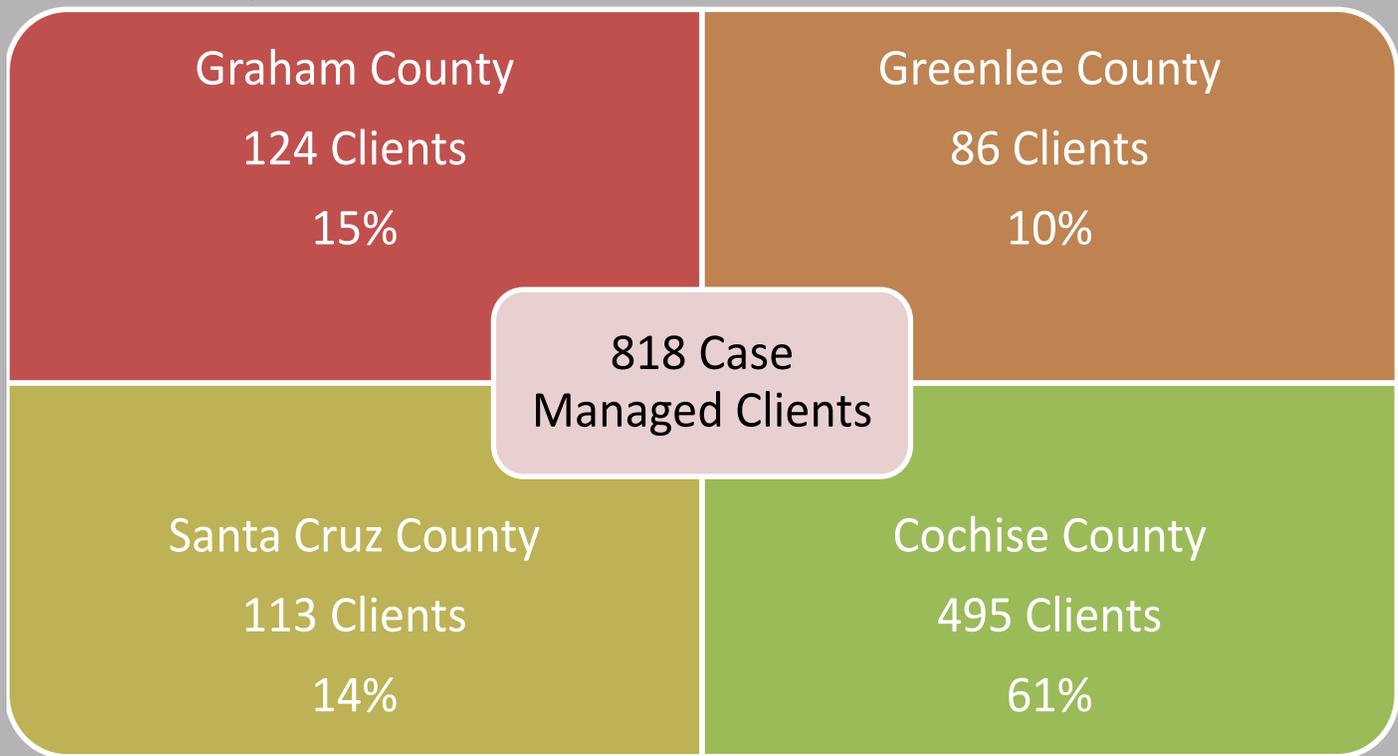
Smoking

Depression

A combination of physical activity, good nutrition, social engagement and increased mental activity has been proven to help promote brain health. Staying active can prevent a loss of physical mobility and help you stay independent longer. Cognitive brain health has also shown positive improvements as a result of regular physical activity. Get routine medical care and take care of your heart by watching your blood pressure, monitoring cholesterol levels and maintaining a healthy weight. Plan your meals and focus on a healthy diet. Build social support networks and participate in group activities to increase your mental activity and promote overall wellbeing. Challenge yourself to be proactive in maintaining your brain health and encourage your family members and friends to join you in those important lifestyle changes. A support network can help you stay motivated and make the process of change fun.

SEAGO AAA Case Management provides Home and Community-based services such as Home Delivered Meals, Attendant Care, Respite, and information or referrals to adults 60+, adults with disabilities, and their caregivers to help them remain safe and independent in their homes. SEAGO AAA's strength in providing these services is based on an assessment that traditionally takes place in a client's home. This approach gives staff a complete picture of a client's needs, including understanding the client's physical limitations; seeing the condition of the client's home to identify potential risks; connecting with caregivers living in the home, and seeing the client performing activities of daily living. As a result of the COVID-19 pandemic, to protect the health of clients and staff, SEAGO AAA Case Managers have substituted phone calls or virtual platforms for in-person visits since April of 2020. Case managers remain under these parameters currently as we continue to navigate through this ongoing pandemic.

SEAGO AAA currently has 818 clients being Case Managed for Home and Community-Based Services in our four-county areas.



If you or someone you know are in need of our Home and Community Based Services Please contact SEAGO Area Agency on Aging at (520)432-2528, or reach out to a Case Manager in your area.

Yolanda Thomas (520)805-5631 Douglas, McNeal, Elfrida

Carrie Gibbons (520)432-2528 Bisbee, Naco
Shirley Thomas (520)586-8192 (Benson Office)

Miracle Valley, Palominas, Hereford, Willcox, Sunizona, Pearce, Bowie Benson, St. David, Pomerene, Dragoon Tombstone

Seana Riffle (520)803-3950 Sierra Vista, Hauchuca City, Whetstone

Marylou Garcia (928) 428-3229 Graham County
Diane Leaman (928)865-2601 Greenlee County
Elizabeth Castellanos (520) 375-7896 Santa Cruz County

Stay Independent

Learn more about fall prevention



In 2016 in Arizona unintentional falls were the leading cause of injury-related mortality among residents 65+ years of age.

1 in 4 people 65 years and older fall each year.

Falls can lead to a loss of independence, but they are preventable.

Four Things You Can Do to Prevent Falls:

1 Speak up.

Talk openly with your healthcare provider about fall risks and prevention. Ask your doctor or pharmacist to review your medicines.

2 Keep moving.

Begin an exercise program to improve your leg strength and balance.

3 Get an annual eye exam.

Replace eyeglasses as needed.

4 Make your home safer.

Remove clutter and tripping hazards.

