

Juice Plus+® and Tower Garden®: A Perfect Combination

Juice Plus+® is a whole food based nutritional product that provides added nutrition from 20 different fruits, vegetables, and grains—such as apples, broccoli, kale, parsley, and beets—in convenient and inexpensive capsule or chewable form.

Tower Garden® is a perfect fit with our Juice Plus+® products, given our focus on the nutritional importance of fruits and vegetables and our mission to inspire healthy living around the world.

Both Juice Plus+® and Tower Garden® are great ways to help you and your family bridge the nutritional gap between what you should eat—and what you actually do eat—every day.



For more information about Juice Plus+® or Tower Garden®, please contact your Juice Plus+® representative.



Grow good health



What is Tower Garden®?

Tower Garden® by Juice Plus+® is a state-of-the-art vertical aeroponic growing system. It's perfect for rooftops, patios, balconies—any relatively sunny place outside. It grows vegetables, herbs, flowers, and many fruits in less time than it takes in soil.

Tower Garden® gives you more control over your family's health by making it easy to grow fresh, nutritious produce. Pick your family's favorites, from gourmet lettuces to luscious tomatoes, strawberries, and melons.

It's healthier!

Eating more fruits and vegetables is the best way to get the nutrition you need to be healthy. By providing vine-ripened produce right outside your back door, Tower Garden® makes it convenient to eat more fresh, healthy food.

Tower Garden® produce is also better-tasting, better-looking—even better-smelling—so your family, including the kids, will want to eat more fruits and vegetables.

You can grow up to 20 plants with your standard Tower Garden®. The Tower Garden® Family Garden gives you the opportunity to do more, grow more and share more with three extended Tower Garden® systems.

It's easier!

With Tower Garden®, there's no weeding, tilling, kneeling, or getting dirty. Assembly is easy, and its compact design fits almost anywhere. Plus, it comes with everything you need to start growing.

Each 5-foot-tall Tower Garden® holds 20 plants. Because of the patented aeroponic growing system, the plants will grow in less time than it would take in soil, so you get more produce for less work.

Plus, when you purchase Tower Garden®, you get a full range of customer support at your fingertips—including

guidance from your Tower Garden® representative and a comprehensive online Resource Center—to help ensure you will have a successful growing experience.

It's smarter!

Built to last a lifetime, Tower Garden® is a smarter investment for you. Growing some of your own produce with Tower Garden® will not only save you money versus store-bought, but can also cost a lot less than investing in the tools and products needed to cultivate a traditional garden.

Tower Garden® is smarter for the environment, too. Its patented aeroponic growing system recycles nutrients and water, and its vertical design reduces the space required. Tower Garden® plants use less than 10% of the water and land commonly used in conventional gardening. And since the Tower Garden® is soil-free, you won't need as many pesticides and herbicides, either. You control the growing.



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Tower Garden® is a growing sensation!

How does it work?

Unlike hydroponics, aeroponics uses no growing medium. Water and nutrients are continuously cycling through the Tower, showering the plants' roots.

1. Set up

Tower Garden® comes with everything you need to start growing, including a seed starter kit and a specially formulated plant food called Tower Tonic™. It takes no more than 20-25 minutes to assemble, following the step-by-step instructions.

2. Grow

You'll start seedlings using the seed starter kit. Depending on what you're growing, you'll transport the seedlings into your Tower Garden® approximately 1-3 weeks later.

3. Harvest

When your produce is ripe, just cut it off the Tower and enjoy—fresh, nutritious produce for your family!

What can I grow?

Tower Garden® is versatile enough to grow almost any fruit or vegetable that doesn't grow on a tree (such as apples) or in the soil (like potatoes)—as well as a variety of herbs and flowers. Here is a very partial list.

Fruits and Vegetables

- Beans, such as lima, bush, pole, shell, fava, green
- Broccoli
- Chard
- Cucumbers
- Lettuce
- Melons
- Peas
- Squash
- Strawberries
- Tomatoes

Herbs and Flowers

- Basil
- Cilantro
- Lavender
- Lemon grass
- Mint
- Oregano
- Parsley, leafy types only
- Rosemary
- Marigolds
- Sunflowers



See more ideas at [TowerGarden.com](https://www.TowerGarden.com)