

Bone & muscle strength, 100 gram poeder voor 100 porties

Bone & muscle strength, 100 grams of powder for 100 servings



Why Bone & Muscle strength?

Since 2020, we see more and more bone decalcification, joint weakening in the Vital Blood Scan, both in young and old people, resulting in faster bone fracture (even in younger people), muscle cramping and painful joints resulting in loss of our suppleness.

Our bodies are becoming increasingly acidified due to, among other things, 'industrial' food, particularly the 'ready meals & fast foods', increased use of medicines & vaccination programs, and constant exposure to 24/7 radiation from the digital network, such as radiation from wifi, computers, deck and mobile phones. Our body wants to protect itself from this constant radiation and to maintain the right blood pH balance, the body takes Magnesium from muscles and Calcium from bones. This is partly why more and more people have severe wear and tear on knees and hips, necessitating replacement of a knee or hip.

How does Bone & Muscle strength work?

To still maintain strong bones, supple joints and flexible muscles, two supplements have been developed: [Muscle & Bone repair \(liquid\)](#) and **Bone & Muscle Strength in powder form**. The liquid repair variant is particularly meant for recovery of bones and muscles, joints, tendons and capsules, and the Bone & Muscle Strength for supplementing the right Calcium and right Magnesium. (see also [Theme package D](#))

Contrary to what people think, the absorbency of Calcium & Magnesium is not self-evident but is crucial for proper function. For example, milk products contain Calcium but do not contain the 'easily absorbable Calcium', which can still cause a 'deficiency'. The same applies to Magnesium. There are many types of Magnesium for sale, but many Magnesium types are insufficiently absorbed by the body and therefore do not give the desired effect.

Bone & Muscle strength contains the best absorbable Magnesium & Calcium so that strengthening can take place. Together with Muscle & Bone repair you will develop strong bones & supple joints, reduce muscle cramps and maintain your flexibility.

Intake suggestion from an adult (>12yrs):

If also using Muscle & Bone repair liquid then add 1 gram 1x daily in the afternoon.

If using only Bone & muscle strength then dissolve 1 gram in filtered water 2x a day in the morning and in the afternoon.

Energy Exchange € 39,95