CONTACT

Cynthia Meyers

Health & Nutrition
Coordinator

SEAGO
Area Agency on
Aging

#520-432-2528

cmeyers@seago.org



IN HONOR OF CAREGIVER APPRECIATION MONTH

You're invited to a:

Caregiver Appreciation Mingle



AARP
Arizona

NOVEMBER 16TH, 2021
2:00 PM

To register, go to:

<https://aarp.cvent.com/cochise>

For questions, call or email:

520-432-2528, x221

kenriquez@seago.org

Registration deadline:

October 27th

Virtual painting experience
hosted by AARP

Enjoy our event in the
comfort of your home or
join your hosts at:
Bisbee Senior Center
300 Collins Road, Bisbee

Refreshments provided

November is National Family Caregivers Month, and we're celebrating the family members who put their time, energy, and love into helping their loved ones in need.

Caregiving is one of the hardest jobs in the world and caregivers do it with love and courage. Being a caregiver to a family member is difficult and those that struggle every day deserve to be supported. Family caregivers are unsung heroes. There is little awareness of just how many people are caring for a loved one every day and how demanding the role can be.

SEAGO Area Agency on Aging has partnered with AARP and Cochise County Health and Social Services to host a **Caregiver Appreciation Mingle** via Zoom on November 16th at 2:00 pm in support of all informal family caregivers. Caregivers are invited to a hybrid in-person/virtual painting experience event including information from their hosts. An artist from Pinot's Palette will lead participants, step by step through painting a pre-selected image while on Zoom. After two hours they will have completed a masterpiece! To register, go to: <https://aarp.cvent.com/events/aarp-az-caregiver-appreciation-mingle-bisbee-az-11-16-21/event-summary-443b5408c63b4aaf86775507ca8e09fd.aspx>

Guests have the option of participating from the comfort of their home or have the option of attending in-person at the Bisbee Senior Center, 300 Collins Rd, Bisbee, AZ 85603.

The deadline to register is October 27th, 2021 and Attendance is limited to the first 40 registered guests.

We also extend a very grateful thank you to the Arizona Department of Economic Security, Aging and Adult Services (DAAS) for their support and donations. Please be sure to attend their Virtual Caregiver Celebration set for November 1, 2021 from 10am - 12pm.

To register: <https://azdes.zoomgov.com/meeting/register/vJlftu-vrijwvHJl6GaBFnPfl3kxMX4ycVJO>
Join us for a Zoom celebration!



Creating Communities of Learning and Engagement

Helping older adults stay connected to their communities—and to one another—has always been critical and has become even more important following the COVID-19 pandemic. Activities that promote social engagement have become tools to reduce social isolation.

With many caregivers devoting 20 or more hours per week providing care to someone in need – often times in addition to holding down a full-time job – it’s not surprising that they are looking for their own support. Many family caregivers are finding themselves more isolated, stressed and confused during this crisis. Much of the support is being provided by technology which ultimately results in a better social support network.

Seniors can be easily overwhelmed by all of the new technology around us. We are surrounded by devices, whether its smartphones, social media, tablets, banking machines, or laptops. You can’t avoid it, so shouldn’t we learn how to use all of these technological advances to make life easier?

Getting some simple training in using computers, tablets, and smartphones can help seniors to stay connected with their families, friends, and communities. This is especially important for seniors who want to live independently and age at home.

SEAGO AAA has responded to the needs of older adults and adults with disabilities by expanding options for virtual programming and service delivery. Providing resources and education online has made classes and support groups more accessible. From FaceTime to Zoom, older adults can use technology to overcome social isolation and loneliness.

If you already have access to a computer and can use the Internet then there are several online services offered by SEAGO AAA that offers technology lessons and instruction while allowing you access at your own pace.

Get SetUp:

This platform provides live online sessions on tech tools, apps, health and wellness, and many more topics geared towards older adult learners. Classes teach tools like how to use your smartphone, healthy meals in 30minutes or less, and how to host events on Zoom to ensure confidence, ease of use, and independence. The Classes are taught in an interactive, self-paced hands-on setting with peers who have been there and done that! A simple and social way to learn how to use iPhone apps, Instagram, Twitter, plus learn to use your smartphone and tablet to live a more connected life. Our GetSetUp Guides help you learn in a community. Every class is free to SEAGO Area Agency on Aging members. Just use the coupon code: SEAGO at www.getsetup.io/partner/SEAGO



Try a FREE Online Class Today!

Learn Anytime, Anywhere

SEAGO Area Agency on Aging is proud to offer free, virtual classes to older adults in partnership with GetSetUp. Visit www.getsetup.io/partner/SEAGO for more information.

Take Classes From the Comfort of Your Home

 Internet  Computer  iPad/Tablet  Smartphone

Every Class Is Engaging - Choose from 170+ Classes!

- | | |
|--|---|
|  Basics of Zoom |  Google Photos |
|  Recipe Swap |  Meditating Together |
|  Creating Playlists |  Power of Gratitude |

For Help Contact GetSetup:

 1-888-559-1614

 info@getsetup.io



SEAGOAAA Mobile App:

“Is there an app for that?” SEAGO Area on Aging continues to find ways for our growing population with the newest technology in mind. We built a mobile app that is fast, easy, and convenient to use to connect you to virtual health classes, insurance information, and resources 24/7. Download our new Phone app for local resources <http://app.seago.org/app/c2f51>

Trualta:

Trualta is an e-learning platform built specifically for caregivers offering skill-based instruction and heavily dementia based learning. Participation is by invitation and offered free to caregivers. For more information please contact Karen Enriquez, Family Caregiver Program Support Program Coordinator (520) 432-2528 x221

Senior Connect-

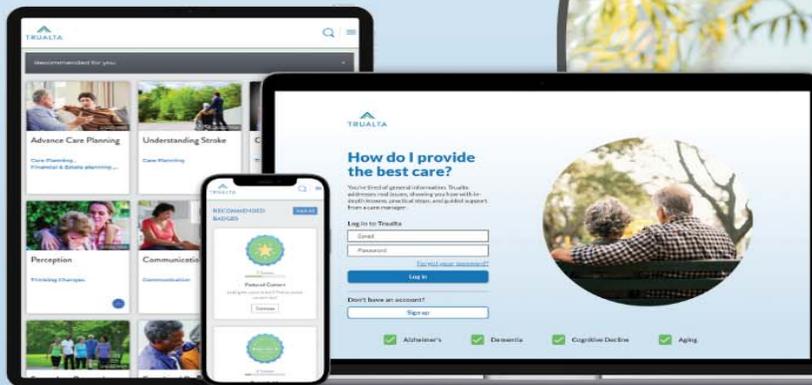
Access to technology remains the central challenge. For older adults who do not have access to the internet or lack computer literacy, creating social connections takes a more traditional approach.

To help promote social connections and connectivity among older adults, the SEAGO Area Agency on Aging has partnered with public libraries in our four county region to bring seniors together for support, education, and resources.

Libraries provide valuable services, programs, and initiatives that enhance the quality of life of their community members. Known for their amazing on-staff assistance, and support services, libraries also allow us to literally eliminate the technology and connectivity barriers for our senior community by providing access to Wi-Fi, computers, and devices available for public use.

Leveraging partnerships with the libraries fosters a shared goal, to enrich the quality of life of our older population in a variety of ways, targeting computer literacy, social isolation, and senior education, but most importantly building communities of support with a direct connection to the Area Agency on Aging services and resources.

Skills for families to confidently manage care at home



SEAGOAAA.Trualta.com

Access FREE caregiver training and resources

provided by the
SEAGO Area Agency on Aging

SEAGO AAA Trualta Testimonials and Comments

"Thank you for introducing me to Trualta during our Pinkie's up, Caregiver's Mingle. Just a note to let you know how it has positively affected my care giving after viewing Teepa Snow's -Dementia Care Provisions. Teepa is a wonderful presenter and educator. She is funny yet serious about the material at the same time. I felt such a heavy burden before I watched it. The information lifted some of that heaviness. I have learned so much about the possible process a head of me. I'm not as afraid because of the information that I was able to retain from the video, identification from group members and suggestion from our group. Thank You so much for your service."

"First, I would like to thank you for the opportunity for all the information and especially the access to Trualta to further my education and hopefully sharpen my caregiver skills. As Alzheimer's Disease keeps challenging patients, providers and caregivers, it is comforting knowing this Trualta program exists to better prepare us all for that challenge.

The subjects covered are far reaching and packaged in a way which for the busy caregiver are doable. Yes, there are presentations exceeding 60 minutes, but having 24/7 access makes it much easier to plug away at your own pace rather than tethered to a specific time frame to view. I have watched a couple more than once. So much great information.

Wish there was more time in each day for Trualta, but as stated prior will keep chipping away at the content knowing that in the end this will make me a better caregiver with a much better knowledge base than before. I told my sister while visiting us (she works in a skilled nursing facility in another state) about this program and she was going to pass along to her administrator after viewing one of the lectures with me. She was very impressed!

In closing, thanks again for this opportunity. What strikes me most is that you do not even have to be a caregiver to appreciate this program. It teaches sensitivity, awareness and patience for those suffering from AD, dementia, other memory disorders or debilitating diseases. May potentially make us better individuals."

Brain Boost Exercises- (Daily Care Tasks Skills to manage symptoms)

Comment: My mother taught me to quilt. This weekend we will be setting up our sewing room to start sewing small quilting projects. This is something she loved to do and is very excited to start again. I am hoping it will help her. These tips are very helpful and I will try them out on both of my parents

Gratitude for Wellness-(Anxiety & Depression)

Comment: I feel like this could be a good way to start a conversation with my folks to keep them engaged and aware of the good parts of life.

Caregiver Guilt-(Anxiety & Depression Care Planning Daily Care Tasks Diagnosis & Symptoms Family Dynamics Work & Caregiving)

Comment: I am trying to figure out how to manage both my aging parents while working full time and guilt is definitely what motivated me to take these courses. The guidance is very helpful in trying to figure out how to organize my tasks and work with the emotional aspects of caregiving.

*Calling all Caregivers:
Ladies and Gentlemen!*



*You are invited to
“Pinkie’s Up,
Caregiver Mingle”*

*Who says support has to be serious?
The SEAGO Area Agency on Aging
invites you to phone or Zoom in
every Tuesday afternoon at 2:00 pm
for conversation, company, compassion,
and of course,
for Tea!*

*Register on Facebook: SEAGO Area Agency on Aging -Events
or call Karen Enriquez (520) 432-2528 x 221
(If you are unsure of how to Zoom we can help!)*

Pinkie's Up

Everyone needs words of encouragement, advice, or someone to vent to from time to time. Caregivers often can't leave their homes or are hesitant to venture out in public for fear of COVID. We have a solution!

Caregivers from all over Graham, Greenlee, Cochise, and Santa Cruz are invited to Zoom in for virtual support. Join us for "Pinkies Up" every Tuesday afternoon at 2:00. The "Pinkie's Up, Caregiver Mingle" is a perfect way for caregivers to take time for themselves, have a cup of tea with others in their situation, and just chat, all from the comfort of their homes.

Because caregivers are so often socially isolated and unable or uncomfortable asking for help, the Mingle could be the perfect solution. We are trying to build caregiver communities and link them. Our caregivers can share whatever they are experiencing, and it can help reduce their stress, validate their experiences and provide a much-needed social connection. We all need to know that we are not alone and what we are feeling is entirely normal.

Join Karen Enriquez, Family Caregiver Support Program Coordinator, and Delcia Acosta, a caregiver, and volunteer, as we facilitate the virtual meeting every Tuesday at two. On occasion, we have "pop-up" guests attending to share caregiver resources. On the third Tuesday of each month, Maria Ramirez-Trillo, AARP- Associate State Director, Community Outreach, zooms in to share excellent free classes and AARP resources.

Participants are asked to register by calling Karen Enriquez at 520-432-2528 or through Facebook: SEAGO Area Agency on Aging-Events.



Family Caregiver Support Program
Division of Aging and Adult Services



DEPARTMENT OF
ECONOMIC SECURITY

Your Partner For A Stronger Arizona

Are you a family caregiver?

If you provide care for a loved one, what you do matters.

Join us November 1, 2021 from 10:00 a.m. to 12:00 p.m. to learn more about what resources and support are available to you. [Register Today.](#)

<https://azdes.zoomgov.com/meeting/register/vJlftu-vrjwvHJl6GaBFnPfl3kxMX4ycVJ0>

How to know if you're a Family Care Giver

Sharing a home

Moving a family member into your home, or moving into their home to better care for them.



Providing home care

Helping a loved one with household chores, home organization, or other care tasks.



Making Medical Appointments

Scheduling medical appointments. Driving a loved one to appointments, or managing their medications.



Shopping

Going to the grocery store, pharmacy, or picking up necessities for a loved one or family member.



Manage Finances

Organizing payments for utilities, or a loved one's living situation. Making sure their money is managed.



There are resources for you!

If you've checked off any of these boxes, you are a family caregiver. Let us help you as you care for those you love.





SHIP

State Health Insurance
Assistance Program



Become a SHIP volunteer.

Help others navigate Medicare with your local State Health Insurance Assistance Program (SHIP).

SHIP provides unbiased support to Medicare beneficiaries and their families so they can make informed decisions about their care and benefits. Navigating Medicare can be complicated, but SHIP can help by answering questions and providing personalized guidance to those who need it.

You know your community best. That's why we want your help to support your friends and neighbors as they enroll in Medicare for the first time, review plan options, or troubleshoot problems. Your local SHIP has many volunteer opportunities, both virtually and in-person. Whether it's conducting one-on-one counseling, speaking to groups, or providing office support, SHIP can find a role that's just right for you.

As a SHIP volunteer, you can:

- Give back to your community.
- Stay engaged and connected.
- Sharpen and build your skills.

"What I am doing now is a good reason for me to get up in the morning. It makes me feel good about myself. It lets me know that I am helping people make their lives better."

-SHIP volunteer

SHIP screens, trains, and certifies all volunteers as Medicare experts so you don't need a background in health insurance to get involved. All you need is integrity, a willingness to learn, and a desire to help others.

Learn more at: shiphelp.org/volunteer or call 1-877-839-2675

We're always looking for multilingual volunteers. Reach out to your local SHIP for opportunities.



SHIP is supported through state and federal partnerships that are not reimbursed by private health insurance plans or entities. SHIP is not paid per enrollment.
SHIP is a national program of the Administration for Community Living, an operating division of the U.S. Department of Health and Human Services. Learn more at ACL.gov.

MEDICARE



**OPEN
ENROLLMENT**

**October 15th through
December 7th**

**SEAGO—Area Agency on Aging's
SHIP/SMP Team**

**is ready to help you explore the options for
2022 and choose
the best plan for you.**

**Appointments are filling up fast!
Contact us now to set your appointment
Call us at 520-432-2528 ext. 222
Email us at shiphelp@seago.org**

MEDICARE
OPEN ENROLLMENT

OCTOBER 15th
TO
DECEMBER 7TH

WHAT YOU NEED TO KNOW

Medicare Open Enrollment is coming!

Medicare Open Enrollment or the Annual Enrollment Period runs from October 15 through December 7. This is the time of year when you can make changes to your Medicare coverage. You should take the time every year to review your plan and make sure that your plan is still the best plan for you.

Beginning in September, you will start to receive notices from your Medicare Advantage or Prescription Drug plan describing any changes to your coverage for the coming year. These are the Annual Notice of Change and the Evidence of Coverage documents. Pay attention to changes in your plan's provider network, the plan's costs, and the plan's formulary/list of covered drugs.

Remember, if you are unhappy with your current project or with any changes to your plan, Open Enrollment is the time to explore your options and see if there is a better plan out there for you.

The new Medicare&You handbooks are sent out in September every year. These are sent out to everyone enrolled in Medicare and included information about Medicare-covered services. There is also a list of the Medicare Advantage and Part D plans in Arizona by county.

You may also receive a Plan Non-Renewal notice if you are enrolled in a plan that will no longer be available through Medicare. You should enroll in a new plan during Open Enrollment to ensure continuous coverage in 2022. A Consistent Poor Performance Notice will go out to you if you are enrolled in a plan that has received a low rating/fewer than three out of five stars for three or more years in a row. The notice lets you know that you might want to look for a better option for 2022.

If you have been on Medicare for a while, you know that starting in September, you will be bombarded with mail from all of the different insurance companies telling you about the plans they offer. Companies must follow specific rules when marketing their plans. Some examples of marketing violations include:

A plan cannot tell you or suggest to you that Medicare prefers their plan.

A plan cannot call you, email you or drop in on you at home if you did not ask them to or have not had a plan with them before.

A plan cannot leave flyers or door hangers on your car or home if they do not have an appointment with you.

A plan representative or insurance agent cannot come to your home without an invitation from you for an appointment.

If you feel that a company has violated Medicare marketing rules or is using questionable sales tactics, call your Senior Medicare Patrol to report the incident: 520-432-2528 ext. 222 or email us at shiphelp@seago.org.



How to Choose a Medicare Plan

Medicare plans change every year. Review notices you receive from your project and pay attention to coverage, cost, and formulary changes that could affect you in 2022. Open Enrollment begins on October 15th and ends on December 7th. This is the time of year when anyone with Medicare can make changes to their health and prescription drug plans for the following year. Any changes made during this enrollment period will take effect on January 1st.

It would help if you looked for plans in your area that may:

Cost less

Cover your prescription drugs

Include your doctors, specialists, and pharmacy in their network.

Offer additional benefits.

Let's break these down so you can decide what's most important to you.

Costs

Consider all of your out-of-pocket costs, not just your monthly premium. Make sure your plan comparison includes an estimate of your total charges. A plan with a higher premium might offer lower deductibles, zero copayments, or lower drug prices.

If you don't go to the doctor often or take any prescriptions, look at the monthly premium to see how much you would be paying if you don't get any health services.

Ensure you have a current list of your prescriptions, dosage, and quantity, along with how much you are currently paying for each one to compare with a new plan accurately.

If you go to your doctor and specialist regularly, take a look at the maximum out-of-pocket costs listed with each plan to get an estimate of your total annual cost and compare with other plans to find the lowest maximum cost. Once you meet this maximum out-of-pocket expense, the plan will pay your health costs for the remainder of the year.

Prescription Drugs

Make sure you have a current list of your prescriptions with dosage amounts so you can make sure the plan you choose covers them and at what cost.

If you don't take any prescriptions, look for low, or zero-premium Prescription Drug or Medicare Advantage Plans with the lowest deductible for drugs.

Look for preferred pharmacies in the plan's network that are convenient for you so that you are paying the lowest price for your prescriptions.

Provider Networks

Make sure you get care from doctors, hospitals, and other health care providers and facilities within your plan's network.

If keeping your current providers is essential to you, make sure they are in the plan's network before you enroll in a plan. Talk to your provider billing office to ensure they are in the network. Network directories in print and online are often out of date.

Additional Benefits

According to television and radio commercials, many plans offer dental, vision, and hearing benefits. They neglect to say in that 30-second commercial that most often, these benefits are only included in Special Needs plans or as a package that can be added to your plan for an additional cost.

Some plans offer additional dental, vision, and hearing benefits at no extra cost, but limits do apply. This is an area to pay special attention to when choosing a new plan for 2022.

How to Get Help Making a Choice

Call 1-800-MEDICARE (1-800-633-4227). Help is available 24 hours a day, including weekends.

Support is available in English and Spanish. If you need help in another language, ask the customer service representative.

Contact the SEAGO – Area Agency on Aging SHIP/SMP program for assistance. You can reach us at 520-432-2528 ext. 222

shiphelp@seago.org

Please message us on Facebook <https://www.facebook.com/seagoareaagencyonaging>.

Contact us through our webpage <https://www.seago.org>

Again this year, we will only be doing telephone/google meet appointments for plan reviews during Medicare Open Enrollment. Please call us starting Monday, September 20, 2021 to set up your appointment. Please book your appointment early because our schedule gets full rapidly.

KNOW YOUR Rights!

If you live in a nursing home or assisted living, you have:

The right to information, in a language you understand.



The right to participate in all aspects of your care.



The right to privacy and confidentiality.

The right to make **INDEPENDENT CHOICES** based on your needs and preferences.




The right to participate in social, religious, and **COMMUNITY ACTIVITIES.**

THE RIGHT TO...

- safe and appropriate transfer and discharge, including the right to appeal decisions.
- complain without fear of repercussions.
- be free from discrimination, abuse, neglect, and restraints.



The right to organize and participate in resident groups or councils.



The right to information about living in the community.

The right to adequate medical care and treatment.



The right to **VISITS** from friends, family, providers and other people of your choosing.



Long-Term Care Ombudsman programs act as advocates for residents of nursing homes; board & care, and assisted living facilities; and similar residential care facilities. Find your local program: acl.gov/ombudsman or 800-677-1116





Mom's vaccinated:
WHEN CAN I VISIT HER NURSING HOME?

It is so great that your mom, dad or other loved ones have received their COVID-19 vaccine. This is an important step towards protecting their health, achieving herd immunity and returning to normal life.

Both CMS and CDC recognize the importance of visiting your relatives as part of staying healthy. You can now visit your loved ones inside when the positivity rate in your nursing home's county is less than 10%. In addition, if the positivity rate in your nursing home's county is more than 10%, and less than 70% of residents in the facility are fully vaccinated, then only residents who are fully vaccinated should receive visitors.

In the case of an outbreak at a facility, indoor visitation is still possible, as long as COVID-19 transmission is contained to a single area of the facility.

If your loved one is fully vaccinated, they can choose to have close contact (including touch) with you as long as they are wearing a well-fitting face mask.

Outdoor visits are also safer when weather is good. You can check with your nursing home or local health department to find out more information on visiting your loved one. More information on CMS' visitation guidance can be found [here](#), including compassionate care visits and visitor vaccination.

We are constantly weighing the risks of spreading COVID-19 with the risks of expanding visitation. There are a few more steps before nursing homes can allow even more visitors.

Some nursing home residents and staff are not vaccinated or haven't received their second doses. **So, not everyone in a nursing home is protected from COVID-19 yet and could be infected by visitors.**

Also, **although a vaccinated person may not "feel" sick from COVID-19, they could be infected and/or spread the virus to others.** For example, if a vaccinated resident contracts the virus from a staff member or visitor, that resident will likely be protected from the disease, but could put an unvaccinated resident or staff member at serious risk.

For now, nursing home staff, patients, residents, and visitors need to **continue practicing the 3W's: Wear a mask, Wash your hands, Watch your distance.** And, nursing homes must continue to implement all current CDC [infection control guidance](#) and adhere to CMS' regulations and guidance for [testing](#). **As vaccination increases and COVID-19 cases decrease, we look forward to more visitation and social interaction among residents, friends, family, and loved-ones.** We will continue to learn and make updates to visitation over the coming months.

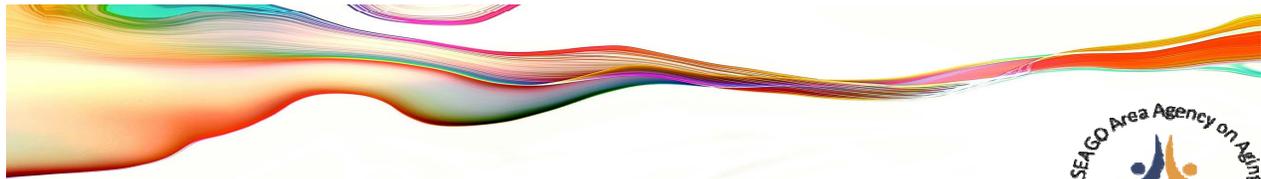
So what can you do in the meantime? Get the vaccine when it's available to you. And do what you can to slow the spread of COVID-19. If you are vaccinated, then if asked, explain why you chose to be vaccinated.

The sooner we have more people vaccinated and fewer people getting sick, the sooner we can visit and hug the nursing home residents we love.

FOR MORE INFORMATION, VISIT:

<https://www.cdc.gov/vaccines/covid-19/toolkits/long-term-care/downloads/answering-residents-loved-ones-questions.pdf>

March 2021



Advance Healthcare Planning Guide

- ✓ ***Advance Care Planning*** is for adults at any age or stage of health to understand and share personal values/wishes regarding **future** medical care. We hope to be in good health but never know what the future brings. By preparing now, we can make it easier for ourselves and loved ones later on. When you haven't made your wishes known, it leaves those who matter to you and your medical providers guessing as to what you would want and what is most important to you.
- ✓ There is no 1 standard form to complete – there are many that are **legal forms** in Arizona: **Arizona Hospital and Healthcare Association (AzHHA)** has a short advance directive form (including a Living Will and Healthcare & Mental Healthcare Power of Attorney) or the very user-friendly AzHHA/Prepare for your Care Advance Healthcare Directive. The **AZ State Attorney General** has a Life Care Planning Packet with advance directive forms. See our website: <https://www.seago.org/advance-care-planning> for links to these websites, for more info or to get these free downloadable forms
- ✓ **Who** will speak for you if you are unable to speak for yourself if you are badly injured or very ill? Consider choosing a **Healthcare Power of Attorney (medical decision-maker)** and a **Mental Healthcare Power of Attorney** now. It is easy to put this off but it can make such a difference in your future.
- ✓ If you want your **wishes known and honored** – have conversations and complete a **Living Will** to document your wishes based on what matters most to you.



***Have a say in your healthcare.
Conversations matter!***

- Before completing advance directive forms, you may want to reflect on what matters most to you, both in your current health and if you were so sick that you may die soon. Your main goal may be to have a focus on quality of life and being comfortable. Or perhaps, your main goal may be to live as long as possible no matter what. Here are some resources that can help you reflect on what you want and how to have conversations.
- **Prepare for Your Care** – see their link on our website as they have a very helpful Guide for advance directives which includes short videos of real-life

(Over)



stories of people talking about their situations and their wishes with loved ones and also healthcare providers. It is also in Spanish.

- **The Conversation Project** – see their link on our website - free Conversation Guides (in many languages) that can help you talk with important people in your life about care through the end of life.
 - **Go Wish website** (link on our website) to play a game for free (English only). You can print out the values that have priority for you and share them with those close to you.
- ✓ Neither an attorney nor a notary is required to complete advance directives. A **proper witness IS** required (see forms). You may choose to use an attorney and/or notary.
 - ✓ Once you have completed your forms, copies should be shared with family, healthcare providers, caregivers and the **AZ Advance Healthcare Directives Registry** (for easy access). For more information on the Registry, see <https://healthcurrent.org/> and search for Healthcare Directives Registry.
 - ✓ Know that if your wishes change or you want to change your decision-maker, you can review, complete new forms and share the new copies with those mentioned above.
 - ✓ **If you would like to learn more about Advance Healthcare Planning or would like free assistance (Cochise, Graham, Greenlee and If Santa Cruz Counties in Arizona), please contact us. To learn more about upcoming workshops, resources, download forms and view our short videos, *Have a Say in Advance Care Planning (English and Spanish)* -**

Go to: <https://www.seago.org/advance-care-planning>

For more info or help, contact:

Veronica “Ronnie” Squyres, *Community Education Coordinator, SEAGO Area Agency on Aging*
feelwellsleepwell@gmail.com 520-355-5226 or 520-432-2528

Rev. 10.5.2021



Mortgage Assistance Program

SEAGO CARES



HAVE YOU FALLEN BEHIND ON YOUR MORTGAGE
BECAUSE OF COVID?

SEAGO CARES CAN HELP!

Homeowners in **Cochise**, **Graham** and **Greenlee** Counties that have suffered economic hardship due to the pandemic may qualify for mortgage and utility assistance from SEAGO Cares.

Eligible household is defined as:

- Qualified for unemployment or has experienced a reduction in household income, incurred significant costs or experienced a financial hardship due to COVID;
- Demonstrates a risk of experiencing homelessness or housing instability;
- Has a household income at or below 80% of the area median

These funds will be on a first come, first served basis and all requirements must be met.

Pre-Qualification @
[HTTPS://SEAGO.ORG/CARES](https://seago.org/cares)

For more information:

Email or Call

CARES@SEAGO.ORG

520-432-5301 X 203

Santa Cruz County Arizona Assistance Programs.

Help for foreclosures

If you are struggling with paying your mortgage, the **Santa Cruz County government** has a program that may be able to help. In a partnership that was formed with the Arizona Department of Housing, the local Santa Cruz government is offering free, emergency short-term financial grants and cash assistance to eligible residents of un-incorporated county areas who need some form of help in order to stay in their homes.

The program is known as the CDBG Emergency Assistance Program, and applicants for this aid must be income qualified. The assistance is targeted at low to moderate income families and individuals.

If you are interested in applying or learning more, application packets and further details are available at local public libraries or you may call (520) 285-7967 for more information on the CDBG Emergency Assistance Program.

Information on energy bill programs

The **Arizona Community Action Program** ((928) 428-2872) has several programs that can both help people pay their utility or summer cooling bills, and also conservation programs that people can use to reduce their energy bills. The programs are administered in Santa Cruz County and Nogales Arizona by Southeastern Arizona Community Action Program, or SACAC.

The Home Energy Assistance Fund is the formal name, and it was created as the result of a partnership formed by the Community Action Agencies, private individuals, utility companies, local, state and federal government agencies. The Fund was created mainly as a solution to the demand for energy bill assistance that low income, the elderly, and others who may be struggling need.

Grants may be issued to clients as part of this service. The Home Energy Assistance Fund leverages resources from these various organizations through partnerships, advocacy, and various group collaborations to maximize funding and the amount of financial aid that is available to the low income community.

SACAC in Santa Cruz County provides other assistance as well. They are a source of information on job training, child care services such as Head Start, and referrals to loan programs for paying rent or other bills. They also focus on addressing the causes of poverty, such as assisting with employment and credit counseling needs of the community.

Weatherization and conservation programs

So you can get financial assistance from the program mentioned above, but in addition utility companies and the government offer options to help people lower their energy bills. Weatherization and resources offered by your utility company can help here. These options will assist customers in managing their utility bills, and weatherization can help people save \$500 or more per year. Many of the programs are free to qualified applicants, and these programs range from discount and conservation programs to bill assistance programs if people commit to these options. Contact the Southeastern Arizona Community Action Agency as they can refer you to these as well.

Santa Cruz Catholic Charities - Churches, charities, and non-profits work with the Nogales Catholic Charity organization. Various social services and emergency assistance programs are offered for the poor, low income, and seniors in Santa Cruz County. Some examples of the assistance programs are below.

- Free food and meals may be offered, in particular for seniors.
- Low cost transportation for doctor appointments or job interviews can be arranged.
- Health care checkups can be performed at the Saint. Elizabeth's center. Variable rate billing is in place, and the uninsured may even receive free medical care.
- Basic needs such as rent, housing, funds for utility bills, and clothing can be met by Catholic Charities.

Other resources including referrals, case management, and applications for government aid can be processed.

Those are just some examples of the resources offered for low income families in Santa Cruz Arizona. The charity will do what it can to support the less fortunate in the community.



Area Agency on Aging

Serving Cochise · Graham · Greenlee · Santa Cruz Counties

VISIT US

 **SEAGO**
AREA AGENCY ON AGING
COCHISE, GRAHAM, GREENLEE, SANTA CRUZ
AREA AGENCY ON AGING
300 Collins Road
Bisbee, AZ 85603

<https://www.facebook.com/seagoareaagencyonaging/>
<https://www.seago.org/area-agency-on-aging>



<https://www.facebook.com/seagoareaagencyonaging/>

<https://www.seago.org/area->



STAY CONNECTED

LOCAL
RESOURCES AT
YOUR FINGERTIPS



This program was funded through a Contract with the Arizona Department of Economic Security. “Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and Title VII) and the Americans Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, SEAGO Area Agency on Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex national origin, age, and disability. The SEAGO Area Agency on Aging must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, the SEAGO Area Agency on Aging must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the SEAGO Area Agency on Aging will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in an alternative format or for further information about this policy please contact: SEAGO Area Agency on Aging at 520-432-2528.” Para obtener este documento en otro formato u obtener informacion adicional sobre esta politica, SEAGO Area Agency on Aging 520-432-2528. This program was funded through a Contract with the Arizona Department of Economic Security.

Advisory Council on Aging Meeting
Virtual ZOOM Meeting/ In Person in Willcox
July 15, 2021
10:00am – 12:00 pm

MEMBERS PRESENT:

Jaime Aguilar, Greenlee County Unincorporated	Don Behnke, Sierra Vista
Gary Clark, Douglas	Arnold Lopez, Thatcher, Graham County
Kim Jackson, Huachuca City/Whetstone	Kim Burks, Cochise County Unincorporated
Jayne Hancox, Willcox	Monica Romero, Santa Cruz County,
Kathy Spangler, Benson	
Leslie Lambert, Bisbee	
Arnold Montiel, Nogales	
Kim Burks, Cochise County Unincorporated	

MEMBERS NOT PRESENT:

Kim Jackson, Huachuca City/Whetstone
David Morse, Graham County
Royce Hunt, Graham County Unincorporated
Valadee Crotts, Duncan
Frank Montoya, Clifton

GUESTS PRESENT:

Keith Dennis- Community Development
Manager SEAGO/ CARES
Mary Dahl- Santa Cruz County/ CARES

STAFF PRESENT:

Laura Villa, AAA Program Director
Brenda Schumacher , AAA Office Specialist II

1. CALL TO ORDER;

Meeting called to Order by President Jaime Aguilar

2. PRESENTATION

Guest speakers Keith Dennis SEAGO Community Development Manager and Mary Dahl Santa Cruz County

The topic of discussion is the funds available for individuals who are behind in their mortgage due to COVID-19 in some way.

SEAGO provides for Mortgage and utilities and directs those who need assistance with rent to DES emergency rental assistance program, where Santa Cruz County also assist with rent as well as mortgage and utilities.

Both agencies have pre-screening on the web site and will provide a more detailed application and assistance in completing the application to those who pass the prescreening. Must be low to moderate income, and have a COVID-19 story as to how it affected your ability to make your payments,

SEAGO will allow for the individual to apply more than once if their circumstances have changed, Santa Cruz will also allow individuals to apply more than once, Santa Cruz does have a cap amount that a household can receive of \$10,000.00.

See information at SEAGO.org/cares and santacruzcountyaz.gov

3. APPROVAL OF MINUTES OF OCT.15, 2020

President Jaime Aguilar call for the approval of the minutes from 4/15/2021, after review of the minutes errors were discovered on page 4 and page 7, it was agreed that these errors would be amended.

- MOTION: Dr. Montiel
- SECOND: Kim Burke
- ACTION: Unanimously Approved

Attached is copy of the corrected page of minutes from 4/15/21.

4. OPEN FLOOR FOR NOMINATIONS TO VACANT SEATS

Laura Villa- Discussion that there is Three Vacant seat of the ACOA Board, the current vacant seat are in Tombstone, Cochise County, Pima, Graham County, Patagonia, and Santa Cruz County. The vacancies have been posted on Social Media, Facebook. We have not been successful in getting volunteers for these positions. Laura reached out to the ACOA members and asked that if they know anyone who might be interested to please have them call Laura.

There was a question from Mr. Lopez asking if you served on the board in one county then moved to another county can you continue on the board. Laura Villa explained that once you are in the new county the person's term on the ACOA will start over in the new county of residence.

5. VACCINE ACCESS ALLOCATIONS

Presented by Laura Villa, Discussion as to the DES-DAAS Alert issued May 28, 2021. Information on the use of the CRRSAA (Coronavirus Response and Relief Supplemental Appropriations Act) funding of \$81,131. The focus will be on the education and transportation to promote vaccine equity efforts. Laura is currently working with the transportation providers to provide the clients with transportation for vaccines, and discussing with SEAHAC as to how they can assist in covering all 4 counties as they only provide services in Graham, Cochise and Santa Cruz. SEAHAC conversations just started and once more information is obtained, you will be provided with it at the October ACOA meeting.

SSBG (Social Services Block Grant) In the past the SSBG fund has been utilized to remove those clients from the waitlist for Attendant Care and HDM. The total allocated was \$215,000 with \$108,000 to be utilized for Home Delivered Meals Program and \$97,000 to be utilized for Attendant Care Services. The remaining \$10,000 balance will remain unobligated and will be used in the future as needed as there is always one provider that has to overextend.

The IBS copy is in your packet, there is a lot of information and a lot of numbers that you can go over on your own, but Laura has provided a brief explanation of the information.

Laura asks for questions; Questioned if there will be COVID Money to continue, Laura explained that there is no longer the COVID funds, however there will be additional funds that are not listed at this time as these funds are not in the recording system yet. There will be additional funds coming that will support the additional meals and the grab and go meals as well as equipment and supplies that the Congregate Sites will need to assist with reopening. Since not all the Congregate Sites are represented at this meeting a meeting will be scheduled in the next couple of weeks to discuss what the Congregate Sites may need. Question asked if the extra meals to the clients could continue Laura stated to continue to provide the extra meals, remove the clients from the wait list and utilize the regular funding until the other funds come in. Right now we don't want to cut anybody off or stop any services as there is a need. Continue doing as you are and the congregate sites will have a meeting.

Question about the money for COVID, Laura explained that the providers did well and did not leave COVID money on the table, the American Rescue Fund will be the new COVID money fund, however it has not been issued yet, Question: Will it be issued in the next 2 weeks? Laura no, the Subawards are going out so that you can have everything completed for August billing, but the other funds will not be issued for a while. The meeting for Congregate Site will be held in a couple of week via ZOOM so that it can be determined what the needs are at the congregate sites.

Jane Hancox stated that she is new to ACOC and wants to know how to get information out to the people of Willcox?

Laura: we appreciate your help, please go on the website and familiarize yourself with the services provided, we do provide Home Delivered Meals through Mom's Meals, we have transportation as we are partnering with the City of Willcox, you can promote the AAA Facebook and the AAA Mobile App. If you know individuals who would make great volunteers please send them our way, if they have Medicare experience then we can train them to volunteer for the SHIP program, AAA is always recruiting volunteers to help in all programs.

Laura Villa thanked Don Benke for being a great SHIP volunteer.

Laura Villa stated that at the next in person meeting more flyers and posters will be brought to the ACOA members so that they can take them to distribute Laura explained that AAA has wonderful Case Managers that work really hard to provide information to the communities.

Mr. Lopez questioned the American Rescue Funds asking what happens when that money is no longer there? Laura responded stating that there is a lot of advocacy happening at the State level, not only do we see our legislators or our federal government fight for more money, more money, we are able to remove those individuals from the wait list, maybe in the future we may not but right now with the help from our senators we are able to say that there is more stable money coming. That is why we do not leave money on the table that is why it is important to get information out into your communities and get these dollars spent and that people who are in need can benefit from this.

Laura shared that we are use more of the funds provided to AAA and after all agencies have billed there should be more than 80% spent and AAA is able to request 10% of the remaining funds back. This is because of the wonderful work the ACOA is doing in their communities and by letting people know that the AAA has a lot to offer, so use it.

6. SEAGO-AAA Program Updates

Mr. Jaime Aguilar moving on to AAA Program updates;

Laura Villa: Carrie Gibbons is now officially the Case Manager Coordinator, she has been on the road in helping bring the case management in-house, Carrie has been certified through the Care Transition Program, she has been running the Case Managers though out the last year, she is ensuring that the case managers are utilizing the services such as HDM, Attendant care, there has been a huge decline in money being left on the table since Carrie has taken over the Case Management. Carrie has also taken on the Case load of Bisbee so that she can understand how case management is done, in order for her to run our case managers. Carrie will also stay as an administrative assistance to myself and Brenda 10% of her time to help us until we can transition on, in the future it is planned that Carrie will transition to Case Manager Coordinator and someone will be hired to case manage Bisbee. So far these are the baby steps that AAA has taken to fully bring case management in house.

We have posted the position for a case Manager in Santa Cruz County, the case manager Areli Parrales has the opportunity to apply for the position if she choose as she will have to come to work with SEAGO-AAA and the the SCC Public Fiduciary, so those of you in Santa Cruz County

please help us get the word out the application is on board. AAA is not taking money away from the community, bring the case manager in house will allow for the resources to grow in that area, once Santa Cruz is fully taken care of, the next goal will be to move on to Cochise county and bring Cochise Case Management in house. At this time Graham and Greenlee will remain, we just know yet as it might be hard to bring Graham and Greenlee in house but that is the plan, this has been the plan for the past 5 years, AAA is moving in the right direction.

Some you might know that Amalia Marin has resigned and her last day is 7/16/2021, the position for the SHIP/SMP Coordinator has been posted as well, if you know anyone who might be interested in this position please send them our way. AAA has contracted with two of our volunteers Lisa Connelly and Ramona MacMurtrie have contracted with to continue the day to day program until a replacement is hired and trained.

To answer the question of Mr. Lopez, Unfortunately after much time spent on this partnership with Soto Law SEAGO-AAA has decided to end the partnership, there was too much going back and forth, we had nine people requesting services and only two clients were completed. Laura stated that we are discussing with our State leads to determine what AAA needs to do. Money is taken away from the other programs just to fund the legal aid.

Laura Villa discussed that the National Association of Area Agencies on Aging (N4A) is rebranding its name to USAging. Leaders in Aging Well at Home, this is the national agency that advocates for all Area agencies.

With this the Association of Area Aging on Aging (AZSA) is looking for a similar way to rebrand this agency encompasses Arizona Area Agencies.

The SEAGO-AAA staff and three case managers will participate in this year's USAging virtual conference scheduled for the week of July 19-22.

READI Meals Program: Grant has been sent out and we are waiting for the results, if we do then we will be on fast track to get everything out if approved. Cindy Meyers will be the point of contact.

End of Life- there was a lot of money left on the table because of COVID and unable to do travel so this program was able to be extended to the end of December 2021.

Family Caregivers Support Program:

Tualta, we are really proud of Karen, she is making connections with the libraries throughout the counties so that AAA services are provided and Tualta referrals can be provided. There has been a lot of Senior Connect bringing information to the communities to the public. We can complete this by ZOOM, things are opening up just tell us what you are looking for and the staff will bring the information to the public about all programs within the AAA. In Tualita we have 200 licenses to fill in the next 2 years. Laura asked that the ACOA Council help promote the Tualita program.

SHIP/SMP Mali did an excellent job with SHIP, unfortunately she had some medical needs that caused her to resign. We are lucky to have good volunteers and hope to have someone in place before open enrollment starts

Health and Nutrition Program: Cindy has been in training for A Matter of Balance for being a Coach; Cindy is also going to get her certificate to be an instructor for Tai Chi. Once Cindy has completed her training she will reach out to discuss possible volunteers for her program.

Long Term Care Ombudsman Program: Shi has not stopped doing her visitations to the sites, unfortunately there have been some struggles in the reopening. Shi has been spending more time in the health and nutrition program, Shi has also taken on the organization of an Elder abuse Task Force, Shi is working closely with several agencies to develop an advocate group of individuals to support the needs of the area and report to the state for the area we cover.

Our congregate site / home deliver meals providers had their training in June which went very well, there was a survey that went out to the providers that will help with the future of the congregate sites, Gary Clark discussed his concerns about reopening and the fears for the Staff and participants. Laura stated that she understands the issues that the congregate sites issues with providing meals safely. Dr. Montiel voiced his concerns about opening and not being able to require proof of vaccine from the staff and participants. . Mr. Montiel stated that he has offered the vaccine to the participants.

Laura questioned if the AAA wrote a letter would it be possible for the ACOC President to take this back to GOCA to voice our concerns. The Council voiced concerns about that if this issue is not addressed then it is just going to get worse. Jaime Aguilar stated that it we would need a policy to mandate, nothing states that you cannot protect yourself, everyone should still be wearing a mask and gloves and wash your hands often to protect yourself. Discussion continued about ways to protect yourself and having a choice. Laura discussed that the AAA is still screening temperatures and the Case Managers are still only doing telephonic interviews

Laura asked if there were any questions, no one had questions.

7. Information Exchange

Leslie Lambert : ben changeling listening to the meeting, Leslie stated that she is available to volunteer please reach out when needed. Excited to hear about SEAGO Cares and will be passing this information on to the Red Cross, concerned with affordable housing and the lack of available housing.

Kim Jackson: Kim Jackson let the Council know that she has been in contact with Lisa and Ramona and they have discussed how they will handle Medicare for the next few months, Laura thanked Lisa.

Stephanie Nabor: Not much to share would like to state that we have resumed the daily delivery of Home Delivered Meals. The participants really appreciate that they get to see someone even if it is from a distance.

Monica Romero: Not much in Nogales slowly going back to normal, does feel that it is going in a good direction, congratulated Laura in reference to the Case Management

Jane Hancox: Hopefully they will be getting back into the building for their Senior Center soon.

Kim Burks: Discussed that the rides are going well and they are getting more rides scheduled, talked about the veterans resource fair and hoping that they are able to obtain volunteers from the fair. Information provided on the rides to encourage people to utilize the rides, SEAHAC fair on Aug 12 for rental assistance.

Kathy Spangler: Provided presentation in Safford, everyone wear mask as the event had to be moved inside because of the wind, Kathy stated that it has been difficult for her to connect with the clients, discussed that arrangements were made for a nurse to provide the clients with vaccines they offered the Johnson and Johnson shot but because the clients have been watching the TV the clients are scared of the shot, as a ALTCS case manager they are able to question the clients if they are vaccinated. Have not seen some of the clients since 12/ 2019.

Dr. Montiel: excited that he is moving into a new building next month.

Arnold Lopez: Excited about the library contacts and would like to help with contact to the library in his area.

Gary Clark: Discussed grants that he has applied for and received, and the issues he has faced in obtaining PPE for his staff. And how lucky he has been with donations.

Jaime Aguilar: Tai Chi after last meeting he reached out to ladies at the county atty office for volunteers and there might be some that might wish to volunteer. Questioned what the purpose of the elder abuse task force: Laura explained that it is a group of people who would discuss issue of abuse and bring the situations to the Atty General if needed. Mr. Aguilar provided information on the fact that abuse is happening everywhere. Discussed Truilta and his interest in the program and how this program has helped.

Laura Villa thanked the ACOA members for their support

8. Scheduling next meeting: October 21, 2021

14. Motion to Adjourn:

MOTION: Kim Burkes
SECOND: Arnold Lopez
VOTE: UNANIMOUS